

get Involved

SEPT. 2023 - AUG. 2024

VOLUNTEER CENTRAL OKANAGAN STYLE



**OKANAGAN VOLUNTEER
FAIR: SEPT 16, 2023**

**Parkinson Recreation Centre, 1800 Parkinson Way,
Kelowna, 10am - 2pm**

PUBLISHED IN
PARTNERSHIP BY



AND **CAPITAL news**



Get Involved TABLE OF CONTENTS

Volunteering is something we do to give back to our community...

Welcome to the 26th Annual Okanagan Volunteer Fair!

Every year, volunteerism and collaboration within the non-profit world continues to grow in the Okanagan. The COVID-19 pandemic forced organizations and volunteers alike to adapt and get creative in order to keep the community connected and engaged, and to continue to provide essential services in our community. These last few years have proven the resiliency, passion, and dedication of volunteers and non-profit organizations in our community and we are proud to see that volunteerism has not only reached pre-COVID numbers, but has continued to grow far beyond them! Volunteers are continuing to seek out opportunities for connection and belonging, and are looking to be a part of something meaningful in their community while non-profits, with volunteers at the heart of their work, continue to collaborate with one another in order to create impactful change throughout the Central Okanagan. KCR Community Resources as the Volunteer Centre of the Central Okanagan is proud to play a part in facilitating these connections in the community between non-profit organizations and volunteers.

A huge THANK YOU to our sponsors: **the Central Okanagan Foundation, Interior Savings, the City of Kelowna, the Kelowna Capital News and Black Press, and to BellMedia, including Virgin 99.9, Move 101.5, The Bohemian Cafe & Catering Company and Talk AM1150.** Their financial commitment makes this all possible.

AGENCIES:

Enjoy the fair!

Animal Lifeline Emergency Response Team.....3	Hands in Service.....5	Peachland Support Services
Canada Revenue Agency.....3	Helping Out People Exploited.....5	- Gambling Support BC.....9
Canadian Cancer Society.....3	Her International.....5	Pets and People®.....9
Canadian National Institute for the Blind.....3	Interior Health, COK Community	Project Literacy Central Okanagan Society.....9
Canadian Red Cross.....3	Volunteers Services.....6	RDCO Emergency Support Services.....9
Care to Speak.....3	Kalano Club, Kelowna.....6	Regional District of Central Okanagan.....9
Central Okanagan Crime Stoppers Society.....3	KCR Community Resources.....6	Rotary Club of Kelowna Ogoopogo.....14
Central Okanagan Elizabeth Fry Society.....3	KDPCAS.....6	Rotary Club of Kelowna Sunrise.....14
Central Okanagan Food Bank.....4	Kelowna & District SHARE Society.....6	Rotary Club of Kelowna Morningside.....14
Childhood Connections - Okanagan Family	Kelowna Community Theatre.....6	Seniors Outreach & Resource Centre.....14
& Childcare Society.....4	Kelowna Friends of the Library.....6	Shaw Spotlight.....14
Citizens for a New Performing Arts Centre.....4	Kelowna General Hospital - Interior Health.....6	Sleep in Heavenly Peace - Kelowna Chapter...14
Connect Counselling & Therapy.....4	Kelowna General Hospital Foundation.....8	Southern Medical Program.....14
Cool Arts Society.....4	Kelowna Grade 12 Mentorship Program.....8	Special Olympics BC.....14
Creative Okanagan.....4	Kelowna International Airport.....8	Tetra Society of North America
Elevation Outdoors.....4	Kelowna's Gospel Mission.....8	- Kelowna Chapter.....15
Freedom's Door.....4	Kinsmen Club of Kelowna.....8	The Bridge Youth & Family Services.....15
Friends of Okanagan Rail Trail (FORT).....5	Lake Country Health.....8	The Kelowna's Women's Shelter Thrift Store...15
Gifts to Grandmothers.....5	Lend a Paw Pet Food Foundation.....8	The Salvation Army Kelowna Ministry.....15
Global Citizen Events.....5	Living Positive Resource Centre.....8	Tourism Kelowna.....15
Global Empowerment Coalition of the Central	Niteo Africa Society.....9	United Way British Columbia.....15
Okanagan (GECCO).....5	Ozanam Recovery House.....9	YMCA of Southern Interior BC.....15
Habitat for Humanity.....5	Pathways Abilities Society.....9	





Box 208 113-437 Martin
Street, Penticton
250-809-7152
info@alertcanada.org
www.alertcanada.org

The Animal Lifeline Emergency Response Team (ALERT) is dedicated to animal welfare through the preparation for the actual rescue and shelter of domestic animals and livestock in a disaster. Whether this be residential fire, wildfire, flood or any other disaster, ALERT is there to assist people with their animals.



16th Floor-13450-102nd
Avenue, Surrey
236-330-3765
CVITP.PAC.
regionalcoordinator@cra-arc.gc.ca
Canada.ca/taxes-volunteer

The Community Volunteer Income Tax Program (CVITP) is a collaboration between community organizations and the Canada Revenue Agency. Community organizations host free tax preparation clinics and volunteers complete income tax returns for eligible individuals. Canada Revenue Agency offers free training and tax-software for the volunteers. To register to become a volunteer, or to get more information about the CVITP, go to canada.ca/taxes-volunteer or call 1.800.959.8281.



11655 Pretty Rd,
Lake Country
250-718-2721
jennifer.saunders@cancer.ca
www.cancer.ca

The Canadian Cancer Society works tirelessly to save and improve lives. Thanks to our donors and volunteers, we're able to fund groundbreaking cancer research into all types of cancer, offer support services to help people better manage life with cancer, shape healthy public policies to prevent cancer and support those living with the disease, and offer trusted cancer information for all Canadians.



106-460 Doyle Avenue,
Kelowna
250-763-1191 ext. 6180
Toll free: 1-800-563-2642
vittoria.spindor@cnib.ca
www.cnib.ca

CNIB is a national, non-profit organization driven to change what it is to be blind today through innovative programs and powerful advocacy that empower people impacted by blindness to live their dreams and tear down barriers to inclusion. Our work is strengthened by a network of staff, volunteers, donors, stakeholders and partners across Canada. Hours Mon-Fri 8:30-4:30pm.
CNIB Smartlife Store for low vision technology open on site Tues-Thurs. Call 250-768-1191 x5235 or Email: Luke.Jukes@cnib.ca



volunteerbcy@redcross.ca
www.redcross.ca/volunteer/apply-now

The Canadian Red Cross is recruiting new volunteers for our Health Equipment Loan Program (HELP). HELP offers mobility, independence and safety to people recovering from illness or surgery or wishing to spend their final days in their own homes. The HELP Client Services Volunteer provides administrative support like answering the phone and coordinating health equipment loans and returns. We are also recruiting for volunteer roles on our Emergency Management Team.



1-866-802-7337
support@cmhavernon.ca
www.careforcaregivers.ca/caretospeak

Care to Speak is a peer support service that provides free, unbiased and confidential mental health support to anyone working in the Healthcare or Social Services sector. No topic is off-limits. We're here to listen and support you with whatever you need. Connect with us as many times as you want.
Call or text us at 1-866-802-7337 or chat online at caretospeak.ca
Monday – Friday 9:00 am - 9:00 pm



1450 KLO Rd, Kelowna
250-542-3114
250-469-6307
crimestoppers@rdco.com
www.crimestoppers.net

Central Okanagan Crime Stoppers is a non-profit community crime fighting organization and we are currently recruiting volunteers and volunteer board members to help with our program. Board members take on various tasks from promotions, fundraising, community events to special projects or even grant funding application writing. We require you to attend one board meeting per month and a few hours of your time with like-minded professionals and community members. Email: crimestoppers@rdco.com



central okanagan
elizabeth fry
society

649 Leon Avenue, Kelowna
250-763-4613
info@efryokanagan.com
www.efryokanagan.com

The Central Okanagan Elizabeth Fry Society has been supporting all survivors of Sexual Assault, Intimate Partner Violence and Child Abuse and Neglect for over 50 years. We have the Community Based Victim Services Program where our caseworkers provide emotional and practical support including court support, assistance with Crime Victims Assistance Applications and referrals. We have sexual assault counsellors who provide trauma informed individual and group counselling.



**Central Okanagan
Food Bank**

2310 Enterprise Way,
Kelowna
250-763-7161
resource@jennifer@
cofoodbank.com
www.cofoodbank.com

Do you enjoy working with others and making a difference in your community? Are you a friendly, outgoing person who enjoys meeting new people? Join the Central Okanagan Food Bank and help us in our cause to create a healthy, hunger-free community. With two locations, multiple shift options and several volunteer opportunities, you'll be sure to find a place in helping make a difference for those who need it most.



#101 - 1505 Harvey
Avenue, Kelowna
250-762-3536
resource@
childhoodconnections.ca
www.childhoodconnections.ca/

Childhood Connections operates programs and services that support the healthy growth and development of children. We see a future where every child in the Central Okanagan receives the care, education and love they need to become confident, compassionate adults. To do this, we support children and those who care for them and rely on volunteers to help in our Toy Library, Drop-in Childcare, Nourish Families Driver, Community Kitchen and in our Play Groups.



606-1947 Unbderhill Street,
Kelowna
250-717-7962
kelownaperformingarts@gmail.com
www.kelownaperformingarts.ca/

We are a dedicated advocacy group of volunteers mobilizing public support for a larger and more modern performing arts space in Kelowna's Cultural District. While the Kelowna Community Theatre has served us well over the past 60 years, it's time for the people of the Central Okanagan to dream bigger. We welcome volunteers with a range of skills. Join our movement!



#4-1890 Cooper Road,
Kelowna
250-860-3181
reception@
connectcounselling.ca
www.connectcounsellingsociety.ca/

Connect Counselling & Therapy is a charitable organization providing both free and private counselling. For over 35 years our counsellors have provided services to women, children, youth, men, families, seniors and couples addressing areas such as anxiety, depression, family transition, grief, intimate partner violence, trauma, parenting and more! We offer a diversity in therapeutic approaches including CBT, EMDR, Somatic Experiencing, Play, Psychodynamic theory and Gottman couples approach.



Cool Arts Society
established 2003

#201-421 Cawston Avenue,
Kelowna
250-899-6381
admin@coolarts.ca
www.coolarts.ca

Cool Arts Society is a non profit that offers fine arts opportunities to adults and youths with developmental disabilities that has been in operation since 2003. We have art classes that focus on different mediums and styles, and then we put that art into creative exhibitions and sales. Our volunteers are essential to Cool Arts' success because of how much they help in the studio through classroom support, framing art for shows, serving as board members, and other necessary tasks.



1405 St. Paul Street, unit 201,
Kelowna
info@creativeokanagan.com
CreativeOkanagan.com

Our mission is to build a stronger music ecosystem by creating and encouraging accessible music experiences that serve audiences, artists, and stakeholders in the Central Okanagan. We are member driven.



PO Box 20071, The District
On Bernard, Kelowna
250-870-9094
info@elevationoutdoors.ca
www.elevationoutdoors.ca

Elevation Outdoors provides outdoor programming for youth who wouldn't otherwise get the chance to learn sports skills and get outside! We provide youth with transportation, equipment and instruction in our hiking, rock climbing, mountain biking, snowboarding, and leadership programs! Our programs are made possible with the support of volunteers who want to get outside, build meaningful relationships with youth, and pass along their passion for the sports they love!



1279 Centennial Cres.,
Kelowna
250-717-0472
admin@freedomsdookelowna.com
www.freedomsdookelowna.com/

Freedom's Door operates homes for over 80 men. Our program is based on the 12 steps of Alcoholics and Narcotics Anonymous. Freedom's Door offers a safe, clean non-judgmental environment for men seeking recovery from addictions. Our dedicated staff will guide and encourage any man who shows the willingness, humility and honesty to seek a new way of living. We welcome men into our homes with open hearts. Our program is 90 days but men are encouraged to continue to stay and do the Next Program.



C/O 160 Whitetail Ridge,
Vernon
250-503-5444
volunteer@
okanaganrailtrail.ca
www.okanaganrailtrail.ca

Local volunteers who support the trail call themselves Friends of Okanagan Rail Trail, or FORT for short. FORT is a volunteer, non-profit organization and the official non-government partner to the rail trail owner jurisdictions. FORT programs and activities are coordinated with owner jurisdictions and include:

- Trail Ambassadors, Trail Stewards and other volunteers
- Trail Improvement and Input to Planning
- Fundraising
- Communication



thelepins@hotmail.com
www.giftstograndmothers.com

We started in 2007 during a time in Africa when the HIV/AIDS pandemic was raging. We heard about the many grandmothers who were raising children who had become orphans due to the pandemic. We wanted to help these grandmothers to be able to have a safe place to raise these children. Our initiative has evolved to helping women of all ages and children. The majority of our funds are raised through selling our handcrafted items.



1947 Underhill Street,
Kelowna
250 861-1379
globalcitizenevents@gmail.com
www.globalcitizenevents.com

The Sustainable Development Challenge, Art for Social Change, & multiple Reconciliation events are created by Global Citizen Events & only possible via the amazing contributions of other groups & individuals! Hosting events in Feb-March to promote the UN sustainability goals & celebrating local diversity through ethnic & Indigenous performances. Volunteers needed for all aspects of planning & implementing events! Great for short-term/one-off volunteering. Open to all ages -especially youth!



806 Burne Ave, Kelowna
gecco@bccic.ca
bccic.ca/gecco

Are you interested in environmental, social and economic sustainability? Join us! GECCO is the local Chapter of the BC Council for International Cooperation. GECCO connects, educates, and motivates transformative change in the Okanagan community to achieve the Sustainable Development Goals. GECCO hosts a variety of events throughout the year, on topics such as waste reduction, climate action, and youth empowerment. Join our mailing list. Follow us on social media (@GECCOBC)



1793 Ross Road,
West Kelowna
250-215-1789
info@hfhokanagan.ca
www.habitatforhumanityokanagan.ca

Habitat for Humanity Okanagan is a charitable organization working towards a world where everyone has a safe and decent place to live. Habitat for Humanity's model empowers families to invest in home ownership.



#206-1889 Springfield Rd.,
Kelowna
250-861-5465
info@handsinservice.ca
www.handsinservice.ca

Hands in Service is dedicated to provide free, compassionate in-home assistance, referral services and access to food security for individuals with socioeconomic, mobility, and health challenges. We are focused on meeting needs, valuing people and building relationships because we believe that every individual deserves dignity and respect. We are building community by offering and encouraging volunteer opportunities and volunteer service benefiting clients and volunteers alike.



18-1798 Olympus Way, West
Kelowna
250-258-7879
info@hopeokanagan.com
www.hopeokanagan.com

H.O.P.E. supports sex-trade workers who may experience vulnerability on a journey to realizing their potential of living a safe and healthy life. We provide nighttime outreach in both Kelowna and Vernon, bringing much needed items like food and water to people on the streets and in encampments. We also host regular support meetings, monthly women's gatherings, and provide a 24/7 support line for community members to get help connecting to services.



PO Box 30034 RPO
Glenpark, Kelowna
info@herinternational.org
www.herinternational.org

Her International offers educational opportunities and life skills to marginalized women and girls. Overseas we provide educational scholarships, literacy and life skill courses, and run micro-edit groups. In Canada, we have a self-development and leadership training program. Our volunteers share a passion for our mission to empower 'her' through education.



Community Volunteer Services

250-980-1558

Emily.VanAmstel@
interiorhealth.ca

Adult Day Services – socialize
with seniors, engage in hands-on
activities

Friendly Visitors – provide
companionship to housebound
older adults

Drivers - provide transportation
to medical appointments

Meal Delivery – Deliver meals to
Adult Day Service programs and
individuals with mobility issues

Shop by Phone – contact clients
each week via phone and/or
shop for clients' groceries.

Child & Baby Clinics – greet
parents, hand out information,
passive monitoring



2108 Vasile Road, Kelowna
250-762-4999

Kalano@shaw.ca

[www.kalanoclub.Wordpress.
com/](http://www.kalanoclub.Wordpress.com/)

Kalano Club of Kelowna
provides a safe, alcohol and
drug free environment for both
its members and perspective
members alike. Serviced at the
Clubhouse include meeting
rooms, resource library sales of
relative books, pamphlets and
medallions. Recovery fellowship
is encouraged in our snack bar
area.



KCR

COMMUNITY RESOURCES

Enhancing Lives - Connecting Communities

620 Leon Avenue, Kelowna
250-763-8008

volunteer@kcr.ca

www.kcr.ca

Volunteers are at the heart of
KCR's programs and services.
Help newcomers feel welcome in
our community. Provide support
and resources to assist people
in crisis. Become a mentor to
parents and connect them with
community resources. Share
your knowledge and expertise
as a workshop facilitator. Provide
practical support and connection
for newcomers seeking
employment. All activities are
conducted with the safety of our
volunteers, participants and staff
in mind.



@Kelowna & District
Pro-Choice Action Society

We have been advocating
for Reproductive Choice
for over 30 years. Our
society supports access
to all reproductive choices
including reliable safe
contraception and abortion
services. We provide a voice
to ensure these services
remain readily available to
all. A strong membership is
essential to our effectiveness
in being heard. Support
choice, check out our
facebook page. Become
a member today, what is
happening in the United
States may slide across the
border.



Kelowna & District S.H.A.R.E. Society

581 Gaston Avenue,
Kelowna
250-763-8117

info@kelownasharesociety.ca
www.kelownasharesociety.ca

SHARE Society is a charity
that operates a thrift store and
offers a variety of in-house
social
programs to those in need. Our
volunteers are at the heart of
what we do. We have
many flexible roles to suit a
variety of interests. Volunteers
gain experience, build new
skills, and meet new people,
all while giving back to their
community. No special skills or
training are required and all are
welcome.



Kelowna
Community
Theatre

1375 Water St, Kelowna
250-469-8944

Theatre@Kelowna.ca

[https://theatre.kelowna.ca/
about/volunteer-opportunities](https://theatre.kelowna.ca/about/volunteer-opportunities)

Volunteering at the Kelowna
Community Theatre is an
excellent way to meet
people, learn new skills, and
become involved in the local
arts community. We rely on
dedicated volunteers who
donate their time and skills
to support Front of House,
Concession and Guest Services
for the local productions and
touring shows that cross our
stage. Shifts are primarily
evenings on weekdays and
weekends though daytime
events and matinees are
available.



c/o Okanagan Regional Library,
1430 K.L.O. Road, Kelowna
fol4k@hotmail.com
fol4k@hotmail.com
www.kelownafol.ca

Friends enthused about libraries,
reading & lifelong literacy,
support Okanagan Regional
Library branches. Opportunities:
fundraising book sales year-
round: set-ups, sorting &
replenishing (physical labour),
cashiering; hosting library
activities, irregular; co-ordinators:
sale/event planning, publicity
& co-ordinating volunteer
participation. Large book
donations: #114-2476 Westlake
Road, West Kelowna. Kelowna
drop-off bins - ORL Admin Centre
1430 K.L.O. Rd. & Parkinson Rec
Centre, Harvey Ave



Interior Health
Every person matters

Kelowna General Hospital

2268 Pandosy Street,
Kelowna
250-862-4492

[KelownaKGVolunteer
Services@interiorhealth.ca](mailto:KelownaKGVolunteerServices@interiorhealth.ca)
www.interiorhealth.ca

Does volunteering with patients
in a hospital setting appeal to
you? Volunteers visit, guide,
support, and provide directions
and information to visitors
or patients. Volunteers make
a difference in the lives of
patients and their families and
work to complement the care
that staff provides. Volunteers
are on duty in a variety of
shifts and departments from
approximately 6:00am-11:00pm,
7 days a week.

Mark's Y is Inspiration

I've spent much of my life in and around the water and pride myself on being a strong swimmer. I learned to swim at the Y in Winnipeg when I was young, so when I started training at the Kelowna Family Y for the annual Across the Lake Swim, it brought back positive memories.

When I retired and was looking to keep busy and give back to the community, I thought of the Y. While I'd been interested in lifeguarding in my teens, it didn't seem like an obvious role for a retiree until I noticed a couple of lifeguards at the Y with the same hair colour as me!

Inspired by their example, I signed up. Now, I volunteer once a week to assist with classes of kids ranging from toddlers to tweens. The instructors' energy is infectious, and seeing kids build their skills and approach the water with confidence and enthusiasm is inspirational. It motivated me to complete my full lifeguard certification.

Volunteering has allowed me the opportunity to not only share my enthusiasm for the water with a new generation of swimmers but also join a vibrant community of staff, instructors, parents, kids, and volunteers of all ages who make the Y a special place.

It is lovely to feel like I am making a true impact. One mom told me that her daughter was nervous about coming to the pool and didn't



want to come, but 2-3 sessions in, she knew me and wanted me to help her. Throughout my life, swimming has introduced me to new experiences and friends, and this year it led me full circle: to help young swimmers like I once was, feel confident and safe in the water. The YMCA of Southern Interior BC is a charity dedicated to building a healthy community. There are many opportunities to volunteer with the Y, from childminding to fitness instruction to administrative duties. If you're interested in volunteering and want to learn more, please visit ymcasibc.ca/volunteer.



VOLUNTEER



ENRICH THE LIVES OF OTHERS.

You have a lifetime of knowledge and skills. Bring us your passion and one hour a week to help the Y enrich the lives of others in our community. Tell us what you love to do, or what skill you would like to learn, and we will find a role that is a true match.

BRING YOUR PASSION
[YMCASIBC.CA/VOLUNTEER](https://ymcasibc.ca/volunteer)





2268 Pandosy Street,
Kelowna
250-862-4438
nancy.wells@interiorhealth.ca
www.kghfoundation.com

The KGH Foundation is recruiting people to volunteer in the Perking Lot, Royal Bistro, Centennial Mercantile, Rutland Thrift, JoeAnna's House (must be 19 yrs of age) and for special events. All monies raised are used to support our mission to bring "world class health care" to everyone, right here at home. Volunteers are from ages 14 to 80+ and from all cultural, religious and socio-economic backgrounds. There is something for EVERYONE!



250-870-3679
kelownagrade12mentorship@gmail.com
www.kelownagrade12mentorship.ca

The Kelowna Grade 12 Mentorship Program is a free mentorship program that pairs Grade 12 students in Kelowna with current or recently-graduated college and university students to support them during their post-secondary journey.



1435 Water St., Kelowna
250-807-4300
ylwadmin@kelowna.ca
www.ylw.kelowna.ca/about-ylw/volunteer-ylw

The Kelowna International Airport Ambassadors, Junior Ambassadors and Ambassadors are a team of dedicated volunteers that assist passengers and their families in various ways throughout the terminal building.



PO Box 22087 Capri P.O.,
Kelowna
250-763-3737
volunteer@kelownagospelmission.ca
www.kelownagospelmission.ca

Kelowna Gospel Mission (KGM) is a faith-based non-profit organization committed to feeding the hungry, sheltering the homeless, and helping the hurting. KGM ministers to the whole person, spirit, soul, and body by sharing Jesus with a servant's heart. Our services include outreach, case management, emergency shelters, dental clinic, thrift store, and supportive housing. Volunteers are at the heart of our organization.



PO Box 20247, RPO Towne Centre, Kelowna
778-214-9710
kelownakinsmen1@gmail.com
www.kelownakinsmen.ca

The Kelowna Kinsmen is a member the National Service Club Kinsmen (over 500 clubs and 7,000 members). Kinsmen is a co-ed club with a proud history of giving back to the community. Our most prominent community projects over the decades have included the Kin Waterfront Park, the indoor pool at the Parkinson Recreation Centre, the Rutland Kinsmen Youth Centre, and the Kinsmen Softball Complex. Join us today to make new life-long friendships and give back to your community in a positive and fun way!



10080 Main St., Kelowna
778-215-5247
office@lakecountryhealth.ca
www.lakecountryhealth.ca

Lake Country Health offers a number of social and health supports, to help community members thrive. Volunteers are essential providers of many of our services. If you enjoy working with people, there are opportunities to offer an hour of tech support with a senior, occasional rides to clients for medical appointments, or visiting with isolated seniors in their home. If you prefer to work in the background rather than with clients, we would also appreciate your skills. Join our community today.



LendAPawOk@gmail.com
www.lendapaw.org

Founded in 2023, Lend A Paw Pet Food Foundation aims to help support companion animals in the Okanagan whose owners are experiencing pet food insecurity. We hope to provide low barrier "paw up" and allow animals to stay with their owners and not end up in rescues or shelters. Pets are extremely important to well being and mental health and we hope to take some of the pressure off those having a hard time.



255 Lawrence Avenue,
Kelowna
778-753-5830
info@lprc.ca
www.lprc.ca

LPRC provides support, education, and harm reduction, focusing on wellness, to anyone living with, affected by or at risk of HIV, Hepatitis C, and other sexually transmitted blood-borne infections. We also assist individuals experiencing concerns relating to housing, nutrition, addictions, and mental health. We approach clients with a comprehensive, non-judgmental, and supportive perspective. Our programs are Men's Health Initiative, Health and Wellness Program, and Harm Reduction Education.



PO Box 29165, Kelowna
587-783-0725
info@niteo.org
www.niteo.org

NITEO exists to support children and families to develop the literacy skills needed for a bright and hopeful future. We run a Family Reading Program for newcomer families in Kelowna and through global partnerships to establish community libraries in Uganda. Get involved with NITEO as a volunteer Reading Mentor or a Book Wrangler, helping to sort and pack gently used books to ship to Uganda.



2629 Richter Street,
Kelowna
250-762-4673
office@recoverykelowna.ca
www.recoverykelowna.ca

We operate an 18-bed transition home for men who are recovering from drug addiction and mental health issues. The negative impact of drug addiction on our society and on individuals is devastating and the Society needs people with both strong personal and community values - here is a chance to contribute to the solution.



Abilities Society

123 Franklyn Rd., Kelowna
250-763-4837
em@pathwayskelowna.ca
www.pathwayskelowna.ca

Pathways Abilities Society is a not-for-profit organization that has been providing services to people with diverse-abilities for 70-years! The society is governed by a volunteer board of directors and currently serves over 220 people, their families and caregivers. The society's mission is to assist people with diverse-abilities to reach their individual goals and contribute as equal members of community.



250-417-0819
aparizeau@
freegamblinghelp.ca
www.freegamblinghelp.ca

Free and confidential help and support for families and individuals impacted by gambling or affected by someone's gambling. Our services consist of education, awareness, outreach support, counselling and a 24/7 Gambling Support Line - 1-888-795-6111.



Unit 107-769 KLO Road,
Kelowna
250-860-2572
pap12@shaw.ca
www.petsandpeople.ca

Pets and People® have been a Canada Registry since 1986. In our 37 years, we have always strived to have calm, happy, well-trained, & well-screened dogs. Many breeds of dogs. We have also had cats, rabbits, ferrets, & even gerbils! Outside, sheep/lambs, goats/kids, etc., & fashion shows. Have some fun too. Visits to facilities, camps, support groups, wherever, we are asked/needed to be. Have a Pet who loves people? Is your Pet a visitor to bring more smiles, laughter and to be loved? Call us!



1635 Bertram Street,
Kelowna
250-762-2163
admin@projectliteracy.ca
www.projectliteracy.ca

Project Literacy Central Okanagan Society was founded in 1986 and is a registered charity. We provide literacy support for adults, refugees, immigrant families, children and seniors. Project Literacy COS is supported by over 120 volunteers who provide tutoring support in English and Math. We have helped thousands of people from across the Central Okanagan enhance their literacy skills and improve their quality of life. Project Literacy is funded entirely by grants and donations.



RDCO Emergency Support Services

250-215-1789
Eeoc.ess@kelowna.ca
https://www.rdco.com/en/
living-here/emergency-support-
services.aspx

Emergency Support Services (ESS) is a Provincial Program delivered by local authorities and First Nations to meet the basic needs of British Columbians impacted by disasters by providing short-term support in a compassionate manner. This includes providing temporary relief to individuals and families so they can begin to plan their next steps to recover after disaster. Primary services include food, lodging, clothing, and family reunification.



1450 KLO Rd, Kelowna
250-469-6167
parks.volunteers@rdco.com
www.rdco.com/parksvip

Volunteer opportunities in Regional Parks contribute to the conversation and enhancement of local ecosystems. There are projects for a wide variety of skill levels, abilities and ages. Join RDCO as a Parks Volunteer and join any of the great opportunities including; Parks Ambassador, Park Partners, Environmental Steward and/or Special Events Volunteer. Learn more at rdco.com/parksvip

KCR Community Resources Celebrates 40 Years of Building Community

For four remarkable decades, KCR has been a beacon of hope and support, tailoring its services to meet the diverse needs of our community, families, and individuals. This October, we will be launching a year-long celebration of impact and community building and we invite you to join us by sharing your story and connection.

This is an opportunity to reflect upon the incredible journey of the people and events of this region and the part that KCR has played, from its earliest days to the present day. We aim to showcase the remarkable strides we've made, the lives we've touched, and the community we've built. Our hope is to not only look back at our achievements but also to express our

dedication to making a positive impact in the years to come. Stay tuned for a year filled with exciting events, heartwarming stories, and opportunities for everyone to be part of our 40th-anniversary celebration. Join us in celebrating the rich tapestry of our community, the power of collaboration, and the boundless potential for a brighter future. Together, we'll embark on this journey to shape the next 40 years of community-building excellence.



KCR
COMMUNITY RESOURCES

Celebrating **40** 
years of community

VOLUNTEERING *makes our community better*



NORM LETNICK
MLA | KELOWNA-LAKE COUNTRY
250-765-8516
Norm.Letnick.MLA@leg.bc.ca
[f /normletnickBC](https://www.facebook.com/normletnickBC)

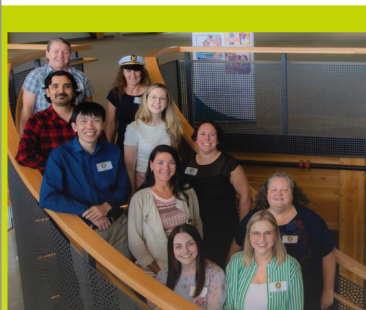


BEN STEWART
MLA | KELOWNA-WEST
250-768-8426
Ben.Stewart.MLA@leg.bc.ca
[f /benstewartBC](https://www.facebook.com/benstewartBC)

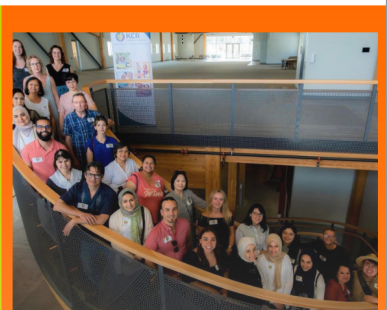


RENEE MERRIFIELD
MLA | KELOWNA-MISSION
250-712-3620
Renee.Merrifield.MLA@leg.bc.ca
[f /renee4kelownamission](https://www.facebook.com/renee4kelownamission)

A message from your local MLAs



Community Services



Immigrant Services



Family & Adoption Services



Employment Services

Serving communities through our wide array of programs such as:





Association of Fundraising Professionals (AFP) Ensure Ethical Fundraising

Total annual charitable giving in Canada reaches roughly \$11 billion every year, and 84% of Canadians over the age of 15 contribute to charity. Those are extraordinary figures and make Canada one of the most charitable countries in the world. That figure is reason for celebration, but it also brings some questions. Who raised all that money, and how did it occur? How do we know the money is going to be used for its intended purpose, and who ensures that things like donor privacy are respected by the charity?

Those are all questions that are handled by a fundraising professional, like the 31,000 members of the Association of Fundraising Professionals (AFP) around the world in more than 240 chapters, including local members of the AFP Interior BC Chapter. While AFP members do raise a lot of money, that's really just one aspect of what they do.

AFP members are stewards of your gift, ensuring that money is raised efficiently and effectively so that your contributions are stretched as far as possible to further the organization's mission. AFP members are also donor advocates, working to form a long-term relationship with you and representing your interests. Perhaps you can't give now but later in the year. Perhaps the

fundraiser works with you to develop a giving plan for the year or other ways the donor can stay involved. The professional fundraiser works in partnership with the donor to help support their common cause: the mission of the charity.

Finally, and most importantly, AFP members are guardians—guardians of the public trust. Members are required to sign AFP's Code of Ethics, the only enforced code in North America, every year. After all, you're not going to give to a charity if you don't trust it. AFP helped to create a Donor Bill of Rights, which lists all of the expectations and rights a donor should have when making a gift to a charity.



For over 60 years, AFP has been the standard-bearer for professionalism in fundraising. If you're interested in learning about ethical fundraising (including reviewing our code of ethics and the Donor Bill of Rights), need guidance about wise giving tips or maybe want to become a professional fundraiser yourself, check out www.community.afpglobal.org/afpinteriorbc/home



THANK YOU TO ALL OF KELOWNA-LAKE COUNTRY'S SELFLESS VOLUNTEERS!

The spirit of Kelowna-Lake Country is alive and well everyday with each one of our dedicated volunteers in the community.

Volunteering is such a rewarding experience which helps many. For those who are able to, I encourage you to get involved in whatever ways you can.

✉ Tracy.Gray@parl.gc.ca ☎ 250-470-5075

🌐 TracyGrayMP.ca

1420 St. Paul Street, Suite 102, Kelowna BC, V1Y 2E6



TRACY GRAY
MP | KELLOWNA-LAKE COUNTRY

purppl is proud to champion the work of KCR Community Resources and the volunteers who commit their time and energy to making a difference in our community every day.

Purppl (stands for "Purposeful People") works with social entrepreneurs, impact leaders and businesses seeking to build regenerative enterprises and initiatives that create sustaining impact. We provide customized business coaching, strategic planning, impact measurement and management, leadership development, project-based consulting, training and workshops. Our relational, systems-minded approach creates the conditions for organizations to thrive and connect into the social impact ecosystem.

To date, we've worked with 98 charities, non-profits, cooperatives and social purpose organizations navigating complex social issues such as housing, mental health, addictions, food security, seniors, childcare, and climate action, among others. Volunteers play an important role in these organizations, creating real impact that transforms the lives of people and places marginalized by systemic inequity. Purppl is

grateful for all their hard work.

Increasingly charities and non-profits are implementing social enterprise models to build sustainable revenue so they can become less dependent on grants and donations. Purppl works alongside these organizations to build their capacity, capability and confidence, always with the same approach: we listen, set shared objectives, work together to achieve them, measure, reflect, refine and repeat. Impact management and measurement is another important area where Purppl often builds capacity.

Founded in the Okanagan and now working with social purpose leaders across Canada, we would be pleased to discuss what might be possible within your organization. To start a conversation, reach out to Purppl's Community Engagement lead, Jude Brunt, at jude@purppl.com.



Unleash the Power of Google Ads: Elevate Your Charity's Impact without Spending!

Your charity can get \$10,000 per month in FREE Google advertising to create awareness and amplify your mission. The remarkable Google Ad Grants program is a great opportunity to harness the power of Google Ads without incurring any costs. Eligible Canadian charities can benefit immensely. By providing eligible charities with up to \$10,000 per month in free text-based advertising on Google, this program empowers charities to create compelling campaigns that generate awareness and drive traffic to their website. Additionally, you can easily track and measure the success of your advertising efforts.

Why Google Ads? They have the traffic! Ads are served based on what people are searching for. It is a strong platform, and they dominate the market. You can bring people to your organization's website where they can learn more about your great work, book appointments, promote events, learn about volunteer opportunities, and sign up to your newsletter, donate and more! In today's challenging landscape, where charities face financial constraints and increased demand for their services, allocating additional funds for advertising can



often be impossible. However, advertising plays a crucial role in supporting the services you offer.

As long as you adhere to the program's rules and remain compliant, you can continue advertising with Google for free indefinitely. Eligibility for the Google Ad Grants program hinges on your organization's status as a registered charity. Dive deeper into the possibilities by visiting: <https://www.google.com/grants/> In a world where every penny counts, and your charity's digital presence is so important, the Google Ad Grants program offers an invaluable opportunity.

If your charity would like assistance with the Google Ads, or if you have any questions, please contact Kathleen Lemieux of Do Gooders at kathleen@dogooders.ca. Do Gooders is a social enterprise that offers a variety of services including grant research and writing, online raffles, digital marketing, social media services, Google Ad Grant management and administrative support services for charities across Canada and the USA. Do Gooders is based in Kelowna and is proudly Canadian women owned and managed and team members are Google Ads Certified. Scan the QR Code for our FREE Essential Google Ad Grants easy step-by-step guide.



Helping you change the world

Integrity

Reliability

Impact

Kathleen Lemieux
Founder, CEO

Patricia Asaka
Social Media & Google Ads Manager

Emma Webb
Content Marketing & Grant Writer/Researcher

Cheryl Farmer
Grant Writer/Researcher

Jithin Ayinickal
Web Developer

Vi Sorenson
Grant Writer

Michelle Novakowski
Grant Writer

Ivana Jazic
Grant Writer

Scan for our FREE easy 17-page Essential Google Ad Grants step-by-step guide!

- Grant Writing & Research
- Social Media
- Back Office Support
- Website Maintenance
- Gift Processing
- Blogging
- Google Ads
- Online 50/50 Raffles
- E-Blasts
- Media Alerts

Do Gooders
Empowering Not-For-Profits
dogooders.ca



PO Box 25074, Kelowna
250-808-0599
www.portal.clubrunner.ca/824

At the Rotary Club of Kelowna Ogo, we give back to our local community and internationally through volunteer, hands-on and fundraising activities with a focus on youth. Locally we support the Child Advocacy Centre of Kelowna; Elevation Outdoors; Brain Trust Canada and Youth Music Programs. Internationally we support library projects for schools in Honduras; washroom improvements for schools in El Salvador and literacy education for mothers and children in Bangladesh.



PO Box 24111, Kelowna
604-341-0774
membership@kelownasunriserotary.ca

We are a service club of 60-65 members who are highly engaged in local and international projects that support recreational and community events, environmental focused projects, health and safety concerns, literacy, food security, water and hygiene projects and economic training in developing nations. We support youth through our Youth Exchange and leadership programs. We welcome new members who have a volunteering spirit.



Rotary Club of Kelowna Morningside
<https://portal.clubrunner.ca/823>

Morningside is a small Rotary Club in Kelowna. We support community focused organizations in the Okanagan Valley. As a member of our club, you will participate in fundraisings efforts, funding distributions and club social events. We are small enough that individual efforts can drive a project. We are large enough that our contributions are impactful. Are we the right size for you? Check us out on line or join us for a Thursday Morning breakfast meeting at Deli City.



115-2065 Benvoulin Court, Kelowna
250-861-6180
volunteer@seniorsoutreach.ca
www.seniorsoutreach.ca/

Volunteer with a senior in your community! Seniors Outreach provides a variety of social services to improve the belonging, independence, and wellbeing of older community members. Volunteer opportunities include friendly visiting, social recreation programs, technology coaching, food deliveries, handyman repairs, tax preparations and more. Great for students, newly retired and anyone who wants to make a difference. Do good, feel good!



2350 Hunter Road, Kelowna
250-712-2368
tamie.williams@sjrb.ca
www.shawspotlight.ca

At Shaw Spotlight, we help make your dream of being part of a TV broadcast team a reality, whether you want to be in front of or behind the camera. We cover every aspect of content creation and offer opportunities to level up your skills with your own equipment or join our volunteers in producing studio shows and local event coverage. Being a part of our team, will give you the chance to showcase your community's unique qualities on local TV channel 11.



5470 Pearson Road, Vernon
250-540-4862
leo.campeau@shpbeds.org
shpbeds.ca

Sleep in Heavenly Peace is a Canadian non-profit organization whose goal is to provide new twin beds or bunks to children who don't have beds. Each chapter raises funds in their communities by partnering with local groups, businesses and individuals to hand build beds, outfit them with new bedding and deliver them to children. SHP Kelowna Chapter builds beds for youth ages 3 to 17 with volunteers from the community. Sponsor a Build Day or Donate money, materials or time by volunteering with us!



1088 Discovery Avenue, Kelowna
778-363-7221
smp.volunteer@ubc.ca
www.smp.med.ubc.ca

Volunteer Patients allow medical students to gain confidence by practicing clinical skills in a realistic setting. Volunteer Patients participate as themselves and represent their authentic medical history, whether healthy or living with an illness or chronic condition. A Volunteer Patient is a teaching model for a small group of students who perform specific physical examinations. People of all ages, genders, physical condition and backgrounds can participate.



Special Olympics
British Columbia

778-581-0511
Lkelly@specialolympics.bc.ca
www.specialolympics.ca/british-columbia

Special Olympics BC offers opportunities for athletes with an intellectual disability to train and compete in 18 sports through year-round programs, and competitions. Through these sports, the athletes gain more than just physical benefits from improved health and athletic abilities. Through their participation, they develop social skills and friendships while experiencing the joy of achieving goals and increasing their self-esteem. We are always looking for volunteers to support our programs!



1750 Lenz Road unit 70,
West Kelowna
250-215-7200
tetraokagangan@gmail.com
www.tetrasociety.org/

Tetra builds innovative solutions for people with physical disabilities to overcome environmental barriers, providing greater independence, quality of life, and inclusion. We envision a world where people with disabilities feel empowered and inspired to imagine what's possible.



#8-2604 Enterprise Way,
Kelowna
250-763-0456
info@thebridgeservices.ca
www.thebridgeservices.ca

You can help transform lives and build community as part of our team. We have a variety of opportunities available within our Family Services, Recovery & Addictions programs and working with our Community Engagement team.



Box 20193 Towne Centre,
Kelowna
778-478-7774
info@kelownawomensshelter.ca
www.kelownawomensshelter.com

KWS Thrift store is a place for those looking for a meaningful volunteer opportunity that gives back and feeds their souls. Our Volunteers care so deeply about our mission and our community. They are dedicated, full of innovative ideas, and truly are an inspiration and an integral part of the KWS team. **VOLUNTEER** (noun): Someone who solves problems you never knew existed in ways that will blow your mind.



**RENEW CHURCH
MINISTRIES**
GIVING • HOPE • TODAY
Serving Westbank, West Kelowna, Peachland

915 Franklyn Rd, Kelowna
250-860-2329
volunteer@kelsa.ca
kelownasalvationarmy.ca

Volunteers make it possible to expand the range and enhance the quality of services that a ministry unit or program can offer. Volunteers bridge between the ministry unit or program and its community. Volunteers also receive as they give – they become part of the ministry unit or program, and we compensate those who volunteer with a gratitude discount. Consider being part of the Salvation Army and let's Give Hope Together.



238 Queensway Ave, Kelowna
250-861-1515
info@tourismkelowna.com
www.tourismkelowna.com

Tourism Kelowna is a not-for-profit society and the destination marketing organization for the Central Okanagan. Community Specialist volunteers service visitors in our downtown, airport, and mobile visitor centre locations with the highest levels of customer service. Volunteers assist with answering questions, restocking/organizing brochures, and working on various projects. Tourism Kelowna would also like to use this opportunity to thank our existing group of incredible volunteers.



United Way
British Columbia

Working with communities in BC's
Interior, Lower Mainland, Central
& Northern Vancouver Island

1456 St. Paul St., Kelowna
250-861-1515
www.uwbc.ca/

United Way British Columbia (UWBC) supports the development of healthy, caring, and inclusive communities by strengthening vital connections that support people in need. Our work takes us across the Province in the following areas: urgent response, children and youth, seniors, food security, & community connection.

Locally, UWBC works with organizations and volunteers within the Central Okanagan through local engagements and partnerships that foster strong & resilient communities.



375 Hartman Rd., Kelowna
250-491-9622
work@ymcasibc.ca
www.ymcasibc.ca/volunteer

Bring your passion and 1 hour a week to help the YMCA enrich the lives of others. As a local charity, the YMCA is devoted to building a healthier community.

Whether you're passionate about developing young minds, equipping kids with water safety skills, sharing the Y's impact through events and fundraising or helping others achieve their health goals, volunteering at the Y provides opportunities for personal growth and community impact.

Volunteer Centre of the Central Okanagan

KCR Community Resources as the Volunteer Centre of the Central Okanagan is passionate about connecting volunteers with opportunities that align with their values and interests. One of the easiest ways to find volunteers in the Okanagan is through the VolunteerConnector Database. For organizations, the VolunteerConnector is a free platform to post volunteer positions. Each week more organizations are adding their volunteer

opportunities to the VolunteerConnector and we have seen a steady increase in eager volunteers looking for relevant opportunities. For volunteers, the VolunteerConnector is a powerful platform to connect volunteers with organizations and causes that align with their interests and passions. It streamlines the process of finding the perfect volunteer opportunities and making a positive impact in the community.

For those who aren't quite sure where they want to volunteer and would like one-on-one support like creating a goal plan or determining how and where you want to

volunteer, KCR's Volunteers4All program funded by Prospera Foundation may be just for you. This unique matching program offers you personalized support that can

help your journey to volunteer to take you off! We value inclusion and people with diverse backgrounds and abilities always and the Volunteers4All program is open to everyone.



Funding for the Volunteers4All program has been generously provided by the Prospera Foundation.



FIND YOUR NEXT VOLUNTEER OPPORTUNITY AT
WWW.KCR.CA/VOLUNTEER



NOURISHING VOLUNTEER MANAGERS

MONTHLY MEETINGS MEANT FOR YOU!

THANK YOU TO OUR FUNDER:

