

Community Information & Volunteer Centre

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Enrich the lives of our seniors

At Spring Valley Care Centre, we know that volunteers add so much to our resident's lives on a daily basis. We are looking for people who care and want to make a difference for our seniors.

There are three ways you can get involved. You can go with our residents to their medical appointments. You can lend a helping hand with a variety of activities including crafts, games and outings. You can visit one resident on a regular basis and gain a friend.

Volunteers interested in helping residents with appointments will be called in advance to reserve your time. You would meet at Spring Valley Care Centre, travel to the appointment with the resident, staying with them during their appointment and travel back to Spring Valley with them.

Based on your interest, activities volunteers might lead crafts, operate the mobile corner store, attend outings such as shopping or lunches, garden with residents, or engage in active games such as bowling.

One to one visiting gives each volunteer a chance to get to know a specific resident. Regular visits might involve playing cards, chatting, going for walks, or other activities of mutual interest.

Spring Valley Care Centre is an accredited 150 bed residential care home located at 355 Terai Court in Kelowna. We specialize in providing customized care for the physically frail. Some are cognitively challenged. All clients receive 24 hour professional care in a supportive and homelike environment.

Are you interested in enriching the lives of our seniors? I would love to hear from you. Contact me, Jaime Ault, Volunteer Coordinator at 250-979-6000 or jault@parkplaceseniorsliving.com.

You might also want to check out the Activity Assistant at White Heather Manor, Volunteer Visitors with Westside Health Network, or an Appointment Companion at the Good Samaritan Society. Go to www.kcr.ca, Volunteer Opportunities Search.

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