

Community Information & Volunteer Centre
Kelowna Capital News 2011 September 30

Help stop the number one killer of Canadian women

Heart disease and stroke take 1 in 3 Canadians before their time and is the #1 killer of Canadian women. No Canadian is immune from this threat. Today, 9 in 10 Canadians have at least one risk factor, but many are not even aware, or they mistakenly believe that nothing could happen to them or someone in their family.

Be a part of the solution by volunteering your time helping family, friends and neighbours live longer, healthier lives. Your gift of time can make a difference, a couple hours goes a long way! The Heart and Stroke Foundation is a volunteer driven charity organization. With the help of volunteers, donations, education and research we can make death wait.

Come join us for our Volunteer Open House on Thursday, October 6th between 4:00pm – 7:00pm. The Heart and Stroke Foundation Kelowna Area Office is located at #4-1551 Sutherland Avenue.

Drop in for refreshments and goodies and see what we have to offer! We have a wide variety of volunteer opportunities – School Programs, Big Bike, events, heart month, office and many more.

Please contact Aleah Zylyk, Area Administrator, at 250-860-6275 or azylyk@hsf.bc.ca.

More information about these and other volunteer openings at www.kcr.ca, Volunteer Opportunities Search. Create your volunteer profile.

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