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<sup>\*</sup>Read the KCR Monthly Bulletin in Web Format Here\*

# KCR Highlights

- WORKSHOP ON EMPLOYMENT LAW
- DIVERSITY EDUCATION WORKSHOPS
- DAWN WILKINSON ON VOLUNTEER BC BOARD
- MULTIFAITH CALENDARS FOR SALE
- SPONSOR A FAMILY

## Workshop on Employment Law

KCR Immigrant Services offers: Workshop on Criminal Law.

Wednesday, November 27th at 7:00pm.

Looking for legal information?

Come to the free workshop at the KCR Office on 120-1735 Dolphin Avenue.

- KCR and The Law Foundation of British Columbia offer immigrants the opportunity to learn about legal topics.
- The workshop is presented by a panel of lawyers; one of them will be an immigration lawyer.
- The seminars are free, but seating is limited and is provided on first come, first serve base. You may be able to sign up for a consultation session with the lawyers, if arranged beforehand.
- Child minding and interpretation may be provided, but need to be requested in advance.

-Source: Melanie, Immigrant Services, KCR



## **Diversity Education Workshops**

What are they?

- 2 ½ hour interactive workshops led by Diversity Facilitators
- An opportunity to increase knowledge about diversity issues and how individual and group perceptions, beliefs and values shape how we interact
- A time to identify and plan to apply strategies to promote diversity inclusion in the workplace

Who should attend?

Non-profit organizations: Employees and volunteers

Benefits to your organization:

- Enhanced awareness of complexity and importance of diversity issues
- Better able to support integration of new immigrants by being a welcoming and inclusive workplace

- Better able to meet the needs of diverse client population
- Enhanced communication within organization

Cost: Free for Non-Profit Organizations

Find out how you can book a Diversity Education Workshop at a time that best suits your employees and volunteers by contacting Doreen at <a href="mailto:doreen@kcr.ca">doreen@kcr.ca</a> or 250.763.8008, ext.29.

-Source: KCR, Doreen Rosvold, Immigrant Services

### Dawn Wilkinson on Volunteer BC Board

Dawn Wilkinson, Community Services Manager at KCR, is now a board member with Volunteer BC.

The new Volunteer BC board was elected at their AGM at Volunteer Futures in October 2013. The new board elected includes: Andy Telfer, Lorelynn Hart, Cathy Smider (Secretary), Dawn Wilkinson, Lawrie Portigal (President), Dean Dupperon, Stacy Ashton (Vice-President), Katherine Preston, Craig Brown, Anne Marie Koeppen, Julie Robertson and Laurie Harris & Jay Norton (Treasurer).

Click here for more info on the board.

-Source: Volunteer BC, The Connector Newsletter, 11 October 2013

#### **Multifaith Calendars for Sale**

The Multifaith Calendar is part art book, part spiritual reference and part calendar. You've never seen anything like it and, once you have it, you'll never want to be without it.

It also makes the perfect gift for family, friends & colleagues!

KCR is selling Multi-faith Calendars for \$20.00 including GST and all profits are going to the United Way.





To place your order please contact Charesa Bach at charesa@kcr.ca or call 250.763.8008.

There are a limited number of copies so get yours today.

-Source: Katelin Mitchell, Immigrant Services Manager, KCR, November 2013

## **Sponsor a Family**

For the past 9 years, Kelowna Community Resources has coordinated the "Sponsor a Family at Christmas Program". What started off as a small initiative for families involved in programs at KCR, has since grown into a significant Christmas support.

Families, businesses, organizations, individuals, etc. connect with KCR offering to

sponsor a family experiencing a season of need. The families receiving sponsorship are families who are currently working with community supports. We know then, that these families are working hard to rise above their circumstances, and are striving to make their lives and the lives of their children better.

If you or your organization would like to sponsor a family this Christmas, please contact us at KCR 250.763.8008. We believe in the power of community and would be happy to give you more information about making a difference in the lives of families in our community.

-Source: Bev Colbow, Program Coordinator, Family Friend Program, KCR, November 2013



## AGM's

BOARD VOICE CONFERENCE & AGM

### **Board Voice Conference & AGM**

November 22-23, 2013

This year's theme, 'A Province that Works For Everyone,'
will focus on building stronger boards, more visionary
community development and a framework for social policy in
BC. The Program this year is sure to be energizing for
everyone, with an exciting line-up of speakers and a premiere workshop:



SPEAKERS – MCFD Minister, Stephanie Cadieux; MSD NDP Critic, Michelle Mungall; and Green Party MLA, Andrew Weaver will bring political perspectives to the conference. Faye Wightman will reflect on her years in the forefront of philanthropy in Canada and on the development of the non-profit sector in BC. Also in attendance is Steve MacDonald, Deputy Minister of Human Services from the Alberta government who will discuss how that province went about developing a social policy framework passed into law in February of this year. As Board Voice has taken on the task of promoting such a framework for BC, we expect this to be very helpful in understanding the road ahead.

WORKSHOP – Hildy Gottleib, of Creating the Future organization, <u>creatingthefuture.org</u>.

#### Register for the Workshop

-Source: Board Voice Society of BC, Donna Francis, Administrative Coordinator, 26 September 2013

## **Awards**

CALL FOR NOMINATIONS: THE 2013/2014 DERYCK THOMSON AWARD

## Call for Nominations: The 2013/2014 Deryck Thomson Award

The Deryck Thomson Award is sponsored by the Social Planning and Research Council of BC (SPARC BC) in honour of Deryck Thomson – a founding Director of SPARC BC and a leader in community social planning in BC. DEADLINE: December 31, 2013.

Do you know an individual or oganization who has made a signficant contribution to social planning or social justice in British Columbia? The Deryck Thomon Award was established by the SPARC BC Board of Directors to recognize individuals and organizations who have made a signficant contribution in advancing social planning and social justice in BC through:

- Building or enhancing community capacity and community well-being and supporting innovation that has contributed to positive change for people and communities;
- Advocating for equity, fairness, and dignity for all through inclusion, integrity and learning;
- Advancing initiatives or policies that:
  - Integrate social, cultural, economic and environmental planning, decision-making and action;
  - Advocate for improved social policies and programs;
  - Ensure that those who are most affected by decisions have a voice in determining and implementing policies and programs that impact them and their families;
  - Raise public awareness and consciousness about the importance of social and community well-being.

Please complete the Nomination Form and return it by mail to SPARC BC 4445 Norfolk Street, Burnaby, BC V5G 0A7 by December 31, 2013.

You can get the Nomination Form at www.sparc.bc.ca or call Alla Timofeyeva at 604.718.7735.

-Source: SPARC BC (Social Planning and Research Council of BC), Alla Timofeyeva, Executive Assistant

# **Employment**

- PROGRAM ASSISTANT: THE ADOPTION CENTRE OF BC AT KCR
- BC ASSOCIATION OF FAMILY RESOURCE PROGRAMS SEEKS EXECUTIVE DIRECTOR

## **Program Assistant: The Adoption Centre of BC at KCR**

Kelowna Community Resources has an Administrative position opening up in The Adoption Centre of BC, a fee for service licensed adoption agency for Program Assistant. This is a part time position daily to start at the beginning of January 2014.

The successful candidate will be responsible to:

- Answer and direct calls and emails;
- · Respond to requests for service;
- · Book appointments;
- · Maintain family files;
- Maintain Database;
- Process Payables and Receivables;
- Code payments/invoice documents;
- · Bank deposits;
- Cheque distribution;
- Monitoring program's annual budget.

We are looking for someone with a warm demeanour and presence as often the first contact that clients have with our adoption agency. It is essential that this individual have strong abilities to prioritize changing workload, meet deadlines and work with minimal supervision while being fully engaged in team participation. This individual will need to have above average computer literacy in a number of program (WORD, Excel, Simply Accounting etc.), organizational skills, English communication skills both written and verbal, problem solving skills, and ability to cope in an environment with constant change.

If you are interested please submit a resume to jenn@kcr.ca by October 25, 2013.

-Source: KCR, Jennifer Wall, Manager: Adoption Services

# **BC** Association of Family Resource Programs Seeks Executive Director

Applications will only be accepted by email at info@frpbc.ca before Tuesday, November 12, 2013 at 12:00 noon.

A First Call partner, the BC Association of Family Resource Programs (FRP-BC) has a 25-year history as a provincial voice for more than 200 Non-Aboriginal and Aboriginal Family Resource Programs offered in community based Early Years settings throughout British Columbia. The Executive Director is an ambassador for the Family Resource Program (FRP) sector in BC, providing a credible voice within and between family serving organizations, and between government, communities and families. Find the complete job description on their website.

-Source: First Call: BC Child and Youth Advocacy Coalition, The Child and Youth Advocate Newsletter, 29 October 2013

## **Facts & Trends**

- POOR COMMUNICATION LEADING CAUSE OF WORKPLACE MORALE: SURVEY
- EMPLOYERS IDENTIFY SEDENTARY LIFESTYLE AS TOP EMPLOYEE HEALTH RISK
- NEW REPORT IDENTIFIES GAPS IN EMPLOYEE WORKPLACE HEALTH BENEFITS
- CANADA'S FEMALE LEADERS ACKNOWLEDGE LAST TABOOS IMPACTING WORKPLACE PROGRESS: STUDY
- THE RESULTS ARE IN: BC LOVES TALKING FAMILY

## **Poor Communication Leading Cause of Workplace Morale: Survey**

Poor communication may do the greatest harm to Canadian workplace morale, suggests a new Accountemps survey. One-quarter (25%) of human resources (HR) managers interviewed said a breakdown in communication is at the heart of most morale problems; almost one in five (18%) survey respondents pointed to failure in recognizing employee achievements as the biggest factor and an equal number said micromanagement. Communication was also cited by 37% of HR managers as the most effective way to counter low employee morale.

#### **Read More**

-Source: Charity Village, Village Vibes, 22 October 2013

# **Employers Identify Sedentary Lifestyle as Top Employee Health Risk**

Almost one quarter (24%) of Canadian employers say work-related stress and sedentary lifestyles are the top major health risks affecting their employees, according to the Sun Life-Buffett National Wellness Survey, released today. Ninety-two percent of organizations surveyed recognize that the health of their employees influences overall corporate performance. The survey finds that 62% of organizations currently offer wellness initiatives with 51% reporting an increase in employee morale and a 40% decrease in absenteeism. Successful wellness programs include initiatives that address the health concerns of employees, such as heart health and diabetes screening clinics, smoking cessation programs, fitness subsidies or onsite fitness programs, nutrition and stress management education.

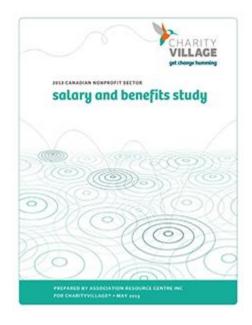
#### **Read More**

-Source: Charity Village, Village Vibes, 30 October 2013

## **New Report Identifies Gaps in Employee Workplace Health Benefits**

Young workers and seniors are the most impacted when they need time off work due to an illness or disability – because less than half are covered by employer sick leave and

disability leave plans. Gaps in employer programs to address mental health issues and chronic disease are also identified in a new Conference Board of Canada report, issued today. Only a third of 18-24 year olds in the workforce (34%) have any paid sick days or short-term disability coverage and only a quarter (26%) have coverage in the event of a long-term disability. Less than half of individuals in the workforce over the age of 65 have paid sick days or short-term disability leave, and only 41% have long-term disability coverage. Employees with mental health issues are also somewhat more vulnerable than those with physical health issues. More organizations offer supportive programs and services for physical health issues (61%)



than mental health issues (53%). Slightly more than half of employees surveyed said that programs and services that support their physical health are helpful (52%); but fewer (40%) agreed that the mental health supports provided by their employer are useful.

CharityVillage's 2013 Canadian Nonprofit Sector Salary & Benefits Study provides more information on benefit programs in the Canadian nonprofit sector.

Read More – Disability Management: Opportunities for Employer Action

-Source: Charity Village, VillageVibes, 29 October 2013

# Canada's Female Leaders Acknowledge Last Taboos Impacting Workplace Progress: Study

A recent study among 501 female business leaders, conducted by Ipsos-Reid on behalf of Randstad Canada, suggests that many of the key inhibitors to breaking the glass ceiling are not easily identifiable factors that can be addressed by corporate policies or workplace procedures, because wider societal perceptions of women and the complexities of male and female interactions are at play. When asked if personal image, including appearance, can impact career progression, 90% of respondents said that

they believe that overall image, including looks, have a substantial impact on a woman's career progression, while only 37% believe image can have the same effect on a man's career. Addressing another sensitive topic, the Randstad study also asked if having a male or female boss can affect career progression. Based on the responses, Canadian women are divided in their opinions, with half stating that the gender of a superior does not impact a woman's chance to obtain a managerial or executive position and half say that it does. Interestingly, those stating that gender plays a role feel that a female boss is more likely to inhibit their progression than a male superior.

-Source: Charity Village, VillageVibes, 15 October 2013

## The Results are in: BC Loves Talking Family

The BC Council for Families' survey called Let's Talk Family went viral this summer. More than 2,000 family services workers across BC passed the survey on to friends and colleagues, and they all wrote heartfelt descriptions of the issues affecting children and

parents and what our province needs to change to make life better for families.

Among the findings:

- 88% said yes, let's give BC families the chance to talk about their lives, communities, challenges and opportunities
- 90% said yes, let's bring the voices and opinions of BC families to decision-makers
- 91% said yes, let's work together to make policies and programs in BC reflect the needs and desires of BC families
- Nearly 80% said yes, I'd like to contribute my ideas and time to help the BC Council for Families reach out to families

Let's Talk Families, BC!

Payingme it Enric Newton of the 2013 Survey from the AC Council for Families

The Re spring of 2013, the BC Council for Families wondered, "is public policy in BC meeting the needs of today's void, parvets, and furnity members?" To find out, we decoded to talk some of the most knowledgeable family the experts in the province community service and excite.

We wanted to the root, "what do BCs families washy need?", so we turned to the propose and to root families to both families that you do or voluntities at a Newtondonic Planes family Resource Planes. Strong point, shoot, and furnity remotives have heal the response. Spring family propose. Aborignal Foreday's Crists, or to government approves, propose working directly with parents, look, and furnity remotives have heal the response. Spring families.

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Check out the first of the Let's Talk Family Survey reports here.

-Source: First Call: BC Child and Youth Advocacy Coalition, The Child and Youth Advocate Newsletter, 23 October 2013

## **Financial**

- FREE TEXT-TO-DONATE CAMPAIGNS OFFERED AS PART OF GIVINGTUESDAY
- TD AWARDING \$15,000 TO APPLICANTS LOOKING TO IMPROVE THEIR COMMUNITY
- HOME DEPOT FOUNDATION PLEDGES \$10 MILLION FOR HOMELESS YOUTH
- GRANTS IN GEAR PROGRAM OFFERS FUNDING TO CANADIAN ENVIRONMENTAL ORGANIZATIONS
- 500K IN EXTRA ARTS GRANTS ANNOUNCED
- CUSTOM DONATE NOW: CANADA HELPS
- UNITED WAY: YOUTH INITIATIVE GRANTS 2014

## Free Text-to-donate Campaigns Offered as Part of GivingTuesday

As a founding partner of GivingTuesday, the Mobile Giving Foundation Canada (MGFC) is launching a GivingTuesday mobile giving initiative that any Canadian charity can participate in without incurring transaction costs. MGFC is offering the use of a single keyword/short code for free, to pre-certified MGFC charities (\$350, one-time fee applies) that partner with GivingTuesday. Interested charities can register for free GivingTuesday partnership and must be certified with MGFC to activate their free text-to-donate campaign before November 8, 2013 at GivingTuesday.ca. The MGFC "Give back for GivingTuesday" text-to-donate campaigns will be active, without any transaction or program maintenance fees for charities, between November 5 and December 31, 2013, giving participating charities almost two months to engage with new donors and raise incremental funds through text message.

#### **Read More**

-Source: Charity Village, Village Vibes, 30 October 2013

# TD Awarding \$15,000 to Applicants Looking to Improve their Community

Communities nationwide are encouraged to apply to receive matching grants of up to

\$15,000 from Tree Canada and TD Friends of the Environment Foundation (TD FEF) in order to manage and grow their urban forests. With \$300,000 in grants available, Tree Canada and TD FEF are looking to support another round of innovative projects in 2014. As Tree Canada's



flagship program, TD Green Streets supports and encourages innovation in urban

forestry. Since its inception in 1994, Green Streets has awarded funding to more than 500 recipients, and has helped change the landscape of local communities across Canada. The program is open to all Canadian municipalities and Aboriginal communities, as well as business improvement associations (BIA). The deadline to submit an application for a 2014 TD Green Streets grant is January 10, 2014. Recipients will be announced in March 2014.

-Source: Charity Village, Village Vibes, 30 October 2013

## **Home Depot Foundation Pledges \$10 Million for Homeless Youth**

The Home Depot® Canada Foundation released its Thought Leadership White Paper on Youth Homelessness today, noting that breaking the cycle of youth homelessness goes beyond providing shelter. While it has supported the issue of affordable housing since its inception in 2009, this year the foundation narrowed its focus to affordable housing and youth. The foundation has also pledged a \$10 million, three-year commitment that will harness the capabilities of The Home Depot Canada Foundation and its network, focusing on renovation and repair projects, life skill development programs, and research and collaboration programs.

-Source: Charity Village, VillageVibes, 29 October 2013

# **Grants in Gear Program Offers Funding to Canadian Environmental Organizations**

The Automotive Recyclers of Canada (ARC) is proud to announce the launch of a new granting initiative – Grants in Gear. The simple aim of Grants in Gear is to extend the



environmental benefits achieved through the ARC membership's dedication to environmental best practices. Applications are welcome from groups of all sizes, who seek to make a difference for the Canadian environment, be it on the local, regional or national level. In 2013-2014, ARC will disburse up to four grants worth a maximum of \$25,000 and one Green Recycled Parts Impact Award, worth up to an additional \$5,000. The Green Recycled Parts Impact Award will be given to the successful applicant who best demonstrates how additional funds would be used to better achieve

the project's long-term vision, or increase its sustainability. The deadline for applications is November 22, 2013.

-Source: Charity Village, VillageVibes, 21 October 2013

### 500K in Extra Arts Grants Announced

Deadline: December 9, 2013

Communities throughout the province will benefit from a half a million dollars in B.C. government funding to help non-profit cultural organizations, First Nations and friendship centres improve local arts infrastructure, including theatres, studios and galleries, Community, Sport and Cultural Development Minister Coralee Oakes said today.

Launched earlier this year, the arts-focused program BC Creative Spaces supported 37 projects that improved arts facilities in British Columbia communities. Approved projects included:

- Expansion at Chemainus Valley Museum
- Construction of a longhouse for cultural celebrations on Haida Gwaii
- Renovations at Sunset Theatre in Wells
- Upgrades to The Arts Station in Fernie
- Creation of a recording studio/rehearsal space in Dunster

New one-time funding will support similar projects. To be eligible for funding, organizations must be governed by an active board of directors or band council and be focused on delivering arts and/or other cultural programming. Projects must develop new spaces, improve existing facilities, or purchase or upgrade specialized equipment.

For information on how to apply for funding, visit:

www.cscd.gov.bc.ca/arts\_culture/index.htm

Improved cultural facilities help make B.C. communities vibrant, interesting places to live, visit, work and raise a family. Projects funded under BC Creative Spaces also benefit local contractors and businesses.

#### Read More

-Source: Charity Village, Village Vibes, 17 October 2013

## **Custom Donate Now: Canada Helps**

Customize your donation form with new Custom Donate Now pages on CanadaHelps. These pages give your organization more control over the look and function of your

form, giving donors an improved donation experience. Set up your Custom Donate Now pages in your account today.

For more information about Custom Donate Now click here.

-Source: CanadaHelps, 8 October 2013



## **United Way: Youth Initiative Grants 2014**

United Way is pleased to launch our Youth Initiative Grants application for 2014 projects! These grants support young people to lead change on social issues. Our timeline is a bit later this year (deadline is January 17, 2014) but we still plan to award the grants in February.

Some examples of past successful projects:

- Anti-bullying and anti-violence initiatives
- Programs to involve girls in technical sciences
- Community gardens and food sustainability education
- Environmental restorations
- Self-esteem programs
- Fine arts and theatre initiatives
- Events for children and youth with diversabilities



Please let me know if you have any questions, and forward this opportunity to any children and youth who have great ideas to improve their communities!

Note that we are also recruiting youth reps (age 16-29) to sit on our council and review the applications.

-Source: United Way, Avril Paice, Director of Community Investment

# **Fund Development**

- OVERHEAD COSTS: THE OBSESSION MUST STOP (SSIR)
- CANADIANS ARE GENEROUS, BUT WHERE TO GIVE YOUR MONEY?
- YEAR-END FUNDRAISING INSIGHTS FOR CANADIAN NONPROFITS
- WHAT'S YOUR YEAR-END FUNDRAISING GOAL?

## Overhead Costs: The Obsession Must Stop (SSIR)

We can't separate nonprofit programs from the people who develop and deliver them. When it comes to charitable giving, there will always be skeptics who question where the money really goes—and donors who object to a charity using their gifts to cover overhead. This skepticism is misplaced. Nonprofits are businesses and, as they grow, they must invest in their infrastructure to survive, retain employees, and, ultimately, succeed at their mission.

#### **Read More**

-Source: Imagine Canada LinkedIn, 25 October 2013

## Canadians are Generous, But Where to Give Your Money?

Figures reported by Statistics Canada suggest that our citizens are among the world's most generous. Canadians have been donating approximately eight-billion dollars or more every year since 2007, with 84 per cent of all Canadians over the age of 15 making contributions to a charity or non-profit organization.

#### **Read More**

-Source: Nonprofit Newswire by Imagine Canada, 16 October 2013

## **Year-end Fundraising Insights for Canadian Nonprofits**

From working with over 1200 nonprofits across Canada, I have seen trends that breed success during year-end giving. Successful year-end campaigns leverage the right message, to the right individuals, in the communication manner they prefer. Let's break this down into some overall observations.

#### **Read More**

-Source: Nonprofit Newswire by Imagine Canada, 17 October 2013

## What's Your Year-End Fundraising Goal?

It may seem like a no-brainer, but many organizations don't set clear goals for their year-end fundraising. Create a specific target to help everyone stay on the same page, keep track of your success, and keep your eye on the prize.



Get results with these goal-setting pointers.

-Source: Network for Good, 10 October 2013

# Housing

- HOMELESSNESS MYTH #1: "GET A JOB!"
- <u>BEYOND THE PRISON GATES: THE EXPERIENCES OF PEOPLE RECENTLY</u> RELEASED FROM PRISON INTO HOMELESSNESS AND HOUSING CRISIS
- NATIONAL CONFERENCE ON ENDING HOMELESSNESS: EPOSTER SESSION
- BARRIERS AND SUPPORTS TO SUBSTANCE ABUSE SERVICE USE AMONG HOMELESS ADULTS
- EXPLORING THE FACTORS ASSOCIATED WITH YOUTH HOMELESSNESS AND ARRESTS

## Homelessness Myth #1: "Get a Job!"

This post begins a series of articles about the myths surrounding homelessness. Myths are just widely held thoughts or beliefs that are not generally true. Possibly one of the most widely expressed myths is that homeless people would not be homeless except for the fact they don't want to get a job.

First, many homeless people are employed while some even have two jobs. Usually, these people sleep under some kind of shelter. They may be living in a homeless shelter or transitional housing situation, on someone else's couch or in someone's garage. Since the foreclosure crisis, many families have formed "tent cities" from which they work.

Second, in order to get a job, people must be clean and they must wear clean clothing. Even at McDonald's and other fast-food restaurants employees are required to be clean. County, state and federal rules and regulations provide the standards by which fast-food restaurants must abide for the health and safety of their patrons.

Proper sanitation facilities are essential so that people and their clothing can be clean and meet the most basic qualification for a job–cleanliness. Without access to toilets, showers and laundry facilities, how are people to keep themselves and their clothing clean?

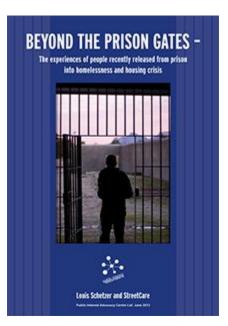
There are few public toilets, fewer public showers and even fewer public laundry facilities available to homeless people. Toilets and showers are available to students of community colleges, so some homeless people try to enroll in classes. Places like the YMCA have public toilets and showers, but day or membership fees are required that most homeless people cannot afford.

**Read More** 

-Source: Homeless Hub Newsletter, 24 October 2013

# **Beyond the Prison Gates: The Experiences of People Recently Released from Prison into Homelessness and Housing Crisis**

In 2012 the Homeless Persons' Legal Service and StreetCare undertook a consultation project exploring the experiences and difficulties faced by people who have recently exited the prison system into situations of housing crisis or homelessness. The close relationship between recent prison experience, housing crisis, homelessness, and socio-economic disadvantage has been confirmed in several Australian studies over the last ten years. This project involved consultation interviews with 26 people who exited prison in the previous two years into situations of housing crisis or homelessness. This report details the results of the consultation, and details the views of participants on issues such as



problems regarding pre-release services in prison, difficulties finding accommodation post-release, other common difficulties experienced by people who have just been released from prison, and some of the difficulties and challenges faced by agencies that provide support services for people released from prison.

#### Read More

-Source: Homeless Hub Newsletter, 24 October 2013

## National Conference on Ending Homelessness: ePoster Session

In this electronic version of an academic poster session several presenters had a few minutes each to share their stories, data, research and ideas via PowerPoint. These posters capture the highlights of Canadian homelessness research.

#### Read More

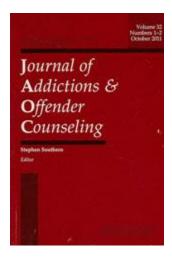
-Source: Homeless Hub Facebook, October 2013

# **Barriers and Supports to Substance Abuse Service Use Among Homeless Adults**

Although there is a great need for substance abuse services among the homeless, many homeless individuals do not use those services. This study examined barriers and supports related to service use. Participants recognized a need for treatment and significant barriers to accessing care.

#### Read More

-Source: Homeless Hub Newsletter, 24 October 2013



# **Exploring the Factors Associated With Youth Homelessness and Arrests**

The high rate of arrests among homeless youths has stimulated a growing interest in uncovering the factors associated with police involvement in this population. This study explored external factors related to their arrests.

#### Read More

-Source: Homeless Hub Newsletter, 24 October 2013



## Local

- HELP ECO-BLAST KIDS' CAMP & CONCERT WIN \$10,000
- 10 FREE CARSHARE MEMBERSHIPS WITH OKANAGAN CAR SHARE CO-OP
- CINDERELLA & THE SILVER TWIG
- WHEN KIDS ACT OUT, CALMING THE CHAOS
- ISEE TOY DRIVE
- 2013 STATE OF THE CHILD REPORT
- CHANGEUP SOCIAL INNOVATION COMPETITION
- SYILX LANGUAGE & TRADITIONAL PRACTICES
- HOT HOLIDAY HOMES
- UNDERSTANDING THE HEALTH OF VISIBLE MINORITY IMMIGRANTS IN CANADA
- HORSE JOURNEY
- PATIENTS AS PARTNERS
- HOT DECEMBER NIGHT
- SENIORS' HOUSING INFORMATION SESSION
- OPEN HOUSE: THE BRIDGE YOUTH & FAMILY SERVICE
- REEL CHANGE
- OKANAGAN COLLEGE SOCIAL ENTREPRENEURSHIP STUDENTS
- ORCHARD PARK FURNITURE DONATIONS

## Help Eco-Blast Kids' Camp & Concert Win \$10,000

The Fresh Outlook Foundation has been shortlisted for a \$10,000 prize from BC Hydro for next year's ECO-BLAST Kids' Camp & Concert. And we need your vote to win! Please visit the link below, click on the box that says Fresh Outlook Foundation, watch the video, and then click VOTE. You can vote once a day until November 15th. The five groups with the most votes get \$10,000 each!



-Source: Fresh Outlook Foundation, 17 October 2013

## 10 Free Carshare Memberships with Okanagan Car Share Co-op

The Okanagan Car Share Co-op (OGO) recently received a grant from the Central Okanagan Foundation to provide 10 OGO memberships to residents who face transportation barriers in the City of Kelowna.

An OGO membership offers members the use of carshare vehicles on an as-needed basis; members pay a low hourly and kilometer rate to use the shared vehicles. The grant monies will cover the \$500 membership share for 10 new memberships and each

member will be responsible for the cost of their trips thereafter. If you or someone you know could benefit from this program please get in touch with us to find out more.

-Source: Okanagan Car Share Co-op, Christian Brandt, Executive Director

## Cinderella & the Silver Twig

Theatre Kelowna Society will present their annual Pantomime to kick off the Christmas season. The family friendly show will hit the stage November 21-24 and November 28-December 1.

Director Christine Daley has spent her summertime hours revising Paddy Malcolm English's two renditions of her hit, 'Cinderella and the Silver Twig, originally produced in 1976 and 1989 by the club.

The Cinderella storyline remains basically the same but new characters play leading roles in bringing together Cinderella (Casey Wemp) and of course, the Prince (Graham K. Daley). Not to worry, the magic can only happen with the help of a 'Fairy Godmother' who, in this case, is disguised as an old Granny, Twig being her name, played by (Gillianne Richards), and the definite help of the special deputies in the audience Granny Twig calls upon. The evil Stepmother, Ms. Crosspatch (Corinne Marks) with the assistance of her bumbling, beautiful daughters and her niece try to thwart Cinderella's attendance to the Royal Ball; the Royal Disco Ball actually.

-Source: Theatre Kelowna Society, Wendy Sanderson, Publicity Chair

## When Kids Act Out, Calming the Chaos

Maggie Reigh will facilitate a Parenting talk for a company called Nannies on Call.

It will be on Thurs. Nov. 14th at 6:30 at the State of the Art Center, 110-1295 Cannery Lane across from the Rotary Arts Center

Tickets are \$12 in advance, \$20 per couple in advance and \$15 at the door individual.

For more information: www.nanniesoncall.com.

-Source: Nannies on Call, Judy Holt, Marketing Coordinator

## **ISEE Toy Drive**

It's a win win! You get to clean out your cupboards of old, gently used toys, games, puzzles etc. for children who need your help!

ISEE is a Kelowna charity who works to provide sustainability, education and empowerment based programs and services available in Uganda.

On November 16: 9:30 am - 3:30 pm you can drop off your gently used toys and on November 17: 10 am - 2 pm it all goes on sale to raise funds for these great programs.

LOCATION for drop off and toy sale: Centre for Learning at Okanagan College.



-Source: Shelley Gilmore and Brianna Kirschner, 28 October 2013

## 2013 State of the Child Report

We are pleased to announce our National Child Day Celebration and release of the 2013 State of the Child Report luncheon date.

The report will be launched by Dr. Paul Kershaw – UBC Human Early Learning Partnership.

Date: November 15th, 2013

Time: 11:30am – 1:00pm

Location: Coast Capri Hotel

Register here

-Source: Community Action Toward Children's Health, 15 October 2013

## **ChangeUp Social Innovation Competition**

On November 21 organizations and individuals from across the Okanagan Valley will be pitching their creative ideas for making positive and social change in our local communities. Over \$20,000 in prize money and services in kind is up for grabs.

There are still pitch spots and sponsor opportunities available.

#### Learn more

-Source: Central Okanagan Economic Development Commission, Economic News for the Central Okanagan, 29 October 2013

## **Syilx Language & Traditional Practices**

### Sunday November 10, 2013

10:00am – 3:00pm Barnes' Residence, 1851 East Boundary Rd Smoking Meat

## Monday November 18, 2013

5:00pm – 7:30pm WFN Health Bldg. siya Room Making Native Tree Ornaments

### Sunday November 24, 2013

10:00am – 3:00pm Barnes' residence, 1851 East Boundary Rd Gathering Materials for Traditional Games Equipment

#### Sunday December 1, 2013

10:00-3:00

Barnes' residence, 1851 East Boundary Rd Gathering Indian Dogbane (Hemp) for Making Rope

### Monday December 2, 2013

5:00pm - 7:30pm

WFN Health Bldg. siya Room Making Traditional Games Equipment

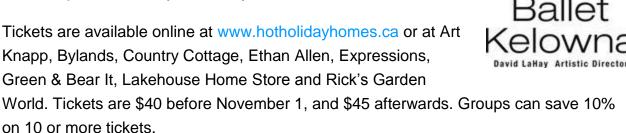
#### **MEALS INCLUDED**

To register contact Pamela/Wilfred at 250.768.7051 or pbarnes@shaw.ca

-Source: Pamela Barnes, 29 October 2013

## **Hot Holiday Homes**

Friday, November 15 and Saturday, November 16
Your ticket not only includes your access to the self-guided tour of 6 privately owned homes that have been decorated exclusively for this tour, entertainment, and food & beverage tasting but also over a dozen discount offers available to ticket holders only to save around town. Hot Holiday Homes ticket holders also have the opportunity to bid on custom decorated trees that could become the focal point of holiday décor at your own home.



-Source: Ballet Kelowna, 29 October 2013

## **Understanding The Health Of Visible Minority Immigrants In Canada**

UBCO started recruiting the second group of black immigrants for the Photovoice Project.

#### Participants:

- Canadian Citizens or Permanent Resident?
- Self-identify as Black

- Are between the ages of 24 to 44?
- Are interested in joining a project that is interested in their perspective and experience of immigration and settlement in Canada.

This project is conducted by Dr. Shirley Chau, Assistant Professor, at the School of Social Work and Dr. Carlos Teixeira, Associate Professor, at the University of British Columbia-Okanagan (UBCO).

For more information about the project or to participate in the project, please contact Jorge at 250.808.9039 or 250.807.9468 or by email at Jorge.angel-mira@ubc.ca or miae.choi@ubc.ca.

-Source: Faculty of Health & Social Development|School of Social ork, The University of British Columbia|Okanagan Campus, Miae Choi, PhD Candidate Research Assistant (Kelowna Health & Wellbeing Study)

## **Horse Journey**

Do you find you are negatively affected as seasons change?

Do you suffer from depression?

What has helped you when you feel sad or blue?

Would you like to learn how to work with your moods and gain a positive, new perspective?

If you would like to explore Your Journey further...

Questions, or interested in experiencing "Healing with Horses", Equine Facilitated Coaching and Personal Development sessions in Kelowna? Please contact Karin Bauer, BSW, RSW by calling 250.860.1964 or karin@horsejourney.com.

-Source: Horse Journey, Karin Bauer

### **Patients as Partners**

Patients as Partners | Patient Voices Network (PVN) is made up of patients, caregivers, family members, and others who want to use their patient experience for positive change to the health care system. Over 170 patient partners across the interior are already involved in opportunities such as focus groups, advisory committees and

learning sessions. These partners are supported by the PVN team when participating in engagements. Volunteer Now!!

An upcoming volunteer orientation will be held in Kelowna on Thursday, November 28th, please register on our website or contact Carol Stathers at cstathers@impactbc.ca or call 250.492.1142.

-Source: ImpactBC, Patient Voices Network, Carol Stathers, Patients as Partners Liaison, Interior Health

## **Hot December Night**

This year Studio9 students are taking you on a popular Okanagan winter vacation....a Cruise! It's a music, dance and acting performance revue to help you feel Hot Hot Hot when it's cool cool cool outside. Like a Love Boat cruise ship stage, you might see some interesting characters. Come and join us at the Mary Irwin Theatre at the Kelowna Rotary Centre for the Arts on Friday December 6 at 7:00 p.m. Just a 9 dollar reserved seat ticket (plus service charges) so get them now.

-Source: Studio 9, 17 October 2013

## **Seniors' Housing Information Session**

This free information session will cover the various housing options available to seniors, including Subsidized Housing, Supportive Living, Assisted Living, and Residential Care. An Interior Health nurse will also be present to help answer housing questions. Each session covers the same information and is offered the second Thursday of each month. To register for this free event please call 250.861.6180 or email senior@telus.net.

Next sessions will be: November 14, December 12, January 9 10:00am – 11:30am Seniors Outreach & Resource Centre, #102 – 2055 Benvoulin Court

-Source: Seniors Outreach & Resource Centre, 18 October 2013

## Open House: The Bridge Youth & Family Service

Please join us for an Open House at both our new locations on Wednesday, December 4th, between 2:00pm and 5:00pm

Bridgeway Residential Treatment, 265 Gray Road The Bridge Youth & Family Services, 760 Highway 33 West

-Source: The Bridge Youth & Family Service, Newsletter 2013 Fall

## Reel Change

I look forward to seeing you at the REEL CHANGE SustainAbility Film Fest (November 2nd-16th at a variety of locations throughout Kelowna) and the Building SustainABLE Communities conference (November 25th-28th) at the Delta Grand. For more info visit <a href="https://www.freshoutlookfoundation.org">www.freshoutlookfoundation.org</a>.

-Source: Fresh Outlook Foundation SustainAbility Support Services Inc., Joanne de Vries, Founder & CEO

## **Okanagan College Social Entrepreneurship Students**

The Okanagan College School of Business is welcoming applications from not-for-profit organizations interested in having students from a social entrepreneurship course volunteer their time towards the completion of a specified project. Eligible organizations will be required to identify and supervise the students in completing the time-constrained project. Applications will be considered for the winter semester starting in January. For further information and to receive a project application form please contact Professor Sheilagh Seaton via email at <a href="mailto:sseaton@okanagan.bc.ca">sseaton@okanagan.bc.ca</a>.

-Source: Dr. Sheilagh Seaton, Okanagan School of Business

### **Orchard Park Furniture Donations**

Orchard Park Shopping Centre has several pieces of furniture that it wishes to donate to charitable organizations within our community.

- Item: Wooden Benches x 38
- Item: Dark Brown Mats/Carpets x 8, 12' x 12'
- Item: Dark Brown Carpet with Green Pear x 1, 18' x 18'
- Item: Tables Round x 8, 36" diam x 17" high
- Item: Tables Round x 2, 30" diam x 17" high
- Item: Tables Round x 20, 20" diam x 23" high
- Item: Brown Leather Chairs overstuffed x 33
- Item: Brown Leather Chairs overstuffed x 7, damaged
- Item: Grey soft chairs leather x 4, Worn
- Item: Grey soft chairs leather x 1
- Item: Brown Leather Chairs overstuffed x 4

If your organization is interested in some of this furniture, please contact Tanya Cormier, at 250.869.4604 or by email at tcormier@primarisreit.com.

-Source: Tanya Cormier | Marketing Coordinator, Orchard Park Shopping Centre, November 2013







## **National**

- 2014 NONPROFIT WORKFORCE PRACTICES SURVEY SEEKS PARTICIPANTS
- NEW CRA SELF-ASSESSMENT HELPS DETERMINE ACCEPTABLE POLITICAL ACTIVITIES
- FEDERAL BUDGET IMPLEMENTATION LEGISLATION
- MAKING THE CASE FOR POSTAL BANKING IN CANADA
- CREDIT CARD TRANSACTION FEES
- POLL ON CHILD CARE: PLEASE VOTE

## 2014 Nonprofit Workforce Practices Survey Seeks Participants

On behalf of the Nonprofit HR, The Improve Group would like to invite you to participate in the 2014 Nonprofit Workforce Practices Survey. This survey is designed to address the lack of statistical information available on nonprofit human resources practices and trends, such as: staff size and projected growth; recruitment strategies and budgeting; staffing challenges; and staffing resource management. The survey should be completed by, or in coordination with, an organization executive with the knowledge to answer all questions accurately. The goal is to ensure that the data compiled from this survey is accurate and instrumental in key decision making within your organization and across the sector. Aggregate results will be reported to all survey participants; however, no specific information about your organization's employment plans or practices will be published or shared with other survey participants or any other third parties. The survey takes about 20 minutes to complete and should be completed by November 22, 2013.

-Source: Charity Village, VillageVibes, 30 October 2013

# New CRA Self-Assessment Helps Determine Acceptable Political Activities

The Canada Revenue Agency (CRA) has released a new self-assessment tool for charities who are uncertain whether their political activities are acceptable under the Income Tax Act. This self-assessment tool will help you determine if:

- Your charity is carrying on political activities
- Any political activities are being carried out within the limits set out in the Income Tax Act
- Your charity is accounting properly for the resources it is using on political activities

The tool can be used to determine quickly whether the way your charity uses its resources for political activities is likely to raise concerns with the CRA. Note, however,

that to be sure that your charity's political activities are within the limits set out in the Income Tax Act, the CRA will have to examine the activities in detail.

-Source: Charity Village, Village Vibes, 21 October 2013

## **Federal Budget Implementation Legislation**

On October 22, the Finance Minister introduced Bill C-4 (Economic Action Plan 2013 Act No. 2), implementing portions of the federal budget tabled in March. On Thursday, October 24, the House of Commons adopted a time allocation motion, which means that C-4 will be voted on at second reading and referred to the House of Commons Standing Committee on Finance no later than Wednesday, October 30.

Bill C-4 contains some items of general interest to charities:

- The extension of the Small Business Hiring Credit which applies to all small employers, including charities has been confirmed. This allows organizations that qualify to receive an automatic rebate of up to \$1000 if their El premiums increase year over year
- Amendments to the Income Tax Act will extend the period over which people who
  participate in tax shelter arrangements can be re-assessed
- Human Resources and Social Development Canada is being renamed Employment and Social Development Canada

-Source: Imagine Canada, Early Alert, 28 October 2013

## Making the Case for Postal Banking in Canada

A new CCPA study finds that the traditional financial banking sector is not meeting the needs of all Canadians. According to the study there are many Canadians in large regions of the country not served by banking institutions, and an estimated 3% to 15% of Canadians do not have a bank account.

The study, by independent researcher John Anderson, suggests that the reintroduction of postal banking in Canada would offer access to financial services not now available to many Canadians. Anderson looks at five successful postal banking models in industrialized countries with relevance to Canadian options and



demonstrates how postal banking would succeed in Canada and help improve and stabilize Canada Post's services and revenues.

Read more in the full report: Why Canada Needs Postal Banking.

-Source: Canadian Centre for Policy Alternatives, National Newswire, 18 October 2013

### **Credit Card Transaction Fees**

On Friday, October 25, the Senate began second reading debate of Bill S-202, which proposes to regulate credit card transaction fees, including establishing a zero rate where the merchant is a registered charity.

-Source: Imagine Canada, Early Alert, 28 October 2013

#### Poll on Child Care: Please Vote

The Globe and Mail's series on child care in Canada includes six major articles, a number of supplementary articles and commentaries, and an online poll asking "Based on your experience, are you happy with the availability and cost of daycare in Canada?"

- Take the poll and check out the data using the poll's interactive tools
- Join the conversation on Twitter using hashtag #globedaycare
- Write a letter to the editor of the Globe & Mail see How do I make a submission?

You can find the articles as they're released through the National Alliance for Children and Youth website and the Child Care Canada website.

-Source: First Call: BC Child and Youth Advocacy Coalition, The Child and Youth Advocate Newsletter, 23 October 2013

## **Provincial**

- NEW CLEARINGHOUSE FOR PUBLIC AND LEGAL INFORMATION AVAILABLE TO BC NONPROFITS
- REPORT ON BRITISH COLUMBIA'S GOVERNMENT NON-PROFIT INITIATIVE
- BC MUNICIPALITIES CALL FOR ACTION ON SOCIAL HOUSING, WELFARE RATES AND FOOD SECURITY
- ONLY ONTARIO BEATS BC FOR THE MOST UNAFFORDABLE CHILD CARE
- WEST COAST LEAF'S REPORT CARD ON WOMEN'S RIGHTS: BC RECEIVES A FAILING GRADE

# **New Clearinghouse for Public and Legal Information Available to BC Nonprofits**

The People's Law School has launched a new <u>Public Legal Education and Information</u> (<u>PLEI</u>)clearinghouse for nonprofits and foundations across British Columbia. Here you will find public legal education and information on critical aspects of nonprofit business, for example governance, employment, leasing, compliance and privacy. The project is made possible with funding from the Law Foundation of Ontario, legal research from Artists' Legal Outreach, People's Law School and the Vancouver Community Network webteam.

-Source: Charity Village, VillageVibes, 15 October 2013

## Report on British Columbia's Government Non-profit Initiative

The Government Non-profit Initiative (GNPI) was created in 2007 to strengthen the well-being of British Columbians by providing an ongoing forum that builds the joint and complementary capacity of government and the non-profit sectors, resulting in stronger, healthier communities. Patricia Pearson, MPA candidate at the School of Public Administration at the University of Victoria, provides three high-level options to integrate regional representation into the GNPI.

#### Read the Report

-Source: News from Volunteer Canada, 24 October 2013

# BC Municipalities Call for Action on Social Housing, Welfare Rates and Food Security

At their annual convention in Vancouver September 16 to 20, the Union of BC Municipalities (UBCM) passed the following key resolutions in relation to child poverty:

- B54 Social Housing: Call on the federal government to collaborate with provincial, territorial and municipal governments, and non-profit housing providers and other housing stakeholders to ensure the viability and sustainability of all social housing stock through a national action plan on housing for Canada (Resolutions, page 53)
- B55 Increase in Social Assistance Rates: Request the provincial and federal governments to increase the basic support allowance given to these individuals to a level that reflects the true cost of living (Resolutions, page 54)
- B56 Ensure Food Security: Urge the provincial government to ensure food security for all British Columbians and eliminate the need for food banks by implementing measures that provide adequate and accessible income support for the non-employed and improve the earnings of those in the low-wage workforce (Resolutions, pages 54-55)

Resolutions about the adequacy of school funding in rural and remote areas were also passed (B50 Joint Task Force on School Funding Formula and B51 School Creative Solutions, Resolutions, pages 50-51).

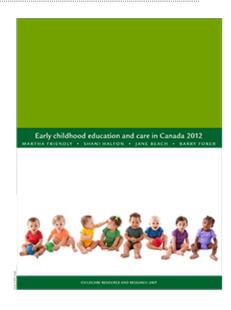
Read the resolutions endorsed at the annual convention here.

-Source: First Call: BC Child and Youth Advocacy Coalition, The Child and Youth Advocate Newsletter, 8 October 2013

## Only Ontario Beats BC for the Most Unaffordable Child Care

Parents across Canada are struggling with finding quality child care they can afford. In BC they struggle harder than most.

A report by the Childcare Resource and Research Unit (CRRU), Early childhood education and care in Canada 2012, considers early childhood education and child care (ECEC) in Canada from 2011 to 2012, using cross-Canada and longitudinal data. It is the ninth edition of similarly collected information. These reports on cross-Canada data on early childhood programs have been compiled and



published about every two years since the early 1990s.

The report includes comparative data across the provinces, such as this chart on the average monthly fees for full-day daycare centres by age group in 2012:

Province – Cost (\$) - Infants/ Toddlers

NL - n/a - 773

PEI - 696 - 566

NS - 825 - 694

NB - 740 - 653

QC - 152 - 152

ON - 1,152 - 925

MB - 631 - 431

SK - 650 - 561

AB - 900 - 825

BC - 1,047 - 907

Read the full report: Early Childhood Education and Care in Canada 2012

-Source: First Call: BC Child and Youth Advocacy Coalition, The Child and Youth Advocate Newsletter, 29 October 2013

# West Coast LEAF's Report Card on Women's Rights: BC Receives a Failing Grade

West Coast LEAF has released their CEDAW Report Card, their annual assessment of how well BC is measuring up on international legal standards of women's equality set out in the UN Convention on the Elimination of all forms of Discrimination against Women (CEDAW).

This is the fifth year in which BC has received a failing grade for its commitment to women's rights with respect to access to justice, social assistance and poverty, and missing and murdered aboriginal women and girls.

Find the report card <u>here</u>

Read the Georgia Straight article: BC gets poor grades



SUBJECT	GRADE	TEACHER'S COMMENTS
WOMEN & ACCESS TO JUSTICE	F	There was now finding for layed and in this year? budget, and reviews finding does not must the need for layed and arrives across the position.
SOCIAL ASSISTANCE & POVERTY	D	BC-centinus in how the highest powers now in Canada, and powers among shallow living with low pursue medium has galled apoplicately.
MISSING & MURDERED ABORIGINAL WOMEN AND CIRLS	D	Little has have done to implement the transmershiftims of the Mining Wittens Commission of Depairs; and stalene and justing aroung Indigenous series; and girll sciences orthood publishes.
WOMEN & HOUSING	C-	De hearing chastier i d'es le Vierneur'i Decentere L'année, unit hearinst d'ente homming anglimbité e les recente payle peu d'enté devolupeurs suparing anné houving et et dérening son.
WOMEN AND GRES IN PRISON	D	Remarded scenarios to Vincensor School for Anching conditions that is a licit of appropriate facilities in which is held them.
VIOLENCE AGAINST WOMEN AND CIRLS	B-	Convenient will relieve a street per plan to address democrate entiress the field, that the healiger constitute are may found for constall artists in a control contras, deferre and transitions. House,
ACCESS TO CHILDCARE	C-	BC made on progress this year an inspressing sheld save affinished by for parents or quality for sheldown, and lags shelmed the summed arrange for to convenience an analy case and have been
WOMEN & HEALTH CARE	C+	desiglicane concernier ne nei public limité cere game madre en e manter ef culture la tito pari, unité disproportimate request un particularly culturalité concernies.

# on women's equality from Vancouver group

-Source: First Call: BC Child and Youth Advocacy Coalition, The Child and Youth Advocate Newsletter, 23 October 2013

# Research

 IRYV SEEKS COMMUNITY PARTNERS FOR AN INNOVATIVE PROJECT TO ENHANCE FAMILY

# Iryv Seeks Community Partners for an Innovative Project to Enhance Family

Psychology researchers at the Institute for the Reduction of Youth Violence (IRYV) are currently searching for community partners for a novel project examining an intervention for high-risk families (eg, those involved in the child welfare system). The intervention is a brief parenting program for improving the parent-child relationship and child health. The IRYV is affiliated with the Department of Psychology, Simon Fraser University, and Child & Family Research Institute, BC Children's Hospital.

Please contact Dave Pasalich (Postdoctoral Fellow) for more information at dave\_pasalich@sfu.ca or 778.782.9367.

-Source: The Federation of Community Social Services of BC, FCSSBC Weekly News, 14-18 October 2013

## Resources

- ASSESSING THE EXECUTIVE DIRECTOR'S PERFORMANCE
- BRINGING THE NEXT GENERATION INTO YOUR ORGANIZATION
- VITAL SIGNS 2013
- SHOW ME THE IMPACT: 5 WAYS TO CLOSE THE PERCEPTION GAP
- RESOURCES FOR SIBLINGS OF CHILDREN WITH DISABILITIES
- THE CHILDREN'S MENTAL HEALTH RESEARCH QUARTERLY
- SENIORS ABUSE AND INFORMATION LINE EXTENDS HOURS
- INTRODUCING PLANH
- KELOWNA CHILD CARE NOVEMBER NEWSLETTER

## **Assessing the Executive Director's Performance**

The performance appraisal gives both the board and the executive director the opportunity to review the executive director's agreed-upon goals and outcomes for the past year and to set goals and objectives for the coming year. It provides a mechanism for discussing opportunities for improving performance and achieving the organization's goals and objectives.

Since the executive director plays a significant leadership role as the organization's chief staff officer, the organization's success is often linked directly to how the executive director is performing in his/her job. Evaluating the executive director is, therefore, an integral component of the board's responsibilities and should be set out in board policy.

#### Read More

-Source: Charity Village, Village Vibes, 20 October 2013

## **Bringing the Next Generation into your Organization**

Millennials — the next generation of community leaders, philanthropists, staff, board members — have been described, and describe themselves, as passionate, connected, optimistic, and wanting to make an impact.

It would seem the community benefit sector — charities, nonprofit organizations, and other groups of engaged citizens — should be tapping into the passion of the next generation in order to address these three drivers.

#### **Read More**

-Source: Charity Village, Village Vibes, 27 October 2013

## Vital Signs 2013

How do Central Okanagan residents perceive the quality of life in our region? What are we doing well? What should we be paying attention to?

In conjunction with the Community Foundations of Canada (CFC) national initiative, a Vital Signs® 2013 report was released today by the Central Okanagan Foundation. The bi-annual community check-up provides a reader-friendly overview of how our community is faring in 13 quality-of-life areas: Arts & Culture, Belonging & Leadership, Economic, Environment, Food Security, Getting Around, Getting Started, Health & Wellness, Housing, Inequality, Learning, Safety and Work.

"The report compiles research from various sources including Statistics Canada and local civic data to offer people a quick look at how the region is doing in the 13 areas. "What makes the report unique is that it offers the community a chance to reflect on quality of life issues," said Joanne Carey, Vital Signs Project Coordinator. Between July 9th and August 8th, 416 survey participants 'graded' each area in an on-line survey.

This is the third time that a local Vital Signs® report has been produced. Survey participants this year gave slightly lower grades for seven of the quality of life areas, compared to the previous two reports. "I think the lower grades reflect the participants' views that quality of life issues are on-going processes. For example, in the area of Getting Around, many people noted the improvements made to bike routes; however the need for continued improvements was stressed" says Carey.

Following the lead of Calgary Mayor Naheed Nenshi who asked Calgarians to do three things for their city, Bruce Davies, Executive Director of the Central Okanagan Foundation (COF), is asking residents of the Central Okanagan to do '3 things 4 the Central Okanagan'. "We can all take action in our everyday lives that positively impact our families, friends, neighbours and colleagues" says Davies. "Maybe it's giving someone a second chance, taking a bus instead of driving, or sharing a talent with others."

The Central Okanagan Foundation is one of 26 community foundations across Canada launching their local reports at <a href="https://www.vitalsignscanada.ca">www.vitalsignscanada.ca</a> to learn more please contact

Joanne Carey, Vital Signs Coordinator, 250.861.6160 or vitalsigns@centralokanaganfoundation.org

The Central Okanagan Foundation is a community foundation providing an ongoing contribution to the quality of life in our community through building endowments, grant making and community leadership. We bring donors and charities together to provide for the needs of the community today, tomorrow and forever. For more information visit: <a href="https://www.centralokanaganfoundation.org">www.centralokanaganfoundation.org</a>

-Source: Central Okanagan Foundation, Mya Brewis

## **Show Me the Impact: 5 Ways to Close the Perception Gap**

Ever since cause marketing broke onto the scene in the early 1980s, corporations have realized and embraced the brand-building power of supporting social and environmental issues, from breast cancer research to recycling.

When companies rally behind causes, consumers respond with increased trust, loyalty and purchase likelihood. With this passion also come increasing consumer expectations for brands to become driving forces in helping solve myriad issues. As marketing messages of a higher purpose and commitment abound, consumers today are taking a closer look at the plethora of corporate efforts, wondering, "Where's the impact?".

#### Read More

-Source: Volunteer Canada Media Monitoring, 4 October 2013

## **Resources for Siblings of Children with Disabilities**

I just came across some resources you might find helpful for the siblings of children with disabilities. There are two list serves, one for children and the other for young adults, and the link to each one is below.

http://www.siblingsupport.org/connect/index\_html http://www.siblingsupport.org/connect/the-sibnet-listserv

-Source: Families in Touch, 2 November 2013

## The Children's Mental Health Research Quarterly

Our theme for this issue is: Troubling Trends in Prescribing for Children

#### Articles include:

- Assessing the risks of off-label prescribing
- Problematic patterns in antipsychotic prescribing
- · When research findings and budgets collide

#### Open the PDF

-Source: Simon Fraser University, The Children's Health Policy Centre



## **Seniors Abuse and Information Line Extends Hours**

The toll-free, province-wide Seniors Abuse and Information Line (SAIL) is available longer since July 1 to provide services seven days a week from 8:00am to 8:00pm.

#### Read More

-Source: seniorsbc@gov.bc.ca, e-newsletter, 7 October 2013

# **Introducing PlanH**

We know there is a strong connection between people, place, and health.

And there is a growing understanding that health is everyone's business.

That is why local governments in B.C. are collaborating across sectors to build local conditions that support health and well-being, not only in their own communities, but for all British Columbians.

BC Healthy Communities Society and Healthy Families BC have partnered to develop the new PlanH program to support local governments to build healthier communities. Check out the new PlanH website to find out about tools and resources for local governments, and subscribe to PlanH to keep up to date with news and funding announcements.

-Source: BC Healthy Communities Special Announcement: Introducing PlanH, 15 October 2013

## **Kelowna Child Care November Newsletter**

The Kelowna Child Care Resource and Referral Agency has released their Bulletin-November2013-ChildcareNewsletter.

-Source: Cindy Polachic, Resource & Referral Receptionist Kelowna Child Care Society, 22 October 2013

# Social Media

- ROI VS. ROR: ARE YOU OVERLOOKING THE MOST IMPORTANT FACTOR IN SOCIAL MEDIA?
- 25 MUST-FOLLOW NGO RESOURCES ON TWITTER
- HOW TO: RESERVE A CUSTOM URL FOR YOUR NONPROFIT'S GOOGLE+ PAGE

# ROI vs. ROR: are you Overlooking the Most Important Factor in Social Media?

By now, social media has a pretty firm foothold in the way businesses and nonprofits market themselves.

#### **Read More**

-Source: Nonprofit Newswire by Imagine Canada, 25 October 2013

### 25 Must-Follow NGO Resources on Twitter

A follow-up post to Five Online Fundraising Best Practices for NGOs and Five Social Media Best Practices for NGOs, below is a list of 25 resources that regularly tweet and retweet useful fundraising and social media advice and information valuable to NGOs worldwide, particularly those engaged in international development. By studying their tweets and utilizing the resources they advocate for, your NGO will become better equipped to inspire online donors and supporters and consequently achieve your mission and programs.

#### **Read More**

-Source: Nonprofit Tech for Good, 11 October 2013

# How to: Reserve a Custom URL for your Nonprofit's Google+ Page

Last year Google+ began enabling page admins to reserve custom URLs for their Google+ Pages, but the service was offered to a relatively small number of verified pages of well-known brands and celebrities. However, last week Google+ began rolling out the ability to reserve a custom URL, such as google.com/+nonprofitorgs, to all page

admins provided that your page has been active for at least 30 days, has a minimum of ten followers, has uploaded a profile photo, and has been linked to your website.

All that said, most nonprofits will only be offered their website URL as their custom URL. For example, Kiva could reserve plus.google.com/+kiva because they linked their Google+ Page to kiva.org. If your nonprofit wants to reserve a different custom URL for your Google+ Page, then you will have to wait for Google+ to launch that service and past experience dictates that your wait could be as long as six months to a year. In the meantime, do not reserve the custom URL suggested by Google+ because once confirmed it can't be changed.

### **Read More**

-Source: Nonprofit Tech for Good, 2 November 2013

# **Training**

- HEAD BACK TO SCHOOL WITH CHARITYVILLAGE
- REGISTRATION OPEN FOR FREE NOVEMBER WEBCAST WITH KEYNOTE SPEAKER, MALCOLM BURROWS
- STRENGTHENING ORGANIZATIONS
- SUMMER INSTITUTE ON INCLUSIVE EDUCATION
- CANADA WITHOUT POVERTY E-COURSE: HUMAN RIGHTS & POVERTY
- DE-ESCALATING POTENTIALLY VIOLENT SITUATIONS™
- INTERGENERATIONAL COMMUNICATION IN THE WORKPLACE
- VELA MICROBOARDS
- CONFERENCE: CITIES FIT FOR CHILDREN 2013
- WORKSHOPS: CENTRAL OKANAGAN CHILD DEVELOPMENT CENTRE
- INTRODUCING OMS 2013
- BUILDING SUSTAINABLE COMMUNITIES
- PARENT EDUCATION
- JOURNEY TO HEALING: SUICIDE POSTVENTION FOR YOUTH
- CANNABIS USE IN YOUTH

## Head Back to School with CharityVillage

CharityVillage offers a series of self-paced, web-based courses created for Canada's nonprofit community. They're fun, practical, and easy-to-use. Best of all, you'll be building essential skills that you can start using immediately. Courses include Grant Seeking, Event Planning, How Fundraising Works, and many more. Check out all of our courses or try a free demo today!

-Source: Charity Village, VillageVibes, 27 October 2013

# Registration Open for Free November Webcast with Keynote Speaker, Malcolm Burrows

As part of their ten-week learning series for foundations and endowments, Soctiabank is publishing educational videos and articles about investment management, portfolio construction, and policy guidance. The learning series will conclude with a free Institutional Group Webcast, featuring keynote speaker Malcolm Burrows, to be held on November 27. Registration for the event is free and those interested in participating can pre-register today.

#### Read More

-Source: Charity Village, Village Vibes, 15 October 2013

## **Strengthening Organizations**

Our next Strengthening Organizations training series is here! From the trickier aspects of gifts and receipting to how to properly account for your organization's political activities (and much more!), Imagine Canada's senior staff will provide you with the capacity-building knowledge you need to deliver on your mission.

A great professional development opportunity, the array of topics is ideal for fundraisers, EDs, finance staff, communicators, and program officers. The series will kick-off on November 13, with Getting Media to Care About what you Care About. Review the topics and dates and register for the entire series or as always you may choose sessions à-la-carte. Don't forget, members save 30%+ off the cost of registration!



-Source: Imagine Canada, Imagine Matters, 22 October 2013

## **Summer Institute on Inclusive Education**

The Family Support Institute (FSI) will be hosting a Summer Institute on Inclusive Education on August 25-27, 2014.

Many of the support calls that FSI gets in our office and through our volunteer network are school based challenges. Many of our families want for their kids to be included, adored, have access to a good solid education, and have a network of friends who celebrate their abilities and accomplishments. We know schools are filled with educated well-meaning professionals who are looking for tools to help them deal with the complexity of classrooms and diversity.

We have designed this Summer Institute to bring school based team members from all over BC together to look at ways to create inclusive schools for all kids. We are calling it "Creating the Future – Partnerships in Inclusive Learning".

Registration is now open! Please visit the Summer Institute website at www.bcinclusivelearning.com.

-Source: Family Support Institute, Nancy Chan, Administrative and Office Manager

## Canada Without Poverty E-Course: Human Rights & Poverty

Monday, November 11 until Sunday, December 8
Participate on your own time. The classroom is open 24/7.

Cost - \$95.00

Registration closes November 8th

Register now

CWP's four-week online course on human rights and poverty provides information, advice and practical tips from human rights experts; course materials on poverty, homelessness, food insecurity and women's rights; an interactive community of social justice advocates from across the country; and the tools to make change in your community.

-Source: First Call: BC Child and Youth Advocacy Coalition, The Child and Youth Advocate Newsletter, 29 October 2013

# **De-Escalating Potentially Violent Situations™**

Kelowna: November 27 (Early rate deadline November 6)

This workshop is designed to teach people to de-escalate potentially violent situations through assertiveness and interpersonal communication. The training will explore how anger and violence interplay, including opportunities for self-assessment of personal styles.

#### Read More

-Source: CTRI Inc., Delayne Hogan, Public Workshop Coordinator

# Intergenerational Communication in the Workplace

Kelowna: November 26. 1:00pm – 4:00pm

This workshop will promote an increased appreciation for the gifts of others regardless of where they are located on the generational spectrum. The training reviews practical strategies for intergenerational communication with a focus on building and maintaining respect in workplace interactions.

## **Read More**

-Source: ACHIEVE Training Centre, Brenda Vanasse, Public Workshop Coordinator

## **Vela Microboards**

Lori Emanuels, Vela Facilitator, will be presenting on November 19, 2013 6:30-8:30 as well as available to answer questions. For more information see attached brochure or visit: <a href="https://www.velacanada.org/individualized-funding">www.velacanada.org/individualized-funding</a>

CLBC Office at: #140 – 1060 Manhattan Drive, Kelowna Please RSVP to: Jerrilyn Parker, Jerrilyn Parker@gov.bc.ca

-Source: Families in Touch, Donna Long, 27 October 2013

## **Conference: Cities Fit for Children 2013**

The theme for Cities Fit for Children 2013 is the Rights of the Child. This year's conference will feature a variety of workshops on topics related to the built (and natural) environment, service provision, and youth engagement. SCY will be presenting a workshop on measuring child and youth friendliness in your community and will be copresenting with PeerNetBC on Friday methods for using an intergenerational approach when building inclusive communities.

When: November 21 & 22

Where: Sheraton Vancouver Guildford Hotel, 15269

104th Avenue Surrey, BC V3R 1N5

Phone: 604.582.9288 Agenda & Workshops

**Register Now** 



-Source: Community Action Toward Children's Health, CATCH Network Newsletter, 15 October 2013

# **Workshops: Central Okanagan Child Development Centre**

COCDA Talks:

Five Part Series of One Day Presentations, November 15, 2013: Michael Douglas MSW, ID undefined

Compassion Fatigue & Vicarious Trauma, February 20, 2014: Evelyn Wotherspoon, MSW, RSW undefined

Ordinary Magic: Fostering Child Development, March 27, 2014: Vikram Dua, MSW, RSW undefined

Autism Spectrum Disorders, April 24, 2014: Michele Hucul MSW, RSW undefined Temperament: Working With Children & Parents.

Cost for each workshop is \$139.00

For further information and registration contact Irma or Admin Staff 250.763.5100, info@cocda.com or Irma@cocda.com.

-Source: Community Action Toward Children's Health, CATCH Network Newsletter, 29 October 2013

# **Introducing OMS 2013**

A full day summit on how to communicate your message in today's world. Join us to cover the important steps of defining, communicating, measuring, and refining, your message through a variety of marketing channels with an Okanagan focus.

Together we will look at all the different media channels in the Okanagan that are available to businesses – including website, print, television, radio, social media, and online marketing. Find out when, and how, to use which medium to garner the best return-on-investment.

Wednesday, November 20th at Mary Irwin Theatre

For more information about the event, and how to get tickets, visit oms2013.com.

-Source: Csek Creative, 29 October 2013

## **Building SustainABLE Communities**

The Fresh Outlook Foundation's <u>Building SustainABLE Communities</u> conference in Kelowna November 25th-28th is less than a month away! If you are a student or represent an Okanagan nonprofit organization, particularly one that supports community climate action, sustainable food systems, or healthy communities, you're eligible for a free half-day pass to the conference.

<u>Check out the program</u> to decide which half-day you'd like to attend, and then contactjo@freshoutlookfoundation.org to register.

-Source: Joanne de Vries, Founder & CEO, Fresh Outlook Foundation, SustainAbility Support Services Inc.

## **Parent Education**

### **Siblings Without Rivalry:**

Mondays: November 4, 18, 25, & December 2 2013 (No session Nov 11); 6:30pm – 8:30pm; \$40/person or \$65/pair (workbook \$5.00); Parent Educator: Christy

## 1,2,3,4 Parents!

Wednesdays: November 13, 20, & 27 2013; 6:30pm – 9:00pm; \$40/person or \$65/pair (textbook \$15); Parent Educator: Christy Phillips

#### **Positive Discipline:**

Saturdays: November 16, 23, 30, & December 7 2013; 1:00pm – 4:00pm; \$70/person or \$125/couple (textbook \$15); Parent Educator: Jennifer Scott

Subsidies available upon request at time of registration; Child minding space is limited and must be requested at time of registration or one week in; Healthy Snack Provided

Unless otherwise noted, all courses are held at: Parent Place – 630 Cadder Avenue (between Pandosy & Richter Street)

For more information or to register please call 250.763.0456 or visit us at #760 – Hwy 33, Kelowna.

-Source: The Bridge Youth & Family Services, Jen Scott, Parent Support Facilitator

## **Journey to Healing: Suicide Postvention for Youth**

When: November 26 & 27, 2013

Where: The Coast Plaza Hotel & Suites, Vancouver

**Early Bird rate:** \$275.00 (includes breakfast and lunch each day)

Hotel Room Deal: \$159 for Comfort Room

The impact of suicide is a reality for many children, youth, families, and their communities. In British Columbia suicide is the second leading cause of death among youth aged 15-24 years.

<u>For more information</u> contact Joel Kaplan at joelk@bccf.ca or call 604.678.8884 ext. 102.

-Source: BC Council for Families, 29 October 2013

## **Cannabis Use in Youth**

**Date & Time:** Thursday November 14, 2013 12:00pm – 1:00pm

Cost: Free

**Audience:** Open to everyone in BC

**Description:** This event will explore the effects of cannabis use on youth, the link between cannabis use and mental health, and strategies for parents and families of youth who are using or thinking of using cannabis. The panel will explore school and community-based programs and resources for parents, families, and youth.

#### Speakers:

- Dan Reist, Assistant Director, Centre for Addictions Research of BC, University of Victoria
- Alexandra Wilson, School Age Children and Youth Substance Use Prevention Initiative (SACY) Parent Engagement Stream Lead
- Persons with lived experience

#### How to join:

- In person: Children's Hospital, Mental Health Building, 4555 Heather Street (Heather St. and 29th Ave.) Vancouver, Entrance #85, Third floor room P3-306 you can drop in or register here
- Telephone: Dial 1.877.291.3022 and enter the access code 4611577#
- Telehealth: Please contact your local Telehealth coordinator and book a videoconference room. Please e-mail telehealth@phsa.ca with your: Facility Name, Room Number and Alias Address

## **Upcoming topics:**

For more information: <u>Visit our website</u> for a lineup of upcoming topics, previous audiotaped sessions, additional resources and events, as well as any changes or cancellations.

## **Questions? Contact Us!**

• Phone: Toll Free 1.800.665.1822

Email: keltycentre@bcmhs.bc.caWebsite: www.keltymentalhealth.ca

-Source: Kelty Centre Newsletter, 31 October 2013

# Volunteerism

- STUDY UNDERSCORES HEALTH, WELLNESS AND CAREER BENEFITS OF VOLUNTEERING
- FREE CRIMINAL RECORD CHECKS FOR VOLUNTEERS START NOVEMBER 30
- NEW IMAGE FOR CAVR
- NEW IDEAS FOR VOLUNTEER RECOGNITION
- VOLUNTEER BC ANNUAL REPORT 2012-2013

# Study Underscores Health, Wellness & Career Benefits of Volunteering

It's no secret within the nonprofit sector that volunteers are often the difference between "make" and "break," the special sauce that keeps an organization moving forward, delivering against its mission, serving its constituents. From hands-on volunteers to skills-based volunteers to the volunteer leaders who serve on boards, it's almost impossible to calculate the value that those who give back add to the sector. So it's nice to know that those who volunteer benefit from the experience as well.

#### **Read More**

-Source: Charity Village, VillageVibes, 27 October 2013

## Free Criminal Record Checks for Volunteers Start November 30

Beginning November 30, 2013, organizations in B.C.'s volunteer and non-profit sector will be eligible for free criminal record checks for their volunteers who work with children and vulnerable adults.

Simultaneous changes to the provincial criminal records review program will:

- Allow more efficient sharing of current, verified criminal record checks among groups in the sector, saving them time and paperwork.
- Provide volunteers and publicly funded employees with more mobility in the sector, since they will be able to consent to sharing verified checks with more than one organization.
- Give businesses and for-profit enterprises an opportunity to access existing record checks
  of new employees who consent to the sharing of them, thereby eliminating the cost of a
  redundant check. This will apply for checks completed within the past five years for which
  there was no determination of risk.

For the volunteer and non-profit sector, the free checks will provide an added incentive to opt into the program. Groups in the provincial program will have access to its adjudication process, which provides expert, consistent risk assessment when a check does identify a criminal record containing relevant offences.

B.C. is a leader in protecting children and vulnerable adults. In 2011, it became the only Canadian province to require criminal record checks of employees working with vulnerable adults, including those at risk of abuse or exploitation due to their age, frailty or disability. At that time, B.C. was already the only province with a broad program to require criminal record reviews of people applying for jobs with unsupervised access to children.

#### **Quick Facts:**

- The fee and record-sharing changes follow related amendments to the Criminal Records Review Act last spring.
- To ensure the record check program continues to operate on a full cost-recovery basis, the
  cost for an employee record check will rise to \$28 from \$20 equivalent to \$1.60 more per
  year over the five-year life of a check. This increase is the first for the program since 2004.
- B.C.'s volunteer-based and non-profit agencies retain the freedom to have their local police or RCMP detachment conduct criminal record checks, or to conduct other appropriate screening to ensure client safety. However, fees for these checks outside the provincial program will not be covered by government.
- In 2011, the provincial program provided nearly 200,000 checks of employees, while B.C. police agencies reported conducting about 80,000 for volunteers.
- B.C. workers required to have criminal record checks include health professionals, teachers, and employees at licensed care facilities.

#### **Read More**

-Source: British Columbia Newsroom, October 2013

## **New Image for CAVR**

Didn't have a chance to participate in CAVR AGM and provide input on the proposed new brand for your association? There's still the time to do it. CAVR is organizing 3 webinars where members will have the opportunity to provide input on the new name and logo, as well as learn more about the programs available to you.

Want to register for one of the webinars? Easy:

1. Choose a date and time:

- Thursday, November 21st at 2:00pm
- o or Friday, November 29th at 10:00am
- (All times are Eastern time)
- 2. Send an e-mail indicating your name, province, along with the day of your choice to info@cavrcanada.org
- 3. CAVR will send a confirmation out with the details on how to participate.

Don't miss out on this opportunity! There is a maximum of 50 participants per webinar! Register Now!

-Source: CAVR, 8 October 2013

## **New Ideas for Volunteer Recognition**

The idea of recognizing the important work done by volunteers is hardly a new one. In addition to boosting their morale, it gives officers of an organization a chance to do something a little different when it comes to making a difference.

Sometimes, it even offers face-to-face possibilities that don't exist during the work week.

#### **Read More**

-Source: Volunteer Canada Media Monitoring, 11 October 2013

## **Volunteer BC Annual Report 2012-2013**

It's been a busy year at Volunteer BC. Check out our highlights in our 2012-2013 Annual Report.

-Source: Volunteer BC, The Connector Newsletter, 11 October 2013

