



**Monthly Bulletin – September 2016**

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# KCR Highlights

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## MEDIA RELEASE – New Family Hub opens at Pearson Road Elementary

Parents and guardians of children in Kelowna will be able to access a range of early learning, health and family services in one convenient location now that the Central Okanagan Family Hub – one of the province's new BC Early Years Centres – has opened at Pearson Road Elementary School to serve families with children under 19 years of age.

“We are very excited to open the doors to the Family Hub at Pearson Road Elementary – a one-stop-shop where families are at the centre of all services,” says Ellen Boelcke, Executive Director for Kelowna Community Resources. “We believe that investing in the early years is where we can make the biggest impact – early prevention pays back tenfold. It is our vision to transform young lives for future success.”

The Central Okanagan Family Hub is a collaborative network of local agencies that supports, informs and connects families with young children to community services. Located in Pearson Elementary school, the family centre offers a one-stop “family hub” where parents and caregivers can drop-in for information and programs. The centre's staff can help families access the services they need by providing referrals to parenting and early learning programs, emergency shelter or food, health services and other supports available in the community.

“This Family Hub is a concept utilized in several B.C. communities and we are thrilled to be not only a major funder but a community partner in its evolution,” says Shelley Gilmore, Executive Director with United Way Central and South Okanagan/Similkameen. “We are very much in support of collaborative community solutions, and United Way and its donors want to be a part



of building stronger communities through these collective impact initiatives. It's a very exciting project, one that we know will have an incredibly positive impact on the community."

This new centre is part of a commitment under the BC Early Years Strategy to implement a network of BC Early Years Centres across the province that will provide families with one-stop, convenient access to a range of services and supports, information and referrals. The Central Okanagan Family Hub – Kelowna is one of 47 BC Early Years Centres throughout the province. Westbank First Nation has also been designated by the province as an Early Years Centre and will be opening in the near future.

"The creation of this community hub will help bring people together to tackle complex problems through a neighbourhood lens," said Norm Letnick, MLA for Kelowna-Lake Country. "United Way is a valuable partner and a champion for a robust community here in Kelowna, and I am honoured to be able to work with them as we strive toward a stronger Kelowna and a stronger British Columbia."

The Hub is a unique collaboration of community organizations and service providers. After more than two years of consultation and planning with over 20 agencies, the centre is finally open. Initial funding for the Hub was provided by United Way CSO with \$97,000 confirmed annually for three years, the Office of the Early Years provided \$52,000, and the City of Kelowna offered an initial grant of \$9,550. Central Okanagan Foundation provided a training grant of \$1,400. The Central Okanagan School District provided the space at Pearson Road Elementary School and Kelowna Community Resources will be the host agency. They opened their doors to the public on June 13, 2016.

"The Central Okanagan Board of Education is pleased to be able to provide the space for such a valuable program," said Board Chair Moyra Baxter. "Watching the groups and agencies come together on behalf of our children and families has shown us what can be accomplished by dedicated community members, and the Board thanks everyone involved in this endeavour."

The community partners of the Hub include:

- Aboriginal CATCH
- ARC Program
- Canadian Mental Health Association (CMHA)
- CATCH (Community Action Toward Children's Health)
- Central Okanagan Division of Family Practice
- Central Okanagan Foundation
- Central Okanagan Partners for Literacy
- Central Okanagan School District and Pearson Road Elementary School
- City of Kelowna
- Dr. Stan Szombathy – Pediatrician
- Interior Health
- Intercultural Society of the Central Okanagan
- Regional District of the Central Okanagan
- Kelowna Community Resources
- Ki-Low-Na Friendship Centre
- Okanagan Boys and Girls Club
- Metis Community Services Society of BC
- Ministry of Child and Family Development – Central Okanagan
- MCFD – Office of the Early Years
- Starbright Children's Development Centre (COFDA)
- Success By 6
- The Bridge Youth and Family Services
- The F.O.R.C.E Society for Kids Mental Health

- The Okanagan Sikh Temple and Cultural Society Kelowna
- UBC Okanagan School of Social Work
- United Way of the Central and South Okanagan/Similkameen

The Family Hub is open Monday to Friday from 10:00 am – 3:00 pm, with the grand opening scheduled for late September.

### Learn More

- CATCH: [www.catchcoalition.ca/Hub](http://www.catchcoalition.ca/Hub)
- Central Okanagan Family Hubs – Kelowna: [www.facebook.com/COFHP](http://www.facebook.com/COFHP)
- B.C. Early Years Strategy: [www2.gov.bc.ca/assets/gov/family-and-social-supports/child-care/families\\_agenda\\_early\\_years\\_strategy.pdf](http://www2.gov.bc.ca/assets/gov/family-and-social-supports/child-care/families_agenda_early_years_strategy.pdf)
- Provincial Office for the Early Years: [www2.gov.bc.ca/gov/content/family-social-supports/caring-for-young-children/how-parents-can-support-young-children/provincial-office-for-early-years](http://www2.gov.bc.ca/gov/content/family-social-supports/caring-for-young-children/how-parents-can-support-young-children/provincial-office-for-early-years)

### About

#### United Way CSO

For over 65 years, the United Way of the Central and South Okanagan/Similkameen has served the region from Lake Country in the North, to Osoyoos and Princeton in the South. Our mission is to improve lives and build community by engaging individuals and mobilizing collective action. The United Way invests in three focus areas that support all that kids can be, move people from poverty to possibility and builds strong communities. We also invest resources in local capacity building and community initiatives that support our mission. For more information, visit [unitedwaycso.com](http://unitedwaycso.com) or call 1.855.232.1321.

#### Kelowna Community Resources

KCR is a not for profit community agency serving the Central Okanagan since 1983. We are a multi-service agency with services under five departments: Adoption, Community, Employment, Family and Immigrant services. For more information, visit: [kcr.ca](http://kcr.ca) or call 250.763.8008.

#### Contacts:

##### Shelley Gilmore, Executive Director

United Way CSO

Phone: 250.860.2356

Email: [shelley@unitedwaycso.com](mailto:shelley@unitedwaycso.com)

##### Ellen Boelcke, Executive Director

Kelowna Community Resources

Phone: 250.763.5169

Email: [ellen@kcr.ca](mailto:ellen@kcr.ca)

#### Government Communications and Public Engagement

Ministry of Children and Family Development

Phone: 250.356.1553

[Download the Media Release](#)

*-Source: Ron Schlitt, Manager, Family Services, KCR, August 2016*

## KCR Project Coordinator

### **Strategic Planning for Sustainability – KCR Community Services**

As Project Coordinator, you are responsible for deliverables, budget and reporting for this project. Prime Functions for this position include: Research & Analysis, Relationship Building, Strategic Planning and Reporting. This contract position will average 15-20 hours per week. These hours are flexible, with agreement of the Community Services Manager, between the hours of 8:30 am and 4:30 pm, Monday through Friday. Our office location is #120 – 1735 Dolphin Avenue, Kelowna. Representing KCR may result in selectively working evenings or weekends and in a variety of public venues. The hourly wage for this position is \$23. The contractor is responsible for EI, CPP, and other deductions. Any and all materials developed during this contract period are the property of KCR.

Start Date: September, 2016

Deadline for Application: September 13, 2016

[More Information](#)

*-Source: Dawn Wilkinson, Manager, Community Services, KCR, September 2016*

## Breastfeeding Art Expo Employment Opportunities

### **Plain Language Consultant/Editor for Breastfeeding Art Expo**

**Time frame:** October 2016 – March 2017

**Payment:** \$35/hour, Estimated 40 hours

**Application Deadline:** Thursday, September 22, 2016

Please provide an outline of your education and experience in plain language project writing and editing, specifically in the health field. This job is for you, if you are a broad thinker who is interested in editing a variety of projects including an art catalogue, teacher's guide, how-to-guide and promotional material. We are looking for someone who enjoys dissecting sentences for plain language reading, but also can take a broad overview to editing. An interest and knowledge of health and art, and breastfeeding, is an asset. This is your opportunity to be part of an exciting and unique Art Expo project that will have wide exposure across the interior BC and beyond. Your contribution will be recognized in the relevant resource materials. For more information on the Art Expo go to [www.breastfeedingartexpo.ca](http://www.breastfeedingartexpo.ca).

**Please send your CV and cover email to KCR attention:** [ellen@kcr.ca](mailto:ellen@kcr.ca)

If you have questions, call Karen Graham, Project Coordinator, at 250.868.7846

### **Designer/Pre-press Layout for Breastfeeding Art Expo**

**Time frame:** October 2016 – March 2017

**Payment:** \$50/hour, Estimated 40 hours

**Application Deadline:** Thursday, September 22, 2016

Please provide an outline of your education and experience in design, specifically in the health field, and in layout for print-ready resources, including details of the design program you work in; InDesign preferred. You will have an opportunity to bring together the design of a variety of projects including an art catalogue, teacher's guide, how-to-guide and promotional material. An interest and knowledge of health and art, and breastfeeding, is an asset. This is your opportunity to be part of an exciting and unique Art Expo project that will have wide exposure

across the interior BC and beyond. Your contribution will be recognized in the relevant resource materials. For more information on the Art Expo go to [www.breastfeedingartexpo.ca](http://www.breastfeedingartexpo.ca).

**Please send your CV and cover email to KCR attention: [ellen@kcr.ca](mailto:ellen@kcr.ca)**

If you have questions, call Karen Graham, Project Coordinator, at 250.868.7846

*-Source: Ellen Boelcke, Executive Director, KCR, August 2016*

## **Breastfeeding Art Expo – Call for Independent Artworks**

*Hosted by Kelowna Community Resources in partnership with Interior Health*

We invite you to submit a breastfeeding artwork for display at the Breastfeeding Art Expo (2017-2018). The [Breastfeeding Art Expo](http://www.breastfeedingartexpo.ca) is an art show that will tour the Interior Health region (Thompson Cariboo, the Okanagan and the Kootenays) in 2017-2018. About 100 independent artworks will be displayed (alongside 15 large community artworks developed by professional artists working with community members and partners).

This call is for the independent artworks from artists, amateur or professional, of any age. This is an opportunity for you to have your work shown in a major art show. You do not need to do this artwork in collaboration with community members, although you are welcome to collaborate with a friend or colleague, or a group (e.g. group of school students). An honorarium for successful applicants is available.

For more information:

- Go to “CALLS” section at [breastfeedingartexpo.ca/calls](http://breastfeedingartexpo.ca/calls)
- Contact the Project Coordinator, Karen Graham at 250.868.7846 or [karen.graham@interiorhealth.ca](mailto:karen.graham@interiorhealth.ca)

**The deadline for submissions is September 15, 2016**

Please help spread the word far and wide to anyone living in the Interior Health region who you think might be interested in submitting an art piece to the Expo.

*-Source: Ellen Boelcke, Executive Director, KCR, June 2016*

## Programs, Services and Activities for 55+



KCR is working on a Seniors' Wellness project with funding from the Government of Canada's New Horizons for Seniors program. We are currently pulling together information to include in a new resource guide that will be specific to each of the four Central Okanagan Communities. The resource guide will be launched in November 2016 at community workshops throughout the region.

If you have programs or services that target the 55+ age demographic and would like to have information included in the guide, please send your information via email to [stephanie@kcr.ca](mailto:stephanie@kcr.ca).

*-Source: Stephanie Moore, Community Services, August 2016*

## Workshop Series: Nourishing Managers of Volunteers – Attracting the Volunteers You Need

**Date:** Thursday, September 8, 2016, 12:00 pm – 1:00 pm

**Location:** Parkinson Recreation Centre, Apple Room, 1800 Parkinson Way, Kelowna

**Cost:** Free

[Register Now](#)

It's Thursday! Gather at Parking Recreation Centre. Benefit from training offered to organizations that will participate the Okanagan Volunteer Opportunities Fair. Gather tips about engaging potential volunteers at a community event or trade show. Recognize less positive approaches. Improve your success rate by training volunteers to be effective.

*-Source: Dawn Wilkinson, Manager, Community Services, KCR, August 2016*



## Workshop: Fund Development Overview Fall 2016

**Dates:** September 15th, 22nd, 29th & October 6th, 2016, 9:00 am – 4:00 pm

**Location:** KCR, #120 – 1735 Dolphin Avenue, Kelowna

**Cost:** \$199

[Register Now](#)

This 4-day course is an overview essential for those working in, or interested in working in, the area of fund development for their non-profit organization. The course content will help you:

- Explore strategies to attract First Time Donors and build relationships to develop Repeat and Consistent Donors
- Learn how to foster Major Gifts, Planned Giving and Corporate Donations
- Investigate opportunities for Earned Income and Government and/or Foundation Grants
- Complete the funding cycle through Stewardship, Renewal and Assessment of your strategic plan
- Content is based on Canadian research and best practices in the field

*-Source: Dawn Wilkinson, Manager, Community Services, KCR, August 2016*

## 2016 Okanagan Volunteer Opportunities Fair

**Date:** Saturday, September 17th, 2016, 10:00 am – 3:00 pm

**Location:** Parkinson Recreation Centre, 1800 Parkinson Way, Kelowna

This annual event — now in its 19th year — draws 75+ local non-profit organizations who need volunteers to support the programs and services that make our community a better place to live. They are looking forward to meeting and talking with new volunteers face-to-face and providing all the information they need to find their volunteering 'home'.

For volunteers, this event represents a one-of-a-kind opportunity to learn about each organization, and how their personal involvement can make a difference in our community. One stop, with all the answers they need to make their choice (Or choices!) on where they will give of their time. At the Fair, we all come together to help make Kelowna a great place to live!

*-Source: Dawn Anthony, Community Services, KCR, April 2016*



## Workshop: Board Boot Camp 101 Fall 2016

**Date:** September 27, 2016, 4:00 pm – 6:00 pm

**Cost:** Free

## [Register Now](#)

You're standing on the sidelines of your daughter's soccer game, completely engaged in the game. A parent approaches you and says, "hey, you've come to every game and practice. You must really enjoy watching her play". You nod in the affirmative, eyes still on your daughter. The parent then says, "we're looking for a few parents to help us out organizing the soccer club. Can you stay after the game to chat for a bit?" Still absorbed in the game, you nod your head and say "sure!" – anything for your daughter. The game ends: your daughter's team played a great game against a worthy opposing team and you're both excitedly breaking down the plays. The same parent beckons you over to where they, the coach, and a few other parents are standing. Uh-oh. What did you agree to?!

Often, this is how many of us start our volunteer "careers": someone asks us to "help", and we agree to become involved, not necessarily knowing or understanding the scope of what we're taking on. What we do know is that we want to help and are likely passionate about the cause, club, or issue that we've been invited to participate in.

Board Boot Camp 101 will give you a complete understanding of the not-for-profit sector. You'll also learn the questions you should ask before becoming involved in a not-for-profit organization; and the types of answers you should expect. Lastly, Board Boot Camp 101 will increase your understanding of a Board member's role and responsibilities and help you determine when, and whether becoming a Board member is right for you.

*-Source: Dawn Wilkinson, Manager, Community Services, KCR, August 2016*

## **Workshop: Board Boot Camp 201 Fall 2016**

**Date:** October 4, 2016, 4:00 pm – 6:00 pm

**Location:** TBA

**Cost:** \$25 per Organization (Max 2 people)

[Register Now](#)

It's 6:30pm. You've been up since 6:00am and have just put in a full day at work. Your head and stomach are telling you it's time for dinner. And you're still sitting in a not-for-profit board meeting that started at 4:30 ... which was supposed to wrap up at 5:45pm. Suddenly, you hear, "I nominate [your name] for Board Chair". What?!

Maybe your appointment as Chair of your favourite not-for-profit wasn't quite so dramatic. Maybe you were one of the lucky ones that served as Vice-Chair for a term before becoming Chair. Even so, most future Chairs of not-for-profit Boards are not prepared (read: groomed) to take over the leadership position.

Board Boot Camp 201 will give you a quick primer and overview to become the best leader you can be for your not-for-profit organization. Learn effective qualities of leaders and your personal leadership style. Understand the separation between the Board and staff, and between the senior staff and the Chair. Find how to run your meetings timely and effectively – one of the best ways to retain current directors and attract new ones! And, when you think you or your organization might need outside help, explore the circumstances when going outside for expertise is of benefit to your organization.

*-Source: Dawn Wilkinson, Manager, Community Services, KCR, August 2016*

## Workshop: Overview of Volunteer Management Fall 2016

**Dates:** October 24th, 25th, 31st & November 1st, 2016, 9:00 am – 4:00 pm

**Location:** Kelowna Community Resources, #120 – 1735 Dolphin Avenue, Kelowna

**Cost:** \$199, Includes materials and light refreshments

[Register Now](#)

This 4-day workshop will help you attract and retain volunteers. Content is based on Canadian research, best practices and the Canadian Code for Volunteer Involvement.

[Read more about the 8 modules](#)

-Source: Dawn Wilkinson, Manager, Community Services, KCR, August 2016

## KCR Employment Programs – Apply Today!



Need to get ready for post-secondary training, or improve your Math, reading, and study strategies?

Kelowna Community Resources is hosting their Job Readiness and Essential Skills training programs. Both programs are free to participants, and involve 6-week, 3-hours-a-day training to help individuals identify career goals and take the steps necessary to reach these goals. In addition, individuals are provided with an additional 12 weeks of one-on-one follow-up support to help them meet their goals.

“Both Job Readiness and Essential Skills programs are being led by a team of truly amazing individuals,” says Travis Schneider, KCR Employment Services Manager. “Over 70% of those who have completed the training have found employment, which is incredible”.

Are you employed or underemployed, do you feel lost or don't know what to do when it comes to employment? Are you over 18, are you a BC resident, and have you not collected employment insurance (EI) in the past 3 years?

If so, give us a call today at 778.484.5587, or visit our website at [www.kcr.ca/employment-services/](http://www.kcr.ca/employment-services/) to see if you're a fit for these programs.

Funding provided by the Government of Canada through the Canada-British Columbia Job Fund's Employment Services and Support Programs. For more information about B.C.'s labour market programs, visit [www.workbc.ca](http://www.workbc.ca).

*-Source: Travis Schneider, Manager, Employment Services, KCR, June 2016*

## **KCR's Mailing Lists**

[Monthly Bulletin](#): Sent electronically each month, plus time sensitive information updated periodically on the website

[Publications](#): Our updated publications will be sent right to your inbox

[KCR Workshops](#): Information about upcoming training opportunities

[Adoption Centre of BC](#): Upcoming information sessions, newsletters and general adoption information

*-Source: Kelsey Grmek, IT Coordinator, KCR, June 2014*

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*“We are committed to the further development of a Central Okanagan as an inclusive, welcoming, and vibrant community where immigrants can realize their full potential, racism is eliminated, and cultural diversity is valued and celebrated.”*

*‘It is not for us as a humanity to become colour blind...  
it is for us as a people to become human sighted’  
-Rawle lam-*

Do you have an event, workshop or news item that you would like the community to know about? Email the details to your LIP coordinator Rawle James at [rawle@kcr.ca](mailto:rawle@kcr.ca) or [visit us on Facebook](#).

## COLIP News

- [WHAT'S HAPPENING](#)
- [WORLD NEWS](#)
- [IMMIGRATION & REFUGEE NEWS](#)
- [IMMIGRATION RESOURCES](#)

### What's Happening

#### **COLIP Council**

The next COLIP Council meeting will be Monday September 19th, 7:30 am at KCR. Breakfast will be provided.

#### **Kickoff Classic**

Thursday, September 8th, 7:00 pm at the Well UBCO, the [Inspired Word Cafe/Kelowna Poetry Slam](#) and the UBCO Student Union presents the Kickoff Classic. Let's welcome back students, the launch of IWC season 7 and the partnership between UBCSUO and IWC with 12 poets who will go three rounds in another epic slam event. Who will win this round of wordsmith supremacy?

#### **Kelowna Culture Days**

Culture Days are coming to Kelowna on September 30th – October 2nd and KCR and the Central Okanagan Local Immigration Partnership will be holding a Newcomer/Immigrant Art Exhibit, World Fashion Show and Exodus photo project. If you are a Newcomer/Immigrant and would like to participate, please contact Rawle at [rawle@kcr.ca](mailto:rawle@kcr.ca).

#### **Breastfeeding Art Expo – Call for Independent Artworks**

We invite you to submit a breastfeeding artwork for display at the Breastfeeding Art Expo (2017-2018). [Find out More](#).

#### **Attracting the Volunteers You Need**

Thursday, September 8, 2016, 12:00 pm – 1:00 pm. Gather tips about engaging potential volunteers at a community event or trade show. Recognize less positive approaches. Improve your success rate by training volunteers to be effective. [Find out More](#).

#### **Okanagan Volunteer Opportunities Fair 2016**

KCR's popular Volunteer event will take place on Saturday, September 17, 2016 at Parkinson Recreation Centre from 10:00 am – 3:00 pm. [Find out More](#).

*-Source: Rawle James, COLIP Coordinator, August 2016*

## World News

### **Afghan mother and child land on their feet in Austria**

After fleeing Afghanistan, Nooria Youldash and her daughter found sanctuary with a young family in southern Austria. [Read More](#)

### **UN Refugee Chief: World must act to end South Sudan suffering**

During a visit to Uganda, UN High Commissioner for Refugees Filippo Grandi called for action to end the violence in South Sudan that has sent thousands fleeing. [Read More](#)

### **Quiet librarian and outspoken Syrian artist form unlikely bond**

Gay refugee who fled bombs and persecution finds safety and support in Sweden. [Read More](#)

*-Source: Rawle James, COLIP Coordinator, 1 September 2016*

## Immigration & Refugee News

Canada's new Guidelines on Study Permit Applications Raise Questions for Students and Other Stakeholders. [Read More](#)

Canada's Immigration Minister Seeks to "Substantially Increase" Immigration Numbers. [Read More](#)

[For international Immigration news](#)

[UN Refugee Agency](#)

[Canadian Council for Refugees](#)

[Government of Canada Citizenship and Immigration](#)

[Canadian Immigration News](#)

For an article on Canadian migration to Kelowna. [Read More](#)

*-Source: Rawle James, Central Okanagan Local Immigration Partnership Coordinator, 1 September 2016*

## Immigration Resources

### Central Okanagan Refugee Community Resources

The Institute of Community Engaged Research at UBC Okanagan in collaboration with Kelowna Community Resources have created a mapping website that allows users to share information about household items, employment opportunities, services, housing, and volunteering that might be used by incoming Syrian refugees. To Donate Household Items, Employment Opportunities or Volunteer Time or for more information visit [kcr.ca/immigrant-services/okanagan-refugee-community-resources](http://kcr.ca/immigrant-services/okanagan-refugee-community-resources)

### KCR Event Calendar

A listing of free, local, fundraisers and nonprofit events. Visit the link [www.kcr.ca/community-services/community-information-volunteer-centre/calendar-of-community-events](http://www.kcr.ca/community-services/community-information-volunteer-centre/calendar-of-community-events)

City of Kelowna: [www.kelowna.ca](http://www.kelowna.ca)

Lake Country: [www.okanaganway.ca/municipal](http://www.okanaganway.ca/municipal)

District of West Kelowna: [www.districtofwestkelowna.ca](http://www.districtofwestkelowna.ca)

District of Peachland: [www.peachland.ca](http://www.peachland.ca)

Regional District of Central Okanagan: [www.regionaldistrict.com](http://www.regionaldistrict.com)

Kelowna Chamber of Commerce: [www.kelownachamber.org](http://www.kelownachamber.org)

Tourism Kelowna: [www.tourismkelowna.com](http://www.tourismkelowna.com)

Respect Network: [www.respectnetwork.ca](http://www.respectnetwork.ca)

Project Literacy: [projectliteracykelowna.org](http://projectliteracykelowna.org)

Central Okanagan Food Bank: [cofoodbank.com](http://cofoodbank.com)

Castanet News: [www.castanet.net](http://www.castanet.net)

KelownaNow: [www.kelownanow.com](http://www.kelownanow.com)

Do you have an event, workshop or news item that you would like the community to know about? Email the details to your LIP coordinator Rawle James at [ac.rck@elwar](mailto:ac.rck@elwar)

[Visit COLIP on Facebook for more news and updates.](#)

*-Source: Rawle James, COLIP Coordinator, 1 September 2016*

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- [ABOUT VOLUNTEER SPOTLIGHTS](#)
- [TIPS FOR GETTING THE MOST OUT OF VOLUNTEER SPOTLIGHTS](#)

## Increased Reach – Online, Radio & now Print Media

Within Kelowna and the Okanagan, our spotlights will now be featured in the Daily Courier newspaper.

This means that our spotlights are now being shared on our platform, via social media, through online media (Castanet), radio (K96) and now print media (Daily Courier), which means increased reach, resulting in:

- More support for non-profits and charities
- and more people celebrating the great things that we are all doing in our communities!

*-Source: Newsletter, Volinspire, 25 August 2016*

## Nominating Just Got Easier!

[Use the link to nominate](#) your volunteers or send this link to your volunteers to encourage them to nominate a friend, family member or someone else they know.

*-Source: Newsletter, Volinspire, 25 August 2016*

## About Volunteer Spotlights

Volunteer spotlights are a great way to recognize volunteers, while also allowing them to raise awareness of a cause and organization they care about (which could be you!), which can truly help the organization gain increased support.

*-Source: Newsletter, Volinspire, 25 August 2016*

## Tips for getting the most out of Volunteer Spotlights

- Nominate volunteers that are doing great work in our community (best practice is to choose volunteers that have done a good job of filling out their Volinspire profile)  
Nominate as many as you want!
- Once the Volunteer Spotlight is posted, press “Share” on the post to further increase the reach via your social media



-Source: Newsletter, Volinspire, 25 August 2016

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# Aboriginal

- [BCACCS 19TH ANNUAL PROVINCIAL TRAINING CONFERENCE](#)
- [WEBINAR: UNDERSTANDING THE INTERPLAY BETWEEN CULTURE & CARE](#)

## BCACCS 19th Annual Provincial Training Conference

**Date:** November 10-12, 2016

**Location:** Sheraton Hotel, 7551 Westminster Highway, Richmond

[Register Now](#)

The annual BC Aboriginal Child Care Society conference brings together hundreds of delegates from across the province who are dedicated to providing quality care to young children and supporting families in Aboriginal and First Nations communities. Workshops provide innovative tools for young children to develop strong spirits for the future.

*-Source: Newsletter, First Call, BC Child and Youth Advocacy Coalition, 20 July 2016*

## Webinar: Understanding the Interplay between Culture & Care

Aboriginal children are the fastest growing cohort of children in Canada, yet their chances of achieving their optimal developmental outcomes are compromised by the lingering effect of a tragic past experienced by some of their ancestors, combined with current health care inequities.

In this webinar from the Canadian Association of Paediatric Health Centres, Dr. Margot Latimer and John Sylliboy discuss the Aboriginal Children's Hurt & Healing Initiative (ACHH) and how the ACHH's objectives are identifying important pain-related health inequities that could be further impairing children's well-being.

[Watch the webinar \(1:34 min\)](#)

*-Source: Newsletter, First Call, BC Child and Youth Advocacy Coalition, 20 July 2016*

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# AGM's

- [PATHWAY ABILITIES SOCIETY AGM](#)
- [KELOWNA WOMEN'S SHELTER AGM](#)
- [OGO AGM](#)

## Pathway Abilities Society AGM

**Date:** September 19, 2016, 5:00 pm – 7:00 pm

**Location:** Pathway's, 123 Franklyn Road, Kelowna

**More Information:**

Charisse Daley, [ed@pathwayskelowna.ca](mailto:ed@pathwayskelowna.ca)

*-Source: Charisse Daley, Pathways Abilities Society, 9 June 2016*

## Kelowna Women's Shelter AGM

**Date:** Monday, September 19, 2016, 6:00 pm

**Location:** Kelowna Heritage Loft, 339 Bernard Avenue (Second Floor), Kelowna

Please RSVP by September 6, 2016 to [community@kelownawomensshelter.ca](mailto:community@kelownawomensshelter.ca)

Join us in recognizing our volunteers, and celebrating another successful year of ending abuse and building hope.

6:00 pm – Sweet treats & networking

6:30 pm – AGM

Business to be transacted includes a presentation of the 2015 audited financial statements and election of the board of directors. Board of directors and volunteers are considered voting members entitled to vote at the AGM.

*-Source: Newsletter, Kelowna Women's Shelter, 16 August 2016*

## OGO AGM

**Date:** Wednesday, September 28, 2016, 5:30 pm – 7:00 pm

**Location:** Urban Systems office, #304 – 1353 Ellis Street, Kelowna

[RSVP](#)

We believe in being honest with our members. It's a big part of why we're a co-op. That's why we encourage all of our members to attend the OGO annual general meeting. Along with the

usual topics, we will be introducing an updated rate structure. Our annual meeting is a great way to meet fellow OGO members, stay up to date with carshare happenings, and to field your own suggestions for the future of OGO.

*-Source: Newsletter, OGO, 30 August 2016*

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# Awards

- [COMMUNITY LEADER AWARDS 2016](#)
- [CANADA CARES CAREGIVER AWARDS 2016](#)
- [NOMINATIONS OPEN FOR ANNUAL BRITISH COLUMBIA MULTICULTURAL AWARDS](#)

## Community Leader Awards 2016

Inspiring. Committed. Patient. Caring. Humble.



**3rd Annual** Inspiring • Committed • Patient • Caring • Humble

Are these qualities of someone you know that makes a positive contribution to our community?  
**Tell us about them!**

The SUBMISSION you provide should be approximately 250 words and include information such as: length of time nominee has spent in the community; specific examples of the work and/or contribution he/she has made; community associations and memberships. Please provide references of other individuals who may be able to provide further support on the nominee's behalf.

**Nomination Categories**

- **COACH**  
Makes a positive contribution to their sport. Is exemplary in developing skills and confidence in participants. A role model who inspires and encourages high athletic achievement.
- **MENTOR**  
Makes a positive contribution by being a true leader. An influential counselor, teacher or educator that provides support or sponsorship. Demonstrates a high level of ethics and professional standards, is an inspirational motivator, excellent communicator, good listener and a reliable resource to the community.
- **COURAGE**  
This person has risen above adversity or formidable challenges to become a success. As a result, they have had a positive effect on the people around them.
- **ABOVE AND BEYOND**  
This person makes a positive contribution to their community through their work. Someone who goes beyond the requirements of their job to support the community and make it a better place.
- **EMERGENCY SERVICE**  
Makes a positive contribution to the community by going the extra mile – over and above the call of duty. Is exemplary in the area of emergency services and unselfishly shoulders enormous responsibility while accepting the potential risks and challenges of the job.
- **SERVICE ORGANIZATION VOLUNTEER**  
This individual makes a positive contribution to the community by volunteering their time to one community service organization. This person is well thought of and is significantly relied upon by others in the organization.
- **VOLUNTEER**  
This individual makes a positive contribution to the community by volunteering their time to a variety of causes. They are dedicated to making a difference in several initiatives.
- **YOUTH VOLUNTEER**  
A youth that is 19 or under that makes a positive contribution in the community through volunteering. Someone who has committed to making a difference to an organization or individual.
- **ENVIRONMENTAL LEADER**  
Makes a positive contribution to the community by championing environmentally friendly initiatives. Someone who inspires others to be "green" by being a leader in ecologically sound practices.
- **COMMUNITY BUILDER**  
Someone who has taken the initiative to engage a variety of local residents in an innovative or new community project or event. The initiative may assist different groups to work together, address a gap in community participation, or result in a more inclusive, engaged community.

**COMMUNITY LEADER NOMINEE ENTRY FORM**

Name of Nominee: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone Number: \_\_\_\_\_  
Category: \_\_\_\_\_  
Nominator Name: \_\_\_\_\_  
Nominator Phone Number: \_\_\_\_\_

ATTACH THIS FORM TO YOUR TYPEWRITTEN SUBMISSION and send to: Attention: CLA Nominee  
2495 Enterprise Way, Kelowna, BC, V1X 1M1  
or email to: [contests@kelownacapnews.com](mailto:contests@kelownacapnews.com)  
or enter ONLINE at [kelownacapnews.com/contests](http://kelownacapnews.com/contests)  
Submissions must be in by September 9, 2016

**CAPITAL NEWS**

Are these qualities of someone you know that makes a positive contribution to our community?  
Tell us about them!

### Nomination Categories:

- **COACH**  
Makes a positive contribution to their sport. Is exemplary in developing skills and confidence in participants. A role model who inspires and encourages high athletic achievement.
- **MENTOR**  
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professional standards, is an inspirational motivator, excellent communicator, good listener and a reliable resource to the community.

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Makes a positive contribution to the community by championing environmentally friendly initiatives. Someone who inspires others to be “green” by being a leader in ecologically sound practices.
- **COMMUNITY BUILDER**  
Someone who has taken the initiative to engage a variety of local residents in an innovative or new community project or event. The initiative may assist different groups to work together, address a gap in community participation, or result in a more inclusive, engaged community.

The submission you provide should be approximately 250 words and include information such as:

- Length of time the nominee has spent in the community
- Specific examples of the work and/or contribution he/she has made
- Community associations and memberships

Please provide references of other individuals who may be able to provide further support on the nominee's behalf.

**Submission Deadline:** Friday, September 9, 2016

Enter online at [kelownacapnews.com/contests](http://kelownacapnews.com/contests) or [submit the nomination form](#).

The Award ceremony will take place on Monday, October 24th, 2016, 5:30 pm – 8:30 pm at the Learning Centre in Okanagan College.

*-Source: Kelowna Capital News, 29 June 2016*

## Canada Cares Caregiver Awards 2016

Let's Celebrate Caregivers

Caregivers are often adult daughters or sons, spouses, family members, parents of young children or close friends and neighbours. They are also health professionals from many different areas or attendants providing personal care and support.

Regardless of the scope and range of their responsibilities, Canada Cares believes those who go the extra mile deserve to be recognized for their compassion, dedication, effort and commitment to caring. As in year's past a total of five professional and five family/friend Caregiver Awards will be selected in 2016.

Please help us celebrate those who go "above and beyond" to support and care by nominating those special caregivers in your life.

Nominations close September 30, 2016

[Learn More](#)

*-Source: British Columbia Schizophrenia Society, 18 July 2016*

## Nominations Open for Annual British Columbia Multicultural Awards

On Canadian Multiculturalism Day, British Columbians are being encouraged to nominate multicultural champions whose exceptional work in their communities throughout the province promotes inclusion and cultural diversity.

British Columbians have until **September 26, 2016** at 5:00 pm to nominate individuals, organizations or businesses to receive a British Columbia Multicultural Award. The awards will be presented at the British Columbia Multicultural Awards ceremony during British Columbia's Multiculturalism Week in November.

Five categories are open for nomination: individual, business, organization, youth, and multicultural excellence in government. Award recipients in the first four categories will receive \$5,000 to be donated to a non-profit organization of their choice to further support the work of multiculturalism in the province. All award recipients will take home a trophy.

For more information about the awards, eligibility requirements and to submit a nomination visit: [www.gov.bc.ca/BritishColumbiaMulticulturalAwards](http://www.gov.bc.ca/BritishColumbiaMulticulturalAwards)

*-Source: Facebook, Government of British Columbia, 27 June 2016*

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# Employment

- [KCR PROJECT COORDINATOR](#)
- [BREASTFEEDING ART EXPO EMPLOYMENT OPPORTUNITIES](#)
- [BC COUNCIL FOR FAMILIES – EMPLOYMENT OPPORUNITY](#)
- [LAW FOUNDATION INVITES APPLICANTS TO RUN CHILDREN’S LAWYER’S OFFICE](#)
- [YMCA OF OKANAGAN JUMPSTART EMPLOYMENT ESSENTIALS](#)
- [APPLY FOR THE 2016/17 YOUTH LEADERSHIP PROGRAM IN SOCIAL & ENVIRONMENTAL JUSTICE](#)
- [YMCA YOUTH WORKS](#)
- [KCR EMPLOYMENT PROGRAMS – APPLY TODAY!](#)

## KCR Project Coordinator

### Strategic Planning for Sustainability – KCR Community Services

As Project Coordinator, you are responsible for deliverables, budget and reporting for this project. Prime Functions for this position include: Research & Analysis, Relationship Building, Strategic Planning and Reporting. This contract position will average 15-20 hours per week. These hours are flexible, with agreement of the Community Services Manager, between the hours of 8:30 am and 4:30 pm, Monday through Friday. Our office location is #120 – 1735 Dolphin Avenue, Kelowna. Representing KCR may result in selectively working evenings or weekends and in a variety of public venues. The hourly wage for this position is \$23. The contractor is responsible for EI, CPP, and other deductions. Any and all materials developed during this contract period are the property of KCR.

Start Date: September, 2016

Deadline for Application: September 13, 2016

[More Information](#)

*-Source: Dawn Wilkinson, Manager, Community Services, KCR, September 2016*

## Breastfeeding Art Expo Employment Opportunities

### Plain Language Consultant/Editor for Breastfeeding Art Expo

**Time frame:** October 2016 – March 2017

**Payment:** \$35/hour, Estimated 40 hours

**Application Deadline:** Thursday, September 22, 2016

Please provide an outline of your education and experience in plain language project writing and editing, specifically in the health field. This job is for you, if you are a broad thinker who is interested in editing a variety of projects including an art catalogue, teacher’s guide, how-to-guide and promotional material. We are looking for someone who enjoys dissecting sentences for plain language reading, but also can take a broad overview to editing. An interest and knowledge of health and art, and breastfeeding, is an asset. This is your opportunity to be part of an exciting and unique Art Expo project that will have wide exposure across the interior BC and beyond. Your contribution will be recognized in the relevant resource materials. For more



information on the Art Expo go to [www.breastfeedingartexpo.ca](http://www.breastfeedingartexpo.ca).

**Please send your CV and cover email to KCR attention:** [ellen@kcr.ca](mailto:ellen@kcr.ca)

If you have questions, call Karen Graham, Project Coordinator, at 250.868.7846

### **Designer/Pre-press Layout for Breastfeeding Art Expo**

**Time frame:** October 2016 – March 2017

**Payment:** \$50/hour, Estimated 40 hours

**Application Deadline:** Thursday, September 22, 2016

Please provide an outline of your education and experience in design, specifically in the health field, and in layout for print-ready resources, including details of the design program you work in; InDesign preferred. You will have an opportunity to bring together the design of a variety of projects including an art catalogue, teacher's guide, how-to-guide and promotional material. An interest and knowledge of health and art, and breastfeeding, is an asset. This is your opportunity to be part of an exciting and unique Art Expo project that will have wide exposure across the interior BC and beyond. Your contribution will be recognized in the relevant resource materials. For more information on the Art Expo go to [www.breastfeedingartexpo.ca](http://www.breastfeedingartexpo.ca).

**Please send your CV and cover email to KCR attention:** [ellen@kcr.ca](mailto:ellen@kcr.ca)

If you have questions, call Karen Graham, Project Coordinator, at 250.868.7846

*-Source: Ellen Boelcke, Executive Director, KCR, August 2016*

## **BC Council for Families – Employment Opportunity**

We're looking for two part-time coordinators to manage the My Tween and Me Program and Welcoming and Engaging: Providing Capacity for Professionals Serving Syrian Refugees, a new program made possible with a grant from the United Way of Lower Mainland.

[More Information](#)

*-Source: Newsletter, BC Council for Families, 24 August 2016*

## **Law Foundation Invites Applicants to Run Children's Lawyer's Office**

**Application Deadline:** Thursday, September 15, 2016, 5:00 pm

The Law Foundation of British Columbia has designated funds of up to \$600,000 for the creation of a Children's Lawyer's Office for British Columbia and are inviting applicants from BC non-profit organizations.

The Children's Lawyer will provide direct legal services to children and youth in British Columbia in the areas of family law and child protection law, with possible other areas including mental health law, housing, youth criminal justice, employment law, school law, bullying, policing and other areas of need.

There should be a specific focus on addressing the needs of Aboriginal children and youth as

well as immigrant and refugee, street-involved and LGBTQ youth.

*-Source: Newsletter, BC Child and Youth Advocate, 25 August 2016*

## YMCA of Okanagan Jumpstart Employment Essentials

**Next start date:** September 19, 2016

\*Continuing enrollment for January and April 2017.

### How will Jumpstart help?

Through attending the Jumpstart Employment Essentials program you will:

- Develop skills that will help through your Job Search and;
- Gain life-skills necessary to get and maintain lasting employment

### Program Duration:

- Jumpstart is a 14-week program
- Six weeks of innovative Group-based learning and Supported job search (You are paid by Jumpstart)
- Eight weeks work experience (You are hired and paid by an employer)

### What will you Gain?

- Earn Level 1 First Aid
- WorldHost Certificate
- WHMIS Certificate
- FOODSAFE Certificate
- Create dynamic resume and cover letter
- Learn work search tips
- Become confident at interviews
- Build a larger network

### What Else Does it Offer?

- You are paid \$10.45/hour
- You work 30 hours/week
- Monday to Friday (hours vary)

### Who Can Apply?

- Those between the ages of 15–30
- Not currently in school
- Unemployed or under-employed
- Must be a Canadian Citizen
- Not in receipt of Employment Insurance

What we are looking for...youth who are:

- Are you actively seeking employment and committed to finding work?
- Do you have a positive attitude?
- Are you ready to change?
- Are you willing to take entry-level positions?

What you will get out of Jumpstart other than a job?

- Positive growth
- Job Support
- Confidence and knowledge

**How to Apply:**

Call 250.861.5627 or come to Suite #103 – 565 Bernard Avenue (Town Centre Mall) Kelowna, BC

*-Source: Kristi Essler, Arc Programs Ltd., 26 August 2016*

## Apply for the 2016/17 Youth Leadership Program in Social & Environmental Justice

**Application Deadline:** Monday, September 19, 2016

Next Up participants are leaders aged 18 to 32 who are passionate about changing the way the world works and committed to being active at the centre of social change. Participants will learn how to turn ideas into action and explore solutions to problems like poverty and climate change.

The program runs from October 2016 to May 2017

[Read More](#)

*-Source: Newsletter, BC Child and Youth Advocate, 25 August 2016*

## YMCA Youth Works

Youth Works is a three-week program designed to teach you the skills you need to gain desired employment and move closer to your career goals. Ages 29 and younger.

During the program you will:

- Work with our Career Counsellors to identify career options;
- Establish a step by step plan to attain career goals;
- Create polished and professional resumes and cover letters;
- Discover the secrets to acing future interviews;
- Benefit from the wisdom of local guest speakers;
- Learn how to connect with community employers in your field of choice;
- Conduct valuable research to help you carve your career path and;
- Have access to financial supports as needed.

This valuable opportunity will give you the competitive edge you need to secure and maintain your next job!

Find out more by filling out the short Pre-Registration form and one of our staff will be happy to contact you and tell you more details about this great program. Or, if you have general inquiries please feel free to call us at 250.861.5627 or email [cfiessel@ymcaokanagan.ca](mailto:cfiessel@ymcaokanagan.ca).

\*Next start date: November 7, 2016

*-Source: Kristi Essler, Arc Programs Ltd., 26 August 2016*

## KCR Employment Programs – Apply Today!



Need to get ready for post-secondary training, or improve your Math, reading, and study strategies?

Kelowna Community Resources is hosting their Job Readiness and Essential Skills training programs. Both programs are free to participants, and involve 6-week, 3-hours-a-day training to help individuals identify career goals and take the steps necessary to reach these goals. In addition, individuals are provided with an additional 12 weeks of one-on-one follow-up support to help them meet their goals.

“Both Job Readiness and Essential Skills programs are being led by a team of truly amazing individuals,” says Travis Schneider, KCR Employment Services Manager. “Over 70% of those who have completed the training have found employment, which is incredible”.

Are you employed or underemployed, do you feel lost or don't know what to do when it comes to employment? Are you over 18, are you a BC resident, and have you not collected employment insurance (EI) in the past 3 years?

If so, give us a call today at 778.484.5587, or visit our website at [www.kcr.ca/employment-services/](http://www.kcr.ca/employment-services/) to see if you're a fit for these programs.

Funding provided by the Government of Canada through the Canada-British Columbia Job Fund's Employment Services and Support Programs. For more information about B.C.'s labour market programs, visit [www.workbc.ca](http://www.workbc.ca).

*-Source: Travis Schneider, Manager, Employment Services, KCR, June 2016*

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# Fund Development

- [4 WAYS TO DIVERSIFY YOUR FUNDRAISING](#)
- [SOME POSITIVE FEEDBACK AND APPRECIATION FOR FUNDERS](#)
- [3 WAYS TO CREATE BOARD MEMBERS WHO LOVE FUNDRAISING](#)
- [3 BOOKS ON WRITING EVERY FUNDRAISER SHOULD READ](#)
- [BEYOND THE DOLLARS: THE LONG-TERM VALUE OF GIVING DAYS FOR COMMUNITY FOUNDATIONS](#)
- [PEER-TO-PEER \(P2P\) FUNDRAISING: NOW SUPPORTING PAID REGISTRATION!](#)
- [CRA RELEASES NEW ONLINE QUESTIONNAIRE – IS CHARITABLE REGISTRATION RIGHT FOR YOU?](#)

## 4 Ways to Diversify Your Fundraising

Does your nonprofit rely on one type of fundraising to bring in revenue or is it diversified? For example, a diverse fundraising program would include direct mail, telemarketing, foundation grants, online fundraising through email appeals, your website, social media, etc. Crowdfunding and Giving Days can be helpful too. In fact, we just shared 12 Giving Day tips you should know.

If you feel that your nonprofit can do a better job of diversifying its fundraising, check out this infographic, which digs into where money is coming from, how it's being donated, and the importance of providing a variety of options for people to give.

[Read More](#)

*-Source: Newsletter, Care2, 22 August 2016*

## Some Positive Feedback & Appreciation for Funders

A few months ago, our grantwriter and I dealt with a grant for \$4,000 that comprised a five-page narrative and about 10 attachments. Luckily, of course, we have most of those documents ready in our Master Grant folder. The kicker, though, was the unusual requirement for us to print out a document with ten labels, each corresponding to one of the attachments, and literally cut out each of the tabs and paste it on to the attachments. So there I was, handling a glue stick for the first time in years, carefully pasting each tab. I was getting more and more irritated, gritting my teeth and wishing I had listened to that one palm reader in Saigon who told me to go into medicine or maybe law (I think my parents paid her).

I was gluing and fuming and writing a bitter, ranting blog post in my head. But then I realized that I tend to focus on all the irritating things some funders do, that I sometimes neglect all the great things that many funders do. Yeah, there are a lot of sucky, inequitable funding practices. But for the most part, there are lots of great things foundations are doing, and there are many amazing program officers who make our work easier. It's been a while since we provided our funding partners with some positive feedback and encouragement (see "Funders, thanks for doing these 12 awesome things.") This post is to bring some balance by highlighting some specific things, big and small, funders do that we nonprofits really appreciate. Thanks to the NWB Facebook community, as well as my colleagues in Seattle, for providing input, which I'm

quoting below.

[Read More](#)

*-Source: Newsletter, Nonprofit with Balls, 22 August 2016*

### **3 Ways to Create Board Members Who Love Fundraising**

Does your board take an active role in fundraising for your nonprofit?

If you said no, you're not alone. Many small nonprofits struggle with how to engage their boards in fundraising.

The truth is that your board members would love to do more to support your mission, but they don't know where to start or how to best contribute. Or, they may not fully understand the expectations.

1. Help them see the impact. Show your board members the impact their financial contribution will have and how that fits into your overall fundraising strategy. Make sure you have your fundraising plan in place, and back it up with your donor data.

[Read More](#)

*-Source: Newsletter, Network for Good, 21 August 2016*

### **3 Books on Writing Every Fundraiser Should Read**

Reading is one of my favorite things to do. I always enjoy a good fiction book. I also really enjoy reading memoirs. But, I have to say one of my greatest indulgences is reading about writing.

As someone who identifies as a writer, it's always fun to get a peek behind the curtain to see how other writers do it. It's a constant source of inspiration for me both in my professional and personal writing. Today I thought I would share my 3 favorite books on writing that I personally believe should be required reading for every fundraiser.

[Read More](#)

*-Source: Newsletter, EveryAction, 15 August 2016*

### **Beyond the Dollars: The Long-term Value of Giving Days for Community Foundations**

Community foundations across the country have played a central role in catalyzing giving days. While much of the focus for these online fundraising campaigns has been on the money raised for nonprofit participants, there has been little examination—until now—of the ways in which Giving Days actually benefit the community foundations that organize them.

The long-term value of giving days for community foundations showcases the potential for these campaigns to strengthen community foundations by driving community philanthropy, increasing their visibility and credibility, strengthening their online donor engagement capabilities, and positioning community foundations as hubs of information in their communities.

[Read More](#)

*-Source: Newsletter, EveryAction, 15 August 2016*

## **Peer-to-Peer (P2P) Fundraising: Now Supporting Paid Registration!**

### **A NEW Option for Maximizing Your P2P Fundraising Success!**

Organizing a run, swim, bike ride, or other P2P fundraising event? Looking to raise more funds by having registrants pay to participate as well as fundraise? We're excited to announce that you can now do this through CanadaHelps!

### **How it Works: Creating Your Registration + Fundraising Event**

The new registration plus fundraising feature on CanadaHelps works using the traditional registration process. A participant registers for the event and pays the registration fee, but then they are prompted to create a P2P Fundraising page to ask their friends and family to support their participation in the event. For your charity, this is easily enabled through using a combination of our P2P Social Fundraising and Events Solutions. Simply create an Event page with the tickets you want to sell, then, choose "Registration Required" when creating your P2P event!

[See the Process: Watch the Video Now](#)

We have created this short how-to video, to walk you through the process of creating a paid registration event and to show you how easy it is for your supporters to register and start fundraising!

*-Source: Newsletter, CanadaHelps, 23 August 2016*

## **CRA Releases New Online Questionnaire – Is Charitable Registration Right for you?**

The Canada Revenue Agency ('CRA') has recently released a new online questionnaire which is designed to provide the general public with basic knowledge to help make an informed decision when deciding whether or not to apply for charitable registration.

There are many strategic factors to consider (in addition to those in the questionnaire) before applying for charitable status and which may affect your chances of becoming a registered charity. The questionnaire is designed to ask the participant basic questions relating to establishing a registered charity and provides detailed answers to each question for the participant to consider.

[Read More](#)

-Source: Newsletter, *Blumberg Segal LLP*, 29 August 2016

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# Funding Sources

- [THE AVIVA COMMUNITY FUND](#)
- [SESQUICENTENNIAL GRANT CANADA150](#)
- [CALLS FOR PROPOSALS FOR THE STRATEGIC INITIATIVES COMPONENT IN 2016-2017](#)

## The Aviva Community Fund

We've partnered with The Aviva Community Fund to Increase Impact on Charitable Funding – your charity can win funding!

We are so excited to share the news that we have partnered with The Aviva Community Fund (ACF), Canada's longest running online charitable funding competition. The ACF is donating \$1 million to charitable community initiatives across Canada. Does your charity have a great idea to create positive change within your community but don't have the funding to make it happen? The ACF is your opportunity! There are three project categories: Community Resilience, Community Health, and Community Development and funding is offered in two levels: \$50,000 and under for small ideas, and \$50,000 to \$100,000 for large ideas.

[The 2016 ACF competition is currently open for registration](#)

*-Source: Newsletter, CanadaHelps, 11 August 2016*

## Sesquicentennial Grant Canada150

The Sesquicentennial milestone provides an opportunity to shape the future of our city with celebrations, events and projects. To help support non-profit organizations in implementing unique initiatives that will leave a lasting legacy in our community, the City of Kelowna has created the Sesquicentennial Grant.

The intent of the Sesquicentennial Grant is to make a lasting impact that reflects the rich culture of Canada and Kelowna's natural attributes. Projects eligible for the Sesquicentennial Grant must align with at least one of the City's Canada 150 identified themes:

- Embrace, preserve and celebrate the natural assets of Kelowna including the lake, trails, landscape and four season recreational opportunities;
- Celebrate cultural diversity and freedom;
- Empower our youth to shape the community they desire;
- Honor the history of our region and the prominent people and events that connect us;
- Recognize and celebrate the rich history and knowledge of Indigenous nations who continue to be an integral part of our community; and
- Lay the groundwork for innovation that will strengthen our community.

**Second Intake Date: October 31, 2016.** There is no guarantee of funding for the second intake.

Non-profit organizations are eligible for matching funds of up to 50 per cent of total project costs up to \$15,000. Matching funds must be identified in the application process and may consist of cash, in-kind-volunteer hours and/or materials and equipment.

For full details, please read the [Sesquicentennial Grant Application Guidelines](#)  
[Sesquicentennial Grant Application Form](#) or [Download an Application Form](#).

Questions? Contact us at [canada150@kelowna.ca](mailto:canada150@kelowna.ca).

*-Source: Newsletter, City of Kelowna, 19 April 2016*

## **Calls for Proposals for the Strategic Initiatives Component in 2016-2017**

The Canada Cultural Investment Fund (CCIF) will issue two calls for proposals for its Strategic Initiatives component in 2016-2017.

Applicants must submit their application no later than **September 15, 2016** for projects starting April 1, 2017

For more information on the component's objectives, eligibility criteria and forms to be completed, please visit <http://pch.gc.ca/eng/1269288468775> or contact the program at 819.997.3955 or toll free at 1.866.811.0055 or [by email](#).

*-Source: Canadian Heritage CCIF (PCH/PCH), 5 February 2016*

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# Housing

- [WEBINAR: TENANCY SUPPORT](#)
- [REGISTER NOW! NATIONAL CONFERENCE ON ENDING HOMELESSNESS](#)
- [POLICIES FOR HOUSING DIVERSITY](#)
- [THE ROLE OF SHARING DATA IN ENDING HOMELESSNESS](#)
- [FAMILY INTERVENTIONS FOR YOUTH EXPERIENCING OR AT RISK OF HOMELESSNESS](#)
- [GOVERNMENT HOLDS CONSULTATIONS IN PREPARATION FOR UN SUMMIT ON HOUSING & SUSTAINABLE URBAN DEVELOPMENT](#)
- [WHAT ARE THE HEALTH, SOCIAL AND ECONOMIC BENEFITS OF PROVIDING PUBLIC HOUSING AND SUPPORT TO FORMERLY HOMELESS PEOPLE?](#)
- [CONTRIBUTE TO THE NATIONAL DEFINITION OF FUNCTIONAL ZERO!](#)
- [t3 PODCASTS](#)

## Webinar: Tenancy Support

**Date:** Wednesday, September 7, 2016, 9:00 am – 10:00 am

[Register Now](#)

For many people with serious mental illness, getting and keeping independent housing is a part of their own personal recovery. To this end, service providers are tasked with helping people address challenges that may risk their losing independent housing, while also identifying and leveraging personal strengths. This webcast provides an overview of how psychiatric rehabilitation is used to support tenants in their own homes.

*-Source: Newsletter, t3, 31 August 2016*

## Register Now! National Conference on Ending Homelessness

**Date:** November 2-4, 2016

**Location:** The London Convention Centre, London, Ontario

[Register Now](#)

The 2016 National Conference on Ending Homelessness is shaping up to be our biggest and best conference yet! The 2016 conference program is once again jam packed with 60 concurrent sessions delivered by more than 130 leading Canadian and international presenters.

### **CAEH adds Nan Roman to all-star conference keynote line-up**

The CAEH is thrilled to announce U.S. National Alliance to End Homelessness CEO, internationally recognized pioneer and leader on ending homelessness Nan Roman will deliver a keynote address at the upcoming National Conference on Ending Homelessness.

Nan Roman is President and CEO of the National Alliance to End Homelessness (NAEH), a public education, advocacy, and capacity-building organization based in Washington D.C. In 2000 Nan launched a nationwide initiative to develop plans to end homelessness, giving rise to a movement that has transformed America's response to homelessness.

Under her guidance, the NAEH has successfully identified and promoted innovative strategies

for ending homelessness that have been adopted by communities and governments across the US and internationally.

*-Source: Newsletter, Canadian Alliance to End Homelessness, 18 July 2016*

## **Policies for Housing Diversity**

Council directed staff to prepare amendments to policies and zoning to encourage increased housing diversity in Kelowna. Initiatives include increasing the budget for Rental Housing Grants over the next two years and allowing up to six storeys in the Medium Density Multiple Housing zone within Urban Centres.

*-Source: Newsletter, City of Kelowna, 24 August 2016*

## **The Role of Sharing Data in Ending Homelessness**

On May 4, 2016, approximately 40 people attended the First Annual Canadian Homelessness Data Sharing Initiative, sponsored in Calgary by the Calgary Homeless Foundation and the University of Calgary's School of Public Policy. Those attending included government officials, researchers and students. Here are 10 things to know about the event.

1. First Annual Canadian Homelessness Data Sharing Initiative photographThe Data Sharing Initiative was jointly organized by the Calgary Homeless Foundation (CHF) and the University of Calgary's School of Public Policy. A major goal was to bring together persons with access to various forms of homelessness data for a one-day event for the first time. Both CHF and SPP provided cash and in-kind support to make this inaugural event happen.
2. When researchers want to access data on homeless persons in Canada, there isn't a single point of access. Rather, data is both collected and accessed in a variety of ways. When it comes to data collected about persons experiencing homelessness, there are three main types of data to understand. First, there is administrative data (such as the data presented at the May 4 event by officials from Calgary, Ottawa and Toronto); this is collected on an ongoing basis by front-line professionals and often used by social workers. Second, there is data gathered from Point-in-Time (PiT) counts (such as the data presented at the event from Montreal). Third, there is survey data collected by researchers (such as the data presented at the event on Managed Alcohol Programs, and data presented at the event that was gathered from a study on homelessness in Northern Ontario). The May 4 data-sharing event included discussions about all three types of data.

[Read More](#)

*-Source: Newsletter, Homeless Hub, 4 August 2016*

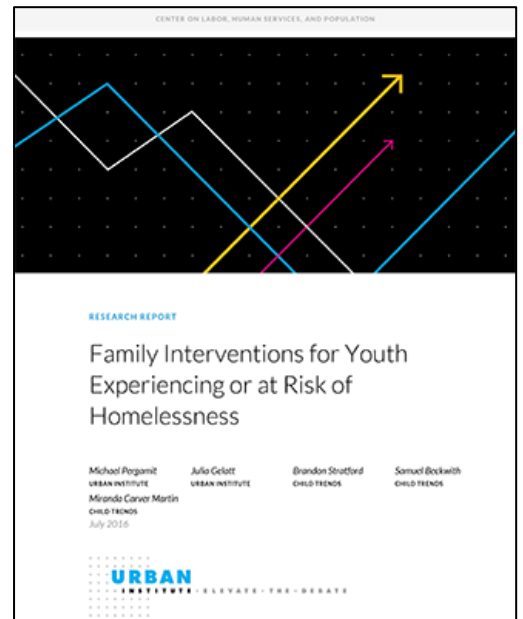
## Family Interventions for Youth Experiencing or at Risk of Homelessness

Family conflict is a key driver of youth homelessness. Most programs serving youth experiencing homelessness use some form of family intervention to address conflict and help reconnect youth with families when such an approach is deemed appropriate. Yet despite the prevalence of family intervention work, no systematic review has assessed the evidence on family intervention strategies, indicating, for example, which are successful in preventing and addressing youth homelessness, which have limited success, and which show promise but have not yet been rigorously evaluated.

This report summarizes existing evidence on family intervention strategies for youth experiencing or at risk of homelessness gathered through a literature review and conversations with a small set of key informants. It also includes a summary of common elements of effective interventions and a discussion of gaps in the evidence base.

[Read More](#)

-Source: *Homeless Hub*, 11 August 2016



## Government Holds Consultations in Preparation for UN Summit on Housing & Sustainable Urban Development

The Minister of Families, Children and Social Development, is currently holding online consultations to inform Canada's delegation to the United Nations' Habitat III Summit on Housing and Sustainable Urban Development. Hon. Minister Duclos is inviting perspectives on challenges and opportunities with issues related to urbanization, including poverty, quality of life, housing, and climate change.

For more details and to participate in the discussion, [check out the website](#).

-Source: *Newsletter, Early Alert, Imagine Canada*, 16 August 2016

## What are the Health, Social & Economic Benefits of Providing Public Housing & Support to Formerly Homeless People?

This report addresses the question of whether health service use and health service costs fall as a consequence of supported entry to public housing for formerly homeless people and those at risk of homelessness. It also examines the health and social outcomes of formerly homeless and at-risk of homelessness tenants.

This report finds that supporting formerly homeless people and those at risk of homelessness

into public housing in Western Australia reduces their use of health services as well as the frequency with which they do so.

[Read More](#)

*-Source: Newsletter, Homeless Hub, 18 August 2016*

## Contribute to the National Definition of Functional Zero!

Currently, there is no nationally recognized definition of what an end of homelessness entails.

We are supporting a collaborative process to develop a national definition of an end to homelessness using the concept of 'Functional Zero', and we need your feedback!

There are several ways you can provide feedback:

- Take our brief online survey
- Register for our upcoming Town Halls
- Participate in the discussion on the Workspace
- Host a community roundtable to solicit feedback
- You can also send us an email with your suggestions

Find the proposed 'Functional Zero' definition and learn more about the consultation process on [our website](#).

[Take the brief online survey](#)

*-Source: Newsletter, Homeless Hub, 25 August 2016*

## t3 Podcasts

### **Legal Rights & Homelessness, plus live music performance!**

In this dynamic conversation with Senior Analyst Collin Whelley and Public Policy Attorney Kate Whelley McCabe, Jeff taps into their insights regarding the legal rights of those experiencing homelessness, local ordinances that criminalize homelessness and the rise of urban neoliberalism. Bonus: Collin performs a piece he wrote about homelessness in Boulder, Colorado.

[Listen Now](#)

### **First Year Finale: A Look Back and More Conversations to Come**

Host Jeff Olivet offers his reflections on the past season's dialogues involving homelessness, trauma, mental health, race and recovery. He also shares his perspectives on new frontiers that homeless advocates will need to tackle.

As we wrap up this season's podcast and start of a new season, we ask that our valued podcast listeners please send suggestions on how Changing the Conversation can best serve your work and organizations – how can our podcast be strengthened to enhance

your work; what topics would you like us to tackle from a new angle; and even which guests you think would provide fresh insight?

[Listen Now](#)

*-Source: Newsletter, t3, 15 August 2016*

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## World Garden

**Date:** Thursday, September 8, 2016, 5:00 pm – 7:00 pm

**Location:** Central Okanagan Family Hub – Kelowna, Pearson Elementary School, 700 Pearson Road, Kelowna

First meeting for all those interested in finding out more about and supporting this venture.

- International Crops
- Environmental Education/Science Education
- Community Interaction
- Neighborhood initiative
- Fresh produce
- Sustainable locally grown food

*-Source: Rich Chapman, Central Okanagan Family Hub, 29 July 2016*

## Second Annual Benefit for Life Day Gala

**Date:** Friday, September 9, 2016, 7:00 pm – 9:30 pm

**Location:** Delta Grand Resort, 1310 Water Street, Kelowna

**Cost:** \$75 / Ticket



## [Buy Tickets](#)

September is Suicide Prevention Month. Industry leaders, survivors of suicide loss and the community are coming together to show support to benefit positive mental health at the 2nd Annual Benefit for Life Day gala.

In honor of Benefit for Life Day, World Suicide Prevention Day and Suicide Prevention Month. The LifeLine Canada Foundation (TLC) will host the Benefit for Life gala. This premiere event will see guests enjoy an extraordinary evening with the in-house chef's custom-designed hors d'oeuvres, decadent desserts, open bar, home grown artistic talents, special guest speakers and a fantastic band of musical all-stars. Benefit for Life Day and WSPD activities will include online campaigns for youth and communities across Canada.

We have received proclamations for September 9th, Benefit for Life Day and World Suicide Prevention Day on September 10th from Kelowna City Mayor Colin Basran, BC Minister of Justice, Attorney General and Lieutenant Governor and formal message from Alberta Premier Honorable Rachel Notley. Amongst several, we will also announce at Benefit for Life, the new partnership and start of The Pets for Veterans program in BC and Alberta. The new expanded website will launch in August 2016 with the expected launch of the French website and French App in September 2016.

Throughout September, Kelowna restaurants will bring the conversations of positive mental health to the forefront. TLC's "Food For Thought" initiative brings 30 top Kelowna Restaurants together in support of Suicide Prevention Month. 1 restaurant chef per day will design multiple course meals while using ingredients proven to be a positive influence on our mental health.

On World Suicide Prevention Day, September 10, The Kelowna community shows solidarity with the #LeaveYourLightOn campaign in honor of those who are struggling, loved ones who have been lost or who have been saved and for grieving family, friends and communities.

As a survivor of suicide loss and in honor of a lost loved one, we have a special sponsorship opportunity for Benefit for Life Day In Memoriam. For In Memory sponsorships, please visit [www.TheLifeLineCanada.ca/sponsorship](http://www.TheLifeLineCanada.ca/sponsorship)

*-Source: Newsletter, The Life Line Canada, July 2016*

## **World Suicide Prevention Day**

The World Health Organization estimates that over 800,000 people die by suicide each year – that's one person every 40 seconds. Up to 25 times as many again make a suicide attempt. The tragic ripple effect means that there are many, many more people who have been bereaved by suicide or have been close to someone who has tried to take his or her own life. And this is happening in spite of the fact that suicide is preventable. 'Connect, communicate, care' is the theme of the 2016 World Suicide Prevention Day. These three words are at the heart of suicide prevention.

## [Read More](#)

*-Source: Newsletter, CMHA, August 2016*

## Theatre Kelowna Society Presents Good Ol' Country Comfort

**Dates:** September 14 – October 2, 2016

Evening Shows: Wednesday – Saturday, 7:30 pm / Matinees: Sunday 2:00 pm

**Location:** Black Box Theatre, 1375 Water St, Kelowna

**Cost:** \$25 in advance / \$30 cash at the door

[Buy Tickets](#)

Theatre Kelowna Society's fall shows in the Black Box Theatre are about nostalgia. We have presented shows featuring music and moments from the 1930's through the 60's and 70's, and a faithful following has embraced the shows by selling out many of them.

This year's revue continues in the same tradition by featuring the songs of the artists who helped make country music a legitimate genre. In the initial stages it was simply called 'Western' music, later becoming 'Country & Western'. Nowadays it is usually called 'Country' music and although some artists still retain the western flavor, it is more a fusion of pop-rock and country with heavy electric musical arrangements.

'Good 'Ol Country Comfort' will return to the roots, when artists performed with acoustic instruments and electric licks were lightly applied. It will feature the music of such great artists as Ray Price, Eddie Arnold, Patsy Cline, Jim Reeves, Johnny Cash, Kitty Wells, Don Williams, Merle Haggard and others, along with those who helped establish the sound, Hank William and The Sons of the Pioneers.

Written and directed once again by Jeff Samin, the cast will feature familiar faces such as Debby Helf, Corinne Marks, Ashley Lewicki, Gloriah Poulette, Shannon Bracken, Ian Krebs and Rob Crawford, along with newcomers to TKS, Darryl Davies and Rick and Pat Jones. As usual, the show will contain the humor that was featured in such shows as 'Hee Haw' and we may even have a special guest appearance by Minnie Pearl.

People who have attended these shows for the last 10 years will not be disappointed and newcomers will be warmly welcomed. You are reminded that the Black Box is a small venue and shows tend to sell out regularly, so get your tickets early to be able to attend on your preferred date. Limited seats may be available at the door for \$30.

*-Source: Wendy Sanderson, Theatre Publicity, Black Box Theatre, 17 August 2016*

## Take Back the Night Rally & March

**Date:** Thursday, September 15, 2016, 6:30 pm – 8:00 pm

**Location:** Kerry Park, 1480 Mill Street, Kelowna

Help to shatter the silence on sexual violence in our community!

The Central Okanagan [Elizabeth Fry Society](#) is thrilled to welcome Susan Knight from Q103.1 as a cohost for the event. There will be fun activities, a poetry performance by Cherie Hanson, a short address from Michelle Novakowski, Executive Director of the [Elizabeth Fry Society](#) followed by a march in downtown Kelowna to make some noise and shatter the silence on behalf of sexual assault survivors.

For 40 years, the [Elizabeth Fry Society](#) has been supporting survivors of violence and

advocating for every woman's right to live free of violence.

The annual Take Back the Night March raises awareness about sexual violence and provides an opportunity for everyone in the community to provide support and strength to survivors of violence.

To learn more about the event or to volunteer, please contact Tracy at 250.763.4613 ext. 202 or at [volunteer.efry@empowerific.com](mailto:volunteer.efry@empowerific.com).

*-Source: KCR Event Submission Form, 29 July 2016*

## **New Festival Aims to Make a Big Difference**

**Date:** September 16 – 18, 2016

**Location:** Kelowna City Park

Look down at your feet. If you're at work right now, you're likely seeing a pair of shoes specifically for the work you do – work boots, perhaps dress shoes or a nice pair of heels. Have you ever considered what impact those shoes have on your life? Now imagine not having that pair of shoes – or being in a position of choosing between purchasing a pair of shoes or buying groceries. Unfortunately, it's not an uncommon scenario and it impacts individuals of all ages, including families, right here in our very own community.

That's the challenge we're hoping to address by partnering with Kelowna Sunrise Rotary for the inaugural Interior Savings Sunrise Rotary Ribfest this September – expected to be one of Kelowna's largest festivals, and all for the purpose of building a stronger, more empowered community.

Proceeds from the event will be used to support the work Rotary is doing, however, the main beneficiary this year is Shoe Bank Canada, a locally-based organization that is helping men, women and children have the chance to experience a better quality of life by providing clean and comfortable footwear.

### **The Festival**

Being billed as a festival of flavour, family and fun, the Interior Savings Sunrise Rotary Ribfest will run from Friday, September 16 through Sunday, September 18 in Kelowna's City Park.

The event will feature five internationally renowned Ribbers competing for the honour of Best Ribs and Best Sauce, including the highly coveted People's Choice award. Admission is free and attendees will be able to purchase ribs, refreshments and other on-site food truck items.

In addition to tasty eats, there will be live music and entertainment, along with a Kids Zone that will include face-painting, crafts, games, inflatables and so much more.

### **We can make a difference**

Jim Belshaw, founder of Shoe Bank Canada and owner of Roy's Shoes in Kelowna, is on a mission to ensure everyone in our community has a clean, comfortable pair of shoes. In particular, there is a great need in our community for work boots and children's shoes. You can help us give someone a step up in life just by donating your gently used footwear.

So join us; grab a bag and take a look in your closets. One, two or three pairs of shoes – it all makes a big difference. Use an elastic or tie shoelaces to keep the shoes together. Drop the

shoes off at any Interior Savings location in Lake Country, Kelowna or West Kelowna prior to the festival, or bring them down to Ribfest September 16 – 18.

### **Contest Alert**

We've cooked up a contest for a chance to win an Interior Savings prize pack, including 4, ½ rack rib vouchers redeemable at Kelowna Ribfest, an apron and a barbeque grilling set fit for a king or queen. The prize is valued at approximately \$175. Head on over to our [Facebook page](#), correctly answer our trivia question and you'll be entered for a chance to win. Contest closes September 7th, 2016.

### [More Information](#)

*-Source: Newsletter, Interior Savings, 18 August 2016*

## **Terry Fox Run 2016 – Kelowna**

**Date:** Sunday, September 18, 2016

**Registration begins:** 10:00 am

**Walk/Run:** 11:00 am

**Cost:** NO entry fee. Whatever you can give helps.

The Terry Fox 36th Run is a fundraiser for cancer research. Join us and your community for this fun, family-friendly event!

Walk, Run, Bike or Wheel our routes.

[Raise pledges online](#) as an individual, a team captain or team member.

Enjoy a warm-up before the Run, Walk, Bike, Wheelchair. Route distance: 1.5km, 5km, 9km, followed by some entertainment and kids zone.

*-Source: Facebook, 27 July 2016*

## **Guardian Charity Ride**

**Date:** Sunday, September 25, 8:00 am – 1:00 pm

**Cost:** \$40

[Register Now](#)

This is a FUN late summer charity ride (100km or 50km). Promoting our local cycling community and inspiring people new to the sport to come out and ride. All proceeds go to our local charity of choice CMHA Kelowna.

### **Route Distance Options:**

- 100k to Predator Ridge and back
- 50k to Winfield and back

### **Cost includes:**

- The opportunity to ride this incredible event and donate to a worthy cause

- Refreshments included during & after the event.
- Post ride BBQ

-Source: CMHA, August 2016

## Celebrate Abilities – Disability Employment Month

**Date:** Tuesday, September 27 from 10:00 am – 1:00 pm

**Location:** Laurel Packing House, 1304 Ellis Street, Kelowna

[RSVP Now](#)

Join us for a discussion about workplace mental health and how to support those it affects. Mental illness affects everyone sooner or later – one in five people will experience a mental illness directly. Those of us who do not have a mental health problem ourselves, will have a friend, colleague, or family member who is dealing with one.

-Source: MAXIMUS Canada Employment Services – WorkBC, 17 August 2016

## Walter Hut Memorial Silent Auction

The Walter Hut Memorial monthly Silent Auction is back this September 1st, 2016!

Take a look through all the amazing local deals to use right here in the Okanagan – 100% of proceeds will go towards the Canadian Diabetes Association, helping to provide programs and services such as diabetic kids camps, Walk-and-Talks, Webinars, Lunch-and-Learns, Expos and much more to those in the Okanagan affected by diabetes.

Call 250.762.9447 or email [auctionkelowna@diabetes.ca](mailto:auctionkelowna@diabetes.ca) to place your bid! Bids are accepted until September 28th. Winners will be contacted by the end of September.

Auction booklets are available online and in the community – call or email us if you would like your own copy!

Thank you for your generous contributions. Together we can improve the lives of those in our community affected by diabetes. Call or email us if your business would like to participate in our next auction!

-Source: Emma Clark, Canadian Diabetes Association, 25 August 2016

## Project Literacy's 30 Day Cash Giveaway is Launched!

This year we are celebrating 30 years of serving the Okanagan with a very special fundraising event. Our 30 Day Cash Giveaway Raffle tickets are \$10 each and give you a chance to win daily cash prizes from \$50 to \$1000 for the month of November. There is \$5000 in cash prizes available and only 2000 tickets sold. Even if you win, your ticket goes right back into the draw, which means more chances to win.

Get your tickets today for \$10 each at our office (1635 Bertram Street, Kelowna), from board members or volunteers!

*-Source: Project Literacy, August 2016*

## An Evening with Kamal Al-Solaylee

**Date:** Friday, September 30, 2016, 7:00 pm (Doors open at 6:00 pm)

**Location:** First United Church, 721 Bernard Avenue, Kelowna

**Cost:** \$25 + GST

[Buy Tickets](#)

Kamal Al-Solaylee was born in Yemen but exiled to Beirut and Cairo, and is now an award winning author and associate professor at Ryerson University.

His first book, *Intolerable*, a memoir of extremes about growing up in the Middle East as a member of the LGBT community, was a contender in the 2015 Canada Reads Competition.

His second book, *Brown*, has just been released and is a compilation of two years of studying the challenges facing the brown race; including low wages, poor working conditions, and racial and religious profiling.

This is a fundraising evening for the Central Okanagan Refugee Committee, with funds going towards their joint sponsorship with Rainbow Refugee Canada.

The evening will consist of a reflection and Q & A, wine reception, themed silent auction, and book signing with Kamal Al-Solaylee.

*-Source: Facebook, CORC, 5 August 2016*

## The 8th Annual Reason for the Seasons

**Date:** Friday, October 14, 2016, 6:00 pm – 12:00 am

**Location:** Delta Grand Okanagan Resort and Conference Centre, 1310 Water Street, Kelowna

**Cost:** \$75

[Buy Tickets](#)

The Elevation Outdoors 8th Annual Gala Fundraiser promises to be an evening of fabulous food, wine, auction items, and groovy live entertainment, with all proceeds going to Elevation Outdoors' youth programs. The Gala sells out each year with many returning guests. This year, our event will take place on October 14, 2016 at the Delta Grand Okanagan Resort and Conference Centre. It will feature a three course plated dinner and an evening of fun for up to 130 lucky guests.

This year we are fortunate to bring you a guest speaker – 12 time World Cup Champion and 2 time Paralympian in Paracycling – Shelley Gautier. Doors open at 6:00 pm.

*-Source: Newsletter, Elevation Outdoors, 23 August 2016*

## Repair Café Event

**Date:** Saturday, November 5th, 2016, 10:00 am – 2:00 pm

**Location:** Centre for Learning Building, Okanagan College, 1000 KLO Road, Kelowna

### What Is A Repair Café?

Repair Cafés are free meeting places and they're all about repairing things (together). At the Repair Café you will find all the tools and materials required to help you make many repairs you need. Volunteer specialists will be on hand to help and guide the repairs. You can enjoy a cup of tea or coffee or even lend a hand with someone else's repair job.

The Repair Café concept was formulated in 2009 by Amsterdam-based journalist/publicist Martine Postma and sustainability guru Peter van Vliet, in Groningen, the Netherlands. Their idea was to set up low-key meeting places nationwide where neighbours could repair their broken items themselves supported by a specialist in a relaxed atmosphere.

Visit [www.repaircafe.org](http://www.repaircafe.org) for more info.

*-Source: Rae Stewart, August 2016*

## 6th Annual Discovery Luncheon

**Date:** Wednesday, November 9, 2016, 11:30 am (Registration), 12:00 pm – 1:15 pm (Event)

**Location:** Coast Capri Hotel, 1171 Harvey Avenue, Kelowna

**Cost:** \$70/each or \$560 for a table of 8 (30 tables available)

[Buy Tickets](#)

This is a pivotal time in the history of cancer. With the knowledge that has been gained in the last decade, our opportunity to achieve a world free from cancer has never been more real.

The BC Cancer Foundation is pleased to present the 6th Annual Discovery Luncheon, benefiting the BC Cancer Foundation in support of an expanded treatment program for women with gynaecological cancers at the BC Cancer Agency Sindi Ahluwalia Hawkins Centre for the Southern Interior.

Thanks to the generosity of donors, over the past five years, the Discovery Luncheon has raised \$500,000 to support cutting edge research and enhancements to care at the Kelowna Cancer Centre.

In each area supported by the Discovery Luncheon, BC Cancer Agency researchers have made huge strides:

- HDR brachytherapy “boost” (implanted radiation in addition to standard external beam radiation) has become standard treatment for patients with high-tier intermediate and high-risk prostate cancer. It is now possible to perform three HDR procedures in a standard operating day, an achievement seen as impossible just a short time ago;
- A pilot program is underway to determine the proportion of patients eligible for breast seed brachytherapy, improve the technique, adapt it for different breast sizes and tumour locations and incorporate new 3D ultrasound technology;
- The PREDICT (Personal Response Determinants in Cancer Therapy) is now more than half-way to its goal of 20,000 participants, which will enable large-scale cancer and genomic research across many tumour types;

- More than 20 clinical trials are currently underway including breast, prostate, lung, bladder and lymphoid cancer.

-Source: Chantelle Funk, BC Cancer Foundation, 4 May 2016

## One Book. One Community. Reading Together.

### What is One Book?

One Book Kelowna is a community, in this case, Kelowna, coming together through the reading and discussion of a common book. Learn more about other One Book programs: the Wikipedia entry on One Book One City and Penguin Random House Canada's One Book One Community.

One Book is organized by the UBC Okanagan Library in partnership with Okanagan College and the Okanagan Regional Library. The book chosen by the committee for the 2016 One Book Kelowna program is *All True Not A Lie In It* by Alix Hawley.

Alix Hawley, studied English Literature and Creative Writing at Oxford University, the University of East Anglia and the University of British Columbia. She lives in Kelowna, BC with her family.

[Check back soon for information](#) on our 2016 events.

-Source: UBCO, August 2016

## Registration Now Open for Fall Art Classes at the Kelowna Art Gallery



It's back to school for artists too – registration for the Kelowna Art Gallery's fall art classes and workshops for youth and adults is now underway.

Don't miss your chance to take part in these high-quality, professionally instructed classes that run from September through December of 2016. People registering before September 4, 2016 will receive a 10% discount on fees.



You can sign up for painting in acrylics or watercolours, to drawing, cartooning, working with mixed media, or even modern calligraphy. Local professional artists Amy Burkard, Kendra Dixon, Jim Elwood, Ross Ladell, Linda Lovisa, Marzio Manderioli, Liz Ranney, Rena Warren, and Nicole Young, will lead the classes and workshops.

“Our focus is helping people to access and channel their creativity, as well as showing them how rewarding it can be to participate in the visual arts,” explains Laura Wyllie, Public Programming Coordinator at the Kelowna Art Gallery.

Most classes run for six weeks, and cater to both absolute beginners, as well as those of intermediate skill level. Beginners will learn the basic principles of their preferred medium, while also discussing, exploring, and expressing themselves through art. More advanced students will build on their existing skills through creative exercises to develop their abilities. Participants in all classes will complete and take home a number of works of art. Instruction by the Gallery’s art teachers is supportive, motivating, and inspiring.

The cost for each six-week-long series of classes is \$160 for the general public, and \$130 for members of the Kelowna Art Gallery.

In October and November, the Gallery will also be hosting a number of special weekend workshops including: Sculptural Felt Forms, led by artist Amy Burkard; a Watercolour Workshop, led by artist Linda Lovisa; a Beginner Caricature Workshop, led by artist Marzio Manderioli; and Modern Calligraphy for Beginners, led by Nicole Young. The cost for these workshops ranges from \$70.00 to \$105.00 for the general public, and \$55.00 to \$90.00 for members of the Kelowna Art Gallery.

New this fall are our Maker Workshops led by artist Ross Ladell that will be held on Thursday evenings. These workshops are open to people of all ages and will tackle intriguing projects such as designing your own t-shirt, creating a drawing robot, and creating your own mini lit-up marquee sign. Maker Workshops cost \$25.00 per workshop (\$20 for members) and \$125 (\$100 for members) for the entire six-class series.

A full listing and description of available classes can be found on the Gallery’s website at [www.kelownaartgallery.com](http://www.kelownaartgallery.com).

*-Source: Joshua Desnoyers, Marketing and Events Coordinator, Kelowna Art Gallery, 15 August 2016*

## **Hands in Service – Spaces for New Clients**

We have some openings for new clients this fall. Our services are limited to house cleaning, light meal preparation and laundry assistance.

At the moment we are sending teams of high school grades 11 and 12s with trained adult supervisors to client’s homes and we are opening our doors to about a dozen new clients.

The clients must meet ALL of the following criteria:

- Living in Kelowna (Rutland, Downtown, Mission up to Gyro Park and Glenmore to Cross Street)
- Living with Financial Need (unable to hire housekeeping assistance)
- Living with a Serious Physical or Medical Impairment (unable to perform housekeeping tasks on their own)

- Singles or Families, with adults between the ages of 19 to 64

-Source: Wendy McAlpine, Hands in Service, 23 August 2016

## Community Food Calendar

### The Salvation Army – New Locations



The Salvation Army has expanded its Community Life Centre services into West Kelowna. Recognizing the growing needs for supports within the Central Okanagan, people can now get help closer to home. The Salvation Army assists on average over 600 people & families a month throughout the Central Okanagan. This Christmas, the Food & Toy program will be registering out of both locations making Christmas easier for many families.

#### Services Provided:

**Physical Need Support:** Food, clothing, basic household, special programs for beds, back to school, taxes, sending kids to camp, and more throughout the year

**Emotional Support:** Caseworkers, facilitated counselling, support groups, equipping classes, advocacy, and more

**Spiritual Care:** One-on-one prayer, bible classes, hospital visitation, and more, as well as a Pastoral Team available

**Classes:** Various classes at each location from budgeting to parenting

#### Community Life Centre locations are:

- #101 - 3531 Old Okanagan Hwy Rd., West Kelowna
- 200 Rutland Rd. S, Kelowna

Appointments required Call: 250-765-3450

#### Ministry Office and facilities:

1480 Sutherland Avenue, Kelowna

### The Salvation Army – New Locations

The Salvation Army has expanded its Community Life Centre services into West Kelowna. Recognizing the growing needs for supports within the Central Okanagan, people can now get help closer to home. The Salvation Army assists on average over 600 people & families a month throughout the Central Okanagan. This Christmas, the Food & Toy program will be registering out of both locations making Christmas easier for many families.

#### Services Provided:

- Physical Need Support: Food, clothing, basic household, special programs for beds, back to school, taxes, sending kids to camp, and more throughout the year
- Emotional Support: Caseworkers, facilitated counselling, support groups, equipping classes, advocacy, and more
- Spiritual Care: One-on-one prayer, bible classes, hospital visitation, and more, as well as a Pastoral Team available
- Classes: Various classes at each location from budgeting to parenting

#### Community Life Centre locations are:

- #101 – 3531 Old Okanagan Hwy Rd., West Kelowna
- 200 Rutland Rd. S, Kelowna

Appointments required Call: 250.765.3450

Ministry Office and facilities: 1480 Sutherland Avenue, Kelowna

-Source: Donna, Emily and Morgan, Outreach Urban Health, 31 August 2016

## Community Food Resources September 2016



### Agencies That Offer Food Assistance

Canadian Mental Health Assoc.	504 Sutherland Ave.	250-861-3644
First United Church	721 Bernard Ave.	250-762-3311
Inn from the Cold	1187 Sutherland Ave.	250-448-6403
Kelowna Community Food Bank	1265 Ellis St.	250-763-7161
Kelowna's Gospel Mission	251 Leon Ave.	250-763-3737
Ki-Low-Na (Friendship Centre)	442 Leon Ave.	250-763-4905
Metro Community	*address changing*	778-478-9727
St. Michael & All Angels Church	608 Sutherland Ave.	250-762-3321
St. Vincent De Paul		
St. Charles Gemini	3645 Berwick Rd.	250-860-2536
St. Pius X	1050 Fisher Ave.	250-762-2577
St. Theresa	750 Rutland Rd. N.	250-765-0800
Immaculate Conception	839 Sutherland Ave.	250-826-5962
Our Lady of Lourdes (West Kelowna)	2547 Hubert Rd.	250-861-9965
Cedars Restaurant	130 Rutland Rd. S.	250-765-5522
Kelowna Christian Centre	905 Badke Rd.	250-762-9559
Ladies Haven Coffee House	1305 Hwy 33 W.	250-868-2238
Living Positive	168 Asher Rd.	778-753-5830
The Salvation Army – Rutland	200 Rutland Rd. S.	250-765-3450
Sikh Temple	1111 Rutland Rd. N.	250-765-7477
Willow Park Church	439 Hwy 33	250-765-6622
The Salvation Army – West Kelowna	101-3531 Old Ok. Hwy	250-768-1850
Westside Community Food Bank	2545 Churchill Rd.	250-768-1559

## Rutland Walk-In Clinic Closure

The Rutland Walk-In Clinic located at 590 Hwy 33 W in Willow Park Mall will close permanently effective August 20th, 2016.

[Find a list of alternatives on our Directory here.](#)

*-Source: Dawn Anthony, Information Development, Community Services, July 2016*

## Opening VAC Offices

Veterans Affairs Canada will open and staff offices in Charlottetown, Sydney, Corner Brook, Windsor, Thunder Bay, Saskatoon, Brandon, Prince George, Surrey and **Kelowna** by May 2017. The Kelowna location will open by November 2016.

The office will reopen with up to nine front-line staff. Staffing levels will be determined by the need and case-load of the office. The government will aim for a per-employee caseload of 25 to ensure case managers have the time and resources to serve clients.

Kelowna's Veterans Affairs office was closed by the Conservative government in February 2014.

*-Source: Castanet, August 2016*

## Project Literacy Excited About the Opportunity to Celebrate Literacy in the Community

Project Literacy Kelowna Society is excited to become the new host organization supporting the work of the Central Okanagan Partners for Literacy task group.

The task group is made up of a number of community education and social service representatives that work collectively to support the advancement of literacy in the Central Okanagan. Each participating organization plays its own role to open doors for residents of all ages who want to improve their literacy and essential skills. Collectively, the group works to identify the overall community need for literacy supports and to coordinate literacy activities through a Community Literacy Action Plan.

The group has been in operation for several years. You may recognize some of their efforts including the delivery of the local Interior Savings Unplug and Play Week Activities, delivered in partnership with a number of additional community partners. "This committee is really about partnership and cooperation among service providers in our community." says Project Literacy Kelowna Society Executive Director, Christine McWillis, "We look forward to continuing to grow these partnerships while celebrating literacy success in our area."

The Central Okanagan Partners for Literacy is supported by Decoda Literacy Solutions. We acknowledge the financial support of the Province of British Columbia through the Ministry of Education. If you are interested in getting involved or finding out more about the Central Okanagan Partners for Literacy task group, contact Project Literacy Kelowna Society today.

**For More Information:**

Christine McWillis, Executive Director  
Project Literacy Kelowna Society  
250.762.2163, [christine@projectliteracykelowna.org](mailto:christine@projectliteracykelowna.org)  
[More Information](#)

*-Source: Project Literacy Kelowna Society, 22 August 2016*

**OGO – Farewell Academy Hill Car**

Due to a non-renewal agreement with building management, OGO will no longer be able to directly service Academy Hill as of the beginning of September 2016. While this means that we will no longer have a vehicle near campus, we continue to grow our fleet and service in Kelowna and anticipate a new location for this vehicle in the very near future. We apologize for any inconvenience and are grateful for all the support we received over the past years making carsharing happen on and near to campus.

*-Source: Newsletter, OGO, 30 August 2016*

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- [INCREASE IN CANADA STUDENT GRANTS AND EASE IN DEBT REPAYMENT](#)

## **CRA Releases New Online Questionnaire – Is Charitable Registration Right for you?**

The Canada Revenue Agency (CRA) has recently released a new online questionnaire which is designed to provide the general public with basic knowledge to help make an informed decision when deciding whether or not to apply for charitable registration. There are many strategic factors to consider (in addition to those in the questionnaire) before applying for charitable status and which may affect your chances of becoming a registered charity. The questionnaire is designed to ask the participant basic questions relating to establishing a registered charity and provides detailed answers to each question for the participant to consider.

[Read More](#)

*-Source: Newsletter, Blumberg Segal LLP, 29 July 2016*

## **Article: Planning for a National Child Care System**

Policy Opinions – Excerpt: “Constitutionally, the provinces have the main responsibility for child care. Since the 1970s, federal governments have made several attempts to advance child care, but a comprehensive national plan has never become a reality. Each province/territory has instead developed its own policies to address ECEC, in ways that are quite similar but often less than effective. Today, no province or territory has a comprehensive plan based on the best evidence, although they all recognize that more needs to be done to support children’s development and families’ needs for care.”

[Read More](#)

*-Source: Newsletter, CATCH, 10 August 2016*

## **The Future of Policy Advocacy by Charities in Canada**

Seventy-three charity sector leaders and experts came together in Calgary to debate and discuss how the sector would like its public policy advocacy to be valued and regulated by Canadian governments.

“Charities play a critically important role in the development of public policy in Canada. They

bring a range of expertise and a set of values to policy development that would otherwise be under-represented or absent. Most agreed that, given their role in Canadian society, charities have a moral obligation to engage in policy development.”

The consultation was the capstone event for the term of Dr. Roger Gibbins as Senior Fellow at Max Bell Foundation. Dr. Gibbins three-part series on advocacy by charities on public policy issues published in *The Philanthropist* is [available here](#).

[Read More](#)

*-Source: Newsletter, The Philanthropist, 23 August 2016*

## **Increase in Canada Student Grants & Ease in Debt Repayment**

First Call has long called for the federal and provincial governments to remove financial barriers for low-income students and to lower student debt levels.

Late July, the federal government announced that, beginning August 1, 2016, Canada Student Grant amounts will increase from \$2,000 to \$3,000 per year for full-time students from low-income families; from \$800 to \$1,200 per year for students from middle-income families; and from \$1,200 to \$1,800 per year for part-time students from low-income families.

Beginning November 1, the government will also ease the rules on its Repayment Assistance Plan. No borrower will be required to make any repayment until he or she is earning at least \$25,000 per year.

[Read More](#)

*-Source: Newsletter, The Child and Youth Advocate, 25 August 2016*

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- [NEW FUNDING SUPPORTS CHILD AND YOUTH MENTAL HEALTH IN BC](#)
- [\\$50,000 FOR PAIN BC SUMMIT WITH FOCUS ON STRATEGY FOR TREATING CHRONIC PAIN](#)

## Provincial Government Aiming to Cut Down Kelowna Youth Crime

With a newly announced grant, the Province of British Columbia is funding a program to help prevent young people from getting involved in crime in the Okanagan.

The program will go over life skills like assertiveness, boundary-setting, problem-solving and conflict resolution.

“Local organizations like the Okanagan Boys and Girls Club play a crucial part of front-line work by reaching young people where they live and steering them away from potential involvement in crime and gang activity,” Minister of Public Safety Mike Morris said. “This year, we’ve dedicated nearly \$2 million in civil forfeiture proceeds to dozens of gang and youth crime prevention projects like this throughout the province – offering critical early intervention to support safer, stronger communities and the Province’s broader Guns and Gangs strategy.”

[Read More](#)

*-Source: KelownaNow, 19 July 2016*

## Governments of Canada and British Columbia Unveil Details of BC Transit Projects

Safe, modern and efficient public infrastructure ensures the well-being of British Columbia communities.

The governments of Canada and British Columbia are committed to supporting infrastructure that helps get people to good paying jobs and back to their families after a hard day’s work.

Premier Christy Clark and Kelowna-Lake Country MP Stephen Fuhr, on behalf of the Honourable Amarjeet Sohi, Minister of Infrastructure and Communities, unveiled details today for projects totalling almost \$160 million in federal and provincial funding for BC Transit projects. The funding will support new facilities, buses and technologies that will improve safety for passengers and drivers, and make taking public transit more convenient and efficient.

[Read More](#)

*-Source: Twitter, BC Government News, 20 July 2016*

## **New Funding Supports Child and Youth Mental Health in BC**

To further support the positive mental health and well-being of British Columbia children, youth and families, the Province is investing \$850,000 in the F.O.R.C.E Society for Kids' Mental Health.

The F.O.R.C.E. society will use the funds to strengthen their supports for B.C. families, including evaluating and enhancing their Parent and Youth in Residence Program, developed in 2011. Based on their own lived experience, parents and youth offer peer support, education, mentorship and assistance to young people, families and caregivers in navigating child and youth mental-health services.

To date, there are 16 parent in residence (PiR) and two youth in residence (YiR) mentors working in the province's five health regions: Vancouver Coastal, Vancouver Island, Fraser, the Interior and the North. Since 2011, these programs have helped more than 10,000 young people, families and caregivers each year throughout B.C. to realize that they are not alone in their struggles and that there are a variety of supports and services that can help them. In addition, the F.O.R.C.E. also supports a significant number of service providers who are looking for assistance in helping young people and families.

[Read More](#)

*-Source: BC Government News, 27 May 2016*

## **\$50,000 for Pain BC Summit with Focus on Strategy for Treating Chronic Pain**

Health Minister Terry Lake announced \$50,000 in new funding to Pain BC today.

The funding will help support the organization's second pain summit and help develop a pain management and opioid harm reduction strategy. The summit will create a space for sharing best practices for treating chronic pain and moving towards solutions.

"Chronic pain is an often invisible challenge for the one in five British Columbians who live with it every day," Lake said. "Pain BC has been making great strides in supporting patients and their families. This funding will assist with their efforts to share and gain knowledge in this emerging facet of patient care and help ensure more supports for British Columbians living with chronic pain."

The first pain summit was held in June 2011 and planning for the second summit is underway. It is expected to take place in early 2017. The goals of the two-day event are to encourage dialogue, identify and prioritize issues and challenges, determine potential solutions and map out a path for action. It will bring together patients, researchers, policy makers, health-care providers and various other stakeholders who will meet to build on the last summit and move pain management forward in B.C.

[Read More](#)

*-Source: BC Government News, 22 July 2016*

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# Research

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- [4 MYTHS ABOUT YOUNG PEOPLE & NONPROFIT WORK](#)
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## Hey, you got a Little Racism Stuck in your Teeth

Recently, there was a news story claiming there's no evidence that flossing actually does anything. I fell on the ground weeping with joy. Yes, complete exoneration! Take that, you dentists and dental hygienists, with your judgy eyes above your mouth covers. Now, I just need to find a study that says exercise is completely useless, and I can keep lounging on the couch, watching Veep and gnawing on an ear of corn and not feel any guilt. (What, like your Saturday nights are sooooo much more exciting).

But dang it, snopes.com just ran this fact-checking article that says, nope, the study's methodology is flawed, and we still need to floss. Apparently, dental professionals consider not flossing so damaging that it would be unethical to subject a control group to several years of it, hence the lack of evidence of flossing's effectiveness. So, back to the sink for all of us.

So, what does this have to do with anything? With all the tension in our society regarding race, gender identity, sexual orientation, religious freedom, age, ability, and other critical aspects of people's identity, I see more and more of us walking on egg shells. There seems to be so many landmines out there that many of us are terrified of making mistakes and being labeled racist, sexist, ageist, ableist, xenophobic, homophobic, etc. These are all very serious charges, and the fear of being called out makes us want to stay silent, fearing that a single mistake can cost us our reputation, our jobs, our relationships, even the existential core of who we are as decent human beings.

[Read More](#)

*-Source: Newsletter, Nonprofit with Balls, 8 August 2016*

## 4 Myths about Young People & Nonprofit Work

There is a widespread perception that nonprofits face a looming leadership crisis. Many senior leaders are expected to retire in coming years, and we are increasingly aware that most organizations do not have a succession plan in place. However, this is perhaps only the most top of mind talent challenge facing nonprofits. As big a problem as leadership succession, is ensuring that nonprofits can attract and retain young workers in the early stages of their careers.

Anecdotally, we see young nonprofit workers leaving the sector for other opportunities, but we don't fully understand why. With this in mind, we conducted a series of exploratory interviews with thirteen young nonprofit workers in their early and mid-careers. In these conversations, they offered perspectives on a number of common myths they believe are hurting nonprofits' ability to attract and retain young staff.

**Myth 1: Young people need to pay their dues.**

Participants viewed themselves as having paid their dues and then some. Most said their entry into nonprofit work had been through a series of volunteer roles, internships, and short-term contracts, all in the hopes of securing stable employment. They noted that traditional entry-level positions have increasingly been replaced by this type of unpaid and precarious work. The net effect is that nonprofit employers demand far more of young employees, in terms of work experience and commitment to the cause, than ever before.

### **Opportunity for employers:**

When accessing nonprofit employment is this difficult, young people are worn down before they even begin working, and organizations miss out on great candidates that can't jump over these hurdles. One way nonprofits can offset some of the instability and precarity young workers face is through open communication. Employers can tell staff why their contract is short-term – is it because of the terms of a grant or because the organization faces funding issues? Is the employee being tested before being offered a more permanent role? This kind of clarity helps workers understand the organization's commitment and allows them to plan for the future. In turn, organizations will benefit from greater employee loyalty and trust.

[Read More](#)

*-Source: Newsletter, Imagine Canada, 23 August 2016*

## **Do you know the Six Types of Corporate Social Initiatives?**

Companies across Canada and around the world, from “Mom & Pop” shops to multinationals, are making serious efforts blend profit and purpose. Whether it's called ‘corporate citizenship’ or ‘cause marketing’, a huge amount of jargon has emerged around the concept of integrating cause and commerce.

The 2012 book *Good Works!* written by Companies & Causes Canada founder David Hessekiel, professor of marketing Phillip Kotler, and social marketing expert Nancy Lee offers a comprehensive way to categorize the many ways companies do well by doing good. Understanding these categories can help nonprofits lead a richer discussion with current and potential corporate partners, enabling a more thorough exploration of all potential opportunities.

[Read More](#)

*-Source: Newsletter, Village Vibes, Charity Village, 15 August 2016*

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- [IS YOUR NONPROFIT WORKPLACE CONTRIBUTING TO MENTAL HEALTH OR MENTAL ILLNESS?](#)
- [I’VE WRITTEN THE PERFECT FUNDRAISING APPEAL, BUT MY BOSS WON’T LET ME USE IT!](#)

## Save 25%-50% on Family Life Resources

The BC Council for Families’ online bookstore carries a variety of easy-to-read pamphlets and booklets on parenting, relationships, mental health and more. The sale is on from August 29, 2016 – September 16, 2016.

We’re offering 25% off our redesigned resources including:

- [Child Development Series](#)
- [Fatherhood Pamphlet Series](#)
- [Relationship Series](#)

We’re offering 50% off selected resources including:

- [Guide for Busy Parents](#)
- [Parenting through Separation and Divorce](#)
- [Building Your Stepfamily...a Blueprint for Success](#)

We can also customize resources with your organization’s name and logo. For more information on customization, please email [bccf@bccf.ca](mailto:bccf@bccf.ca).

\*Sale excludes Odin Books and Nobody’s Perfect Parenting resources

Save 10% on the following professional trainings from August 29th to September 16th

- [Nobody’s Perfect Facilitator Training: Burnaby, September 19-22, 2016](#)
- [Queering the Family Tree: Webinar, September 21, 2016](#)
- [It’s a Dad’s Life: Vancouver, October 6, 2016](#)
- [Integrated Strategies for Home Visitor Training: Vancouver, October 24-27, 2016](#)
- [Becoming Trauma Informed in Family Support Work: Vancouver, November 3, 2016](#)
- [More Trainings](#)

-Source: Newsletter, BC Council for Families, 24 August 2016

## El Maternity Benefit Clawback to Hit another Family

Here is another example of a provincial clawback of maternity benefits that puts a family's health at risk by plunging them into deep poverty.

Excerpt:

A pregnant woman with a partner on disability is scrambling in Chilliwack after being told her maternity benefits will be clawed back "dollar for dollar" by the provincial government.

The laws that permit the clawing back of benefits are "outdated and discriminatory," said Samantha Hilliard, an employee with Ann Davis Transition Society.

[Read the full article](#) from the Chilliwack Progress.

*-Source: Newsletter, First Call, BC Child and Youth Advocacy Coalition, 5 August 2016*

## New ShelterSafe.ca Video for Women & Children Fleeing Abuse

[ShelterSafe.ca](#) lets women know how and where to get help escaping an unsafe home life. It's been a life-saving source of information to women and their children living in abusive homes across Canada.

There is a short (one minute) video to let them people know ShelterSafe.ca is available 24 hours a day with contact information for over 400 shelters in all parts of the country.

See the video on [ShelterSafe.ca](#) or on the [ShelterSafe.ca Facebook page](#)

*-Source: Newsletter, The Child & Youth Advocate, 22 August 2016*

## Emergency Management for Nonprofits

While it's hard to look away from a disaster, it can be even harder to plan for one. It's simply human nature that we would rather deal with today's problems today and leave tomorrow's disasters for...how's next week? This is the quintessential example of urgent displacing important. As a full time emergency manager, many of the folks I run into are fascinated by my job, wanting to hear all about the latest threat—be it Ebola, earthquakes, or Zika. But when the conversation comes around to it, they are much less engaged about preparing for themselves or their company. Where does that leave the Executive Director, the board or, most importantly, the mission of your agency?

[Read More](#)

*-Source: Newsletter, Nonprofit Technology Network, 25 August 2016*

## Repurpose Your Content for Consistent Storytelling

Many years ago, I was executive producer for a network TV show on a Christian broadcasting network for a very large ministry. The show aired on Friday nights in primetime. It was a big deal. I produced one show about their Christian school, which I thought was an amazing program that people would get behind. The show aired, and the next day, the agency that we worked with sent us an eleven-page report on why that show was really bad. The show, like most all nonprofit marketing, was a campaign for “new names”. It was a good show, but obviously, it didn’t do that well, or so we thought.

Right around six months later, we were in a bind and I had to rerun a show. I don’t remember the exact reasons why, but I do remember that I was left with little choice but to rerun that same show. Interestingly enough, the next day I received an email from that very same agency that wrote eleven pages of why I should never air that show ever again with just one line that read, “I don’t know what you did last night, but keep doing it”. True story!

[Read More](#)

*-Source: Newsletter, EveryAction, 22 August 2016*

## “Eh”ffecting Social Change: Canadian Style

Toronto’s own Furniture Bank was just featured in the Charity Defense Council’s thought-provoking “I’m Overhead” ad campaign. The series of ads is challenging the public to rethink what they know about overhead — and shifting the core narrative from one defined by cost to one that celebrates impact.

As President & CEO of Imagine Canada and a member of the Charity Defense Council’s advisory board, the campaign has me dreaming of a new era for Canadian charity. The future I’m envisioning has me more inspired than ever.

[Read More](#)

*-Source: Newsletter, Nonprofit Newswire, Imagine Canada, 17 August 2016*

## A Graphic Re-visioning of Nonprofit Overhead

Most nonprofit leaders agree that we need a new way to communicate about the true costs of our programs and the vital importance of strong organizational infrastructure. But we have not yet developed a simple, consistent message when sharing our view with potential supporters and investors. We are stuck with old terms and old images.

The following series of images and descriptions is really a blog in pictures. How we visualize our understanding of nonprofit structure and programs shapes the overhead debate. It’s time to get graphic about our new ideas—to deploy fresh images to help educate the public, our funders, and ourselves.

[Read More](#)

*-Source: Nonprofit Newswire, Imagine Canada, 16 August 2016*

## **Let's Make Basing Pay on Salary History Illegal in all 50 States**

Recently, Massachusetts became the first state ever to make it illegal for employers to ask for job candidates' salary history before making a job offer. This is so awesome that I ditched work and got some soy ice cream to celebrate.

For a while, I've been arguing about how crappy it is for employers to not disclose salary ranges in job posting, and how ridiculously archaic and bizarre that we still base people's salaries on their previous salaries. Nothing else in our society operates like that. Imagine if someone goes to a restaurant, and at the end of the meal, the waiter comes by and the customer says, "So, can I ask how much the last person who ate here paid? \$24? Well, then I'm paying you \$26.40 for my meal. That's a generous 10% increase."

[Read More](#)

*-Source: Newsletter, Nonprofit with Balls, 15 August 2016*

## **Brief Survey on your Experiences with Canada's Anti-spam Law**

Canada's Anti-Spam Law (CASL) came into force just over two years ago. Imagine Canada was an active intervenor in its passage and implementation and, with others, we were successful in securing key concessions for charities.

The law includes a requirement that its "provisions and operations" be reviewed by Parliament—this is due to occur in 2017. In preparation, we would like to hear about your organization's experiences with CASL, so that we can accurately represent the charitable and nonprofit sector's perspective to government.

With that in mind, we have prepared a brief online survey. It should take between five and seven minutes to complete. It is anonymous and all responses will be kept confidential.

[Take the Survey](#)

We also invite you to forward the link to anyone else in the charitable or nonprofit sector you think would want to share their experiences.

We will be producing a public summary report of survey responses. If you wish to be sent a copy directly, you can indicate this in your response.

If you have any questions or comments about the survey, please contact Emily Cordeaux, Research & Evaluation Coordinator ([ecordeaux@imaginecanada.ca](mailto:ecordeaux@imaginecanada.ca) or 1.800.263.1178 ext. 303).

*-Source: Newsletter, Imagine Canada, 11 August 2016*

## Requiring Formal Education as a Default is an Inequitable Hiring Practice we Need to End

Recently, I've been seeing more and more job postings list the salary range. This is awesome. As awesome as the Netflix series "Stranger Things," which I binge-watched in three days in lieu of sleeping. As I mentioned, not listing salary is inequitable, punishing women and people of color and wasting everyone's time; and the corollary practice of asking for salary history is as evil and gross as the monster in "Stranger Things" and also must be destroyed.

But now, we also need to focus on another pervasive and inequitable hiring practice: our default of requiring a formal degree for practically every job in our sector. If you look at job postings, you'll likely see language like "Bachelor's degree in related field required" or "Bachelor's required, Master's preferred." Even for entry-level positions. This mention of a formal degree in job postings is so ingrained in all of us that it is seen as normal, and we don't even stop to think about it. It's kind of like having a veggie platter at a party; it doesn't matter how many people will actually eat the celery sticks and raw cauliflower florets—basically three people—we must have the giant veggie platter!

[Read More](#)

*-Source: Newsletter, Nonprofit With Balls, 29 August 2016*

## Everyday People are Heroes: Using Big Data to Engage New Agents of Change Online

In mid-July, NASDAQ announced that Blackbaud acquired [Attentive.ly](#) – a pioneering social listening and marketing automation tool co-founded by Rosalyn Lemieux, Cindy Mottershed and myself in 2012 — to offer nonprofits more innovation and better insights around list engagement.

Did you miss it? This is awesome news for nonprofits! Why?

It's a rare acquisition of a female founded tech startup and the first time a tech startup with a black female founder on board has been acquired by a NASDAQ-traded company. #BlackHistory – We're very excited! The merger will put Attentive's groundbreaking big data software – that helps nonprofits identify & ally with the social media superstars hidden in their email lists – into the workflows of over 35K nonprofits worldwide. Yay!

[Read More](#)

*-Source: Newsletter, Beth's Blog, 26 August 2016*

## Is your Nonprofit Workplace Contributing to Mental Health or Mental Illness?

Mental health issues don't occur in a vacuum. Symptoms like depression, anxiety, PTSD and addictions are typically triggered by stressors at home and at work. Whether it be financial

pressures, grief and loss, physical illness, relationship struggles, employee conflict, demanding deadlines, or bullying and/or harassment, employees are confronted with challenges to their psychological wellbeing everyday. Sometimes an individual's coping systems are not adequate to manage these challenges and they may find themselves suffering from a mental illness.

Statistics Canada reports:

- 27% of working adults said they felt a lot or an extreme amount of stress on a daily basis;
- 62% of respondents reported work as the main reason for their stress.

[Read More](#)

*-Source: Village Vibes, Charity Village, 29 August 2016*

## **I've written the Perfect Fundraising Appeal, But My Boss Won't Let Me Use It!**

What is your biggest fundraising challenge? For many fundraisers, the answer is "fundraising by committee."

In fact, when I asked my readers to share their greatest challenges in creating their organizations' fundraising appeals, their answers were telling.

One CEO wrote:

I write an appeal, which is then taken to two committees and then the board. Each group edits the letter, adding things for the reader to do and, in the end, confusing enough of them that they take no action. I tell the various members that we can't ask our donors to choose among four different options, but they think that more is better.

[Read More](#)

*-Source: Newsletter, EveryAction, 29 August 2016*

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# Social Media & Tech

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- [3 MAJOR WAYS TO ACCOMPLISH OFF-PAGE SEO](#)
- [ACTIONABLE ON-PAGE SEO FIXES: SIGNIFICANTLY IMPROVE YOUR SITE'S TRAFFIC](#)
- [WEBINAR: DATA VISUALIZATION](#)

## The Facts on Millennials & Twitter

We all know social media is the preferred means of connecting among millennials. We also understand it provides our nonprofit with an invaluable communication tool that lets us connect with potential donors, volunteers, and constituents across the globe.

The millennial, though, is the demographic that seems to be keeping nonprofits stumped. Why can't we crack their code? Why is it so [difficult for nonprofits to engage millennials](#) than any other demographic?

With [26% of all millennials actively using Twitter](#), and 59% having an account on the most pervasive social media network in the world, leveraging the influence of this social platform is imperative to your nonprofit's effectiveness at penetrating millennials.

[Read More](#)

*-Source: Newsletter, Tech Impact Blog, 8 August 2016*

## How to get People to Read & Click on your Nonprofit's Emails

When you're crafting emails for your nonprofit, you need to get people to open the message – so you need to know how to write great email subject lines. But once the message has been opened, what can you do to ensure people keep reading your message and then click on your links?

This is a question I've received from a few blog readers. I love answering reader questions, but the truth is, I'm not an email marketing specialist. So, I turned to a few copywriting and content marketing pros and I asked them for their top tips.

[Read More](#)

*-Source: Newsletter, moflow, 24 August 2016*

## Nonprofits: 10 Social Media Benchmarks

We are currently in a social media transition period. Referral traffic, reach, and engagement are on the decline for those that do not have large followings and a social media advertising budget. All nonprofit social media campaigns – even those of large, well-funded organizations – can be improved upon.

Here are 10 social media benchmarks your nonprofit should strive for:

### 1. Blogging at least twice monthly.

We've all heard it. Storytelling is the buzzword of 2016 – and for good reason. You need to write stories about the positive impact your nonprofit is making so you have a good story to share with your followers on social media, in email, and in your newsletter. However, just as important as the story itself, it how it is presented online. It should be published in a large font, have plenty of visual content, and a clear call-to-action.

[Read More](#)

*-Source: Newsletter, Tech Impact Blog, 22 August 2016*

## 3 Major Ways to Accomplish Off-Page SEO

I wrote this to help people who hate the idea of having to do on-site SEO. What is that you say?

On-site SEO is the act of writing optimized content, keyword-focused and customer centric and it's the act of writing optimized titles and meta descriptions.

Sure all those things are asked of you if you want Google and other major search engines to take notice of your online profile but there are ways to go about doing off-page SEO to accomplish similar goals to the on-site stuff.

**On-page search engine optimization** is definitely one of the key methods provided you would like to improve the results of your website's visibility.

However, on-page SEO often entails technical skills. Why? Not a lot of people are HTML enthusiasts. This is often what needs to be tweaked to do an excellent job in optimizing web pages. Sure WordPress has plugins you can use for SEO like Yoast and All In One SEO (My favorite) but you still need experience in writing keyword-focused headlines, titles and meta tags.

[Read More](#)

*-Source: Newsletter, LinkedIn, 11 August 2016*

## Actionable On-Page SEO Fixes: Significantly improve your Site's Traffic

Search Engine Optimization (SEO) is extremely important for your website's health. SEO techniques will increase your website's traffic when you pair quality content with the proper target keywords to ensure a positive user experience.

Focusing on link building is no longer enough. In this article, we will discuss the ideal optimized website and how you can achieve plenty of site traffic by doing more than just building, buying and selling links.

### Improve your Relevance

You need to check your content and tags. If there are title tags that are unrelated to the content of your website, your audience will have a harder time finding you and you'll end up misleading visitors and readers.

[Read More](#)

*-Source: Newsletter, TechSoup, 30 August 2016*

## Webinar: Data Visualization

**Date:** Thursday, September 15, 2016, 11:00 am

[Register Now](#)

Join Tech Impact's Data Analyst and Storyteller, Jordan McCarthy, to learn about Data Visualization. Nonprofits are able to better show and understand the impact of their programs and services by using Data Visualization tools and tricks. Jordan will cover why Data Visualization is important, provide examples, explain costs and run through quick demos of popular tools including Tableau, Power BI, Power Query and Advanced Excel tools.

*-Source: Newsletter, Tech Impact, 30 August 2016*

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# Training

- [SAFETALK COURSE](#)
- [SUICIDE AND THE WORKPLACE](#)
- [FREE INFORMATION NIGHT: HOW TO BECOME A CHILD CARE PROVIDER](#)
- [MOTIVATIONAL INTERVIEWING: FACILITATING CHANGE](#)
- [THE SALVATION ARMY – WORKSHOPS & TRAININGS](#)
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- [WEBINAR: DIGITIZING OURSELVES TO DEATH](#)
- [CONFERENCE – THE 5TH HEALTH AND WELLBEING IN CHILDREN, YOUTH, AND ADULTS WITH DEVELOPMENTAL DISABILITIES](#)
- [DIFFICULT CONVERSATIONS](#)
- [CASE MANAGEMENT: PRINCIPLES, COMPETENCIES & BEST PRACTICES](#)

## safeTALK Course

**Date:** Wednesday, September 7, 1:00 pm – 4:30 pm

**Location:** CMHA Kelowna, 504 Sutherland Avenue, Kelowna

**Cost:** \$52.50

[Register Now](#)

safeTALK is a half-day alertness training that prepares anyone over the age of 15, regardless of prior experience or training, to become a suicide-alert helper. To learn more, visit our Workshops page or the LivingWorks website.

Training features:

- Presentations and guidance from a LivingWorks registered trainer
- Access to support from a local community resource person
- Powerful audiovisual learning aids
- The simple yet effective TALK steps: Tell, Ask, Listen, and KeepSafe
- Hands-on skills practice and development

**Registration Deadline:** Monday, September 5, 2016

*-Source: CMHA, August 2016*

## Suicide and the Workplace

**Date:** Friday, September 9, 2016, 12:00 pm – 1:00 pm

[Register Now](#)

Suicide is not a topic that we gravitate to because it is sad and even scary. But all of us need to learn how to increase our comfort level in talking about suicide if we want to help prevent it. This dynamic session on suicide and the workplace is designed to provide individuals and organizations with practical information and insights on how to help someone who is suicidal.

*-Source: Newsletter, Mind Matters, 27 July 2016*

## **FREE Information Night: How to Become a Child Care Provider**

**Date:** Thursday, September 11, 2016, 6:00 pm – 7:00 pm

**Location:** Kelowna Child Care Society, #4 – 1890 Ambrosi Road, Kelowna

**Cost:** Free

Come to our information night to learn more about the benefits of becoming a Registered License not Required (RLNR). Some of the benefits and services are listed below.

CCRR Services:

- Onsite email/telephone consultation
- Start-up support
- Training in:
  - Child Development
  - Behaviour Strategies
  - Health, Safety & Nutrition
  - Working with families

Benefits of becoming a RLNR:

- Increased Child Care Subsidy Rates
- Free Child Care Referrals to your program
- Low cost training
- CCRR support
- Child Care Operations Templates
- Quality & Safe Child Care in your own home

Please Pre-register/more information:

250.762.3536 ext 205, [resource@kelownachildcare.com](mailto:resource@kelownachildcare.com)

[www.kelownachildcare.com](http://www.kelownachildcare.com)

*-Source: Janice Reilly, Acting CCRR Program Coordinator, Kelowna Child Care Society, 2 August 2016*

## **Motivational Interviewing: Facilitating Change**

**Dates:** Fridays, September 16 – October 14, 2016, 9:00 pm – 10:15 pm PST

[Register Now](#)

Motivational Interviewing (MI) is a collaborative style for strengthening a person's own motivation and commitment to change. Based on the 2013 edition of *Motivational Interviewing: Helping People Change*, this five-week course encompasses the underlying mindset, core skills, and methods of MI. Participants engage in learning through webcasts, written materials, videos,

exercises, and practice opportunities. Course instructors are experienced members of the Motivational Interviewing Network of Trainers (MINT).

*-Source: Newsletter, t3, 25 July 2016*

## The Salvation Army – Workshops & Trainings

### **Budgeting & Shopping on a Budget**

**Dates:** Thursday, September 15 – October 20, 9:00 am – 11:00 am

**Location:** Community Life Centre, 200 Rutland Road South, Kelowna

Register Now by phone at 250.860.2329 or [office@kelsa.ca](mailto:office@kelsa.ca)

Budgeting & Shopping on a budget If you find yourself out of money before the end of the month, this program is for you!

We will meet in a group setting to share practical money saving tips and budgeting strategies that might help you get further ahead with some planning peer support.

### **First Aid**

**Date:** October 26, 2016, 8:00 am – 10:00 pm

**Location:** Community Life Centre – Westbank, #101 – 3531 Old Okanagan Hwy, Westbank

Register Now by phone at 250.860.2329 or [office@kelsa.ca](mailto:office@kelsa.ca)

First Aid skills are always helpful to have for life and work. This is a limited registration so don't wait to sign up.

Note: First Aid is valid for 3 years and you will need to provide proof of the last completion in order to re-certify.

For a listing of all the workshops offered by the Salvation Army, [visit their website](#).

*-Source: The Salvation Army, August 2016*

## Nobody's Perfect Facilitator Training

**Date:** Monday, September 19-22, 2016

**Location:** Executive Suites Hotel and Conference Centre Burnaby, 4201 Lougheed Highway, Burnaby

**Cost:** \$385

[Register Now](#)

Nobody's Perfect is a parenting education program where parents can safely share their experiences and concerns and receive the support of other parents.

This crucial program, developed in Canada for Canadian parents of every cultural community, has been consistently demonstrated to positively impact the parenting knowledge, skills and confidence of participants. For parents in particularly stressful situations – when there simply isn't enough money, when they're new to the community or to the country, when they're young, or under-educated, or struggling without a partner or family support – being part of a supportive

group of parents who understand and share their difficulties can make all the difference.

### **Who is this training for?**

The Nobody's Perfect facilitator training is specifically aimed at those with previous experience and/or education in facilitating groups and working with children, youth and families. You will be comfortable with the basic principles of adult education, currently employed with or volunteering at a multi-service or family support organization, and passionate about supporting families in all their diversity.

### **How will I benefit?**

After attending this training, you will have developed:

- Knowledge of Nobody's Perfect program objectives and materials
- Increased awareness of the principles of adult education and their application to the Nobody's Perfect program parents
- Enhanced skills in assessing the needs of parent groups
- Ability to plan and direct program sessions
- Enriched practical facilitation skills

*-Source: Newsletter, Know Families, BC Council for Families, 5 July 2016*

## **Where Ends Don't Meet: A Roundtable on Child and Family Poverty in BC**

**Date:** Tuesday, September 20, 2016, 7:00 pm – 8:30 pm

**Location:** Djavad Mowafaghian World Art Centre, Goldcorp Centre for the Arts, 149 W. Hastings Street, Vancouver

**Cost:** Free

[Register Now](#)

Child and family poverty continue to reach crisis levels in BC. One out of five children in the province live in poverty. Child and family poverty affects the health and well-being of many in our community and profoundly shapes access to opportunity. Amidst school closures, growing rates of homelessness, and persistent inequality, there still is no plan in place to address poverty in our province. This panel will discuss the impacts of child and family poverty in BC and offer policy ideas for civic governments to consider.

Speaking on the panel will be Viveca Ellis, from the Single Mothers Alliance; Adrienne Montani, Provincial Coordinator for First Call BC; Bill Beauregarde, a Community Coordinator for the Aboriginal Front Door Society; and a family from the Downtown Eastside Neighbourhood House.

This panel creates space for families to come together and discuss the impact of poverty and the need for change. Everyone is welcome, including academics, community members, and service providers. There will be a volunteer run kids' corner, light snacks, and refreshments.

Transit subsidies are available and there will be a family friendly dinner served at the Downtown Eastside Neighbourhood House (573 E Hastings St, Vancouver) at 5:30 pm before heading to the panel.

*-Source: Newsletter, First Call, BC Child and Youth Advocacy Coalition, 20 July 2016*

## Webinar: Queering the Family Tree

**Date:** Wednesday, September 21, 2016, 8:30 am – 11:30 am

**Cost:** \$30

[Register Now](#)

Welcoming lesbian, gay, bisexual, trans and queer (LGBTQ) people and families into programs and services can mean taking practical steps such as redesigning intake forms, putting up posters, or incorporating books that reflect diversity. It can also mean deepening your understanding of how assumptions about gender, sexuality, and family composition shape your everyday practice.

In this online webinar, trainer Rachel Epstein will explore what it means to effectively work with LGBTQ families, addressing issues for those working with families from preconception to preschool. In this training you will:

- Clarify commonly-used terms, definitions, and language related to LGBTQ identities & communities
- Reflect on common barriers to effective work with LGBTQ families
- Develop awareness of particular challenges facing LGBTQ parents and their children
- Explore practical suggestions for making programs & services more accessible and welcoming to LGBTQ people

*-Source: Newsletter, Know Families, BC Council for Families, 5 July 2016*

## Goldilocks and the Three Sponsorship Proposals

**Date:** Thursday, September 22, 10:00 am

**Skill Level:** Introductory. Great for those new to fundraising and sponsorship, as well as fundraising veterans looking to refine their approach to creating sponsorship packages.

**Cost:** Free – Space is limited so register early to avoid disappointment

[Register Now](#)

Looking at the full spectrum of the sponsorship sales process, Chris will discuss:

- Sponsorship case studies outlining common mistakes and best practices
- Determining how much to charge for your sponsorship levels
- The end of “Gold, Silver, Bronze” sponsorship packages and what to replace them with
- Prospecting secrets to get your sponsors to tell you exactly what they want and what they are willing to spend money on
- Using activation and fulfillment to write next year’s sponsorship package

*-Source: Newsletter, Village Vibes, Chairty Village, 29 August 2016*

## ASIST Workshop

**Date:** September 22-23, 9:00 am – 4:30 pm

**Location:** Boys and Girls Clubs (Jaycees Downtown Youth Centre), 1633 Richter Street, Kelowna

**Cost:** \$299.25 (Includes materials and GST)

[Register Now](#)



Applied Suicide Intervention Skills Training (ASIST) is for everyone 16 or older—regardless of prior experience—who wants to be able to provide suicide first aid. Shown by major studies to significantly reduce suicidality, the ASIST model teaches effective intervention skills while helping to build suicide prevention networks in the community. To learn more, visit our Workshops page or the LivingWorks website.

Workshop features:

- Presentations and guidance from two LivingWorks registered trainers
- A scientifically proven intervention model
- Powerful audiovisual learning aids
- Group discussions
- Skills practice and development
- A balance of challenge and safety

\*Please note that subsidized pricing may be available for students, volunteers, non-profit employees, and groups. Please contact us for details.

**Registration Deadline:** September 19, 2016

*-Source: Newsletter, Know Families, BC Council for Families, 5 July 2016*

## Developing Your Identity, Skills, and Confidence as a Supervisor

**Dates:** Thursdays, September 22 – October 20, 2016, 12:00 pm – 1:15 pm PST

[Register Now](#)

Good supervision cultivates our professional and personal development, enhances technical skills, raises accountability, and improves client outcomes. It also furthers the implementation of best practices.

Join us for a five-week course that focuses on the development of supervisory skills. We will emphasize supervision as a relationship and focus on supervision's core functions: administrative, evaluative, educative, and supportive. Concepts from Motivational Interviewing and trauma-informed care will inform our conversation.

*-Source: Newsletter, t3, 25 July 2016*

## It's a Dad's Life

**Date:** Thursday, October 6, 2016, 9:00 am – 4:00 pm

**Location:** 1183 Melville Street, Vancouver

**Cost:** \$140

[Register Now](#)

Understanding and engaging men on their journey as fathers.

This highly interactive and practical workshop will build your capacity to better understand and

engage the men in your community. Based on research and practical experience, It's a Dad's Life looks at:

- The experiences of dads today: who are they and what makes them tick?
- How men parent and why it is good for kids
- What men are looking for from services and programs
- Overview of a strengths-based approach to serving men
- Assessment of present practice
- Strategies for marketing to men, including flyer do's and don'ts, and the use of social media
- Specialized resources available and how to best use them
- Engaging moms about father involvement
- Women working with men: some tips, ideas, and things to watch out for
- Developing an action plan to determine next steps

Lunch will be provided at a restaurant.

*-Source: Newsletter, Know Families, BC Council for Families, 5 July 2016*

## **Integrated Strategies for Home Visitor Training**

**Date:** Monday, October 24-27, 2016

**Location:** The Rosedale on Robson 838 Hamilton Street, Vancouver

**Cost:** \$600

[Register Now](#)

This training is valuable for those working in home visiting programs for families with young children (aged 0-6 years).

In this four-day skill-driven course, family practitioners acquire new skills for motivating and communicating with parents of infants and young children. Participants will benefit from:

- Tools and practical strategies for successful service to families
- Skill development in engaging families and building trusting relationships
- Strategies for building parental competencies and how to support growth in families
- Practices to promote positive parent-child relationships
- Informative discussions on professional boundaries, limit setting and self-care tips
- Networking and sharing with other family practitioners who do home visits
- A comprehensive manual full of tools and ideas

Lunch will be provided as well as coffee/tea and some baked goods at coffee breaks.

*-Source: Newsletter, Know Families, BC Council for Families, 5 July 2016*

## **Plain Language Writing Workshop**

**Date:** Tuesday, October 25, 2016, 1:00 pm – 4:30 pm

**Location:** Rutland Library, Plaza 33 Mall, 301 Hwy 33, Kelowna

**Cost:** \$60 per person (cash or cheque to the Junction Literacy Centre) accepted at the workshop

**Register:** Email Debbie Schiller at [debschiller4@gmail.com](mailto:debschiller4@gmail.com)

**What to Bring:** a work-related document you can edit and partially re-write during the workshop

**What to Expect:** An interactive workshop, comprehensive manual, healthy snack and time to practice on your own document. You will learn how to plan, write, edit and design most written documents, emails and websites so your messages are clearly understood.

-Source: *Debbie Schiller, 25 August 2016*

## Webinar: Digitizing Ourselves to Death

Video gaming, social media misuse, and other related digital addictions among 8 to 25 year-olds with Benjamin Wong, Clinical counsellor with Richmond Addiction Services Society.

This presentation discusses the impact of our technophilic culture on child development, more precisely brain development. Insight on how we can minimize the negative impact our technophilic culture can have on infants, children and adolescents, as well as managing and understanding assistive technologies in education, is discussed.

[Watch Now](#)

-Source: *Facebook, The FORCE Society for Kids' Mental Health, 27 July 2016*

## Conference – The 5th Health and Wellbeing in Children, Youth, and Adults with Developmental Disabilities

**Date:** November 16-18, 2016

**Location:** The Coast Plaza Hotel and Suites, Vancouver

**Cost:** \$160 – \$475

[Register Now](#)

The term Developmental Disabilities (DD) refers to individuals with Intellectual Disability, Autism Spectrum, Fetal Alcohol Spectrum and related genetic syndromes such as Down and Fragile X Syndrome. Children, youth and adults with DD are vulnerable to high rates of general health and mental health concerns. This interactive 2016 conference will focus on practical strategies to optimize their potential and help clinicians and caregivers learn effective ways to work with individuals with DD, and their families, to improve their quality of life experience.

-Source: *Newsletter, Community Action Toward Children's Health, 21 June 2016*

## Difficult Conversations

**Date:** November 29, 2016, 9:00 am – 4:00 pm

**Location:** Holiday Inn Vancouver Centre, 711 West Broadway, Vancouver

**Cost:** Early Rate \$198 / Regular \$220

\*Early Rate expires November 8, 2016

[Register Now](#)

Whether sharing bad news with a client, providing corrective action or talking with a colleague about an uncomfortable issue, difficult conversations often take a large mental and emotional toll on all participants. In fact, having difficult conversations can be one of the most stressful and uncomfortable aspects of our lives and work. Yet the ability to handle difficult conversations respectfully and professionally is also an essential workplace skill. This workshop will review the key elements of preparing for, conducting and concluding difficult conversations. Participants will leave with a set of tools to help ensure that difficult conversations are productive, professional and respectful for all involved.

*-Source: Newsletter, ACHIEVE, 9 August 2016*

## **Case Management: Principles, Competencies & Best Practices**

Case management can ensure timely access to and coordination of medical and psychosocial services for individuals and families while considering costs, reducing duplication of services, and improving a range of outcomes. The basic components of case management include outreach, intake, assessment of needs, service planning, referral and linkage to services, advocacy, and ongoing evaluation. This two-part series begins with the mindset and heart set of best practices and continues with the fundamentals of case management services. Several models of case management are considered, alongside representative principles and practices shared by each of these models. Recommendations for maximizing the effectiveness of case management services are also explored.

[Purchase the Webinar](#)

*-Source: Newsletter, t3, 24 August 2016*

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# Volunteerism

- [2016 OKANAGAN VOLUNTEER OPPORTUNITIES FAIR](#)
- [WORKSHOP SERIES: NOURISHING MANAGERS OF VOLUNTEERS – ATTRACTING THE VOLUNTEERS YOU NEED](#)
- [WORKSHOP: FUND DEVELOPMENT OVERVIEW FALL 2016](#)
- [WORKSHOP: BOARD BOOT CAMP 101 FALL 2016!](#)
- [WORKSHOP: BOARD BOOT CAMP 201 FALL 2016!](#)
- [WORKSHOP: OVERVIEW OF VOLUNTEER MANAGEMENT FALL 2016](#)
- [VOLUNTEER FUTURES 2016](#)
- [SAVE THE DATE FOR VMPC 2017 NATIONAL CONFERENCE HOSTED BY AVRBC!](#)
- [6 STEPS TO VOLUNTEER HAPPINESS](#)
- [HOW TO SELECT THE BEST NONPROFIT BOARD MEMBERS](#)
- [ANNUAL DAY OF DIFFERENCE](#)

## 2016 Okanagan Volunteer Opportunities Fair

**Date:** Saturday, September 17, 2016, 10:00 am – 3:00 pm

**Location:** Parkinson Recreation Centre, 1800 Parkinson Way, Kelowna

This annual event — now in its 19th year — draws 75+ local non-profit organizations who need volunteers to support the programs and services that make our community a better place to live. They are looking forward to meeting and talking with new volunteers face-to-face and providing all the information they need to find their volunteering 'home'.

For volunteers, this event represents a one-of-a-kind opportunity to learn about each organization, and how their personal involvement can make a difference in our community. One stop, with all the answers they need to make their choice (Or choices!) on where they will give of their time. At the Fair, we all come together to help make Kelowna a great place to live!

*-Source: Dawn Anthony, Community Services, KCR, April 2016*



## Workshop Series: Nourishing Managers of Volunteers – Attracting the Volunteers You Need

**Date:** Thursday, September 8, 2016, 12:00 pm – 1:00 pm

**Location:** Parkinson Recreation Centre, Apple Room, 1800 Parkinson Way, Kelowna

**Cost:** Free

[Register Now](#)

It's Thursday! Gather at Parking Recreation Centre. Benefit from training offered to

organizations that will participate the Okanagan Volunteer Opportunities Fair. Gather tips about engaging potential volunteers at a community event or trade show. Recognize less positive approaches. Improve your success rate by training volunteers to be effective.

*-Source: Dawn Wilkinson, Manager, Community Services, KCR, August 2016*

## Workshop: Fund Development Overview Fall 2016

**Dates:** September 15th, 22nd, 29th & October 6th, 2016, 9:00 am – 4:00 pm

**Location:** KCR, #120 – 1735 Dolphin Avenue, Kelowna

**Cost:** \$199

[Register Now](#)

This 4-day course is an overview essential for those working in, or interested in working in, the area of fund development for their non-profit organization. The course content will help you:

- Explore strategies to attract First Time Donors and build relationships to develop Repeat and Consistent Donors
- Learn how to foster Major Gifts, Planned Giving and Corporate Donations
- Investigate opportunities for Earned Income and Government and/or Foundation Grants
- Complete the funding cycle through Stewardship, Renewal and Assessment of your strategic plan
- Content is based on Canadian research and best practices in the field

*-Source: Dawn Wilkinson, Manager, Community Services, KCR, August 2016*

## Workshop: Board Boot Camp 101 Fall 2016

**Date:** September 27, 2016, 4:00 pm – 6:00 pm

**Cost:** Free

[Register Now](#)

You're standing on the sidelines of your daughter's soccer game, completely engaged in the game. A parent approaches you and says, "hey, you've come to every game and practice. You must really enjoy watching her play". You nod in the affirmative, eyes still on your daughter. The parent then says, "we're looking for a few parents to help us out organizing the soccer club. Can you stay after the game to chat for a bit?" Still absorbed in the game, you nod your head and say "sure!" – anything for your daughter. The game ends: your daughter's team played a great game against a worthy opposing team and you're both excitedly breaking down the plays. The same parent beckons you over to where they, the coach, and a few other parents are standing. Uh-oh. What did you agree to?!

Often, this is how many of us start our volunteer "careers": someone asks us to "help", and we agree to become involved, not necessarily knowing or understanding the scope of what we're taking on. What we do know is that we want to help and are likely passionate about the cause, club, or issue that we've been invited to participate in.

Board Boot Camp 101 will give you a complete understanding of the not-for-profit sector. You'll also learn the questions you should ask before becoming involved in a not-for-profit organization; and the types of answers you should expect. Lastly, Board Boot Camp 101 will

increase your understanding of a Board member's role and responsibilities and help you determine when, and whether becoming a Board member is right for you.

*-Source: Dawn Wilkinson, Manager, Community Services, KCR, August 2016*

## Workshop: Board Boot Camp 201 Fall 2016

**Date:** October 4, 2016, 4:00 pm – 6:00 pm

**Location:** TBA

**Cost:** \$25 per Organization (Max 2 people)

[Register Now](#)

It's 6:30pm. You've been up since 6:00am and have just put in a full day at work. Your head and stomach are telling you it's time for dinner. And you're still sitting in a not-for-profit board meeting that started at 4:30 ... which was supposed to wrap up at 5:45pm. Suddenly, you hear, "I nominate [your name] for Board Chair". What?!

Maybe your appointment as Chair of your favourite not-for-profit wasn't quite so dramatic. Maybe you were one of the lucky ones that served as Vice-Chair for a term before becoming Chair. Even so, most future Chairs of not-for-profit Boards are not prepared (read: groomed) to take over the leadership position.

Board Boot Camp 201 will give you a quick primer and overview to become the best leader you can be for your not-for-profit organization. Learn effective qualities of leaders and your personal leadership style. Understand the separation between the Board and staff, and between the senior staff and the Chair. Find how to run your meetings timely and effectively – one of the best ways to retain current directors and attract new ones! And, when you think you or your organization might need outside help, explore the circumstances when going outside for expertise is of benefit to your organization.

*-Source: Dawn Wilkinson, Manager, Community Services, KCR, August 2016*

## Workshop: Overview of Volunteer Management Fall 2016

**Dates:** October 24th, 25th, 31st & November 1st, 2016, 9:00 am – 4:00 pm

**Location:** Kelowna Community Resources, #120 – 1735 Dolphin Avenue, Kelowna

**Cost:** \$199, Includes materials and light refreshments

[Register Now](#)

This 4-day workshop will help you attract and retain volunteers. Content is based on Canadian research, best practices and the Canadian Code for Volunteer Involvement.

[Read more about the 8 modules](#)

*-Source: Dawn Wilkinson, Manager, Community Services, KCR, August 2016*

## Volunteer Futures 2016

**Dates:** Thursday & Friday, September 29 – 30, 2016

**Location:** Executive Airport Plaza Hotel, Richmond

**Cost:** \$200 Early Bird (Ends September 16, 2016)

[Register Now](#)

Volunteer BC's Annual Event – VOLUNTEER FUTURES. Everyone from general public welcome to attend!

Find out what's happening around volunteerism across BC. Network, learn best practices, revisit the basics and build new skills. Let's look forward by looking back.

### More Information:

Lorelynn Hart, Program Director

604.379.2311, [volunteerbc@gmail.com](mailto:volunteerbc@gmail.com)

[volunteerfutures.org](http://volunteerfutures.org)

*-Source: Newsletter, Volunteer BC, 18 May 2016*

## Save the Date for VMPC 2017 National Conference hosted by AVRBC!

Connect with your colleagues across Canada, learn from experienced professionals within the field, gain new ideas and inspiration to take back to your organizations and have an unbelievable amount of FUN! Plus, you can make it into a mini vacation by adding on some extra time to experience beautiful British Columbia and its capital city, Victoria...

Stay tuned to this page for more information about speakers, workshops, registration, accommodation, events and much more. Alternatively, follow [@avrbc](#) and [@VMPC\\_Canada](#) on Twitter or ["like" us on Facebook](#). We hope to see you next May!

Information:

- [Destination British Columbia's website](#)
- [Tourism Victoria's website](#)
- [Delta Ocean Pointe Resort](#)

Brought to you by the [Administrators of Volunteer Resources BC \(AVRBC\)](#) and the Volunteer Management Professionals of Canada (VMPC).

*-Source: Newsletter, AVRBC, 10 August 2016*

## 6 Steps to Volunteer Happiness

I find it useful to think of involvement with nonprofits as another consumer offer, something a "buyer" can get from our organizations. I say that at the risk of sounding crass, I know. But here's why it works: Most Americans were born into the greatest consumer society in the history of mankind. Like fish that don't notice the water they swim in, it's hard for Americans to see the



messages and offers to buy that pervade our daily lives on television, the internet and everywhere we look.

The Cambridge Dictionary describes a consumer society this way: one in which people often buy new goods, especially goods that they do not need, and in which a high value is placed on owning many things.

*-Source: Newsletter, Nonprofit Newswire, Imagine Canada, 31 July 2016*

## How to Select the Best Nonprofit Board Members

The most important committee of any nonprofit board is the Governance Committee.

Why?

The entire structure, spirit, productiveness and camaraderie of any board is based upon the people comprising that board!

Therefore, the careful recruiting and selecting process based upon insightful mixing and matching of skills, passions and personalities by the Governance Committee is critical.

Literally, one or two bad choices for board members who bring little passion or a being of indifference can slowly destroy the effectiveness of any board over time.

[Read More](#)

*-Source: Newsletter, Tech Impact, 15 August 2016*

## Annual Day of Difference

Though the norm is a call for volunteers, Interior Savings is turning the tables and looking for volunteer opportunities for 500 employees.

This October 20th, on International Credit Union Day, Interior Savings is once again celebrating its annual Day of Difference, a day to recognize its cooperative values and celebrate those who are making a difference in their community.

On this day, Interior Savings' credit union and insurance branches will close early and all 500 employees will fan out across 14 communities, from Osoyoos to Clearwater, to assist organizations who are helping build healthy and vibrant communities.

“As a locally-based cooperative, our success is tied to the success of our communities,” said Kathy Conway, Interior Savings CEO. “Day of Difference is our way of saying thanks to the non-profits and volunteers who give their time and their hearts to help build brighter futures, right here at home.”

Interior Savings is looking for organizations in need of volunteers from 2:30 to 5:00 pm on October 20th. They're willing to do most-anything: yard work, painting, envelope-stuffing, meal prep, or general chores. Just ask!

Interested organizations are asked to email [sconrad@interiorsavings.com](mailto:sconrad@interiorsavings.com) by September 16th and include details on what the project is and how many volunteers are needed. Though Interior Savings may not be able to accommodate all the requests received, all organizations will be informed by September 30, 2016.

*-Source: Newsletter, Volinspire, 1 September 2016*

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