

KCR Monthly Bulletin - Table of Contents

- KCR Highlights
- KCR & the Central Okanagan Local Immigration Partnership
- KCR & Volinspire
- <u>Aboriginal</u>
- Employment
- Funding Sources
- Fund Development
- <u>Housing</u>
- Local
- National
- Provincial
- <u>Research</u>
- <u>Resources</u>
- Social Media & Tech
- <u>Training</u>
- Volunteerism

Read the KCR Monthly Bulletin in Web Format Here

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KCR Highlights

- <u>WORKSHOP SERIES: NOURISHING MANAGERS OF VOLUNTEERS</u>
- WORKSHOP: LIVING A HEALTHIER LIFESTYLE MAKING THE MOST OF YOUR <u>EFFORTS</u>
- FACILITATING WORKSHOP: TAKE YOUR SKILLS TO THE NEXT LEVEL
- THE NEW SOCIETIES ACT: WHAT YOU NEED TO KNOW
- KCR EMPLOYMENT PROGRAMS APPLY TODAY!
- <u>REGISTRATION IS NOW OPEN FOR THE 2016 OKANAGAN VOLUNTEER OPPORTUNITIES</u>
 <u>FAIR</u>
- <u>SENIORS WELLNESS ADVISORY COMMITTEE</u>
- 2016 DIRECTORY OF COMMUNITY SERVICES
- 2016 PUBLICATION UPDATES
- <u>IMMIGRANT SERVICES MENTORSHIP PROGRAM WE WANT YOU!</u>
- KCR'S MAILING LISTS

Workshop Series: Nourishing Managers of Volunteers

Not Just for Kids Date: Wednesday, May 11, 2016, 12:00 pm – 1:00 pm Location: KCR, #120 – 1735 Dolphin Avenue, Kelowna Cost: Free

Register Now

Participate in ice breakers, games and activities for training and team building. Exchange ideas with others. Have fun. Be motivated. Gain a fresh perspective for reviewing the time you spend with volunteers.

What's in Your Wallet?

Date: Wednesday, June 8, 2016, 12:00 pm – 1:00 pm Location: KCR, #120 – 1735 Dolphin Avenue, Kelowna Cost: Free <u>Register Now</u>

Options when designing a budget for volunteer programs. Who prepares the budget? What input do you have? How can you get to "Yes" for budget approval? What does the budget cover? When the 'pie' gets smaller, what can be done? *-Source: Dawn Wilkinson, Manager, Community Services, KCR, May 2016*

Workshop: Living a Healthier Lifestyle – Making the Most of Your Efforts

Date: Tuesday, May 17, 9:00 am – 11:00 am Location: KCR, #120 – 1735 Dolphin Avenue, Kelowna Cost: \$5 Register Now

Your time is limited. How can you get the most benefit for the least effort? Want some help to prioritize where to put your time and energy? Want to set goals for lifestyle changes that you can stick to? A wellness and current trends perspective will help.



The presentation will address 3 main components:

- 1. Stress, diet, exercise, alcohol, sitting, and weight loss.
 - Why does it matter?
 - How much does it matter (relative to everything else)?
 - o If I wanted to make a change in this area, how can I get the most benefit for the least effort?
- 2. Multiple dimensions of health, how're they're inter-related and reflect on what's important within what we've talked about.
- 3. Goal-setting and how to make lifestyle changes that you can stick to.

-Source: Dawn Wilkinson, Manager, Community Services, KCR, May 2016

Facilitating Workshop: Take Your Skills to the Next Level

Dates: June 8 & 15, 2016, 9:00 am – 12:00 pm Location: KCR, #120 – 1735 Dolphin Avenue, Kelowna Cost: \$25 includes BOTH sessions Facilitator: Kerry Rempel, MBA, BPE, Professor, Okanagan School of Business, Okanagan College Register Now

Audience: These two half days are aimed at facilitators who have led training sessions and want to enhance their skills.

Through interactive learning, participants will gain:

- Understanding of training best practices;
- Ability to categorize learning preferences using the VARK approach;
- Ability to recognize key learner behaviours and actions;



- Assessment about how they currently plan training;
- Knowledge about developing learning environments for adult learners;
- Experience with role-plays; and
- Strategies for dealing with challenging participant situations.

-Source: Dawn Wilkinson, Manager, Community Services, KCR, May 2016

The New Societies Act: What You Need To Know

There are more than 27,000 non-profit societies in BC, providing services and programs that touch virtually every citizen. The BC Society Act, which provides the rules for governance and incorporation of non-profits, is set for important changes. The official proclamation of the new Societies Act will take place in November 2016, and there will be a two-year transition period by which time all societies in BC will have to make the switch to the new Act.

All organizations that are incorporated under the current Society Act will have to complete a "transition application," and many will have to revise their constitution and bylaws by the end of the transition period. This workshop, delivered by lawyer Martha Rans, will provide the information on the bylaw and policy changes necessary for your organization to effectively make the transition when the new Act is proclaimed.

Click here for a brief summary of changes in the new Act.

Workshops

Workshops are open to any registered non-profit organization operating within the Central Okanagan, between Lake Country and Peachland.

If you prefer to attend a workshop with peer organizations from your sector (sport, arts and culture or social service), please register for the sector-specific workshop. However, organizations are welcome to attend any workshop that suits their schedule. All three workshops provide similar content.

Cost: Individual \$15 / Organization \$20 (Admits up to 2 attendees) In order to provide space for as many organizations as possible, each organization is limited to a maximum of 2 attendees.

Location: Coast Capri Hotel - Horizon Room South, 1171 Harvey Ave, Kelowna

• Workshop #1: Social Service

Date: Wednesday, June 1, 2016, 1:30 pm – 4:00 pm Register Now

• Workshop #2: Sport

Date: Wednesday, June 1, 2016, 5:00 pm – 7:30 pm

Register Now

• Workshop #3: Arts & Culture

Date: Thursday, June 2, 2016, 1:30 pm – 4:00 pm

Register Now

The Facilitator

Martha Rans is the Legal Director of Pacific Legal Education Outreach Society (PLEO), which operates the Artists' Legal Outreach and Law for Nonprofits programs. She has been practicing law in British Columbia since 1997, and works extensively with arts organizations, non-profit societies and visual and multimedia digital artists.

Mentor's Reception

Date: Thursday, June 2, 2016, 4:30 pm – 6:00 pm **Location:** Coast Capri Hotel – Fireside Grill, 1171 Harvey Ave, Kelowna

During the two-year transition period, organizations may need assistance as they prepare their application and revise their constitution and bylaws. Local mentors are being recruited in a number of communities to provide this assistance as part of the Law for Non Profits Societies Act transition project. If you are interested in becoming a mentor, join Martha Rans at the Mentor Reception where you will learn more about the mentorship role and how to get involved.

Anyone interested in becoming a mentor, please RSVP to agilbert@kelowna.ca

-Source: Dawn Wilkinson, Manager, Community Services, KCR, May 2016

KCR Employment Programs – Apply Today!

Need to get ready for post-secondary training, or improve your Math, reading, and study strategies?

Need better Math or English to get in to a Trade, go back to school, or improve your skills for a better career?

Or...

Are you an immigrant, person with a self-identified disability, or over the age of 50 and need help seeking employment?



If so, please contact our employment services team at 778.484-5587, employmentservices@kcr.ca, or visit our website at <u>https://kcr.ca/employment-services</u>for more information on the two, no-cost-to-participant programs.

-Source: Travis Schneider, Manager, Employment Services, KCR, May 2015

Registration is Now Open for the 2016 Okanagan Volunteer Opportunities Fair

Date: Saturday, September 17th, 2016, 10:00 am – 3:00 pm **Location:** Parkinson Recreation Centre, 1800 Parkinson Way, Kelowna Register Now

This annual event — now in its 19th year — draws 75+ local non-profit organizations who need volunteers to support the programs and services that make our community a better place to live. They are looking forward to meeting and talking with new volunteers face-to-face and providing all the information they need to find their volunteering 'home'.



For volunteers, this event represents a one-of-a-kind opportunity to learn about each organization, and how their personal involvement can make a difference in our community. One stop, with all the answers they need to make their choice (Or choices!) on where they will give of their time. At the Fair, we all come together to help make Kelowna a great place to live!

Learn More

-Source: Dawn Anthony, Community Services, KCR, April 2016

Seniors Wellness Advisory Committee

We are looking for individuals 55+ to participate on an advisory committee to develop wellness resources for the Central Okanagan.

The advisory committee will meet once/month to discuss the resources that exist, where there are gaps and how we can connect the broader community to these resources. The project will also involve Seniors Wellness Ambassadors to help make these connections. Depending on interest, meetings for the advisory committee may be held in both Kelowna and West Kelowna.

If you are interested in participating on the advisory committee, please contact Stephanie at 250.763.8008 ext. 141 or via email at stephanie@kcr.ca.

-Source: Stephanie Moore, Project Coordinator, KCR, May 2016

2016 Directory of Community Services



The Directory of Community Resources is the hard copy version of the online database listings from the communities of Peachland, West Kelowna, Westbank, Kelowna, and the District of Lake Country.

It covers basic needs, community and international services, consumer services, education, environmental quality and public safety, health care, income support and employment, individual and family life services, legal services and criminal justice, and mental health, substance abuse and addictions.

To order your copy, please email info@kcr.ca or call 250.763.8008 ext.121. Please indicate the number of copies you would like, preferred pick-up date and time, and your method of payment (cash/cheque). Each Directory is \$30; taxes are included.

-Source: Dawn Anthony, Community Services, KCR, April 2016

2016 Publication Updates

Never miss our on our Publication updates again. <u>Consent to receive emails for KCR's</u> <u>Publication Updates</u>.

Walk-In Medical Clinics 2016

A listing of medical walk-in clinics operating in the Central Okanagan. Download Now

Street Survival Guide 2016

The Street Survival Guide is a handy one-page publication with listings on where to find a meal, medical attention, clothing, a hot cup of coffee, or where to find a place to sleep for the night. <u>Download Now</u>

Basic Needs Resource Guide 2016

A listing of basic needs including food, housing and clothing in the Central Okanagan. <u>Download Now</u>

Adult Services Guide 2016

A comprehensive guide for adults in need of clothing, food, shelter and other services in our community. Updated semi-annually. To print, please select legal paper, 2 sided print, flip on short edge.

Download Now

Youth Services Guide 2016

A handy guide for youth in need of clothing, food, and other helpful services. Updated semiannually. To print, please select legal paper, 2 sided print, flip on short edge. <u>Download Now</u>

Legal Services Guide

A listing of basic legal resources available that includes advocacy, credit counselling, estates, family lawn, assisting with housing issues, judicial resources, legal assistance organizations and online information sources.

Download Now

Public Computer Access Locations

Free computer and internet access is offered to the public. There are more than 60 sites in the Greater Okanagan Region (Osoyoos to Salmon Arm). Some sites have staff on hand to help people access the technology. View our updated list at<u>kcr.ca/community-services/public-computer-access/</u>

Download all of our Publications at kcr.ca/publications

-Source: Dawn Anthony, Community Services, KCR, April 2016

Immigrant Services Mentorship Program – We Want You!

WE WANT YOU for our Immigrant Services Employment Mentorship Program

Our mentees are looking to be matched with Travel Agents, Administration Assistants, Accountants and Dietitians.

The Employment Mentorship Program assists immigrants with their transition into Canadian life and workplace culture by matching an immigrant mentee with a volunteer mentor who is working or has worked in the field of work that is of interest to the mentee. If you have at least 3 years of professional experience in your field, possess detailed industry and sector knowledge and networks, are able to commit to meet with your mentee once every two weeks and would like to help others, this may be the opportunity for you.

For more information, please contact Vicki Pilot at vicki@kcr.ca or 250.763.8008 ext 139

-Source: Vicki Pilot, Immigrant Services, KCR, April 2016

KCR's Mailing Lists

Monthly Bulletin: Sent electronically each month, plus time sensitive information updated periodically on the website

Publications: Our updated publications will be sent right to your inbox

KCR Workshops: Information about upcoming training opportunities

Adoption Centre of BC: Upcoming information sessions, newsletters and general adoption information

-Source: Kelsey Grmek, IT Coordinator, KCR, June 2014

<u>To Top</u>

Central Okanagan Local Immigration Partnership News

• ATTITUDES HARDENING TOWARD IMMIGRANTS: UBC PROFESSOR

Attitudes Hardening Toward Immigrants: UBC professor

Canadians have become less positive and more anxious about immigration, and especially refugees, in recent years, University of B.C. law school dean Catherine Dauvergne argues in a new book, The New Politics of Immigration and the End of Settler Societies. Attitudes on the subject both in Canada and around the world have become polarized, creating an environment in which conservative politics thrive, she told Postmedia reporter Tara Carman.

Q: How would you say the attitudes of Canadians toward immigration, and refugees in particular, have changed since the early 1980s, when Canada took in 60,000 refugees from Vietnam?

A: I think if you look at the largest possible survey data, the Canadian population still is overall positive about the general value of immigration, but the extent of the positiveness has declined quite a lot over that 30-year period of time. So, there is a discernible trend to people being less positive, more anxious and more likely to view immigrants as a security issue, which in the 1980s was almost unheard of.

Read More

-Source: Article, Vancouver Sun, 2 May 2016

<u>To Top</u>

KCR & Volinspire

• <u>UPDATE ON THE VOLINSPIRE JOURNEY</u>

Update on the Volinspire Journey

Our mission is to connect communities, to bring businesses, charities / non-profit organizations and volunteers together on one platform.

Our first business users were our local Credit Unions, who are our Community Partners. We are now beginning to bring on additional business users and soon, we will share new features and ways in which you can strengthen relationships with local businesses and increase donations to your organization.

As a CCC, Volinspire gives back a minimum of 50% of our profits to the communities that we serve. We plan on aligning our own donations with the charities and organizations that are most active on our platform.

In celebration of National Volunteer Week, this newsletter focuses on ways to recognize your volunteers through stories and testimonials. In doing so, not only will you increase retention and happiness of your volunteers, you will also increase awareness of your cause and have a greater chance of receiving donations from Volinspire.

Invite your Existing Volunteer Base

In order to recognize your volunteers using @ mentions in stories and with testimonials, the best first step is to invite them to connect with you on Volinspire.

This can be done in 2 easy steps and volunteers can connect with the click of a button (whether they are already Volinspire users or not).

- 1. Click your organization's name in the navigation bar and select 'Management' from the dropdown.
- 2. Select the 'Invite' tab and choose how you would like to send an invite.

Recognize Volunteers using Stories

Use stories to celebrate your volunteer base!

Even if your volunteers are not users of Volinspire, you can share pictures and stories about individuals and groups that are helping to make an impact. Once volunteers have connected with you, there is the added bonus of using @ to mention them by name, increasing recognition.

Benefits of posting on Volinspire

- Your story is seen by our growing base of active and engaged users (who are typically also donors)
- Stories can easily be shared to multiple social networks with one click by any user
- Your story has a chance to be featured in the local media, as we are developing relationships to add increased reach to spotlight volunteers, organizations and community goodness

Recognize Volunteers through Testimonials

Let your volunteers know how much you appreciate them.

Volunteer retention and productivity are dependent on if your volunteers feel recognized. You can easily add testimonials by going to your 'Volunteers' tab in your 'Management' area (make sure you have sent an invite so that your volunteers are connected to your organization and show up in this list).

Coming Soon!

Features to strengthen relationships with businesses are being developed to ensure your organization can use Volinspire as a fundraising and business engagement tool to increase donations, business support and to gain increased exposure & awareness.

-Source: Newsletter, Volinspire, 13 April 2016

<u>To Top</u>

• ABORIGINAL PEOPLES SURVEY, 2012

Aboriginal Peoples Survey, 2012

Social determinants of health for the off-reserve First Nations population, 15 years of age and older, 2012

In 2012, off-reserve First Nations people aged 15 years and older were more likely to report poor health outcomes compared with the total Canadian population.

Over 60% of First Nations people reported being diagnosed with at least one chronic condition, compared with 49% of the total Canadian population. Living in a house in need of major repairs and food insecurity are predictors of poor health outcomes for First Nations.

The findings, taken from a new study, <u>Social determinants of health for the off-reserve First</u> <u>Nations population, 15 years of age and older, 2012</u>, are based on data from the 2012 Aboriginal Peoples Survey and the 2012 Canadian Community Health Survey. The study examines the relationship between health outcomes and various social, economic and cultural factors.

Download the Report

-Source: Newsletter, First Call: BC Child and Youth Advocacy Coalition, 21 April 2016

To Top

Employment

- KCR EMPLOYMENT PROGRAMS APPLY TODAY!
- HEY JOB APPLICANTS, STOP DOING THESE DUMBASS THINGS
- VMPC IS RECRUITING!

KCR Employment Programs – Apply Today!

Need to get ready for post-secondary training, or improve your Math, reading, and study strategies?

Need better Math or English to get in to a Trade, go back to school, or improve your skills for a better career?

Or...

Are you an immigrant, person with a self-identified disability, or over the age of 50 and need help seeking employment?



If so, please contact our employment services team at 778.484-5587, employmentservices@kcr.ca, or visit our website at <u>https://kcr.ca/employment-services</u>for more information on the two, no-cost-to-participant programs.

-Source: Travis Schneider, Manager, Employment Services, KCR, May 2015

Hey Job Applicants, Stop Doing These Dumbass Things

Hi everyone. I went to get my tattoo touched up today, and holy hummus, it hurt like a federal contract! Luckily, Game of Thrones is back. Watching GOT with a sleeping newborn on your chest while imbibing one or more bottles of hard apple cider to blunt the pain of your tattoo touchup is one of the joys of life.

All of that to say, I am not sure how coherent this post is going to be. Last week, we talked how to treat job candidates nicer. See "Hey, can we be a little nicer to job applicants and stop treating them like crap?" I remember how stressful and even existentially horrifying it was to find a job. A moment that I will always remember was an interview I bombed. So tell us about some of your strengths, the interview panel asked, to which I replied, "I, uh, um, well, I am, you see— uh, um, I have excellent communication skills." Did not get that job.

Read More

-Source: Newsletter, Nonprofit With Balls, 25 April 2015

VMPC is Recruiting!

Are you thinking of doing volunteer work to gain experience and broaden your outlook? If this is the case, this message is for you. Why not grow professionally and personally by getting involved with VMPC in 2016. We have a couple of great opportunities to do just that...

We're looking for someone to support the VMPC Board in the role of Treasurer. But don't let the title scare you! If you're an organized, detailed individual that enjoys seeing results easily, then this position with its well established systems & easy to work with processes may be right for you. You'll be a well-connected & fully participating member of the Board of Directors.

Are you determined to help the profession and making sure that it's recognized and respected as a leading profession of choice? Then the board position of Chair of Advocacy and Standards may be right for you. Working with a committee, you will explore opportunities to support and promote the profession. You will also be a fully participating member of the Board of Directors.

Last but not least, we are also looking for a creative individual who could help in diversifying and increasing our revenues. If you enjoy fundraising and would like to share your experience and expertise with us, you are the person we are looking for to fill the role of Fund Development Lead.

If you or someone you know wants to expand their horizons and learn more about these interesting roles, please contact Hélène Bourgaize, Past President at https://www.how.com the set of the set of

-Source: Newsletter, VMPC, 26 April 2015

<u> To Top</u>

Fund Development

- INCOME SUPPORTS FOR SENIORS
- <u>4 WAYS TO GET MORE OUT OF YOUR FUNDRAISING EVENTS</u>
- <u>7 STEPS TO TURNING EVENT ATTENDEES INTO DONORS</u>
- WHAT ARE FUNDERS LOOKING FOR?
- <u>A TAX ENVIRONMENT TO MOTIVATE AND ENCOURAGE CANADIAN DONORS</u>
- <u>\$1 FROM DIGITAL DONORS COST CHARITIES ONLY 4¢</u>
- HOW TO ACTIVATE YOUR COMMUNITY TO BECOME FUNDRAISERS FOR YOUR ORGANIZATION
- <u>4 GRANT WRITING TIPS TO BOLSTER RELATIONSHIPS WITH FOUNDATIONS</u>
- <u>5 ONLINE DONATION TOOLS TO DELIGHT YOUR DONORS</u>

Income Supports for Seniors

In March 2015, the Office of the Seniors Advocate released its <u>B.C. Seniors Survey: Bridging</u> the Gaps report, which found that many seniors surveyed were not aware of programs and services that could benefit them. Consult the 11th edition of the <u>BC Seniors' Guide</u> to learn about government programs and services available to you, including the income support programs described below.

Read More

-Source: Newsletter, Seniors BC.ca, 15 April 2016

4 Ways to Get More Out of Your Fundraising Events

Fundraising events are a nonprofit mainstay, but they typically take a lot of time, money, and effort to produce. Since even the most basic events can run into the tens of thousands of dollars, it's important to squeeze every opportunity out of these big investments. All too often, though, many nonprofits see the event itself as the finish line, missing critical opportunities for more connection, insight, and inspiration (hint: all things that will lead you to more loyal donors and increased giving).

To get more out of your next fundraising event, keep these four points in mind.

Read More

-Source: Newsletter, Network for Good, 28 April 2016

7 Steps to Turning Event Attendees into Donors

Your event is not just an event. It's an opportunity to move folks along a relationship continuum and "what's next" when it comes to their involvement with your organization. I like to think of this involvement in four levels:

- 1. Awareness
- 2. Interest
- 3. Involvement
- 4. Investment (every fundraisers' favorite)

For example, some of your event attendees may be involved with your organization as volunteers. So your next goal is to get them to invest, or to invest more than in the past.

Read More

-Source: Newsletter, Network for Good, 5 May 2016

What are Funders Looking for?

When you know one funder, you only know one funder.

Though things can change quite drastically from one funder to the next, in a recent webinar we highlighted major themes that are becoming as common in grant applications as "Include your project budget". To learn even more about what funders are expecting from grantseekers, and access a plethora of hands-on resources, read on and download a recording of this presentation, hosted by our very own Haley MacDonald, Grant Connect's Manager of Research.

Read More

-Source: Newsletter, Grantseeker Monthly, 28 April 2016

A Tax Environment to Motivate and Encourage Canadian Donors

In his April 12, 2016, special to the Financial Post, respected tax specialist Jack Mintz poses some pointed questions about the obligation of and cost to government related to sustaining a tax environment that supports charitable giving in Canada. Mintz focuses his thoughts on the recent cancellation of charitable tax credits in the Federal Budget, a move that surprised the charitable community.

Read More

-Source: Newsletter, Nonprofit Newswire, Imagine Canada, 3 May 2016

\$1 From Digital Donors Cost Charities Only 4¢

Nonprofits invested an average of 4 cents in digital advertising for every \$1 raised online last year and almost 70 percent of those advertising budgets were devoted to lead generation and new donor acquisition.

Read More

How to Activate Your Community to Become Fundraisers for Your Organization

Fundraising is by no means an easy task! Charities of all sizes constantly strive to increase the amount of annual donations, and raise awareness about their cause. And now, peer-to-peer fundraising is helping nonprofits towards both of these goals like never before.

Read More

-Source: Newsletter, Nonprofit Newswire, Imagine Canada, 12 April 2016

4 Grant Writing Tips to Bolster Relationships with Foundations

Grant writing is a time-consuming process. It can also be nerve-wracking if you're inexperienced or working on a particularly important grant. Jeff Kutash, the executive director of the Peter Kiewit Foundation in Omaha, Neb, deals with grants on a daily basis. What does the head of a foundation that gave \$18 million in grant money last year have to say about grant writing and the relationship between foundations and nonprofit professionals? We talked to him about it ahead of his presentation at Cause Camp 2016.

Read More

-Source: Newsletter, The Hub, Nonprofit Hub, 11 April 2016

5 Online Donation Tools to Delight Your Donors

Online fundraising garners millions in charitable giving for the nonprofit industry every year, but there are so many options it can be difficult to find the right online donation tools for your organization.

Here are some of our favorite online donation tools, with an emphasis on widgets and donate buttons. They are all both easy for donors to use and affordable for nonprofit fundraising at all levels.

Read More

-Source: Newsletter, The Hub, Nonprofit Hub, 11 April 2016

<u> To Top</u>

Funding Sources

- SESQUICENTENNIAL GRANT CANADA150
- CALLS FOR PROPOSALS FOR THE STRATEGIC INITIATIVES COMPONENT IN 2016-2017
- <u>AIR CONDITIONER FUNDING APPLY NOW!</u>

Sesquicentennial Grant Canada150

The Sesquicentennial milestone provides an opportunity to shape the future of our city with celebrations, events and projects. To help support non-profit organizations in implementing unique initiatives that will leave a lasting legacy in our community, the City of Kelowna has created the Sesquicentennial Grant.

The intent of the Sesquicentennial Grant is to make a lasting impact that reflects the rich culture of Canada and Kelowna's natural attributes. Projects eligible for the Sesquicentennial Grant must align with at least one of the City's Canada 150 identified themes:

- Embrace, preserve and celebrate the natural assets of Kelowna including the lake, trails, landscape and four season recreational opportunities;
- Celebrate cultural diversity and freedom;
- Empower our youth to shape the community they desire;
- Honor the history of our region and the prominent people and events that connect us;
- Recognize and celebrate the rich history and knowledge of Indigenous nations who continue to be an integral part of our community; and
- Lay the groundwork for innovation that will strengthen our community.

There are two intake dates: **May 31, 2016** and **October 31, 2016**. Please note that availability of grants for the second intake will be dependent of funds remaining after the first intake; there is no guarantee of funding for the second intake.

Non-profit organizations are eligible for matching funds of up to 50 per cent of total project costs up to \$15,000. Matching funds must be identified in the application process and may consist of cash, in-kind-volunteer hours and/or materials and equipment.

For full details, please read the Sesquicentennial Grant Application Guidelines

Sesquicentennial Grant Application Form or Download an Application Form.

Questions? Contact us at canada150@kelowna.ca.

-Source: Newsletter, City of Kelowna, 19 April 2016

Calls for Proposals for the Strategic Initiatives Component in 2016-2017

The Canada Cultural Investment Fund (CCIF) will issue two calls for proposals for its Strategic Initiatives component in 2016-2017.

Applicants must submit their application no later than: September 15, 2016 for projects starting

April 1, 2017

For more information on the component's objectives, eligibility criteria and forms to be completed, please visit <u>http://pch.gc.ca/eng/1269288468775</u> or contact the program at 819.997.3955 or toll free at 1.866.811.0055 or <u>by email</u>.

-Source: Canadian Heritage CCIF (PCH/PCH), 5 February 2016

Air Conditioner Funding – Apply Now!

The Equipment Provision Program will again be accepting applications during the month of May for limited funding towards air conditioners. This is for eligible individuals who have a history of Heat Intolerance (Uhthoff's Phenomena). Assistance provided will be based on complete and eligible applications received on a first come first served basis while funds last.

Applications must be fully completed to be considered for funding. Please include:

- 1. Application for Quality of Life Grant- Equipment- can be found by <u>clicking here</u>.
- 2. Income Tax Notice of Assessment from Revenue Canada for the most recent tax year (2014 or 2015) for all adult members living in the household.
- 3. Equipment Needs Assessment- form found by <u>clicking here</u>.
 - Recommendation from a health care professional (OT, PT, MS Nurse, Doctor, Neurologist) who knows the history of the person's heat sensitivity
 - The recommendation must identify that the person has a history of MS Symptoms brought on by heat sensitivity
 - cost of air conditioner

From May 1st, applications for funding toward air conditioners will be reviewed. Applicants will be informed if they have been approved and how much funding they have been approved for. If approved, the applicant may then purchase the air conditioner and submit a copy of the invoice/receipt to the EPP Coordinator for the approved reimbursement amount. Approved amounts range from \$200 to \$400 and will depend on the applicant's household income.

Apply Now

-Source: Canadian Heritage CCIF (PCH/PCH), 5 February 2016

<u>To Top</u>

Housing

- <u>t3 PODCASTS: CHANGING THE CONVERSATION</u>
- <u>RE-FRAMING POVERTY AS A MATTER OF RIGHTS</u>
- WHAT DOES THE BUDGET 2016 MEAN FOR HOUSING AND HOMELESSNESS IN CANADA?
- STILL DYING ON THE STREETS
- <u>A PROPOSAL FOR FEDERAL INVESTMENT TO PREVENT AND END YOUTH</u>
 <u>HOMELESSNESS</u>
- HOUSING AS A HEALTH CARE INVESTMENT
- <u>CAEH ANNOUNCES DIRECTOR OF NEW TRAINING & TECHNICAL ASSISTANCE</u>
 <u>PROGRAM</u>
- A PLACE TO CALL HOME: BRANDON'S PLAN TO END YOUTH HOMELESSNESS
- THE UPSTREAM PROJECT: PREVENTING YOUTH HOMELESSNESS
- STORIES OF YOUTH HOMELESSNESS & RESILIENCY
- 2015 PROGRESS REPORT ON ENDING HOMELESSNESS IN OTTAWA

t3 Podcasts: Changing the Conversation

Jeff Olivet, activist, writer, and CEO of Center for Social Innovation, interviews health and human service experts, teachers, researchers, and advocates. Conversations focus on critical and timely topics related to homelessness, trauma, mental illness, and addiction.

Racism and Homelessness – 4 April 2016

In this open dialog between Jeff Olivet and Marc Dones, they tackle the complexities and paradoxes of race as it relates to homelessness.

Racism and Homelessness: Solutions – 12 April 2016

In continuation of their earlier conversation, Marc Dones and Jeff Olivet sift through potential solutions for addressing racism and homelessness.

The Opposite of Addiction is Connection – 19 April 2016

Together with Jason Howell and Lori Criss from the National Alliance for Recovery Residences, Jeff explores the importance of recovery housing as a choice in any community seeking to transition from a culture of addiction to a culture of recovery. This is the first conversation in a three part series.

Recovery Housing and Homelessness – 25 April 2016

As part of the second series in this conversation, Jason Howell from the National Alliance for Recovery Residences and Kristen Paquette discuss Recovery Housing as a method of homelessness prevention.

Recovery Housing: Standards & Best Practices – 2 May 2016

In the last episode of a series of conversations on recovery housing, Jason Howell and Dave Sheridan from the National Alliance for Recovery Residences highlight the importance of having baseline standards for recovery housing as a community benefit.

Listen Now

-Source: Newsletter, t3, 4 April 2016

Re-framing Poverty as a Matter of Rights

This introductory article by guest editor, Elizabeth McIsaac of Maytree, provides an overview of the strategies and policies for rights-based poverty reduction in Canada beginning with the need for common language and goals. Referring to the International Covenant on Economic, Social and Cultural Rights endorsed by Canada in 1972, McIssac identifies many challenges and complexities and the obligation to implement the Covenant at all levels of government. In particular, she notes that individuals cannot currently claim their rights through the courts in Canada.

Read More

-Source: Newsletter, The Philanthropist, 5 April 2016

What does the Budget 2016 Mean for Housing and Homelessness in Canada?

Last week, the federal government released its Budget 2016. The long-awaited announcement was the first for Liberal Party led by Prime Minister Justin Trudeau, and was set to address several campaign promises, including the issue of housing and homelessness in Canada.

To provide some context, the Liberal Party platform released during the 2015 election campaign promised a policy for an Affordable National Housing Strategy. This, along with the recent report from the UN's committee on Economic, Social and Cultural Rights expressing concern around Canada's "housing crisis", led to a growing anticipation among housing advocates around how the newly elected government would address the issue.

With the Budget 2016, we at Raising the Roof are pleased to see action on this policy promise. Below are a few highlights from the Budget that specifically address the issues of housing and homelessness in Canada.

Read More

-Source: Newsletter, Raising the Roof, 5 April 2016

Still Dying on the Streets

At least 46 homeless people died in British Columbia in 2014—a 70 per cent increase from the year before.1 It is the highest number of homeless deaths in a single year in this province since 2008 and it marks a stark increase in the number of vulnerable lives that were unnecessarily lost.

Still Dying on the Streets updates Megaphone's landmark report on homeless deaths, Dying on the Streets (which looked at homeless deaths from 2006- 2013), with the most recently available data from 2014.

As municipalities across B.C. continue to struggle with a lack of affordable housing and appropriate harm reduction services, a growing number of



Still Dying on the Streets Homeless Deaths in British Columbia, 2006-2014 (Second Edition, 2016)

homeless people are dying on the streets and in shelters. With overdose deaths rising dramatically in 2015, evictions of residents in low-income buildings increasing, and affordable housing still not meeting demand, the number of homeless deaths in this province promises to only increase.

Read More

-Source: Newsletter, The Homeless Hub, 7 April 2016

A Proposal for Federal Investment to Prevent and End Youth Homelessness

In partnership with A Way Home, the Canadian Observatory on Homelessness has released a new policy brief: Federal Investment in Youth Homelessness: Comparing Canada and the United States and a Proposal for Reinvestment.

In Canada, 35,000 to 40,000 youth between the ages of 13 and 25 are experiencing homelessness, representing 20% of the entire homeless population. There is a growing recognition that youth homelessness is distinct from adult homelessness in terms of its causes and conditions and it then follows that so must be the solutions.

This policy brief makes the case that there is now an opportunity for the Government of Canada to work with community partners to address youth homelessness in a much more strategic and effective manner. The policy brief includes a proposed annual investment in addressing youth homelessness and indicates how

federal leadership, direction and investment on the issue can yield significant policy and practice changes provincially and territorially.

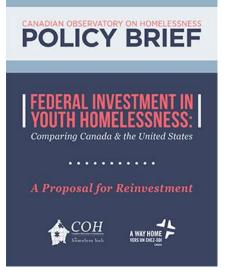
Read More

-Source: Newsletter, The Homeless Hub, 11 April 2016

Housing as a Health Care Investment

Housing as a Health Care Investment, is a new report released by the National Housing Conference that examines research conducted by Children's HealthWatch. The findings show that homelessness and unstable or unaffordable housing can harm the health of vulnerable infants and young children and contribute to higher health care spending.

Previous research from Children's HealthWatch demonstrated the harmful impact homelessness has on the health of young children and that the negative health outcomes are compounded when a mother is homeless both before and after her child is born. New findings from Children's HealthWatch researchers show affordable and stable housing made





Housing as a Health Care Investment Affordable Housing Supports Children's Health

Affordiable and stable housing plays a ortical role in supporting the health and wellbeing of hiddrer. Roscarch from Childred's HealthWitch shows public investment in housing-including housing for homeloss families and rental assistance for food-index-ure families-improve the health outcomes of wulnerable infants and young children and lowers health care spending.





hiden who experienced both pre- and post surveys were 41 percent more likely to copfarized since birts. possible through rental assistance is associated with better health outcomes for infants in vulnerable families.

Read More

-Source: Newsletter, The Homeless Hub, 21 April 2016

CAEH Announces Director of New Training & Technical Assistance Program

The CAEH is pleased to announce Wally Czech will join the alliance as our Director of Training. Wally will lead the alliance's new Training & Technical Assistance program – a mission based, non-profit training and technical assistance consultancy developed to provide on the ground training and support to communities and front line workers.

Wally is a recognized expert and leader in Housing First and ending homelessness with over 15 years' experience in counselling psychology. Wally joins the CAEH from the City of Lethbridge, Alberta where he was the City's Housing First Specialist for the past five years.

While at the city Wally was instrumental in the development of the city's Housing First System of Care, program development for several Housing First programs, providing clinical and operational support to funded projects and leading the development of the city's Housing First Standards of Practice. Wally has provided consultation and training to several communities in their efforts to develop or enhance their own Housing First models and was a contracted trainer for t3 (Think, Teach, and Transform) from the U.S.

He will be based out of Lethbridge where he lives with his wife and three children. Wally starts with the CAEH on May 2nd and can be reached at <u>wally@caeh.ca</u>. In April, the CAEH took over Mental Health Commission of Canada (MHCC) Housing First Training and Technical Assistance program. Expanding on the MHCC program, the CAEH will employ a faculty of expert trainers working in agencies or private practice across Canada to provide training.

The mission of the new program is to facilitate and accelerate the shift to Housing First and ending homelessness in Canada by providing high quality, accessible, affordable, evidence based training and technical assistance.

-Source: Newsletter, Canadian Alliance to End Homelessness, 27 April 2016

A Place to Call Home: Brandon's Plan to End Youth Homelessness

Youth Homelessness is a growing problem in Brandon and the surrounding area. The first Point-in-Time count revealed that almost one-half of people who were homeless in Brandon were also under the age of 30. This plan was developed with directed outcomes and objectives that will make a measurable difference in preventing, reducing and ending youth homelessness in Brandon.

Strains on housing, low vacancy rates in rental housing and strains on the



International and an and a second sec

emergency system require solutions to address systems as a whole, and not only frontline responses. While much work has been done to broaden the public view of homeless individuals, much work still remains to engage the public understanding of homelessness as broader than street homelessness.

Read More

-Source: Newsletter, The Homeless Hub, 28 April 2016

The Upstream Project: Preventing Youth Homelessness

Countries such as Australia have achieved great success in addressing youth homelessness by developing integrated community responses that operate within the school system. Why schools? Because virtually every young person who becomes homeless was in school at one point, and was very likely in contact with an adult (teacher, guidance counselor, coach) who knew something was wrong but didn't know how to help.

Based on Australia's The Geelong Project, The Upstream Project first identifies and asses students at-risk of homelessness using a Student Needs Survey. These young people are then connected to community agencies that provide wraparound services based on the youth's unique needs.Desired outcomes of the project include increasing high school engagement and graduation rates and reducing family breakdown and involvement in crime.

Read More

-Source: Newsletter, Raising the Roof, 3 May 2016

Stories of Youth Homelessness & Resiliency: M

When I go to a shelter, I don't get any sleep. Sometimes it's because people wake up at 4:30 am and scream at the top of their lungs. Sometimes it's because people are up watching TV and walking around.

But mostly, it's because the shelter is not a safe place. The first time I went to a shelter, I was 18 years old. I thought my life was over, and that I would have no social life. As a gay male, I was immediately harassed. I went to sleep every night just wishing that it would be over and wondering why I didn't have my own place or at least some privacy.

Read More

-Source: Newsletter, Threads Roundup, t3, 30 April 2016

2015 Progress Report on Ending Homelessness in Ottawa

The Alliance to End Homelessness Ottawa has recently released the 2015 Progress Report on Ending Homelessness in Ottawa (reflecting data from January to December, 2015).

The report found that for the first time since 2006, the average length of stay (among all clients) in Ottawa's emergency shelters was reduced by 6.4%. The opening of new supportive housing in the Fall appears to be reducing the overall length of stay, and targeted interventions are showing success.

While the length of stays are being reduced, the overall number of homeless individuals accessing emergency shelter beds has increased. This increase is nearly completely attributable to the

increase in the number of families accessing shelter. 38.6% of all shelter clients in 2015 were members of a homeless family.

Read the Report

-Source: Newsletter, The Homeless Hub, 4 May 2016

<u> To Top</u>



Local

- <u>ASSISTANCE FOR FORT MCMURRAY</u>
- KELOWNA HEALTH CENTRE OPEN HOUSE MENTAL HEALTH & SUBSTANCE USE
- BRIDGING TO GOODNESS AUCTION
- WOMEN & WELLNESS 2016
- <u>OLD BUILDING, NEW IDEAS</u>
- INCOGNITO: USING POSTCARDS TO GET TEENS TALKING
- <u>KELOWNA ART GALLERY UPDATES</u>
- <u>57th ANNUAL RUTLAND MAY DAYS</u>
- ISLAM: TERRORISM OR TOLERANCE?
- INN FROM THE COLD PUSH TO END HOMELESSNESS
- <u>SMART RECOVERY & LIFE AFTER SOBER LIVING LTD BBQ</u>
- <u>PUBLIC FORUM: BRIDGING TRANSITIONS IN THE MENTAL HEALTH AND SUBSTANCE</u> <u>USE SYSTEM</u>
- BIKE TO WORK & SCHOOL WEEK 2016 IS MAY 30 JUNE 5!
- <u>CREATIVE AGING DAY</u>
- MISSION PAINTERS "ART BY THE LAKE" SHOW
- ANNOUNCING THE NOMINEES FOR THE 9TH ANNUAL OKANAGAN ARTS AWARDS
- <u>SENIORS WELLNESS ADVISORY COMMITTEE</u>
- <u>COMMUNITY FOOD CALENDAR</u>
- CREATIVE SPACES NEEDS AND ISSUES SURVEY
- <u>CANADA 150</u>
- NEW PROGRAM TO HELP LOCAL YOUTH THROUGH ART
- <u>RUTLAND MEDICAL CLINIC CLOSING</u>
- <u>MOUNTAIN BIKING IN JULY-AUGUST</u>
- LAKE COUNTRY THEATRE CATERING TO HEARING IMPAIRED

Assistance for Fort McMurray

RED CROSS: The Canadian Red Cross is accepting <u>monetary donations through their website</u>. A \$5 donation can also be made by texting REDCROSS to 30333.

SALVATION ARMY: The Salvation Army is collecting <u>monetary donations online</u>. It says it will provide food, clothing and shelter, among its emergency services.

SAMARITAN'S PURSE: The Samaritan's Purse says it is assembling a team that will head to Fort McMurray to provide physical and emotional help once the evacuation order on the city is lifted. It is accepting monetary donations <u>through its website</u>.

WOOD BUFFALO FOOD BANK: The Wood Buffalo Food Bank, which serves the regional municipality that includes Fort McMurray, is taking PayPal <u>donations through its website</u>.

AIRBNB: Airbnb has activated its Disaster Response Tool, encouraging its host community around Edmonton to help displaced residents with free housing. The tool, on offer until May 21, allows existing hosts and local residents with extra space to host people through Airbnb for free.

FORT MCMURRAY SPCA: The Fort McMurray SPCA is working with partners and local authorities to reunite displaced residents with pets they were forced to leave behind. It is accepting <u>monetary donations online</u>.

Kelowna Health Centre – Open House – Mental Health & Substance Use

Date: Friday, May 6, 2016, 1:00 pm – 4:00 pm **Location:** 2nd Floor, 1340 Ellis St, Kelowna

Please join us for an afternoon to tour the Kelowna Health Centre, learn about our Mental Health & Substance Use programs and services and meet our fantastic team members.

-Source: Sandra Robertson, Manager – Mental Health and Substance Use, Integration and Strategic Services, 19 April 2016

Bridging to Goodness – Auction

Date: Friday, May 6, 2016, 7:00 pm **Location:** Thirdspace Coffee, #103 – 1708 Dolphin Ave, Kelowna

This auction coincides with year round assistance of the homeless and shelters in Kelowna, whereby we ask for donations from the community for backpacks, hygiene essentials, blankets, clothing, water and snack foods. The auction benefits Okanagan Mental Health Services Society in order for them to purchase new lawn equipment. These are then distributed where necessary onto the streets and to the various shelters around Kelowna.

By assisting Okanagan Mental Health Services Society, we feel we are completing the cycle to assisting the less fortunate into becoming productive members of society.

All programs operated by the Okanagan Mental Health Services Society promote community focused services to individuals diagnosed with a persistent mental illness. They operate two programs; The Assisted Living Program and the Therapeutic Work Program. These programs provide flexible services that adapt to the challenging needs of individuals requiring assistance. All participants in their programs are referred through the Kelowna Mental Health Center.

This event will be co-hosted with Third Space Coffee. They are a registered non-profit foundation comprised of individuals committed to developing authentic connection & community. Through their core services of professional development, life guidance and spiritual exploration, they strive to create that space for you.

-Source: Vicki Pilot, Settlement Worker, Immigrant Services, KCR, 4 May 2016

Women & Wellness 2016

Date: Wednesday, May 11, 2016, 6:00 pm – 9:00 pm **Location:** Bottega Farm Inn & Studio, 4485 Sallows Rd SE, Kelowna **Cost:** \$55 each, includes \$20 charitable tax receipt

Buy Tickets

Women & Wellness® is a special night designed to unite and empower socially-conscious women who share our goal of a mentally healthy community. Guests will hear real stories shared by like-minded women, enjoy great food and a Wellness Marketplace, while raising awareness and funds to support CMHA Kelowna's youth and family initiatives.

What can you expect?

- Inspiring speakers
- Wine, tapas, and treats
- Silent auction
- Prize wheel
- Wellness marketplace
- ...and more!

-Source: Newsletter, CMHA – Kelowna Branch, 16 March 2016

Old Building, New Ideas

Date: Thursday, May 12, 2016, 3:30 pm – 6:30 pm **Location:** Cameron Park, 2345 Richter Street, Kelowna

Residents are invited to provide new ideas for possible uses of the Cameron House heritage building at the upcoming idea fair.

"We are looking to residents to come up with creative ideas on how we can best make use of this piece of Kelowna history," said Pat McCormick, Planner Specialist. "This valuable heritage asset has the opportunity to provide a service to the neighbourhood and contribute to the creation of a community hub."

The aim of the Idea Fair will be to identify activities and uses that are compatible with the heritage building, Cameron Park and the surrounding neighbourhood. Once information has been gathered on potential uses, it is the City's intention to seek a private- or not-for-profit partner to assist the City in financing capital improvements for the building and adjoining site.

Residents are also encouraged to share their input and join the discussions online from May 9 – 21 at <u>getinvolved.kelowna.ca</u>.

Cameron House

Built in 1928, the Cameron House is a 1.5-storey, log construction home located on the Guisachan property in Kelowna's South Pandosy neighbourhood.

Once the home of a prominent local family, Cameron House holds special significance to the community. Valued for its unusual architectural style, landscaped park setting and role in community life now and throughout its history, the revitalization of this heritage building has the potential to contribute to the vibrancy of the neighbourhood.

Cameron House is a Kelowna heritage asset listed on the City's Heritage Register. Over the years the building has housed several tenants, including most recently a children's daycare. The building is currently unoccupied and in need of extensive upgrades before being suitable for occupancy.

Incognito: Using Postcards to get Teens Talking

Date: Opening night – Friday, May 13, 2016, 6:00 pm – 9:00 pm

Location: Pop-Up Gallery, located in the Art House (next to the Lake Country Art Gallery), 10356 Bottom Wood Lake Rd, Lake Country

Submission deadline: Saturday, May 7, 2016 Drop off locations: LC Art Gallery, Boys & Girls Club Teen Lounge, LC Health Planning Society Office and LC Alliance Church Contact: Megan Ross, lakecountryhealthplanning@gmail.com

This upcoming exhibition, **Incognito: using postcards to get teens talking**, is part of the **Keep it Real: LC Youth Festival** (May 13-15).

Incognito: using postcards to get teens talking is

an exhibition about teens in Lake Country talking about issues that they are experiencing here in the community, whether it's mental, physical, spiritual, or emotional. We are asking teens, ages 13-18, to anonymously create a postcard that reflects any emotion or thought, funny or serious or anything in between about their personal experiences in Lake Country. This is an opportunity for youth to be heard with- out judgement or criticism and shed some light on how young people are feeling and hopeful- ly start some conversations.



Postcards can be approximately 4×6" in size and can be in any medium (drawing, painting, collage, etc.). Drop off boxes will be located at the Lake Country Art Gallery, Boys & Girls Club Teen Lounge, LC Health Planning Society Office and the Lake Country Alliance Church.

-Source: Newsletter, Lake Country Art Gallery, 19 April 2016

Kelowna Art Gallery – Updates

Wittle Warhols

Dates: Fridays, May 13, June 10, July 8, & August 12, 9:30 am - 11:00 am

New Toddler program. Free drop-in!

Beginning this spring on the second Friday of each month, the Kelowna Art Gallery is welcoming toddlers and their parents or caregivers to drop in and get creative! While the little

ones are getting messy, making friends and exploring a variety of hands-on art activities, adults will have the opportunity to tour our current exhibitions. For Ages 5 & under.

Pre-registration encouraged! Please call 250.762.2226.

Art Adventures 2016

Join us for a creative adventure this summer! Make unique art, new friends, and create memories that will last a lifetime.

During the months of July and August, the Kelowna Art Gallery will be offering a variety of halfday and full-day art camps for children ages 3 to 12. Camps will be taught by local artists, and some classes will also include special visits by guest artists. Each week will be different and incorporate unique drawing, painting, sculpture, and mixed media projects. Programs emphasize self expression, and allow young artists to discover and create in a lively studio environment complimented by outdoor fun.

You may sign up just for the morning session at the Art Gallery, just the afternoon session with Bumbershoot, or make a day of it and sign up for both sessions!

Make it a day with Bumbershoot Children's Theatre! Bumbershoot is pleased to be collaborating with the Kelowna Art Gallery to ignite and inspire imaginations. The weeks of July 11 and August 15 children may spend the morning at the Art Gallery taking part in fun and inspiring art activities, and as an option spend the afternoon at Bumbershoot, exploring theatre through a variety of games and play.

Cost to add on the afternoon at Bumbershoot - \$90.00

Call 250.762.2226 to register, or visit kelownaartgallery.com/art-camps/ for more information.

Journal, May – August 2016

Download the current issue of the Journal by the Kelowna Art Gallery.

Solo exhibition of Kelowna-based painter John Hall now on at the Kelowna Art Gallery John Hall: Travelling Light: A forty-five-year survey of paintings, April 16 to July 10, 2016

Visitors to a new exhibition at the Kelowna Art Gallery may have difficulty believing that the incredibly life-like paintings on view are not photographs. Many of the paintings by Kelownabased artist John Hall feature ordinary objects painted in extraordinary detail – a doughnut with its chocolate glaze soft and dripping; a drying rack stacked with dishes sitting on a counter; strands of brightly coloured licorice and other assorted candies displayed on a reflective platter.

The seventy works in this solo show comprise a remarkable window into the artist's production, with the most recent piece having being completed only weeks before the exhibition opened. The show is hung chronologically, and reveals the shift of Hall's attention over the years, as his richly orchestrated and constructed still-lifes have evolved in fascinating ways.

-Source: Newsletter, Kelowna Art Gallery, 2 May 2016

57th Annual Rutland May Days

Dates: May 20 - 22, 2016

Games & Rides & Fun!

- Shooting Star Amusements. Buy wristbands in advance and save \$10.
- Kelowna Sunrise Pancake Breakfast, Saturday 8:30 am 10:30 am
- Knights of Columbus Bingo, Saturday & Sunday 12:00 pm 4:00 pm
- A variety of local food & market vendors to choose from on Roxby Square & Rutland Centennial Hall.
- Rutland May Days Parade, Saturday 11:00 am
- Okanagan Mopar Show & Shine, Saturday 9:00 am 4:00 pm

More Information

Uptown Rutland Business Association 250.451.9861 info@uptownrutland.com www.ourrutland.ca

-Source: Laurel D'Andrea, Executive Director, Uptown Rutland Business Association, 26 April 2016

ISLAM: Terrorism or Tolerance?

Date: Friday, May 27, 2016, 7:00 pm – 10:00 pm Location: Rotary Centre for the Arts, 421 Cawston Avenue, Kelowna Cost: \$25 Buy Tickets

Conceived by the Prophet Muhammad as a religion of peace, Islam has today become a platform for violent political change and terrorism that has cost innumerable lives in the Middle East and around the world.

Hosted by Global News anchor Rick Webber, this event brings together three prominent Islamic scholars and leaders to address the question: Is Islam a religion of terrorism or tolerance?

Presentations will be followed by questions from the audience.

Speakers

Dr. Jamal Badawi Professor Emeritus, St. Mary's University Halifax, Nova Scotia



Speakers

Dr. Jamal Badawi Professor Emeritus, St. Mary's University Halifax, Nova Scotia

Shahina Siddiqui Founder, Canadian Muslim Women's Institute Winnipeg, Manitoba

Shaykh Yusuf Badat Director of Religious Studies Islamic Foundation of Toronto

Moderator

Rick Webber Anchor, Global News Okanagan

Presented by



SOCIETY FOR LEARNING IN RETIREMENT 1434 Graham Street Kelowna 250,448,1203 www.sirkelowna.ca

SLR presents

ISLAN Terrorism or Tolerance?

An evening of presentation, discussion and insight.

Rotary Centre for the Arts Kelowna Friday, May 27, 2016 7:00 p.m.

Tickets \$25 (on sale April 20, 2016)

Rotary Centre for the Arts Tel : 250-717-5304 http://rotarycentreforthearts.com

Sponsored by

KCR wayside

Presenting Partner



Kelowna Islamic Centre Shahina Siddiqui Founder, Canadian Muslim Women's Institute Winnipeg, Manitoba

Shaykh Yusuf Badat Director of Religious Studies Islamic Foundation of Toronto

Moderator Rick Webber Anchor, Global News Okanagan

-Source: Immigrant Services, KCR, April 2016

Inn From the Cold – Push to End Homelessness

Date: Saturday, May 28, 2016, 9:00 am – 1:00 pm **Location:** Inn From the Cold, 1829 Chandler Street, Kelowna <u>Register Now</u>

Everyone in Kelowna is invited to attend: the Push to End Homelessness, a community spirit celebration presented by Inn from the Cold Kelowna. Join residents and businesses from Kelowna in this fun-filled, shopping cart race and BBQ in Kerry Park. Lets show the world that Kelowna cares about people experiencing homelessness.

The Push to End Homelessness acknowledges that homelessness is a community problem – one requiring a community solution. By bringing the community together for this fun family event, Inn from the Cold – Kelowna hopes to inform and inspire local residents on how we can pull together and help put an end to homelessness.

Pledged race participants will decorate their carts at 1157 Sutherland Ave, then make their way to Kerry Park. Participants will then be led on a series of Amazing Race Type challenges through the City of Kelowna. All teams are expected to have completed the course and meet at Kerry Park by 1 pm. At this time participants will then enjoy a BBQ lunch and celebration with valuable prizes awarded to the teams with the most pledges raised, top finishers, and best decorated cart. There will be both adult and youth categories.

9:00 am Cart Decoration at Inn From the Cold

Coffee and Timbits provided by Ogopogo Rotary

10:00 am Start at Inn From the Cold

Mayor Colin Basran will start the event with a ceremonial ribbon cutting and then teams will be off and have 3 hours to complete their Amazing Race Challenges.

1:00 pm Finish at Kerry Park (1480 Mill St)

A fun celebration, a BBQ provided by Nesters Market, and Prizes! Entertainment: WILD SON and opening acts!

-Source: Eva Weston, Fundraising Coordinator, Inn from the Cold-Kelowna, 2 May 2016

SMART Recovery & Life after Sober Living Ltd BBQ

Date: Saturday, May 28, 1:00 pm – 4:00 pm **Location:** 31 Caramillo Rd, Kelowna, BC V1V 1B2, Canada

Please accept this invitation to our BBQ, as a way to network and provide an arena for awareness of available resources within the addiction and recovery field. But mostly we would just like to say hello and put some names to faces and share some new ideas for Kelowna.

We will be holding this event rain or shine. Please note, this is a not for profit event, but we are asking a small fee in order to break even with food costs.

Cost: \$7 – Burger or hot dog, (we will have some veggie burgers for those who specify) coffee or punch, munchies & Ceasar salad. Extra burgers are \$2 each.

Please RSVP No later than May 18th

More Information or to RSVP:

Van Hill, 250.859.4300

-Source: Michele Nojonen, Owner, Life After Sober Living Ltd, 28 April 2016

Public Forum: Bridging Transitions in the Mental Health and Substance Use System

Date: Wednesday, June 8, 5:30 pm – 8:30 pm **Location:** CMHA Kelowna, 504 Sutherland Ave, Kelowna <u>Register Now</u>

People talk about 'falling through the cracks' when trying to get help for their mental health problems. The most cracks appear when people are transitioning from one part of mental health and substance use services to another. Please participate in this forum to help us look at these transition points to determine how we can improve services for easier access.

More Information: Charly Sinclair 250.861.3644, charly.sinclair@cmha.bc.ca

If parking is full at CMHA Kelowna, please park at the Cathedral Church of St. Michael and All Angels, 608 Sutherland Avenue.

-Source: Charly Sinclair, Project Coach, CMHA Kelowna, 11 April 2016

Bike to Work & School Week 2016 is May 30 – June 5!

There are several ways in which you can Get Involved in Bike to Work Week!

- Participate as an individual
- Start a team or join a team

- Get your workplace involved
- Encourage co-workers to get fit and have fun by taking part in Bike to Work Week
- Encourage friendly workplace competitions
- Start a Bike to Work Week in your community
- Become a sponsor

Learn More

-Source: Newsletter, City of Kelowna, 5 May 2016

Creative Aging Day

Date: Friday, June 17, 2016, 10:00 am – 4:00 pm **Location:** Rotary Centre for the Arts, 421 Cawston Avenue, Kelowna **Cost:** Free

Join us and bring your friends! It's the Okanagan's third annual Creative Aging Day at the Rotary Centre for the Arts. Both health educators and community members attend this well received event!

Some of this year's participants include: Ukulele Mamas, Caring Clowns of Central Okanagan, Quilters, Calligraphers, Self-published Books: Traveling Grannies without GPS, Maritime Travel, Kelowna Community Chorus, Merrie Piper's Recorder Orchestra

More Information

-Source: Newsletter, Rotary Centre for the Arts, 1 May 2016

Mission Painters "Art by the Lake" Show

Dates: July 9 & 10, 2016, 10:00 am – 4:00 pm **Location:** Okanagan Mission Activity Centre, 4398 Hobson Rd, Kelowna

Art media includes watercolour, oil, acrylic – with a variety of subjects. Door prizes and refreshments.

For more information, contact Sheila at 778.821.1386.

-Source: Mission Painters, 1 May 2016

Announcing the Nominees for the 9th Annual Okanagan Arts Awards

The Arts Council of the Central Okanagan is pleased to announce the nominees for the 9th Annual Okanagan Arts Awards. The Okanagan Arts Awards were created by ARTSCO in 2007 to celebrate artistic and creative excellence and achievement of artists, in all disciplines. By publicly acknowledging the work of individuals and organizations, the Arts Council of the Central Okanagan places excellence in artistic practice, front and centre as an integral part of our vibrant community. "The nominations were phenomenal this year", say Katie Brennan, Executive Director of the Arts Council of the Central Okanagan. "We went from 41 nominations in the Central Okanagan last year to 113!" Only 3 nominees in each category will be going through as finalists to the Okanagan Arts Awards Gala Evening, held Saturday, May 28th, 2016 at the Habitat in downtown Kelowna.

View the List of Nominees

-Source: Katie Brennan, Arts Council of the Central Okanagan, 25 April 2016

Seniors Wellness Advisory Committee

We are looking for individuals 55+ to participate on an advisory committee to develop wellness resources for the Central Okanagan.

The advisory committee will meet once/month to discuss the resources that exist, where there are gaps and how we can connect the broader community to these resources. The project will also involve Seniors Wellness Ambassadors to help make these connections. Depending on interest, meetings for the advisory committee may be held in both Kelowna and West Kelowna.

If you are interested in participating on the advisory committee, please contact Stephanie at 250.763.8008 ext. 141 or via email at stephanie@kcr.ca.

-Source: Stephanie Moore, Project Coordinator, KCR, May 2016



Community Food Calendar

Community Food Resource May 2016 The bolt of Fred Arealan

Agencies That Offer Food Assistance			
Canadian Mental Health Assoc.	504 Sutherland Ave.	250-861-3644	
First United Church	721 Bernard Ave.	250-762-3311	
Inn from the Cold	1187 Sutherland Ave.	250-448-6403	
Kelowna Community Food Bank	1265 Ellis St.	250-763-7161	
Kelowna's Gospel Mission	251 Leon Ave.	250-763-3737	
Ki-Low-Na (Friendship Centre)	442 Leon Ave.	250-763-4905	
Metro Community	"address changing"		
St. Michael & All Angels Church	608 Sutherland Rd.	250-762-3321	
St. Vincent De Paul			
St. Charles Gamier.	3645 Decresilis Rd.	230-890-2536	
fit. Prov X	1056 Fuller Are.	250-762-2577	
In Thermos	73d Refard Rd. N.	200-755-0000	

58. Charles Gamier.	3645 Becrevilles Rd.	230-890-2536
St. Pius Xi	1036 PuDer Ave.	230-762-2577
St. Thereas	730 Hutland Rd. N.	210-768-0100
Immeculate Conception:	879 Butheslacid Ave.	250-826-5562
Our Lady of Location (West Kelowang	2547 Hobert Rd.	250-800-5905
Codars Restaurant	130 Rutland Rd. 8.	250-765-5522
Kelowna Christian Centre	905 Bodier Rd.	250-762-9559
Ladies Haven Coffee House	1305 Rwy 33 W.	250-868-2238
Living Positive	168 Asher Rd.	778-753-5830
The Salvation Army	200 Rutland Rd. S.	250-765-3450

Willow Park Church 439 Hwy 33 250-765-6622 unity Food Bank

The May Food Resource Calendar is ready for distribution. Note the change of venue and date for "Ladies Pizza Night".

Creative Spaces Needs and Issues Survey

The City of Kelowna is gathering information to support a 2017 update to the City's Cultural Plan. On Monday, Apr. 11 the City released a Creative Spaces Needs and Issues Survey.

"The survey will allow us learn more about what creative and production spaces are currently being used by independent artists and groups, identify problems and issues encountered in those spaces, and identify unique artistic discipline space needs," said Sandra Kochan, Cultural Services Manager. "The survey, along with stakeholder focus groups, will help to inform longrange planning for cultural infrastructure and development of cultural policy and programs."

Artists, arts and culture groups and organizations, cultural workers, arts administrators, artistic discipline teachers and students or those interested in living, working or conducting business in a creative environment are invited to provide their input through the <u>online survey</u>. The survey will be available until end of day Sunday, July 3.

The survey will take approximately 20 minutes to complete, and requests detailed information about current and desired workspaces. Participants who include their contact information in a completed survey will be automatically entered into a prize draw.

The City's Cultural Plan describes a number of strategies to identify different types of affordable spaces devoted to creative production for both visual and performing artists. Community consultations during and after development of the Plan revealed a continuing, unmet need for flexible rehearsal and performance spaces, studios for active fabrication and flexible meeting and gathering spaces.

For more information about the City's current Cultural Plan, please visit kelowna.ca/culture.

-Source: Newsletter, City of Kelowna, 19 April 2016

Canada 150

The City's Canada 150 Program includes two grant opportunities, enhanced community celebrations, volunteer challenges and plenty of ways to get involved – there is something for everyone. Visit <u>kelowna.ca/canada150</u> to find out more and check back often for updates!

Oh, and start practicing the word 'Sesquicentennial' – you're going to hear it a log in the coming months and right through 2017. The countdown is on to Canada's 150th anniversary!

-Source: Newsletter, City of Kelowna, 19 April 2016

New Program to Help Local Youth through Art

The Kelowna Art Gallery is pleased to announce the receipt of a \$5000 grant received from the TELUS Thompson Okanagan Community Board.

The funds will be used to support a new program aimed at engaging local youth which will be delivered in collaboration with the Okanagan Boys and Girls Clubs. Local youth will explore their creativity through different media and art forms, while receiving supportive instruction from a local professional artist. A variety of creative processes will be covered during the year-long project, including abstract painting, graffiti art, graphic and digital design, photography, drawing, print-making, sculpture, and mixed media.

"We are so excited to be able to offer this specialized program to youth in our community," says Nataley Nagy, Executive Director at the Kelowna Art Gallery. "Our hope is that it will open our doors to youth who may not have had the opportunity to explore their creativity and will instill confidence in their artistic abilities."

Many of the youth at the Okanagan Boys and Girls Club Downtown Youth Centre would normally face barriers to participate in something like art classes. Research shows that art can help youth to build self-esteem and resiliency, and to gain a sense of belonging and community. For youth who struggle with managing their own emotions and behaviour, art can provide an emotional outlet, improve their ability to focus, and can help to keep kids engaged in healthy activities.

"We are thrilled to be working with the Kelowna Art Gallery on this new project," says Sarah MacKinnon, Director at the Downtown Youth Centre. "I am hopeful that the Gallery can become a space where youth feel safe connecting and trying something new, where they laugh at their failures, and blow their own minds."

The Kelowna Art Gallery believes that engaging children and youth through art is an absolutely integral part of its role in the community. That commitment can be seen through many of the ongoing programs offered at the Gallery: a school tours program – which gives 6000 students the chance to visit the Gallery each year – Family Sundays, Art Adventures camps for children, Fridays for Teens, and more.

The Kelowna Art Gallery is located at 1315 Water Street in downtown Kelowna. For more information about current exhibitions, public programming or special events, please visit the Kelowna Art Gallery online or call 250.762.2226.

-Source: Joshua Desnoyers, Marketing and Events Coordinator, Kelowna Art Gallery, 18 April 2016

Rutland Medical Clinic – Closing

The Rutland Medical Walk-in Clinic will be closing in August, 2016.

-Source: Dawn Anthony, Community Services, KCR, April 2016

Mountain Biking in July-August

With summer coming quickly we are looking for participants for our Live to Ride mountain bike program.

This program starts out by teaching the fundamentals of mountain biking and then progresses into riding some great local trails, and has 2 days of riding at the Silver Star Mountain Bike Park! 2 rides per week for 7 weeks has the participants coming out of the program with a new passion and big smiles! It will run from early July – late August and we would love to fill all 12 spots available.

Sign Up Now

-Source: Newsletter, Elevation Outdoors, 5 May 2016

Lake Country Theatre Catering to Hearing Impaired

A community theatre in Lake Country is making itself more accessible to people with hearing loss.

Thanks to a new sponsorship provided by Lakeside Hearing & Tinnitus Centre, <u>Creekside</u> <u>Theatre</u> was able to install the <u>Auris Loop assistive listening system</u>.

Read More

-Source: Article, Kelowna Now, 13 April 2016

<u>To Top</u>

National

- TED FALK BILL
- STATE OF THE SECTOR: WHAT TO EXPECT FROM IMAGINE CANADA
- <u>UPDATED \$10ADAY CHILD CARE PLAN</u>
- <u>AFFORDABLE HOUSING</u>
- <u>IMAGINE CANADA'S BUDGET 2016 SUMMARY</u>

Ted Falk Bill

House of Commons debate on <u>Bill C-239</u>, which would significantly enhance the charitable tax credit, began on Tuesday.

In introducing the Bill, MP Ted Falk emphasized the potential to encourage higher donations. The potential cost of the bill was raised by MPs, as was the need for a constructive and supportive relationship between the sector and the federal government.

We anticipate the Bill will be debated again in late May or early June, followed by a decision on whether to send it to Committee for detailed study.

Imagine Canada has issued a statement on Bill C-239.

-Source: Newsletter, Early Alert, Imagine Canada, 18 April 2016

State of the Sector: What to Expect From Imagine Canada

It is grunt work time.

That time to roll up the sleeves, do the fundamentals well and move forward on each and every area in a manner that provides great value and continues to advance our collective interests.

The first annual State of the Sector webinar was held this winter, to explore the current climate of the charitable sector, and what's on the horizon for Imagine Canada.

Read More

-Source: Newsletter, Imagine Canada, 5 April 2016

Updated \$10aDay Child Care Plan

The Coalition of Child Care Advocates and the Early Childhood Educators of BC have launched the 2016 edition of the \$10aDay Plan. It's been updated to reflect the new federal context and the enthusiasm for the plan across BC. <u>Read the new plan</u>.

This 2016 edition is a great tool for reaching more communities, more families and more

decision-makers. Once people know there is a real solution to BC's child-care crisis they are eager to support the \$10aDay Plan.

In BC we will need to ensure new federal funds announced in budget 2016 are spent to create quality, affordable child care, in other words, the \$10aDay Plan. We must keep up the pressure by helping our elected Members of the Legislature (MLAs) recognize that support for the \$10aDay Plan represents two million British Columbians and is still growing.

Please continue to have your friends, co-workers and family members <u>sign the \$10aDay</u> <u>petition</u>.

-Source: Newsletter, Child & Youth Advocate, 20 April 2016

Affordable Housing

On April 20, opposition members Sheila Malcolmson and Marjolaine Boutin-Sweet <u>prompted a</u> <u>debate</u> in the House on planned government investments in affordable housing, with a focus on the alleged neglect of social housing and lapsed agreements in the Budget.

In response, Parliamentary Secretary for the Minister of Families, Children and Social Development, Terry Duguid, <u>noted that</u> over the next year, the Minister and himself, "will be consulting with the provinces, territories, indigenous people, and other stakeholders to develop a strategy that delivers better housing outcomes in all regions of the country."

We will let you know when any formal consultations are launched.

-Source: Newsletter, Early Alert, Imagine Canada, 25 April 2016

Imagine Canada's Budget 2016 Summary

On March 22, Finance Minister Bill Morneau tabled the new federal government's first budget. Organizations were given less time than usual to prepare submissions to the Finance Committee, and Committee hearings were compressed into a one-week period. Nonetheless, our sector was extremely active in outlining its priorities.

Our Budget Summary provides analysis of the cross-sector issues pertinent to this year's budget. We also showcase some recommendations put forth by sector organizations and highlight the Budget's proposals relevant to a number of sub-sectors.

Read More

-Source: Newsletter, Early Alert, Imagine Canada, 4 April 2016

To Top

- WE CAN REDUCE SURGICAL WAIT LISTS WITH PUBLIC SYSTEM INNOVATIONS
- <u>SUMMER INSTITUTE 2016: PROMOTING MENTAL WELLNESS IN BC SCHOOL</u>
 <u>COMMUNITIES</u>

We Can Reduce Surgical Wait Lists with Public System Innovations

BC's surgical wait times are some of the longest in Canada — British Columbians are waiting months or even years for surgeries like hip and knee replacements. Today we released a new study that offers detailed recommendations for tackling those waits: <u>Reducing Surgical Wait</u> <u>Times: The Case for Public Innovation and Provincial Leadership</u>.

The study also addresses a recent troubling proposal from the provincial government that would extend the maximum length of stay in private surgical facilities to three days. This would allow most surgeries to be done in private facilities, and pave the way for a for-profit hospital sector in BC.

The authors of our study — Andrew Longhurst, Marcy Cohen and Dr Margaret McGregor — call on the BC government to make a clear statement about whether or not they will pursue increased privatization, which has been shown to decrease the quality of care and actually increase wait lists in the public system. Our alternative policy recommendations build on successful pilot projects right here in BC as well as examples from Scotland — a global leader in public sector wait time solutions.

-Source: Newsletter, Canadian Centre for Policy Alternatives, 26 April 2016

Summer Institute 2016: Promoting Mental Wellness in BC School Communities

Save the Date - Thursday & Friday, August 25-26, 2016!

The 7th Annual Summer Institute is a two-day event that will bring together school professionals, parents, youth and school community partners from across BC to exchange knowledge and ideas about improving mental wellness in school communities.

New this year, we will be taking applications for breakout session presentations. If you are interested in hosting a session at the Summer Institute, please complete the Session Presenter Application Form. The deadline to apply is April 15.

Details and registration information

-Source: Newsletter, Kelty Mental Health Resource Centre, 23 March 2016

Research

- HOW SPREADSHEETS GOT ME FIRED
- ENCOURAGING THOSE DIFFICULT CONVERSATIONS
- <u>'TO CHANGE THE WORLD, GOOD INTENTIONS ARE NOT ENOUGH'</u>
- FIRST IMPRESSIONS MATTER: THE IMPORTANCE OF FRONT-LINE STAFF

How Spreadsheets Got Me Fired

Earlier in my career, I was terminated after a spectacular overestimation of my abilities.

Armed with a tone-deaf, supreme confidence that I could make great things happen, but for a new tagline and a new brochure, I not only created barriers for 2,000 donors who gave a combined \$400,000 each year to give again, but I spent \$55,000 more than budgeted to produce the worst possible results during the best possible time for fundraising—and made all of these decisions, relying on roughly seven different spreadsheets of names, gift dates and gift amounts.

Consequently, and without much warning nor surprise, I got fired. I was certain, though, I was leaving an organization that didn't understand me or fundraising, but at the time (and as a young, early 20-something), neither did I. Like many new-to-fundraising professionals, I had more passion than expertise; I had more hubris than self-awareness; and had more I tried to say than I tried to understand.

Read More

-Source: Newsletter, Network for Good, 5 May 2016

Encouraging those Difficult Conversations

The debates over the merits of performance management often overlook a deeper challenge: Managers aren't necessarily comfortable talking with employees.

A new survey by Interact found the majority of managerial respondents (69 per cent) felt there is something about their role as a leader that makes them uncomfortable about communicating with their employees.

"The fear of hurting people's feeling and facing drama and retribution is reaching crisis proportions in the workplace," says Interact. It notes one-third (37 per cent) of managerial respondents reported they are uncomfortable about giving an employee direct feedback or criticism for fear that individual might respond badly.

The survey covered 1,120 workers in the United States, 616 of which were people managers.

Read More

-Source: Newsletter, Village Vibes, Charity Village, 29 March 2016

'To Change the World, Good Intentions Are Not Enough'

Jacob Allen is the partner with Cicero Group who manages the social impact practice, Cicero Social Impact. The firm, with 70 consultants and nearly 200 analysts, seeks to compete with Bain and McKinsey. The impact practice serves national and international impact organizations, including the George W. Bush Institute and the Clinton Foundation, along with the Prudential Foundation, United Way and Mary's Meals.

Allen shared three tips for having greater impact with me. First, he notes, "To change the world, good intentions and lots of activity are not enough."

Allen's insights come from 15 years of impact experience, including work with Goldman Sachs, the Alzheimer's Association and the Nature Conservancy, among others.

Read More

-Source: Newsletter, LinkedIn Groups, Imagine Canada, 14 April 2016

First Impressions Matter: The Importance of Front-Line Staff

There's a story about two masons at work. When asked what they were doing, the first mason replied, "I'm laying bricks," and the second said, "I'm building a cathedral." Similarly, Kate (not her real name) had two recent encounters with nonprofits. First, she went to an organization's office to pick up a certificate honouring years of volunteering, only to have the receptionist rummage through files, hand her the certificate and say, "Here you go." The same week, coincidentally, Kate began volunteering for different organization. When she arrived, the receptionist looked her in the eye and said, "Thank you for coming. We're delighted you're here to volunteer."

Staff who are the voice and face of an organization play a more pivotal role than we (or even they themselves) often give them credit for. Why are these roles sometimes undervalued and how can organizations best recruit, support and work with these important employees?

Read More

-Source: Newsletter, Nonprofit Newswire, Imagine Canada, 5 April 2016

<u>To Top</u>

Resources

- EMERGENCY PREPAREDNESS WEEK IS YOUR FAMILY READY?
- STAYING HEALTHY WHILE DOING GOOD: MANAGING STRESS IN A NONPROFIT JOB
- <u>BC SENIORS' GUIDE UPDATED 11TH EDITION AND NEW EBOOK FORMAT</u>
- RESOURCES TO RAISE AWARENESS OF ELDER ABUSE
- <u>CANADIAN REGISTERED CHARITIES NO LONGER REQUIRED TO REGISTER AS A</u> CHARITY IN QUEBEC
- TEACHER AND EARLY EDUCATOR SCHOOL SUPPLY TAX CREDIT
- HOW TO RECRUIT PRO-BONO AGENCY SUPPORT FOR YOUR NONPROFIT
- <u>CHPC QUARTERLY</u>
- <u>RESOURCE: CHILDREN'S NUTRITION ONLINE SCREENING TOOL</u>

Emergency Preparedness Week – Is Your Family Ready?

What are you doing this Sunday, May 1st? That's the first day of Emergency Preparedness Week across the country. It would be a good opportunity for your family to update or make a plan for how you'd deal with a large scale emergency.

Experience has shown it's only a matter of time until you or someone you know will be impacted by an emergency. Last year, wildfires forced several hundred property owners from their homes in the Joe Rich and north Westside Road areas. Some were prepared, while others were left to scramble when evacuation orders were issued.

Read More

-Source: Newsletter, CORD Emergency, 28 April 2016

Staying Healthy While Doing Good: Managing Stress in a Nonprofit Job

Although many people are overburdened at work, nonprofit employees often feel particularly squeezed. Operating under the strain of insufficient resources and motivated by a strong sense of moral urgency, they can find it difficult to limit their work hours, take breaks, and tune out their emails while at home.

Read More

-Source: Newsletter, Nonprofit Newswire, Imagine Canada, 20 April 2016

BC Seniors' Guide – Updated 11th Edition and New eBook Format

The Ministry of Health has recently completed updates to the popular BC Seniors' Guide. Among other enhancements, the revised edition will help seniors with lower incomes identify programs, services, grants, and subsidies that may be available to them.

The English version of the updated 11th edition of the BC Seniors' Guide is now available, and translated versions in Chinese, Punjabi and French will be available shortly. For more information, or to access the BC Seniors' Guide as a PDF or in the new, easier-to-read ebook format, visit <u>www.gov.bc.ca/seniorsguide</u>

To order a free print copy of the BC Seniors' Guide, call 1.877.952.3181 (toll-free in B.C.), or 250.952.3181 in Victoria.

-Source: Newsletter, Seniors BC.ca, 15 April 2016

Resources to Raise Awareness of Elder Abuse

On March 6, 2013, the Government of B.C. released its elder abuse prevention strategy, Together to <u>Reduce Elder Abuse—B.C.'s Strategy</u>. The strategy includes a focus on raising awareness of elder abuse, including how to recognize and prevent it, how to respond, and where to go for assistance.

As part of its work to raise awareness of elder abuse, the Ministry of Health has developed and distributed Elder Abuse Prevention Information Kits to help people prevent and recognize elder abuse, and to encourage them to speak out against elder abuse and to ask for assistance if they need it. The kits include seven brochures that address elder abuse in all its forms, as well as contact details for the toll-free Seniors Abuse and Information Line, which you can call for more information or for assistance: 1.866.437.1940.

The Forum of Federal/Provincial/Territorial (F/P/T) Ministers Responsible for Seniors has developed a number of related resources, including a brochure entitled "What every older Canadian should know about Powers of Attorney (for financial matters and property) and Joint Bank Accounts." To help British Columbians understand how powers of attorney work in B.C., the Province has produced a fact sheet with B.C.-specific information to accompany the F/P/T brochure. Both resources are available at www2.gov.bc.ca.

For more information about efforts to address elder abuse in B.C., including Together to Reduce Elder Abuse—B.C.'s Strategy, Elder Abuse Prevention Information Kits (available in English, Chinese, French, and Punjabi), and additional resources, visit <u>www.gov.bc.ca/elderabuse</u>

-Source: Newsletter, Seniors BC.ca, 15 April 2016

Canadian Registered Charities no Longer Required to Register as a Charity in Quebec

As a result of the 2016 Quebec Budget, Canadian registered charities are no longer required to complete a separate charitable registration in Quebec in order to be able to issue tax receipts to donors in Quebec.

Previously, Canadian registered charities registered under the Income Tax Act (Canada) with the Canada Revenue Agency ('CRA') could not issue tax receipts in Quebec unless the charity arranged to file the requisite documents required under the Taxation Act (Quebec) with Revenu

Quebec. The 2016 Quebec budget has changed these rules. As of January 1, 2016, a charity that is registered with the CRA will be 'deemed' to be registered in Quebec as well and separate registration will no longer be required. The only stipulation is that Revenu Quebec still has the ability to modify, annul or revoke this charitable status in Quebec. Also, any donations that were made prior to January 1, 2016 to an entity that was an approved Canadian registered charity at the time of the donation are also deemed to be registered in Quebec.

Read More

-Source: Newsletter, Nonprofit Newswire, Imagine Canada, 15 April 2016

Teacher and Early Educator School Supply Tax Credit

Effective 2016 (so when you file your taxes a year from now), a 15% refundable tax credit will be introduced for eligible educators for up to \$1000 of teacher's supplies. (This means if you spend \$1000 on supplies, you will get back \$150 of tax; spend less, get less back).

The types of supplies that would qualify for this credit include:

- Construction for activities, flashcards or activity centres;
- Items for science experiments, such as seeds, potting soil, milk, vinegar, baking soda and stir sticks;
- Art supplies such as paper, glue and paint; and
- Stationery items such as pens, pencils, posters and charts.

Teachers will qualify as an "eligible educator" if they hold a teacher's certificate that is valid in the province or territory where they are employed. Early Childhood Educators will qualify if they hold a certificate or diploma in early childhood education.

-Source: Dawn Way-ECE, Chair, ECEBC Okanagan Branch, 6 April 2016

How to Recruit Pro-Bono Agency Support for your Nonprofit

Whether you're a marketing department of one in a small nonprofit, or an in-house agency of a bigger charity, marketing dollars are tight. Unless your organization comes up with that one in a million marketing idea that puts the cause on the map and huge funds in the coffers (ice bucket anyone?), nonprofits are always seeking to raise further awareness and money. One solution for stretched resources is to seek out external agency support, preferably pro-bono or at a reduced rate.

Read More

-Source: Nonprofit Newswire, Imagine Canada, 6 April 2016

CHPC Quarterly

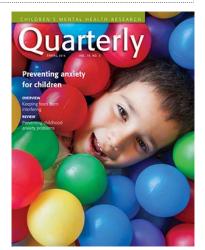
Our theme for this issue is: Preventing anxiety for children

Articles include:

- Keeping fears from interfering: Two Canadian surveys have shown that most children do not experience worries that interfere with their well-being. We review these surveys and identify factors that protect young people from developing problematic anxiety.
- Preventing childhood anxiety problems: For children with mental health concerns, anxiety disorders are the most common. Effective prevention efforts are critical, and our systematic review identified programs shown to be successful in preventing childhood anxiety disorders.

Download the Quarterly

-Source: Newsletter, The Children's Health Policy Centre, 27 April 2016



Resource: Children's Nutrition Online Screening Tool

Sarnia ObserverS Sarnia-Lambton (Ontario) parents are being encouraged to try an online screening tool to assess their children's eating and activity habits. Nutri-eSTEP offers a short online questionnaire for parents to fill out about their children's food choices, level of physical activity and growth patterns, according to a Lambton Public Health release. Once the questionnaire is completed, the online program will provide an assessment on the child's progress and potential areas for improvement.

"Children's food choices directly affect a child's health, growth and development, and school performance," Connie Mallette, a registered dietitian with Lambton Public Health, said in a release. "Eating habits and patterns are set at an early age and young children are vulnerable to poor nutrition. Nutri-eSTEP is a fast, simple way to find out about your child's eating and activity habits." Visit <u>nutritionscreen.ca</u> for the questionnaire.

-Source: Newsletter, Community Action Toward Children's Health, 13 April 2016

To Top

Social Media & Tech

- WEBINAR: BUDGETING FOR TECHNOLOGY
- WEBINAR: NONPROFIT DATA MANAGEMENT
- WEBINAR: MARKETING & SOCIAL STRATEGY FOR NONPROFITS
- ADVICE FROM NONPROFIT LEADERS ON BUDGETING FOR TECHNOLOGY
- HOW EVERY NONPROFIT AND CHARITY CAN USE GOOGLE ADWORDS GRANTS
- YOUR NONPROFIT'S GUIDE TO MAKING THE MOST OF TECH INVESTMENTS
- <u>3 SEO STRATEGIES TO INCREASE YOUR NONPROFIT'S ONLINE REACH</u>
- INFOGRAPHIC: THE IDEAL LENGTH FOR EVERYTHING ONLINE
- <u>10 SIGNS YOUR SMALL NONPROFIT EXCELS AT SOCIAL MEDIA</u>

Webinar: Budgeting for Technology

Date: Tuesday, May 10, 2016, 11:00 am PST Register Now

Have you included Technology in your budget this year? If not, it's not too late, join Tech Impact's Director of Technical Services, Linda Widdop, to learn how to include technology in your nonprofit's budget. In this one hour webinar we'll talk about:

- Strategy to help meet your org's tech needs on a NPO budget
- How to categorize technology in your budget
- Cost Saving Technologys
- Sustainable long-term technology solutions

-Source: Newsletter, Tech Impact, 3 May 2016

Webinar: Nonprofit Data Management

Date: Wednesday, May 11, 2016, 12:30 pm PST Register Now

Join Jordan McCarthy, Tech Impact's Data Analyst and Storyteller, on a webinar focused on managing nonprofit data in a way that not only saves time but allows you to produce outcomes such as reports, dashboards and stories. Let us help you turn your data into actionable information.

Data Management is not simple, especially for nonprofits that lack a data-analysis team. There are so many tools, services and options for nonprofits to consider to help them make sense of all the information they're collecting. Bad data management is not a victimless crime, it affects your organization's constituents, clients and cause some serious headaches.

Savvy data management and analysis can lead to increased funding and better programs and services.

-Source: Newsletter, Tech Impact, 3 May 2016

Webinar: Marketing & Social Strategy for Nonprofits

Date: Wednesday, May 25, 2016, 12:30 pm – 1:30 pm <u>Register Now</u>

Today's nonprofits can't afford not to leverage social media to educate, engage and motivate their audiences. npSocial is the premium cost effective solution you have been looking for, from creating remarkable content search engines and your audiences seek and share, to amplifying your nonprofit's reach and return on investment. Join us for a 1 hour webinar with the Directors of npSocial to learn how to elevate your nonprofit's content marketing and social media.

-Source: Newsletter, Tech Impact, 3 May 2016

Advice from Nonprofit Leaders on Budgeting for Technology

For any organization budgeting for technology should be for more than just hardware replacements. A technology budget can help pave the way for the adoption of new practices and innovative strategies to meet your mission.

We spoke to a few nonprofit leaders to understand how they work technology into their budgets and why they do it. From these conversations we've outlined a few key points to think about while budgeting for technology for your nonprofit organization.

1. Embrace the availability and benefits of new technology without fearing change

The adoption of new technology is change, and it will entail a transition period. Often times new technologies require training which will take time and patience, but payoff in the end.

"SVCN realizes the importance of including a technology investment in our annual budget for both new equipment, upgrades and tech support to increase our efficiency. Over the last 4 years, we have upgraded our data system, purchased computers and tablets, invested in learning and using new tech tools to increase our fund raising. Sometimes the learning curve is steep but in the end we have a better infrastructure to deliver our services to the nonprofits in our community."

- Patricia Gardner, CEO, Silicon Valley Council of Nonprofits

Read More

-Source: Newsletter, Tech Impact, 2 May 2016

How Every Nonprofit and Charity Can Use Google Adwords Grants

Let's get this out of the way right now. Google will give any eligible nonprofit and charity \$10,000 in Adwords money every month! Go and sign up if you haven't already.

Google Adwords is still something fairly new to you. What's the deal with keywords and search terms and all that jazz?

You don't need to be an expert to figure this all out, but knowing the basics will give you a super start on creating your own Adwords campaigns. Plus, with the right amount of testing and optimizing, you'll soon become a Google Ads SuperHero!

We recently held a super excellent webinar from Google Partners, Jason Shim and Mark Hallman, who gave their super strategies on how to best take advantage of your grant.

Read More

-Source: Terry Ibele, Content Manager, Wild Apricot, 27 April 2016

Your Nonprofit's Guide to Making the Most of Tech Investments

Everyone knows it's a good idea to invest in their nonprofit's technology. But, not everyone knows how to make the most of that investment.

The tech world especially is filled with buzz words. Cloud computing, big data, and CRM systems are among the most frequently heard.

In a previous article, we discuss the post implementation process of your nonprofit's technology. However, once it's been implemented, how do you ensure you're getting the most out of your investment? What questions should you ask? What metrics should be analyzed?

Here are a few strategies to ensure your nonprofit is making the most out of their investment.

Read More

-Source: Newsletter, Tech Impact, 4 April 2016

3 SEO Strategies to Increase Your Nonprofit's Online Reach

Your nonprofit is only as successful as its reach, and in today's internet focused marketplace your reach is driven by your online presence.

Accepting donations, tracking volunteers, and promoting events are all done online and without a formal search engine optimization plan (SEO) plan, your nonprofit could be left out of a lot of online searches.

Read More

-Source: Newsletter, Tech Impact, 18 April 2016

Infographic: The Ideal Length for Everything Online

Despite what you might think, there's no secret formula for creating viral Internet content. There's no magic wand you wave, and there's no back room deal being struck to make sure a Tweet gets 200,000 retweets, or a blog post is read by millions of people. What ultimately matters is well written, researched, thoughtful, and current information being disseminated and presented in an interesting way.

We've all felt hesitant before hitting submit on a blog post, tweet, or Facebook post, and asked ourselves: "Is this too long? Too short? Will this content resonate? Will anyone even read this, let alone share it?"

Read More

-Source: Newsletter, Tech Impact, 11 April 2016

10 Signs Your Small Nonprofit Excels at Social Media

Small (and medium-sized) nonprofits have a different experience on social media than large nonprofits. Small nonprofits have to work harder at growing their following and most often the work of social media management is added to an already full job description. On top of those challenges, Facebook reach has dropped to an abysmal 1%. Twitter requires a time investment that many small nonprofits simply do not have. Instagram's new algorithm will require top-notch visual and video content which most small nonprofits will struggle to create and curate. LinkedIn, Pinterest, Snapchat, YouTube, Google+, Vine, Tumblr? Yeah, right. Small nonprofits can barely invest the time it takes to manage a Facebook Page and Twitter Profile.

Read More

-Source: Newsletter, Village Vibes, 11 April 2016

To Top

Training

- WEBINAR: AUTISM STRATEGIES FOR SELF-REGULATION
- <u>KELOWNA CHILD CARE SOCIETY FREE INFORMATION NIGHT: HOW TO BECOME A</u> <u>CHILD CARE PROVIDER</u>
- WEBINAR: DE-ESCALATING POTENTIALLY VIOLENT SITUATIONS
- WEBINAR: NONPROFIT BOARDS MARKETING & FUNDRAISING
- HOUSING FIRST 101
- <u>PROFESSIONAL DEVELOPMENT FOR EDUCATORS</u>
- BEYOND THE WAVES CONFERENCE REGISTRATION IS NOW OPEN
- YOUNG PARENTS WITH YOUNG CHILDREN: SUPPORTING TWO GENERATIONS
- FANTASTIC FACILITATION: JUNE 2016
- <u>PROMOTING HEALTH AND SUSTAINABILITY: THE CASE OF CLIMATE CHANGE &</u> <u>ENERGY USE</u>
- WEBINAR: DEPRESSION OVERVIEW AND AWARENESS PART 1

Webinar: Autism – Strategies for Self-Regulation

Date: May 10, 2016, 11:00 am – 12:00 pm PST Cost: \$52 Register Now

Helping professionals and educators are increasingly understanding the importance of selfregulation in dealing with anxiety and stress for any population. When helping people on the Autism spectrum, the method of teaching self-regulation may need to accommodate this population's specific needs and learning styles. This webinar will look at emotional, physical and cognitive self-regulation strategies for individuals with Autism Spectrum Disorders.

-Source: Newsletter, Crisis & Trauma Resource Institute Inc., 29 March 2016

Kelowna Child Care Society FREE Information Night: How To Become a Child Care Provider

Date: Wednesday, May 11, 2016, 6:00 pm – 6:50 pm **Cost:** FREE **Location:** Winfield Room, Lake Country Municipal Building, 10150 Bottom Wood Lake Rd

Come to our information night to learn more about the benefits of becoming a Registered License not Required (RLNR). Some of the benefits and services are listed below.

CCRR Services:

- Onsite email/telephone consultation
- Start-up support
- Training in:
 - Child development
 - Behaviour strategies
 - Health, safety and nutrition
 - Working with families

Benefits of becoming a RLNR:

- Increased Child Care Subsidy Rates
- Free Child Care Referrals to your program
- Low cost training
- CCRR support
- Child Care Operations Templates
- Quality & Safe Child Care in your own home

Please Pre-register/more information: 250.762.3536 ext. 205, resource@kelownachildcare.com, www.kelownachildcare.com, #4 – 1890 Ambrosi Rd, Kelowna

-Source: Janice Reilly, Acting CCRR Program Coordinator, Kelowna Child Care Society, 23 March 2016

Webinar: De-escalating Potentially Violent Situations

Date: Monday, May 16, 2016, 11:00 am – 12:00 pm **Cost:** Early \$42 (Expires May 2) / Regular \$52 <u>Register Now</u>

For those who work in an environment where there is potential for violence, it is important to develop the skills needed to defuse dangerous situations. This webinar will focus on how to deescalate potentially violent situations through assertiveness and interpersonal communication. Participants will gain a clear understanding of how to assess the potential for violence and respond with a diverse set of interpersonal tools and strategies designed to defuse potentially violent situations.

-Source: Newsletter, Crisis & Trauma Resource Institute Inc., 29 March 2016

Webinar: Nonprofit Boards – Marketing & Fundraising

Date: Thursday, May 19, 10:00 am – 11:00 am PST
Skill Level: Intermediate. Great for board members, senior leadership and executive directors or CEOs.
Cost: Free – Space is limited
Register Now

By participating in this webinar, you will learn how to ask the right questions, including:

- What is the diversity of your revenue streams?
- How can you improve your Canada Revenue Agency fundraising ratio?
- Are you better at acquiring new donors or retaining existing ones?
- Which fundraising activities are working and which aren't?

You will also learn how to properly interpret the answers to these questions using two different accounting templates.

-Source: Newsletter, Charity Village, 28 April 2016

Housing First 101

Date: Thursdays, May 26–June 23, 2016, 11:00 am – 12:15 pm PST <u>Register Now</u>

Housing First has become increasingly important in the effort to end homelessness across the US. Over the last two decades, the body of evidence has shown that following a Housing First approach empowers clients, produces startling results in supporting the most vulnerable, and can reduce costs to communities. To harness the benefits of Housing First, agencies and organizations must understand and fully implement its core principles.

This course will examine the philosophy and practical application of the Housing First model. Participants will develop a plan of action to create a new Housing First project or transition an existing project to a Housing First model. The instructors will present core principles, facilitate discussion about participants' challenges in implementing Housing First, and provide real-life solutions and resources to support the creation of Housing First within communities.

-Source: Newsletter, t3, 5 May 2016

Professional Development for Educators

UBC Faculty of Education is offering a number of summer institutes this year, several with a focus on Early Childhood Education and Infant Development.

Specialized institutes, workshops and short-courses are developed in collaboration with Faculty of Education departments and centres.

To discuss the possibility of developing a customized institute, workshop, or short program, contact Dr. Mark Edwards at 604.822.2013.

2016 PROGRAMS – courses, workshops & institutes

See the 2016 summer programs being announced. To help with your summer learning plans, subscribe to our monthly Pro-D Newsletter and check back here throughout the month of February & March for new additions!

Learn More

-Source: Heather McGregor, Professional Development & Community Engagement, The University of British Columbia, 4 April 2016

Beyond the Waves Conference Registration is Now Open

We're so excited to announce that registration is now open for our upcoming conference – Beyond the Waves presented by VMPNS & VMPC!

The conference will be held in Halifax, NS at the Delta Halifax May 25-28, 2016.

We hope you can join us as we explore topics such as welcoming newcomer volunteers, youth volunteers, online training and so much more!

Please visit <u>www.vmpns.com</u> for more details and information.To register as a member of VMPNS/VMPC (to receive the discounted rate) please use the following code: QNWA8MD

And for anyone travelling, please note we do have access to a <u>WestJet discount code</u> for travel associated with the conference.

-Source: Newsletter, Volunteer Management Professionals of Canada, 25 January 2016

Young Parents with Young Children: Supporting Two Generations

Dates: Thursdays, June 2 – 30, 2016, 10:00 am – 11:15 am PST <u>Register Now</u>

This course will explore several key questions:

- What are the developmental issues relevant for parents between the ages of 18 and 25, as well as children from birth to age five?
- What are the risks and protective factors associated with young, vulnerable families?
- What is a two-generation model?
- How can individual providers and programs best support young parents and young children?

We approach the answers to these questions from a developmental, ecological, traumainformed perspective, drawing on research-based approaches to working with two generations.

-Source: Rachel Ehly, t3 Newsletter, 4 May 2016

Fantastic Facilitation: June 2016

Date: Tuesday, June 21, 2016, 9:00 am – 4:00 pm Location: #118 – 1835 Gordon Dr, Kelowna Cost: \$95 Register Now

Nobody's Perfect Parenting Facilitator Refresher Day This training is for Nobody's Perfect Parenting Facilitators to refresh their group facilitation skills and gain innovative, creative and practical ideas for delivering their own vibrant sessions. This workshop will:

- Have participants experience and practice participant-centred and interactive approaches to adult group facilitation so that they will use these methods in their own group
- Have participants share their challenges and use each other for problem solving and support
- Help to motivate and empower facilitators to use a variety of facilitation techniques within the context of their existing programs
- Honour the values, skills and experiences participants come with by helping them notice what strengths they have as a group facilitator, and build on those strengths

By the end of the workshop, participants will:

- Refresh their knowledge of the principles and objectives of Nobody's Perfect
- Explore group facilitation through interactive activities and examples of warm-ups, energizers, group building and other participant-centred techniques that can be used with their own learners

- Be able to recognize the importance of creating a safe learning environment for their groups which will lead to more participant engagement and motivation and be able to determine how best to facilitate their existing programs
- Be able to demonstrate newly acquired facilitation activities and techniques

Brief workshop agenda outline: 6 hours

-Source: Ruby Banga, Provincial Coordinator, Nobody's Perfect Parenting Program, 21 April 2016

Promoting Health and Sustainability: The Case of Climate Change & Energy Use

Date: July 11 – 12, 2016, 9:00 am – 4:30 pm **Location:** Multiple Locations Across BC <u>Register Now</u>

PHABC Summer School brings together individuals involved in the delivery of public health activities to examine the application of the Ottawa Charter as related to climate change issues and the implications for health and health equity actions at the individual, health care system and community level.

The Public Health Summer School welcomes participants from a variety of fields and backgrounds who are working directly or indirectly on public health issues and health promoting activities across our province.

-Source: Newsletter, BC Healthy Communities, 14 April 2016

Webinar: Depression – Overview and Awareness – Part 1

Depression has been referred to as the "common cold" of psychiatry due to its prevalence and tendency to spread outward. This webinar will review the differences between "feeling down" and clinical depression. Focus will be on what depression looks like and factors that may influence the development of depression. We will also explore these issues within the helping relationship. This webinar is a companion to the webinar entitled: Depression – Practical Intervention Strategies.

Register Now

-Source: Newsletter, Crisis & Trauma Resource Institute Inc., 5 May 2016

To Top

Volunteerism

- <u>8 STEPS TO ORGANIZE VOLUNTEERS TO MAXIMIZE IMPACT</u>
- HOW 1 SIMPLE EMAIL WILL MAKE EVERY NEW MEMBER HAPPY
- ASKING THE WRONG QUESTIONS IN VOLUNTEERING RESEARCH?
- VOLUNTEER CHECK-IN: THE QUESTIONS YOU SHOULD BE ASKING
- <u>VOLUNTEER CENTRE LEADERSHIP FORUM</u>
- REGISTRATION FOR 2016 NATIONAL CONFERENCE NOW OPEN!
- FIVE TIPS FOR TURNING ADVOCATES INTO VOLUNTEERS

8 Steps to Organize Volunteers to Maximize Impact

With over 62.5 million people volunteering in the US and 12.7 million in Canada, there's certainly not a shortage volunteers. If you're having trouble finding volunteers, read this great volunteer recruitment checklist.

So, how do you organize your volunteers in a way that maximizes their impact with your organization, and, you know... makes them want to stick it out in the long run?

I've volunteered a lot (making breakfast at women's shelters, tutoring kids in school, coordinating fundraising events, etc.) and when I'm pigeonholed into doing one simple task, or worse yet, when I'm standing around waiting for a task, I feel pretty useless. I'm demotivated, and I'm not very happy. When I don't feel a greater purpose to my volunteering I stop volunteering, no matter if I was "such a big help!".

There's no sense in feeling bad about giving volunteers a lot of responsibility, that's exactly what they're there for. This is what makes me a loyal volunteer.

Read More

-Source: Terry Ibele, Content Manager, Wild Apricot, 27 April 2016

How 1 Simple Email Will Make Every New Member Happy

Your membership organization is large and growing, which means you don't have the time or resources to reach out to each new member with a personal welcome.

This is bad!

Never Let a New Member Go Unnoticed

I joined an association recently. I was super excited about being part of a community that shared a common interest, plus being part of this association helped my resume. I spent a good deal browsing their website before I joined. They offer a tonne of online resources and have monthly meetups, plus I had been recommended by a friend.

But, after I paid through their online form, all I received was an email with my payment confirmation.

-Source: Terry Ibele, Content Manager, Wild Apricot, 27 April 2016

Asking the Wrong Questions in Volunteering Research?

As so often happens, this Points of View was prompted by something one of us read about volunteering. In this instance it was Rob who came across an article in the UK magazine, Third Sector, entitled, "Research shows that it's hard to increase volunteering rates."

The article is worth a brief read but can be summarised as follows:

- Four UK universities wanted to know whether sharing information about how others have volunteered could help to increase the level of volunteering.
- They conducted trials on a variety of forms of social information, including personalised feedback about individuals' volunteering hours compared with others; e-mail endorsements about the importance and value of volunteering from celebrities, politicians, and students; and information-based nudges that sought to highlight the importance of getting more candidates to stand as parish councillors.
- None of the approaches led to significant increases in volunteering.

Read More

-Source: Newsletter, LinkedIn Groups, 19 April 2016

Volunteer Check-In: The Questions You Should Be Asking

Your nonprofit is able to exist due to the multiple groups of equally dedicated people that provide their time and talents. The staff shows up daily to navigate and weave through the daily ins and outs. The board offers guidance and insight. Donors give financially to show support.

Then there are volunteers—the selfless individuals that help you because they truly care about the outcome of your mission. Or, maybe they're just trying to get their hours in. But hey—they're helping; that's all that matters. You have the opportunity to get them to come back.

Read More

-Source: Newsletter, The Hub, Nonprofit Hub, 2 May 2016

Volunteer Centre Leadership Forum

Dates: May 24-25, 2016 Location: Mount Royal University, 4825 Mt Royal Gate SW, Calgary, AB

The Volunteer Centre Leadership Forum is a bi-annual Volunteer Canada event that brings together representatives from volunteer centres from across the country to share innovation and

leading practice; discuss current trends and issues; learn about new programs, tools and resources; and connect with each other. In 2016, the Volunteer Centre Leadership Forum will be held in Calgary, AB on May 24 and 25, in conjunction with the Canadian Alliance for Community Service Learning (CACSL) Conference, May 25-27. Both events will take place at Mount Royal University in Calgary. The goal of CACSL Conference is to open and broaden conversation between academic and community partners. Volunteer Canada will lead three integrated sessions at the conference.

Please note that registration is separate for both events. To register for the Volunteer Centre Leadership Forum, please click "Register Now!" below. There is no registration fee to attend the Volunteer Centre Leadership Forum.

Register Now

Contact:

Deborah Pike, Volunteer Canada 1.800.670.0401 ext. 234, dpike@volunteer.ca

-Source: Volunteer Canada, March 2016

Registration for 2016 National Conference Now Open!

We're so excited to announce that registration is now open for the 2016 national conference – Beyond the Waves presented by VMPNS & VMPC!

The conference will be held in Halifax, Nova Scotia at the Delta Halifax May 25-28, 2016.

We hope you can join us as we explore topics such as welcoming newcomer volunteers, youth volunteers, online training and so much more!

Read More

-Source: Newsletter, AVRBC, 31 January 2016

Five Tips for Turning Advocates into Volunteers

Advocates are a vital piece of any nonprofit's support system. Intangible encouragement from advocates matters just as much as any monetary donation. Advocates aren't just voices of support, though; they're also a great resource when you're looking to increase your nonprofit's volunteer base. A study performed by VolunteerMatch and Fidelity Charitable Gift Fund showed that 67 percent of volunteers also give money to the organizations where they invest their time. On average, those volunteers end up spending 10 times more than other donors.

That being said, it can be tough to figure out the first step for turning advocates into volunteers. We've come up with a handful of tips for helping your supporters take the first plunge into volunteerism.

Read More

<u>To Top</u>