Community Information & Volunteer Centre CIVC

Bulletin Board May 2009















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Local News

OSTEOPOROSIS STRONG BONES WALK

The Kelowna Chapter of Osteoporosis Canada is holding it 7th Annual Strong Bones Walk on May 31. Registration is 9:30 am; the walk at 10:00 and the lunch is hosted at 11:30. Registration and lunch occur at the Chatsworth Retirement Suites located at 1831 Parkview Crescent. It is sponsored by Paragon Community Pharmacy. Lots of door prizes will be available.

The goal of the Strong Bones Walk is to raise community awareness of osteoporosis. It affects 1.4 million Canadians every year. That is 1 in 4 women and 1 in 8 men over the age of 50. The cost of treating osteoporosis and the fractured bones it causes is estimated to be \$1.9 billion each year in Canada. Participants demonstrate increased confidence, independence and enhanced quality of life.

To volunteer or to participate as a walker, please contact Karen Rossmo 250.769.4443 or Gerta Broz 250.769.1534.

Date: May 31, 2009

Registration: 9:30am Start Time: 10am Lunch: 11:30am

Location: Chatsworth Retirement Suites

1831 Parkview Crescent

OPTIONS FOR SEXUAL HEALTH - NEW CLINIC OPENING IN WEST KELOWNA

On May 12, 2009, Options for Sexual Health will be opening the 54th clinic in British Columbia in West Kelowna.

Opt clinics provide comprehensive information, confidential and non-judgmental care, and affordable contraceptives. Services include birth













control counselling and sales, reproductive health and unbiased human sexuality counselling/education, Pap & STI examinations, pregnancy testing, counselling/referrals. OPT's team of nurses are trained for counselling and have delegation for prescribing of contraceptives. Clinic services will be held:

Dates: 2nd and 4th Tuesdays each month

Times: 6 – 8:30pm

Location: Vintage View Medical

107/108-3500 Carrington Rd.

West Kelowna, BC

To book an appointment call: 1.800.SEX.SENSE (1.800.739.7367)

SENIORS SAFETY FAIR - SENIORS OUTREACH SERVICES SOCIETY

Topics Covered by FH&P Lawyer, Jim Herperger:

- The pros and cons of joint ownership of bank accounts and property

- Reverse mortgages: What the advertisements don't tell you

- Assisted Living Facilities: What you should know about the rights of residents

- Government Assistance to the Elderly: You need not hide your assets!

- Financial issues arising on re-marriage or a new relationship

- Estate planning for the second time around: How to effectively protect a new spouse while being fair to your children

Date: Monday, June 15th Location: Trinity Baptist Church

Springfield and Spall

8:30 Doors Open and Coffee is on!

9:00 Welcoming Remarks

9:00-10:30 Feature Presentation: "You Can't Take It With You", Jim Herperger, FH&P Lawyers

10:30-12:00 Please visit displays by 30 organizations

Sponsored by

~ Advocare Health Services ~ Beyond 50 Magazine ~ FH&P Lawyers ~ Trinity Baptist Church ~

Prizes, gifts, and draws. Refreshments available.

CMHA'S 4TH ANNUAL 'ARTISTS AMONG US' ART SHOW AND SALE

This show features over 75 outstanding works of art created by 45 local artists and participants of the CMHA ArtWorks Studio. This year's theme will take you on each artist's journey towards recovery through creativity and artistic expression.

Dates: Friday, May 8, 2009

Saturday, May 9, 2009

Times: 11am – 4pm

Location: CMHA

504 Sutherland Ave.

DKA BIZ PATROL UPDATE

The Downtown Kelowna Association is pleased to announce that the 2009 Biz Patrol teams have been hired!

This year there will be two separate teams working the streets of Downtown Kelowna. The first team is the Biz Clean Team. They will be responsible for cleaning, gardening, poster removal, graffiti removal, DKA event support and much more. The second team is the Biz Downtown Concierge. This team will work out of Kerry Park and will be on hand from Tuesday to Sunday to provide information on everything that Downtown Kelowna has to offer. They'll book reservations at Downtown restaurants & entertainment venues, suggest fun and exciting Downtown activities and direct shoppers to our Downtown retailers and merchants.

For more information on the DKA Biz Patrol or the Biz Concierge's referral program, please call Michele at 250.862.3515 or email michele@downtownkelowna.com.

DO YOU WANT UP TO 3 WEEKS OF FREE LABOR?

Do you want to try out a potential employee before hiring them? Then take on a practicum student!

Okanagan College's Office Administration program will have students available from these areas starting end of May to beginning of June:

- Administrative Assistant
- Accounting Assistant
- Legal Administrative Assistant

Administrative and Accounting students are trained in all facets of administrative work from office procedures to records management to accounting and database creation. Our Legal Administrative students are trained in corporate law, conveyancing, wills, and estates.

For more information or to get involved, please contact:

Madelaine Befus at 250.762.5445 ext 2257 or email her at oadm@okanagan.bc.ca.

FREE SHOPPING PASS - UNITARIAN FELLOWSHIP OF KELOWNA GARAGE SALE

At their previous Garage Sales they had a large amount of useful, good quality leftovers, which they would have liked to give to who could use them. This year they're offering Free Passes to organizations whose customers and clients might appreciate the opportunity to shop for free when the garage sale is over. People with passes would simply present them to when they come to shop from 12:00 pm to 12:30 pm, Saturday, May 9th.

For those who would be willing to hand them out to your clients or people they may know that are in need, or if you have any questions, please contact Audrey Pekrul at 250-862-9312 or email her at audrayp@shaw.ca.

Date: Saturday, May 9, 2009

Times: 12 to 12:30pm

Location: Unitarian Fellowship of Kelowna

1310 Bertram St.

Help us Reduce - Reuse - Recycle

Some of the good quality items that are left over are: kitchen goods, decorative items, household goods, sports equipment, electronics, books, CDs, toys, etc. Please shop with us for FREE at the end of the sale.

GRAFFITI NEWS

Did you know that as a property owner the responsibility for cleaning any graffiti on your building falls to you?

If your building has graffiti on it, whether a small tag or a more extensive piece of vandalism, you have 30 days to clean it off or paint over it. After the 30 days you can be ticketed by bylaws. With the recent increase in awareness around graffiti it is quite likely that a fine will be issued to you.

Starting in May, the DKA Clean Team will be available to assist you in both graffiti cleaning or painting. You'll have the support and expertise of our Clean Team members. Please feel free to call our office, after May 15th, to speak with a member of the Clean Team.

If you would like more information on how to deal with graffiti on your building, please call the DKA at 250.862.3515.

GIRLS JUST WANT TO HAVE FUN

This evening celebrates spring beauty and fashion trends with personalized recommendations for your own beauty. Held at the Rotary Centre for the Arts, the event starts with a presentation on spring fashion, beauty and cosmetic dermatology procedures.

Following the presentation, learn to create your personal fashion-forward style while sipping, socializing and indulging at the dessert bar! The night features beauty workshops offering one-on-one consultations and each guest receives an assortment of fantastic goodies including:

- A Fashion Trend Analysis
- Beauty Inspiration & Tips
- \$100 Beauty MD Dollars
- \$25 towards cut & colour
- \$30 towards EvelineCharles Skincare
- 1 Admit One RCA Event Ticket (Value \$35)
- Bubbles, Desserts & Socializing

Tickets to the event are \$75 per person and can be purchased in-person at the Rotary Centre for the Arts, EvelineCharles Salons Spas at the Orchard Park Mall location, Playa del Sol, or online through Ticketmaster.

Ticket buyers who purchase their tickets in-person at EvelineCharles or the Rotary Centre for the Arts before May 1st, will also receive a free Nano Silver Cleanser (valued at \$65).

Date: May 13th
Time: 7 – 11pm
Cost: \$75 per person

OKANAGAN VOLUNTEER OPPORTUNITIES FAIR

This is a key event for promoting volunteerism and recruiting volunteers. It also provides your organization an opportunity to network with others. Each year over 100 voluntary organizations participate in the event, and hundreds of individuals attend to seek out volunteer opportunities.

But the Fair has longevity beyond the one-day event. This year, 5,000 copies of an Okanagan Volunteer Opportunities Booklet will be printed. This booklet provides a description of each organization that participates in the fair.

Cost to participate in the Fair and to have a ½ page ad in the Fair Booklet is \$30. Registration begins mid-May.

Date: Saturday, September 19, 2009

Time: 10am - 3pm

Place: Parkinson Recreation Centre

For more information: Email: infomkelowna@kcr.ca or phone 250-763-8008 ext 24 or 25.

2009 DIRECTORY OF COMMUNITY SERVICES

The 2009 Directories will be available by **mid-May 2009** at a cost of \$30.00 each.







Community Information & Volunteer Centre (CIVC) 2009 Directory of Community Services

We would like t	o pre-order:		Copie	s @ \$30.00 per copy	=	\$
			Delive	ery @ \$8.00 per copy	=	\$
			Total	Order		\$
	(Order of 3 of	or more copie	es rece	ive a 15% discount on Director	ry cost)	
Will pick up our	Directory order; pl	ease call us:		Purchase Order No.:		
Cheque or Mor	ney Order payable t	o Kelowna C	ommui	nity Resources Enclosed in am	nount of:	\$
P	lease note: Mail ou	t pre-orders	will be	processed two weeks after 20	09 publis	h date.
Attent #120-	vna Community Reion: Dawn 1735 Dolphin Aven na, BC V1Y 8A6					
Name						_
Organization a	and Program/Depar	tment (if app	icable)			
Address						

City / Postal Code	
Phone	Fax
Email	

Privacy Policy

Personal information collected will only be used to fulfill the purpose for which it was originally collected or for a use consistent with that purpose. We do not disclose your information to other public bodies or individuals.

SPRING CLEANING? CAN'T BE BOTHERED WITH CONSIGNMENT? HERE'S THE ANSWER!

How about donating your good used clothing to Rosebud's Designer Consignment Boutique or Second Tyme Around? They will sell your clothes and donate to The Cinderella Fund (Rosebud's) and Inn from the Cold (Second Tyme Around). Perfect solution, isn't it?

For more information, please call:

Karin Bauer at Inn From the Cold at 250.448.6403

or

Kathy Wiebe at Rosebud's at 250.861.1911.

PORTABLE RAMP FOR WHEELCHAIR ACCESSIBILITY - FREE USAGE

The local BC Paraplegic Association office has a portable, folding suitcase ramp for short-term use, <u>free</u> <u>of charge</u> for anyone needing a ramp for accessibility.

This ramp was donated for community use by the Rick Hansen Society, from funds raised in a local fundraiser.

For additional information, please contact: Arlene Pilgrim at 250.860.8700.

SHARE YOUR 'GOOD DEEDS'

Why not highlight what you are doing in the Daily Courier? You can send a photo with caption to jon.manchester@ok.bc.ca. This is a great way to publicize the ways in which you help people. Can you take a picture of a situation that makes a difference in your clients' lives? Do you have partnerships actively working together for a better community? Is there a formal cheque exchange presentation from one of your sponsors? Put your 'thinking cap'" on, take a picture and let readership of the Daily Courier know what you are doing!

EARLY INTERVENTION FOR OSTEOARTHRITIS – A WORKSHOP

This workshop is for those experiencing early signs and symptoms of osteoarthritis in order to help them become pro-active, learn to protect their joints and help to stop or delay arthritis pain and



degeneration.

This weekend workshop focuses on understanding Osteoarthritis, medications and supplements, exercise and movement, joint protection, pain management, healthy eating and weight management.

Dates: Friday, May 8, 2009

6:30 - 8:30pm

Saturday, May 9, 2009

9am - 4pm

For further information and to register, please call 250.868.8643.

VOLUNTEERS NEEDED FOR CANADA DAY EVENTS TABLE - COSATF

The Central Okanagan Stimulant Abuse Task Force needs volunteers for Wednesday, July 1, 2009 from 10am – 6pm to run their booth in the Thapsody Plaza near the Dolphins statue, just off of Water St. If you can help out, even for a few hours, please call Ana at 250.870.3473 or contact her by email at afrias@lprc.ca.

YOUTH CRIME - PRESENTATION BY MICHAEL CHETTLEBURGH AND RICK OSBORNE

Reach Out Youth Counselling presents Michael Chettleburgh, author of *Young Thugs* and expert on Canadian street gangs, along with Rick Osborn, former street gang member and convict turned university graduate and Executive Director of Truth for Teen.

Hear them talk about Youth Crime and how our community can find solutions.

Date: June 2, 2009 Time: 7 – 9pm

Cost: \$20.00 per person

Location: Evangel Church Auditorium

3261 Gordon Dr.

For tickets and additional information, please call: 250.763.7892.

Provincial News

NEW OCEAN DISCOVERY CENTRE IN BC

Thanks to the largest single gift to the Ocean Discovery Centre fundraising campaign—a \$1.5 million gift from the Shaw Charitable Donations Committee—the New Marine Centre's *Discover Your Ocean Campaign* reached its \$5 million campaign goal.

The environmental education centre will be named the Shaw Ocean Discovery Centre and opens on June 20, 2009 in Sidney, BC. When the



installation of giant aquarium habitats is completed, they will hold 87 tonnes of seawater and thousands of specimens.

More than 150 volunteers, called Oceaneers, ranging in age from 11 to 80, are being trained to answer hundreds of questions and guide visitors through the ocean experience when the centre opens.

For more information, please visit: www.oceandiscovery.ca.

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National News
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OTTAWA REPORT NEWSLETTER HIGHLIGHTS

- 2009 Federal Budget Update: While there was little attention paid to Charities and Non-profits in this year's Federal Budget, three initiatives are worth noting.
- New CRA Canadian Charity Information Return for 2009: revision of the T3010A and new form T3010B
- Canada Not-For-Profit Corporations Act (Bill C-4): On March 10, 2009, representatives of Imagine Canada's National Nonprofit Sector Task Force on the Modernization of Federal Not-for-Profit Corporations Law appeared before the House of Commons Standing Committee on Industry, Science and Technology, which is studying the proposed new Canada Not-for-profit Corporations Act and presented a brief with five key recommendations.
- Financial Reporting for Not-For-Profit Organizations: The Accounting Standards Board and the Public Sector Accounting Board are inviting feedback on the future of financial reporting for not-for-profit organizations.
- CRA Policy on Fundraising Update: Canada's charities are still awaiting the release of the Canada Revenue Agency's (CRA) *Policy on Fundraising*. Current indications are that the Policy will be released in about a month.

Imagine Canada Sector Leaders and Caring Company members can also read back issues of Ottawa Reports in the Members Only section of our website.

To subscribe to the Ottawa Reports newsletter email amayer@imaginecanada.ca.

ATKINSON FOUNDATION RELEASES SERIES OF ARTICLES ON AGING POPULATION

Toronto journalist, Judy Steed, has been writing about social issues for 30 years. Last fall, she embarked on a one-year project to document the most pressing policy implications of Canada's aging society as part of the 2008 Atkinson Fellowship in Public Policy. Her findings were featured in a series of articles published in the *Toronto Star*, and have now been compiled into a PDF file available online. Steed's discussion topics include healthy aging, life expectancies, senior home care, and abuse of seniors.



To read more, visit: www.atkinsonfoundation.ca. (PDF)

CRA Releases Information on Disbursement Quota Relief

The Canada Revenue Agency (CRA) released information clarifying their policy on requests for disbursement quota relief. The disbursement quota is the minimum amount that charities must spend each year on charitable activities, as outlined by the CRA. If a charity is unable to meet the disbursement quota due to unforeseen events beyond their control, a request for relief can be submitted to the CRA. After applying, the CRA will check to ensure that the charity is in shortfall through no fault of their own, has no further excess funds to disburse, and is doing everything in their power to meet their quota.

For more information, visit: www.cra-arc.qc.ca.

YOUTH ENVIRONMENTAL PROGRAM PARTNERS WITH CANADIAN FIRST NATIONS

Assembly of First Nations (AFN) National Chief, Phil Fontaine, and primatologist, environmentalist, and humanitarian, Dr. Jane Goodall, announced a partnership to bring the Jane Goodall Institute's Roots & Shoots global youth action program to First Nations communities across Canada.

Roots & Shoots is the Jane Goodall Institute's environmental and humanitarian education program. The AFN will work with the institute to promote awareness and understanding of the program among First Nations, with a focus on youth. There are already two First Nations in Canada involved in Roots & Shoots, Beecher Bay First Nation and T'sou'ke, both in BC.

To read the article, please visit: www.afn.ca. (PDF)

NEW STUDY WILL PROBE HR ISSUES IN COMMUNITY SUPPORT SERVICE SECTOR

A comprehensive survey funded by the Ministry of Health and Long-Term Care (MOHLTC) is being launched by the Ontario Community Support Association (OCSA) to analyze health human resources in the community support service sector in Ontario. The results will ultimately benefit seniors and persons with disabilities or chronic health issues who every day receive critically important services like attendant services, home help, personal support, transportation to medical appointments, Alzheimer day programs and assisted living in supportive housing.

For the first time, this comprehensive survey will provide an in-depth analysis of the health human resources situation in the community support sector. It will also present insight into key issues and trends to better manage the community's precious human resources and inform policy development and program design in the Health Human Resources Strategy Division of the MOHLTC. It is essential that we know as much about the health human resources in this sector to ensure that Ontarians have access to the right number and mix of qualified health care providers now and in the future, especially as our population ages. "There is currently very little consolidated data on both managers and the frontline workforce of Community Support providers", says Susan Thorning, CEO of OCSA. "In addition, there is no reliable data about the amount and nature of volunteer services provided through the agencies within this sector".

Upon completion in March 2010, the Health Human Resource Project will give service providers and their stakeholders a better understanding of the backgrounds of paid staff and volunteers, which will in turn, help to inform decisions on developing leadership and skills training. It will also help the sector to develop and apply certain benchmarks.

To read the complete article, please visit: www.ocsa.on.ca. (PDF)

BENEFITS OF 'PURPLE CRYING' PARENTING EDUCATION MATERIALS

A recent Canadian study adds to the on-going dialogue about the benefits of parenting education materials. Researchers from UBC and the National Center on Shaken Baby Syndrome (US) studied 1,279 BC COUNCIL mothers in Greater Vancouver about their responses to crying newborns between 2005 and 2006. Mothers who had given birth within the past two weeks received either control materials on injury prevention or those from the Period of PURPLE Crying program about shaken baby syndrome.



The researchers found:

- When the PURPLE recipients were frustrated with an inconsolable crying infant, they took a break and walked away 1.7 times more frequently.
- They were also 13% more likely to give advice about the dangers of shaking infants.
- Mothers who received the prevention materials scored 5% higher in their knowledge about crying compared with mothers who received control materials.

"This study was not designed, nor was it large enough, to test whether receipt of the PURPLE materials reduced the incidence of shaken baby syndrome," concluded Dr. Roland Barr of the University of British Columbia's pediatrics department and his colleagues.

"However, these results are encouraging that some knowledge and behaviours may be amenable to change when materials are delivered soon after birth during home visits by public health nurses."

Full details of the study are available in the March edition of the Canadian Medical Association Journal.

CANADIAN PERFORMANCE GROUPS FORCED TO CANCEL APPEARANCES

The Stratford Festival and the National Ballet of Canada have been forced to cancel performances due to the current financial environment. Stratford Festival has cancelled one performance and put another 30 on hold due to poor box office sales, while the National Ballet of Canada announced the company will postpone its tour to western Canada in September 2009.

For more information, please read the Globe and Mail article at: www.theglobeandmail.com and the article at www.national.ballet.ca. (PDF)

CONNEXIONS INFORMATION SHARING SERVICES

Connexions works to connect individuals and organizations working for social change with information and ideas, and with the wider community. Connexions Online features resources and organizations fostering democratization, economic justice, environmental responsibility, civil liberties, and the creation and preservation of community.

For additional information, please visit: http://www.connexions.org/.

A HEALTHY SOCIAL NETWORKING SITE FOR SICK KIDS

Upopolis[™] is a private social community that connects young hospital patients to their family, friends and school network. Upopolis[™] helps alleviate kids' stress, isolation and loneliness while in medical care. This innovative program has been developed by Kids' Health Links Foundation in partnership with TELUS and McMaster Children's Hospital. Upopolis[™] enables children to:



Stay connected

- receive and send e-mail from friends, family and invited contacts
- instant message chat with other Upopolis[™] members

Share their experiences

- write and upload photos to a personal blog
- create and join online discussions with other Upopolis[™] members

Stay up to date

- receive and respond to homework assignments from teachers
- read exclusive kid-friendly medical information about their conditions and procedures
- learn about hospital events and information

UpopolisTM is a SoftwareAsAService (SaaS) solution hosted by TELUS. Children in partner hospitals can directly access the UpopolisTM community via a private wireless network on Toshiba laptops that have special infection-control features. UpopolisTM features unique medical content written for Kids' Health Links Foundation by the Child Life Team at McMaster Children's Hospital.

Upopolis[™] is the first future friendly technology solution developed by Kids' Health Links Foundation, in partnership with TELUS and McMaster Children's Hospital. Our goal is to expand across North America and internationally to enable any child in medical care to join the Upopolis[™] community.

For more information on this innovative social networking site, please visit: www.upopolis.com.

ACCOUNTING BOARDS WANT YOUR FEEDBACK ON NONPROFIT FINANCIAL REPORTING

The Accounting Standards Board (AcSB) and Public Sector Accounting Board (PSAB) have jointly issued this Invitation to Comment to invite feedback on the future of financial reporting by not-for-profit organizations. In particular, it discusses how accounting standards might deal with the special needs of this sector. The AcSB is composed of people with backgrounds in business, public accounting practice and academe. The PSAB is composed of people with backgrounds in government, public accounting practice, business and academe. All members serve as individuals, not as representatives of their governments, employers or organizations and know how to prepare and use financial statements. Individuals, governments and organizations are invited to send written comments to either Board on this important topic. Comments are most helpful if they clearly explain the issues they raise and suggest a specific course of action, supported by specific reasoning. All comments received will be available on-line in a public file within one week of receipt.

To be considered, comments must be received by June 30, 2009, addressed to either:

Peter Martin Director, Accounting Standards Tim Beauchamp Director, Public Sector Accounting

At:

For ease of handling, they would prefer comments to be sent by e-mail (in Word format), to: mailto:ed.accounting@cica.ca.

For more information, please visit: www.acsbcanada.org. (PDF)

CANADIAN VISUAL ARTISTS STRUGGLING TO SURVIVE

A recent study revealed that Canadian visual artists made only \$20,000 on average last year, from all of their income sources. Although only 43% made any money from their studio practice, the study found that Canadian artists are not relying on government funding to survive. Most of the studio income came from sales, at 54%, while only 34% came from grants and 12% from artist fees. On average, visual artists work about 26 hours per week on their own art, 14.5 hours at art-related jobs, and another 7.6 hours at jobs with no artistic connection. Artists who split their time in this fashion made significantly more than artists who focused mainly on creating their art. -- Art Gallery of York University

WAL-MART RAISES \$2.7 MILLION FOR CHILDREN'S BREAKFAST PROGRAMS

The recent *Taste for Learning* campaign held at Wal-Mart stores across the country raised \$2.7 million for Breakfast Clubs of Canada, a foundation supporting community-based nutrition programs for schoolchildren. During the four-week national campaign, customers were asked to purchase a \$1 bookmark to support school breakfast programs. The in-store campaign raised more than \$2.6 million including more than \$624,000 from Wal-Mart Canada.

For more information, please visit: http://www.breakfastclubcanada.org/.

PARTICIPATE IN A STUDY ON MENTAL HEALTH ISSUES ON MAY 14

The Mental Health Commission of Canada is a non-profit organization that was created to focus national attention on mental health issues and to work to improve the health and social outcomes of people living with mental illness. The Commission is working on a national anti-stigma campaign with the aim of creating a society where people living with mental health challenges are free of discrimination. The Commission is conducting research to help develop this campaign.



The research involves a participation in a <u>2 hour online focus group</u>. The focus group involves an online chat with other participants discussing the issues surrounding the topic. It is taking place on Thursday May 14, 2009, online at 6:00PM EDT. All participants will be compensated \$75 for their time.

For this particular phase of this study we are trying to reach out to primary caregivers of someone with a mental illness. The number they can contact to participate is 1-800-826-4943 ext 226 and quote project number 9321.

For additional information, please visit: http://www.openmindsresearch.com/.

Facts & Trends

CHARITIES STRUGGLING TO RAISE MONEY THROUGH SOCIAL NETWORKING

According to a recent US survey, Facebook remains the most popular social networking site among nonprofits, with 74% of those surveyed using the site. Most organizations have not been involved in the social networking scene for too long, with 94% having used Facebook for less than two years, and 93% having used Twitter for less than one year. Eighty percent of the nonprofits using social networking sites are devoting at least one-quarter of a full-time position to social networking. However, only 39% had successfully raised money through Facebook, with 29% raising less than \$500 in the past 12 months.

-- Nonprofit Social Networking Survey Report

To read more, please visit: http://newsblaze.com/story/2009042806530200004.pnw/topstory.html.

NONPROFITS ATTRACTING FORMER CORPORATE EMPLOYEES

A new US survey of nonprofits reveals that 21% of new hires last year were employees new to the nonprofit sector. Of those who left organizations last year, 15% moved to the for-profit sector, indicating a net gain for nonprofits. The survey also showed that 25% of leadership vacancies in the past 18 months were filled through internal promotions, and 41% through recruiting done specifically in the nonprofit sector. Forty-nine percent of those surveyed use job boards as their main source for recruitment, 44% use external networking, and 38% using general print advertising. -- *The Bridgespan Group*

To read more, please visit: http://www.charityvillage.com/cv/archive/anew/anew09/anew0905.asp.

ANNUAL CAMPAIGNS AND EVENTS ARE STILL THE TOP CHARITY REVENUE DRIVERS

A recent Canadian study indicates that annual giving / direct mail programs and special events remain the most common fundraising techniques, with 85% of Canadian charities relying on them. Other top rated fundraising techniques are online giving at 76%, major gifts at 69%, and planned giving at 57%. In 2008, 27% of charities saw direct mail revenues increase, while 52% reported the same for online giving, 47% for events, and 39% for major gifts. -- *Innovative Research Group*

ABUSE STILL AN ON-GOING ISSUE IN THE NURSING FIELD

According to a recent Canadian study, 46% of male nurses and 33% of female nurses reported physical abuse in the previous year. Emotional abuse was reported by 55% of male nurses and 46% of female nurses. The study suggests that there may be a tendency to expose men to violent patients, and for male nurses to feel protective of female staff and assume the primary role in restraining aggressive patients. Of nurses working in geriatric care, 50% reported physical abuse, followed by 47% in palliative

care. Seventy percent of nurses working in psychiatry and mental health had high instances of emotional abuse, followed by emergency room nurses at 69% and critical care nurses at 54%. -- Statistics Canada

OXFAM CREATES FIRST CHARITY GIFT CARD AVAILABLE IN CANADA

Oxfam Canada is launching the first charitable gift card available in a retail setting. The \$58 card can be used to purchase goats, mosquito nets, literacy kits and other life-improving items for families in developing countries, and will be available across Canada at Shoppers Drug Marts, except in Ontario and Quebec. The price point of \$58 represents the average cost of delivering a goat to a needy family in the developing world. When the cardholder logs on to Oxfam Unwrapped to redeem their gift card, they can choose from a wide range of gifts including chickens, donkeys, and tools to help farmers.



How it works:

Oxfam Canada works in over 20 developing countries around the world, and their catalogue contains real items that are part of their work. When you give a gift through Oxfam Unwrapped your donation will be used to help women and men, girls and boys living in poverty gain greater levels of self-sufficiency and control over their lives and the future of their communities.

Your friends or loved ones will receive a card describing the gift you selected for them while the gift and proceeds generated goes to those who need it most.

Simply put:

- 1. You select an item.
- 2. The card goes to your friend or loved one.
- 3. The *gift* goes to those who need it most.
- 4. You will get an e-Receipt, and email confirming your gift.
- 5. You will get a confirmation email when the recipient opens her/his gift.

For more information, please visit: http://www.oxfamunwrapped.ca/index.php.

NONPROFITS MISSING OUT ON OPPORTUNITIES FOR VOLUNTEER CONSULTING

According to a recent US survey, both nonprofits and corporations are overlooking opportunities to leverage pro bono and skilled volunteer support to offset a decline in corporate giving dollars. Despite the challenging economic backdrop, nearly 40% of nonprofit executives say they will spend between \$50,000 and \$250,000 on outside contractors and consultants this year. Yet nearly 24% of nonprofit respondents have no plans to use skilled volunteers or pro bono support in any capacity in 2009. Further, 95% of nonprofits agree they are in greater need of pro bono or skilled volunteer support, however, 35% do not have the appropriate infrastructure needed to successfully deploy volunteers. Also, 24% have no one in charge of volunteer coordination, and 23% have a person with less than three years experience in the position. Corporations don't fare much better, with 26% having no one to oversee the corporate employee volunteer program, and 17% having no such program at all. -- Deloitte Volunteer IMPACT Survey

TEENS LIKE THEIR PARENTS - NEW STUDY

Teens like their parents! When asked who is the greatest influence in their life, eight out of ten teens in a national survey released this month named their father or mother. According to Project Teen Canada, a cross-Canada survey of 5,500 teens, a surprising 70% also said that they get enjoyment out of their relationship with their parents. Results of the Project Teen Canada survey are consistent with other research findings and suggest that kids who enjoy a close relationship with their parents and families are less likely to experiment with drugs and alcohol and engage in high-risk behaviours.

For more information, please visit: Project Teen Canada.

CHARITIES RAISED LESS MONEY LAST YEAR

A new US study revealed that only 46% of American charities raised more money last year than in 2007. This is a new low in this particular survey's history, as usually about 60% of organizations report increases in funds raised. Forty percent of respondents indicated that they raised less money last year than the year before, while 14% indicated they raised about the same amount. Of those who did report an increase in funds raised, about two-thirds indicated it was in an amount of 20% or less, while only 5% saw an increase of 50% or more. -- Association of Fundraising Professionals

For more information, please visit: http://www.afpnet.org/

CHARITY MERCHANDISE SALES DROP SIGNIFICANTLY

A national US survey has found that nonprofit merchandise sales have dropped significantly in the past year. Only 23% of respondents had recently made a purchase from a charity, down 43% from just three years ago. With retail sales dropping only 6.4% overall, some experts are suggesting that consumers may no longer be interested in charity merchandise. Purchases at special events dropped more than 63%, while charity retail overall dropped by 44%. Online purchases fell by 21%. -- The NonProfit Times

PAVR-O COMPLETES THE VOLUNTEER MANAGEMENT SALARY REVIEW IN ONTARIO

The first Salary Survey for Managers of Volunteers in Ontario elicited terrific feedback with more than 500 responses collected. The survey information will be analyzed over the next few weeks and key findings will be posted on a regular basis on the public page of the PAVR-O website. The first report, Overall Key Findings, is available now and the second report, available soon, will focus on salary ranges related to titles and employment status. Information is featured in the Resources section of the PAVR-O website.

For more information, please visit: www.pavro.on.ca.

ALBERTA CREATES PROGRAM TO SUBSIDIZE POLICE INFORMATION CHECKS FOR VOLUNTEERS

The Government of Alberta has announced a new, three-year pilot program that will cover the costs of police information checks (PICs) for eligible volunteers in nonprofit and voluntary sector organizations. The Volunteer Police Information Check Program is administered by Volunteer Alberta and addresses a key concern in Alberta's nonprofit/voluntary sector since the cost presents a strong barrier to volunteerism. The program will cover the costs of PICs for volunteers who are in positions of trust and authority with minor children, seniors 65 and older, and persons with disabilities.



For more information, please visit: <u>voan.volunteeralberta.ab.ca</u>.

FATHERS AND CHILD WELFARE - THE RESEARCH

In a new initiative from BC's Federation of Child and Family Services, Canadian academics and researchers will be translating research into practical, readable summaries for use by front line agencies and staff. Called the Research to Practice Network, the summaries will be posted online regularly. One of the first is a review of research on fathers' inclusion in social services by Thompson Rivers University professor Christopher Walmsley, called *Fathers and the Child Welfare System*.

Among the findings:

- Social workers consider fathers irrelevant to both mothers and children in almost 50% of their cases
- Fathers feel unsupported and rarely encouraged by social workers to become involved with their children

Walmsley suggests a number of practical means to better include fathers in social services, including:

- Interviewing fathers to understand their roles within the family.
- Exploring children's views about their relationships with both parents and fathering men in their lives.
- Inviting resident and non-resident fathers to attend child protection conferences and planning meetings.
- Requiring men's participation in assessments and family interventions when they are involved with children.
- Assisting fathers to resolve issues that might hinder their parenting ability such as addictions, violence, unemployment, limited education, and mental health.
- Searching for resources within a father's extended family to provide care for a child.
- Recognizing the importance of positive father involvement.

For more information, please visit: http://www.fcfs.bc.ca/research-to-practice-network.php.

To read the article, please visit: <u>Fathers and the Child Welfare System</u>.

Funding & Resources

WEEKLY ONLINE TOURS OF CANADIAN DIRECTORY TO FOUNDATIONS & CORPORATIONS

Did you know that Imagine Canada hosts weekly online tours of the Canadian Directory to Foundations & Corporations? Take a tour of the Directory from the comfort of our own office! Tours take about 30 to 40 minutes and during this time we'll give you background of the information on the Directory, share examples of foundation and corporation profiles and give you tips on how to best utilize the search options. Even if you currently subscribe to this fundraising resource; these tours can show you how to maximize the information already at your fingertips.

For additional information or to register, please contact Olivia Kinyanjui at Imagine Canada:

Email: <u>okinyanjui@imaginecanada.ca</u>
Phone: 1-416-597-2293 ext. 257 or
Toll Free: 1-800-263-1178 ext. 257

Tour Dates: Every Tuesday Time: 2 pm EST

HOPE AND HEALING - A PRACTICAL GUIDE FOR SURVIVORS OF SUICIDE

This step-by-step booklet covers immediate actions and long-term concerns for suicide survivors. Produced by the BC Ministry of Health and SFU Health Sciences.

To order this guide, please visit: http://www.bccf.bc.ca/catalogue/index.php?cPath=30.

SUICIDE SURVIVORS DESCRIBE HOLISTIC HEALING

The January issue of The International Journal of Mental Health and Addictions published a study supporting holistic approaches to healing for suicide survivors. <u>A Transpersonal Theory of Healing Following Youth Suicide</u> summarizes interviews with 44 survivors about their healing process after a suicide by someone they knew.

The study identified three components of transpersonal healing relevant to support workers' efforts:

Self-care

Survivors decided to take care of themselves and process their trauma in a safe environment. This process can sometimes be in the form of time alone in the outdoors, appreciating nature through walks, hiking or other outdoor activities. Others preferred to confide in someone such as a counsellor.

Self-reflection

Survivors acknowledged their pain and came to terms with their new perspective on life.

Self-transcendence

Over time, the outlook of most survivors became more positive. They described it as connecting with life and living again from a new vantage point.

For those working with survivors, the authors suggest that although it can be difficult to simply listen, it is part of an important process that requires minimal interference. Survivors were also more likely to recover when encouraged by positive expectations of professionals that they would heal and connect with life again. Overall, the study advises those working with survivors to be attentive, encouraging listeners, while respecting the individual's healing process.

To order this publication, please visit: http://www.springerlink.com/content/303t737452346778/.

NEW REPORT EXAMINES INDEPENDENCE OF VOLUNTARY SECTOR

In order to explore the independence of voluntary action, the Baring Foundation has published essays from authors in seven countries (Canada, England, Germany, Northern Ireland, Scotland, United States and Wales) reviewing issues relating to independence from government. Together, the essays confirm that independence is fundamental to the principle and practice of voluntary action, and explore the many ways in which independence can be threatened and power exercised over voluntary action. Finally, they share lessons about what voluntary organizations can do to protect their independence.

For more information, please visit: www.baringfoundation.org.uk. (PDF)

LEARN HOW TO RECRUIT, TRAIN AND DESIGN ASSIGNMENTS FOR VOLUNTEERS UNDER AGE 14

Children as Volunteers - the only book expressly for agencies on how to incorporate children into an adult volunteer program and find exciting ways to include children's fresh perspectives. Includes examples of actual volunteer projects accomplished by youngsters, models of child / adult teams and tips on family volunteering. -- OzVPM Monthly Newsletter for May 2009

For more information, please visit: http://www.ozvpm.com/index.php.

THE NEW HORIZONS FOR SENIORS COMMUNITY PARTICIPATION AND LEADERSHIP GRANT

Offers up to \$25,000 for community-based projects that encourage seniors to participate in and contribute to their communities through volunteerism, mentorship and civic leadership.

Some potential projects include community gardens (with ability/senior friendly planting beds) and intergenerational cooking along with producing cookbooks quite popular. Emergency preparedness with seniors in mind and smaller historical restoration or capturing pioneer stories type projects are also becoming popular. Eligible applicants for funding include voluntary and non-profit sector organizations, municipal governments, band / tribal councils and other aboriginal organizations, as well community-based coalitions, networks and ad hoc committees.

For more info, please visit: http://www.hrsdc.gc.ca/eng/community partnerships/seniors/index.shtml or call 1.866.717.5842.

2009 Age - Friendly Community Planning Grant Program

An Age- Friendly community is a community where policies, services and structures related to the physical and social environment are designed to support and enable older people to live in a secure environment, enjoy good health, and continue to participate fully in society (World Health Organization). An age-friendly community is a community for all ages. This program will fund activities that support local governments to develop and implement policies that facilitate the development of age-friendly communities. Grant provider: of BC Municipalities.

For additional information, please visit: http://www.civicinfo.bc.ca/181.asp?grantid=170.

Application deadline: May 15, 2009.

REMOTE COMMUNITY CLEAN ENERGY PROGRAM

The Province's Remote Community Clean Energy Program encourages and supports sustainable remote community energy systems through community energy planning, community-owned clean energy development and energy efficiency solutions.

The Province has committed \$20 million for remote communities' clean energy and energy efficiency solutions under this program. The program also includes the distribution of energy saving kits in remote communities and support for the development of community energy plans.

There are several components to this program. By submitting an expression of interest, every remote community and adjacent resident is eligible to participate in the program. Program staff will work with communities to access support, expertise and matching funding for community energy solutions.

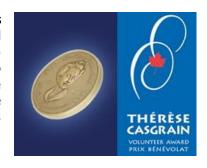
A significant component of the Province's energy system support in remote communities is BC Hydro's Remote Community Electrification initiative, which provides improved electrical utility service to interested eligible remote communities.

For additional information, please visit: http://www2.news.gov.bc.ca/news-releases-2005-2009/2008EMPR0066-001792-Attachment1.htm.

Application deadline: December 15, 2010.

NOMINATIONS ACCEPTED FOR NATIONAL OUTSTANDING VOLUNTEER AWARD

Human Resources and Skills Development Canada is accepting nominations for the 2009 Thérèse Casgrain Volunteer Award. The award is presented annually to two Canadians. The 2009 award will be presented to two exceptional volunteers - one for Youth Participation (from the age of 18 to 30) and one for Lifelong Commitment (from the age of 31 and over). The award recognizes volunteers from across Canada and award recipients are individuals whose commitment to their communities and persistent efforts have contributed significantly to the well-being of their fellow Canadians.



The deadline for nominations is June 19, 2009.

For more information, please visit: www.hrsdc.gc.ca.

GRANT GIVES FUTURE ENVIRONMENTAL LEADERS OPPORTUNITY TO TRAVEL TO THE ARCTIC

Know a teenager who's passionate about the planet and a leader when it comes to living green? Brita, in partnership with Students on Ice (SOI), is looking for three of Canada's most promising young environmentalists to send on a life-changing educational expedition to the Arctic this July as part of the FilterForGood Eco-Challenge - a new student grant program to recognize and cultivate Canada's future environmental leaders. For a chance to participate in the FilterForGood Eco-Challenge, high school students are invited to submit a two-to-four minute video that showcases their environmental leadership in their community and describes why they think they would benefit from an Arctic expedition with SOI.



For more information on SOI, please visit: www.studentsonice.com.

CANADAHELPS.ORG - FUNDRAISING ON THE WEB

CanadaHelps is a unique Canadian donor portal that offers a low-cost online fundraising option for Canadian charities. They operate on the premise that facilitating online donations is rendered most cost-effective by using electronic fund transfer (EFT) and communication methods. Using EFT, all the funds, minus a 3% transaction fee, are transferred directly to the charity's bank account on a weekly basis. Email communication provides the charity with real-time reporting and notification of each donation made on the site. With registration you can select services, download donation data, and update your profiles.



Here's a sample of the benefits:

- Create and manage your profile (in both English and French) from the MyCharity control panel.
- Accept donations through your website with our 'Donate Now' clickable button.
- Receive your donations directly in your bank account.
- 24/7 access to complete donation information.
- Automatic e-Receipting means less work for your charity.
- Registration is free, carries no obligation and takes only minutes. Ensure you are making the most of your online fundraising opportunities today. -- *CanadaHelps.org*

For more information or to register, please visit: www.canadahelps.org/charity start.aspx.

PEOPLE TO PEOPLE FUNDRAISING - SOCIAL NETWORKING AND WEB 2.0 FOR CHARITIES

Need to increase participation and make more money at your events? Acteva's easy-to-use event registration software offers you the convenience of online event registration, ticketing and payment right from your website.

What you will get from this offer:

- *15% discount on Registration Processing Fees for the life of your account
- *50% discount on Acteva Plus Event Activation Fees through September 1, 2009
- *Free promotion of your event on Zvents, AmericanTowns, Superpages.com, MSN City Guides and More!

Who can receive this offer?

Any P2P reader; to sign up for the news letter, please click: P2P.

For more information about Acteva and their services, please visit their website: http://www.acteva.com.

PEOPLE TO PEOPLE FUNDRAISING - SOCIAL NETWORKING AND WEB 2.0 FOR CHARITIES, ARTICLE 2

Key findings from the 2008 donor Centrics Internet Giving Benchmarking Analysis support the long held view of Ted Hart and P2P Fundraising that Integration is key to success.

Editors Note: P2P Fundraising praises Blackbaud for presenting this analysis. Once again they urge all charities to integrate their online strategy with their offline fundraising, focusing on inspiring others to take action rather than just soliciting gifts.

Online giving still represents a relatively small portion of donors and revenue at most organizations, but it is growing rapidly and is becoming an important source for new donor acquisition.

- Online donors are younger and have higher incomes than traditional direct mail donors. These
 are important constituents that nonprofits very much want to attract and keep, given the older
 average donor age in many files.
- Online donors give larger gifts and, as a result, have a higher overall long-term value than donors to more traditional giving channels like direct mail, but they are less loyal in terms of repeat giving. Higher average gifts mask the lower retention rates of online donors, which may present an opportunity for improvement at many organizations.
- The online giving channel must be an integrated part of an entire direct marketing program because although offline donors do not generally migrate to online giving, online donors do migrate to offline channels in large numbers. In addition, online donors tend to downgrade when they move offline,
- Further evidence that online donors are not cultivated to their full potential. -- The Next Generation of ePhilanthropy

Download the report at: http://www.blackbaud.com/targetanalytics/benchmarking/dcinternet.aspx.

BEST TIPS FOR ORGANIZING OR FACILITATING A CHARITY 2.0 EVENT

We're seeing the rise of social media to promote, organize, and in some cases hold the actual charity event itself. While initially driven by "free agent" fundraisers (those not on the organization's board or

staff, but who are fans and social media users), we'll begin to see more and more as nonprofits adopt social media as part of their fundraising tool box.

We're also starting see how social media and social networks are allowing individuals to connect and self-organize charity events outside of a nonprofit organization.

To read the article, please visit:

http://www.imakenews.com/p2pfundraising/e article001404422.cfm?x=bfpsf46,b9r39RK9.

UNIVERSITY OF TORONTO TAKES BIG HIT ON ENDOWMENT FUND

As reported by *theglobeandmail.com*, the University of Toronto's aggressive investment program may have backfired in the recent gloomy economic climate. The school is reported to have lost \$1.3 billion on its investments in 2008, reducing the endowment and pension funds by almost 30%. The University of Toronto has the largest endowment fund in the country. The second and third largest endowments belong to the University of British Columbia and McGill University, both of which report losses of about 20%. The University of Toronto has currently stopped all payments coming out of the endowment fund, and will likely issue fewer scholarships this year.

For more information, please visit: www.theglobeandmail.com.

NONPROFITS COULD BE CAPTURING MORE ONLINE DONATIONS

A recent US study analyzed 23 nonprofit websites and observed test subjects who were asked to choose an organization and make a donation. Many of the testers had difficulty finding the organization's mission statement as well as information on how the donation would be used. Only 43% of the websites had the mission statement on the front page of the site, and only 4% indicated clearly how donations would be applied. Among other potential turnoffs that the testers reported, 47% of the websites had poor page design, 53% had unclear content, and in 17% of the cases the tester could not find where to donate. -- Nielsen Norman Group

For more information, please visit: http://www.dmnews.com/Nonprofits-not-capturing-as-many-donations-online-as-they-could/article/130124/.

IMAGINE CANADA'S ETHICAL CODE PROGRAM EXCEEDS YEAR ONE TARGETS

Imagine Canada celebrated the first official report produced by the re-launched Ethical Code Program. Participation in the revised program was greater than anticipated, with 175 charities joining the program by the end of 2008. The Ethical Code Program is a tool that can help charities meet donor expectations and distinguish them from others in the field. Charities that join the program have the right to use the Ethical Code trustmark, which signals to donors that they comply with the standards in the Ethical Fundraising and Financial Accountability Code.

For more information, and to download the full report issued by Imagine Canada, please visit: www.imaginecanada.ca. (PDF)

ALBERTA GOVERNMENT AXES WILD ROSE FOUNDATION IN NEW BUDGET

The Alberta provincial government released their 2009-10 budget last week, and announced that they will be combining the Wild Rose Foundation with the Community Initiatives Program (CIP). Because the total funding for the CIP has not increased in this budget, Alberta nonprofits can expect to receive far less grant funding this year. The granting process will be changing as well, as it becomes more streamlined to reflect the changes to the two funds. The Vitalize conference, to be held this coming June, will continue as scheduled.

For more information, please visit: www.wildrosefoundation.ca.

FUNDER STEWARDSHIP - TALK IS NOT CHEAP

With the stock market taking a severe hit in today's economic climate, investors everywhere have lost thousands, even hundreds of thousands of dollars. Funding organizations across Canada have not been immune to investment losses either and many are severely limiting, or even suspending altogether, the amount of money they are distributing this year. But how do nonprofits continue their relationship with these funders, even when there is no money to give? Find out more about good funder stewardship practices in this week's cover story. -- Elisa Birnbaum

To read the article, please visit: http://www.charityvillage.com/cv/archive/acov/acov09/acov0911.asp.

PARTNER IN ORGANIZATION DEVELOPMENT (POD)

The Centre for Not-for-Profit Sustainability delivers technical assistance grant programs for not-for-profit organizations in BC's health and social services, arts and heritage, and environment fields. Capacity (formerly POD) grants assist organizations that would like to enhance their organizational effectiveness.

Twenty-six applications were received for the EnviroPOD Spring 2009 funding cycle, totalling \$219,485 in requests. After careful consideration, funding was distributed among eight projects that, in our opinion, demonstrated the strongest fit with criteria for the EnviroPOD program.

The eight projects are as follows:

- Dogwood Initiative to perform an in-depth assessment of the available technological solutions to build a grassroots and decentralized "Citizen Self Organizing" tool on their website.
- Farm Folk/City Folk Society to develop a comprehensive, multi-stakeholder strategic plan.
- Habitat Acquisition Trust to develop a five-year strategic plan.
- Invasive Plant Council of BC to develop a core strategic plan and a clearly defined five-year business/financial plan.
- Light House Sustainable Building Centre to develop comprehensive strategic, fundraising and marketing/communications plans.

- Rivershed Society of BC (RSBC) to review and analyze current fundraising infrastructure and activities, and develop a fundraising plan.
- Smart Growth BC to develop a five-year strategic plan.
- Stanley Park Ecology Society (SPES) to complete a full-needs assessment of data tracking and investigate options to create the best possible systems and technological solutions.

Next Social Service and Arts Capacity (formerly POD) cycle: Fall 2009

For more info, please visit: (http://centreforsustainability.ca/programs/Social ServicesPOD.html.

TECHNICAL ASSISTANCE PROGRAM FOR ABORIGINALS NOT FOR PROFITS (TAP)

The Centre's Technical Assistance Program for Aboriginal Not-for-Profits (TAP) has been created to support the capacity building efforts of BC's Aboriginal not-for-profit organizations. We offer a range of resources to not-for-profit leaders, their organizations, and their communities.

Thirty-five applications were received for the <u>TAP</u> Fall 2008 funding cycle, totalling \$283,205 in requests. Thirteen organitons were approved for support.

The successful organizations were:

- Cariboo Friendship Society to develop a 5-year strategic plan
- Head of the Lake School (Sta'lha'lem School Society) to develop a strategic plan
- Hulitan Social Services Society to develop a comprehensive HR training program
- It's Up To You Recovery House Society (IUTY) to complete an organizational assessment and develop an action plan
- KAYA Knowledgeable Aboriginal Youth Association to develop an organizational strategic plan
- Kootenay Aboriginal Business Advocates Society to develop a strategic plan
- 'Namgis Treatment Centre to develop a strategic plan
- QQS (Eyes) Projects Society to improve Board governance and develop a realistic work plan
- Saanich First Nations Adult Care Society to conduct an organizational assessment
- Spirit of the Children to develop a strategic plan
- The Native Courtworker and Counselling Association of BC to develop a 2-year strategic plan
- The Vi Fineday Family Shelter Society to develop strategic and financial plans to start a transition house
- Upper Island Women of Native Ancestry to complete an organizational assessment and develop an action plan.

Together, we've launched and are supporting the Next Generation Arts Leadership cohort, the Metro Vancouver Aboriginal Executive Council and the East Kootenay Conservation Program's Leadership Development pilot.

Each of these projects combines high value educational resources, new relationships and targeted grants - to strengthen not for profit organizations at their operating core.

As we head into our next phase of innovation, the nature and structure of our work continues to evolve in response to the demands of a sector competing for talented staff and volunteers, trying to attract funds in a banged up economy and reaching out as never before to build meaningful partnerships and collaborations.

Internally, we're re-organizing our resources, drawing more on volunteer professionals and entering into resource sharing arrangements with like-minded organizations.

At the end of June we'll re-locate our office to Volunteer Vancouver's fresh new facility on Melville Street.

In the nearer term, Juliet Correia, who has coached so many, many organizations through the POD grant process, will be leaving her position with the Centre. She will continue to work in our field, consulting with small and medium organizations to improve the effectiveness of their management and governance through organizational assessments, strategic planning and board development. She is the force behind the free non-profit work site <u>WorkInNonProfits.ca</u> and can be reached <u>here.</u>

And, over the next few months we'll be taking a look at our long-standing 'Partners in Organizational Development' programs to see how to better align these with the new realities of not for profit organizations.

We'll be consulting with all of our funders as well as some of the organizations that have made use of these grants and we look forward to rolling out renewed 'capacity' (formerly POD) grants programs, for arts, social services, environmental and Aboriginal not for profits, in the Fall.

In the meantime, if you're making use of a POD grant right now, we'd really appreciate hearing how it's going, especially if you see a potential long term positive impact in your organization. Please contact <u>Kathleen Speakman</u>, Executive Director The Centre for Not-for-Profit Sustainability.

FINANCE FEAR FACTOR RATIOS

At even the most solid nonprofit organizations some board members and executive directors are beginning to wonder and worry, "Are we okay? Should we be worried?" Watching the traditional indicators of financial health - like performance-to-budget or reserve size are important, but they may not give you the immediacy of knowing whether you need to worry today. One of the main problems is that they don't necessarily address cash availability. For example, you may have a large payment due to you from a government agency, but if they won't be paying it for another two months, you may not be able to meet next week's payroll.

FINANCE FRANCE

Four ratios – Payroll Ratio, Change in Accounts Payable, Revenue to Date Ratio and Restricted Ratio – will give you a quick idea of whether you need to be asking more questions and take some action.

This article is reprinted with permission from Blue Avocado, a free bite-sized magazine by and for nonprofit people. Subscribe free and see archives at http://www.blueavocado.org.

EARTH DAY IS A GOOD DAY TO ADOPT THE GREEN NONPROFITS PLEDGE

You can sign the GreenNonprofits Pledge as an individual or an organization. We encourage your board of directors to start down the path of becoming more green by adopting the pledge:

I/We Pledge:

- 1. To become more aware, to practice, and to promote a healthy environment within our organization and community;
- 2. To learn about the effect of my nonprofit on the environment and to take responsibility for that impact;
- 3. To actively adopt to environmentally-friendly practices within our organization and community;
- 4. To take steps in advocating environmentally-friendly practices to other nonprofit/NGO organizations;
- 5. To seriously consider moving towards seeking GreenNonprofits certification.

If you are interested in exploring certification as a Green Nonprofit, please visit: http://www.imakenews.com/eletra/go.cfm?z=greennonprofits%2C350722%2Cbb3t0SL1%2C2525473%2CbfqSGK7.



To take the pledge, please visit: https://www.karma411.com/Markslist/ext/gnp/startNewsletter.do.

HUMAN RESOURCES Q & A

The question: There seems to be some confusion in the terminology that gets used to refer to practices in human resource development. Can you shed some light on the meanings of the words mentoring, coaching, training, development, and counselling?

SOURCE; Village Vibes Issue 14. 15 April 13, 2009 Human Resources Q & A

Each month, veteran human resources consultant Tim Rutledge answers your questions about recruitment, employee retention, and all topics related to human resources management. This month, he explores how key human resources terminology is often misused, and goes on to define some important terms. -- Tim Rutledge April 13, 2009

To read the article, please visit: http://www.charityvillage.com/cv/archive/ahrqa09/ahrqa0904.asp.

HELP SEEKING BEHAVIOUR IN YOUNG ADULTS

Free report takes an in-depth look at what young people's needs are and how they seek help. The report was commissioned by the Vodafone Foundation and is packed with useful case studies and supporting data. It includes recommendations for local and national not-for-profit organizations who provide support to young adults.

To download the free, in-depth report, please visit:

http://www.nfpsynergy.net/includes/documents/cm_docs/2009/n/nfpsynergy_report_help_seeking_beh_aviour_in_young_adults.pdf.

AN AUTISM INTERVENER EDUCATION CLASS

The Central Okanagan Child Development Centre, Early Intervention Behaviour Program is offering training for individuals wanting to learn about positive interactions with children on the Autism Spectrum. Lunch will be provided on both days. During this two day session participants will gain a thorough knowledge of Autism Spectrum Disorder (ASD) and an overview of interventions that promote helping a child with autism to make gains.

Date: May 7-8

Time: 9:30am - 3:30pm

Cost: \$150.00 by cash, or cheque payable to COCDA Central Okanagan Child Development Centre Location:

1546 Bernard Avenue, Kelowna

Henrietta Penney B.A., M.S.Ed., Clinical Advisor Presenter:

250-763-5100 ext 213 Phone:

TRAINING IN TOUGH TIMES

It's never been more critical to make smart use of your people and financial resources. The Training in Tough Times report offers resources to help you make the case for training, ease workplace tensions, focus current goals, and emerge in good shape when the recession clouds clear.

To download the free report, please visit: http://www.charityvillage.ca/cv/learn/PDFs/TrainingInToughTimes.pdf



Would you like to hear about new reports like this one? Subscribe here: e-Training Update.

Education and Training

GETTING AROUND EASILY AND AFFORDABLY

Accessible and affordable transportation was the number one issue identified at our Seniors Forum last November. According to the British Columbia Automobile Association (BCAA), more than 60,000 Canadians give up their driver's licenses each year.

This workshop will convene people in the region who are experimenting with solutions to seniors' transportation issues or wanting to learn more about these innovations for use in their own communities.

The focus is on options for the growing number of older adults who no longer drive or prefer not to, and need alternative forms of transportation to continue leading full and active lives.

Location: Hilton Metrotown Vancouver

6083 McKay, Burnaby

9:30am - 3:30pm Times:

Cost: FREE*

*All participants must pre-register for these sessions; no registration will be taken at the door.

Register on-line or by calling Cindy Cassidy at 1-604-294-8929 ext 2256.

RSVP deadline: Monday May 11th

NEW HELP FOR THE HELPERS - CAREGIVER SUPPORTS

Support for caregivers was identified as another top priority for seniors. No wonder: one in five Canadians over 45 is a caregiver for an older adult and most caregivers are seniors.

This workshop will bring together people in the Lower Mainland/Sea to Sky Corridor and Vancouver Island who are currently running pilot projects or involved in innovative caregiver support programs. Also participating will be seniors' organizations, service providers and others who want to introduce similar programs in their own communities. Furthermore, programs addressing elder neglect and abuse will be featured.

The focus is on sharing up-to-date information about what's been tried, what works and what doesn't.

Location: Hilton Metrotown Vancouver

6083 McKay, Burnaby

Times: 9:30am to 3:30pm

Cost: FREE*

*All participants must pre-register for these sessions; no registration will be taken at the door. Register on-line or by calling Cindy Cassidy at 1-604-294-8929 ext 2256.

RSVP deadline: Friday May 15th

NON-MEDICAL HELP AT HOME

Participants at last fall's Seniors Forum identified non-medical home support as a priority in the quest to build supportive, age-friendly communities.

The provision of services like housekeeping and laundry, shopping, handyman repairs, and exterior household and yard maintenance can make the difference between older adults aging in their homes – or not.

This workshop will convene innovators in this critically important sector with seniors' organizations, service providers and others anxious to learn how they can expand non-medical home supports in their communities.

Location: Hilton Metrotown Vancouver

6083 McKay, Burnaby

Times: 9:30am to 3:30pm

Cost: FREE*

*All participants must pre-register for these sessions; no registration will be taken at the door. Register on-line or by calling Cindy Cassidy at 604-294-8929 extension 2256.

RSVP deadline: Thursday May 21st

INNOVATIVE HOUSING OPTIONS

Participants at the Seniors Forum identified affordable and supportive housing as the second most important issue facing older adults in the region today.

This workshop will host people who have successfully developed affordable, supportive, and culturally-appropriate housing for older adults, are currently experimenting with innovative housing for seniors, or want to learn more for use in their own communities.

The focus will be on housing that meets the needs and quality of life aspirations of the growing number of seniors looking for alternative, non-institutional residential settings or arrangements.

Location: Hilton Metrotown Vancouver

6083 McKay, Burnaby

Times: 9:30am to 3:30pm

Cost: FREE*

*All participants must pre-register for these sessions; no registration will be taken at the door. Register on-line or by calling Cindy Cassidy at 1-604-294-8929 ext 2256.

RSVP deadline: Thursday May 28th

FOOD FOR ALL

Communities throughout the Lower Mainland/Sea to Sky Corridor are responding to the growing concern of food security issues among seniors. Studies of seniors' use of food banks, assessments of long-standing food services such as Meals on Wheels, and community kitchens are popping up throughout the region.

This workshop will focus on this critically important area, feature new programs and emerging initiatives, and share information with seniors' organizations, service providers and others on how seniors' food security can be addressed in their communities.

Location: Hilton Metrotown Vancouver

6083 McKay, Burnaby

Times: 9:30am to 3:30pm

Cost: FREE*

*All participants must pre-register for these sessions; no registration will be taken at the door. Register on-line or by calling Cindy Cassidy at 1-604-294-8929 ext 2256.

RSVP deadline: Friday June 5th

FAMILY CAREGIVERS' NETWORK SOCIETY

The May 2009 issue of our Network News newsletter is now available online. To read the current newsletter, please visit: <u>Family Caregivers' Network Society May 2009 Newsletter</u>.

Some highlights...

Celebrating BC Family Caregiver Week May 9-15

- 1. Annual Special Event Family Caregiving: An Emotional Journey, on Friday, May 8th.
 - presentation by Registered Clinical Counsellor and family caregiver, Jan Spillman
 - buffet lunch
 - Caregiver Photo Exhibit Launch

- 2009 Outstanding Family Caregiver Award
- Space is limited so call now to reserve your space!
- 2. Free Teleworkshop: Top 5 Ways to Thrive as a Family Caregiver with Allison Reeves May 13 (3 – 4pm) OR May 14 (7 - 8pm)
- 3. Free Teleworkshop: Finding the Work-Care Balance: Essential tools for caregivers in the workforce with Marjorie Silverman on May 13 (4 - 5pm).

FULL CIRCLE - SHARING A VISION FOR THE 7TH GENERATION NATIONAL CED CONFERENCE

From June 3-5, 2009, join us - at the centre of North America, in the heart of the continent - for three days of learning, networking and celebration at the premier community economic development (CED) event in Canada! The theme of this year's conference is Full Circle: Sharing a Vision for the 7th Generation. Our inspiration is an original law kept and maintained by generations of Aboriginal people: just as our CED CONFERENCE actions will affect generations to come, we are living in

a world that was shaped by those before us. Aboriginal elders remind us to think and decide in a way that is conscious of the



seven generations of people that will be born in the future - ensuring that we respect our Mother Earth and her spirited beings. Organized by the Canadian CED Network of Winnipeg, Manitoba.

For more information, please visit: http://www.ccednet- rcdec.ca/?q=en/conference/national conference.

THE BANFF CENTRE'S LEADERSHIP DEVELOPMENT PROGRAMS

Learn to lead with impact and enhance your team building, coaching, strategic planning, or communication skills. A number of scholarships are available for nonprofit leaders to attend one of these programs. Explore creative ideas and innovative solutions in an inspiring setting.

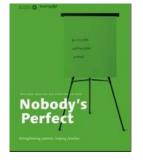
For more information, please visit www.banffleadership.com or call 1.800.590.9799.

NOBODY'S PERFECT FACILITATORS

Connect and network with other in your region at these one-day mini conferences. Learn about new developments in Nobody's Perfect Parenting at the regional, provincial and national levels. Also enhance your facilitation skills with two exciting, interactive workshops.

\$25 registration fee includes lunch, prize draws, networking opportunities and both workshops:

- The Father Factor: How to Help Dads Succeed
- Practically Perfect Facilitation



Kelowna Regional Meeting Date: June 12, 2009 (Register by May 29)

Registration Info:

Please download the registration package and return by fax or mail before applicable deadline to:

Via Fax: 1-604-732-4813

Via Mail: BC Council for Families 204-2590 Granville Street Vancouver, BC V6H 3H1

To download the registration package, visit: http://www.bccf.bc.ca/hm/download.php?id=137 (PDF).

FAMILY CENTRED CARE IN CONTEXT 2009 CONFERENCE

The Central and Northern Network for Child Health and Southern Alberta Child & Youth Health Network are co-hosting the second biannual conference on Family Centred Care May 24 – 26.

The purpose of the conference is to bring parents, professionals, policy makers, and researchers together to develop a common understanding of family centred care and how it can be adapted within a variety of settings. This common understanding will

Family Centred Care in Context 2009 Conference

contribute to more consistent and collaborative approaches to care, ultimately improving the experience and outcomes for children and youth. This goal is aligned with interest in health regions to adopt a more family centred approach, as well as with the family centred focus of the new Family Support for Children with Disabilities Act.

What You Will Learn

- Increased knowledge of how to advance family centred approaches in a variety of settings
- Increased appreciation of the importance of collaborating with families across the continuum of services
- Increased ability to implement family centred approaches in their practice/work environment.

Dates: May 24, 25, 26, 2009 Location: Shaw Conference Centre

9797 Jasper Avenue NW Edmonton, AB T5J 1N9

780.421.9797

For more information, please visit: http://www.fcc-conference.ca/index.htm.

INSURANCE FOR YOUR NONPROFIT IN 60 MINUTES - INSURANCE BOOTCAMP Thursday, May 28, 2009 (1 - 2pm EST)

You will learn: 7 steps to taking charge of your insurance – ensuring competitive pricing and appropriate service; The 6 questions you need answers to each year from your broker/agent in writing and Insurance terms you need to know to approach this topic with confidence.

Click here to register for this workshop.

RISK MANAGEMENT IN 60 MINUTES - THE LATEST IN CHILD PROTECTION POLICIES & EFFECTIVE STAFF AND VOLUNTEER SCREENING

Tuesday, June 9, 2009 (1 - 2pm EST)

Topics: Best practices in policy so that children are protected and stakeholders continue their trust in your nonprofit; Practical screening tips that work.

Click here to register for this workshop.

For each of the 60-minute sessions, you will receive a download of the PowerPoint presentation and a PDF document of all other materials discussed.

About the presenter of the 60 Minute webinars:

David Hartley is the manager of Imagine Canada's Insurance & Liability Resource Centre for Nonprofits. Previously a licensed insurance broker, in 1998 David began a career training insurance professionals, eventually for 3 Canadian insurers, until he joined Imagine Canada with the opening of this Centre, summer 2007. Mr. Hartley has travelled extensively as a trainer, both in Canada and abroad, and has developed numerous training and train-the-trainer programs. In the past 17 months David has conducted 75 workshops in 34 Ontario towns with more than 2,200 nonprofit leaders. These insurance and risk management workshops have met with rave reviews. His presentation style was described by one of our workshop hosts in March 2009 as "fresh, informative and very engaging".

Please call or e-mail Siobhan Moran at 1.800.263.1178 (ext 223) or smoran@imaginecanada.ca for additional info or to register for these webinars.

For additional information on these, and other webinars, please visit: www.imaginecanada.ca.

WEEKLY WEDNESDAY WEBINARS

Approaching the Corporate Sector, with Lewis Flax May 12, 1 pm (EDT)



In challenging times, nonprofits often increase efforts to generate additional funding so critical programs and initiatives do not suffer. At the same time, however, securing revenue is increasingly difficult because of the economic conditions. Corporations are besieged by requests from numerous non-profits and are now more judicious as to their contributions.

You must stand out from the others.

To register for this free webinar, please visit: http://web.networkforgood.org/np911051209.

Creating Sustainable Funding, with Terry Axelrod of Benevon.

May 19, 1 pm (EDT)

Learn a tested system to identify and cultivate donors who love your mission-donors who will give for operations, capital, and endowment-even during challenging financial times. Learn how to engage your community in your organization's mission and to inspire giving, even in a lagging economy.

Designed for board members, executive directors, CEOs, and fund development professionals, this entry-level seminar will give you the fundamentals to embark on the path to sustainability and grow your major gifts programs year after

Register here for this webinar:

http://e2ma.net/go/1971197701/1803699/67190415/goto:http://web.networkforgood.org/np911051909

ACCELERATE THE LAW OF ATTRACTION WITH 'TEAM'

Bring your dreams, goals, and creative energy, to a day of understanding the law of attraction and the secret ingredient of Teams that make things happen. Learn about Shan & Jerilynn's secret ingredient for 'Team' and the law of attraction.

Discover:

- How the Law of Attraction super-accelerates with 'Team'
- Or put another way, Dreams happen with 'Team'
- The Secret Ingredient that works to create a Rockin' Team
- How our relationships can mediate the stress of life & 'lift us up where we belong'

Come with a buddy, your team, or meet people with a similar passion for life (great opportunity to network, bring cards & brochures).

Date: Saturday, 16 June

Time: 9am - 4pm

Location: Coast Capri Hotel

1171 Harvey Ave.

(Hwy 97 & Gordon Dr.)

Kelowna, BC,

Investment: Early Bird special - before June 7 is \$90 (Lunch included)

After June 7 is \$125

Phone: Juliana Blackmore, 1.250.860.4994 or

Email: <u>shanlavell@telus.net</u>

CHARITY VILLAGE - ONGOING WORKSHOPS

In late 2005 Charity Village launched Charity Village Campus, a new series of self-paced, web-based courses designed to build essential skills that you can start using immediately. They offer a variety of courses including Proposal Writing, Grantseeking and How Fundraising Works.

For more information, please visit: http://www.charityvillage.com/CV/learn/index.asp.

BCIT CERTIFICATE PROGRAM IN NONPROFIT MANAGEMENT

BCIT offers a distance training opportunity: Certificate Program in Nonprofit Management.

For course descriptions, availability and cost, please visit: www.bcit.ca/study/programs/6310acert.

SURVIVE AND THRIVE - A WORKSHOP

This workshop is designed for Executive Directors, Board members, Senior Directors and Managers of charitable and non-profit agencies.

- Develop powerful missions that inspire ACTION
- Establish funder relationships that last
- Integrate strategic planning, performance evaluations, client surveys and volunteer tools to maximize staff and volunteer effectiveness and have more time for other priorities

Bring your team and begin working on applying our tools taking advantage of ONE-ON-ONE customized support.

Date: June 9th Time: 9:30 - 4:30pm

Place: BCIT Downtown Vancouver Campus

555 Seymour Street 1-866-434-1610

Cost: Bring two or more staff and the price is \$189 per person

Come individually and the price is \$262.50

Cost includes workbook, worksheets and two light snack breaks.

FREE CD ROM of our popular workshop "Managing By Outcomes" (\$80 value) For first 20 registrations.

For more information, please visit: www.integrated-outcomes.com, call 1-905-954-1508 or email bnorthey@integrated-outcomes.com.



Getting your Message Across - Communications and Media Relations 101 with Rhian Walker (Vancouver) May 7

Brought to you by Hollyhock Leadership Institute

Executive Directors: Leading the Board from Behind

(Vancouver) May 7, 9:00am - 12:00pm Brought to you by Volunteer Vancouver

Helping the Helper Workshop Series - Renew Your Financial Tool Kit for Fundraising Success (Victoria) May 12, Burnaby May 14, Nanaimo Sept 22 and Langley Sept 24

Brought to you by Coast Capital Savings and The Centre for Non Profit Management



Risk Management Webinar Series

May 27

Brought to you by **Imagine Canada**

<u>Helping the Helper Workshop Series - Building Successful Boards: From Accidental to Intentional</u> Governance

(Nanaimo) June 2 and (Langley) June 4

Brought to you by Coast Capital Savings and <u>The Centre for Non Profit Management</u>

Helping the Helper Workshop Series - Getting to YES! Principled Negotiations

(Victoria) June 16 and (Burnaby) June 18

Brought to you by Coast Capital Savings and <u>The Centre for Non Profit Management</u>

CULTIVATING WOMEN'S LEADERSHIP

An experiential training for women interested in developing inner resources and optimizing practical skills to fuel significant progressive change in the world. For women activists, philanthropists, business leaders, and non-profit professionals, this training will help you to:

- Develop a stronger connection to your own purpose, the source of authentic leadership
- Explore the nature of shared leadership and practice reclaiming your own inner authority
- Hone your relational intelligence, helping you navigate differences to enhance collaborations
- Cultivate a practice of inner reflection to better align your intentions and behaviour
- Investigate challenges with competition, power, self-limiting stories and internalized oppression
- Effectively balance your personal self-care with your larger work

Join us to learn how to consciously evaluate and cultivate your own leadership capacities and connect with a circle of women in mutual honesty, support and compassionate challenge. Explore how to most effectively transform yourself and the world.

Dates: June 5 – 10, 2009

Location: The Hollyhock Leadership Institute

Cortes Island, BC 1.800.933.6339

Cost: \$595 CDN (meals & accommodation extra), 5 nights

The Presenters:

Nina Simons is a social entrepreneur who is the co-founder and co-producer of the Bioneers Conference. She translates her life experience into tools for serving the emerging leadership of others, and has focused increasingly on programming and teaching women's leadership (while actively cultivating her own) since 1997. She helps to reveal the correlations between inner awareness and outer work, and celebrate the interconnectedness of environment, health, social justice and the sacred. www.bioneers.org.

Toby Herzlich is a facilitator and a trainer with the Rockwood Leadership Program, focusing on assisting groups and individuals dedicated to building community assets and fostering progressive change. She trains women to be effective and heartfelt leaders in the Middle East, Bosnia, the U.S. and Canada. http://www.rockwoodleadership.org/.

For additional info, please visit: http://www.hollyhock.ca/cms/index.cfm?Group_ID=3713&month=06.

Sponsored by: The Hollyhock Leadership Institutee

IMMIGRATION LAW FOR LIVE-IN CAREGIVERS - WORKSHOP AND CLINIC

The Kelowna Community Resources / Immigrant Services invite live-in caregivers, temporary workers, and their employers and community advocates to a FREE workshop and clinic.

Topics to be discussed are:

- Work Permit Applications
- Permanent Residence Applications
- Traveling in the LCP
- Common Immigration Problems
- Inadmissibilities.

WCDWA Legal Advocate will be available after the workshop to meet one-on-one with caregivers to discuss specific questions (by appointment only).

Speaker: Chi Lee, Legal Advocate

West Coast Domestic Workers' Association

Date: Sunday, July 12, 2009

Time: 2 - 4:30pm

Location: Kelowna Community Resources

120 - 1735 Dolphin Ave.

To register and book an appointment, please contact Elna von Dach at 250.763.8008 ext 35 or email her at elna@kcr.ca.

This workshop is made possible through funding from the BC Government and Service Employees' Union and the Notary Foundation.

Do you have news related to volunteer management, volunteerism, or the voluntary sector that you wish to share with your colleagues? Send Community Information and Volunteer Centre (CIVC) your information at informkelowna@kcr.ca by the 20th of the month.

This Bulletin is a publication of Community Information and Volunteer Centre (CIVC). To subscribe or unsubscribe, send an email to informkelowna@kcr.ca

Community Information and Volunteer Centre (CIVC) is a program of Kelowna Community Resources. Go to www.kcr.ca for more information. Be sure to add or update your volunteer and / or organization information.