

Be Safe, Be Calm and Be Kind Seasonal Bingo

When social distancing cramps your traditional holiday-style, go modern and start some new traditions. Inspired by the Okanagan Young Professionals Local Love Bingo card from earlier this year and our very own Dr. Henry, we have created a seasonal version, the Be Safe, Be Calm and Be Kind Seasonal Bingo. The suggestions below are just that – suggestions, meant to inspire you. Please remember that whatever you do, practice safe social distancing, follow health protocols (and they may change in the coming months) and always be kind. Share the Bingo Card with your friends and upload photos of your activities to Instagram. Tag @kcrcommunity for a chance to win a KCR swag bag.

BINGO

Take a hike	Call someone you've been thinking of	Build a Gingerbread House for a cause	Make your own wrapping paper	Shop Local
Check out the Volunteer Connector.org	Decorate a tree outside with eco-friendly ornaments	Homemade Crazy Christmas Card Photo Shoot	Have a Snowball fight	Christmas Tree I-Spy
Twinkle Tours Shine Bright	Zoom Game Night: Charades, Board Games and Cards	Random Act of Kindness	Crazy Carpet Sledding	Mail a Card or Family Newsletter
Make your own Advent Calendar	Jolabokafloð (Icelandic tradition of giving books)	Make your own Gifts	Polar Bear Dip for a cause	Learn calligraphy
Snow cones with maple syrup – Yum!	Learn to knit or sew and make matching items for family	Try Snowshoeing	Forage for foliage and make natural holiday arrangements	Mindfulness Monday