



Kelowna
Community
Resources



Community Information & Volunteer Centre



Bulletin March 2010

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## Awards

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DoGOODER NONPROFIT VIDEO AWARDS

Youtube, along with See3 Communications, announced the DoGooder Nonprofit Video Awards to recognize those organizations that have used video to the greatest effect to create lasting social change in the past year.

One winner will be selected in each of the following categories: best small organization video, best medium organization video, best large organization video, and best innovation in video. In addition to recognition on the site, winners will receive a \$2,500 grant from the Case Foundation and a Flip camera. **The deadline for entries is March 12, 2010.**

For more information, visit: youtube-global.blogspot.com.

--SOURCE: CharityVillage: Village Vibes Newsletter, March 1, 2010

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CHMA: EDUCATIONAL BURSARY AND SCHOLARSHIP PROGRAM

Administered by CMHA BC, the Lorne Fraser Educational Bursary program is now accepting applications for the fall semester. Each year, the program awards several \$700 bursaries to help people with mental illness pursue their post-secondary educational goals.

This year, in addition to the bursary program, the new Lorne Fraser Scholarship for Mental Health Promotion will award a \$2,000 college or university scholarship to a person with mental illness who is pursuing a career related to mental health promotion.

Lorne Fraser is committed to increasing opportunities for people with a mental illness. He has lived with bipolar disorder for many years and is aware of the difficulties associated with mental illness. He continues to build the fund and recognizes the importance of education to the personal well-being of a contributing member of society. Since 1982, the Lorne Fraser Fund has helped more than 100 British Columbians pursue their educational dreams.

Applications for this year’s bursaries are due April 25, 2010.

To download an application form, please visit www.cmha.bc.ca.

--SOURCE: CMHA BC Division Newsletter, February, 2010

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### **KCR Database**

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UNITY - OKANAGAN BOYS AND GIRLS CLUBS

UNITY is a youth-driven group for LBGTTQ youth located in the downtown centre. It provides a safe space to hang out, find support, engage in recreational activities, and connect with information on events and education throughout Kelowna.

For contact information on this program, please visit this KCR database:



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FROM GRIEF TO ACTION

Provides hope, resources and respect through support groups, resource information about drugs and treatment; assists with opening new treatment centres; works with school boards on education and prevention; lobbies government for detoxification facilities and treatment on demand and raises awareness that drug addiction is a disease and not a choice.

To view this record, visit the KCR database:



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ASPERGERS SUPPORT GROUP

Mutual support group for professionals and families of children with Asperger's Syndrome that offers support, information sharing and advocacy.

To view this record, please visit KCR's database by clicking:



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Facts and Trends

TRUST A KEY FACTOR IN INFLUENCING DONOR BEHAVIOUR

Trust in a charity and/or the charity sector influences 75% of people in their decision of whether to give, according to an online survey conducted in the UK. Of the total respondents, 56% said that trust in the charity was an influencing factor compared to 42% who said that trust in the sector was an influencing factor. Trust was more of an issue for younger respondents, with eight in 10 of those aged 16-24 saying it influences their giving.

--SOURCE: *CharityVillage, February 8, 2010 (Fundraising Standards Board)*

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GENDER ISSUES IN THE NONPROFIT SECTOR

This report is based on the results of the first major quantitative study of the Canadian nonprofit sector, conducted by the HR Council in 2008. More information on this study and its methodology is available [on the Labour Force Study project page](#).



WHERE DO WE FIND MEN AND WOMEN IN THE NONPROFIT SECTOR?

The nonprofit sector's labour force is predominantly female: three-quarters (75%) of those working in the sector are women. In most areas of the sector, however, men occupy a disproportionate number of senior management positions, while women are overrepresented in administrative and support-staff positions. A notable exception to this trend is the Health and Social Services sector, where women are better represented in senior positions.

WHAT ARE THE KEY DIFFERENCES BETWEEN MEN AND WOMEN WHO WORK FOR NONPROFIT ORGANIZATIONS?

AGE

There are notable age discrepancies between men and women working in the nonprofit sector. Women who work for nonprofit organizations are on average nearly five years younger than men working in the sector (42.3 is the average age for women, 46.9 for men). Women outnumber men in all the 44-and-under age cohorts while men outnumber women in all the 45-and-over cohorts.

TENURE

Men tend to have worked at their current organization for longer periods, and also tend to have held their current positions for longer periods than have their female counterparts.

EDUCATION

Overall, the educational attainment of paid staff in the nonprofit sector is high, with over three in ten women (31%) and men (33%) holding undergraduate degrees—as compared to 23 percent of the working-age population at large. Although men and women are about equally likely to hold undergraduate degrees, women are twice as likely to have completed trade school or community college (29% versus 17%), while men are markedly more likely to hold postgraduate degrees (25% versus 11%). Some of the disparity in college completion rates might be explained by the overrepresentation of women in the health sector: community colleges deliver much of the health-related training in Canada and these programs are likely feeding large numbers of women into nonprofit organizations.

HOW DO MEN AND WOMEN FEEL ABOUT THEIR WORK IN THE NONPROFIT SECTOR?

Both men and women express high levels of commitment to and satisfaction with their work for nonprofit organizations. Roughly nine in ten paid employees in the sector rate their job satisfaction as high, and over eight in ten men and women report a sense of commitment to the missions of their organizations.

Nevertheless, some differences in job satisfaction emerge along gender lines: men are more likely than women to have very high satisfaction, and women are more likely than men to have very low satisfaction or be "not at all" satisfied.

When men and women are asked to rate their satisfaction with specific aspects of their jobs—such as benefits, job security, recognition of their work, and relationships with managers—gender differences emerge on ten dimensions. In every case, it is men who report higher satisfaction.

Low job satisfaction does not always cause people to leave their jobs. But it is worth noting that among women and men who do plan to leave the nonprofit sector, their stated motivations differ along gender lines. Men more often cite "pull factors" (such as a desire to pursue other opportunities, including those outside the nonprofit sector) whereas women tend to cite "push factors" (such as

having no room to advance in their current organization). Women who are considering leaving the nonprofit sector are also likely to say they are simply keeping their options open.

WHY DO THESE FINDINGS MATTER?

In order to be effective, nonprofit organizations in Canada need to keep attracting and retaining men and women who have the skills to deliver on their missions. By understanding the gender dynamics at work in the nonprofit sector, we will be better equipped to:

- Change the aspects of work that many female staff find unsatisfying, such as the lack of opportunities for professional development and career growth
- Help organizations attract more men at earlier stages of their careers
- Promote equity in hiring and internal advancement among nonprofit organizations

These efforts will help to ensure that nonprofit organizations across the country have the talent they need to continue their vital work.

To read the full report, visit: www.hrcouncil.ca.

--SOURCE: CharityVillage: Village Vibes, February 15, 2010

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DONORS WANT A CHANGE IN CHARITY COMMUNICATION

According to a new UK report, 75% of donors think charities need to change the way they communicate. Donors particularly wanted charities to use different forms of communication, with 70% suggesting social media and 65% email. A further 85% felt that charities should spend more time working together. Another 94% felt charities should be focused right now on weathering the recession, and 92% wanted charities to do a better job of showing their achievements to donors.

--SOURCE: CharityVillage: Village Vibes Newsletter, February 15, 2010 (Charities Aid Foundation)

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OLDER DONORS INCREASINGLY GIVE ONLINE

A new report from the UK found that older donors over 45 gave more money online than any other age group participating in the study. Although younger donors gave more often online, the total amount given by older donors was higher. Of those aged 55-64, 70% had donated online in the past. The study also found that the majority of asks still occur over email, with only 12% occurring in face-to-face meetings.

--SOURCE: CharityVillage: Village Vibes Newsletter February 22, 2010 (JustGiving)

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CORPORATE EXECUTIVES SPLIT OVER WHETHER TO DONATE TO CHARITY

A recent poll conducted by Compas Inc. found that corporate executives disagree about what charitable role a corporation should have. While 35% believe that corporations should donate to charity, 45% disagree, saying that it is the individual shareholder's responsibility and that corporations should not make charitable donations. A further 34% feel that businesses should not employ "emotional blackmail" by asking employees to donate to a particular charity. On the flip side, 45% feel it is appropriate to encourage employee donations.



For more information, and to view the full report, visit: www.compas.ca. (PDF)

--SOURCE: CharityVillage: Village Vibes Newsletter, February 22, 2010

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TEENS AND YOUNG ADULTS SPEND LESS TIME BLOGGING

Two US surveys of teens and adults reveal a decline in blogging among teens and young adults and a modest rise among adults 30 and older. In 2006, 28% of teens ages 12-17 and young adults ages 18-29 were bloggers, but by 2009 the numbers had dropped to 14% of teens and 15% of young adults. During the same period, the percentage of online adults over thirty who were bloggers rose from 7% blogging in 2006 to 11% in 2009. Much of the drop may be attributable to changes in social network use by teens and young adults. Seventy-three percent of online teens and 72% of young adults use social network sites. By contrast, only 40% of adults 30 and older use social networking sites.

--SOURCE: CharityVillage: Village Vibes newsletter Feb 22, 2010 (Pew Research Centre)

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## Funding

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LAUNCH OF NEW GRANT PROGRAM FOR LEADER RENEWAL

The Metcalf Foundation is pleased to announce the launch of the new Metcalf Renewal Program. The Foundation supports people working in the nonprofit sector over the arc of their careers to ensure their effectiveness and, through them, the health of their organizations and communities. We want to ensure that leaders have time to think, to learn, to collaborate, to innovate, and to renew themselves.

The Metcalf Renewal Program will support exceptional individuals in nonprofit organizations. Through the Renewal Program, the Foundation will build on its longstanding interest in supporting these leaders by making strategic investments in the professional vitality of people who work in charitable organizations – individually and collectively.

These leaders are catalysts. They cause or accelerate change within organizations and around the issues on which they are engaged, and they attract resources, attention, and support to their work. Without them, we would have fewer creative ideas, less compelling visions of a hopeful future, and fewer innovative responses to the challenges of realizing that future.

There is likely to be a time in these people's careers when an infusion of fresh information, exposure to the work of others, or space for reflection will be galvanizing. The Foundation believes that, with a little support and encouragement, such renewal can be exceptionally generative for these individuals, their organizations, and the sector as a whole.

The Metcalf Renewal Program will make significant opportunities for professional renewal accessible to talented individuals with a record of achievement.

For more information about the program contact Heather Dunford at 1.416.926.0366 ext.33 or hdunford@metcalffoundation.com.

To download application guidelines, please visit the Foundation's website at <http://www.metcalffoundation.com>.

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CLASS ACTION SUIT AGAINST BANYAN TREE FOUNDATION

The Ontario Superior Court of Justice has certified a class action lawsuit against Banyan Tree Foundation and the national law firm Fraser Milner Casgrain LLP, among others, with respect to a leveraged charitable donation program.

The plaintiffs commenced the action under the *Class Proceedings Act* on behalf of all persons who participated in the Banyan Tree Gift Program for the taxation years 2003 - 2007. This ruling may represent the first certification of a class action relating to this type of charitable donation program in Canada and also the first against the law firm that provided the tax opinions said to have been necessary and instrumental in the marketing of the program. Banyan Tree Foundation had their charitable status revoked in 2008 by the Canada Revenue Agency.

For more information, visit: www.globalphilanthropy.ca. (PDF)

--SOURCE: *CharityVillage: Village Vibes Newsletter, February 22, 2010*

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THE 2009 GENEROSITY INDEX

The Generosity Index measures private monetary generosity using two indicators: the percentage of tax filers who donated to charities (i.e., the extent of generosity), and the percentage of aggregate personal income donated to charity (i.e., the depth of generosity).

- The province with the highest percentage of tax filers that donated to charity during the 2007 tax year is Manitoba (27.3%). The province with the lowest percentage of tax filers that donated to charity is Newfoundland & Labrador (21.1%).
- Of all the provinces, Manitoba donated the highest percentage of its aggregate income to charity during the 2007 tax year (1.02%). Quebec, meanwhile, was the province that donated the lowest percentage of its aggregate income to charity (0.33%).
- While the percentage of tax filers donating to charity fell in almost every Canadian province between 1997 and 2007, the percentage of aggregate personal income donated in Canada increased in most provinces.
- A higher percentage of tax filers donated to charity in the United States (26.6%) than in Canada (24.0%) during the 2007 tax year. Similarly, Americans (at 1.60%) gave a higher percentage of their aggregate income to charity than did Canadians, (at 0.73%).
- The extent of generosity (percentage of tax filers donating to charity) varies significantly among US states and Canadian provinces and territories. Only Manitoba, Canada's top-ranked province, is among the top 25 on this indicator among subnational donors including all provinces, territories, and states during the 2007 tax year.
- In terms of the depth of generosity (percentage of aggregate income donated), Canadian provinces and territories fell behind every US state except North Dakota and West Virginia during the 2007 tax year.
- US jurisdictions top the overall Generosity Index rankings. Utah places first (9.0 out of 10.0), followed by Maryland (7.5 out of 10.0) and Washington, DC (6.6 out of 10.0). Manitoba is the highest-scoring Canadian province (4.0 out of 10.0), but its performance ranks only 33rd overall out of 64 North American jurisdictions.

To read the full report, please visit:

http://www.fraserinstitute.org/commerce.web/product_files/Generosity-Index-2009.pdf

--SOURCE: *Imagine Canada, The Library Update*

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## Local News

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UNITED WAY PLANE PULL CHALLENGE

This unique fundraiser is hosted by Kelowna Flightcraft. Your team of 20 will pull a plane for 20 feet for a chance to win amazing prizes and for BRAGGING rights! All proceeds to the United Way to support local programs and initiatives to build a healthy, strong community. Sponsorship opportunities are available; BBQ lunch and fun activities included.

Date: April 23, 2010
 Time: 11 am - 2 pm
 Location: Kelowna Flightcraft
 5655 Airport Way

Entry Fee: minimum \$750 per team

Spaces are filling up fast. There are 30 spots and 20 have been spoken for, so if you would like to participate in this amazing 'once in a bucket' fundraising opportunity, please contact Karen at karen@unitedwaycso.com

--SOURCE: United Way of the Central and South Okanagan

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EASTER PANCAKE BREAKFAST

There will be a free Easter Pancake Breakfast at Parkinson Rec Centre hosted for the community by Victory Life Fellowship. There will be FREE new and used clothing, four FREE Easter Egg Hunts with over 10,000 candy filled eggs, FREE children's activities, and prizes and fun for the whole family.



Date: April 2, 2010
Time: 10 am - 1 pm
Location: Parkinson Recreation Centre
Cost: FREE

You can help by dropping off good quality, clean used or new clothing for children, youth or adults by March 31, 2010 at:

Victory Life Fellowship
1635 Bertram St.
Tuesday-Thursday, 10 am to 3 pm
Sunday, 11 am - 5 pm

OR

La-z-Boy Furniture Gallery
103-1850 Spall Rd.
Monday-Saturday, 9 am - 5 pm

For further information contact Cassandra Linton at 250-862-3044 or vlf@shaw.ca.

--SOURCE: Victory Life Fellowship

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MEALS MATTER

Recent studies have shown that the food we eat directly impacts our physical, emotional and mental well-being.



Meals Matter is a new initiative put forward by Kelowna CMHA to provide the community with a flexible convenient solution for those who are having difficulties maintaining balanced nutritious diets for a variety of reasons.



Meals Matter is ideal for individuals:

- Experiencing or recuperating from health issues
- Looking for an alternative to preparing a meal themselves
- Interested in making healthy food choices

- Wanting to budget meals throughout the month

Meals Matter is also ideal as a resource for support workers or case managers to provide their clients with convenient, healthy meal options and is also a great option for those wishing to donate or give a gift to someone.

Dates: Fridays*
Times: 1:30 pm - 3 pm (tea, coffee and cookies are offered during this time)
Location: Canadian Mental health Association
504 Sutherland Ave. (corner of Sutherland and Pandosy)
Price: \$5.00 per meal
Punch cards available; buy 10 meals, get 1 free

* Monday-Thursday meal pick-up can be arranged by calling Alex at CMHA ahead of time at 250.861.3644 ext. 109

--SOURCE: Meals Matter Newsletter, February 2010

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BOWSER AND BLUE MUSICAL COMEDY EVENT "LIFE & LAUGHTER"

Known as Canada's comedy duo, George Bowser and Rick Blue, have appeared with many talented comedians and their comical lyrics have inspired a collection of ten CD's including: Humour for Boomers featuring songs such as "When a Man Turns Fifty", "Bald is Beautiful", and "Hey, Let's Play Golf".

Their current CD, No Ordinary Dummies provides witty satire in songs like "Things Your Wife Won't Say" and "Don Cherry's Tailor". Their popular single "Snow is a Four-Letter Word" shares Canadian's enthusiasm for our cozy winter climate.

This special event will provide the Okanagan with an evening of laughter and entertainment in addition to supporting CMHA Kelowna to raise awareness about mental health and support families and individuals who experience mental illness. All proceeds of this event directly support the Canadian Mental Health Association Kelowna.

Date: March 21, 2010
Time: 7 pm
Location: Kelowna Community Theatre
1375 Water Street
Cost: \$20
Tickets: Ticketmaster, www.ticketmaster.ca or by phone at 250.860.1470.

For more information, please contact CMHA at 250.861.3644.

--SOURCE: Canadian Mental Health Association, Kelowna

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NARCOTICS ANONYMOUS PROFESSIONAL DAY

NA is hosting a Professional Day with information on who they are, what they do locally, provincially, nationally, and worldwide. This will be followed with a time to network, and close with a round table discussion on how organizations can work in a spirit of cooperation but non-affiliation to carry their recovery message to the addict who still suffers.

Who should attend? Public and private groups, institutions, or organizations, city officials, educational representatives, clergy, police officials, penal and legal professionals, medical professionals, civic minded groups and representatives who may have some concerns or questions concerning addiction and recovery from addiction in Narcotics Anonymous.

Date: March 26, 2010
Time: 11 am - 1 pm
Location: Central School
1825 Richter

For planning purposes, please reply by March 15, 2010.

For additional information, please contact Lester M. at 250.718.7990.

--SOURCE: Central Okanagan Area of Narcotics Anonymous

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COMMUNITY LIFE CENTRE

The Salvation Army is hosting the official opening of its new Community Life Centre in Rutland. The Community Centre from Ellis Street and the Thrift Shop from Harvey have moved into one facility which will provide services and support for local residents.

Date: Saturday, March 13, 2010
Time: 11 am
Location: 200 Rutland Rd. S (Corner of Gray and Rutland Rd. S)

If you would like to attend, please call 250.860.2329 or email kelsarmy.office@shawcable.com.

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NEW SUPPORT GROUP FOR GRANDPARENTS

Sponsored by Parents Coalition of BC. In keeping with their mission of encouraging and preserving the loving bonds between children and their families equally after the divorce or separation of parents Beverly Allen is organizing a monthly peer support group sessions in the Kelowna area. Date and location to be determined based upon interest.

For more information and to RSVP your interest email Beverly Allen at bevfarm99@yahoo.ca. You can also visit www.parentswhocare.ca.

FUNDRAISER DANCE - THE ZAMBONI BROTHERS

The Kelowna Family Centre's Annual Fundraising Dance will be held at the German Canadian Club and this year features the Zamboni Brothers:

Date: March 13, 2010
Time: 8 pm
Location: 1696 Cary Rd.
Cost: \$20/ticket in advance

To reserve your tickets, please call 250.860.3181.

--SOURCE: Kelowna Family Centre, Family Centering Newsletter, February, 2010

HAVE A LOW INCOME CLIENT WHO NEEDS HELP WITH THEIR TAXES?

The 2010 Community Volunteer Income Tax Program Tax Clinics are now running!

Please note that due to issues reported by volunteers in 2009, advise your clients to please adhere to guidelines set out by the individual clinics:

TAX CLINICS FOR ELIGIBLE LOW-INCOME FILERS

Clients must bring all 2009 slips and tax forms, a copy of their 2008 Tax Return and their 2008 Notice of Assessment. Where noted below, please call on behalf of your client to check for availability of appointment.

Not sure if your clients are eligible? Call the CRA toll free 1-800-959-8281.

KELOWNA

Location: The Salvation Army Community Life Centre
200 Rutland Road S
Dates: Tuesdays, beginning March 2, 2010

Phone for an appointment, 250.765.3450

Location: First United Church
721 Bernard Avenue
Dates: Thursday mornings, March 11 to April 22, 2010
Times: 9:30 am to 12 Noon

Location: Water Street Senior Centre (for ages 55 plus)
1360 Water Street
Dates: Thursday afternoons, March 11 to April 22, 2010
Times: 1 pm to 3 pm

Location: Kelowna Women's Resource Centre – (women only)
1492 St. Paul St.
Dates: Monday to Thursday, March 1 through April 22, 2010**
Times : 10 am to 3 pm

**Closed Good Friday and Easter Monday April 2-5, 2010

RUTLAND

Location: Seniors Outreach Services Society, May Bennett Wellness Centre (for ages 55 plus)
135 Davie Road
DATES: Wednesday afternoons, March 3 to April 21, 2010

Phone for appointment, 250.980.1454

LAKE COUNTRY

Location: District of Lake Country
10150 Bottom Wood Lake Road
Dates: Monday mornings, March 1st to April 19, 2010**
Times: 10 am to 12 noon

** Closed Easter Monday, April 5, 2010

WESTBANK

Location: Westbank Lions' Community Hall
#2-2466 Main St.
Enter off of Brown St., between 2 churches, to downstairs entrance
Dates: Thursday mornings, March 11 to April 22, 2010
Times: 9:30 am to 12 noon

For additional information, please visit: <http://www.cra-arc.gc.ca/tx/ndvdl/vlntr/nd-eng.html>

--SOURCE: Community Volunteer Income Tax Program

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THE UBC OKANAGAN'S DISTINGUISHED SPEAKER SERIES

ROBERT SANDFORD
Water for Life
A World Water Day Presentation

Robert Sandford is the Canadian Chair of the United Nations International Decade "Water for Life," a national partnership to advance long-term water quality and availability issues in response to climate change in this country and



abroad. This presentation in Penticton is the keynote address for UBC Okanagan's World Water Day 2010.

[Details about Robert Sandford's talk](#)

Date: Monday, March 22, 2010
Time: 7 pm
Location: Penticton Trade and Convention Centre
Salon B
273 Power Street
Penticton (*Please note the change in location*)

DAVID DODGE
Emerging from the Recession: The Road Ahead

David Dodge will speak about Canada's post-recession prospects then take questions from the audience in a special evening of conversation with the former Governor of the Bank of Canada.

[Details about David Dodge's talk](#)

Date: Tuesday, May 4, 2010
Time: 7 pm
Location: Kelowna Community Theatre
1375 Water St.
Kelowna

Registration: there is no charge for this event. Seats are available only by pre-registering on the Distinguished Speaker Series website www.ubc.ca/okanagan/speakers starting Sunday, April 4, 2010.

--SOURCE: UBCO

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CONFERENCE: FROM REHABILITATION TO LIVING WELL

The Okanagan Conference on Brain Injury, an interactive learning experience for professionals, family members, care givers and people with acquired brain injury, offers a broad range of workshops focused on providing practical knowledge for improving rehabilitation recover and community living skills. This is an inclusive educational opportunity, providing equal learning venues to professionals, family members, care givers, and people living with acquired brain injury.

Dates: April 28, 29, and 20, 2010
Location: Naramata Centre for Continuing Education
3375 3rd St.
Naramata, BC

ATTENDANCE OPTIONS:

FULL CONFERENCE REGISTRATION

April 28, 29 & 30
Includes: Meals - Wednesday dinner to Friday lunch
2 nights accommodation (Wednesday, Thursday)

\$535 + GST (5%) = \$561.75

[Register Online](#)

FULL CONFERENCE REGISTRATION +
EXTRA NIGHT ACCOMMODATION

April 27, 28, 29, 30

Includes: Meals - Tuesday dinner to Friday lunch

3 nights accommodation (Tuesday, Wednesday, Thursday)

\$660 + GST (5%) = \$693.00

[Register Online](#)

SINGLE DAY REGISTRATION

April 28, 29 & 30

ONE OF - April 28, 29 or 30

Includes: 2 meals (breakfast & lunch or lunch & dinner)

\$250 + GST (5%) = \$262.50

[Register by Mail / Email / Fax](#) - single day registration is not available through our online system.

--SOURCE: Braintrust Canada

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KELOWNA'S GOSPEL MISSION - STONE SOUP FUNDRAISING EVENT

Just as in the fable, at Kelowna's Gospel Mission, we make soup every day with donated ingredients. We serve 300 meals a day to the homeless and working poor of our community – men, women, and families with children.

Stone Soup Chef is a one round, combined community education and fundraising knock-out event. The winning chef from each pair will move on to the next round. The final – a gala fundraising event for Kelowna's Gospel Mission – will be held Saturday March 20, 2010 at the

HOW IT WORKS:

- 8 of the top chefs in Kelowna will compete for the title of "Stone Soup Chef"
- The competition is a single elimination, one on one tournament style. Chefs must create the healthiest, most flavorful soup from ingredients found at the Gospel Mission on the day of their competition. They must write down their recipe.
- A judging panel comprised of well known community members, culinary specialists and guests of the Mission will choose a winner in each preliminary round
- The final pairing of chefs will make a soup dinner as a gala fundraiser for Kelowna's Gospel Mission. Losing chefs will form the final panel of judges
- Winning chef will be awarded the inaugural Stone Soup Chef Trophy to be displayed proudly in their restaurant

EDUCATIONAL COMPONENT:

- Healthy Eating on a Budget. Each recipe will be posted on-line at the conclusion of each round. A cookbook of the recipes, along with cooking tips and advice from each chef will be produced
- Community members will see how Kelowna's best chefs create a healthy meal with ingredients found in your own home. Local ingredients will be used where possible

- Awareness of homelessness in Kelowna and how individuals can become involved personally through the work of the Gospel Mission

UPCOMING ROUNDS:

Monday, March 8, 2010

Edan Fay – Lake Okanagan Resort vs. Michael Lyon – Eldorado

Wednesday, March 10, 2010

Jessie Croy – Summerhill Pyramid Winery vs. James Hanna – RauDZ Regional Table

Semi-final rounds are March 12, and 15, 2010.

For more information, tickets or media inquiries please contact:

Ami Catriona
Marketing and Communications Director
250-763-3737 ext.207

Eric Frans
Development Director
250-870-8679

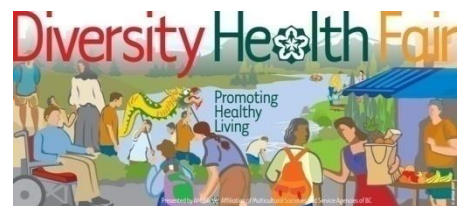
Christine Lwowski
Silent Auction Donations
250-868-4789

--SOURCE: D. McArthur, Kelowna Community Resources

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DIVERSITY HEALTH FAIR

The 1st Annual Diversity Health Fair will be held at Okanagan College to promote healthy living and initiatives to the Okanagan's diverse communities to support and empower people to make changes in the way they eat and live. The Fair offers health organizations an opportunity to demonstrate to immigrant-serving agencies and the culturally diverse public, the programs they have in place which promote access to their health services.



Date: Saturday, May 15, 2010
Fair Times: 10 am - 4 pm
Location: Okanagan College
Learning Centre Facilities Building
1000 KLO Road

For additional information, please contact:

Doreen Rosvold
250.763.8008 ext.29

Elizabeth MacLeod
250.763.8008 ext.30

--SOURCE: D. Rosvold, Kelowna Community Resources

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GARAGE SALE - FLEA MARKET

All proceeds will be used to fund renovations and operations of the Kelowna Fire Museum and Education Centre. Drop off your unwanted items as a donation at 1630 Water Street or stop by to shop! A limited number of spaces will be available to sell your own items. (Cost is \$25 to reserve and you must provide your own table. No refunds on table reservations.)



Donation Drop-Off Dates:

Saturday, March 6, 9 am - 12 pm
Saturday, March 13, 9 am - 12 pm
Saturday, March 20, 9 am - 12 pm
Thursday, March 26, 9 am - 12 pm

SALE Dates:

Friday, March 26, 1 pm - 6 pm
Saturday, March 27, 8 am - 2 pm

Volunteers needed to assist with set up and sales - contact Kelly at kpaley@firemuseum.ca if you're able to help on any of these days!

--SOURCE: Facebook

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TEEN CHALLENGE VEHICLE DONATIONS - DONATE A VEHICLE, CHANGE A LIFE

Teen Challenge will provide no-charge, hassle-free pickup of any towable vehicle in any condition. And, you receive a tax receipt for the fair market value of the vehicle. If you have an RV, boat, trailer, motorcycle or other vehicle to donate we'd be happy to process your vehicle donation or answer your questions.



For additional details or to arrange for a vehicle pickup, contact:

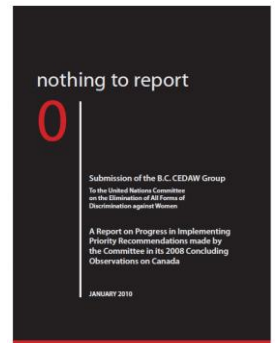
Mark Dekoning
Phone: 1.877.777.7344
Email: mdekoning@bcteenchallenge.com

--SOURCE: Teen Challenge, Okanagan

Provincial News

REPORT CHARGES BC WITH FAILING TO MEET WOMEN'S RIGHTS STANDARDS

The BC Committee on the Elimination of Discrimination Against Women (BC CEDAW) released a new report to the United Nations charging that BC fails to meet international women's rights standards. The report highlights the province's lack of action to protect women and girls and its failure to end violence and poverty. In November 2008, the United Nations CEDAW requested that Canada report back to the committee within the year on two issues affecting the equality of women and girls. The BC CEDAW group concludes that BC has taken no effective steps to respond to the UN Committee's direction nor has the province urged the federal government to take action.



For more information, and to read the full report, visit: www.westcoastleaf.org. (PDF)

--SOURCE: *CharityVillage, Village Vibes Newsletter, February 8, 2010*

ONLINE INCOME ASSISTANCE APPLICATION

The Ministry of Housing and Social Development will be launching a new self-serve assessment and application (SSAA) on-line tool as of March 1, 2010. We are excited about this new resource which will change the way that citizens manage their relationships with government and will expand their options on how they can access Ministry services and support.

The SSAA is one of the strategies that the Ministry is implementing to support our vision of simplification. Simplification is about making our services and supports easier for clients to access and for staff to process.

The Vision of Simplification

- Clients get everything they are eligible for when they apply
- Clients are given a quick response-either yes or no-in terms of eligibility; and
- Clients are referred to ministries/community agencies/service providers who can help them

The new on-line tool will allow citizens to:

Learn what is available: find information on the kinds of supports and programs that are available to them

Assess their eligibility: find out if they are eligible for assistance based on their current situation

And if they choose

Apply for income assistance- find out what they will need to do after they submit their on-line application

Benefits for citizens

- They will have 24/7 access to this new online service which gives them another choice in addition to their existing options of receiving services over the telephone and/or visiting Ministry offices;
- They can explore services from the privacy of their home or internet venue of their choice;
- They can get answers to general questions online rather than having to visit an office;
- They will have more time to complete Stage 1 of the application process should they need it – they are able to begin the process, save their information, and complete it later if they need additional time and/or need to find additional documents to complete the process;
- They will be better prepared for Stage 2 – the eligibility interview;
- The new tool provides additional information on why the ministry asks specific questions, thus giving greater clarity for citizens and advocates into program requirements and other resource options

When citizens connect with our Ministry by calling toll free 1-866-866-0800 or when they request counter service, they will be informed that the Self Serve Application and Assessment tool will be the preferred method of application, and the most convenient way to access Ministry programs and services.

For additional information, please visit: <http://www.hsd.gov.bc.ca/bcea.htm>

--SOURCE: Ministry of Housing and Social Development

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15 BY 15: EARLY HUMAN CAPITAL

Full Report and Executive Summary now available. The Human early Learning Partnership has completed a groundbreaking research project that quantifies the costs and benefits of addressing early vulnerability in BC. The resulting report 15 by 15: A Comprehensive Policy Framework for Early Human Capital Investment in BC.

To read the report and recent media coverage for 15 by 15, visit: <http://www.earlylearning.ubc.ca/sc2/15by15.html>

--SOURCE: CATCH Newsletter, February 5, 2010

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INTERDISCIPLINARY CONFERENCE FOR CHILDREN'S SCIENCE

Brain Development & Learning: Making Sense of the Science When: July 16 – 20, 2010 Where: Hyatt Hotel, Vancouver, BC, Canada The 3rd biennial, international conference is an interdisciplinary conference devoted to improving children's lives by making cutting-edge research in neuroscience, developmental science, & mental health understandable & applicable to those who work with children on a daily basis. Blanket scholarships of 50% off are offered to all whose family incomes are <\$100,000/yr, and can try to arrange homestays with local families or shared hotel rooms, to eliminate or reduce lodging costs. Negotiated reduced airfares are also available.

For more information and registration, please visit: [http:// www.interprofessional.ubc.ca/bdl.html](http://www.interprofessional.ubc.ca/bdl.html).

--SOURCE: CATCH Newsletter, February 15, 2010

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BRITISH COLUMBIA WAGE AND SALARY SURVEY

In 2009, the first-ever Wage and Salary Survey was completed by the BC Government. This survey provides up-to-date wage and salary information on part-time and full-time wages, hours of work, hiring difficulties, and vacancies for 121 of the province's most common occupations. In BC's three largest economic regions (Vancouver Island/Coast, Mainland/Southwest, and Thompson/Okanagan), the top 100 occupations were targeted, and in the five remaining regions (Kootenay, Cariboo, North Coast, Nechako and Northeast), the top 35 occupations were targeted.

To view the full report, please visit: <http://www.bcstats.gov.bc.ca/data/lss/labour/wage/>.

--SOURCE: News from the Central Okanagan Economic Development, February 22, 2010

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BC SOCIETY ACT REVIEW: YOUR INPUT SOUGHT

The BC Society Act, which sets out the legislation for all incorporated non profits in BC, is currently under review and the provincial Ministry of Finance is soliciting feedback on proposed changes to the Act. The purpose of the *Society Act* review is to identify and address any legislative obstacles that may prevent societies from functioning fully and efficiently, and ensure that the public interest is being protected. They are seeking your input on any problems, gaps, inconsistencies or ambiguities in the *Society Act* and any reforms you would like considered.

In particular, they are looking at two key issues:

1. What is the appropriate model for Non-Profits in BC
2. How much regulation should be put into the Society Act

Please find more information here: http://www.fin.gov.bc.ca/society_act_review.pdf.

Comments may be transmitted electronically to: fcsp@gov.bc.ca.

However, if you wish to send comments in paper format, please direct them to:

Financial and Corporate Sector Policy Branch
Ministry of Finance
PO Box 9418 Stn Prov Govt
Victoria BC V8W 9V1
Phone 250-387-1269)

The deadline for feedback is April 1, 2010, to enable the Ministry to proceed with the next phase of the review.

--SOURCE: Vounteer BC: Connector Newsletter, February, 2010

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SOCIETY ACT REVIEW: BLOG

A website/blog has been set up at <http://societyactreview.wordpress.com> or www.yourtake.ca by United Community Services Co-op and others in the local NPO sector to provide a location for NPOs in BC to collaborate on providing input to the Ministry of Finance's first phase of its review of the BC Society Act.

--SOURCE: *Society Act Review Update*

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ONLINE RESOURCE FOR NEWCOMER CHILDREN LAUNCHED

AMSSA Newcomer Children's Information Exchange Website The Affiliation of Multicultural Societies and Service Agencies of BC (AMSSA) introduces a new website intended to provide information and resources related to the specific needs and challenges of newcomer children in BC. The new website is: <http://www.amssa.org/ancie/>.

This site features:

- A searchable database of useful research reports, educational materials, and web links
- Theme pages that provide a general overview of key issues affecting newcomer children
- An archive of the ANCIE Bulletin, our monthly e-newsletter

--SOURCE: *CATCH Newsletter, February 26, 2010*

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REPORT: SUICIDE PREVENTION IN BC

Strengthening the Safety Net is a landmark report by BC Suicide Prevention Initiative. The report examines existing suicide prevention strategies and services in BC and outlines objectives for further reducing suicidal behaviour, improving accessibility and quality of suicide prevention services, and improving post intervention resources and supports of persons bereaved by suicide.

Find the report at www.suicidepipinitiative.wordpress.com.

--SOURCE: *CMHA BC Division Newsletter, February, 201*

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National News

MENTAL HEALTH COMMISSION TAKES OVER MENTAL HEALTH FIRST AID PROGRAM

The Mental Health Commission of Canada (MHCC) will assume responsibility for administration of the Mental Health First Aid (MHFA) program this spring. The program is being transferred from Alberta Health Services (AHS). The term "Mental Health First Aid" refers to the help provided to a person developing a mental health problem or experiencing a mental health crisis. For more than four years the program has taught people across Canada how to respond to mental health emergencies, enabling them to better manage potential or developing mental health problems in themselves, a family member, a friend, or colleague.



For more information about the program, visit: www.mentalhealthfirstaid.ca.

--SOURCE: CharityVillage: Village Vibes February 15, 2010

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STRESSES OF CAREGIVING FROM FAR AWAY

In 2007, about 2.7 million people aged 45 and over provided assistance or care to an elder relative who suffered from a long-term health problem or physical limitation. These numbers are up 670,000 from 2002.



[Caring for a Parent Who Lives Far Away: The Consequences](#), a new article from Statistics Canada, traces the financial and work life balance challenges that exist for long distance caregivers. Some must travel half a day to visit an elder relative, others an entire day or more to help with transportation, shopping, banking, home maintenance, medical treatment, meal preparation or co-ordination of caregiving tasks.

As the senior population increases, more of these long distance family caregivers face personal challenges, especially those from smaller families. The number of siblings in a family can affect the sharing of responsibilities when a parent requires care. Caregivers living further away were less likely to have come from a large family and to have additional support from siblings.

Caregivers living further from the assisted parent were also more likely to have extra expenses. 39% of those living more than a half day's journey away from the parent being assisted reported that they had spent, on average, more than \$500 per month on care. They were also more likely to miss full days of work, particularly women caregivers.

While many of the responsibilities and challenges of caregiving to relatives near or far remain the same, time pressures and additional costs can add stress for those living further from their parents. Having support circles to share caregiving has shown to relieve some of this strain on caregivers.

--SOURCE: BC Council of Families: Healthy Families Newsletter

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THE CANADA REVENUE AGENCY WARNS OF MAIL SCAM

The Canada Revenue Agency (CRA) is warning taxpayers to beware of a recent scam where some Canadians are receiving a letter fraudulently identified as coming from the CRA and asking for personal information. The letter is not from the CRA and has notified the proper law enforcement authorities of the scam.

The letter claims that there is "insufficient information" for the individual's tax return and that in order to receive any "claims," they will have to update their records. The letter attaches a form specifically requesting the individual's personal information in writing, via fax or email, including information on bank accounts and passports. **This letter is not from the CRA and Canadians should not provide their personal information to the sender.**

If you or a client has received a letter and would like to verify its validity, please visit [PDF version of the letter](#) to compare it against the copy you received.

All taxpayers should be vigilant when divulging any confidential information to third parties. The CRA has well established practices to protect the confidentiality of taxpayers' information. For more information on how to protect your personal information, please visit: www.cra.gc.ca/alert.

For information about this and other similar scams, or to report deceptive telemarketing activity, visit www.phonebusters.com, send an email to info@phonebusters.com, or call 1-888-495-8501.

--SOURCE: The Canada Revenue Agency

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Research

PARENTAL STRESS TRANSFERS TO KIDS

Feeling stressed out? Overloaded at work? Watch out - it could be contagious. Parents who are suffering from burnout are more likely to have children who are feeling burnout at school, according to recent research conducted in Finland.



The study, Parents' Work Burnout and Adolescents' School Burnout: Are They Shared?, currently in press at the European Journal of Developmental Psychology, surveyed more than 500 15 year olds, asking them about symptoms such as fatigue, feelings of cynicism about school, and sense of inadequacy as students. 595 parents of these adolescents were surveyed to assess their degree of work burnout. The results showed that experiences of burnout were shared in families.

"Experiences of burnout were shared most particularly between adolescents and parents of the same gender, i.e. between daughters and mothers and between sons and fathers. The parent of the same gender seems to serve as a role model for the development of burnout," says Professor Katariina Salmela-Aro, who led the research.

When parents are able to avoid burnout themselves, they're better able to support their kids emotionally. For families facing acute financial stress, avoiding burnout can be tough though. Employers and governments can provide valuable relief to busy families by taking care of the health and well-being of parents through policies that support family concerns.

--SOURCE: BC Council of Families: Healthy Families Newsletter, February 8, 2010

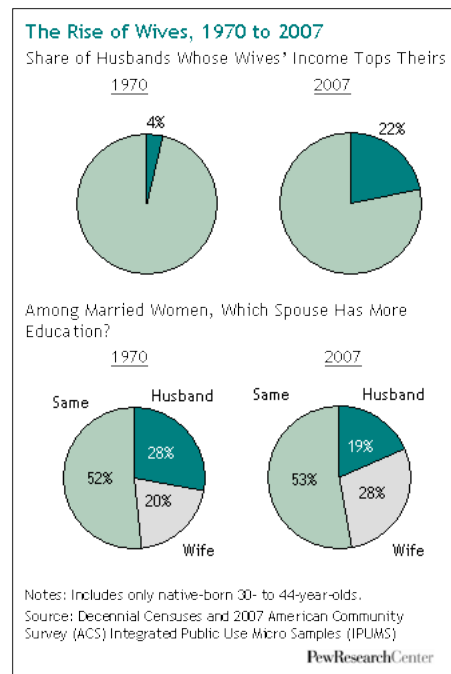
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ECONOMIC BENEFITS OF MARRIAGE: A MAN'S WORLD?

A new study issued this month by Washington DC thinktank the Pew Research Centre finds that there's been a role reversal when it comes to men, women and the economics of marriage. In [The New Economics of Marriage: The Rise of Wives](#), the authors compare data on marriages and income levels from 1970 and 2007. Their findings? The economic benefits associated with marriage are now greater for men than women:

- 22% of women out-earned their spouses in 2007, compared to only 4% in 1970.
- currently, 28% of women have more education than their spouse, while in 1970 those figures were reversed - 28% of men had higher education levels than their wives.

While on average, women still earn less than men, the rise in women's earning power may be creating change in the dynamics of modern marriage. "There is evidence from other research that women's growing economic clout gives them more power within marriage," write the study's authors.



As [BC's Father Involvement Network](#) coordinator David Sheftel points out, "With women becoming a more equal financial contributor to marriages, men need to be open to becoming a more equal partner in housework and parenting. They need to see their partner's job as important as their own, but also be ready to spend the time and energy necessary to be a positive parent raising their children in a healthy home."

--SOURCE: BC Council of Families: Healthy Families Newsletter, February 8, 2010

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CANADIAN REPORT ON NONPROFIT WEBSITES

The results of the first annual *Canadian Survey of Non-Profit Websites*, conducted by the Open Web Group, are now in. Some highlights of the survey:

- Majority of websites are mature (88% online for more than two years, 60% for more than five years)
- More than half of the organizations surveyed allocate less than 0.005% of their annual budget to their website

- The most common website features are news updates/press releases, staff directories, and donation capabilities
- The least common are online calendars, membership capabilities, and publicly generated content
- Content management systems, news updates/press releases, and newsletter sign-up capabilities are the priorities for sites lacking these features
- While not priorities, popular wishlist items include photo galleries, FAQs, and publicly generated content

For more information, and to view the full report, visit: www.openwebgroup.ca.

--SOURCE: *CharityVillage: Village Vibes Newsletter, February 8, 2010*

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PARTICIPATE IN A NONPROFIT SOCIAL NETWORKING SURVEY: 2010

The second annual *Nonprofit Social Networking Survey (2010)* seeks to understand how nonprofits are using online social networks. The survey results will be announced at the NTEN Nonprofit Technology Conference in April 2010. All respondents who complete this survey will receive a copy of the final report via email after the announcement. An Amazon Kindle™ e-book reader will be awarded to one person randomly selected from among all respondents who complete the survey. The Nonprofit Social Network Survey is a joint project of NTEN, Common Knowledge, and The Port.

For more information, and to take the survey, visit: www.surveymonkey.com/s/RLT32XV.

--SOURCE: *CharityVillage: Village Vibes Newsletter, February 8, 2010*

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NONPROFIT SOCIAL NETWORK SURVEY REPORT: 2009

Between February 20 and April 15, 2009, 980 nonprofit professionals responded to a survey about their organization's use of online social networks. The survey is sponsored by NTEN, Common Knowledge and ThePort.

To read or download the full report, please visit: <http://www.commonknow.com/html/white-papers/NonprofitSocialNetworkSurveyReport.pdf>

--SOURCE: *Imagine Canada John Hodgson Library: The Library Update*

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STUDY ON MOBILE GIVING CAMPAIGNS

Have you ever wondered how nonprofits can use text messaging to engage supporters? Or about the advantages (and limitations) of text messaging as a fundraising medium? M+R Strategic Services and MobileActive.org's new study,



Nonprofit Text Messaging Benchmarks for 2010, answers these questions and provides a set of benchmark metrics by which organizations can measure their success with text messaging.

For more information, and to download the full report, visit: www.e-benchmarksstudy.com/mobile/.

--SOURCE: *CharityVillage: Village Vibes Newsletter, March 1, 2010*

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CHILDREN'S POLICY CENTRE- CHILDHOOD OBESITY

The Children's Health Policy Centre quarterly is a resource for policy makers, practitioners, and families. It's goal is to communicate new research to inform policy and practice in children's mental health. The latest issue focuses on childhood obesity and its adverse effects, and explores new research and strategies for preventing obesity without doing children any harm.



Read "The Mental Health Implications of Childhood Obesity" at www.childhealthpolicy.sfu.ca.

--SOURCE: *CMHA BC Division Newsletter February, 2010*

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## Resources

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LET'S FACE IT!

Let's Face It! (LFI!) is a multimedia, computer-based intervention program developed by cognitive scientists at the University of Victoria and the Yale Child Study Center intended to teach face processing skills to children with autism or other related neuro-developmental disorders. The LFI! program uses a blend of interactive computer games and hands on exercises designed to teach basic facial processing skills. The activities target various aspects of cognitive and social aspects of face recognition.



The LFI! program is free of charge to the community and can be easily downloaded from our website: <http://web.uvic.ca/~jtanaka/letsfaceit>.

--SOURCE: *CATCH Newsletter, February 5, 2010*

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REPORT CHAMPIONS SABBATICALS FOR NONPROFIT LEADERS

Sabbaticals for nonprofit leaders can be a relatively inexpensive but highly productive capacity-building tool that yields measurable results, according to a new report, *Creative Disruption: Sabbaticals for Capacity Building and Leadership Development in the Nonprofit Sector*. The study suggests that it is a myth that an executive sabbatical will be a chaotic disruption, finding instead that the creative disruption of a well-planned sabbatical can be productive for the entire leadership of an organization. It also recommends funding sabbaticals as a best practice in philanthropy for leadership development, succession planning, and organizational capacity building.



For more information, and to read the full report, visit: www.compasspoint.org

--SOURCE: CharityVillage: Village Vibes Newsletter, February 15, 2010

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FOOTPRINT CALCULATOR FOR SCHOOLS

An interactive, online ecological footprint calculator designed especially for school and post secondary institutional settings will be available to Calgary's educational community in June of this year. The City of Calgary, the Calgary Board of Education, and the University of Calgary collaborated on the calculator's development. The new ecological footprint calculator for schools and post secondary institutions joins the popular personal eco-Footprint Calculator, which Calgarians have been using since May 2009.



For more information about the City of Calgary's ecological footprint calculators, visit: www.calgary.ca.

--SOURCE: CharityVillage.com: Village Vibes Newsletter, February 15, 2010

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UK REPORT DIVIDES WEALTHY DONORS INTO SIX CATEGORIES

A new white paper published in the UK has identified six major categories of wealthy donors. *Philanthropy: The Evolution of Giving* identifies the categories of privileged youth, eco-givers, altruistic entrepreneurs, reactive donors, cultured inheritors, and professional philanthropists. The report highlights the differences between the types of donors and suggests that charities must be more creative in how they accept assistance from members of these groups.

For more information, and to read the full report, visit: www.barclayswealth.com. (PDF)

--SOURCE: CharityVillage: Village Vibes Newsletter February 22, 2010

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SOCIAL ENTERPRISE: HOW TO START UP!

With funding pressure increasing for nonprofits and charities, "social enterprise" is an increasingly hot topic these days. We're often asked:



- What is a Social Enterprise and can charities operate them (without losing charitable status)?
- How do we go about starting a social enterprise if we are a charity or a nonprofit?

Read more about where to get the answers to these questions at:

http://nonprofitscan.imaginecanada.ca/tir_social_enterprise

--SOURCE: *Imagine Canada: John Hodgson Library, The Library Update*

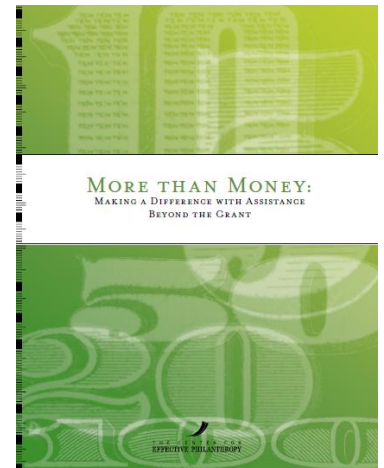
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MORE THAN MONEY: MAKING A DIFFERENCE WITH ASSISTANCE BEYOND THE GRANT

by Ellie Buteau

Talk of promoting "organizational effectiveness" is prevalent within the halls of large foundations today. Although foundations have long looked for ways to improve the performance of the nonprofits they fund, they have intensified their focus on these activities over the past decade – devoting more resources to them than ever before.

Evidence of increased interest can be found in the creation and growth of Grantmakers for Effective Organizations (GEO), "a coalition of grantmakers committed to building strong and effective nonprofit organizations."¹ Today, GEO has members representing 350 grantmaking organizations, and more than 600 foundation staff attended its last conference. Believing that their organizations' effectiveness depends on the effectiveness of those they fund, many foundation leaders have embraced the idea of adding value "beyond the money." This trend is also apparent in analyses of foundation spending. A report published by the Foundation Center in 2007 about "nongrantmaking charitable activities" reveals that a majority of surveyed foundations reported increased levels of such activities over a recent five-year period. "Foundations conduct nongrantmaking charitable programs for a wide range of reasons, mostly related to promoting organizational and field-wide effectiveness. Chief among these is building capacity among grantees."²



Gwen Walden of the California Endowment takes this view even further in an essay published by the National Committee for Responsive Philanthropy. She refers to providing assistance beyond the grant as an approach that has potential to go beyond grantmaking to "changemaking." Walden writes, "Many foundations are making the transition from grantmaking to changemaking by internally leveraging all of the resources present in the foundation to achieve the change agenda. These additional resources – such as convening, training, advocacy, strategic communications, and nontraditional investment strategies – are increasingly joining with traditional grantmaking to 'power up' a foundation's giving."³

Yet strikingly little is known about the assistance beyond the grant that foundation program staff and the consultants they retain provide – or about the impact of these efforts. A number of consultants and academicians have offered conceptual frameworks, theoretical models, definitions, terminology, and approaches that might be useful to foundation leaders. But there is little knowledge about what works and what doesn't that is based on, or even informed by, the perspectives of grantees receiving such assistance. What is missing is data about what is happening today and what actually works when it comes to providing assistance beyond the grant.⁴

To help fill that void, this research examines the following questions:

- What are the attitudes and behaviors of foundation CEOs and program staff regarding the provision of assistance beyond the grant?
- What types of assistance are grantees receiving?
- How do grantees view this assistance – and under what conditions do they report that their organizations or programs have been strengthened?
- How can foundations most effectively approach assistance beyond the grant?

To read or download this report, visit: [More Than Money : Making a Difference with Assistance Beyond the Grant](#)

--SOURCE: *Imagine Canada: John Hodgson Library, The Library Update*

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3 NEW WAYS TO MEASURE THE SOCIAL WEB

By Tim Trefan, 2010

This article relays top techniques for measuring the impact of social media. Trefan discusses funnel analysis, engagement tracking, and visitor retention in layman's terms to help organizations understand how to use information from Facebook and Twitter to maximize networking and communication opportunities.



Visit www.mashable.ca to read more on:

- [Marketing in 2010: It's All About the Data](#)
- [Mashable's Social Media Guide for Small Businesses](#)
- [HOW TO: Use Social Media to Retain Customers](#)
- [5 Advanced Social Media Marketing Strategies for Small Businesses](#)
- [4 Ways Social Media is Changing Business.](#)

Although articles focus on small businesses, these tips can translate easily to small nonprofit and voluntary organizations.

--SOURCE: *Volunteer BC: Connector Newsletter, February, 2010*

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BOOK: HIT THE GROUND RUNNING: THE PRESIDENT'S FIRST 100 DAYS

by Bob Harris, CAE and Bill Pawlucy, CAE



An easy-to-read, step-by-step guide filled with tips for incoming presidents. Topics include staff and volunteer management, planning, resources, and organizational structure.

To download this book free, visit:

www.csae.com/PublicUploads/224380hit_the_ground.pdf. (PDF)

--SOURCE: CharityVillage: Village Vibes Newsletter, March 1, 2010

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ONLINE MAGAZINE- THE PHILANTHROPIST RE-LAUNCH

The online magazine, *The Philanthropist*, re-launched with a new look and style this month. The free publication also has some new features and allows readers to be more interactive by posting comments and feedback. The winter issue addresses the tough times that nonprofits are facing, and has articles on such topics as sector innovation, the end of endowments, the view from the ground level, and the emergence of a youth-led sector.

For more information, visit: www.thephilanthropist.ca.

--SOURCE: CharityVillage: Village Vibes Newsletter, March 1, 2010

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CHANGES TO DIAGNOSTIC MANUAL (DSM-IV) UNDER WAY, OPEN TO PUBLIC COMMENT

The American Psychiatric Association (APA) is proposing changes to the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV), used by professionals to diagnose and treat mental disorders including autism, addictions and mental disorders. The manual has not been updated since 1994.

To propose the revisions, 13 expert groups convened at conferences and consulted with more than 200 outside advisers including psychiatrists, neurologists and psychologists to review the latest scientific research in the field.

The new draft proposes adding the category of behaviour addictions, classifying binge eating as separate from bulimia, and broadening the diagnosis of autism to include milder social impairment. The new version is also meant to discourage diagnosis of mild symptoms and recognize conditions that don't fit neatly into a single diagnosis.

The revisions are being posted for public comment on APA's website at DSM5.org until April 20, 2010. If the revisions are adopted, they will be published in the fifth edition of the Diagnostic and Statistical Manual of Mental Disorders, due in May 2013

--SOURCE: CMHA BC Division Newsletter, February, 2010

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Training

WORKING SMARTER FOR CHILD AND YOUTH HEALTH IMPROVING QUALITY OF LIFE IN OUR REGION

It's time to get to work! We are aware that the following pillars are vital to child and youth health:

- Arts & Culture
- Sports & Active Living
- Food Security & Nutrition
- Family Supports
- Economic Development
- Literacy & Education



This interactive workshop is about taking action on these pillars, and we invite you to share your knowledge, expertise and ideas on these themes. You will be joining regional leaders in a dynamic discussion that integrates cutting edge research with innovative practice. This event will be in open space format and facilitated by Chris Corrigan (www.chriscorrigan.com). This means that all participants (including you!) will have an opportunity to present on your areas of expertise (if you choose) and to learn from others.

Date: Wednesday March 17, 2010
Times: 10 am - 3:30 pm
Location: Thompson Rivers University*
Grand Hall (Campus Activity Centre)
900 McGill Road
Kamloops, BC
Cost: FREE; lunch provided
Travel subsidies are available for those from outlying areas

Registration is required. Please contact Sue Lissel:

Email: slissel@interiorcommunityservices.bc.ca
Phone: 250-554-3134 ext.308

*Parking at TRU can be tricky. Please carpool or use transit and arrive early.

--SOURCE: BC Healthy Living Alliance

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FREE WEBINARS ON CANADIAN CHARITY LAW AVAILABLE FROM CLIP

Charity lawyer Mark Blumberg has posted a number of archived webinars originally offered through the Charity Law Information Program (CLIP). During beta testing, the webinars are available for free on Blumberg's website.

Topics include:

- compliance concerns
- governance and risk management
- financial statements
- audits, and more.

The archived webinars will be available for free at www.globalphilanthropy.ca at least until March 30, 2010.

--SOURCE: CharityVillage: Village Vibes Newsletter, February 22, 2010

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CANADAHELPS AND CAPITAL ONE TEAM UP TO FIGHT CHARITY FRAUD

CanadaHelps and Capital One have teamed up during Fraud Prevention Month in March to educate both charities and Canadians about the risks of charity fraud. With the launch of the Charity Fraud Awareness Quiz, they are hoping to educate all Canadians on the signs of charity fraud so donors can be confident their hard-earned money is going to genuine causes.



Participants in the quiz will be entered to win cash prizes to be donated to a charity of their choice. Charities can also sign up for a free webinar featuring the RCMP, Capital One, and CanadaHelps to learn more about charity fraud.

Date: Thursday, March 25, 2010
 Time: 11 am - 12 noon EDT
 Registration: <https://www2.gotomeeting.com/register/905722619>

For more information, and to take the fraud awareness quiz, visit: www.canadahelps.org.

--SOURCE: CharityVillage: Village Vibes Newsletter, March 1, 2010

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WEBINAR: MENTAL HEALTH NEEDS OF STREET-INVOLVED YOUTH

Join Dr Elizabeth (Beth) McKay online as she explores the mental health needs of street-involved youth, based on the results of her study: *Seeing the Possibilities: The Need for a Mental Health Focus Amongst Street-Involved Youth*.



The webinar will focus on:

- The multi-determined nature of mental health challenges in homeless youth (stress of homelessness and pre-existing mental health challenges)
- The complexity of youths' experience pertinent to mental health need (overwhelming distress, resilience and coping strategies)
- The urgent need for increased access to mental health services for street-involved youth

- Skilful intervention to help youth move away from negative coping strategies (such as self-harm or addiction) toward more adaptive strategies (such as building positive relationships).

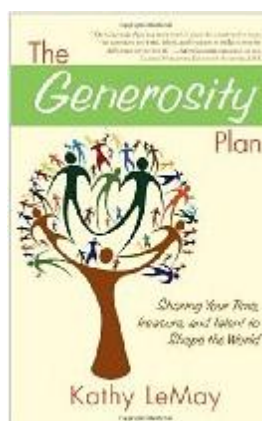
Date: Tuesday, March 9, 2010
 Time: 1 pm EST
 Registration: http://www.wellesleyinstitute.com/events/?event_id=18

To read or download the study, please visit: [Seeing the Possibilities: The Need for a Mental Health Focus Amongst Street-Involved Youth](#)

--SOURCE: *Raising the Roof: Housing Again Bulletin, March, 2010*

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"THE GENEROSITY PLAN" BOOK LAUNCH



Kathy is the founder, president and CEO of Raising Change, which helps organizations raise capital to advance social change agendas and philanthropic individuals with social action planning worldwide.

Date: March 13, 2010
 Time: 2 pm
 Location: Okanagan Regional Library
 Downtown Kelowna Branch
 1380 Ellis St.

--SOURCE: *D. Wilkinson, Kelowna Community Resources*

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RISK WEBINARS FOR NONPROFITS

The 75-minute Webinars (45 minute presentation and up to 30 minutes Q&A) each handle one topic such as:

- How to Read Financial Statements: 30 Questions Anyone Can Learn (with a Director of Finance & Administration)
- Managing the Risk of Uncertain Funding (with chartered accountant)
- Risk-Proofing Volunteer Involvement (with Linda Graff)
- Managing Alcohol and Special Event Risk (latest best practice)
- Managing Employees (with Employment Practices Lawyer)
- HST coming: What You Need to Know (with chartered accountant)

This spring, David Hartley is joined by lawyers, financial consultants and other experts for at-your-desk training designed specifically for the nonprofit sector. From March through June 2010, we will be offering 20 webinars in English and 4 webinars in French.

[CLICK HERE TO SEE FULL SCHEDULE OR TO REGISTER!](#)

NEURONS TO NEIGHBORHOODS

This workshop is for parents, grandparents, aunts and uncles, business people, all interested community child care providers and ECD community practitioners (participation certificates provided upon request for 1.5 hours education). Topics include neurons and nurturing with David Fung & Shan Lavell (local folks), the social determinants of health with Dr. John Millar (PHSA Pop Health), and social policy and community action with Adrienne Montani (First Call). Free event child minding, door prizes, and appetizers.

Our panelists will highlight:

- neurons & nurturing children, health, the role of neighborhoods and social policy
- share stories and research findings to inspire "attachment leadership"

Date: Thursday, 18 March, 2010
Time: 6 pm – 9 pm
Location: Coast Capri Hotel
1171 Harvey Avenue, Kelowna, BC

Please registrater by email: shan@catchcoalition.ca or by phone at 250.868.2413.

Speaker Bios:

DAVID FUNG is an exceptional therapist who works with families at Kelowna Youth and Family Services and in private practice. His work is steeped in attachment science and a long standing connection with Dr. Gordon Neufeld. Dave and Shan worked together at the BC Cancer Agency, Patient & Family Counselling Department where their friendship began.

SHAN LAVELL has been with CATCH since November 2008, after inspiring experiences with social change through the National Cancer Leadership Forum and a long history as a family therapist. Shan's passions are her family, community, attachment science and the social determinants of health. She coined the term 'attachment leadership' to describe how compassionate relationships heal the world.

DR. JOHN MILLAR is the Executive Director, Population Health Surveillance for the Provincial Health Services Authority in British Columbia. Previously he was Vice President, Research & Population Health for the Canadian Institute for Health Information in Ottawa; and the Provincial Medical Health Officer in BC. He has a background of international health experience and a continuing interest in third world health problems, recently having worked on projects in Laos, Trinidad, Brazil, Kosovo, Transcaucasia and Uganda. He received a PhD in Medicine from the University of British Columbia.

ADRIENNE MONTANI is the Provincial Coordinator for First Call: BC Child and Youth Advocacy Coalition. She has served as the Child and Youth Advocate for the City of Vancouver, and as the Chairperson of the Vancouver School Board for three of her six years as an elected school trustee. Adrienne was also the Executive Director of Surrey Delta Immigrant Services Society and of Big Sisters of BC Lower Mainland. She has a long-standing interest in social justice issues, particularly the issues of cross-cultural awareness and racism, and the impacts of social exclusion on women and children in low income families.

Volunteerism

WORKSHOP: OVERVIEW OF VOLUNTEER MANAGEMENT

This 4-day workshop will help improve your organization's ability to attract and retain volunteers. Extensive research has resulted in completely updated materials. Youth volunteerism, adult learning styles, a new communication module and the Canadian, provincial and local volunteer statistics have been added.



Kelowna
Community
Resources

<p>1 VOLUNTEERISM</p> <ul style="list-style-type: none"> Identify trends in volunteerism Consider how trends affect the profession Discuss the role & skills of volunteer managers 	<p>2 COMMUNICATION</p> <ul style="list-style-type: none"> Understanding the complexity of effective communication Expand personal communication skills that will enhance relationships Understand the problem solving / decision making process in managing volunteers
<p>3 PLANNING PROGRAMS</p> <ul style="list-style-type: none"> Explore the purpose of planning programs for volunteers Discuss budgeting Identify record keeping methods 	<p>4 RECRUITMENT</p> <ul style="list-style-type: none"> Explore who volunteers and why Draft position descriptions Enhance knowledge of recruitment strategies Consider social networking in recruiting Explore the implementation & evaluation of recruitment campaigns
<p>5 SCREENING & PLACING</p> <ul style="list-style-type: none"> Learn 10 steps of good screening practices Consider ways to manage risk Understand the importance of interviews Discuss reference checks and records checks 	<p>6 ORIENTATION & TRAINING</p> <ul style="list-style-type: none"> Explore the purpose & methods of orientation & training Discuss adult learning styles Identify ongoing training needs
<p>7 RECOGNITION, RETENTION & SUPERVISION</p> <ul style="list-style-type: none"> Understand the importance of supervision of all volunteers Discuss creative & meaningful recognition Explore the volunteer life cycle Consider how discipline & dismissal apply 	<p>8 VOLUNTEER-STAFF RELATIONS & EVALUATION</p> <ul style="list-style-type: none"> Discuss volunteer-staff relations Consider different types of evaluation Place economic value on volunteer activity

Four day schedule: Days 1 and 2: April 19, 20
 Days 3 and 4: April 26, 27
 Times: 9 am - 4 pm daily
 Cost: \$199
 Registration: 250.763.8008 ext.25 or dawn@kcr.ca

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IMAGINE CANADA AND KCR: VOLUNTEER IMPACT

Mark Wednesday, April 21st, 9:00 am - noon on your calendar for a National Volunteer Week event exploring volunteer stats, trends and implications. Imagine



Canada will present the national and provincial scene. KCR will release survey results concerning local volunteer impact, including economic impact. A local panel followed by audience discussion will focus on ideas to strengthen volunteerism in our community. Stay tuned for additional event details.

--SOURCE: D. Wilkinson, Kelowna Community Resources

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GLOBAL CITIZEN KELOWNA WEEK

Below is a sample of the events taking place during the week of April 18-24, 2010. For event details, click on each link below.

SUNDAY, APRIL 18

The week kicks off with the popular "If the World Were a Village" children's event at Parkinson Rec Centre. Children of all ages will enjoy getting a passport at the door and visiting the countries of the world--a Romanian Bakery, an African Doctor's office, a Mexican Fiesta, an Indian Beauty Salon, a Nepali Mountain Climb, a Swazi Music Studio and many more--all with fun crafts or activities which encourage learning about children-at-risk around the world.



For more details, click: [If The World Were A Village Children's Festival](#)

THURSDAY, APRIL 22

"The 3rd Annual Millennium development Challenge", is a day filled with presentations on 'taking a bite out of the MDGs' and workshops on social justice for high-school students from the Kelowna / West Kelowna region, facilitated by Free The Children's Marc Kielburger.



For more details, click: [Millenium Development Challenge / Social Justice Conference](#)

FRIDAY, APRIL 23

"The Canadian UN-Informal Regional Network Forum" provides Canadian NGOs with Special Consultative Status to discuss and prepare the Canadian NGO position on the 2010 topic to be delivered to the UN High Level Segment.



For more details, click: [Canadian - UN Informal Regional Network Forum](#)

SATURDAY, APRIL 24- 9:00 am to 12:00 pm

"The Canadian UN-Informal Regional Network Forum" Saturday morning will be dedicated to empowering NGOs in the areas of Foundation and Tax Law concerning registered charities, as well as, composing the Canadian position on the 2010 topic which will be delivered to the UN High Level Segment.



For more details, visit: [Canadian - UN Informal Regional Network Forum](#)

"A Taste of Home"- 5 pm to 9 pm

A Taste of Home is a celebration of our culturally diverse community. This annual multicultural food and entertainment festival, being held at the New Life Auditorium 2041 Harvey Avenue, is expanding again this year to include new foods and performances, as well as local poetry and art exhibits.



For more details, visit: [A Taste of Home](#)

--SOURCE: *Global Citizen Kelowna*

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INN FROM THE COLD: INN HOME SUPPORT ADVOCATES NEEDED

The Inn Home Support program was created to help vulnerable individuals in the community end the cycle of homelessness. Volunteer Advocates are a link to the community so that vulnerable people are less likely to fall through the cracks and end up back on the streets. Advocates are trained and carefully matched with a client taking into account their interests, skills and needs.

Each client's needs are different, however, some of the tasks you may engage in could be: visiting, listening, going for walks, meeting for coffee, going grocery shopping, taking client to appointments. Other unique tasks could be: help make a budget, prepare a meal, give ride to food bank, or thrift store.

To sign up as a volunteer, go to: <http://kelowna.cioc.ca/volunteer/details.asp?OPID=428&Number=1>

--SOURCE: *Kelowna Community Resources: Volunteer Opportunities Search*

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VOLUNTEERS FOR PEPTALK NEEDED - CANADIAN MENTAL HEALTH ASSOCIATION

Peer Support Services - PEPTalk - is a volunteer peer support service that provides visits to people experiencing the isolating effects of mental illness. Peers that are supported experience increased confidence, self-esteem and feelings of acceptance and belonging.

We are looking for positive and respectful individuals to model wellness to people experiencing mental illness. Your personal experience with mental illness is essential to the PEPTalk program.

Requirements:

- Willingness to undergo an interview process, intensive training (13 sessions) provided by CMHA and a criminal record check prior to being accepted as a volunteer
- A doctor or mental health professional's recommendation
- Willingness to participate in ongoing training and monthly team meetings
- Own transportation or access to public transportation
- Able to volunteer on average 9 hours per month
- Previous volunteer experience preferred

Please contact Denise Scott, Peer Support Coordinator for more information or send us your cover letter, resume and references by Friday, March 21, 2010 to:

CMHA Kelowna
504 Sutherland Avenue
Kelowna, BC V1Y 5X1
Fax: 250.763.4827
Email: kelowna@cmha.bc.ca

For additional information, please visit: <http://www.kelowna.cmha.bc.ca/>

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SOLES4SOULS: VOLUNTEERS NEEDED

Volunteers are needed for the Soles4Souls shoe sort. Lightly worn shoes that were donated during this drive now need to be sorted prior to being distributed to both organizations serving those in need in our community, as well as those assisting globally in areas like Haiti and Chile.

Date: Tuesday, March 9th, 2010
Time: 9:30 am to 1:30 pm
Location: 109-1641 Commerce St.

If you have a few hours to spare, please email Laurel at beyond50@telus.net with your name, phone number etc .

--SOURCE: L. D'Andrea, *Beyond50 Magazine*



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Do you have news related to the non-profit / voluntary sector that you wish to share with your colleagues? Send Community Information and Volunteer Centre your information at [informkelowna@kcr.ca](mailto:informkelowna@kcr.ca) by the 20th of the month.

This Bulletin is a publication of Community Information and Volunteer Centre. To subscribe or unsubscribe, please send an email to [informkelowna@kcr.ca](mailto:informkelowna@kcr.ca).

Community Information and Volunteer Centre is a program of Kelowna Community Resources. Go to [www.kcr.ca](http://www.kcr.ca) for more information about Kelowna Community Resources and Community Information & Volunteer Centre. Be sure to add or update your volunteer and / or organization information.

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DISCLAIMER

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