

Community Information & Volunteer Centre Kelowna Capital News 2011 September 8

Magazine is a useful resource

The 2011 magazine, Volunteering Central Okanagan Style, has hit the streets in time for the 14th annual Volunteer Fair.

Over 5,500 businesses and organizations received their free copy this week. "It is a entertaining read while sitting in waiting areas at the hair dresser's, mechanic's or doctor's office," says Laurel D'andrea, publisher of Beyond 50 magazine.

You can pick up a free copy at the Okanagan Volunteer Opportunities Fair this Saturday, September 10th between 10am and 3pm at Parkinson Recreation Centre.

Over 80 displays staffed by nonprofit organizations will feature ideas for you to become involved in our community.

Here are comments from last year's fair.

- Great energy levels; positive atmosphere; very well run!
- Met a lot of great people; surprised at turn out.
- Awesome magazine! The info was valuable and easy to follow.

"Interview yourself to get a clearer idea about why you want to volunteer, what you hope to get out of volunteering and what kind of difference you want to make," suggests Dawn Wilkinson, Coordinator of the Volunteer Centre at Kelowna Community Resources.

Ask yourself whether want to spend your volunteer hours forming relationships or helping with background tasks. Is your time short-term, project oriented, longer term or perhaps seasonal? Think about the skills you want to share or maybe you want to learn new skills. Are you interested in volunteering with a group of family or friends?

Meeting people at the volunteer fair can help you find answers to your questions. Use the volunteer magazine is a practical reference throughout the year to get more ideas.

You can also look for volunteer opportunities online at <u>www.kcr.ca</u> or create your own volunteer profile to receive emails about volunteering that matches your areas of interest.

For more information, call us at Kelowna Community Resources (250) 763-8008.

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