

Community Services

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So many interests for volunteers

What is new for you?

If you have not been online recently to look at the most recent volunteer opportunities, here is a sampling.

Looking for love? If you're looking for a position you love, maybe visiting one of our elderly clients could be just what the doctor ordered.

We here at the Westside Health Network Society are all about improving the quality of life for seniors in our community. We provide a variety of services to seniors in the West Kelowna and Peachland areas.

They have wonderful clients and a warm and friendly environment where you can make a difference in a senior's life each time - every time. The society offers flexible schedules to suit your needs. Whether you're interested in once a week, or once a month they want to hear from you.

Another option is an Activity and Visiting Volunteer. Highlands Retirement Residence writes: "We would like to enhance the lives of our seniors with volunteer support forming an essential part of our community."

The volunteers would participate in activities such as: playing board games, crafts, simple woodworking, walks, reminiscing, music, singing, and pet therapy. Whatever your interests, share them with a senior.

Volunteers should be comfortable working independently in a setting with different stages of dementia. Touch the life of one person and bring joy to that person's family by being yourself.

Energetic hands: does that describe you? Use your hands to provide basic house cleaning, laundry and/or simple food preparation on an ongoing basis about 4 hours per month through a charity called Hands in Service.

They also offer "living salads" to people who otherwise do not garden. Use your green thumb to design a garden in a planter and use your car to deliver fresh greens directly to their door.

Apply at www.kcr.ca, Volunteer Opportunities Search Central Okanagan.

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