

Community Information & Volunteer Centre



Bulletin October 2012

(To view the Archives, please visit: KCR Monthly Bulletin Archives and scroll down)

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KCR Highlights

WORKSHOP: HR PRACTICES FOR NONPROFIT ORGANIZATIONS

Executive Directors and Board Executive will learn essential information when hiring executive directors and contract staff. The top 10 policies every non-profit employer needs will be shared.

Co-facitilators: Robert Smithson from Smithson Employment Law Corporation and Melodie Lind from Pushor Mitchell

When: Wednesday, November 7, 2012:

Time: 9am – 12 noon

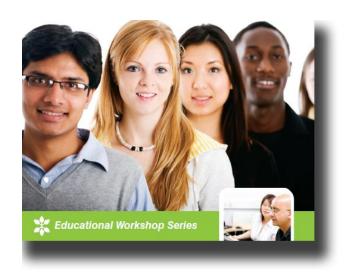
Where: Okanagan Regional Library

1380 Ellis Street, Kelowna

Cost: \$40

Register: www.kcr.ca or email dawn@kcr.ca

--SOURCE: KCR, Dawn Wilkinson, Community Services Manager



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TRAINING: OVERVIEW OF VOLUNTEER MANAGEMENT

Recruiting and retaining volunteers is essential to non-profit organizations. Learn about trends, gaps and challenges in dealing with volunteers. Meet other volunteer managers and receive ongoing support.

Four days: October 29, 30 and November 5, 6, 2012

Time: 9am - 4pm daily

Cost: \$199

Registration: Kelowna Community Resources Workshops

For additional information, please contact Dawn at 250.763.8008 ext 25 or email dawn_@kcr.ca.

--SOURCE: KCR, Dawn Wilkinson, Community Services Manager



2012 HOLIDAY EVENTS GUIDE

Are you organizing a free or low cost activity between November 15, 2012 and January 1, 2013 in the Central Okanagan for the Christmas season?

Enter your info for the 2012 Holiday Events Guide online here, or email dawn@kcr.ca. for the

--SOURCE: KCR, Dawn Wilkinson, Community Services Manager



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FREE BANNER AD IN THE EVENT MAGAZINE EVERY SUNDAY

Partner with KCR to promote your event, fundraiser, program or service. It is FREE.

Each Sunday we have a banner ad space in the Daily Courier eVent Magazine, provided courtesy of Konrad Pimiskern, Financial Advisor for Edward Jones.

Tell us which Sunday you want us to reserve and submit your information online.

--SOURCE: KCR, Dawn Wilkinson, Community Services Manager



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TWO AWARD WINNERS ON VOLUNTEER FAIR STEERING COMMITTEE

In two separate ceremonies, Laurel D'Andrea and Beryl Itani were honoured for their volunteer contributions to our community. Both received Queen Elizabeth II Diamond Jubilee Medals.

Congratulations Laurel and Beryl!

Both of these amazing women are members of the Volunteer Fair Steering Committee. It is a privilege to work with them on an ongoing basis. They have taught me a great deal and they are a continual source of encouragement.

--SOURCE: KCR, Dawn Wilkinson, Community Services Manager



THINKING ABOUT ADOPTING?

The next Adoption Information session is November 14, 2012 from 7pm - 9pm.

Call 250-763-8002 to register and confirm your spot!

--SOURCE: The Adoption Centre of British Columbia, Jennifer Wall, Administrator



JOB READNINESS WORKSHOPS

Whether you are unemployed, underemployed, need to update your skills or are new to the job market, you can learn how to find a satisfying job in your field.

Kelowna Community Resources (KCR), Immigrant Services provides Work Readiness Workshops for Newcomers: Permanent Residents, Refugees, Live-in Caregivers, Naturalized Citizens, and Newcomers with work permit - eligible to work in Canada, Federal Skills Workers.

Cost: No cost for attending these workshops;

a Job Readiness certificate will be

given to participants.

Location: 120-1735 Dolphin Avenue, Kelowna

Time: 9:30am - 11:30am

Register: By email: immigrantservices@kcr.ca, lkacuri@kcr.ca, andrew@kcr.ca

By phone: 250-763-8008 ext. 27 (Latif) or ext 39 (Andrew)

Child Minding: Child minding service is provided on site, but must be booked at least two days in advance.

Dates: Thursdays and Fridays

Topics: Developing job applications, resumes, cover letters – Thursday, October 4TH

Job search, networking, volunteerism and interview skills - FRIDAY, OCTOBER 5[™]

Information on workplace culture and employment standards – Thursday, October 11TH

Labour market information – FRIDAY, OCTOBER 12[™]

Application process for foreign credential recognition – Thursday, October 18TH

Identifying and pursuing career choices – FRIDAY, OCTOBER 19TH
Career counselling and upgrading options – THURSDAY, OCTOBER 25TH

Connecting / linking to specialized services and local businesses – FRIDAY, OCTOBER 26TH

--SOURCE: KCR, Latif Kacuri, Labour Market Specialist



ADD YOUR SOCIAL MEDIA LINKS

KCR's online database of community resources has had a recent upgrade that allows you to add the following Social Media sites to your record. If you have a record in the online database of community resources, please <u>click here</u>, search for your organization, then add your social media sites.



--SOURCE: KCR, Dawn Anthony, Assistant Coordinator, Community Information & Volunteer Centre

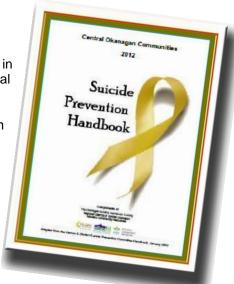
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SUICIDE PREVENTION HANDBOOK

We have a new publication, the <u>Suicide Prevention Handbook</u>, prepared in partnership with Okanagan Suicide Awareness Society and the Regional District of the Central Okanagan.

It's free and provides information for people dealing effectively with individuals who might be feeling suicidal. Local resources are also included.

--SOURCE: KCR, Dawn Wilkinson, Community Services Manager



ADOPTION CENTRE: LIKE US ON FACEBOOK

Facebook—Check us out on FACEBOOK!!! We are LIVE!

--SOURCE: The Adoption Centre of British Columbia, Jennifer Wall, Administrator



Awards

J.W. McConnell Family Foundation Announces Community Service Learning Awards

The J.W. McConnell Family Foundation is now accepting submissions for the 2012 Community Service Learning (CSL) Awards competition. CSL is a model of experiential learning that combines classroom learning with volunteer work to achieve community goals and instill in students a sense of civic engagement. The awards recognize successful community initiatives supported by robust community service-learning programs and highlight innovative



approaches that have — and will continue to — transform relationships, structures, policies, and/or mainstream practices. A total of \$30,000 is available for up to four awards of \$7,500 each. Community organizations and post-secondary institutions are invited to jointly submit an application by **January 31, 2013.** Award winners will be announced in June 2013.

For more information visit mcconnellfoundation.ca.

--SOURCE: CharityVillage.com, Village Vibes, October 1, 2012

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BC Hydro Community Champions Program Launches Video Contest

Are you a nonprofit organization in British Columbia that's making a positive difference for the environment? If so, BC Hydro wants to hear from you. Nonprofits could win one of five \$10,000 conservation awards. And classrooms who support finalists for the awards can win \$1,000 toward a school-based conservation project. BC Hydro's Community Champions Program is accepting submissions from nonprofits that



demonstrate environmental leadership in their community from now until October 31. Organizations enter by creating a two-minute video to highlight a conservation-based initiative with finalist videos appearing on the Community Champions website for public viewing and voting in November and early December. Winners will be announced by December 14, 2012.

For more information, including all eligibility requirements, visit el.bchydro.com/communitychampions/.

--SOURCE: CharityVillage.com, Village Vibes, September 26, 2012

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Facts and Trends

NEW STUDY FINDS FUNDERS SEEKING INCREASE IN SUCCESS MEASURES

Sage North America announced the results of its recently conducted Sage Nonprofit Insights survey of US and Canadian nonprofit organizations, which focused on identifying top trends and practices in funding and grant management processes. As competition for funds increases, more than half of the



organizations responding to the survey (56%) said grantors are demanding more success measures (also called "impact measures" or "outcome measures") than two years ago. This number is up 4% from last year's survey. The survey results also showed a slight shift in the types of success measures grantors most often request information about. Number of constituents served (77%) edged out financial accountability/stewardship (76%), which had the top spot in last year's survey. Program sustainability (59%) and program quality from a participant perspective (54%) were the next most requested success measures.

For more information visit marketwire.com.

--SOURCE: CharityVillage.com, Village Vibes, September 27, 2012

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BRITISH CHARITIES FACING GENERATIONAL TIME-BOMB, ACCORDING TO NEW STUDY

Britain is facing a long-term crisis of giving – with new generations failing to match the generosity of people born in the inter-war years, according to new research published by the Charities Aid Foundation (CAF). The study by Professor Sarah Smith, of the University of Bristol, which was commissioned by CAF, warns that charities face a 'donation deficit' in



the years to come if action is not taken to ensure that younger generations match the generosity of the inter-war generation (born between 1925 and 1945) and those born in the immediate post-war baby boom (born between 1945-1966). Professor Smith found that the gap between the donations made by the over-60s and under-30s has widened sharply during the last 30 years with more than half of all donations now coming from the over-60s, compared to just over one third of donations 30 years ago. And the over-60s are now more than twice as likely to give to charity as the under 30s. For more information visit <u>cafonline.org</u>.

--SOURCE: CharityVillage.com, Village Vibes, September 27, 2012

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US STUDY FINDS NONPROFITS WITH ACTIVE FUNDRAISING BOARDS MORE LIKELY TO MEET FUNDING GOALS

In a research first, the Nonprofit Research Collaborative (NRC) finds a direct association between active fundraising by nonprofit board members and the organization meeting its fundraising goals. Sixty percent of organizations where board members help with fundraising met their 2011 fundraising goal, compared with just 53% of organizations without board member engagement, a statistically significant difference given the sample size. This study also debunks a common perception that board members help an organization meet its fundraising goal through their own giving. Board member gifts were



required at 57% of the responding charitable organizations but made up 10% or less of total charitable receipts at a majority of every type of organization studied. Less than 20% of responding charitable organizations required a minimum board member gift amount. For more information, and to view the full report, visit nonprofitresearchcollaborative.org.

--SOURCE: CharityVillage.com, Village Vibes, September 26, 2012

ONE IN FIVE CANADIANS HAVE USED SOCIAL MEDIA TO GET A CUSTOMER SERVICE RESPONSE

Social media is a burgeoning channel for customer service with one in five Canadians (18%) having used social media to get a customer service response at least once in the past year. The American Express Global Customer Service Barometer found that Canadian consumers who have used social media for service can have an impact on an organization's bottom line. They tell significantly more people about their good service experiences, and 14% are more likely to have not made an intended purchase in the past year due to a poor service experience. Read more at the Globe and Mail>>>



--SOURCE: CharityVillage.com, Village Vibes, September 25, 2012 (American Express)

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EMPLOYER-SPONSORED RETIREMENT PROGRAMS OF INCREASED IMPORTANCE TO CANADIAN WORKERS

Compensation preferences among Canadian workers reveal that a secure pension plan is an increasingly important component of an attractive pay package. According to a survey by global professional services company Towers Watson, one-third of Canadian employees would be willing to



sacrifice a portion of their compensation in return for enhanced retirement security, while one in four would agree to forgo a bonus in exchange for additional retirement benefits.

For more information visit towerswatson.com.

--SOURCE: CharityVillage.com, Village Vibes, September 25, 2012

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SURVEY FINDS MOST EMPLOYERS FORM OPINIONS OF JOB INTERVIEWEES WITHIN 10 MINUTES

Job seekers don't have much time to win over hiring managers, a new Accountemps survey suggests. More than half (52%) of human resources (HR) managers polled said they form a positive or negative opinion of candidates during interviews in 10 minutes or less. For some, impressions are made even quicker. Nearly three in 10 (29%) respondents indicated it takes them five minutes or less to draw conclusions about an interviewee.



For more information visit accountemps.rhi.mediaroom.com.

--SOURCE: CharityVillage.com, Village Vibes, September 20, 2012

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MANY BOOMERS HAD NO CHOICE IN TIMING OF RETIREMENT

According to a new Canadian poll, only 62% of retired Boomers aged 50 and up actually chose the timing of their retirement. The poll also found that 20% had less than a month's notice and 42% had less than six months notice. However, a full 82% of working Boomers expect to have full input in the timing of their retirement. Read more at the Globe and Mail>>>

--SOURCE: CharityVillage.com, Village Vibes, September 19, 2012 (Ipsos Reid)



US ECONOMY CONTINUES TO AFFECT NONPROFIT CEO SALARIES

According to a new report, between 2009 and 2010, increases for incumbent CEO compensation in the US started to creep back up at larger organizations, though still below levels seen before the economic meltdown. At organizations with expenses of \$1 million or less, compensation increases were lower than during the period between 2008 and 2009. In total, the compensation of 41% of incumbent CEOs remained static or declined. Program areas that had higher median CEO compensation were science and technology research institutes and health, while the median compensation for animal- and religion-related programs tended to be lower. Read more at GuideStar>>>



--SOURCE: CharityVillage.com, Village Vibes, September 17, 2012 (GuideStar)

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COMMUNICATIONS MONITORING REPORT

The Canadian Radio-television and Telecommunications Commission (CRTC) issued its annual Communications Monitoring Report providing an overview of the Canadian communications sector. According to the report, 78% of the 13.4 million households in Canada had an Internet subscription in 2011. Canadians also continued to migrate to faster Internet services: the percentage of households with download speeds of at least 5 megabits per second rose from 51% in 2010 to 54% in 2011. By the end of 2011, the number of Canadians subscribing to wireless services grew by 6% to 27.4 million.



For more information visit crtc.gc.ca.

--SOURCE: CharityVillage.com, Village Vibes, September 5, 2012

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Financial

CHILD CARE SUBSIDY UPDATE

September was one of the busiest months for the Subsidy Office, so patience all around is going to help everyone. If you need to call, please use the 1-888-338-6622 toll free number to reach Victoria. Providers now have a specific option for them on the menu if they call the subsidy office about payments (Option# 2).



We understand that the new computer system that Subsidy is using is currently NOT issuing the renewal letter that is usually sent out approximately 45 days before expiry. Providers and parents should both be watching carefully to see when subsidy expires, and get renewals underway without waiting for that reminder to come from the Subsidy Office! Other things affecting renewals are the impact of full school day kindergarten and the increase in minimum wage. The subsidy office recently changed several of their forms, most importantly the child care arrangement form. New information is required so please start using the new forms ASAP!

Just a reminder that all the forms can be filled in and printed on-line at: http://www.mcf.gov.bc.ca/childcare/forms.htm

--SOURCE: Kelowna Childcare Society, Kelowna Child Care Resource & Referral Newsletter, October - November 2012

TREES OF KNOWLEDGE COMPETITION HELPS BRING SCHOOLS OUTDOORS

Back to school doesn't just mean back to books this year; the MAJESTA Trees of Knowledge Competition is back for a third year to help Canadian schools win a \$20,000 outdoor classroom. Since 2011, MAJESTA, Tree Canada and Focus on Forests have been helping schools take learning outdoors, and this year even more schools will have the opportunity to bring their projects to life with additional prizes available for schools that finish 2nd, 3rd and 4th and for the school that shows the most creativity in rallying support. Schools that enter the MAJESTA Trees of Knowledge Competition have a chance to win:

- A grand prize consisting of an outdoor classroom from MAJESTA valued at \$20,000, expert consultations from Tree Canada and outdoor learning curriculum support from Focus on Forests.
- Secondary prizes consisting of \$5,000 for the runner-up, \$3,000 for third place, \$2,000 for fourth place and \$1,000 for all other finalists.
- The most creative prize consisting of \$3,000 for the school who shows the most creativity, enthusiasm and community engagement during the voting period.

For more info, including eligibility requirements, visit majestatreesofknowledge.ca.

--SOURCE: CharityVillage.com, Village Vibes, September 18, 2012



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PRICEWATERHOUSE COOPERS ACCEPTING SUBMISSIONS FOR LEADERSHIP GRANTS

The PricewaterhouseCoopers Canada Foundation has launched an eight-week call for submissions for its Leadership Grants Program; a program that provides up to \$200,000 in grants to leaders at small to medium-sized registered charitable organizations in Canada looking to fund professional development opportunities. Submissions for 2012 will be accepted from September 17, 2012 until October 26, 2012 at 3:00 p.m. Grants are made available in two categories:

- Individual Leadership Grants (value \$2,500) to be used by individual staff members or volunteers for professional development opportunities of their own design.
- Team Leadership Grants (value \$5,000) to be used by teams of two or more staff members and/or volunteers (including the applicant) for professional development opportunities of their own design.

For more information, including full eligibility requirements, visit pwc.com

--SOURCE: CharityVillage.com, Village Vibes, September 12, 2012



WORKSHOPS PLANNED FOR ARTS AND CULTURE GRANTS

The City of Kelowna's Cultural Services Branch will host information workshops October 10 and 11 at the Laurel Packinghouse, 1304 Ellis Street. The workshops are for non-profit organizations interested in applying for Arts & Culture Operating, Project and Community Public Art grants. The grant application deadline is **December 7, 2012.**

To make the information sessions tailored and accessible to interested groups, two distinct



workshops will be held each day: a Project and Operating grants workshop and a Community Public Art grants workshop.

- Wednesday, October 10, 1pm 4pm Project & Operating Grant workshop (barcode 126577) 5pm 7pm Community Public Art Grant workshop (barcode 126579)
- Thursday, October 11, 2pm 4pm Community Public Art Grant workshop (barcode 126580) 5pm 8 8pm Project & Operating Grant workshop (barcode 126578)

New for this year, workshop participants will be able to register through the Parkinson Recreation Centre by calling 250-469-8800 or, if they have an existing account and pin number, by visiting kelowna.ca/recreation using the above barcode numbers.

Guidelines and applications for all three programs will be available after the workshops at <u>kelowna.ca/culture</u>, or by contacting Caroline Ivey, Cultural Services Coordinator at <u>civey@kelowna.ca</u> or at 250 469-8474.

--SOURCE: City of Kelowna, News Releases, September 28, 2012

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METASOFT'S 2012 WORLD PROPOSAL CHAMPIONSHIPS

Metasoft Systems Inc. is now accepting submissions for the 2012 World Proposal Championships, which aim to recognize and promote proposal writing excellence and help fundraisers learn, by example, what it takes to create a winning proposal. This year over \$20,000 worth of prizes will be awarded. The top 100 proposals will be showcased online. Any proposal that has secured a grant for a not-for-profit or charitable organization from a foundation, corporation or government body within the last two years is eligible. The deadline for submissions is **November 1, 2012.**



For more information, visit: bigdatabase.com/wpc.

--SOURCE: Metasoft Systems Inc., September 25, 2012

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CHARITIES MUST BATTLE PUBLIC MISCONCEPTIONS ABOUT OVERHEAD COSTS

Nonprofit organizations build movements that mobilize people to fight the worst forms of human suffering. But when it comes to dealing with the systemic issues that undermine its true potential, the nonprofit sector has no movement to mobilize itself.



And while nonprofits speak for those who cannot speak for themselves, they have no national voice to defend against investigative reporters, lawmakers, and others who attack them—often maliciously and incorrectly—for spending too much on executives' salaries and on the overhead and infrastructure expenses it would take to grow.

This silence comes with a cost. It makes it impossible for charities to get anywhere close to the scale required to solve the gigantic social problems that confront humanity. Read more at the Chronicle of Philanthropy>>>

--SOURCE: Imagine Canada, Nonprofit Newswire by Imagine Canada, September 18, 2012

Local

NEW EXECUTIVE DIRECTOR AT THE BRIDGE YOUTH & FAMILY SERVICES

The Board of Directors and employees of The Bridge Youth & Family Services wish to welcome Corinne Dolman as Executive Director.

Corinne Dolman completed an undergraduate degree in Criminology at the University of Ottawa and a Social Work degree at the University of British Columbia. She then obtained a Masters of Social Work in 1998, specializing in aboriginal studies and community development. Her broad background of experience includes correctional,



educational and addiction treatment settings. She has worked in the non profit sector for over 20 years and was the Executive Director of a 102 bed facility offering residential treatment, withdrawal management and outpatient services. More recently she has worked at the University of British Columbia in the School of Social Work as an education coordinator.

"I am passionate about providing evidence based services and having a systemic impact on issues such as homelessness, addictions and mental health by building community capacity and strengthening families" said Ms. Dolman.

--SOURCE: The Bridge Youth & Family Services, Newsletter, September 28, 2012

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ADAPTED THEATRE PROGRAM

Okanagan Children's Theatre Society announces the first in a series of adapted theatre programs. This 10 week program is designed for youth ten years and up with a developmental delay who work well in a group setting.

Children must be able to communicate (in their own way) and attend to personal care needs independently. Otherwise, children must bring the necessary support staff with them.

When: Thursday evenings,

October 4th through December 6th

Times: 6pm - 8pm

Where: Rotary Centre for the Arts

421 Cawston Avenue, Kelowna, BC

Cost: \$50.00

(limited number of subsidies are available on request)

For more information and to register call Phil at 250 718 8884.

--SOURCE: Okanagan Children's Theatre Society, Phil Long, Board President



SMART BETTY KELOWNA HAS PURCHASED THE ASSETS OF GOSANGO

As you may already know, Smart Betty Kelowna has purchased the assets of GoSango.

What's different?

- 10% of our revenue is donated to a non-profit of your choice
- Select from over 20 local charities to benefit from your purchases
- · Locally owned and operated
- Smart Betty is a national brand supported by the world's largest internet marketing company
- Made in Canada and proud of it!

Check out our video or click here to find out more.

--SOURCE: Smart Betty, September 26, 2012

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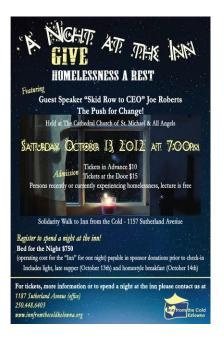
A NIGHT AT THE INN

At Inn From the Cold, it's time to "get real about homelessness". As Inn From the Cold gears up for the upcoming winter season, they will be kicking things off with their annual fundraiser "A Night at the Inn" starting at 6:30 pm on Saturday, October 13th at The Cathedral Church of St. Michael and All Angels at 608 Sutherland Ave in Kelowna. The evening will feature widely acclaimed guest speaker "Skid Row CEO" Joe Roberts who, following a life on the streets became the CEO of a leading multimedia company in Vancouver. Tickets are \$10.00 in advance, or \$15.00 at the door.

"It costs approximately \$750.00 to operate our shelter for one night, and in an era of diminished government funding, fundraisers such as this are vitally important," stated Tara Tschritter, IFTC Coordinator. In addition to the evening event, people are also invited afterwards to actually spend the night as "guests" at the Inn From the Cold shelter. The goal is for each guest to raise \$750.00 in donations.

For tickets and registration information, go to <u>innfromthecoldkelowna.org</u>, or call (250) 448-6403.

--SOURCE: Inn from the Cold - Kelowna, Tara Tschritter, Coordinator



NEW BROCHURE PROFILES WESTBANK FIRST NATION

A new brochure produced by <u>Westbank First Nation</u> provides a snapshot of WFN and its history, culture, and goals for business development. This is a valuable resource for companies doing business with, or considering working with WFN in the future. You can also read about WFN in the August addition of the online <u>Canadian Business Journal</u>.

View the publication here>>>

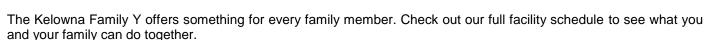
--SOURCE: Central Okanagan Economic Development Commission, e-news business update for the Central Okanagan September 18, 2012



KELOWNA FAMILY Y

Until October 31st, when you <u>sign up for a membership</u> at the Kelowna Family Y you'll receive a gift from us for joining. Here's how it works:

- Current Member: Encourage a friend or family member to join and not only will you both be rewarded, you'll also discover that working out together is a great way to stay on track to a healthier lifestyle and have fun. Fill out the form, and give it to a friend.
- New Member: If referred by a friend, include their information onyour form.
- When you sign up for a membership, you choose from our special gift options.



--SOURCE: YMCA-YWCA Website

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REASON FOR THE SEASON

This year's Reason for the Season promises to be a fantastic night! It's a chance to catch up with friends over great food, fun entertainment, dancing, and an exciting auction, plus door prizes!. Last year's event sold out, so be sure to secure your tickets early.

When: Saturday, November 3, 2012

Time: 6pm

Where: Hotel Eldorado

Tickets: \$75 at www.elevationoutdoors.ca or 250-808-1626

Proceeds go to Elevation Outdoors

--SOURCE: Elevation Outdoors, Tori Hanson



of the Central Okanagan

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National

UN CRITICIZES CANADA ON CHILD RIGHTS

by Heather Scoffield

United Nations officials say they're concerned vulnerable Canadian children may be falling through the cracks of a fractious federal system that lacks accountability and a clear strategy.

In hearings in Geneva to examine Canada's adherence to the Convention on the Rights of the Child, Ottawa was repeatedly taken to task for incoherence about how federal and provincial programs actually help kids.



The UN's committee on the rights of the child said Canada needs to "raise the bar" in how it protects the rights of children, especially when it comes to aboriginal, disabled and immigrant kids. Read more>>>

--SOURCE: The Federation of Community Social Services of BC, Federation News Clippings - September 27th, 2012, Marshall Watson (The Canadian Press)

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"PRIVACY MATTERS" - MEDIA LITERACY WEEK UPDATE FROM SOLOS:

Media Literacy Week is an annual event that takes place every November. Co-lead by MediaSmarts and the Canadian Teachers' Federation, the week puts a spotlight on the importance of digital and media literacy as a key component in the education of children and young people. This initiative provides November 5-9, 2012

Canadians with a focal point for media-related activities and, at the same time, showcases the creative ways that digital and media literacy are being integrated into classrooms and communities across the country.

"Privacy Matters" will be the theme of this year's Media Literacy Week, shining a spotlight on the privacy knowledge and skills that youth need for their online activities. Read more>>>



Here at Safe Online Outreach Society our vision is to positively influence

--SOURCE: The Federation of Community Social Services of BC, Federation News Clippings - September 14th, 2012, Marshall Watson

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WHAT LIFE WITHOUT A LIVING WAGE LOOKS LIKE

It's a paradox well known to residents of the Lower Mainland: Vancouver is repeatedly awarded the title of most livable city in the entire world, yet many of its residents are just scraping by. According to BC Stats, in 2005 more than one in five Vancouverites lived under the low-income cut-off line after tax, too poor to cover basic needs like food, clothing, transportation, and shelter in one of the most expensive cities in Canada.



But less than two per cent of the city's population is on income assistance, meaning most people living under the poverty line are "working poor." Demographically speaking, working poor in Vancouver are typically immigrants and women with children, unaware of their labour rights or the advocacy work on their behalf.

Citing statistics about the working poor is easy. But the Living Wage Campaign for Families actually spoke to people living behind the label. Through the Listening Circles project, the wage equity organization recruited 15 men and women in the Mount Pleasant area to come to weekly meetings to discuss their experience working for a low wage while raising a family. Read more at The Tyee >>>

--SOURCE: The Federation of Community Social Services of BC, Federation News Clippings - September 12th, 2012, Marshall Watson

RECOMMENDATIONS FOR IMPROVING THE END-OF-LIFE CARE SYSTEM FOR HOMELESS POPULATIONS

by McNeil, Ryan; Guirguis-Younger, Manal; Dilley, Laura B.

This qualitative study involving health and social services professionals from across Canada sought to identify barriers to the end-of-life care system for homeless populations and generate recommendations to improve their access to end-of-life care. Read the study here>>>

--SOURCE: The Canadian Homelessness Research Network, York University , Homeless Hub, September 24, 2012



Who's Hungry: Profile of Hunger in the GTA

Every year, with the assistance of volunteers, Daily Bread Food Bank conducts a survey across the GTA of people who access food banks. The surveys were completed with the cooperation of Daily Bread member agencies and regional partners: The Mississauga Food Bank, North York Harvest Food Bank, York Region Food Network and Feed the Need in Durham.



The Who's Hungry 2012: Faces of Hunger, is an in-depth look at not just who is hungry, but why and how we can continue to fight hunger in our communities. The Hunger Snapshot contains some statistical highlights from the 2012 survey to provide you with a brief picture of poverty and hunger in the GTA. Read more>>>

--SOURCE: The Canadian Homelessness Research Network, York University , Homeless Hub, September 24, 2012

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COMMUNITY FOUNDATIONS ACROSS CANADA TO RELEASE VITAL SIGNS REPORTS

Fourteen Community Foundations across the country will be releasing community Vital Signs reports on October 2, 2012. CharityVillage worked with Community Foundations of Canada and five individual community foundations to bring you profiles with in-depth analysis of the trends and issues affecting Halifax, Montreal, Toronto, Calgary and Clayoquot Sound. Read them first on CharityVillage.



--SOURCE: CharityVillage.com, Village Vibes, October 1, 2012

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EMPLOYERS ACROSS CANADA ENCOURAGED TO REGISTER NOW FOR 2012 TAKE OUR KIDS TO WORK™ DAY

The Learning Partnership is putting out a call-to-action encouraging employers to mark their calendars for their annual initiative - Take Our Kids to Work™ day - which this year is on Wednesday, November 7. Every year, 250,000 Grade 9 students across the country participate in the nation-wide event, which provides students with the opportunity to spend the day at the workplace of a parent, relative or family friend,



learning basic business and life skills. More than 75,000 employers participate annually. For more information and to register online visit thelearningpartnership.ca.

--SOURCE: CharityVillage.com, Village Vibes, September 5, 2012

ONE IN FOUR HOSPITALIZED FOR DEPRESSION READMITTED WITHIN 30 DAYS

Canadian researchers recently did a study of people who were discharged from Ontario hospitals after being hospitalized for depression. The research tracked 13,385 people aged 15 and over for 30 days after their discharge to see who was receiving follow-up medical care and who was being readmitted to the hospitals. Researchers found that many people were not getting follow-up medical care after hospitalization. People who were less likely to have follow-up medical visits include men, people aged 65 or older and



people from rural areas. In total, less the two-thirds of discharged people had follow-up visits. As a result one in four people hospitalized for depression were readmitted within 30 days. Overall, findings highlight the need to improve support and services for discharged patients with depression. To get the full story, check out EENet's new Research Snapshot of the article, Postdischarge Care for Depression in Ontario in the Canadian Journal of Psychiatry. Read more>>>

--SOURCE: CMHA, Mind Matters, September 28, 2012

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IMMIGRANTS LESS LIKELY TO GET TREATMENT FOR DEPRESSION IN CANADA

A report from the Centre for Research on Inner City Health at St. Michael's Hospital has found that immigrants are less likely to get treatment for depression than Canadian-born individuals. The study surveyed people who had seen a doctor or other health care professional about depression. Both groups experience about the same level of anxiety and depression, however, only 6% of recent immigrants and seven per cent of non-recent immigrants received treatment in the past 12 months, compared to 10% of Canadian-born survey members. The survey also collected useful information about mental health and addictions. For more information, see "The Mental Health and Well-being of Immigrants in Toronto: A report to the Ministry of Health and Long-Term Care" at stmichaelshospital.com.



--SOURCE: CMHA, Mind Matters, September 28, 2012

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HOW CHANGES TO THE INCOME TAX ACT WILL RESTRICT CHARITIES' POLITICAL ACTIVITIES

On April 26, 2012, the federal government introduced Bill C 38, which contains proposedchanges to the Income Tax Act (ITA), affecting charities and how political activities are to be accounted for, in the context of a gift from one charity to another. Read more at rabble.ca>>>



--SOURCE: Imagine Canada, Nonprofit Newswire by Imagine Canada, September 14, 2012

Provincial

BC COULD LEARN FROM ALBERTA HOW TO SAVE ON COSTS OF HOMELESSNESS: EXPERT by Kate Webb, Metro Vancouver

The author of a new study on the public costs of homelessness says BC could learn a thing or two from Alberta when it comes to keeping people off the streets for good.

The study was published Monday by Stephen Gaetz, director of York University's Canadian Homelessness Research Network and the online Homeless Hub. The paper says providing chronically homeless people with supports and housing can save Canadian taxpayers 54 cents on the dollar over leaving them homeless.



Gaetz praised the B.C. government for investing \$130 million in protecting and upgrading 2,000 units of affordable housing, but said Alberta is leading the country on the issue by working on a plan to prohibit hospitals from discharging mentally ill people into homelessness. Read the article>>>

--SOURCE: The Federation of Community Social Services of BC, Federation News Clippings - September 27th, 2012, Marshall Watson

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187 PROJECTS, COUNTLESS BENEFITS FOR CHILDREN

VICTORIA – Aboriginal children in British Columbia are getting a stronger start, thanks to 187 new cultural enrichment projects funded by the B.C. government in 2012.

Created in 2010, the First Nations and Urban Aboriginal Early Childhood Development Reinvestment Initiative supports community-based programs that respond to the cultural needs of young Aboriginal children.



The B.C. government's \$5-million investment in 2012 brings the total investment over the last three years to \$16 million for more than 1,000 projects that have enriched existing early childhood programs for Aboriginal children.

Examples of projects include:

- Development of child-care and early learning programs completely immersed in the local traditional dialect.
- Working with Elders to create a language and culture game for Nintendo DSI.
- Building a fish-cleaning station for children to learn traditional fishing practices and the importance of caring for the land.
- Cultural ceremonies and activities for children in government care.

Read more>>>

--SOURCE: The Federation of Community Social Services of BC, Federation News Clippings - September 27th, 2012, Marshall Watson

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BC RENTAL HOUSING NEEDED TO GROW SHARPLY

The demand for rental housing in British Columbia is projected to grow by 36 per cent over the next 25 years, according to a report by the B.C. Non-Profit Housing Association.



The report says that 150,000 to 200,000 new rental units will be needed across the province by 2036. The biggest growth is predicted in Greater Vancouver, the Fraser Valley and the Squamish-Lillooet area. Read more at Huffington Post>>>

--SOURCE: The Federation of Community Social Services of BC, Federation News Clippings - September 27th, 2012, Marshall Watson (CBC)

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RAISING THE GRADE ON WHAT BC KIDS LEARN ABOUT ABORIGINAL PEOPLE

Changing the school experience for aboriginal children may be a slow process, but it's one that's getting a lot of attention. After decades of languishing behind their non-aboriginal peers, aboriginal education deficits and reforms are making headlines across the country. Grades are slowly but surely going up, as is federal funding for aboriginal education on reserves.



But while attention is paid to improving the education experience for aboriginal children, there is much room for improvement in what the rest of Canada learns about aboriginal people in school, say those pushing to evolve the curriculum. Read the article here>>>

--SOURCE: The Federation of Community Social Services of BC, Federation News Clippings - September 10th, 2012, Marshall Watson

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SUPPORTING TRANSITIONS OF IMMIGRANT/ REFUGEE CHILDREN AND YOUTH

On April 25, 2012, AMSSA organized a provincial learning exchange and service development event on the *Building Our Capacity to Support Transitions of Immigrant / Refugee Children and Youth.* This event was built on the first such event organized by AMSSA in 2010.

The goals for the event were to create opportunities for learning about current and emerging research and best practices that will increase the skills, knowledge and practice of service providers who work with immigrant and refugee children and youth; for networking, learning from each other and meeting new colleagues; to re-energize and develop synergy amongst the different sub-sectors and to identify emerging issues and priorities for future work and development. The final report is now available>>>



--SOURCE: First Call: BC Child and Youth Advocacy Coalition, The Child and Youth Advocate Newsletter, September 19, 2012

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THE NEW HEALTHY SCHOOLS BC WEB PORTAL GOES LIVE SEPTEMBER 17TH

Monday, September 17th marks the official launch date of the redesigned Healthy Schools BC web portal. Just in time for the new school year, the website has been updated with loads of new features and content including the Healthy Schools Process tab, a section that focuses on the "how to" for building a healthy school.



To support the increased healthy school program and resource options, the site also features a research section

where you'll find articles on comprehensive school health, healthy living topics, healthy eating and evidence based approaches to creating healthy schools. Interested in seeing how the portal can work for you? <u>Visit the website here</u> for more information.

--SOURCE: First Call: BC Child and Youth Advocacy Coalition, The Child and Youth Advocate Newsletter, September 19, 2012

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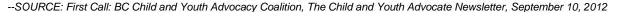
British Columbia Association for

ommunity Living

UPDATED HANDBOOK ON INCLUSIVE EDUCATION FOR PARENTS

The BCACL publication, "A Parent's Handbook on Inclusive Education," has been updated to reflect current legislation and resources. The handbook is now available in three formats, for your convenience.

- Three ring binder: The binder format allows you to keep your own paper files together with the manual. It also allows for you to replace pages as they are updated. Email info@bcacl.org to order your copy or call 604-777-9100).
- 2. <u>PDF file</u>: Download the PDF file to print the manual on your home computer.
- 3. <u>E-Book</u>: Browse through the manual on our website with easy-to-use navigation buttons and hyperlinks.



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Research

TAX CUTS DON'T LEAD TO ECONOMIC GROWTH, A NEW 65-YEAR STUDY FINDS

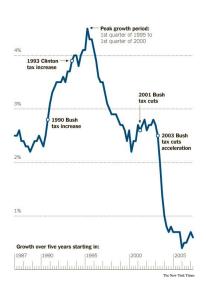
Here's a brief economic history of the last quarter-century in taxes and growth.

In 1990, President George H. W. Bush raised taxes, and GDP growth increased over the next five years. In 1993, President Bill Clinton raised the top marginal tax rate, and GDP growth increased over the next five years. In 2001 and 2003, President Bush cut taxes, and we faced a disappointing expansion followed by a Great Recession.

Does this story prove that raising taxes helps GDP? No. Does it prove that cutting taxes hurts GDP? No.

But it does suggest that there is a lot more to an economy than taxes, and that slashing taxes is not a guaranteed way to accelerate economic growth.

That was the conclusion from David Leonhardt's new <u>column</u> today for *The New York Times*, and it was precisely the finding of a new study from the Congressional Research Service, <u>"Taxes and the Economy: An Economic Analysis of the Top Tax Rates Since 1945." Read the article here>>></u>



--SOURCE: The Federation of Community Social Services of BC, Federation News Clippings - September 18th, 2012, Marshall Watson (The Atlantic, Derek Thompson)

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PREDICTORS OF EARLY CHILDHOOD NEGLECT: A TRI-STUDY COMPARISON

There is a dearth in research identifying predictors of child neglect during early childhood. Factors that are associated with neglect, either risk or protective, are important to understand, as this information can inform prevention and intervention efforts.

The authors conducted secondary analysis of three longitudinal studies of families with young children. The studies (Fragile Families and Child Wellbeing (FFCW), n=3033; Healthy Families New York (HFNY), n=1173; and Illinois Families Study-Child Wellbeing (IFS-CWB), n=583) distinguish neglect from other types of maltreatment and encompass more than one type of neglect (e.g., financial, emotional). Read more here>>>

--SOURCE: The Federation of Community Social Services of BC, Federation News Clippings - September 21st, 2012, Marshall Watson

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UNDERSTANDING THE HEALTH OF IMMIGRANTS IN KELOWNA

Are you an immigrant who arrived in Canada in 2000 or later? If yes...

- Are you 18 years of age or over?
- Would you like to share your perspective and experience of immigration and settlement in Canada?

If you said "Yes" to the above, we want you to participate in a project about the experience of immigrants living in Kelowna. Your participation consists of completing a questionnaire.



a place of mind

This is a UBC study, conducted by Dr. Shirley Chau, Assistant Professor, at the School of Social Work, and Dr. Carlos Teixeira, Associate Professor at the Department of Geography of the Irving Barber School at the University of British Columbia Okanagan (UBCO).

For more information about the project or if you want to sign up to participate, please call Olga at 250.807.9468, or email olga.osipova@ubc.ca.

This study is approved by the Research Ethics Board at UBC Okanagan

--SOURCE: Shirley Chau, Ph.D., R.S.W, Assistant Professor, Faculty of Health & Social Development UBCO

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WE'RE NOT ASKING, WE'RE TELLING:

An Inventory of Practices Promoting the Dignity, Autonomy, and Self-determination of Women and Families Facing Homelessness

This study builds upon the findings of several recent participatory projects in which women facing homelessness have taken the lead and voiced their knowledge about the causes and consequences of, and the solutions to homelessness. Through those projects, women experiencing homelessness shared their insights about services, and about their own strengths.

Now, the time has come to assist services to adopt the good practices identified in those projects. In order to do this, service providers need models and tools that are relevant to their own service contexts. To gather more information about models, tools, and practices and how these can be implemented, our project drew upon a range of sources:



 A web search, literature review, and site visits, to identify innovative democratic practices in local, Canadian, and international services for women and families facing homelessness. <u>Continue reading>>></u>

--SOURCE: The Canadian Homelessness Research Network, York University, Homeless Hub, October 1, 2012

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A HOME BY ANY OTHER NAME: ENHANCING SHELTERS ADDRESSES THE GAP IN LOW-INCOME HOUSING

This report explains the factors that contribute to the gap in low-income housing, and how homeless shelters can be part of the solution. Read the report>>>



--SOURCE: The Canadian Homelessness Research Network, York University, Homeless Hub, October 1, 2012

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THE HOMELESS USE FACEBOOK?! SIMILARITIES OF SOCIAL NETWORK USE BETWEEN COLLEGE STUDENTS AND HOMELESS YOUNG ADULTS

by Guadagno, Rosanna E; Muscanell, Nicole L. & Pollio, David E.

This research compared technology use among homeless young adults with that of college students as a means of understanding technology use among young adults today; people who have grown up with technology. Specifically, social network site (SNS) usage was assessed for two age-matched young adult samples, one drawn from a large introductory psychology subject pool, and a second from homeless young adults who were approached for participation when they entered metropolitan shelters. Overall, technology use was strikingly similar. These results call for a paradigm shift in researchers' understanding of technology use and indicate that contemporary young adults sampled across socio-economic class and varying ethnicities are far more similar than prior research would suggest. These results call into question whether the term "digital divide" is useful for describing group differences in technology use as our results suggest the divide has narrowed considerably. Read or buy the journal>>>



--SOURCE: The Canadian Homelessness Research Network, York University , Homeless Hub, September 18, 2012

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CANADIAN STEPFAMILIES: COMPOSITION & COMPLEXITY

The reality in Canada today is that a fairly large proportion of married couples will end up becoming divorced. Additionally, a fairly large proportion of these divorced couples, with or without children, will end up re-establishing themselves in a step, or blended, family. So, with all of this re-arrangement occurring, the question to ask is: what do we know about the composition of blended families in Canada?

Statistics Canada recently released a report on this very subject called: Portrait of Families and Living Arrangements in Canada. Read more>>>

--SOURCE: BC Council for Families, Healthy Families, September 24, 2012



MATERIALISM TIED TO UNHAPPINESS IN TWEENS

If you've happened to watch Saturday morning cartoons lately, you'll have noticed a few things. Maybe you'll have noticed how TV advertisements geared towards children seem to be created so that the products that companies are touting are

PEDIATRICS°

especially attractive to them. With the utilization of cartoon characters, bright colors, flashy effects, and catchy jingles there is no question as to why these products advertised to children seem like a "must-have". It seems like a matter of common sense that the ever-increasing materialism of youth is tied to the bombardment of advertising they face, but, as a recent study demonstrates, there could be another factor involved. Read more>>>

--SOURCE: BC Council for Families, Healthy Families, September 17, 2012

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SOCIOECONOMIC STATUS AFFECTS CHILDREN'S BRAIN DEVELOPMENT, HEALTH AND INTELLECT

Dr. Michael Meaney of McGill University, an expert on the psychobiological impact of parenting, collaborated with experts in neuroscience and society from the University of Pennsylvania to produce a review paper on how socioeconomic status affects brain development early in life. This joint study also includes some hopeful data showing that some of these consequences can be reversed, and provides strategies to try to achieve that. Read a summary of the study (page 6), or read the study in its entirety>>>



--SOURCE: First Call: BC Child and Youth Advocacy Coalition, The Child and Youth Advocate Newsletter, September 10, 2012

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STUDY REVEALS FACTORS IN MENTAL HEALTH SERVICES USAGE

The International Journal for Equity in Health published a study that identifies the factors associated with health services use by people with mental health disorders in Canada. The research focused on a catchment area in Montreal with a population of 258,000 people. 406 participants between the ages of 15-65 living



in the area were surveyed. The results showed some factors that determined whether an individual suffering from a mental illness would seek medical help. The final report reveals that participants with emotional problems and a history of violence victimisation were most likely to seek mental health care. As well, people who owned property opposed to those who rent and women opposed to men were more likely to seek healthcare. Read the study>>>

--SOURCE: CMHA, Mind Matters, September 28, 2012

Resources

BOOK REVIEW: THE NONPROFIT BUSINESS PLAN

One of the things that I love at the Packard Foundation is the learning culture. Different program officers host regular program forums with nonprofit experts, grantees, authors, and thinkers. This week I attended a session with <u>David La Piana</u>, author and long-time nonprofit consultant, hosted by the Foundation's Organizational Effectiveness Program. David gave a talk about his new book, <u>The Nonprofit Business Plan</u>, and miniworkshop about what makes a good business plan from a funder's point of view. (Some reflections from David here)

David La Piana has been a long-time consultant to scores of nonprofits as well as with the OE program, helping nonprofits <u>develop strategic plans</u>. He gave a brief reflection with how is strategic consulting to nonprofits practice has changed over the many decades he has been in service to



the field. "It used to be that nonprofits developed five-year plans – we used to refer to as "The Stalin Approach." But after doing <u>research</u>, we learned that nonprofits rarely filled in the year 4 or year 5 – not due to laziness, but because the world has gotten more complex." His model moved to real time planning, although there is some tension between having a strategy and strategic plan. "But something was missing, strategic plans were not enough, especially with so many broken nonprofit models. The missing piece was the economic and operational planning - the Nonprofit Business Plan." Read more>>>

--SOURCE: Beth's Blog by Email 2012 September 8

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TOOLKIT FOR PRACTITIONERS/RESEARCHERS WORKING WITH LGBTQ RUNAWAY AND HOMELESS YOUTH by Jessica Slatter; Chris Lloyd; Robert King

This toolkit outlines specific evidence-based and evidence-informed programs, practice models, and assessment/evaluation tools that are currently being used by agency staff working with LGBTQ RHY. Click here for the tookit>>>



--SOURCE: The Canadian Homelessness Research Network, York University , Homeless Hub, October 1, 2012

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THE REAL COST OF HOMELESSNESS: CAN WE SAVE MONEY BY DOING THE RIGHT THING?

This report summarizes what we know about the cost of addressing homelessness by looking at key literature from Canada and the United States. What becomes clear is that the status quo is actually really expensive. It may seem counter intuitive to suggest that it is cheaper and more cost effective to provide people who experience homelessness with the housing and supports they need, rather than simply provide them with emergency supports through shelters and soup kitchens. However, the research reviewed here indicates that this is actually the case. The best social and economic policies should be based on research and evidence, and in this case, the evidence points to the fact that if we do things differently, we not only achieve better social outcomes, but we also save money. Continue reading>>>



--SOURCE: The Canadian Homelessness Research Network, York University , Homeless Hub, September 24, 2012

REIMAGINING INTERVENTION IN YOUNG LIVES: WORK, SOCIAL ASSISTANCE, AND MARGINALIZATION

by Karen R. Foster and Dale C. Spencer

This book explores the difficulties many marginalized young people encounter with the "support system" available to them, as well as the social forces that push them to the margins in the first place. Order the book>>>

--SOURCE: The Canadian Homelessness Research Network, York University , Homeless Hub, September 18. 2012



BUILDING RESILIENCE IN YOUNG CHILDREN

Resilience is the ability to deal with the challenges that we all face in life, have a realistic but optimistic attitude, and bounce back from tough times. People who demonstrate resilience have been proven to be healthier, happier, and more successful in many areas of life. Resilience is a skill and an attitude to life that starts early in a child's development, and can be encouraged and modeled by parents, teachers, and other adults in every child's life.



by/par health nexus santé

A new resource, focused on resilience, is now available through BestStart, from the developers of Reaching IN, Reaching OUT, the Ontario based organization that has created a number of trainings and materials on the topic. Go to the Resource Centre>>>

--SOURCE: BC Council for Families, Healthy Families, September 10, 2012

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THE POLITICS OF ADVOCACY: ARE CHARITIES APATHETIC OR AFRAID?

Too political.

It's an accusation that's been tossed around by politicians and organizations since the Conservative government announced last March it would set aside \$8 million over two years to ensure charities follow the rules around political activities.

The <u>David Suzuki Foundation</u> was among the charities to come under fire, with <u>Ethical Oil</u>, an organization advocating for the Canadian bitumen industry, leading the attack.

"The David Suzuki Foundation is a highly political organization. With the mounting evidence of partisan and political activity, it is time for the <u>Canada Revenue Agency (CRA)</u> to investigate," Ethical Oil spokesperson Jordan Graham said on the organization's website.



A few weeks later, David Suzuki announced in an open letter on the foundation's website that he had stepped down from the board. Read more>>>

--SOURCE: CharityVillage.com, Village Vibes, October 1, 2012

TRY OUT A FREE ONLINE TRAINING TOOL FOR YOUR YOUNG EMPLOYEES

Organizations across Canada who hire young people are being asked to try a free online employee training resource, and share their feedback about its effectiveness. In 2010, The Centre for Skills Development & Training launched "Summer in Smallywood," the online game-based training tool that helps young employees enhance their workplace



skills. Staff at The Centre are asking employers across Canada to participate in a phone call, in-person meeting or webinar to hear more about this training resource. Employers who participate will be asked to share their impression of Summer in Smallywood as an effective training tool.

For more information visit newswire.ca.

--SOURCE: CharityVillage.com, Village Vibes, September 11, 2012

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PARENTING RESOURCE ONLINE

The Centre of Excellence for Early Childhood Development has a short parenting information pdf on Understanding Aggressive Behaviours in young children found here.

--SOURCE: Community Action Toward Children's Health, CATCH Network Newsletter September 10, 2012



FETAL ALCOHOL SPECTRUM DISORDER (FASD) ACTION FUND - FINAL EVALUATION

The Victoria Foundation is pleased to advise that the formal evaluation respecting the 22 demonstration projects supported under the FASD Action Fund is now available. <u>Please visit the Foundation's website</u> for more information on accessing the report.





HOW CROWDSOURCING CAN HELP YOUR NONPROFIT

Since the earliest days of the internet, people have used it to solicit and organize groups of people to participate in projects in small ways. Called crowdsourcing, this process can be done by a number of ways, and for a number of goals. In an early example of the practice, nonprofits would post questions to a Usenet discussion board to seek answers from the community — for instance, asking how to write a particular policy, or for recommendations about recognizing and rewarding volunteers. That "open call" approach is what distinguishes crowdsourcing from outsourcing, in which you'd send a task to a specific person or organization for help.



Crowdsourcing can be done at an organizational or individual level, and nonprofits have used it for everything from marketing and fundraising to volunteerism and activism. It's a great way to enlist help from a wider community knowledgebase, and to engage people in your work. Read more>>>

--SOURCE: Imagine Canada, Nonprofit Newswire by Imagine Canada, September 11, 2012 (CharityVillage)

SENIORS CONTRIBUTE GREATLY TO CANADIAN SOCIETY

Stories abound in the media about how seniors are going to bankrupt the health-care system or how the Canadian pension system will collapse under the burden of a growing senior population.

What we don't hear in the midst of all of these doomsday stories - which are not based in evidence, and are simply wrong - is how seniors contribute to society.

The fact that people live longer should be celebrated as one of the biggest success stories in history. As the saying goes: "Getting old is better than the alternative."

How do seniors contribute to society? Like any younger person, they shop, they use services (which employ people) and they pay taxes.



They also volunteer; in fact, many organizations would be hard-pressed to function without their older volunteers. Seniors also give generously: They make more charitable donations per capita than any other age group.

Seniors babysit; they look after grandchildren. One can only imagine what would happen to our economy if, suddenly, no grandparents were available to look after grandchildren. How many parents would have to scramble to find other care options (already scarce) - or would have to miss work because they couldn't find alternatives? How many soccer games or ballet classes would be missed if grandma or grandpa were not there to drive the grandchildren? Read more>>>

--SOURCE: The Federation of Community Social Services of BC, FCSSBC News Clippings Sept 6, 2012

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ASSET BUILDER'S GUIDES

 An Asset Builder's Guide to Service-Learning by Search Institute

A clear and informative strategy for schools, faith communities, and youth organizations to blend the best of effective service-learning programs with the philosophy of youth "asset building" and Healthy Communities. This book is available as an e-book (US\$11.50).

 An Asset Builder's Guide to Training Peer Helpers by Barbara B. Varenhorst, Ph.D.

A trainer's manual for adult leaders preparing young volunteers to do peer helping, with 15 interactive sessions complete with discussion guides and handouts (many useful for any age volunteer learning to do counseling).



--SOURCE: Energize, Inc., Book Buzz, September 21, 2012

LOW INCOME ENERGY SAVING KIT PROGRAM

To apply for <u>FREE FortisBC PowerSense energy saving kit</u> for low income households, the account holder must complete this application in full. By completing and sending your completed form, you are providing your consent for FortisBC to register your account information to the PowerSense energy saving kit program database.



These free kits include: a low-flow showerhead, faucet aerators, weather stripping, window film, pipe insulation, outlet and switch gaskets, hot water gauge, compact fluorescent light bulbs (CFLs), a fridge and freezer thermometer, and efficient night light.

--SOURCE: FortisBC, Richard Dubeck, PowerSense Community Ambassador

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WORKING SHOULDER TO SHOULDER: STORIES & STRATEGIES OF YOUTH-ADULT PARTNERSHIPS THAT SUCCEED by Deborah Fisher

Stories and strategies of youth-adult partnerships that succeed, with over 20 reproducible tools to help you engage youth participants to the greatest effect in your organization. This book is available as an e-book (US\$12.00) here>>>



--SOURCE: Energize, Inc., Book Buzz, September 21, 2012

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EIGHT WAYS TO TAKE CSR TO THE NEXT LEVEL THIS FALL

My children are back to school this week. As parents know, this time of year is both a relief and a challenge. On the one hand, we've exhausted the list of summertime activities and can hardly wait for the first day of school. On the other hand, we're back to helping with homework, consoling those who aren't happy with their teachers, and preparing lunches.



What does going back to school have to do with corporate social responsibility (CSR)?

It would be worth exploring how corporations such as <u>Staples</u> and <u>Walmart</u> that support education could go further to more meaningfully engage parents and their children at this time of year. But that's for another assignment. Today, I'm thinking about back-to-school lists. What to bring to school, what not to wear, and the school rules (Yesterday I noticed that at my daughter's school, one of the Toronto District School Board's more perplexing rules specifies: "Hats are not permitted in the building.")

It occurred to me that those of us in the CSR space could use a list of what to keep in mind as we get back to business this fall. With that in mind, here is an eight-point CSR checklist with some new ideas to help take your program to the next level this fall.

LEADERSHIP:

1. Get your CEO and other key executives to describe the social purpose of your company and how this contributes to its value as a business. Use this as the foundation for writing a social purpose "manifesto."

Read the article here>>>

--SOURCE: Imagine Canada, Nonprofit Newswire by Imagine Canada, September 6, 2012

Social Media

5 Ways to Make Linkedin Board Connect Work for Your Nonprofit by Geri Stengel

With nearly two million nonprofit board seats open, good board members are hard to find. Most nonprofits know that looking for board members can be time-consuming and frustrating. I've been there, on the hunt for people who have the expertise and passion to make a positive contribution to the nonprofit I care about. I have served on two boards, including Governance Matters, which strengthens boards in NYC through advocacy, education and resources. Now I serve on the board of Praxis Housing. We provide housing to the chronically homeless who have HIV/AIDS, mental health issues, chemical dependency, and other special needs.

Praxis is expanding its six person board to 11. We knew what skills we wanted and tried all the usual ways. In the past, we had success with BoardServeNYC, a United Way initiative; referrals; direct asks, among other tactics. Recently we started asking umbrella organizations, such as legal and nursing associations for help recruiting board members. Many of these organizations have programs that match their members with board opportunities. Read the whole post>>>



--SOURCE: Beth's Blog by Email 2012 September 24

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DATA ON NONPROFIT CLOUD COMPUTING: ANYWHERE, ANYTIME TECHNOLOGY FOR SOCIAL CHANGE

NOTE FROM BETH: Back in 2003 when most people in the nonprofit sector were asking, "What the heck is a blog?," Marnie Webb, Co-CEO of TechSoup Global was not only writing one, but evangelizing to nonprofit techies about social media (called Web 2.0 back then) and being the one of the visionaries behind the Netsquared project. So, when Marnie starts talking about the next big disruptive technology for the nonprofit sector, I listen. For the past year or so, she's thinking about and talking about "Cloud Computing." That's when you use software on the Internet versus your local hard drive or local computer network. It makes your data and documents available anywhere, anytime.

TechSoup has just released the results of a global study if NGOs about cloud computing with some interesting findings.



CLOUD COMPUTING SURVEY RESULTS FROM TECHSOUP GLOBAL

At <u>TechSoup Global</u>, the place at which I work, we wanted to know what NGOs worldwide thought about cloud computing. So we asked and more than 10,500 organizations from 88 countries and they answered. <u>We've published those results</u> and our partner network has <u>translated the executive summary into a wide variety of languages</u>. And here's why we care so much about the cloud:

1. We care about the ability of communities to create change. That requires that organizations are able to spend as much time on the mission as possible. It also requires the ability to connect, to share, to communicate – in real time. And the cloud helps that. From project management software to communications platforms, the

ability to use cloud-based solutions to quickly and effectively stand up a technology application and allow others to integrate is critical to the kind of success that we've seen in the projects submitted in NetSquared challenges.

Read the whole post>>>

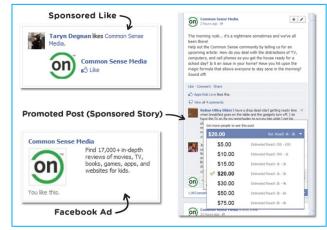
--SOURCE: Beth's Blog by Email 2012 September 20

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SIX THINGS NONPROFITS SHOULD KNOW ABOUT FACEBOOK ADS

Note From Beth: Here's some quick tips on using Facebook Ads. The most important thing to remember is that being successful, especially with ads, depends on using measurement and metrics to learn as Taryn's point number for suggests. If after reading these tips, you want to want some more case studies and indepth resources, please see this post: "How A Small Nonprofit Used Facebook Ads Effectively"

If you build it, they will come... but what if they don't? What if you've done everything to build a strong Facebook community, consistently post quality content and do your very best to engage with users, but you (or, in some cases, your CEO) still want more?



With limited to no budget, you have the opportunity to grow your community organically and develop meaningful relationships with your fans, bringing them closer to your organization's mission with each Facebook post. But with recent changes to Facebook Pages and the newsfeed algorithm that now prevents parts of your audience from seeing everything you share, nonprofits big and small are turning to Facebook ads for as little as \$1 per day to ensure eyeballs and engagement. With so many options at our fingertips, I recently took the time to really understand how it all works. If you're interested in considering the options too, I hope my research helps guide you to make the best decision for your organization:

Read more>>>

--SOURCE: Beth's Blog by Email 2012 September 19

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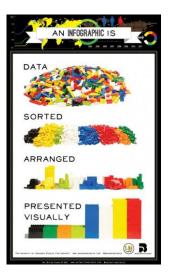
WHAT IS AN INFOGRAPHIC?

Here's 5 infographics that will help you get up to speed about using visualization processes to generate insights from data.

We've all heard the phrase, "a picture is worth 1,000 words." An infographic (short of information graphic) is a picture that blends data with design, storytelling, and insights that helps nonprofits concisely communicate messages to their audiences. While infographics are used to share marketing messages, they can also be used for reporting because visualizing the data can convey complex information to an audience in a way that can be quickly consumed ("at a glance") and easily understood. To create a good infographic, it requires a blend of skills: data visualization, sense-making, and information design.

Read more>>>

--SOURCE: Beth's Blog by Email 2012 September 18 (infographic: Hot Button Studio)



THE NETWORKED PROFESSIONAL: PRINCIPLES OF EFFECTIVE ONLINE NETWORKING

On Friday, I was honored to lead a session for participants in the TechWomen program, an initiative of the U.S. Department of State's Bureau of Educational and Cultural Affairs (ECA), designed to offer professional development, networking, and mentorships for women in

Beth's Blog How Networked Nopprofits Lever Networks and D. Social Change

the Middle East working in the technology and science sectors. This year's 41 participants are matched with mentors from companies here in the Bay Area and do a five-week internship. They also receive training and visit other parts of the US. Read the whole post>>>

--SOURCE: Beth's Blog by Email 2012 September 11

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RESOURCE SPOTLIGHT: GEOPOLLSTER

GeoPollster is a new connected app that enables you to view the political donations of businesses that you check in to on Foursquare. Powered by OpenSecrets.org, nonprofits that work on issues related to corporate accountability and democracy could use this app as part of their mobile strategy to build awareness about campaign finance reform.

--SOURCE: Heather @ DIOSA Communications & Nonprofit Tech 2.0, October 1, 2012



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RESOURCE SPOTLIGHT: LASTPASS

<u>LastPass</u> is a tool that consolidates all your online passwords into one easy-to-use, secure password manager. Ideal for social and mobile media managers that are juggling 20+ accounts, the premium version is only \$12 a year.

--SOURCE: Heather @ DIOSA Communications & Nonprofit Tech 2.0, September 24, 2012



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FALL WEBINAR SPECIAL FOR NONPROFITS

All social media and mobile media webinars offered by Nonprofit Tech 2.0 have an individual price of \$50, but through December 20, 2012 they will be offered at the following discounted rates:

Buy 2, Get 1 Free :: 3 for \$100
Buy 3, Get 2 Free :: 5 for \$150
Buy 4, Get 3 Free :: 7 for \$200
Buy 5, Get 4 Free :: 9 for \$250

DIOSA Communications

You can purchase a combination of registrations for webinars already scheduled and/or credits for webinars that are not yet scheduled. Please note that all 10 webinars rotate on a regular basis, so if any of the currently scheduled webinars do not fit your schedule you can still take advantage of this special by purchasing a combination of registrations and credits for future dates.

View Current Webinar Schedule>>>

--SOURCE: Heather @ DIOSA Communications & Nonprofit Tech 2.0, September 20, 2012

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RESOURCE SPOTLIGHT: DAILY DOGOODER

Daily DoGooder is a free e-newsletter that delivers one, just one, excellent cause video to your inbox each day. If your nonprofit needs creative inspiration or wants to see what other nonprofits are doing to tell their story via video, this is a must subscribe e-newsletter. Read this week's newsletter>>>



--SOURCE: Heather @ DIOSA Communications & Nonprofit Tech 2.0, September 17, 2012

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Training

16 STEPS OF DISCOVERY AND EMPOWERMENT

This is a group process of healing and understanding issues of self-esteem, addiction and co-dependency. It is led by Charolette Davis Kasl and is based on the 16 Steps from *Many roads, One Journey: Moving Beyond the 12 Steps*.

Two Groups in Kelowna

- Start September 7: Friday 10am -12 noon, Elizabeth Fry, 104-347 Leon Avenue
- Start September 12: Wednesday 6pm 8pm, NOW Canada, 2970 Tutt Street



New Opportunities for Women (NOW) Canada Society

--SOURCE: NOW Canada, Judith Buckley

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CARLETON ANNOUNCES NEW GRADUATE DEGREE IN PHILANTHROPY AND NONPROFIT LEADERSHIP

Carleton University's School of Public Policy and Administration is launching a new Master of Philanthropy and Nonprofit Leadership degree and graduate diploma in the summer of 2013. The program has been made possible in part by a \$350,000 gift from TD Bank Group. The program includes the Metropolis centre announced in May. The new program is designed to help current nonprofit professionals enhance their skills and to produce the next generation of innovators in charities, social enterprises, philanthropic foundations and development offices, as well as the governments, financial institutions and businesses that interact with them. Through a combination of intensive summer sessions and interactive online learning, it will be accessible to students across Canada. For more information visit graduate.carleton.ca.



--SOURCE: CharityVillage.com, Village Vibes, September 6, 2012

HOUSING OPTIONS FOR SENIORS WORKSHOP

Offered the second Thursday of each month. Next workshops will be offered on the following dates:



Dates: October 11, November 8, December 13

Time: 10am - 11:30am

Location: 102 - 2055 Benvoulin Court

Plan ahead and learn about the housing options available to you and seniors in your life. Information about Subsidized Housing, Supportive Living, Assisted Living, and Residential Care will be covered.

--SOURCE: Seniors Outreach & Resource Centre, Vi Sorenson

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BC ACCS 15th Annual Provincial Training Conference

Theme: Stepping Stones to Well-being

Dates: November 8-10, 2012

For workshop descriptions, please click here: The 2012 Conference Workshop Guide

To register online, click here.

--SOURCE: Kelowna Childcare Society, Kelowna Child Care Resource & Referral Newsletter, October - November 2012



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NATIONAL BOTTOM LINE CONFERENCE 2013

Now in its 10th year, Bottom Line Conference has now expanded to be a national conference. This conference has become the signature event for CMHA, creating awareness of the importance of



psychologically healthy workplaces, and finding strategies and solutions that benefit both employers and employees. For the 2013 conference, which will take place at the Vancouver Convention Centre on February 27-28, speakers include Professor Dame Carol Black and Mary Ann Baynton. The theme for the 2013 conference is "Celebrating a New Era in Workplace Mental Health: Putting National Standards Into Practice." Please visit bottomlineconference.ca to view the speakers' bios and plenary topics, and take advantage of the early bird special!

--SOURCE: CMHA, Mind Matters, September 28, 2012

DEPRESSION AND SUICIDE PREVENTION

There is a strong connection between depression and suicide prevention. Come and join our Youth in Residence Brent and Sarah, other youth, a psychiatrist and a suicide prevention educator in a discussion about this important topic, which may affect you, your friends, or family members. This will be an interactive event with a chance to participate in open dialogue with other youth that may have similar experiences.



There is a strong connection between depression and suicide prevention. Come and join our Youth in Residence Brent and Sarah, other youth, a psychiatrist and a suicide prevention educator in a discussion about this important topic, which may affect you, your friends, or family members. This will be an interactive event with a chance to participate in open dialogue with other youth that may have similar experiences.

Date: Thursday, October 11, 2012

Time: 12pm-1pm (PDT)

Cost: Free

Audience: Open to everyone Format: Interactive discussion

Registration: None required

How to Join: Join us through the telephone by dialing 1-877-291-3022 and entering the access code

4611577#

UPCOMING TOPICS: Teen Substance Use Trends & Related Mental Health Conditions - November 15

<u>Visit the events section of our website</u> for upcoming events or for previous audiotaped sessions, additional resources check out our resources section.

--SOURCE: Kelty Mental Health Newsletter, Pinwheel Education Series, October 1, 2012

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MENTAL HEALTH WORKS WORKSHOPS

Mental Health Works presents the award-winning workshop Complex Issues, Clear Solutions - Managing Workplace Mental Health Issues. The workshop provides clear strategies and practival tools fro operational managers, HR professionals, and union leaders. Develop your skills and comfort level to more effectively manage employees experiencing emotional distress. Topics include noticing changes in employee behaviour, communicating with the employee, dealing with performance and co-worker responses, and developing accommodations.



Date: October 31
Time: 9am - 5pm
Location: UBC Okanagan
Cost: \$295+HST per person

\$260+HST per person for 3 people from the same organisation who register at the same time

includes refreshments and lunch

For more information or to register visit cmha.bc.ca, phone 1-800-555-8222 or 250-861-3644 ext 109 or email candace.giesbrecht@cmha.bc.ca.

--SOURCE: CMHA, Mind Matters, September 28, 2012

THE BRIDGE YOUTH AND FAMILY SERVICES 2012/2013 SPEAKER SERIES

2012/2013 topics include: Bullying, Substance Use and Youth, Common Childhood Illnesses, Parenting with Developing the Brain in Mind, Family & Cultural Adjustment, Understanding Anxiety in Children, The Father/Daughter Bond, The Kids are Alright-The Who, The What, The Why and The Help.

For more information, contact us at 250.763.0456, email info@thebridgeservices.ca, or visit our check out the calendar here.



--SOURCE: Community Action Toward Children's Health, CATCH Network Newsletter September 24, 2012

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YOUTH SUBSTANCE USE WEBINAR - OCTOBER 10

The upcoming webinar 'Emerging Issues in Youth Substance Use – Distinguishing Evidence and Hype' from HC Link examines issues concerning youth and substance use in Ontario. The discussion will take a look at the influence of media-driven information and what actions health promoters, educators and youth workers should take towards substance abuse. Speakers participating in the discussion include Patricia Scott-Jeoffroy an Addiction Counsellor who has worked with the Centre for Addiction and Mental Health, hospitals, health services, school boards and charities and Diane Buhler the Execute Director of Parent Action on Drugs. The webinar is taking place October 10th –10:00-12:00 EDT to register visit hclinkontario.ca.



--SOURCE: CMHA, Mind Matters, September 28, 2012

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SAFE AND SOUND WORKSHOP

This 8 hour workshop is an opportunities to learn and share through large and small group discussion, creative planning and practice in recognizing and addressing psychologically unsafe workplaces and finding solutions for promoting mentally healthy workplace. Topics include understanding what is meant by workplace bullying and harrassment, learning steps to address the hazards of workpalce bullying and harassment, and gaining understanding of other factors which can compromise psychological health and safety in the workplace.



Date: November 1 Time: 9am - 5pm

Location: UBC Okanagan, Kelowna Cost: \$295+HST per person

\$260+HST for 3 people from the organisation who register at the same time

Includes refreshments and lunch

For more information or to register visit cmha.bc.ca, phone 1-800-555-8222 or 250-861-3644 ext 109 or email candace.giesbrecht@cmha.bc.ca.

--SOURCE: CMHA, Mind Matters, September 28, 2012

RETURN TO WORK, STAY AT WORK WEBINAR SERIES

The Canadian Institute for the Relief of Pain and Disability is hosting the free online education series that provides an opportunity for professionals to share their latest research and tools to help people with chronic pain or disability to stay and work and to return to work. To register for upcoming webinars visit www.cirpd.org.



- Strategic Issues and Solutions in Workplace Mental Health October 11
 Provides an opportunity for professionals to look at recent developments in workplace mental health including
 research, legislative requirements and evolving standards. Attendees will learn the economic, business and
 legal factors that make investments in mental health worthwhile, a framework for approaching individual ability
 managements and gain an understanding of new legislative requirements and national standards related to
 workplace mental health. The webinar will be led by Margaret Tebbutt the Senior Consultant for Workplace
 Initiatives with the CMHA BC and manager of the National Bottom Line Conference.
- Opioids: Friend of Foe October 24
 In this webinar, Dr. Furlan will discuss the myths and facts around addiction and opioids and teach skills that will help patients and doctors communicate about opioids.
- Early, Safe and Sustainable Returning to Work After Injury or Illness October 26
 Doug Kube will discuss current research and best practices for getting employees back to work following an injury or illness
- When Mental Health Matters in Return to Work January 31
 Dr. Schultz will take participants on a tour of recent developments in workplace mental health including research, legislative requirements and evolving standards.

--SOURCE: CMHA, Mind Matters, September 28, 2012

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STRENGTHENING ORGANIZATIONS: WEBINAR SERIES FOR CHARITIES AND NONPROFITS

Imagine Canada's Standards Program and Insurance and Liability Resource Centre for Nonprofits present this webinar series featuring top-of-mind topics to help your organization assess and minimize its risk in the key areas of governance, finance, fundraising, and human resources. If you're thinking of having your organization go through the Standards Program accreditation process, these webinars are essential to help you get ready.

Topics include: Risk Management 101, Workplace Bullying and Conflict, Managing Fundraising Risks, Recruiting and Screening Staff and Volunteers, Strategic Planning for Nonprofits, Monitoring your Organization's Budget,

Subscribe to the entire series and access each webinar for as little as \$12.50 each. Individual webinars start at \$25 based on the size of your organization's budget. Additional information and registration>>>



--SOURCE: Imagine Canada, Imagine Matters, September 25, 2012

COURSE: LIVING LIFE TO THE FULL

In eight, enjoyable 90-minute sessions – one per week – Living Life to the Full (LLTTF) helps people to make a difference to their lives. Each session is expertly moderated and includes a booklet. Participants are taught how to deal with their feelings when fed up, worried, or hopeless, and learn skills that help them tackle life's problems. Sign up for one of the following courses or learn more about the program at llttf.ca.



Dates: November 5 – December 3

Time: 6:30pm - 8pm

Location: Arts Building, Room A125,

Okanagan College.

Cost: \$190

--SOURCE: CMHA, Mind Matters, September 28, 2012

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INTRODUCTION TO SOCIAL ENTERPRISE WEBINAR SERIES

One of the <u>four priority areas for action</u> at the 2011 National Summit was sustainable financing of the sector. A component of this financing priority area was the possibilities for earned income -- an area which many sector organizations are anxious to learn more about. In response to that, from September 14 to



October 26, Imagine Canada is co-hosting a webinar series with enterprising non-profits and Social Enterprise Council of Canada to give organizations a better understanding of how social enterprise works and how it might fit into their plans. Webinars will discuss the what and why of social enterprise, the development path, creating a supportive environment and legal considerations. Advance registration is required. Details and registration>>>

--SOURCE: Imagine Canada, Imagine Matters, September 11, 2012

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SAFE SENIORS: ESTATE AND RETIREMENT PLANNING

The focus of this presentation will be to ensure that you are properly informed how to protect yourself legally for any eventuality. This includes estate planning issues such as wills, powers of attorney, representation agreements, and helpful tips when dealing with family concerning issues surrounding health, money and long-term planning.



Date: Tuesday October 16, 2012

Time: 2pm - 4pm

Place: Seniors Outreach & Resource Centre, Multi-purpose Room

102-2055 Benvoulin Court

 Phone:
 (250) 861-6180

 Fax:
 (250) 861-6153

 Email:
 seniorvi@telus.net

 Web:
 seniorsoutreach.ca

--SOURCE: Seniors Outreach & Resource Centre, Vi Sorenson, Executive Director

BC HEALTHY COMMUNITIES: WEBINARS

INTEGRATING HEALTH CONSIDERATIONS INTO COMMUNITY PLANNING: Examples & lessons learned from Fraser Health Authority. BC

This Fireside Chat will shed light on some of the innovations pioneered by this health team, including integrating this work into its Healthy Community Partnerships initiative, developing an Official Community Plan Workbook, and working with the BC Healthy Built Environment Alliance to develop a healthy built environments framework that links elements of planning and design with health.

Fraser Health serves communities across the urban to rural spectrum. Accordingly, the issue of transferability and validity of evidence in the non-urban context will be discussed, with specific solutions or suggestions presented. Click here for more info>>>

SINGUE STATES

When: October 23

Time: 1pm - 2:30pm (EDT)

HOME IS WHERE YOUR HEALTH IS:

BC Healthy Communities (BCHC) and Northern Health (NH) are hosting their third year of 'Citizens Series' webinars. These two-hour sessions invite dialogue from northern communities on specific topics that are critical to improving the health outcomes of northern people, recognizing that community and civic involvement is a cornerstone to healthy people and populations.

Each session panel will include strong northern based voices, as well provincial or national leaders in the topic area. All you need is access to a phone and computer with an internet connection. This is a wonderful opportunity to gather colleagues and interested advocates and access this learning webinar at a very low cost – FREE! Click here for more info>>>

Where: November 22

Time: 1:30pm – 3:30pm (PST)

--SOURCE: BC Healthy Communities, BCHC Newsletter, September 2012

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BCNPHA PRESENTS: READY, SET, BUILD! DEVELOPMENT WORKSHOP

In this 6-hour workshop, a BCNPHA facilitator will outline the affordable housing development process and explore the key factors for success in today's social housing environment.

When: Friday, October 19, 2012

Time: 9am to 4pm PDT

Cost: \$20 per person for BCNPHA members

\$40 for non-members

Location: Royal Inland Hospital

311 Columbia Street, Kamloops, BC

Hosted by: Phoenix Centre of Kamloops

Register>>>

--SOURCE: BC Non Profit Housing Association, September 28, 2012



STEWARDS OF CHILDREN CHILD SEXUAL ABUSE PREVENTION

Little Warriors, a national charitable organization, is pleased to offer the revolutionary, research based Stewards of Children Prevention Workshops in Kelowna. Facilitated by local authorized facilitator, the Stewards of Children 3 hour workshop educates adults how to help prevent, recognize and react to child sexual abuse.

UPCOMING WORKSHOPS:

Dates: October 20th

February 23rd

Times: 10am - 1pm

Cost: \$30 individual registration or

\$25 per person for groups of 2 or more

each participant receives a manual and certificate Online at littlewarriors.ca or call 1.888.440.1343.

Register: Online at <u>littlewarriors.ca</u> or call 1.888.440.13

--SOURCE: Little Warriors, Shannon Phelan, Community Relations



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MAKING CONNECTIONS: CHALLENGING BEHAVIOURS, MENTAL HEALTH AND SENSORY PROCESSING

The FASD Awareness Committee is sponsoring a one day workshop.

Increasing numbers of children and adolescents are presenting with dual diagnosis of both a developmental disability with accompanying mental health challenges. Sorting through these overlapping complexities with diverse behavioural outcomes is often a dilemma for professionals. Join this one day workshop developing your detective skills evaluating these merging influences. The workhshops is designed for a broad audience of clinicians, psychologists, therapists, social workers, psychiatrists and special educators.



When: November 6, 2012
Time: 8:30am - 4:30pm
Where: Ramada Hotel

Cost:

2170 Harvey Avenue, Kelowna \$75 including lunch and breaks

Register: Online (sd23.bc.ca| Programs and Services| The Learning Centre| eReg)

By email: Jean.Daigneault@sd23.bc.ca

For more info, contact Brad Penner 250-763-2977.

--SOURCE: FASD Awareness Committee

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LAST CHILD IN THE WOODS

Community Action Toward Children's Health (CATCH) is pleased to announce our National Child Day Pre-Release event for the 2012 State of the Child Report with guest speaker Richard Louv, author of The Nature Principle and Last Child in the Woods. The first 100 people to register will be entered into a draw for a seat at the Interactive Forum with Richard Louv following the event.



This event is brought to you by CATCH in partnership with our Early Childhood Development Community: Communities for Kids (South Okanagan) and The North Okanagan Early Childhood Development Coalition (Vernon)

For more info and online registration, visit: Last Child in the Woods - Guest Speaker Richard Louv Event

--SOURCE: Community Action Toward Children's Health, September 18, 2012

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MANAGING MULTIPLE PRIORITIES, PROJECTS AND DEADLINES

Prioritize crucial projects, manage conflicting demands, reduce pressure, and master multiple tasks with confidence!

- Discover Organizational Skills
- Develop Smart, Legitimate Shortcuts
- Manage Stress Caused by the Multiple Demands on Your Time

In just one day, you'll understand how you can gain more control over your time, tasks, and priorities than you ever thought possible!

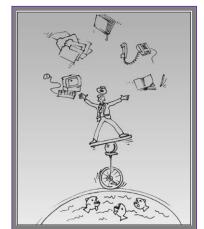
Date: November 7, 2012

Place: Holiday Inn Conference Centre

2429 Highway 97 North, Kelowna

Cost: \$199.00 CAD

\$189.00, CAD groups of 5 or more



To find out more about *Managing Multiple Priorities, Projects and Deadlines*, contact our customer service department at customerservice@pryor.com or by phone at 1-800-780-8476.

--SOURCE: Fred Pryor Seminars, September 17, 2012

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BC Non-Profit Housing Association Conference

BC Non-Profit Housing Association's 20th Annual Conference is designed and tailored to meet the unique needs and interests of the full spectrum of the non-profit housing community. All who are associated with the non-profit housing sector, including Board



members, executive staff, management, front-line and support staff, and volunteers will benefit from this conference. The conference is also of value to housing researchers, students, and policy makers, as well as funding partners who interface with the non-profit housing sector.

Date: November 19 – 21, 2012

Location: Sheraton Vancouver Airport Hotel,

Richmond, BC

Visit our 2012 Conference webpage to view the full program and register here>>>

--SOURCE: BC Non-Profit Housing Association, September 12, 2012

MEN'S DROP-IN GROUPS

STRESS OR ANGER IN RELATIONSHIPS

This is a men's evening drop-in group beginning Monday, September 10, 2012, 5:30pm—7:30pm. Pre-registration is not required.

RELATIONSHIP GROUP

This is an men's evening drop-in group beginning Wednesday, September 19, 2012, 5:30pm—9pm. This group is presently full, please call the centre to be placed on the Wait List.



Please call the Kelowna Family Centre at 250-860-3181.

--SOURCE: Kelowna Family Centre, September 25, 2012

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LEADERSHIP AND MANAGEMENT - THE ESSENTIAL FOUNDATIONS

When: May 24, 2013, 8:30am – 4pm Location: Sandman Hotel and Suites,

2130 Harvey Ave, Kelowna Phone: 250-860-6409

Cost: \$195 +HST, Early Registration - May 3 deadline

\$235 +HST, Regular Registration



Register for this workshop>>>

--SOURCE: ACHIEVE Training Centre

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CONFLICT RESOLUTION SKILLS

November 8, 2012
 Kamloops - (early rate deadline October 18)

• November 9, 2012

Vancouver - (early rate deadline October 19)

Early rate: \$165 Regular rate: \$235

Many conflicts would not spiral out of control if people used conflict resolution techniques that are easy to learn and utilize. This workshop will teach participants to understand the dynamics of conflict and equip them with the skills needed to respond confidently when faced with situations of conflict...more info>>>

--SOURCE: ACHIEVE Training Centre



Volunteerism

VOLUNTEERING IS SO GOOD FOR YOU THAT DOCTORS SHOULD RECOMMEND IT, EXPERTS SAY

VOLUNTEERING can improve wellbeing to such an extent that doctors should recommend it to patients, experts suggest.

International researchers in the field of preventive medicine say a growing body of studies has found volunteers are happier and healthier than those who do no unpaid work.



Dr Stephen Post, from Stony Brook University in New York, said volunteering produced health benefits because it provided meaningful activities, made people feel like they mattered and helped them adjust to change.

"Happiness, health and longevity are the benefits that have been reported in more than 50 investigations," he said. Read more>>>

--SOURCE: Australasian Volunteer Management Group, [OzVPM Newsgroup] Digest Number 1804, October 1, 2012 (Adelaide Advertiser)

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CAREER Q&A: DOES IT MATTER IF YOUR EXPERIENCE IS VOLUNTEER OR PAID?

by Nancy Ingram and Christa McMillin, September 12, 2012

I have recently graduated with a Masters degree and am looking to build a career in the nonprofit sector. I have been an active volunteer with a number of organizations over the years and have gained experience in my field through unpaid internships, but my paid work has been as a barista and camp counselor. Does it matter if my experience is from volunteer roles or paid jobs?



The short answer is no.>>>

--SOURCE: The Federation of Community Social Services of BC, Federation News Clippings - September 13th, 2012, Marshall Watson

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YOUTHLEADERSTASH.COM

Tuesday Trends is a weekly post that covers, in brief, emerging movements, innovations, or strategies that you can integrate, tweak, or ponder as you organize your program.

Teens & Tweens are powerful commodities in the world of getting things done. As youth leaders you are more than likely looking for ways to energize student involvement and participation in church related or community related good. Microvolunteering is a trending practice among students who are over scheduled but intimately engaged in being helpful.



MICRO-VOLUNTEERING

- An Instant Generation Students today are impulsive and expectant. They have been conditioned in a world were waiting is not an option. You're able to get pretty much anything you want within a few clicks.
- A Digital Generation Students will commit to digital opportunities where online signups and compelling
 invitations to help are extended. Services like <u>Wufoo</u>, <u>Sparked</u>, & <u>Volunteer Spot</u> offer great ways to share
 options and opportunities for kids to serve.
- Bite Sized This generation is looking for customizable experiences and options that can fit into their lives. Like it or not, youth determine their participation by asking, "Can I do this now? How long will it take?" and, "How big are the qualifying barriers?"

Read more>>>

--SOURCE: Volunteer Canada, Volunteer Canada Media Monitoring' September 28, 2012

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Do you have news related to the non-profit / voluntary sector that you wish to share with your colleagues? Send Community Information and Volunteer Centre your information at informkelowna@kcr.ca by the 20th of the month.

This Bulletin is a publication of Community Information and Volunteer Centre. To subscribe, please click here.

Community Information and Volunteer Centre is a program of Kelowna Community Resources. Go to www.kcr.ca for more information about Kelowna Community Resources and Community Information & Volunteer Centre. Be sure to add or update your volunteer and / or organization information.

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