

The strength of a tree can be measured by the reach of its branches.

We are a social agency passionately committed to empowering individuals through the delivery of our services and solutions, firm in the conviction that we all have a responsibility one to another and that our community is made stronger through our work.



You can support our work in two very important ways:

- 1** Volunteer Your Time: Contact us today to find out what exciting volunteer opportunities are available at Kelowna Community Resources.
- 2** Leave a Legacy: Designate a donation to Kelowna Community Resources through the United Way or leave Kelowna Community Resources a gift in your will.



**Kelowna
Community
Resources**

Office Locations:

120-1735 Dolphin Ave. Kelowna, BC V1Y 8A6
Phone (250) 763-8008
Fax (250) 763-7608

255 Lawrence Ave. Kelowna, BC V1Y 6L2
Phone (250) 763-8058
Fax (250) 763-6282

Office Hours:

Open Monday to Friday
8:30 a.m. - 12:00 p.m.
and 1:00 p.m. - 4:30 p.m.

www.kcr.ca

Family Friend Program
You are not alone



**Kelowna
Community
Resources**



Funded By:
**British
Columbia**

www.kcr.ca

Family Friend Program

The Family Friend Program is rewarding for both single parent and volunteer. The amount of time spent together and the activities planned are flexible based on the needs of the individuals.

Through our program volunteers will provide:

- a listening ear
- parenting skills
- support and resources for dealing with daily challenges
- links to the community
- friendship and mentorship
- the opportunity to learn new skills to lead a healthy life.

The Family Friend Program matches volunteers as a support person to single parents who are feeling alone due to the stresses of parenting young children. The Family Friend will be able to provide mentorship/friendship, practical and emotional support, and mutually agreed upon activities.

For Single Parents

Are you a single parent, feeling scared and overwhelmed? Are you without the support of family or close friends? You are not alone. Through friendship, a Family Friend Volunteer could be there to provide mentoring, support, companionship, encouragement and connection to resources in the community.



Are you without the support of family or close friends? You are not alone.

For Volunteers

You could make a difference in the life of a single parent. The Family Friend Program is a friendship/mentorship program that matches trained volunteers with single parents who are either pregnant or have small children. You can offer support, encouragement and connection to valuable community resources. Training is provided by KCR.



Contact

For information please contact Bev at:
250-763-8008 ext. 36
or email familyfriend@kcr.ca.

