



Kelowna
Community
Resources

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Community Information & Volunteer Centre



Bulletin October 2010

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Awards



ME TO WE AWARD WINNER: TROY BECKER

CRIS Adaptive Adventures is extremely proud to announce that Troy Becker, our favourite founder and force of nature, is one of this year's Canadian Living Me to We Award Winners! With the help from voters all across Canada, Troy has received the "In the Community" award which honours the extraordinary impact he's made for people with physical and mental disabilities in our community in and around the Kelowna, BC area.

The Me to We organization, whose sister organization is Free the Children, honours "ordinary" Canadians who truly think "we" before "me". Winners are offered \$5,000 to donate to a cause that they are passionate about to help those heroes to continue helping and inspiring others.

Troy is a local West Kelowna firefighter who has devoted his time and resources to making outdoor activities accessible to people with disabilities. Founding CRIS Adaptive Adventures in 2001, Troy believes that CRIS outings create a strong sense of community and belonging in both the participants and the able bodied volunteers.

According to Statistics Canada, about 4.4 million Canadians (14.3 %) reported having some sort of disability in 2006. CRIS Adaptive Adventures has provided over 5,700 outdoor opportunities to hundreds of people with disabilities with the help of over 80 active volunteers (providing over 90,600 volunteer hours) since the beginning.

Troy will donate his Me to We Award money to CRIS Adaptive Adventures and hopes to secure more local and provincial funding so that CRIS Adaptive Adventures can help even more people.

Please see October's issue of Canadian Living (pg 102) for more information and the full article of Troy's Me to We Award.

Thank you to all who voted to support Troy!

SOURCE: CRIS Adaptive Adventures, Katie Johnston, Executive Director

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2011 EVA'S INITIATIVES' AWARD FOR INNOVATION

Now in its sixth year, the Eva's Initiatives' Award for Innovation, offered with the generous support of CIBC, recognizes the incredible work being done by Canadian organizations to assist homeless youth. New this year, Eva's will accept applications for projects still in the development stages. Changes have also been made in the criteria for the awards.

Winners will be community organizations demonstrating innovation in one or more of the following ways:

- Delivering services that help homeless and at risk youth achieve greater self-sufficiency
- Demonstrating ways to help prevent or end youth homelessness
- Including green or environmental strategies in their programs
- Engaging youth in ways that foster leadership development
- Entering into research collaborations and demonstration projects

The deadline for applications is November 12, 2010 at 9 pm, EST. Applications are now available online at www.evasinitiatives.com.

SOURCE: CharityVillage.com, Village Vibes, October 4, 2010

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Facts and Trends

DONATIONS TO HEALTHCARE INSTITUTIONS UP IN CANADA; DOWN IN THE US

The Association for Health Care Philanthropy's Annual Report on Giving reported that Canadians in 2009 donated \$56 million more to healthcare institutions than in the previous year. In the US, charitable donations dropped \$944 million in the same period. Four out of five donations to healthcare institutions in Canada were made by individuals in 2009, contributing to a total of \$1.1 billion dollars in charitable gifts in Canada. Despite the positive trend, the 2009 figures sits \$200 million below 2007 levels of giving. For more information, visit: www.ahp.org.

SOURCE: CharityVillage.com, Village Vibes, October 4, 2010

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UK CHARITY LEADERS' CONFIDENCE AT AN ALL-TIME LOW

Britain's National Council for Voluntary Organizations published its quarterly Charity Forecast Survey on September 29. It showed that leaders' confidence in their organization's financial situation is the lowest since the survey began three years ago. Over half (57%) of respondents expect their organization's general situation to worsen over the next year, and net confidence levels are at an all-time low. For more information, and to view the full report, visit: www.ncvo-vol.org.uk.

SOURCE: CharityVillage.com, Village Vibes, October 4, 2010

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CANADIANS SLOW TO GIVE TO PAKISTAN FLOOD RELIEF

About two in five Canadians (38%) report making a donation to help Haiti after the January earthquake, including 46% of Atlantic Canadians and 45% of British Columbians. Half of respondents (52%) believe the federal government has done the right amount in order to help the victims of the earthquake in Haiti. However, only 4% of Canadians have made a donation to help Pakistan after this year's floods, including 7% of British Columbians. More than a third of respondents (36%) believe the federal government has done the right amount in order to help the victims of the floods in Pakistan.

SOURCE: *CharityVillage.com, Village Vibes, September 7, 2010, Angus Reid*

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CANADA STILL FACES LARGE GENDER WAGE GAP

Canada continues to have difficulty closing the gender wage gap, according to new research. Although women in Canada are 8% more likely than men to graduate from high school, 11% more likely to graduate from college, and 18% more likely to graduate from university, they are still facing unequal pay in the workforce. In 2007, women with a university degree made, on average, 63% less than men with similar education. Canada's wage gap has remained virtually unchanged in ten years, as women earned 61% of what men did back in 1998.

SOURCE: *CharityVillage.com, Village Vibes, September 13, 2011, Statistics Canada*

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WORLD GIVING STUDY RANKS CANADA AT NUMBER THREE

The Charities Aid Foundation released the World Giving Index, the largest study ever carried out into charitable behaviour across the globe. In the study, Canada ranked number three for generosity, behind Australia and New Zealand. The study found that 64% of Canadians have given money to charity, 35% have given time, and 68% have helped a stranger. The study gave Canada an overall score of 7.5 out of 10. For more information, visit: www.cafonline.org.

SOURCE: *CharityVillage.com, Village Vibes, September 13, 2010*

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FEWER CANADIAN TEENAGERS STAYING IN SCHOOL

A new report found that 20% of Canadian teenagers, age 15 - 19, are high school dropouts. The number of teen dropouts was largest in the territories, with numbers reaching as high as 34%. Alberta had the second highest rate at 26%, and New Brunswick had the lowest rate at 15%. In 2008, the employment rate for Canadians age 25 to 64 without a high school diploma was only 58%, compared to 83% of high school graduates.

SOURCE: *CharityVillage.com, Village Vibes, September 13, 2010, Statistics Canada*

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EMPLOYEES MORE STRESSED AT WORK THAN THIS TIME LAST YEAR

Although the economy is recovering, 30% of Canadian employees say they are more stressed at work now than they were this time last year. Only 32% indicated that their employer helped them to relieve their stress at work, with 30% citing insufficient pay, 27% citing work overload, and 22% citing a negative work environment as the main stressors. A further 36% indicated that employers needed to do a better job recognizing employees' efforts, 31% said employers needed to improve the working environment, and 26% felt that overall working conditions needed to be examined. However, 88% of employers feel that they are offering good support to their employees.

SOURCE: *CharityVillage.com, Village Vibes, September 20, 2010, Desjardins Financial Security*

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YOUNG DONORS GIVE PRIMARILY ONLINE

According to a new survey, 72% of Canadians have given or plan to give online donations this year. Direct mail is still popular with donors 35 and older, as 50% reported they'd be giving a

charitable donation through the mail this year. Only 16% of donors under 35 give this way. The majority of young donors, 64%, gave more to charity in 2009 than they did in 2008. This is compared to 53% of donors between 35 and 64 and 54% of donors age 65 and older. -- Cygnus Applied Research, Inc.

SOURCE: CharityVillage.com, Village Vibes, September 20, 2010, Cygnus Applied Research, Inc.

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Federal

FEDS EXTEND DEADLINE FOR MATCHING DONATIONS TO PAKISTAN FLOOD RELIEF

In order to better respond to the needs of the people of Pakistan and to more effectively match the generosity of Canadians, the Government of Canada has decided to extend the deadline for matching eligible donations until October 3, 2010. Organizations have until October 18, 2010, to submit their declaration forms indicating the amount of eligible donations they have collected. For more information, visit: www.acdi-cida.gc.ca.

SOURCE: CharityVillage.com, Village Vibes, September 20, 2010

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Financial

AVIVA COMMUNITY FUND TO GIVE AWAY \$1 MILLION IN ONLINE COMPETITION

This year, the Aviva Community Fund will provide \$1 million to put your ideas for positive change into action. Share your ideas online, and Canadians will decide which ideas get funded. To be eligible for the competition your idea must create a positive change in your community. As well it must be:

- Action oriented
- Priced under \$500,000
- Executed by December 2011
- Local (within Canada)

Entries can be submitted online as of September 27, 2010, and winners will be announced January 25, 2011. For more information, including full eligibility requirements, visit:

www.avivacommunityfund.org.

SOURCE: CharityVillage.com, Village Vibes, September 7, 2010

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ECHOING GREEN ACCEPTING APPLICATIONS FOR 2011 FELLOWSHIP PROGRAM

Through their two-year fellowship program, Echoing Green provides start-up capital and technical assistance to help new leaders launch their organizations and build capacity. Applicants progress through three application stages with eliminations after each phase. By the end of the process, Echoing Green will have narrowed the more than one thousand applications to 12-20 fellowships. The 2011 finalists will begin their fellowship July 2011 and continue until June 30, 2013. The 2011 application period will open October 12, 2010 and remain available through November 12, 2010. For more information, including full eligibility requirements, visit: www.echoinggreen.org.

SOURCE: CharityVillage.com, Village Vibes, September 20, 2010

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FUNDING AVAILABLE TO NONPROFITS OFFERING AGRICULTURAL SAFETY TRAINING

Charitable or not-for-profit organizations in Canada providing safety training related to agriculture may qualify for funding from the new \$100,000 FCC Ag Safety Fund. Farm Credit Canada (FCC) and the Canadian Agriculture Safety Association (CASA) are partnering to provide support for safety training programs aimed at keeping farmers, agribusiness operations, and employees safe at work. Applications will be accepted September 13 through October 27, 2010. For more information, visit: www.fcc-fac.ca.

SOURCE: CharityVillage.com, Village Vibes, September 7, 2010

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ARTEZ LAUNCHES NEW MOBILE FUNDRAISING APP FOR IPHONES

Artez Interactive, a North American fundraising platform provider, has announced the launch of its first mobile fundraising App for iPhone®. The App will be available to charities in the next few weeks. Artez says they can customize with their charitable partners' brands and campaigns so they get a tailor-made fundraising app, completely managed by Artez, in less time and at less cost than if they had commissioned one themselves. Artez and PayPal have collaborated on this new app with the goals of security, functionality and a fast and easy donation process. Read about this new app at: www.artez.com.

SOURCE: CharityVillage.com, Village Vibes, October 4, 2010

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APPLY NOW FOR LEADERSHIP DEVELOPMENT GRANTS

The PricewaterhouseCoopers Canada Foundation has launched an eight week call for submissions for its Leadership Grants Program, which provides up to \$200,000 in grants to leaders at small to medium-sized registered charitable organizations in Canada looking to fund professional development opportunities. Submissions for 2010 will be accepted from September 13 until October 29 at 8:00 p.m. Grants are made available in two categories:

- Individual Leadership Grants (value \$2,500) — to be used by individual staff members or volunteers for professional development opportunities of their own design.
- Team Leadership Grants (value \$5,000) — to be used by teams of two or more staff members and/or volunteers (including the applicant) for professional development opportunities of their own design.

For more information, including full eligibility requirements, visit: www.pwc.com/ca/grants.

SOURCE: CharityVillage.com, Village Vibes, September 13, 2010

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TELUS LIVE UNITED YOUTH PROJECT GRANTS

Telus LIVE UNITED Youth Project Grants will provide grants of up to \$1200 in one-time funding for youth-led social projects that:

- Promote youth involvement and leadership
- Create positive and lasting local community impact

A total of \$10,000 is available during the 2010-2011 school year for projects taking place in the Central and South Okanagan/Similkameen. By working in partnership with a sponsor organization, teams of young people (ages 14-23) can create the kind of community they want to live in, while learning and developing their leadership skills. A team can be made up of a class, a club or youth group, or even just a group of friends!

We all have the power to create positive impact. You can give, you can advocate and you can volunteer. That's what it means to LIVE UNITED.

More information is available at www.unitedwaycso.com. Please contact avril@unitedwaycso.com or call 250.860.2356.

SOURCE: United Way of the Central & South Okanagan, Avril Tory Paice, Community Impact Coordinator

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OVERACHIEVER'S GUIDE TO YEAR-END FUNDRAISING

Lay the groundwork for a big December and earn your overachiever's gold star with this excellent webinar and eBook from our friends over at Sea Change Strategies and Care2.

"The Overachiever's Guide to Year-End Fundraising was one of the best, if not the best, webinar to date. The information was great and so useful; the presenters were brilliant, articulate, upbeat and knowledgeable." -Kate, a satisfied Nonprofit 911 webinar attendee

[Download](#) the recording and eBook today to get nine steps closer to year end fundraising success

SOURCE: Network for Good, fundraising123

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SURVEYING THE PLANNED GIVING LANDSCAPE

Billions of dollars are being transferred to charities and nonprofit organizations now and in the near future through legacy gifts and bequests. If you're in a leadership position in management and/or fundraising, you need to know how your organization is faring, whether your group is part of this extraordinary transfer of wealth, or is being left on the sidelines.

On October 14th, Give Green Canada and CharityVillage® — with input from AFP, CAGP, PPP, and EAGP — will be launching a first ever international survey to explore just how ready the nonprofit world is to handle legacy and bequest giving.

The survey will explore questions including: is sector leadership prepared to invest in gift planning? How are organizations currently integrating revenues from bequests into their annual budgeting? Are fundraising departments collaborating with their communications and marketing counterparts to promote gift planning? And more.

Look for more information on how to participate in the next issue of Village Vibes AND to find out how to win an Apple iPad by taking the survey.

SOURCE: CharityVillage.com, Village Vibes, October 4, 2010

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LEADERSHIP GRANTS PROGRAM

The PricewaterhouseCoopers Canada Foundation Leadership Grants Program provides funding for professional development opportunities for staff and volunteers who work at small to medium registered charitable organizations in Canada. Since the program's launch in 2006, the PricewaterhouseCoopers Canada Foundation has awarded more than \$773,000 in grants to 307 recipients.

Grants are available in two categories through a request for proposal period in the fall of each year:

- Individual Leadership Grants: \$2,500 for individual staff members or volunteers for professional

- development opportunities of their own design
- Team Leadership Grants: \$5,000 for teams of two or more staff members and/or volunteers (including the applicant) for professional development opportunities of their own design.

Deadline: Grant applications must be submitted online by 8:00 pm EST, Friday, October 29, 2010. Late submissions will not be accepted. Faxed or emailed applications will also not be considered. For more information see: www.pwc.com/ca/grants.

SOURCE: *Vantage Point, Fast Facts, October 4, 2010*

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CBC BROADCASTS EXPOSÉ ON CHARITABLE GIVING

On September 22, 2010 the CBC broadcast an [investigative report](#) into charitable giving, headlining that charities paid \$762M to 3rd party fundraisers in 2009, with one telemarketing company pocketing up to 87% of revenue from donations generated through fundraising campaigns. The coverage garnered over 800 comments on the cbc.ca website. [Imagine Canada](#) and the [Association of Fundraising Professionals](#) quickly responded. This week, CharityVillage® launches [The Podium](#), where Canadian fundraiser and bestselling author Harvey McKinnon voices his opinion.

SOURCE: *CharityVillage.com, Village Vibes, October 4, 2010*

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## **KCR Database**

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NEED HEALTHCARE BUT CAN'T AFFORD TO FLY THERE?

Hope Air is a charity that arranges donated flights for people in need on Canada's national and regional airlines and on private planes. Hope Air may be able to help individuals who are:

- flying for a confirmed, approved medical appointment;
- unable to afford the airline ticket; and
- their doctor confirms they are medically fit to fly.

Hope Air is part of the BC Family Residence Program. Hope Air arranges flights for all ages and illnesses. To obtain information cards to share with patients and/or clients, please contact Hope Air at mail@hopeair.org To request a flight for someone, call 1.877.346.4673 (HOPE) or visit www.hopeair.org

SOURCE: *Hope Air, C.K. DesGrosseilliers, Communications Manager*

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## **Local News**

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GALA FOR THE ARTS

Rotary Centre for the Arts' Annual Fundraiser

A stylish night out featuring casino games, live entertainment, world class Okanagan wines, martinis and cuisine designed and prepared by Kelowna's hottest chefs! Your attendance is important, it helps support programming at the Rotary Centre for the Arts.

TICKETS: \$125/each - Gather Your Friends and Buy 10 Tickets, Get 2 FREE!

[More Info - Buy Tickets!](#)

SOURCE: Rotary Centre for the Arts, October 2010 Newsletter

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ROCK THE HOUSE: CURLING, DINNER & THE BLUES

We invite you or your business to register a team for a fun afternoon of curling followed by an evening of Dinner, Dancing, Live Music and a Silent Auction. Live Music Provided By: Downhome Dave and the Dynamite!

Cost: \$50 pp (includes curling and equipment, dinner and dancing)
\$30 pp (dinner and dance only)

EVENT SCHEDULE

Where: Kelowna Curling Club, 551 Recreation Avenue

When: Saturday, October 23, 2010

Times: 2:00 pm – Registration & gear up
2:30 pm – Learn to curl & practice
3:00 pm – Let the games begin!!
5:00 pm – Social Hour & Spirit award
6:00 pm – Buffet dinner
8:30 pm – Live music & dancing

RSVP by October 15th 2010

Click here to [register](#) or for more [information](#) or contact: Jamie Fox – Jamie.fox@jhscso.bc.ca, 250.763.1331

SOURCE: John Howard Society of the Central and South Okanagan, Jamie Fox,

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REASON FOR THE SEASON

2ND ANNUAL Reason for the Season at The Habitat 248 Leon Ave on November 13th, at 6 pm

- Dinner
- Live Music
- Auction
- Many door prizes!

Tickets: email elevation@telusplanet.net, or call 250 808 1626

Last year's event was a great 1st annual Reason for the Season. We had approximately 150 people attend. We had a fantastic live music entertainment half way through the evening, and raised \$5000, which went directly to running our Learn to Shred winter programs!

Everyone involved in running this event is a volunteer. Many of our program volunteers and our board members put hard hours in to get the event together and make it a fun evening for all our guests and supporters. We also had the help of SIFE Okanagan in putting the event together. We will have students from OC school of business involved again this year and are looking forward to their enthusiasm and expertise in helping make another great event happen!

SOURCE: Tori Graham Hanson [mailto:Elevation@telusplanet.net]

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OKANAGAN REGIONAL LIBRARY ASKING FOR FEEDBACK

October is Canadian Library Month, and the Okanagan Regional Library (ORL) is honouring this annual celebration by asking the public what they would like to see in their local library services. Throughout the month, the ORL will be conducting telephone and web based surveys, focus

groups, and Facebook discussion groups as the first step in developing a strategic plan to guide the library region's service in the coming years. The ORL's last comprehensive strategic plan was completed in 2003. A thousand households throughout the region will be randomly sampled and asked to participate in a 10-minute telephone survey, and six focus groups bringing together people of various demographics will be held in communities served by the ORL. Additionally, all members of the public are able to provide feedback through an online survey and Facebook discussion groups that will go live October 5th.

This year's Canadian Library Month theme is "Your Library: Your World: Opening Doors to the Future", emphasizing the ways that libraries are entry points to knowledge and new ideas using both traditional and emerging technologies. There are approximately 23,000 librarians and library clerks working in over 22,000 various libraries throughout Canada, and two thirds of Canadians have a public library card. In the ORL region, Canadian Library Month will also be celebrated with a tour by children's author Margriet Ruurs starting October 12, ORL speakers at Okanagan Institute events in Kelowna and Vernon, author Caroline Woodward speaking at Vernon and Salmon Arm branches, and many other events; check www.orl.bc.ca for details.

SOURCE: CATCH Network Newsletter September 27, 2010

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CHOOSE A CHRISTMAS TREE

For individuals with a disability and their family, come and choose a Christmas tree for \$40 rather than our usual rate of \$70.00. The trees your families choose will be tagged and we are asking for \$20.00 deposit. Balance of \$20 due when tree is cut in December. Hope this works to help your families.

SUNDAY, OCTOBER 24: Family Outing at Woodhaven Tree Farm, 2-4 pm.

Bonfire, hot spiced coffee and tea, choose and tag your Christmas Tree!

For more info: Ted and Linnea Corbett for Woodhaven Tree Farms 1705 Swainson Road, Kelowna 250.826.8733.

SOURCE: Families In Touch [familiesintouch@shaw.ca], Hazel Dawson

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JOHN HOWARD ONE CUP AT A TIME

Changing minds and lives "One Cup At A Time". You are invited to the John Howard at 1440 St. Paul Street. One Cup At A Time is a social enterprise coffee shop operating out of the commercial space in Cardington Apartments. It will serve as a vocational training program for the tenants of Cardington, as well as others with similar employment related needs. Come on down for some Bliss Bakery treats and Cherry Hill coffee! For more info please call The John Howard Society 250.763.1331

SOURCE: Downtown Kelowna, Downtown Insider, September 22, 2010

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THREADS: NO STRINGS ATTACHED

Free fall and winter clothing event. Newer gently used men's, women's and LOTS of children's clothing. Everyone welcome. Bring your family and friends. Sponsored by the Mission Creek Alliance Women's Ministry.

More information: <http://www.missioncreekalliance.com> or phone 250.860.2427.

Date: Saturday, October 23

Time: 9 am-1 pm

Place: Mission Creek Alliance Church at 2091 Springfield Road.

SOURCE: Mission Creek Alliance Church

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FREE THANKSGIVING DINNER

Annual Thanksgiving Dinner sponsored by Kelowna's Gospel Mission, Monday, October 11th, 12 noon-5 pm at 259B Leon Avenue. Dessert and music by Papa Thom at "Habitat" across the street. Everyone Welcome!

SOURCE: Kelowna's Gospel Mission

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UNITED WAY DAYS OF CARING GETS THE JOB DONE!

Does your non-profit organization have a nagging job (painting, yard work, sorting out storage) but not enough time and people to complete it? Local non-profit organizations can benefit from the United Way Days of Caring Program. Days of Caring are about mobilizing volunteer teams from businesses that support the United Way, and matching them with non-profit agencies throughout the Central Okanagan that need help to complete projects and tasks. A project can also include service to individuals and helping with some types of agency events (usually non fundraising). An agency does not have to be funded through United Way to participate in Days of Caring, and the program is available year round.

For more information about United Way Days of Caring, visit <http://www.unitedwaycso.com> or contact Avril Tory Paice, Community Impact Coordinator, 250.860.2356, avril@unitedwaycso.com.

SOURCE: United Way of the Central & South Okanagan, Avril Tory Paice, Community Impact Coordinator

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REUSE ROUND UP

Got stuff at home that's just too good to waste, baby food jars, extra buttons, leftover egg cartons? Start collecting, and bring it all down to the first annual 'ReUse Round Up.' The Regional Waste Reduction Office, in partnership with the Kelowna Art Gallery, invites you to bring your unwanted household items to the ReUse Round Up, Sunday, October 24 at the Kelowna Art Gallery, 1315 Water Street from 11 a.m. until 3 p.m.

This Reuse Round Up is a one day community event where everyday items are collected and passed on to charities, non-profits, artisans, and after school groups to reuse and repurpose. "Some groups have asked us for things like old greeting cards, or juice discs, wool and yarn, fabric, Lego pieces, puzzles, magnets, and the list goes on. Believe it or not, these are not worthless items but valuable resources that can be reused."

"Only items that have been requested will be accepted," says Rae Stewart, Waste Reduction Facilitator with the Regional District For a list of requested items, please visit <http://www.regionaldistrict.com> and click on the ReUse icon, or call the Regional Waste Reduction Office at 250.469.6250.

In conjunction with this event, the Kelowna Art Gallery will be hosting a special Family Sundays project called Creative Collections. Participants of all ages are invited to drop by the gallery between 1 and 4 p.m. to create a work of art out of recycled material.

SOURCE: Regional District of Central Okanagan, Rae Stewart, Waste Reduction Facilitator

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OSTEOPOROSIS EVENTS

Our first in a series of education sessions will be held on Saturday, October 16th at the Water Street Centre from 9:45 am to 12 noon. Everyone is welcome but seating is limited. The 11th annual Bone China Tea will be Sunday, November 7th at the Coast Capri Hotel Ballroom from 2 pm to 4 pm. Cheryl Gillespie, with assistance from her daughter, will be our guest speaker. Tickets \$25. [Contact](#) for more information.

SOURCE: Osteoporosis Canada, Kelowna Chapter, Patricia Gunning, Chair

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AFFORDABLE / ATTAINABLE HOUSING FORUM FOR LOW-INCOME SENIOR WOMEN

Kelowna Women's Centre is hosting an Affordable Attainable Housing Forum for Low-income Senior Women on Friday, November 12th. The event will take place at the Okanagan Regional Library at 1380 Ellis Street in Kelowna from 3 pm to 5:30 pm. This is an opportunity for senior women to share their voice, stories, experience, needs and concerns. Low income senior women need their needs and concerns addressed with any 'affordable' housing strategy.

SOURCE: Kelowna Women's Resource Centre, Rock The Boat, Sept/Oct 2010

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WOMEN'S HER STORY COMMUNITY BREAKFAST

Sponsored by the Kelowna Women's Resource Centre, on October 18th, 1929, women were considered "persons" under Canadian law for the first time in history.

Date: Friday, October 15th

Place: French Cultural Centre, (702 Bernard Avenue)

Time: 8 am-9:30 am

Guest Speaker: Councillor Michele Rule

SOURCE: Kelowna Women's Resource Centre, Micki Smith, Coordinator

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## **National News**

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NEW REPORT PREDICTS FUTURE LITERACY PROBLEMS IN CANADA'S BIGGEST CITIES

A new report from the Canadian Council on Learning (CCL) provides a look at the future state of adult literacy in Vancouver, Toronto, Ottawa, and Montreal, from 2001 through 2031. Released to coincide with UNESCO International Literacy Day, The Future of Literacy in Canada's Largest Cities uses statistical projections to generate literacy profiles for the country's largest metropolitan areas. According to the report, the four cities will experience significant, above average growth in the number of adults with low literacy in the coming decades.

For more information, and to read the full report, visit: <http://www.ccl-cca.ca>.

SOURCE: CharityVillage.com, Village Vibes, September 13, 2010

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CONTROVERSIAL DRUG MAY HELP WITH DEPRESSION

A drug commonly associated with illicit street drug use, Ketamine, is currently undergoing testing as an anti-depressant due to its effects on the symptoms of depression, showing relief as early as

a few minutes. A study, published in the Archives of General Psychiatry, of 18 participants found that 71% of the patients treated with Ketamine showed reduced symptoms, compared to the 6% of participants on placebos. Ketamine has been known in the past to cause hallucinations and disassociation and researchers are working on developing the drug for safer clinical usage. To read the full article, visit <http://www.globeandmail.com> and the research abstract can be found at archpsyc.ama-assn.org.

SOURCE: CMHA BC Division newsletter, Sept 2010

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MULTICULTURAL MENTAL HEALTH RESOURCE PROJECT

The National Network for Mental Health is looking for multicultural information and resources in order to facilitate the creation of an online resource centre for multicultural mental health care in Canada. The project hopes to create a one stop database for health care professionals, policy makers, community organizations as well as people with lived experience of mental illness and their family members. They are currently seeking information about consumer organizations in Canada, material about cultural aspects of mental illness as well as self-help resources. If you have anything to contribute please send all information to Robert.whiteley@mail.mcgill.ca. For additional information, visit <http://www.nnmh.com>.

SOURCE: CMHA BC Division newsletter, Sept 2010

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Provincial News

PUBLIC COMMISSION ON LEGAL AID TO CONSULT WITH BRITISH COLUMBIANS ABOUT LEGAL AID

As some of you may already know, six law-related organizations have formed a commission that will travel the province to learn more about what British Columbians want from legal aid. The commission will hold public hearings, chaired by Vancouver lawyer Len Doust, QC, in 11 communities through September and October. LSS is making written and oral submissions to the commission to provide background information on legal aid in BC and outline the society's strategic plan and vision for the future. Our submissions emphasize the need to include poverty law services in an integrated, client-centred legal aid program that focuses on client outcomes. The submissions discuss the value that poverty law services provide to clients through collaborating with social service providers to address all facets of a person's problems — including legal problems — at an early stage before those problems fester and become more costly.

Other key points from our submissions are that legal aid encompasses a full spectrum of services that includes education programs and self-help information aimed at the general public, outreach services to assist vulnerable communities, and legal advice and representation for individual clients; and sustainable and adequate funding is needed to support core services and the future development of legal aid. See the LSS website to read the full written submissions. For further information, see the [Public Commission](#) on Legal Aid website.

SOURCE: ELAN for Community Workers, September 27, 2010

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SUPREME COURT CIVIL AND FAMILY RULES

On July 29, 2010, [Order in Council](#) 512/2010 amended the Supreme Court Civil and Family Rules to change the time frames for serving notices of application and filing application responses in civil and family cases. See also [Recent Amendments to the Civil Rules](#) and [Recent Amendments to the Family Rules](#) for information about the reasons behind the changes. (The [self-help guides](#) on the

Family Law in BC website have all been updated to reflect these revisions to the Family Rules.)

SOURCE: ELAN for Community Workers, September 27, 2010

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BC ARTS COUNCIL RECEIVES \$7 MILLION IN ADDITIONAL FUNDING

The British Columbia Arts Council will administer an additional \$7 million in funding provided through the BC government's 2010 Sports and Arts Legacy to support their strategic plan, Kevin Krueger, Minister of Tourism, Culture and the Arts announced. The BC Arts Council supports arts and arts organizations across the province and is governed by a 15-member council, which represents the regions, cultural diversity, and artistic communities of British Columbia. Jane Danzo, chair of the council, resigned her position on August 11, stating that current funding cuts to the sector were detrimental to the province's arts community. For more information, visit:

<http://www2.news.gov.bc.ca>.

SOURCE: CharityVillage.com, Village Vibes, September 7, 2010

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Research

CHILD REARING PRACTICES OF OUR ANCESTORS

Three new studies led by Notre Dame Psychology Professor Darcia Narvaez show a link between child rearing practices that were common to our ancestors and better mental health, greater empathy and conscience development as well as higher intelligence in children. Narvaez identifies six characteristics of child rearing that were common in hunter-gatherer societies:

- Lots of positive touch as in no spanking but nearly constant carrying, cuddling and holding;
- Prompt response to baby's fusses and cries. "Warm, responsive caregiving keeps the infant's brain calm in the years it is forming its personality and response to the world," Narvaez says.
- Breastfeeding. Until a child's immune system is fully formed, breast milk provides its building blocks.
- Multiple adult caregivers - people beyond mom and dad who also love the child.
- Free play with multi-age playmates. Studies show that kids who don't play enough are more likely to have mental health issues.
- Natural childbirth, which provides mothers with the hormone boosts that give the energy to care for a newborn.

"Our research shows that the roots of moral functioning form early in life, in infancy, and depend on the affective quality of family and community support," says Narvaez, who specializes in the moral and character development of children. The results of Narvaez' three studies as well as those from researchers around the world will be presented at a conference at Notre Dame in October titled "Human Nature and Early Experience: Addressing the Environment of Evolutionary Adaptedness."

Watch Professor Narvaez speak on [YouTube](#).

SOURCE: HealthyFamilies, BC Council for Families, September 27, 2010

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STATE OF THE CHILD REPORT 2010

The release of the 2010 Central Okanagan State of the Child Report and National Child Day Celebration is coming up on November 19th, 2010 11:30am -1:00pm at Infusions Restaurant - Okanagan College. Lunch tickets are \$15.00 each. More details to come soon, you

can also check out the new [CATCH](#) website to see the most recent information.

SOURCE: CATCH Network Newsletter September 27, 2010

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NEW NONPROFIT RESEARCH PUBLICATIONS AT MOUNT ROYAL U

The Institute for Nonprofit Studies at Mount Royal University has released two new research publications. The Institute's first nonprofit research student intern, Marc-Elie Scott, has completed a research report on the strategic drivers of Alberta's nonprofit sector and Peter Elson, Cliff Spyker, and Dustin Rogers have completed the first data-base analysis of the voluntary de-registration of Canadian Charities, funded by the CRA. For more information, and to view the two resources, visit: www.mtroyal.ca.

SOURCE: CharityVillage.com, Village Vibes, October 4, 2010

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NEW REPORT SHOWS DONORS WANT CHARITIES TO BE WELL MANAGED

A new US research study was released that may change the way many nonprofits approach their fundraising budgets. The report, Heart of the Donor, Insights into Donor Motivation and Behavior for the 21st Century, uncovers insights on donor behavior and preferences as well as further insight into age, demographic, and other factors. One striking result of the survey shows that people want to give to charities that spend money on good management. Given a choice, the respondents preferred organizations that hire top quality managers, even with higher salaries, over hiring less experienced managers and spending fewer dollars on salaries. An even greater percentage would rather support an organization that spends more on fundraising and brings in more money to help the cause than would support an organization that spends little on fundraising but raises less money. For more information, visit: www.2dialog.com.

SOURCE: CharityVillage.com, Village Vibes, September 7, 2010

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PREVENTING TYPE 2 DIABETES AND DEPRESSION MAY REDUCE RISK OF DEMENTIA

A recent study in the France and the UK have found that treating and preventing Type 2 diabetes and depression could significantly reduce the chances of dementia in older adults. The study examined over 1400 people over the age of 65, all tested for dementia at the 2, 4 and 7 year marks. Researchers found that effectively treating and preventing Type 2 diabetes and depression, in addition to maintaining a healthy diet and lifestyle could reduce the amount of new cases of dementia by 21%. Read the article at www.cbc.ca or find the full study online at www.bmj.com.

SOURCE: CMHA BC Division newsletter, Sept 2010

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BABIES, MEMORY, AND STRESS

A new study by psychologists at the University of Toronto may reveal the biological basis for attachment. The study, [Infant Anticipatory Stress](#), builds on previous research about how babies are affected by neglect from their caregiver and offers researchers new insight into the mechanisms that allow babies to anticipate, remember, and adapt to unusual emotional events.

In the study, researchers replicated the Still Face experiment ([watch a video clip](#)) in which mothers sit opposite their child and interact by talking, making faces, and showing affection. Babies typically respond to this attention by returning facial expressions, vocalizing, and reaching out. The mothers then stop reacting, showing no emotion or affection, and the babies quickly become distressed. The distress escalated until the mother returned to her responsive behaviour.

Levels of the stress hormone cortisol in the babies' saliva were measured during the positive interaction and again following the non-interactive session. An increase in cortisol level was observed when the babies did not receive the positive interaction from their mothers. Then, 24 hours later the mothers and babies returned to the same room and again interacted positively. Cortisol levels also increased in this session, indicating that the babies remembered the events of the previous day and anticipated distress simply by being in the same environment. The finding has led the study's authors to speculate that babies can produce an anticipatory stress response based on their expectations about how their parents will treat them in a specific context.

SOURCE: BC Council for Families, HealthyFamilies, August 30, 2010

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Resources

SAMPLE PEER MENTORING AGREEMENT

A handy tool, this free Peer Mentoring Agreement is a smart idea for the mentor and mentee to complete and sign prior to launching their peer mentoring relationship. It manages expectations, including the duration and frequency of mentoring, and the specific scope of the work together. It also has a confidentiality clause. Producer: K. Weill Consulting Shared by org: K. Weill Consulting

SOURCE: IdeaEncore Network Update

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BE THE CHANGE...

Pattie LaCroix explains why organizational change can be so hard: because it has to begin with you. Working with organizations in many sectors in areas of program delivery, policy and research over the past 20 years, I've witnessed how difficult change can be both on the community and the government levels. However, what I have observed is the exponential change that takes place when change is rooted in the individual level and how hard change is to make when it is not. In the seminal work [Presence: An Exploration of Profound Change in People, Organizations and Society](#) the authors conclude, "the only change that has ever mattered is the transformation of the human heart." The authors of [Getting to Maybe: How the World is Changed](#) recognized the necessity for our individual narratives to flow into a collective narrative to achieve substantial change. Change for a more just and equitable society does not have to begin with ourselves. It will just take a lot longer to accomplish if it doesn't.

Pattie LaCroix has provided strategic engagement services to support leadership that ignites innovation in the social sector. As CEO of Catapult Media she provides strategic planning and professional coaching services to a wide range of organizations. You can reach Pattie at www.catapultmedia.ca.

SOURCE: CharityVillage.com, Village Vibes, October 4, 2010

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CHILD AND YOUTH MENTAL HEALTH RESOURCES FOR MULTICULTURAL COMMUNITIES

WithinSight eNews: Child and Youth Issue Learn more about child and youth mental health resources for multicultural communities in the latest issue of Within Sight. We've highlighted programs, services and publications that support multicultural children and youth and their caregivers. Learn about programs for immigrant and refugee youth, find publications for parents and caregivers, and read mental health and substance use stories from children around the world. Visit <http://www.heretohelp.bc.ca> to see this issue and to sign up for this free bimonthly resource.

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NEW WEBSITE: BC BEREAVEMENT HELPLINE

The [BC Bereavement Helpline](#) (BCBH) is here for you. We are a non-profit, free, and confidential service that connects the public to grief support services within the province of BC. The BCBH was established in 1986 and is committed to being a provincial leader in the Service, Education, Advocacy, and Research of death and bereavement. The BCBH assists the bereaved and their caregivers in coping and managing grief. Support Groups for Bereaved: The Helpline will post all support groups on its website for professionals and individuals to know where to access community based non profit bereavement support. Please use this valuable tool to advertise your groups and events. Not to mention, we are better able to serve our callers with your up to date information! (Email us at bcbh@telus.net) Helpline: 1-877-779-2223.

SOURCE: BC Bereavement

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THE NETWORKED NONPROFIT

Networked Nonprofits are simple and transparent organizations. They are easy for outsiders to get in and insiders to get out. They engage people to shape and share their work in order to raise awareness of social issues, organize communities to provide services or advocate for legislation. In the long run, they are helping to make the world a safer, fairer, healthier place to live.

Networked Nonprofits don't work harder or longer than other organizations, they work differently. They engage in conversations with people beyond their walls - lots of conversations - to build relationships that spread their work through the network. Incorporating relationship building as a core responsibility of all staffers fundamentally changes their to-do lists. Working this way is only possible because of the advent of social media. All Networked Nonprofits are comfortable using the new social media toolset — digital tools such as email, blogs, and Facebook that encourage two-way conversations between people, and between people and organizations, to enlarge their efforts quickly, easily and inexpensively. [Order](#) your copy now from Amazon!

SOURCE: Beth's Blog by Email [beth@bethkanter.org]

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REPORT: YOUTH EXPERIENCING HOMELESSNESS

The Social Planning, Policy, and Program Administration in the Regional Municipality of Waterloo has released a new report entitled [Promising Principles and Practices in Housing Options for Youth Experiencing Homelessness in Waterloo Region](#). The purpose of the report was to investigate current youth specific services and housing options for youth 12 to 24 years of age experiencing homelessness in Waterloo Region. The report summarizes six promising principles and practices for service providers to reference and consider in the development of new programs or for improving current programs. The research strongly indicates that strategies and programs that work well with youth at risk of or experiencing homelessness are "youth specific," tailored to meet the unique developmental changes and needs during this life stage. The recommendations take into consideration current research, local strengths, gaps and priorities, guided by the following principles:

- Plan to end homelessness through a focus on building and maintaining housing stability.
- While there is a need for emergency shelter services, use resources to strengthen existing services, rather than investing resources to create new emergency shelters.
- Adopt a "Housing First" approach for people experiencing homelessness: Consider housing as the top priority rather than services to address any pre-existing issues.
- Build greater capacity in longer term housing stability programs; and

- Tailor approaches to degrees of homelessness; focus initial efforts on ending persistent homelessness.

The recommendations include strategies that address the following areas:

1. Provide a continuum of accessible supports
2. Establishing trusting relationships with youth
3. Adopting a low demand approach to housing stability programs
4. Linking education, income and housing supports
5. Providing opportunities for youth engagement
6. Promoting collaboration between agencies

SOURCE: Raising the Roof: Housing Again, Bulletin #134, September 2010

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SMART FAMILY POLICY REPORT CARD FROM HELP

The Smart Family Policy Report Card shares new Early Development Instrument results showing that vulnerability of kindergarten children has increased slightly in the last year to 30.3% in 53 of 59 school districts, more than double the province's goal of reducing vulnerability to 15% by 2015. Excerpts: Vulnerable children struggle to hold a pencil, follow instructions, get along with peers or know 10 letters. Most vulnerable children are not poor. Early vulnerability reflects the widespread challenges of balancing caring and earning for many families at all income levels.

The Solution: Children thrive when families thrive, so British Columbians need to advance Smart Family Policy that supports all families with young children to have enough:

Time: Expanded parental leave and family friendly employment standards that support all mothers and fathers to care personally for their children. Family time is essential, yet BC reports the highest rates of work life conflict in the country.

Services: Quality early learning and care services, parenting support and health promotion available for all children.

Income: Additional financial support for the 10.4% of BC children who live in poor families.

[Read more](#) of the Smart Family Policy Report Card.

SOURCE: CATCH Network Newsletter September 27, 2010

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Social Media

WHAT TOOLS ARE YOU USING FOR LISTENING, ENGAGING, AND SOCIAL MEDIA MANAGEMENT?

Based on the discussion threads in my Facebook page, I've updated my mega list of tools in my social media listening and engaging instructional wiki. In reflecting over the past three years, the definition of listening tools has broadened beyond "monitoring" or "research" to include several categories: social media engagement management, analytics, influencer identification, and social network analysis.

Here's a couple of new tools I've been exploring: RowFeeder should be in your spreadsheet aerobics routine. It searches Twitter and Facebook for phrases or hashtags and dumps them into a google doc spreadsheet. Saves a lot of cut and paste time and great for analysis. The basic version is free, but you can add on data like Klout scores for a minimal fee. It's particularly useful for aggregating hashtags from events or trainings. NutshellMail: About a month or so ago, Manny Hernandez mentioned this free tool as a social media time saver. It grabs all your "bacn" from social networks and aggregates into a single email. The sources include Myspace, Facebook, Twitter, and LinkedIn. You need to customize which updates (wall posts, friend requests, Twitter lists, etc.) to make it useful for your needs. I'm testing it with Facebook because it grabs both my personal profile stuff as well as from Facebook pages that I am an administrator of. You can also customized the delivery time and frequency. That means it can arrive in your email box when you've scheduled to work on it. The email that arrives links you to the places you to respond.

This seems like a good tool for those starting out and with small followings. Saves you time logging in and checking or getting separate notices in email from the social network site. My colleague, Devon Smith, mentioned another tool, Postling, which aggregates your social networks into a single dashboard online and is also free, although it lacks the robust features of paid tools like Spredfast or SmallAct. I'd like to update my listening/engaging tools list. What tools you are using for listening, engaging, social media management, and finding influencers on your social media outposts?

SOURCE: Beth's Blog by Email, August 31, 2010

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NEW STUDY: SOCIAL MEDIA USE BY FOUNDATION LEADERS

The Foundation Center released a report that documents the usage of social media tools by foundation executives based on survey responses from 73 members of the Center's Grantmaker Leadership Panel. The report outlines which social media services are used regularly or occasionally by foundation leaders, which blogs are read by CEOs and how often, the perceived usefulness of Web 2.0 in philanthropic work, and highlights the social media activity of two "power users" in the field.

Other findings include: More established forms of online communications: e-newsletters and Listservs — are regularly used by foundation CEOs at a much higher rate (65 percent and 45 percent, respectively) than the newer social media tools. The most read blog by far among foundation chief executives is the Huffington Post (with 53 percent reporting that they have read it at least once in the past six months). (My blog was named on the list with 11% respondents indicating they have read it in the past six months). Nearly three quarters of respondents believe social networking services have been at least somewhat useful in furthering the work of philanthropy in general, but only half said it has helped further their own foundation's work. In addition to the report, the Foundation Center has an extremely useful aggregation site called Glasspockets that among other features let you quickly browse the social media presences of 66 foundations. What I really like is that you can compare different social channels across foundations pretty easily. For example, you can browse Facebook profiles at once. This was so useful, I added it to my Social Media and Foundations wiki.

SOURCE: Beth's Blog by Email, September 17, 2010 [beth@bethkanter.org]

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THE ART OF BEGINNING FOR IMPROVING SOCIAL MEDIA PRACTICE

Excerpt: So, with your next social media beginning, be sure to hit the pause button at the end asks some questions that might lead you to new insights. Here's a list of questions that my colleague, June Holley, shared with me that I've been using.

1. What worked really well in this project?
2. Did it accomplish goals or outcomes? In what ways?
3. Did it fall short? Why?
4. What would you do differently?
5. What surprises came up during the project? What unexpected happened? What could you learn or capture from that?
6. What insights did you get during the project?
7. What processes did you use that worked well? Which didn't work so well? Why do you think that was?
8. How did people work together? Were there conflicts? How were they handled? Did people get any new insights or perspectives as a result?
9. Were there people or perspectives missing from this project that you would include next time?
10. What skills and processes did you help people learn as part of this project? What skills and processes would you spend time on if you did this over again?
11. What were the most innovative aspects of the project? How did they work?
12. What did you do in this project that you could transfer to other projects?
13. What is the most troubling aspect of the project? What might you do to deal with it differently?

14. What skills came in most handy during this project? What skills did this project make you realize you need to acquire?
15. What really puzzles you about this project? What are unanswered questions you have about what happened?
16. What intrigues you about this project?
17. What would you like to learn more about that would help this (or other projects) in the future?
18. Where did we mess up? Make mistakes? Fall on our face? What can we learn from this?
- 19.

SOURCE: *Beth's Blog by Email, September 2, 2010*

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97% OF US CHARITIES USING SOCIAL MEDIA

A study recently released by the UMass Dartmouth Center for Marketing Research shows that the use of social media by US nonprofit organizations continued to outpace that of businesses and academia in 2009. A full 97% of charitable organizations are using one or more social media tools including blogs, video blogging, podcasts, message boards, social networking, wikis and Twitter. Social networking (96%) and Twitter (90%) are the most frequently cited tools used. This is the Center's 3rd annual longitudinal report, which follows social media adoption amongst Forbes Magazine's 200 largest charities. For more information, and to download the report, visit: www1.umassd.edu.

SOURCE: *CharityVillage.com, Village Vibes, September 7, 2010*

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POPULARITY OF SOCIAL NETWORKING RISES AMONG OLDER USERS

According to a new US survey, older users have been especially enthusiastic over the past year about embracing new networking tools. Social networking use among Internet users ages 50 and older nearly doubled, rising from 22% in April 2009 to 42% in May 2010. Between April 2009 and May 2010, social networking use among internet users ages 50-64 grew by 88%, from 25% to 47%. During the same period, use among those ages 65 and older grew 100%, from 13% to 26%. By comparison, social networking use among users ages 18-29 grew by 13%, from 76% to 86%.

SOURCE: *CharityVillage.com, Village Vibes, September 7, 2010, Pew Internet & American Life Project*

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## Training

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WORKSHOP: OVERVIEW OF VOLUNTEER MANAGEMENT

This 4-day workshop will help improve your organization's ability to attract and retain volunteers. Extensive research has resulted in completely updated materials. Youth volunteerism, adult learning styles, a new communication module and the Canadian, provincial and local volunteer statistics have been added.

- 1 VOLUNTEERISM
 - Identify trends in volunteerism
 - Consider how trends affect the profession
 - Discuss the role & skills of volunteer managers
- 2 COMMUNICATION
 - Understanding the complexity of effective communication
 - Expand personal communication skills that will enhance relationships
 - Understand the problem solving / decision making process in managing volunteers
- 3 PLANNING PROGRAMS

- Explore the purpose of planning programs for volunteers
 - Discuss budgeting
 - Identify record keeping methods
- 4 RECRUITMENT
- Explore who volunteers and why
 - Draft position descriptions
 - Enhance knowledge of recruitment strategies
 - Consider social networking in recruiting
 - Explore the implementation & evaluation of recruitment campaigns
- 5 SCREENING & PLACING
- Learn 10 steps of good screening practices
 - Consider ways to manage risk
 - Understand the importance of interviews
 - Discuss reference checks and records checks
- 6 ORIENTATION & TRAINING
- Explore the purpose & methods of orientation & training
 - Discuss adult learning styles
 - Identify ongoing training needs
- 7 RECOGNITION, RETENTION & SUPERVISION
- Understand the importance of supervision of all volunteers
 - Discuss creative & meaningful recognition
 - Explore the volunteer life cycle
 - Consider how discipline & dismissal apply
- 8 VOLUNTEER-STAFF RELATIONS & EVALUATION
- Discuss volunteer-staff relations
 - Consider different types of evaluation
 - Place economic value on volunteer activity

Four day schedule:

Days 1 and 2: November 8, 9; Days 3 and 4: November 15, 16

Times: 9 am - 4 pm daily

Cost: \$199

Registration: 250.763.8008 ext.25 or dawn@kcr.ca

Seats are filling very quickly! If your organization is planning on registering a participant, please email dawn@kcr.ca to ensure you get a seat.

SOURCE: Kelowna Community Resources

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ACTIVE CHOICES PROGRAM

The University of Victoria – Centre on Aging is currently looking for coaches for the Active Choices program. Active Choices is a, volunteer led telephone support program tailored to individual needs and schedules to increase personal physical activity safely and regularly. If you are interested in developing facilitation skills to share strategies for healthier living and supporting others in your community, then this free workshop may be for you.

Coaches walk away with transferable skills – facilitation, coaching, time management Training

Date: Monday, October 25th , 2010

Location: Kelowna Community Resources, 120 – 1735 Dolphin Ave

Time: 8:30 – 4:30

(bring pen and lunch, all other materials will be supplied)

To Register call: 1-877-522-1492 or angela.activechoices@shaw.ca, www.selfmanagementbc.ca

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RESILIENCY IN CHILDREN AND YOUTH

Resiliency is the ability to bounce back from life's stresses and difficult events. Helping kids develop resiliency is an increasing area of concern for parents, educators and service providers. Join our panel of experts as they discuss how to help children and youth with behavioural and emotional problems develop protective skills that will help them face life's challenges.

DATE: Thursday November 18, 2010

TIME: 12 noon – 1 pm. These teleconferences are free, and open to everyone.

To join the teleconference:

DIAL IN: 1.800.665.1822; CODE: 604.707.6373

Questions? Contact us: 604.875.2084; toll free: 1.800.665.1822 or at keltycentre@bcmhs.bc.ca

SOURCE: BC Mental Health & Addiction Services, Kelty Centre [KCentre@cw.bc.ca]

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ADVANCING HOUSING SOLUTIONS THE NON-PROFIT WAY

The BC Non-profit Housing Association presents the 18th Annual Non-profit Housing Conference on November 22-24, 2010 at the Sheraton Vancouver Airport Hotel in Richmond, BC. The theme highlights the solutions the non-profit sector provides, and the phenomenal ability and commitment of this sector to find ways of creating housing that is accessible, affordable, and safe, and find ways of creating housing that is accessible, affordable, and safe, and to steward it for future generations. For further information email admin@bcnpha.ca or check out our website at www.bcnpha.ca.

SOURCE: BC Non-profit Housing Association

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SMART START FOR BOYS WORKSHOP

This Mentoring for Boys workshop is coming to Kelowna on November 20th. For more details and registration click [here](#). The fee is \$95.02 per person until November 4th, 2010 and it will be held at the Kelowna Holiday Inn Express, 2429 Hwy 97. This four hour workshop is based on developmental best practices for raising boys between birth to kindergarten and is packed with down-to-earth everyday examples and suggestions to optimally parent your sons.

SOURCE: CATCH Network Newsletter September 27, 2010

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INCLUSIVE POST SECONDARY EDUCATION FOR YOUNG ADULTS WITH DEVELOPMENTAL DISABILITIES

KELOWNA INFORMATION SESSION

October 13th, 4:30-6:00 at the University of British Columbia- Okanagan

Leaving high school is an exciting and tense time for students and their families. When considering what will happen next, the possibility of university or college comes to mind. Across North America, young adults with development disabilities are choosing to continue their education alongside their friends and acquaintances from high school at their local colleges and universities.

Currently, STEPS Forward has agreements with the University of Victoria, the University of British Columbia at Point Grey, the University of British Columbia-Okanagan in Kelowna and with Emily Carr University in Vancouver to support students with developmental disabilities to be fully included in all aspects of a typical undergraduate experience in a way that is standardized across the province and coherent with typical students.

Please join us on October 13th to learn more about Inclusive Post Secondary Education in your community. We are excited to answer your questions and talk about:

- What's going to university/college can offer your son or daughter
- What the application and eligibility criteria are. Note: Levels of cognitive, physical, or academic ability are NOT criteria for eligibility, nor are diagnostic labels or prior education.
- What the role of the STEPS Forward Inclusion facilitators is
- Stories of current students and graduates

For more information and to RSVP please contact Jessica Humphrey at jessica@steps_forward.org or 250.884.1298

SOURCE: BC Initiative for Inclusive Post-Secondary Education Jessica Humphrey, Director of Community Development

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YOUNG FAMILIES MOVING FORWARD: CONFERENCE

Do you work with young parents or their children? Want to learn more effective ways of meeting the complex needs of young parent families? Each October, the BC Alliance for Young Parents draws together service providers in Young Parent Programs, and community agencies for a full day of learning, skill building, networking, resource sharing, and support.

This year's conference, [Young Families Moving Forward](#), will be held October 22 in Vancouver. And registration is now open!

- Get the information you need about the issues affecting young parents and their children – from public policy and advocacy, homelessness and substance abuse, sexuality and relationships, to child development and parenting skills.
- Meet and talk with others working with young families around the province. Share your challenges and your successes -- the connections you build will enrich your working life.
- Broaden your perspective with presentations of new research and programs from our expert speakers. Check out the conference pages for full conference details, including the latest updates on speakers and presentations, conference events and activities, venue and travel information.

SOURCE: BC Council for Families, HealthyFamilies, August 30, 2010

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NATIONAL EDUCATIONAL ASSOCIATION OF DISABLED STUDENTS CONFERENCE 2010

The National Educational Association of Disabled Students (NEADS) has recently announced their 2010 national conference, Learning Today, Leading Tomorrow. The conference will provide opportunities for people to explore key issues of equal access to post secondary education and employment for students with disabilities. It will feature 3 full days of workshops, covering themes such as job search strategies, post-secondary financial barriers and more. The conference will take place at the Delta Hotel in Winnipeg, Manitoba from November 12 to 14.

Visit www.neads.ca/conference2010 for more information and registration forms and fees.

SOURCE: CMHA BC Division newsletter, Sept 2010

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CMHA'S THRIVING IN 2010 AND BEYOND CONFERENCE

In October, Ontario will play host to CMHA's Thriving in 2010 and Beyond national mental health conference. The event aims to bring together consumers, family members, service providers, researchers and policy makers to build on what is working to help people thrive in Canadian society. Keynote speakers will include Shelagh Rogers, a veteran broadcast journalist and honorary patron to CMHA BC, who will discuss the experiences of overcoming and recovering from issues with mental illness. The conference will take place from October 22 to 24 at the London (Ontario) Convention Centre. For more information on the event, visit thrivingin2010.com or email info@thrivingin2010.com.

SOURCE: CMHA BC Division newsletter, Sept 2010

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MENTAL HEALTH FIRST AID WORKSHOPS

Mental Health First Aid is the first response help that is provided to a person developing a mental illness or during a mental illness crisis. There are several upcoming Mental Health First Aid workshops in BC from September to November. The courses give information about mental health issues such as depression, psychosis and substance use disorders and also cover situations involving overdoses, panic attacks and more. For more information on mental health first aid, or to find out more about sessions in your area, visit <http://www.mentalhealthfirstaid.ca>.

Dates: November 15 - November 16, 2010

Cost: (\$CDN): 157.50 / person

Times: 9:00 AM - 4:30 PM Course Capacity: 15 people

Venue: CMHA Kelowna, 504 Sutherland Ave., (corner of Sutherland and Pandosy), Kelowna, BC

Instructor: Charly Sinclair, charly.sinclair@cmha.bc.ca, (250) 861-3644 Ext 104

Registration Information:

Find a registration form at www.kelowna.cmha.bc.ca or contact Charly for further information at 250-861-3644

SOURCE: CMHA BC Division newsletter, Sept 2010

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CANADIAN ELDER ABUSE TRAINING AND INFORMATION FORUM

Registration for the Canadian Elder Abuse Training and Information Forum taking place in Winnipeg, Manitoba, October 25th and 26th is now OPEN!!

Many current and new Elder Abuse Knowledge to Action Project tools are being featured at this event. Follow the link and click on Registration to see the Program Guide and choose your sessions

http://www.ageopportunity.mb.ca/htmlfiles/NEWS_ROOM/training_forum/ea_training_forum.asp

SOURCE: BC Association of Community Response Networks, Rosalyn Hansen,

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LITTLE WARRIORS

Little Warriors is a national charitable organization, based in Canada, focusing on the education and prevention of child sexual abuse. Little Warriors teaches adults how to help prevent, recognize, and react responsibly to child sexual abuse. In addition to prevention education, Little Warriors also provides information about the prevalence and frequency of child sexual abuse and information about healing and support resources. The Stewards of Children program is designed for all responsible adults, including parents, organizations and corporations that serve children and youth.

The Stewards of Children program runs three hours in length at \$40.00 per participant. Certificate provided upon completion. Upcoming Training Sessions in Kelowna: Monday Oct 18, 6-9 PM and Saturday December 4 10 am-1 pm. For more Information or to Register please visit:

www.littlewarriors.ca

SOURCE: Teresa Bouchard, Registered Occupational Therapist and founder of Raising Respectful Resourceful and Responsible Children

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EXPERIENCING ANGER: AN ANGER MANAGEMENT GROUP FOR MEN

A counselling group for men who want to change their behaviors, reduce their stress (which can often lead to angry outbursts), and learn how to experience their anger in healthy ways. This group will be a combination of stress reducing techniques and decision making skills coupled with a focus on one's actual inner experience of anger. We often don't know what to do with anger or how to be in a relationship with our anger. Therefore, we sometimes allow anger to dictate how we behave. Phone the Kelowna Family Centre at 250-860-3181 You will be put on a wait-list for possible attendance in the group. A counsellor will phone you to determine if you are eligible for the group. Once 12 men are eligible to attend the group the waitlist will be closed.

Men facing relationship violence or assault charges are not eligible for this group.

MONDAY 6:00 TO 8:00 PM

OCTOBER 18TH – DECEMBER 6TH, 2010

630 CADDER AVE., KELOWNA

Facilitator: Jason McCarty

This group is made possible through a Central Okanagan Foundation donor

KELOWNA FAMILY CENTRE

#204 -347 LEON AVE, KELOWNA, BC VIY 8C7

PHONE 250-860-3181; FAX 250-860-3188; Email: kelfamcr@shawbiz.ca

SOURCE: Kelowna Family Centre, Lynda Fillion, Administrator

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Volunteerism

GLOBAL CORPORATE VOLUNTEERING RESEARCH PROJECT

Volunteer Canada proudly announces its participation as a Cooperating Organization in support of the Global Corporate Volunteer Council (GCVC) Global Corporate Volunteering Research Project. This international collaboration, the first to create comparative knowledge of how global companies promote and support employee volunteering, will help companies extend and strengthen their employee volunteer programs and build capacity for their non-profit partners worldwide. Volunteer Canada's Corporate Council on Volunteering, brings together 24 Canadian corporate giants to engage in discussions on corporate community involvement. By sharing the experiences, perspectives and insights from the Corporate Council, Volunteer Canada hopes to raise awareness surrounding the impact of employer supported volunteering programs on Canadian and global communities. The results of the research report will be presented at the 21st annual IAVE World Volunteer Conference in Singapore, January 2011. For more information on the Corporate Council on Volunteering click here. For more information on the [GCVR](#) and to participate in the research survey click [here](#).

SOURCE: Newsflash from Volunteer Canada, September 27, 2010

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GENNEXT COMMITTEE

The GenNext Committee is recruiting new members! GenNext is a committee of the United Way made up of young professionals (including students) in their 20s and 30s who want to make a difference, network and gain new skills, experience unique volunteer opportunities and contribute fresh ideas to United Way! For more information please contact join.gennext@gmail.com.

SOURCE: United Way of the Central & South Okanagan, Avril Tory Paice, Community Impact Coordinator

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LEADING THE WAY TO SUCCESSFUL VOLUNTEER INVOLVEMENT: PRACTICAL TOOLS FOR BUSY Executives

By Betty B. Stallings with Susan J. Ellis

Senior administrators can hit the ground running with over 80 worksheets, checklists, action steps, real life examples, and other practical how-to tools to:

- Develop a philosophy statement about volunteers and make it a mantra for everyone in the organization
- Extend the reach of the organization beyond what could have been done without volunteers
- Integrate support for volunteers into every unit and department of the organization
- Create a budget and secure funding for volunteer involvement
- Write a position description (and pick the right title, salary, and placement) for a director of volunteer involvement
- Ask legal counsel and risk managers the right questions about volunteers
- Assess staff training needs for working with volunteers
- Discover how the right volunteer can help you, the executive!

More Details

Read an Excerpt "Creating a Statement of Philosophy on Volunteer Engagement"

See a Sample Tool

"Survey: Assessing Staff Commitment to Partner with Volunteers"

Order the book NOW!

paperback \$19.95 USD

e-book \$15.00 USD

SOURCE: Energize, Inc., Sept 29, 2010 [booknotice@energizeinc.com]

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CRIMINAL RECORD CHECKS

Premier Campbell made this announcement at Union of British Columbia Municipalities: Volunteers - no cost for criminal record checks.

SOURCE: Councillor Michele Rule, City of Kelowna

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Do you have news related to the non-profit / voluntary sector that you wish to share with your colleagues? Send Community Information and Volunteer Centre your information at [informkelowna@kcr.ca](mailto:informkelowna@kcr.ca) by the 20th of the month.

This Bulletin is a publication of Community Information and Volunteer Centre. To subscribe or unsubscribe, please send an email to [informkelowna@kcr.ca](mailto:informkelowna@kcr.ca).

Community Information and Volunteer Centre is a program of Kelowna Community Resources. Go to [www.kcr.ca](http://www.kcr.ca) for more information about Kelowna Community Resources and Community Information & Volunteer Centre. Be sure to add or update your volunteer and / or organization information.

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