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Read the KCR Monthly Bulletin in Web Format Here

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KCR Highlights

- WORKSHOP SERIES: NOURISHING MANAGERS OF VOLUNTEERS
- FACILITATING WORKSHOP: TAKE YOUR SKILLS TO THE NEXT LEVEL
- KCR EMPLOYMENT PROGRAMS APPLY TODAY!
- REGISTRATION IS NOW OPEN FOR THE 2016 OKANAGAN VOLUNTEER OPPORTUNITIES FAIR
- 2016 PUBLICATION UPDATES
- KCR'S MAILING LISTS

Workshop Series: Nourishing Managers of Volunteers

What's in Your Wallet?



Date: Wednesday, June 8, 2016, 12:00 pm – 1:00 pm **Location:** KCR, #120 – 1735 Dolphin Avenue, Kelowna

Cost: Free Register Now

Options when designing a budget for volunteer programs. Who prepares the budget? What input do you have? How can you get to "Yes" for budget approval? What does the budget cover? When the 'pie' gets smaller, what can be done?

-Source: Dawn Wilkinson, Manager, Community Services, KCR, May 2016

Facilitating Workshop: Take Your Skills to the Next Level

Dates: June 8 & 15, 2016, 9:00 am – 12:00 pm

Location: KCR, #120 - 1735 Dolphin Avenue, Kelowna

Cost: \$25 includes BOTH sessions

Facilitator: Kerry Rempel, MBA, BPE, Professor, Okanagan School of Business,

Okanagan College

Register Now

Audience: These two half days are aimed at facilitators who have led training sessions and want to enhance their skills.

Through interactive learning, participants will gain:

- Understanding of training best practices;
- Ability to categorize learning preferences using the VARK approach;
- Ability to recognize key learner behaviours and actions;
- Assessment about how they currently plan training;
- Knowledge about developing learning environments for adult learners;
- Experience with role-plays; and
- Strategies for dealing with challenging participant situations.

-Source: Dawn Wilkinson, Manager, Community Services, KCR, May 2016



Need to get ready for post-secondary training, or improve your Math, reading, and study strategies?

Need better Math or English to get in to a Trade, go back to school, or improve your skills for a better career?

Or...

Are you an immigrant, person with a selfidentified disability, or over the age of 50 and need help seeking employment?



If so, please contact our employment services team at 778.484-5587, employmentservices@kcr.ca, or visit our website at kcr.ca/employment-services for more information on the two, no-cost-to-participant programs.

-Source: Travis Schneider, Manager, Employment Services, KCR, May 2015

Registration is Now Open for the 2016 Okanagan Volunteer Opportunities Fair

Date: Saturday, September 17th, 2016, 10:00 am – 3:00 pm

Location: Parkinson Recreation Centre, 1800 Parkinson Way, Kelowna

Register Now



This annual event — now in its 19th year — draws 75+ local non-profit organizations who need volunteers to support the programs and services that make our community a better place to live. They are looking forward to meeting and talking with new volunteers face-to-face and providing all the information they need to find their volunteering 'home'.

For volunteers, this event represents a one-of-a-kind opportunity to learn about each organization, and how their personal involvement can make a difference in our community. One stop, with all the answers they need to make their choice (Or choices!) on where they will give of their time. At the Fair, we all come together to help make Kelowna a great place to live!

Volunteer Opportunities.

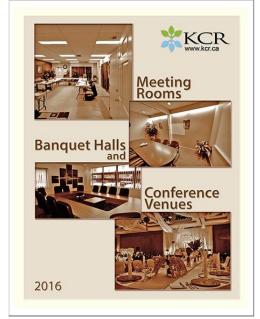
Learn More

-Source: Dawn Anthony, Community Services, KCR, April 2016

2016 Publication Updates

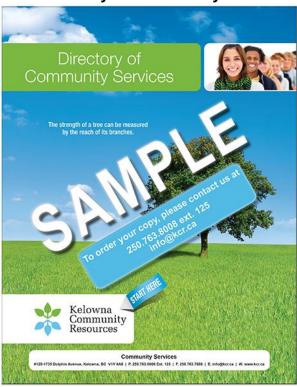
Never miss our on our Publication updates again by signing up to our <u>Publication</u> <u>Update Email List</u>.

Meeting Rooms, Banquet Halls & Conference Venues



Looking to plan a workshop, AGM or fundraiser but don't have the space? Download this go-to Guide if you are planning a fundraising event, workshop, or conference for your non-profit organization. Download your copy today

2016 Directory of Community Services



The Directory of Community Resources is the hard copy version of the online database listings from the communities of Peachland, West Kelowna, Westbank, Kelowna, and the District of Lake Country.

It covers basic needs, community and international services, consumer services, education, environmental quality and public safety, health care, income support and employment, individual and family life services, legal services and criminal justice, and mental health, substance abuse and addictions.

To order your copy, please email info@kcr.ca or call 250.763.8008 ext.121. Please indicate the number of copies you would like, preferred pick-up date and time, and your method of payment (cash/cheque). Each Directory is \$30; taxes are included.

Download all of our Publications at kcr.ca/publications

-Source: Dawn Anthony, Community Services, KCR, April 2016

KCR's Mailing Lists

Monthly Bulletin: Sent electronically each month, plus time sensitive information updated periodically on the website

<u>Publications</u>: Our updated publications will be sent right to your inbox

KCR Workshops: Information about upcoming training opportunities

Adoption Centre of BC: Upcoming information sessions, newsletters and general adoption information

-Source: Kelsey Grmek, IT Coordinator, KCR, June 2014

"We are committed to the further development of a Central Okanagan as an inclusive, welcoming, and vibrant community where immigrants can realize their full potential, racism is eliminated, and cultural diversity is valued and celebrated."

Do you have an event, workshop or news item that you would like the community to know about? Email the details to your LIP coordinator Rawle James at rawle@kcr.ca or visit us on Facebook.

COLIP News

- JUNE 20TH IS WORLD REFUGEE DAY
- WELCOMING COMMUNITIES SUMMIT
- JAMAICAN FARMWORKERS IN THE OKANAGAN SAY WORKING IN CANADA IS "FASTER MONEY, FASTER DEATH"
- 10 MYTHS ABOUT IMMIGRATION
- HOW WE SURVIVED: CHILD REFUGEES GIVEN A STAGE TO TELL THEIR STORIES IN PICTURES
- CHARITIES ON THE HILL

June 20th is World Refugee Day

Date: Monday, June 20, 2016, 4:00 pm – 6:00pm

Location: Downtown Kelowna Library, 1380 Ellis St, Kelowna

"Refugees are people like anyone else, like you and me. They led ordinary lives before becoming displaced, and their biggest dream is to be able to live normally again. On this World Refugee Day, let us recall our common humanity, celebrate tolerance and diversity and open our hearts to refugees everywhere."

- Ban Ki-moon, United Nations

Visit us on Facebook at Central Okanagan LIP or at www.kcr.ca for more details.

-Source: Rawle James, COLIP Coordinator, May 2016

Welcoming Communities Summit

Date: June 17-18, 2016

Location: Okanagan College, 1000 KLO Rd, Kelowna

Cost: \$59
Register Now

The South Okanagan Similkameen Local Immigration Partnership Council is hosting a Welcoming Communities Summit hosted by. The Summit is an opportunity to reach out

to the community with information and directives that we can all influence.

Integration is a two way process. It involves commitment on the part of the immigrants and refugees to adapt to life in Canada and a commitment from Canadians as individuals, employers, educators, and community, to welcome and embrace new population and cultures.

The Welcoming Communities Summit is a step in this process. Our goal is to build an inclusive environment for learning, discussion and growth.

There will be keynote speakers, breakout sessions and cultural celebration. Dialogue will range from employment strategies, to regional history, to future directions of government immigration.

This will be a signature inclusive event that will contribute to uniting our community in our future.

-Source: Radical Action with Migrants in Agriculture, 26 May 2016

Jamaican Farmworkers in the Okanagan say Working in Canada is "Faster Money, Faster Death"

After the tragic death of Sheldon McKenzie, the migrant farmworker who was denied adequate healthcare and died of workplace injuries, Radical Action with Migrants in Agriculture (RAMA) and migrant farmworkers across the Okanagan Valley are expressing their deep concern for risks to workers' health and safety. Sheldon, a Jamaican citizen, had been working in Canada as a temporary agricultural worker for close to a decade. Many of the barriers Sheldon faced accessing healthcare in Ontario are the same as those faced by migrant farmworkers in BC.

Read More

-Source: Radical Action with Migrants in Agriculture, 26 May 2016

10 Myths about Immigration

A quarter of Hamilton's current residents are born outside the country and Statistics Canada anticipates that figure will jump 3 per cent by 2031.

But despite that large percentage, newcomers settling into their lives still encounter discrimination and social exclusion and don't always feel welcome. There are common beliefs and assumptions about newcomers that make their integration more difficult.

The Spectator asked local settlement workers, city staff and ethnic community leaders to highlight the top myths about immigrants they come across. We arrived at 10

common misconceptions and attitudes and looked to address them with recent research.

Read More

<u>International Immigration News</u>

Article on Canadian migration to Kelowna

-Source: The Hamilton Spectator, October 2011

How We Survived: Child Refugees Given a Stage to Tell their Stories – in Pictures

Award-winning French photographer Patrick Willocq has recreated the experiences of children who have fled Burundi and Syria using personalised theatre sets. From perilous journeys to the battle to adapt to new environments, these are their stories.

-Source: The Guardian, 24 May 2016

Charities on the Hill

On May 16, the <u>Canadian Council for Refugees</u> testified before the Senate Committee on National Security and Defence, as part of their study of <u>Bill S-205</u>, An Act to amend the Canada Border Services Agency Act (<u>stream here</u>).

On May 19, <u>Boys and Girls Clubs of Canada</u>, <u>Canadian Council for Refugees</u>, and the <u>YMCAs of Cambridge and Kitchener-Waterloo</u> appeared before the House Committee on Citizenship and Immigration as part of their study of the Federal Government's Initiative to Resettle Syrian Refugees to Canada (<u>stream here</u>).

-Source: Newsletter, Early Alert, Imagine Canada, 24 May 2016

KCR & Volinspire

ORGANIZATION PROFILE UPDATES

Organization Profile Updates

Your profile has had an overall re-design and polish. You may also notice:

• 'Share' button: makes it easy for anyone to share your public-facing profile via social media or by sharing a link. This increases reach and eyes on your profile.

Admin / Management

All admin tasks have been moved into your 'Management' area. You will notice on your organization's profile that:

• 'Edit profile': now takes you to your management area to ensure all administrative tasks are done in the same place and it is clear when you are acting on behalf of your organizations vs. as a citizen / volunteer

So, what do you do with these new changes?

There is one thing you can do that has the biggest impact – add relationships with businesses that support you and write them a quick testimonial.

Why?

- to strengthen relationships with businesses
- to increase business donor retention

How?

- 1. Go to your organization's Management area
- 2. Go to the new 'Business Relationships' page (from menu on left)
- 3. Click 'Add Relationship', choose "A Business" and search
- 4. Note: You can only form relationships with businesses that are currently active users of Volinspire

A few additional changes: We have cleaned up the Management area, which means some pages were merged and some wording changes were made to simplify and clarify what each page offers:

- "Volunteers" page renamed "Recognize & Recruit": recognize existing volunteers (e.g. writing testimonials) and access a list of volunteers that you can recruit that are seeking new opportunities.
- "Recognize" page renamed "Endorsement Requests"
- "Affiliations" page renamed as "Business Relationships"

-Source: Newsletter, Volinspire, 11 May 2016

Aboriginal

- HEALTHY ABORIGINAL NETWORK UPDATES
- CHILD POVERTY IN INDIGENOUS COMMUNITIES
- INDIGENOUS PEOPLE EDITION OF VISIONS AVAILABLE ONLINE
- CULTURALLY SAFE CRISIS SERVICES AVAILABLE IN BC

Healthy Aboriginal Network Updates

Animated Racism Video

We created a video for the Indigenous Youth Wellness Project: Cuystwi at PHSA Indigenous Health. You can check it out on Youtube at or at the Healthy Aboriginal website.

Roots of Racism is about a sister that takes her brother back through time to show him how racist polices developed in Canada. If you like it please consider sharing it!

Community Justice Comic Book

We created a resource last year for the Grand Council of the Crees, who wanted to roll out a new program, but needed help in getting the word out to their communities. The books can be <u>downloaded for free</u> in both English and James Bay Cree.

The story is about a Community Justice Committee, which is a group of volunteers who work closely with police and justice departments on minor and non-violent offences. The idea is that if the police and Crown know about the conflict, and agree to divert the offence to keep it out of the courts, the CJC can help with the resolution.

Suicide Prevention Comic Book

We started to work on a suicide prevention resource to replace Darkness Calls last year, then got bogged down in work. We're getting back to it again, so if you would like to be involved on the team setting up the outline and content, please send an email to sean@thehealthyaboriginal.net.

-Source: Newsletter, Healthy Aboriginal Network, 24 May 2016

Child Poverty in Indigenous Communities

On separate days last week, members of Parliament discussed the issue of child poverty in Indigenous communities. On May 16, Yvonne Jones, Parliamentary Secretary to Minister of Indigenous Affairs, noted that the Minister will work with the Minister of Families, Children and Social Development to "launch consultations with the provinces and territories and indigenous peoples on a national early learning and child care framework as a first step toward delivering affordable, high-quality, flexible, and fully inclusive child care."

On May 17, opposition member Ms. Brigitte Sansoucy <u>referenced the report</u>, <u>Shameful Neglect:</u> <u>Indigenous Child Poverty in Canada</u>, published the same day by the Canadian Centre for Policy Alternatives.

Indigenous People Edition of Visions Available Online

Visions is an award-winning mental health and addictions magazine published by the BC Partners for Mental Health and Addictions Information. The most recent edition focuses on Indigenous mental health, featuring stories from those with lived experience as well as leaders from Indigenous communities around BC. Visions – Indigenous People is now available online — read it today.

-Source: Newsletter, Mind Matters, CMHA, 24 May 2016

Culturally Safe Crisis Services Available in BC

The First Nations Health Authority and KUU-US Crisis Response Services is providing additional crisis line support services for First Nations and Aboriginal people in BC. The new 24-hour crisis line will be available 7 days a week, from anywhere in the province. The crisis line can be accessed toll-free at 1-800-KUU-US17.

Read More

-Source: Newsletter, Mind Matters, CMHA, 24 May 2016

AGM's

• INN FROM THE COLD KELOWNA – AGM

Inn From the Cold Kelowna - AGM

Date: Wednesday, June 15, 2016, 5:00 pm – 7:00 pm

Location: 1157 Sutherland Avenue, Kelowna

Business of the Meeting:

Brief reports of the previous year

Nominations and Elections of Board Members

Question Period (Open floor)

All members of Inn From the Cold will be allowed voting authority. Inn From the Cold Bylaws state: "A person may apply to the directors for membership in the society and on acceptance by the directors shall be a member. All volunteers, donors, and those present at the Annual General Meeting (with the exception of employees of the society) shall be members of the society." (Inn From the Cold Special Resolution to Bylaws, 2015).

Call to Order at 5:30 pm sharp

Should you have any questions or concerns, please contact Jan Schulz at 250.448.6403

-Source: Website, Inn From the Cold, May 2016

Awards

- STANDARDS PROGRAM ANNOUNCES LATEST GROUP OF ACCREDITED ORGANIZATIONS
- ANNOUNCING THE WINNERS OF THE 9TH ANNUAL OKANAGAN ARTS AWARDS

Standards Program Announces Latest Group of Accredited Organizations

Leading the Way: Corporations and Foundations publicly express value of Standards Program accreditation

Imagine Canada, the umbrella for Canada's charities and nonprofits, today welcomed the latest group of 17 organizations to join the growing number of charities and nonprofits accredited under its national Standards Program. This brings the total number of organizations earning this accomplishment to 177 since the Program began in 2012.

"It's no small feat for an organization to earn Standards Program accreditation. It's a rigorous, peer-reviewed process that is meant to build public trust and confidence in the charitable sector," says Bruce MacDonald, President and CEO of Imagine Canada. "The 177 accredited to date reflect a broad spectrum of organizations in size, scope and geography. Each one takes accountability and operational transparency very seriously. We're glad to have them on board."

Newly Accredited Organizations:

- Arthritis Research Canada
- Artspace
- Canadian Mental Health Association Kelowna and District
- Hamilton Community Foundation
- Health in Common
- Humanitarian Coalition
- MS Society of Canada
- Ottawa Humane Society
- Oxfam Canada
- Rick Hansen Institute
- Saskatoon City Hospital Foundation Inc.
- St. Andrew's Residence, Chatham
- Salvation Army in Canada
- The Teresa Group
- Visions of Independence
- YMCAs of Quebec
- YMCA of Okanagan

Read More

-Source: Newsletter, Imagine Matters, Imagine Canada, 31 May 2016

Announcing the Winners of the 9th Annual Okanagan Arts Awards

On Saturday, May 28th, the 9th Annual Okanagan Arts Awards were held. 13 awards were given out at this sold out event hosted by the Habitat in downtown Kelowna.

And the winners are:

Visual Arts: Laurie KossDance: Janessa McGrathMusic: Andrew Judah

Literature: Michael V. Smith
Theatre: Robert Mason-Brown
Time Based Media: Todd Ramsay
Applied Arts: Art Felt Collaborative
Art & Business: Carrie Mayhew

• Business Supporter: The Heritage Retirement Residence

• Emerging Artist: Kelsie Balehowsky

Innovation: Opera Kelowna

• Community Impact: Lake Country Art Gallery

• Lifetime Achievement: Dr. Sharon McCoubrey

Each winner was vetted for their accomplishments according to a set of criteria created by ARTCSO to recognize, foster and encourage excellence in the arts:

- **Public Presentation** Work that has been publicly presented and acknowledged by cultural institutions, organizations or other outstanding practitioners (local, regional, national or international).
- **Peer Recognition** Attained a level of artistic excellence in their chosen discipline as recognized and acknowledged by other practitioners in that same discipline
- Community Engagement How the community and practitioner have previously and/or currently engage with each other – their ideas and their work – as demonstrated by any or all of the following: gained local media attention, favourable peer review, quoted in other sources and/or by other practitioners cultural event attendance, created learning opportunities, like workshops and lectures.
- **Leadership** Practitioner is recognized in the community as a leader in their discipline and/or nomination category.
- **Extended Reach** How the artistic practitioner is putting the Central Okanagan on the map regionally, nationally and internationally.

The winners were feted in style with accompanying performances by Wildson, The Trips, Lucy Hazelwood, Anna Jacyszyn, Loni Moger, Stephen Buck, father and son duo Graham and Aaron Ord, Leah West, Kelly Derrickson and DJ Wolfhous, as well as a live painting / performance by MC & Host Peter Breeze and visual artist Alex Ross. A big thank you to Neil Facey and Barbra Barrett for directing the award showcase and Glen Samuels of Mountain Lake films for creating all the videos of the winners.

ARTSCO would also like to thank all our sponsors and partners who helped make this event possible: the BC Arts Council, BC Gaming Commission, Regional District of the Central Okanagan, Central Okanagan Foundation, JBF Sports, the Habitat, Cool Arts Society, Centre for Arts & Technology, Grant Robinson, Victor Poirier, Jonathan Matlock at Spun Studios, Kylene Hebert, Quail's Gate Winery, Urban Distilleries, Opus Framing & Art Supplies, Gray Monk Winery, Custom Granite Works, Bulk Barn, Wentworth Music, Hudson Rd. Elementary, Steven Venn, Glenna Turnbull, Evan Eisenstadt – event photographer and Jordan Coble for providing a stirring first nations welcome. Last but not least, Gillianne Richards and Emily Hubbard for their leadership and organizational skills that brought all of these pieces together.

For more information on the winners of the 9th Annual Okanagan Arts Awards, please visit artsco.ca

-Source: ARTSCO Arts Council of the Central Okanagan, 30 May 2016

Employment

- KCR EMPLOYMENT PROGRAMS APPLY TODAY!
- EMPLOYMENT INSURANCE SERVICE QUALITY REVIEW

KCR Employment Programs – Apply Today!

Need to get ready for post-secondary training, or improve your Math, reading, and study strategies?

Need better Math or English to get in to a Trade, go back to school, or improve your skills for a better career?

Or...

Are you an immigrant, person with a self-identified disability, or over the age of 50 and need help seeking employment?

If so, please contact our employment services team at 778.484-5587, employmentservices@kcr.ca, or visit our website at kcr.ca/employment-services for more information on the two, no-cost-to-participant programs.

-Source: Travis Schneider, Manager, Employment Services, KCR, May 2015



The Government of Canada is taking action to improve services for Canadians. We have recently launched the Employment Insurance Service Quality Review, a nationwide consultation process with key stakeholders and the public to seek their input on ways to improve services to Employment Insurance (EI) claimants.

We invite you to <u>complete our online survey</u> on this issue. Your feedback will be used to develop recommendations for Ministers to consider in shaping future service delivery improvements that will best meet the expectations of Canadians.

More information on this consultation and a link to the online survey

We look forward to hearing your views and we encourage you to share this link with your network. Thank you in advance for your comments and views on Employment Insurance quality of service.

-Source: Terry Duguid, Parliamentary Secretary to the Minister of Families, Children and Social Development, 31 May 2016

Fund Development

- WHAT SCIENCE TELLS US CAN IMPROVE OUR FUNDRAISING
- EXPAND YOUR FUNDRAISING POSSIBILITIES WITH A DIVERSIFIED APPROACH
- KEEPING IT IN RESERVE: GRANTMAKING FOR A RAINY DAY
- THE GREAT CANADIAN GIVING CHALLENGE
- HOW TO DO DONOR-FOCUSED, SHORT-TERM, HIGH-IMPACT FUNDRAISING
- WHAT INSPIRES DONORS TO GIVE? FIND OUT THROUGH FOCUS GROUPS
- CREATE A FUNDRAISING-FRIENDLY NONPROFIT BOARD
- REPORTING ON "IMPACT" WILL SPUR MORE DONATIONS
- WHAT ARE FUNDERS LOOKING FOR?
- WHY NONPROFIT BOARDS CAN'T IGNORE LOW DONOR RETENTION

What Science Tells Us Can Improve Our Fundraising

If only there was an easy answer to our fundraising woes—too much to do, too little donor loyalty, too many unrealistic expectations. While I don't have the final answer, I do have two suggestions based on science.

Visuals

Those of us who came of age in the early 1970s probably remember the song "If" by Bread. The band talks about a picture being worth a thousand words and then continues, "The words will never show the you I've come to know."

Forty-five years later, those words seem prophetic for fundraisers—especially when it comes to online communications. In our visually focused society, the simple inclusion of a photo can move a social media post from obscurity to at least some notice.

Read More

-Source: Newsletter, Nonprofit Newswire, Imagine Canada, 12 May 2016

Expand your Fundraising Possibilities with a Diversified Approach

In today's fundraising landscape, the possibilities and methods to raise funds for your organization are limitless. The implications? Non-profits have the opportunity to ensure their fundraising is in good working order, with multiple sources of incoming donation revenue. If one revenue stream is not as successful as it was in previous years, another revenue stream will hopefully make up for the loss, creating a balanced approach just as you would do with your own financial investments.

A diversified fundraising program offers advantages to non-profits and having one is becoming a competitive imperative. There are many exceptional organizations for donors to support. Allowing donors to give and connect with your organization in the way that suits them best is growing in importance, most notably as you seek to build relationships with your next generation of core supporters.

Read More

-Source: Newsletter, Nonprofit Newswire, Imagine Canada, 12 May 2016

Keeping it in Reserve: Grantmaking for a Rainy Day

Recent years have seen a gradual but marked shift in philanthropy, from a traditional emphasis on program- or project-focused restricted grantmaking to more flexible funding that enables organizations to build their management infrastructure in addition to (and in support of) delivering programs. This trend parallels the growing awareness within the nonprofit sector of the critical role management capacity plays in an effective and sustainable organization, as publicized by campaigns such as the Overhead Myth,1 essays like "The Nonprofit Starvation Cycle,2" and Dan Pallotta's now-famous TED talk.

While the demonization of overhead and reluctance among many institutional and individual donors to support nonprogrammatic functions certainly still exist, we now have the first stirrings of a potential critical mass of grantmakers, nonprofit leaders, and other sector stakeholders dedicated to breaking the association of overhead with waste and forging a new association of overhead with sustainability and effectiveness.

Read More

-Source: Newsletter, Nonprofit Newswire, Imagine Canada, 12 May 2016

The Great Canadian Giving Challenge

After GivingTuesday 2015, many of our partners asked for an event to engage donors and supporters during the traditionally slow summer period. The Great Canadian Giving Challenge is just that opportunity!

The first challenge in 2015 <u>was a big success</u>, a great way to inspire donations, and it's back now for 2016. It's so easy to get involved because your organization is automatically entered to win with every donation you receive in June.

From June 1 – June 30, every dollar donated to your charity via <u>givingchallenge.ca</u> or<u>canadahelps.org</u>* automatically earns your organization a chance to win a \$10,000 donation!

-Source: Newsletter, GivingTuesday Canada, 12 May 2016

How to Do Donor-Focused, Short-Term, High-Impact Fundraising

When I heard about <u>Infant Crisis Services'</u> simple 10-day fundraising campaign that raised more than \$14,000, I had to learn more.

Jo Lynne Jones, ICS' director of development and communications, graciously answered my questions about this campaign's development, execution, and results over the last seven years. Keep reading to learn how Network for Good customer, Infant Crisis Services' success can be replicated at your organization.

Nancy: Tell me about Infant Crisis Services' \$10 in 10 Days campaign.

Jo: Infant Crisis Services launched 10 Dollars in 10 Days in 2009 as our inaugural digital campaign.

The annual campaign is centered on a brief video that highlights the impact that each \$10 donation makes to ICS and our beneficiaries. The video is pushed out during a 10-day period through targeted emails and social media. We've found it to be a quick, easy, and fun way to motivate our supporters and engage new donors.

Read More

-Source: Newsletter, Network for Good, 19 May 2016

What Inspires Donors to Give? Find Out Through Focus Groups

The key to fundraising is building and maintaining relationships with current and prospective donors. Few organizations focus on learning more about their current donors' philanthropic interests and views of the organization. What nonprofits need most is to understand why stakeholders contribute and what motivates them to share their time, talent, and treasure. One cost-effective method to build and maintain these relationships is a donor focus group.

A focus group is a two-way communication and brainstorming tool that:

- Allows you to obtain deeper insights and diverse, broader perspectives related to a wide range of topics related to your organization.
- Offers an efficient, low-cost strategy to gather authentic data from a group of people for problem solving.
- Help you access your database of donors, volunteers, and clients to create a synergy where others' responses are built upon.
- Increases participation among stakeholders to foster and retain donor loyalty.
- Provides ideas for tailored marketing materials and communications.

Read More

-Source: Newsletter, Network for Good, 19 May 2016

Create a Fundraising-Friendly Nonprofit Board

How to recruit, train and inspire a nonprofit board to embrace fundraising

Did you know that 30% of development professionals who were planning o resign cited problems with their boards as the key reason for their departure? This e-Guide is designed to help you take on this problem head-on with tips and tools you can use to establish, educate, and empower a board that fully embraces fundraising.

Get in-depth insight into creating a fundraising-driven board by focusing on three key areas:

- 1. Setting expectations for board members
- 2. Recruitment and orientation- creating your dream team
- 3. Training, managing, and setting board members up for success

This guide also includes a sample nonprofit board member job description, a sample donor thank you call script and email for your board members to use, and sample board fundraising expectations worksheet.

Download Now

-Source: Newsletter, Network for Good, 26 May 2016

Reporting on "Impact" Will Spur more Donations

Considering we now live in an age where virtually any piece of information is at our fingertips, it should come as no surprise that Canadians have become increasingly interested in seeing how their charitable dollars are being spent. People now want visibility into the impact their chosen charities are making in the world, and it is a charity's ability to drive results which will inspire donors to give more.

In fact, according to a recent CanadaHelps survey of over 5,500 charitable donors, providing access to impact results was deemed far and away the number one way charities could increase a donor's likelihood to give more, with almost three-quarters (73%) of Canadians saying they would likely donate more if they had access to a charity's impact results from the previous year.

Read More

-Source: Newsletter, Imagine Canada LinkedIn Discussions, 2 June 2016

What are Funders Looking for?

When you know one funder, you only know one funder.

Though things can change quite drastically from one funder to the next, in a recent webinar we highlighted major themes that are becoming as common in grant applications as "Include your project budget". To learn even more about what funders are expecting from grantseekers, and access a plethora of hands-on resources, read on and download a recording of this presentation, hosted by our very own Haley MacDonald, Grant Connect's Manager of Research.

Sustainability The concept of sustainability will mean different things to different funders. Some will only review the sustainability of your project, while others are interested in knowing about the sustainability of your entire organization. Either way, sustainability has emerged as a major theme to help reassure funders that the investment they're making will carry on after the grant dollars have run out.

Read More

-Source: Newsletter, Imagine Matters, Imagine Canada, 16 May 2016

Why Nonprofit Boards can't Ignore Low Donor Retention

Whenever I am invited to a nonprofit board meeting for any reason, I make it a point to find out how much of an understanding the board as a whole has of donor retention.

We first explore the knowledge level of their organization's donor retention rate then compare to the nonprofit sector average. This is achieved through a few simple questions to the board often followed by a presentation of the most recent industry data.

For nearly every board I have the honor of addressing, there is absolute shock when they come to the realization that:

"Nearly six out of every ten donors do not give the following year!"

Read More

-Source: Newsletter, Village Vibes, Charity Village, 16 May 2016

Funding Sources

- JANICE LEE BLUE WAVE BURSARY
- CANADA 150 COMMUNITY INFRASTRUCTURE PROGRAM
- LORNE FRASER BURSARY AND SCHOLARSHIP
- SESQUICENTENNIAL GRANT CANADA150
- CALLS FOR PROPOSALS FOR THE STRATEGIC INITIATIVES COMPONENT IN 2016-2017

Janice Lee Blue Wave Bursary

The Janice Lee Blue Wave bursary program invests in the resilience and wisdom of young people who have experienced a mental health or substance use problem. This year, the program will award three awards of \$750 each to students pursuing post-secondary education in BC.

Learn more and apply by June 6th.

-Source: Newsletter, Mind Matters, CMHA, 24 May 2016

Canada 150 Community Infrastructure Program

As part of the government-wide Canada 150 celebrations, the Government of Canada has launched the Canada 150 Community Infrastructure Program, which will invest \$150 million over two years to rehabilitate and improve existing community infrastructure across Canada.

The program is anticipated to support up to 1,800 projects in communities of all sizes and will be delivered nationally through the federal government's regional economic development agencies. It is meant to support the renovation, expansion and rehabilitation of existing infrastructure that provides community and cultural benefits for the public.

Western Economic Diversification Canada (WD), on behalf of the Government of Canada, will deliver the Canada 150 Community Infrastructure Program in Western Canada and will invest \$43.2 million in projects aiming to rehabilitate existing cultural and community infrastructure.

Detailed information on the delivery of the Canada 150 Community Infrastructure Program in Western Canada, including important details on eligibility, application requirements and program priorities, are available on the WD website

Applications accepted from Tuesday, May 24th, 2016 to Wednesday, June 22nd, 2016.

Read More

-Source: Lower Columbia Initiatives, 29 May 2016

Lorne Fraser Bursary and Scholarship

Every year, the Lorne Fraser Educational Fund awards bursaries and scholarships to individuals living with mental illness who are pursuing their education at recognized post-secondary institutions in BC. Since 1982, the fund has helped more than 150 people in British Columbia achieve their post-secondary goals.

Learn more and apply online by June 30th.

-Source: Newsletter, Mind Matters, CMHA, 24 May 2016

Sesquicentennial Grant Canada150

The Sesquicentennial milestone provides an opportunity to shape the future of our city with celebrations, events and projects. To help support non-profit organizations in implementing unique initiatives that will leave a lasting legacy in our community, the City of Kelowna has created the Sesquicentennial Grant.

The intent of the Sesquicentennial Grant is to make a lasting impact that reflects the rich culture of Canada and Kelowna's natural attributes. Projects eligible for the Sesquicentennial Grant must align with at least one of the City's Canada 150 identified themes:

- Embrace, preserve and celebrate the natural assets of Kelowna including the lake, trails, landscape and four season recreational opportunities;
- Celebrate cultural diversity and freedom;
- Empower our youth to shape the community they desire;
- Honor the history of our region and the prominent people and events that connect us:
- Recognize and celebrate the rich history and knowledge of Indigenous nations who continue to be an integral part of our community; and
- Lay the groundwork for innovation that will strengthen our community.

Second Intake Date: October 31, 2016. There is no guarantee of funding for the second intake.

Non-profit organizations are eligible for matching funds of up to 50 per cent of total project costs up to \$15,000. Matching funds must be identified in the application process and may consist of cash, in-kind-volunteer hours and/or materials and equipment.

For full details, please read the Sesquicentennial Grant Application Guidelines

<u>Sesquicentennial Grant Application Form</u> or <u>Download an Application Form</u>.

Questions? Contact us at canada150@kelowna.ca.

-Source: Newsletter, City of Kelowna, 19 April 2016

Calls for Proposals for the Strategic Initiatives Component in 2016-2017

The Canada Cultural Investment Fund (CCIF) will issue two calls for proposals for its Strategic Initiatives component in 2016-2017.

Applicants must submit their application no later than **September 15, 2016** for projects starting April 1, 2017

For more information on the component's objectives, eligibility criteria and forms to be completed, please visit pch.gc.ca/eng/1269288468775 or contact the program at 819.997.3955 or toll free at 1.866.811.0055 or by email.

-Source: Canadian Heritage CCIF (PCH/PCH), 5 February 2016

Housing

- SENIORS' HOUSING INFORMATION SESSION
- PEACHLAND SENIORS HOUSING OPTIONS INFORMATION SESSION
- <u>DISCERNING 'FUNCTIONAL ZERO': CONSIDERATIONS FOR DEFINING AND MEASURING AN END TO HOMELESSNESS IN CANADA</u>
- NO ONE TURNED AWAY: CHANGING THE LAW TO PREVENT AND TACKLE HOMELESSNESS
- HOUSING FIRST: RETENTION & RECOVERY
- BEYOND TOKENISM: THE POWER OF LIVED EXPERIENCES
- TODAY, WE RELEASE THE CANADIAN DEFINITION OF YOUTH HOMELESSNESS
- ELDERS IN RECOVERY: LOCKED IN POVERTY AND OUT OF A HOME

Seniors' Housing Information Session

Date: Thursday, June 9, 2016, 10:00 am – 11:00 am

Location: Seniors Outreach & Resource Centre, #102 - 2055 Benvoulin Court, Kelowna

This free information session will cover the various housing options available to seniors, including Subsidized Housing, Supportive Living, Assisted Living, and Residential Care. An Interior Health representative will also be present to help answer long term care questions. This session is provided monthly.

Registration is required for this free event. Please call 250.861.6180 or email senior@telus.net.

-Source: Judy Dow, Regional Coordinator, Seniors Outreach & Resource Centre, 31 May 2016

Peachland - Seniors Housing Options Information Session

Date: Wednesday, June 8, 2016, 10:00 am – 12:00 pm

Location: Peachland Wellness Centre, 4426 5th Street, Peachland

Judy Dow of Seniors Outreach will provide information about various housing and resource options available to seniors in our communities. Please bring your questions, stories and concerns about seniors' housing.

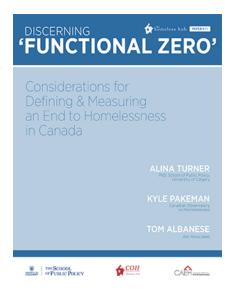
Time for discussions will be made in order to assist you with your decision-making. Seniors Outreach strives to provide accurate and pertinent information for seniors and their families.

-Source: Newsletter, Peachland Wellness Centre, 20 May 2016

Discerning 'Functional Zero': Considerations for Defining and Measuring an End to Homelessness in Canada

What does 'ending homelessness' mean and how do communities know if they've reached that goal? A new national definition of "Functional Zero" hopes to answer these questions. Today, the Canadian Observatory on Homelessness, the University of Calgary School of Public Policy and the Canadian Alliance to End Homelessness, have created a proposed framework for defining "Functional Zero": Discerning 'Functional Zero': Considerations for Defining and Measuring an End to Homelessness in Canada.

The notion of ending homelessness has begun to shape public policy and community-based responses towards greater accountability and evidence-based decision making. While great success has been achieved, actually ending homelessness is another matter. Policy makers, federal agencies, system leaders, and practitioners alike have all come to understand that an end to homelessness means something other than an absolute end – rather, a "functional" end, or achievement of "functional zero".



Read More

-Source: Newsletter, Homeless Hub, 16 May 2016

No One Turned Away: Changing the Law to Prevent and Tackle Homelessness

Homelessness legislation should serve as an important safety net to help protect some of the most vulnerable people in our society. However as the law in England stands, single homeless people who go to their councils for help can be turned away because they are not deemed to be a priority. This can be catastrophic for individuals, trapping them in homelessness for far longer, and is costly for local and national government.

In response to the urgent situation in England, Crisis convened an independent panel of experts from across the homelessness sector, including lawyers, an academic, local authorities, housing association sector representatives and homelessness charities to assess the strengths and weaknesses of the current homelessness legislation.

Read More

-Source: Newsletter, Homeless Hub, 26 May 2016



Housing First: Retention & Recovery

Dr. Sam Tsemberis traces the history of the Housing First model and its tremendous successes for the chronically homeless, in spite of the wariness and disbelief that he and his team faced from colleagues. Sam emphasizes the importance of the program's core values for continued successful implementation nationwide today.

Listen Now

-Source: Newsletter, t3 Podcast, 18 May 2016

Beyond Tokenism: The Power of Lived Experiences

Ayala Livny shares the expertise that she's found in the young people who are experiencing homelessness that she has worked with for over eleven years.

Listen Now

-Source: Newsletter, t3 Podcast, 25 May 2016

Today, we release the Canadian Definition of Youth Homelessness

Youth homelessness is distinct from adult homelessness in terms of its causes and conditions. Few young people choose to be homeless, nor wish to be defined by their homelessness. It's a complex social issue because as a society we have failed to provide young people and their families with the necessary and adequate supports that will enable them to move forward with their lives in a safe and planned way.

"Youth homelessness" refers to the situation and experience of young people between the ages of 13 and 24 who are living independently of parents and/or caregivers, but do not have the means or ability to acquire a stable, safe or consistent residence.

Read the full definition

"OF COURSE we need a separate definition for youth homelessness!"

<u>Learn more</u> about why a common definition of youth homelessness is important in this blog post from Dr Stephen Gaetz.

-Source: Newsletter, The Homeless Hub, 31 May 2016

Elders in Recovery: Locked in Poverty and Out of a Home

With over 50 years of mental health recovery, I was flourishing. In my mid-fifties, I had my first full time job in years. I was working using knowledge and experiences from academic training and my personal recovery. I felt secure in my ability to overcome life challenges. I was proud of the effort I invested in my recovery and my work with a group of knowledgeable and passionate folks helping others overcome the challenges of homelessness, mental illness, trauma, and substance abuse.

However, my success and my valued role were short lived. As I was enjoying my life's lot, chronic illness began to steal my mobility. Age and obesity-related chronic illnesses slivered in, sprouting new challenges. Physical challenges and illness were now front and center crowding out my dreams of security and well-being. The physical challenges replaced my progress with mental health recovery. My anxiety skyrocketed—bringing new meaning to the word "challenges." My ability to hold down a full-time job ended too quickly. Try as I might, working full time, paying rent, and maintaining stable housing dwindled. (Read Gloria's thoughts on the federal commitment necessary to end homelessness.)

Read More

-Source: Newsletter, t3, 31 May 2016

Local

- RUTLAND TRAFFIC IMPROVEMENT FEEDBACK
- CREATING A COMMUNITY FOR ALL AGES
- SONGSHINE KELOWNA SINGERS CONCERT & DINNER
- A COMMUNITY CONVERSATION ABOUT CHILD & FAMILY POVERTY
- THE 12TH ANNUAL SENIORS SAFETY FAIR
- PUBLIC FORUM: BRIDGING TRANSITIONS IN THE MENTAL HEALTH AND SUBSTANCE USE SYSTEM
- INTERIOR SAVINGS FAT CAT CHILDREN'S FESTIVAL
- 2016 MOTIONBALL MARATHON OF SPORT
- INCLUSION, CITIZENSHIP & DEMOCRATIC PARTICIPATION
- CREATIVE AGING DAY
- SHOPPERS DRUG MART RIDE DON'T HIDE JUNE 26
- MOUNTAIN BIKING IN JULY-AUGUST
- ART ADVENTURES 2016
- MISSION PAINTERS "ART BY THE LAKE" SHOW
- SHAKESPEARE KELOWNA PRESENTS ROMEO AND JULIET
- FISHING FOREVER 2016
- COMMUNITY FOOD CALENDAR
- BREASTFEEDING ART EXPO CALL FOR SUBMISSIONS FOR INDEPENDENT ARTWORKS
- NEW MENTAL HEALTH HOTLINE LAUNCHED FOR OKANAGAN FAMILIES
- WALK-IN COUNSELLING MENTAL HEALTH & SUBSTANCE USE
- ABSTRACT PAINTINGS AT YLW EMBODY OKANAGAN LIGHT

Rutland Traffic Improvement Feedback

On May 25, City staff hosted a public information session to discuss with local residents, priorities for traffic calming improvements for the area east of Rutland Road between McCurdy Road and Highway 33.

Residents who were unable to attend the open house can view the display panels online and provide feedback from May 25 – June 8 at <u>getinvolved.kelowna</u>.

-Source: Newsletter, City of Kelowna, May 2016

Creating a Community for All Ages

Join the discussion May 24 to June 13 online.

Like many cities, Kelowna is grappling with how to build a vibrant, healthy and sustainable city in the face of challenges such as climate change, a growing prevalence of chronic health conditions and an aging population.

Built environments are the places and spaces in which people live, work, play and learn. Strategically designed homes, neighbourhoods, schools, streets, workplaces and parks can reduce obesity and chronic diseases such as heart disease and diabetes, as well as improve

general well-being and social connections for residents.

"How communities are planned and built, and the services and resources provided within them, directly impacts people's physical and social health," said Doug Gilchrist, City of Kelowna, Community Planning Divisional Director. "As part of the Healthy City Strategy, City of Kelowna community planners and Interior Health public health practitioners are working together with a focus on the first of six themes areas: A Community for All Ages."

Residents are invited to join the discussion and identify the challenges and opportunities to create a city that is healthy, safe, active and inclusive for seniors, children and those with diverse abilities.

"When strategically planned and developed, a healthy built environment will reduce the burden on health services while increasing the health of our citizens," said Dr. Sue Pollock, Interior Health, Medical Health Officer.

The City of Kelowna and Interior Health have partnered to develop the Healthy City Strategy, a long-term, integrative plan that focuses on healthy places and spaces, community health, and quality of life for all Kelowna residents.

-Source: Newsletter, City of Kelowna, 16 May 2016

SongShine – Kelowna Singers – Concert & Dinner

Date: Sunday, June 5, 2016, 5:00 pm

Location: Seventh Day Adventist Church Hall, 1130 Springfield Road, Kelowna

Cost: \$20 at the door

The Songshine Singers are presenting a concert "Come Share the Lord" and dinner with St. Paul's Choir and the Gospel Praise Choir.

SongShine-Kelowna is a voice therapy group. Strengthening your voice with music is known to assist voices weakened from Parkinson's Disease, stroke, neurological disorders or aging. SongShine Kelowna is sponsored by St. Paul's United Church.

For further information please contact the group's choir leader Sylvia Clerke at 250.869.9323 or syma1943@gmail.com.

-Source: Peter Baigent, 22 May 2016

A Community Conversation about Child & Family Poverty

Date: Monday, June 6, 2016, 9:30 am

Location: Hollywood Road Education Centre, 1040 Hollywood Rd S, Kelowna

Cost: Free Register Now

The Early Years Table is pleased to be bringing together key stakeholders for a conversation to further discuss the unique needs and experiences of young children and families affected by

poverty in the Central Okanagan.

Join with CATCH, Success By 6 and Aboriginal CATCH for a conversation focusing on next steps toward influencing policy to benefit the early years and potential collaborative actions we can take locally to make a difference for poverty affecting young children and families.

The next steps for our community will be determined by the outcomes from this conversation and interested stakeholders. This will be a community-driven process based on key stakeholder input, available community resources, and opportunities. Steps could be looking at how we can influence development of a poverty reduction plan for BC and what we can do collectively about poverty in our local community.

This conversation is inspired by guest speakers Adrienne Montani, Provincial Coordinator of First Call – BC Child and Youth Advocacy Coalition and Trish Garner, Community Organiser of the BC Poverty Reduction Coalition at our April 19th Early Years Network Gathering we are hosting a community conversation on this topic. To see the presentations and additional resources, please click here.

More Information

-Source: Newsletter, CATCH, 30 May 2016

The 12th Annual Seniors Safety Fair

Date: Wednesday, June 8, 2016, 9:30 am – 1:00 pm

Location: Trinity Baptist Church, 1905 Springfield Road, Corner of Spall & Springfield

Explore over 50 different exhibits focused on the well being of seniors. Service Canada, Osteoporosis Canada, Pursuit Fitness, Kelowna RCMP, Society of Learning in Retirement, Can Am Mobility, and so much more!

- Door Prizes!
- Table prizes!
- Free Refreshments provided by Baptist Housing
- Free Hearing Screenings by NexGen Hearing
- Free Health Checks

Presentations:

Canada Pensions, 10:00 am – 10:30 am Connect Hearing, 10:30 am – 11:00 am Isobel MacKenzie, BC Seniors Advocate, 11:30 am – 12:30 pm

-Source: Vi Sorenson, Executive Director, Seniors Outreach and Resource Centre, 16 May 2016

Public Forum: Bridging Transitions in the Mental Health and Substance Use System

Date: Wednesday, June 8, 2016, 5:30 pm – 8:30 pm **Location:** CMHA Kelowna, 504 Sutherland Ave, Kelowna

Register Now

People talk about 'falling through the cracks' when trying to get help for their mental health problems. The most cracks appear when people are transitioning from one part of mental health and substance use services to another. Please participate in this forum to help us look at these transition points to determine how we can improve services for easier access.

More Information:

Charly Sinclair 250.861.3644, charly.sinclair@cmha.bc.ca

If parking is full at CMHA Kelowna, please park at the Cathedral Church of St. Michael and All Angels, 608 Sutherland Avenue.

-Source: Charly Sinclair, Project Coach, CMHA Kelowna, 11 April 2016

Interior Savings Fat Cat Children's Festival

Date: Friday & Saturday, June 10-11, 2016

Location: Waterfront Park, Kelowna

Cost: \$5 per person or \$15 per family of 4 people. Early Bird Family Passes can also be

purchased for \$10 at any Interior Savings Branch starting in May.

Friday, 8:30 am - 2:30 pm

Open to schools and the public. Schools and kids from throughout the region, including SD #23 schools, private schools and home-schoolers, participate in a full day of top notch entertainment and hands-on activities. Programming for this day is geared to both primary and intermediate elementary-aged children (grades K-6) but it is also an awesome experience for preschoolers to enjoy.

Saturday, 10:00 am - 11:30 am

Fat Cat Children's Festival Parade, Everyone really does love a parade – especially one that not only engages kids as spectators but has them as active participants. Kids join the Kiddie Brigade and you can be the Grand Marshall of the whole shebang!

Saturday, 11:00 am - 4:00 pm

The Fat Cat Festival everyone knows and loves with more stage performances, more street performers and more hands-on activities. A great day for the family – including all of its generations – to enjoy together.

More Information

-Source: Interior Savings Fat Cat Children's Festival, May 2016

2016 Motionball Marathon of Sport

Date: Saturday, June 11, 2016 **Location:** City Park, Kelowna

Register Now

The 2016 Motionball Marathon of Sport Kelowna presented by Interior Savings will welcome 28 teams of young professionals for a fun-filled day of athletic competition in support of the Special Olympics Canada Foundation!

Participants will be joined by local Special Olympics British Columbia athletes from the community, and together as a team they will compete in a variety of sports & activities including soccer, football, volleyball, basketball, foosball and more!

The playing field isn't the only place where athletes will compete. Each team of 10 participants will raise a minimum of \$1600 (\$160 per person) through pledges. Thanks to our National Apparel Sponsor, Under Armour, participants will also have the chance to take home amazing fundraising incentive prizes!

-Source: Motionball, May 2016

Inclusion, Citizenship & Democratic Participation

Date: Wednesday, June 15, 2016, 10:00 am – 4:00 pm

Location: UBC Centre for Inclusion and Citizenship - Vancouver & Kelowna

Cost: Free

Pre-registration required to cic.ubc@ubc.ca before noon on June 13th

With the BC Provincial Election one year away, we'd like to invite you to join us for an important beginning dialogue about increasing the participation of people with intellectual disabilities to:

- Become more politically aware
- Have full access and support to Vote
- Engage in political debate and
- Keynote Address by Nathan Despott, Inclusion Melbourne

Inclusion Melbourne is currently investigating the citizenship journey. Nathan has been working in the area of voting and citizenship to explore ways people with intellectual disability can experience enhanced levels of democratic participation. Although voting is just one small part of this theme, he is working to develop a practice model to help guide people through a process of initial self-awareness of citizenship, to political awareness, to supported voting.

Hear from the Centre for Inclusion and Citizenship and a variety of partners to explore changes to Elections BC and Canada, formal and informal examples of best practice, and help us design an awareness campaign.

What can we do collectively to support self advocates, their families and supporters to participate in political life leading up to the 2017 Provincial Election?

Please join us if you are a self- advocate, family member, service providing organization, advocate, policy maker, educator, government representative or an elected official.

Nathan will be present at the Centre for Inclusion and Citizenship at UBC Vancouver and participants attending at the CIC in Kelowna will join by video-conference.

Centre for Inclusion and Citizenship, UBC-O, Kelowna

Arts Building, Room ART103, 1147 Research Road, Kelowna RSVP to cic.ubc@ubc.ca

Questions? 604.822.5872

-Source: Twitter, Centre for Inclusion and Citizenship, UBCO, June 2016

Creative Aging Day

Date: Friday, June 17, 2016, 10:00 am – 4:00 pm

Location: Rotary Centre for the Arts, 421 Cawston Avenue, Kelowna

Cost: Free

Join us and bring your friends! It's the Okanagan's third annual Creative Aging Day at the Rotary Centre for the Arts. Both health educators and community members attend this well received event!

Some of this year's participants include: Ukulele Mamas, Caring Clowns of Central Okanagan, Quilters, Calligraphers, Self-published Books: Traveling Grannies without GPS, Maritime Travel, Kelowna Community Chorus, Merrie Piper's Recorder Orchestra

More Information

-Source: Newsletter, Rotary Centre for the Arts, 1 May 2016

Shoppers Drug Mart Ride Don't Hide – June 26

Join us on June 26th to break the stigma surrounding mental illness and to raise funds for essential mental health programs (all while enjoying fresh air and exercise!) Cyclists of all levels are invited to join the movement — find a ride near you and register today.

-Source: Newsletter, Mind Matters, CMHA, 24 May 2016

Mountain Biking in July-August

With summer coming quickly we are looking for participants for our Live to Ride mountain bike program.

This program starts out by teaching the fundamentals of mountain biking and then progresses into riding some great local trails, and has 2 days of riding at the Silver Star Mountain Bike Park! 2 rides per week for 7 weeks has the participants coming out of the program with a new passion and big smiles! It will run from early July – late August and we would love to fill all 12 spots available.

Sign Up Now

-Source: Newsletter, Elevation Outdoors, 5 May 2016

Art Adventures 2016

Join us for a creative adventure this summer! Make unique art, new friends, and create memories that will last a lifetime.

During the months of July and August, the Kelowna Art Gallery will be offering a variety of half-day and full-day art camps for children ages 3 to 12. Camps will be taught by local artists, and some classes will also include special visits by guest artists. Each week will be different and incorporate unique drawing, painting, sculpture, and mixed media projects. Programs emphasize self expression, and allow young artists to discover and create in a lively studio environment complimented by outdoor fun.

You may sign up just for the morning session at the Art Gallery, just the afternoon session with Bumbershoot, or make a day of it and sign up for both sessions!

Sign Up Now

-Source: Newsletter, Kelowna Art Gallery, 31 May 2016

Mission Painters "Art by the Lake" Show

Dates: Saturday & Sunday, July 9-10, 2016, 10:00 am – 4:00 pm

Location: Okanagan Mission Activity Centre, 4398 Hobson Rd, Kelowna

Art media includes watercolour, oil, acrylic – with a variety of subjects. Door prizes and refreshments.

For more information, contact Sheila at 778.821.1386.

-Source: Mission Painters, 1 May 2016

Shakespeare Kelowna presents Romeo & Juliet

Dates: July 20-23, 27-30, 7:00 pm

Location: Okanagan Villa Estate Winery, 3240 Pooley Road

Cost: \$25 Senior & Student / \$30 Adult

Tickets: kelownatickets.com or call Kelowna Tickets Box Office a 250.862.2867.

For our Shakespeare Kelowna 2016 season, we are excited to present Romeo and Juliet, our fifth outdoor summer Shakespeare production at the spectacular Okanagan Villa Estate Winery's open air stage in the heart of East Kelowna's wine country.

Romeo and Juliet is a tragedy written by William Shakespeare early in his career about two young star-crossed lovers whose deaths ultimately reconcile their feuding families. It was among Shakespeare's most popular plays during his lifetime and, along with Hamlet, is one of his most frequently performed plays. Today, the title characters are regarded as archetypal young lovers.

This summer's production is directed by long-time theatre instructor, producer and director Neal Facey.

-Source: Wendy Sanderson, Theatre Publicity, 31 May 2016

Fishing Forever 2016

Date: Saturday, July 23, 11:00 am – 2:00 pm

Location: Heritage Park, Beach Avenue, Peachland

Event includes a BBQ, trophies and prizes. It is for anyone with any handicap of all ages and everything is supplied.

More Information

Al Springer 250.767.2287, aspringer@telus.net

-Source: Al Springer, 25 May 2016

Community Food Calendar



This month is a Look back Collage of some of the agencies featured in the past including the much missed Metro Central Building. This edition of the Community Food Resource Calendar is the final issue of the regular monthly circulation.

Download Now

-Source: Donna Christison, Public Health Nursing, Outreach Urban Health, 1 June 2016

Breastfeeding Art Expo – Call for Submissions for Independent Artworks

The Breastfeeding Art Expo is an art show that will tour the Interior Health Region (Thompson-Cariboo Shuswap, the Kootenays and the Okanagan) in 2017-2018. We are looking for independent breastfeeding artworks, to complement the 15 community art pieces already in process.

Any age can apply! We are open to a variety of kinds of art. This is your chance to see your art displayed alongside the community art pieces and other artists' work, and recognized in the Expo Art Catalogue and online at the virtual Expo.

For more information:

- Go to "CALLS" section at www.breastfeedingartexpo.ca
- Or contact the Project Coordinator at karen.graham@interiorhealth.ca or call 250.868.7846

Start creating now! The deadline is September 15th, 2016.

The Expo is hosted by Kelowna Community Resources in partnership with Interior Health.

-Source: Karen Graham, Public Health Dietitian, Interior Health, 30 May 2016

New Mental Health Hotline Launched for Okanagan Families

One in five Canadians will experience a mental health problem at some point in their life, according to the Canadian Mental Health Association (CMHA). It's the organization's mission to help people get the right level of support at the right time and that's why the Kelowna branch has launched a new program to help families in the interior looking for mental health support.

CMHA Kelowna along with the Interior Health Authority (IHA) announced Monday the launch of its Supporting Our Families: Interior Region Family Navigation Project.

"This is an important resource for families who may not know where to turn for help," said CMHA Kelowna executive director, Shelagh Turner in a news release.

Director of community engagement and fundraising, Candace Giesbrecht, said the project will make access to mental health and substance use supports more accessible. That means parents and caregivers with kids up to age 25, who are unsure how to find mental health services or information about mental health and substance use issues, can now call a toll-free number to connect with a family navigator.

Read More

-Source: Global Okanagan, 30 May 2016

Walk-In Counselling – Mental Health & Substance Use

Location: 2nd floor, 1340 Ellis St, Kelowna

Hours of Operation:

Mon/Wed/Fri: 9:00 am - 11:30 am Tues/Thurs: 1:00 pm - 3:00 pm

We provide a same-day counselling session with qualified professionals free of charge. No appointment necessary. You may return.

Who is this service for?

This service is for someone who wants quick access to counselling. It is for people experiencing emotional and mental upset that may arise from a variety of situations and who want support or assistance in problem solving.

What happens in the appointment?

- This service provides a 60-minute counselling session with a qualified mental health professional and team support.
- You will see an individual clinician for 40 minutes who will then step out to consult with a team. This team approach provides extra perspectives on your concern.
- Assistance with: mental health concerns, life stressors, family & relationship stress

**This is not ongoing counselling with the same clinician but you may return to this service when you need it. People find they become attached to the service team, not necessarily one clinician.

-Source: Jason McCarty, Mental Health & Substance Use, Integration and Strategic Services, 1 June 2016

Abstract Paintings at YLW Embody Okanagan Light

Dates: May 9 - November 7, 2016

Location: Kelowna Art Gallery's satellite space, Kelowna International Airport

Sunshine has long been a topic celebrated by all kinds of artists – classic songs ranging from The Beatles' Good Day Sunshine to John Denver's Sunshine On My Shoulders, to Donovan's unforgettable groover Sunshine Superman, all pay tribute to the light from that big old glowing orb in the sky. It is all the more fitting that when Okanagan artist Heidi Thompson received a commission to create work for the Kelowna Art Gallery's space at the Kelowna International Airport she chose to explore the light of the Okanagan. She created five large-sized abstract canvasses, all containing lots of yellow – along with other colours. The texture on each is an important added element. The multi-panelled installation is entitled OK Sunshine and is currently on view at YLW until November 7, 2016. As people pass by the works on their way to the security check area of the departures wing at the airport, they may perhaps get a sense from her work of the distinctive Okanagan light.

Thompson was born in Vernon and has been living in Coldstream since 1982, where she has worked as an art educator and illustrator. She was trained in Europe in the 1970s and 80s, and works as an abstract painter. Thompson is also the editor of the award-winning book Recapitulation: A Journey, by Sveva Caetani, who was a Vernon-based artist.

-Source: Joshua Desnoyers, Marketing and Events Coordinator, Kelowna Art Gallery, 17 May 2016

National

- HOW OTTAWA CAN GET ITS SOCIAL INNOVATION ACT TOGETHER
- LARGER TAX CREDITS FOR CHARITABLE DONATIONS WOULD COST OTTAWA \$1.7B MORE THIS YEAR
- CHARITIES ON THE HILL

How Ottawa can get its Social Innovation Act Together

Governor General David Johnston has issued a call to build a smarter, more caring nation, and Canadians are responding. Although they're not synonymous, 'smart' and 'caring' still go hand in hand. As Canada faces increasingly complex social, ecological and economic problems, there is an urgent need to find smarter ways to care and become more caring as we grow smarter. But 'smart' and 'caring' still largely live in separate worlds; one seems to be organized around "economic development" and the other around "social development."

The recent federal budget is instructive: Its goal of 'building stronger communities' is not linked to 'building an innovative country.' What if Canada's innovation incentives, networks and policy conditions also were made available to, and optimized for, organizations advancing the wellbeing of seniors, youth-at-risk and indigenous peoples? As we look to strengthen Canada's innovation networks and clusters, R&D centres, incubators and accelerators, now is the time to also expand capacity to achieve inclusive growth, a better future for indigenous peoples, and a fairer Canada. Canada needs an all-society approach to innovation.

Read More

-Source: Newsletter, Nonprofit Newswire, Imagine Canada, 6 May 2016

Larger Tax Credits for Charitable Donations Would Cost Ottawa \$1.7B more this Year

A private members' bill that seeks to extend more generous tax credits to charitable donations would cost the government an extra \$1.7 billion this fiscal year, a new report has found.

And the cost would only go up from there.

The Parliamentary Budget Officer released the results of its cost assessment on the proposed changes on Tuesday morning, finding that extending the same tax credits that exist for political donations to charitable ones would set federal coffers back significantly.

Under the current rules, Canadians get a 15 per cent tax credit for donations of less than \$200, while those who clear that threshold get 29 per cent of their donation back.

But when it comes to political contributions, things get far more generous.

- Political donations up to the first \$400 receive a 75 per cent tax credit
- The subsequent \$350 entitles the donor to a tax credit of 50 per cent
- All amounts above \$750 receive a tax credit of just over 33 per cent

Conservative MP Ted Falk has argued the disparity is unfair and puts charities at a disadvantage. He tabled the private members' bill in February to close the gap, saying it would encourage more Canadians to give to charity.

Read More

-Source: Global News, 31 May 2016

Charities on the Hill

On May 3, <u>Habitat for Humanity Iqaluit</u> and <u>Habitat for Humanity Canada</u> testified before the Senate Committee Aboriginal Peoples, as part of their study on best practices and on-going challenges relating to housing in the North (<u>stream here</u>).

On May 3, the House Committee on Justice and Human Rights heard testimony from Dying with Dignity Canada and the Christian Legal Fellowship, as part of its study of Bill C-14, Medical Assistance in Dying (stream here).

On May 5, the House Committee on Environment and Sustainable Development heard from the <u>Nature Conservancy of Canada</u> and the <u>Canadian Parks and Wilderness</u> <u>Society</u> as part of their study on federal protected areas and conservation objectives (<u>stream here</u>).

On May 10, the House Committee study on Federal Protected Areas and Conservations Objectives will feature testimony from Nature Canada, Ducks Unlimited Canada, and the Canadian Wildlife Federation (stream here).

On May 10, <u>Canadian Association for Community Living</u> and <u>Council of Canadians with Disabilities</u> will appear before the Senate Committee on Legal and Constitutional Affairs, as part of their study of Bill C-14, Medical Assistance in Dying (<u>stream here</u>). On May 11, the committee will hear from the <u>Centre for Addiction and Mental Health(stream here</u>)

On May 11, <u>HealthCareCAN</u> will testify at the Senate Committee on Social Affairs, Science and Technology as part of their study on the issue of dementia in our society (<u>stream here</u>).

On May 12, the Senate Committee on Banking, Trade and Commerce will hear from the <u>C.D. Howe Institute</u> as part of its study on the issues pertaining to internal barriers to trade (<u>stream here</u>).

-Source: Newsletter, Early Alert, Imagine Canada, 9 May 2016

Provincial

- ADMINISTRATIVE SAVINGS FROM SCHOOL DISTRICTS BEING DIRECTED BACK TO STUDENTS
- NEW RCY REPORT: A REVIEW OF YOUTH SUBSTANCE USE SERVICES IN BC
- BC GOVERNMENT APPOINTS ADVISORY COUNCIL TO IMPROVE BC CHILD WELFARE
- <u>CALL FOR ABSTRACTS 7TH INTERNATIONAL CONFERENCE ON FETAL ALCOHOL</u> <u>SPECTRUM DISORDER</u>, VANCOUVER, MARCH 1-4, 2017

Administrative Savings from School Districts being directed back to Students

The Government of British Columbia is redirecting \$25 million in administrative savings from school districts back into frontline services for students.

Education Minister Mike Bernier said districts can use the funding any way they see fit – for hiring new teachers, for programs, or for maintaining schools despite falling enrolment in certain regions.

"Our government is committed to ensuring that maximum education dollars go into services for students," Bernier said. "Districts worked hard to reduce their administrative costs and we are pleased to be able to direct that \$25 million back to programs and initiatives that will directly benefit the kids of B.C."

Districts made real efforts to reduce spending on their administration costs – and those efforts have made it possible to help flow those resources into classrooms and services for students. The amount of money being left with districts is equal to the Year 2 of Administrative savings districts were asked to find.

Read More

-Source: Province of BC, 31 May 2016

New RCY report: A Review of Youth Substance Use Services in BC

May 26, 2016, Representative for Children and Youth Mary Ellen Turpel-Lafond released a new report, A Review of Youth Substance Use Services in BC.

The report finds that youth with substance use problems in British Columbia are faced with a piecemeal service system that can leave them for long periods of time without adequate or available services as they try to access treatment.

A Review of Youth Substance Use Services in B.C. calls on the provincial government to recognize the magnitude of the issue by creating a single point of leadership that would collaborate with regional health authorities on a strategic plan focusing on prevention, early intervention and residential treatment.

Read the report and news release

-Source: Newsletter, First Call, The Child and Youth Advocate, 30 May 2016

BC Government Appoints Advisory Council to Improve BC Child Welfare

A group of advisors have been appointed by government to develop a multi-year plan to strengthen B.C.'s child welfare system based on the <u>Plecas review</u>.

The initial council members are:

- Giselle Commissiong, partner, advisory services, Ernst and Young
- Paulette Flamond, executive director, Northeast Aboriginal Business and Wellness Centre
- David Young, chief executive officer, Sources Community Resource Centres
- Stephanie Smith, president, BCGEU
- Jim Cessford, former Delta police chief (retired)
- Tom Syer, director of government affairs, Teck Resources

The announcement stated that the plan will address training, quality assurance, streamlined policies and standards, an early warning system and alert code model for high-risk cases, and increased public confidence in the ministry.

- Read the full news release from the BC government
- Read the statement from the Representative for Children and Youth.
- Read the news release from First Nations Leadership Council.
- CBC News: B.C. Children Ministry advisory council called 'unilaterial' and 'unfortunate'
- Vancouver Sun: Children's watchdog refuses to sit on provincial child welfare advisory panel

-Source: Newsletter, First Call, The Child and Youth Advocate, 30 May 2016

Call for Abstracts – 7th International Conference on Fetal Alcohol Spectrum Disorder, Vancouver, March 1-4, 2017

Deadline for abstract submission: August 26, 2016

This <u>interdisciplinary conference</u> will be of interest to the following audiences: addictions; administrators; child welfare professionals, clinicians; community members; educators; elected officials; family members; policymakers; FASD specialists; health/mental health; justice; physicians; researchers; scientists; students; women's service providers; and anyone interested in an advanced understanding in the field of FASD.

Abstract submissions are now being accepted for three-hour half-day sessions, 90-minute sessions, 15-minute oral papers, Young/New Investigators and posters. Presenters must be comfortable presenting and answering questions in English. Abstracts must be submitted by online electronic submission.

Find abstract submission guidelines

Research

- LOW NONPROFIT SALARIES ARE COSTING YOU MONEY
- INFOGRAPHIC: NONPROFIT COMMUNICATIONS TRENDS
- EDUCATION SUPPORTS SURVEY FOR ANYONE WHO HAS LIVED IN A FOSTER HOME, GROUP HOME OR BEEN ON A YOUTH AGREEMENT
- POVERTY MYTH BUSTERS

Low Nonprofit Salaries Are Costing You Money

Washington Nationals outfielder and standout hitter Bryce Harper will make \$5 million this year, a salary that is only expected to increase in coming years. The 23-year-old is one of the best players in baseball, the national pastime and center of much nostalgia and sentiment. But nobody asks why he doesn't simply play "for the love of the game."

This is essentially what we ask of many nonprofit professionals, banking on their love and commitment to the cause to make up for low salaries and long hours. It's no wonder the nonprofit sector has higher turnover rates than other fields. The 2015 Nonprofit Employment Practices Survey found that turnover increased from 16 percent in 2013 to 19 percent in 2014, with an increase in voluntary turnover (resignations and retirements) specifically.

Read More

-Source: Newsletter, Nonprofit Newswire, Imagine Canada, 8 May 2016

Infographic: Nonprofit Communications Trends

Communication is key to achieving success in any undertaking, business or otherwise. So, it makes sense that the communications team would be a crucial subset of a nonprofit. The "2016 Nonprofit Communications Trends" infographic from Nonprofit Marketing Guide delves into the the who, where, how often and why behind the communications department. Here are the key points:

- Nonprofits said their three most important communications channels are their websites (80 percent), social media (71 percent) and email (67 percent).
- How often nonprofits communicate depends on the platform. They update Twitter multiple times a day and Facebook at least once a day, and send e-newsletters monthly and directmail appeals twice a year.

Read More

-Source: Newsletter, Nonprofit Newswire, Imagine Canada, 17 May 2016

Education Supports Survey for Anyone who has lived in a Foster Home, Group Home or been on a Youth Agreement

The BC Office of the Representative for Children and Youth and McCreary Centre Society are seeking input to improve the educational experiences of youth in care in BC.

Youth aged 12–24 in and from government care are invited to share their experiences (barriers and supports) in an <u>online survey</u>.

The survey is anonymous and confidential. For more information, contact Hannah at 604.294.1996 ext. 233 or hannah@mcs.bc.ca.

Help to increase awareness of what's happening for youth in and from care in BC. Please share this information with anyone you know who has lived in a foster home, group home or been on a Youth Agreement. When they fill out the survey, they can enter the draw for a chance to win a \$25 gift card.

Start the survey now

-Source: Newsletter, First Call, The Child and Youth Advocate, 30 May 2016

Poverty Myth Busters

BC Poverty Reduction Coalition's Poverty Free Action Team has launched a new campaign called Poverty Myth Busters to dispel the myths around poverty in the province and bring attention to the root of the problem.

British Columbia has one of the highest rates of poverty, and one in five children in the province live in poverty. It also has one of the lowest minimum wages, and limited access to affordable housing and childcare for parents with young children. The campaign features videos and posters disproving poverty myths on issues such as jobs, welfare, housing and childcare.

Myths

Myth #1: Jobs are the answer

Fact: Most people in BC have at least one job

Read More

-Source: Newsletter, BC Council for Families, 9 May 2016

Resources

- 3 WAYS YOUR SOCIAL BUSINESS WILL BE BETTER THAN A CHARITY
- KEEP IT LEAN RUN YOUR NONPROFIT LIKE A STARTUP
- SO, YOU DON'T THINK YOU DIRECTLY BENEFIT FROM NONPROFITS
- SUPERCHARGE YOUR NEXT EVENT
- INFO-PACKED WHITE PAPER: RAISE THE BAR & RAISE MORE MONEY WITH YOUR NEXT EVENT
- <u>21 IRRITATING JARGON PHRASES, AND NEW CLICHÉS YOU SHOULD REPLACE THEM</u> WITH
- HEALTHCARE DISPARITIES: IS RACISM IN PLAY?
- INSECURITY STORIES OF GROWING UP
- HOW TO PREPARE FOR MEDIA INTERVIEWS AT YOUR NEXT CHARITY FUNDRAISING EVENT
- 5 MIND-BLOWING INVENTIONS FROM THE SOCIAL SECTOR
- NONPROFIT MISSION STATEMENTS GOOD & BAD EXAMPLES

3 Ways Your Social Business Will Be Better Than a Charity

There are three basic characteristics of the Charity Industrial Complex. First, it holds that charities should be meek in overhead but mighty in intentions. Second, it presupposes that guilt is the most effective tool to build donor support. Third, charities reward the act of giving without tying directly to impact.

It's a common refrain: "How much of my money will go into the field and how much to overhead?" Overhead is the bane of charities' existence. They must keep it as low as possible or face public shaming. Charities have been hampered by their own approach and by societal expectations.

Read More

-Source: Newsletter, Nonprofit Newswire, Imagine Canada, 13 May 2016

Keep it Lean – Run your Nonprofit like a Startup

Just like startups, nonprofit organizations are used to doing more with less. When you're responsible both to donors and the communities you serve, you have to be judicious with your spending. While this need leads many organizations to be resourceful and efficient, it's important not to skimp on infrastructure, talent, and sustainability in order to reach your full potential.

Smart spending is all about investing in what will help you achieve your mission. The best organizational budget is not necessarily the one that spends the least, but the one that best uses your existing resources to move your cause forward. Nonprofits should aim to be lean, not cheap, when creating a budget or making buying decisions.

Read More

So, you don't think you Directly Benefit from Nonprofits

This week, my awesome smart audio speaker arrived. It's really cool. I can use my voice to ask it to play music, forecast the weather, read news headlines, set the timer, add things to my calendar, and—with other devices linked to it—control the lights and other appliances in the house. Her name is Alexa, and she's a lifesaver when I have a newborn screaming in my ears and a three-year-old dangling from my leg. Alexa also spouts pick-up lines upon request, although "Hey girl. Are you a high chair? Because I want to put a baby in you" did nothing to calm the children down.

Why do I bring this up? Because I am amazed and grateful for all the incredible stuff people come up with. I appreciate inventors and manufacturers and retailers and am happy to pay money for useful gadgets that make my life easier. For-profits are critical to society, and we nonprofit folks understand that. I don't know a single nonprofit that makes vodka.

Read More

-Source: Newsletter, Nonprofit with Balls, 16 May 2016

Supercharge Your Next Event

Easy ways to raise more money, boost long-term revenue, and attract more loyal donors.

Ready to get more from your gala, luncheon, golf tournament, or other fundraising event? With a few straightforward tactics, even the busiest fundraisers can boost donations and improve donor loyalty.

Download this free guide to learn:

- How to supercharge your fundraising results from ticket holders, board members, and nonattendees
- Simple strategies for making it easy for supporters to give before, during, and after your event
- Why peer fundraising can take your event to the next level
- Step-by-step advice for turning attendees into long-term, recurring donors

BONUS: The guide includes two sample email templates to use for your event invitation and encouraging additional donations.

Download Now

-Source: Newsletter, Network for Good, 19 May 2016

Info-Packed White Paper: Raise the Bar & Raise More Money with Your Next Event

Instantly download this FREE 30 page resource for all the expert knowledge and tips you need to make your charity's next ticketed event a success. There can be a lot of planning involved in events, and this white paper will help your organization tackle all the planning items one step at a time.

Learn how to:

- Implement effective strategies for maximizing ticket sales
- Persuade sponsors to support your event
- Nail your event logistics
- And much more!

Download Now

-Source: Newsletter, CanadaHelps, 19 May 2016

21 Irritating Jargon Phrases, and New Clichés you should replace them with

Let's talk about jargon. We have so many clichéd phrases and concepts in our sector. Many of them we've adopted from the for-profit sector; and some of them, we invented. More people are talking about jargon and how to avoid them, like this article, and this great infographic. But no one offers alternatives to jargon. And it is my philosophy to never offer a critique without offering potential solutions, unless I'm lazy. So I made up new jargon that you can use as alternatives. Try them out. Hopefully, these new clichés will catch on so that we can make charts to complain about them later:

- 1. 30,000-feet view/level. Sometimes it's 50,000-feet. You actually can't see much from 50,000 feet, because you're probably dead from hypothermia. Unless you're in a plane, in which case all you see is clouds. So this metaphor is stupid. Replace with "The drone-camera view/level."
- 2. Move the needle. Unless your nonprofit is a drug prevention or intervention group and you're literally moving needles, avoid this. Replace with, "Peel the butternut." Butternut squash is notoriously difficult to peel. "We've worked on homelessness for ten years, and we've barely peeled the butternut!"

Read More

-Source: Newsletter, Nonprofit with Balls, 23 May 2016

Healthcare Disparities: Is Racism in Play?

We know that healthcare disparities exist! Statistics can tell us where disparities are occurring, which providers have the worst outcomes, and what medical decisions are contributing to the problem.

Resolving healthcare disparities is hampered when we refuse to ask hard questions about

conscious and unconscious bias among service providers and staff. For example, research on obesity has documented that physician attitudes greatly impact service use, quality, and outcomes. Studies on the impact of physician attitudes demonstrate that examining bias is critical for understanding how patients use services and how well they do.

Additional research is necessary to investigate how physician bias and attitudes contribute to disparate outcomes for People of Color. Examining bias stemming from the racial attitudes of physicians will help decipher contributing factors that lead to disparate outcomes. It is not a stretch to ask if attitudes bias treatment decisions and lead to poor outcomes. For example, is racism in play in medical decision-making and is it contributing to healthcare disparities? Learn more about how communication shapes medical treatment and outcomes.

Read More

-Source: Newsletter, t3, 31 May 2016

Insecurity – Stories of Growing Up

Security. This is something I've been thinking a lot about recently. I grew up in a home marked by addiction, dysfunction, and for a period of time, poverty. While I knew my parents loved me, my father's alcoholism set the tone for much of my childhood. As I got older, left home, and engaged in my own much healthier relationships, I thought I had escaped unscathed. In many ways, my sibling took away some of the more common traits of being raised by an alcoholic parent, but I didn't seem to carry these with me.

Then, about a year ago, I had my own child. I found myself engaging in certain behaviors I did not expect. I like to have his room just so. I insist on making all his food with organic meat and produce I prepare myself. I constantly tell my son that I love him. I have a hard time letting him cry. I know some of this is common to all parents, but I'm starting to realize that much of what I'm doing is motivated by the insecurity I felt as a child. I don't want my son to carry those feelings too.

Read More

-Source: Newsletter, t3, 31 May 2016

How to Prepare for Media Interviews at your Next Charity Fundraising Event

Today's media industry is constantly in flux, with 24-hour news cycles demanding journalists keep to tight deadlines. What's more, Canadian media has experienced a 'slimming' in recent years, with Rogers, Bell Media and Postmedia Network all experiencing redundancies. This landscape has led to fewer professionals in the newsroom with time to cover external events.

What does this mean for your organization?

Charity events can be heavily dependent on media coverage to draw attention to their cause and subsequently achieve their fundraising goals. With journalists often stretched for time, media preparation is imperative to securing optimal coverage, spreading a charity's key

message to wider demographics. Preparing your spokespeople with the information the press wants is vital to ensuring your event wins the limited available space.

Read More

-Source: Newsletter, Village Vibes, Charity Village, 24 May 2016

5 Mind-Blowing Inventions from the Social Sector

Social impact organizations, entrepreneurs, and B-Corps are developing products, applications, and platforms to change how we approach some of the world's most difficult challenges. When passion, determination, and collaboration are combined, the social sector can make huge strides forward. These are the kinds of breakthroughs the Collaborative + Classy Awards recognize and celebrate.

Although every new iPhone model makes headlines news, inventions conquering disability, disease, and poverty don't always get the press they deserve. To shed further light on their work, we've rounded up some of the most exciting innovations created by Classy Awards Finalists. Creations like these illustrate the social sector's power to invent products that move society forward and improve lives.

Read More

-Source: Newsletter, Nonprofit Newswire, Imagine Canada, 19 May 2016

Nonprofit Mission Statements – Good & Bad Examples

Off the top of your head, what's your mission statement? Don't cheat. Don't look. ...that's what we thought. Most of us probably don't have any idea. Sadly, for 99% of us, no one outside of our nonprofit knows what our mission statement is either, because it just isn't that memorable. But you can avoid that fate if you take some time to learn from your peers. Let's analyze, indepth, some good and bad examples of nonprofit mission statements. But first, let's chat about why your mission statement is useful in the first place.

Read More

-Source: Newsletter, the Hubcap, Nonprofit Hub, 16 May 2016

Social Media & Tech

- 16 MUST-KNOW STATS ABOUT ONLINE FUNDRAISING AND SOCIAL MEDIA
- PRIVACY AND DATA CONCERNS FOR NONPROFITS
- HOW ONLINE TRENDS IN 2016 WILL IMPACT YOUR NONPROFIT
- MANAGING YOUR NONPROFIT DATA DIFFERENTLY
- WHY YOUR NONPROFIT'S WEBSITE SHOULD BE YOUR TOP PRIORITY
- TOP THINGS TO CONSIDER WHEN BUDGETING FOR TECHNOLOGY
- 3 WAYS TO INCREASE DONATIONS VIA SOCIAL MEDIA
- MOBILE TECH AND NONPROFITS: DIY FTW!
- HOW TO GENERATE MORE NONPROFIT WEBSITE TRAFFIC

16 Must-Know Stats about Online Fundraising and Social Media

It's true that social media is in transition. Facebook Reach is at an all time low. Instagram has a new algorithm. Twitter is in flux. And the next Big Thing in social media. Snapchat is baffling to many seasoned social media managers. But digital and mobile app payments are coming. The global internet population is set to triple in the next four years. The Internet of Things will transform our world. And email ROI and online giving is up, up, up! In reality, the peak years of email, online fundraising, and social media are ahead of us and the next decade will astound us all.

Read More

-Source: Newsletter, Nonprofit Newswire, Imagine Canada, 17 May 2016

Privacy and Data Concerns for Nonprofits

We are awash in a sea of data, and we're not handling it well. Literally. Nonprofits, like every other organization or corporation, are taking in more information than ever before, and more than we know how to handle.

We handle personal and financial information on a daily basis, and we are putting clients and ourselves at risk. When it comes to the safe handling and storage of data, ignorance is not bliss.

All nonprofits must collect data to ensure their success and effectiveness, and sometimes this information can very sensitive. Your nonprofit has a mandate to safeguard the data you've collected, but often this responsibility isn't fully understood until after something goes wrong.

Read More

-Source: Newsletter, TechSoup Canada, 26 May 2016

How Online Trends in 2016 Will Impact Your Nonprofit

The 2016 Benchmarks Study was recently released and highlights the latest nonprofit trends and strategies with an eye on shifts throughout the past decade. The study is comprised of a diverse mix of 105 nonprofits of various sizes and sectors. The study analyzed 2.8 billion email messages sent to over 69 million list subscribers, \$481 million of online donations from over 13 million online gifts, and 8.2 million advocacy actions.

If you don't have time to read through the entire report, don't fret: we've pulled some key findings for you.

Read More

-Source: Newsletter, Care2, 16 May 2016

Managing your Nonprofit Data Differently

These "4 A's" just might be your nonprofit's new way of planning your data management.

Data management can be a tedious, difficult process. But if done right, it has the potential to be one of the most rewarding and profitable endeavors your nonprofit can engage in.

Nonprofits are often inexperienced, ill-equipped, or poorly staffed before taking on major data gathering and parsing undertakings. As a result, it is important to look at the big picture and plan your strategy from the ground up.

Below, we have spelled out for you the "4 A's" of data management to help you get started on your data collecting process, according to Sidekick Solutions.

Read More

-Source: Newsletter, TechImpact, 16 May 2016

Why your Nonprofit's Website Should be your Top Priority

Everyone knows your nonprofit needs a website, sure, but when was the last time your nonprofit updated its website? When was the last time you conducted any kind of feedback testing? Upgraded its servers? Is your website responsive, or 'mobile friendly'?

The truth is, the nonprofit website is the most important attribute of any nonprofit's digital marketing plan. And it's often the most ignored.

According to recent research conducted by Peer1 hosting, charities are leaking millions of dollars in donations every year due to slow, old, and most egregiously, un-responsive websites.

So why is the nonprofit website so important? Here are a few reasons we think you need to be giving your nonprofit's website a makeover in 2016.

Why Your Website's So Important

1. It's where potential supporters become actual supporters Sure, your nonprofit is using email campaigns, social media, and is constantly engaged with the community at in-person events. But what happens after all that initial contact you make with an potential supporter? Someone who isn't already actively engaged with your nonprofit, and could provide tremendous value going forward?

They're going to your website to learn more about you. Plain and simple. And when they do, if they go to your website and it's not engaging, it loads slowly, or has nothing for them to interact with when they get there, that potential difference maker might just walk away from your nonprofit, and you might never be able to get them back.

Read More

-Source: Newsletter, TechImpact, 16 May 2016

Top Things to Consider When Budgeting for Technology

It's time to think about budgeting for technology – and you need to start somewhere. I checked in with our Director of Technical Services, Linda Widdop, to get her insight to identify the top things to think about when budgeting for technology. Linda's advice is backed up by over a decade of working with nonprofits and technology and she recommends you include in your technology budget:

- Phone and Internet Contracts
- Hardware Replacements
- Service and Subscription Renewal
- IT Projects

-Source: Newsletter, TechImpact, 16 May 2016

3 Ways to Increase Donations Via Social Media

Did you know: 73 percent of first time donors do not give again?

There are many reasons contributors leave; sometimes they don't feel appreciated, or don't feel like part of the organization. While gaining new donors is always important, keeping them is even more so. If you can maintain just 10 percent higher than your current retention rate, your donations could go up 50 percent. By getting just a few dozen more donors to return, you can see an extreme boost in your budget.

So how do you increase your retention rate and your donations? Social media can play a large factor in helping your non-profit. Here are the top three tactics for increasing donations through social media.

Read More

-Source: Newsletter, TechImpact, 23 May 2016

Mobile Tech and Nonprofits: DIY FTW!

Even in today's digitally-saturated age, nonprofit organizations have typically been more sluggish than in other industries to implement technologies that help them solve their business challenges. And this is true for good reason—traditionally, nonprofits are understaffed, overworked, and underfunded. In fact, the organizations that don't have the resources for tech innovation are indeed usually the ones who need it most.

However, the lack of time, financing, and resources don't belie the need for effective tech tools that help save time and money, simplify processes, and streamline operations that all speak to every nonprofit's bottom line: reach more people, make the world a better place.

Luckily, this digitally-saturated age comes with a few upsides. As technology continues to innovate, access to it becomes cheaper and broader. And along with this expansion has come the advent of do-it-yourself technology.

DIY tech development platforms are perfect for those looking for rich solutions without the matching investment. Need a website but don't know code? Google will yield no shortage of platforms to try. Need to accept payments but don't have a brick and mortar storefront? There is a multitude of digital payment systems you can use to garner financial support.

Read More

-Source: Newsletter, NTEN, 26 May 2016

How to Generate More Nonprofit Website Traffic

We all strive to build and maintain beautiful websites. Additionally, we know landing pages need to be crisp, clean, load fast, and look trustworthy to avoid a high bounce rate and that call-to-action messages must be placed prominently. Also, navigation bars have to be intuitive and make finding a specific webpage quick and easy. If you're looking to revamp your nonprofit's website, chances are you've poured over check lists just like this to make sure you're not missing a thing.

In previous blog posts, we've discussed how to make a beautiful website, what people are looking for in a website, and how to keep a web visitor's interest.

But what about after you build that fancy new website? Unfortunately, web visitors do not automatically start streaming to the annals of your website because you've built something new with all the latest bells and whistles.

Read More

-Source: Newsletter, Tech Impact Blog, 30 May 2016

Training

- WEBINAR: NONPROFIT DATA MANAGEMENT
- WEBINAR: 5 EASY FUNDRAISING IDEAS YOU CAN STEAL FROM BERNIE, HILLARY & TRUMP
- ASK THE EXPERT: SKILLFUL STORYTELLING
- QUIET CHANGEMAKERS: INTROVERTS IN THE NONPROFIT SECTOR
- WEBINAR: DATA VISUALIZATION
- FINANCIAL LITERACY FOR NON-PROFITS
- SAFETALK COURSE
- FANTASTIC FACILITATION: JUNE 2016
- PROMOTING HEALTH AND SUSTAINABILITY: THE CASE OF CLIMATE CHANGE & ENERGY USE
- COMMUNITY GATEKEEPER TRAINING WITH CMHA BC

Webinar: Nonprofit Data Management

Date: Tuesday, June 7, 2016, 11:00 am – 12:00 pm PST

Cost: Free Register Now

Data Management is not simple, especially for nonprofits that lack a data-analysis team. There are so many tools, services and options for nonprofits to consider to help them make sense of all the information they're collecting.

Savvy data management and analysis can lead to increased funding and better programs and services and has become critical to sustaining the work of our nonprofit.

Join Jordan McCarthy, Tech Impact's Data Analyst and Storyteller, on a webinar focused on managing nonprofit data in a way that not only saves time but allows you to produce outcomes such as reports, dashboards and stories. Let us help you turn your data into actionable information.

-Source: Newsletter, Tech Impact, 2 June 2016

Webinar: 5 Easy Fundraising Ideas you can steal from Bernie, Hillary & Trump

Date: Tuesday, June 7, 2016 10:00 am PST

Cost: Free Register Now

It's primary season in an election year—prime time for nonprofits to take advantage of the fundraising lessons unfolding before our eyes.

Join this free webinar to learn how the top presidential campaigns mobilize supporters to raise money quickly—and how you can do the same. Whether you lean left, right, or somewhere in between, you'll get proven fundraising tips you can implement immediately for dramatically more

donations.

Key Takeaways:

- Learn how the top political fundraisers acquire new donors and raise massive amounts of money in a short amount of time.
- Understand how to target the right donors at the right time with the right ask.
- Learn how to optimize your giving experience to convert more donors at higher average gift amounts.
- Discover which tools will save time, raise more money, and help you communicate more
 effectively with existing and potential donors.

-Source: Newsletter, Network for Good, 2 June 2016

Ask the Expert: Skillful Storytelling

Date: Wednesday, June 8, 2016, 11:00 am

Presenter: Marlon Fuentes, Founder, VR Causes; and Mary Beth Harrington, Speaker

Register Now

You already know storytelling is crucial for conveying the importance and impact of your organization's work. However, too often we get caught up in shiny tools and how-tos without spending the time determining why and how to tell a great story. This month, our storytelling experts will discuss ways to identify your audience and understand their needs and motivations. We'll explore how to determine and develop the best stories, and create compelling stories that inspire action.

Key Takeaways:

- How to determine what medium and communications tools to use to create and deliver your story
- Ways to observe and find the story in the seemingly ordinary moments
- Techniques for crafting a compelling narrative
- How to engage and empower your stakeholders in the process to drive impact

-Source: Newsletter, NTEN, 10 May 2016

Quiet Changemakers: Introverts in the Nonprofit Sector

Date: Thursday, June 9, 2016, 10:00 am – 11:00 am PST

Cost: Free – Space is limited so register early to avoid disappointment

Register Now

Skill Level: Introductory. Information presented will be of interest to introverts working or volunteering in the nonprofit sector, as well as managers, leaders and colleagues who work with introverts.

Are you an introvert who wants to change the world by working or volunteering in the nonprofit sector? Or are you an extroverted manager who would like to better understand how to work with your introverted staff or volunteers? Our free webinar will explore the role of the introvert in the nonprofit sector and their unique approach to creating change.

So much of what we see and hear in the nonprofit sector appears to be led by outgoing, charismatic, self-promotional social entrepreneurs and innovators. What about the quieter folk in our sector? This webinar will explore insights about how quiet changemakers can move important ideas, issues, projects, and careers forward, without exhausting themselves in a world of networking and promotion.

-Source: Newsletter, Village Vibes, Charity Village, 24 May 2016

Webinar: Data Visualization

Date: Tuesday, June 14, 2016, 11:00 am – 12:00 pm

Cost: Free Register Now

Join Tech Impact's Data Analyst and Storyteller, Jordan McCarthy, to learn about Data Visualization. By using Data Visualization tools and tricks, nonprofits are able to better show and understand the impact of their programs and services.

This webinar will cover:

- Why Data Visualization is important
- Examples
- Costs
- · Brief demos of tools including:
 - o Tableau
 - o Power BI
 - Power Query
 - Advanced Excel Tools

-Source: Newsletter, Tech Impact, 2 June 2016

Financial Literacy for Non-profits

Building Community Capacity Workshop Series

Date: Tuesday, June 14, 2016, 12:00 pm – 1:30 pm **Location:** BDO Canada LLP, #400-1631 Dickson Ave (Landmark 6)

Cost: \$15 Register Now

The focus of this lunch and learn session will be:

- Review the fundamental concepts and structure of non-profit organizations' financial statements
- The role of your accountant or auditor and what questions to ask them
- Decoding financial statements and incorporating it into decision making
- The risks with profit-making and social enterprise ventures

Workshop Leaders from BDO Canada

Britt Vig and Sinead Scanlon are senior managers in the Kelowna office of BDO Canada LLP with a combined years of public practice experience of over 20 years. Britt and Sinead provide

audit, accounting and taxation services to many organizations in the Okanagan and have specific audit experience and training with local NPO organizations, private enterprises and local government entities and their varying financial reporting requirements. Both Sinead and Britt currently volunteer their time by sitting on multiple Boards of NPO's in Kelowna. Both presenters have been involved with the audit and accounting training of professional staff on an office, regional and national level along with lecturing on topics such as audit methodology and financial statement analysis for all types of organizations under all types of reporting models.

Who Should Attend?

- Managers
- Executive Directors
- Finance Staff
- Board Members

-Source: Ian Gerbrandt, Community Investment, United Way Central and South Okanagan/Similkameen, 1 June 2016

safeTALK Course

Date: Thursday, June 16, 1:00 pm – 4:30 pm

Location: Canadian Mental Health Association, 504 Sutherland Ave, Kelowna

Cost: \$52.50 per person (includes materials and GST)

Register Now

safeTALK is a half-day alertness training that prepares anyone over the age of 15, regardless of prior experience or training, to become a suicide-alert helper. safeTALK-trained helpers can recognize when someone may need help and take action by connecting them with life-saving intervention resources.

More Information:

250.861.3644, kelowna@cmha.bc.ca

-Source: KCR Event Submission Form, May 2016

Fantastic Facilitation: June 2016

Date: Tuesday, June 21, 2016, 9:00 am – 4:00 pm **Location:** #118 – 1835 Gordon Dr, Kelowna

Cost: \$95
Register Now

Nobody's Perfect Parenting Facilitator Refresher Day This training is for Nobody's Perfect Parenting Facilitators to refresh their group facilitation skills and gain innovative, creative and practical ideas for delivering their own vibrant sessions. This workshop will:

- Have participants experience and practice participant-centred and interactive approaches to adult group facilitation so that they will use these methods in their own group
- Have participants share their challenges and use each other for problem solving and support

- Help to motivate and empower facilitators to use a variety of facilitation techniques within the context of their existing programs
- Honour the values, skills and experiences participants come with by helping them notice what strengths they have as a group facilitator, and build on those strengths

By the end of the workshop, participants will:

- Refresh their knowledge of the principles and objectives of Nobody's Perfect
- Explore group facilitation through interactive activities and examples of warm-ups, energizers, group building and other participant-centred techniques that can be used with their own learners
- Be able to recognize the importance of creating a safe learning environment for their groups which will lead to more participant engagement and motivation and be able to determine how best to facilitate their existing programs
- Be able to demonstrate newly acquired facilitation activities and techniques

Brief workshop agenda outline: 6 hours

-Source: Ruby Banga, Provincial Coordinator, Nobody's Perfect Parenting Program, 21 April 2016

Promoting Health and Sustainability: The Case of Climate Change & Energy Use

Date: July 11 – 12, 2016, 9:00 am – 4:30 pm **Location:** Multiple Locations Across BC

Register Now

PHABC Summer School brings together individuals involved in the delivery of public health activities to examine the application of the Ottawa Charter as related to climate change issues and the implications for health and health equity actions at the individual, health care system and community level.

The Public Health Summer School welcomes participants from a variety of fields and backgrounds who are workingdirectly or indirectly on public health issues and health promoting activities across our province.

-Source: Newsletter, BC Healthy Communities, 14 April 2016

Community Gatekeeper Training with CMHA BC

The Community Gatekeeper program aims to reduce suicide in BC by training trusted community members as "gatekeepers," developing their knowledge of suicide risk and intervention. CMHA BC offers training in two formats: a two-day workshop in suicide intervention and safety planning, and a half-day training in suicide alertness.

<u>Learn more</u> about bringing Community Gatekeeper Training to your community or workplace.

Volunteerism

- CORPORATIONS NEED TO AVOID THE ETHICAL BLINDSPOTS OF VOLUNTEERISM
- <u>CRIMINAL RECORD CHECKS: A VALUABLE SCREENING TOOL OR A BARRIER TO VOLUNTEERING?</u>
- WINNERS ANNOUNCED IN VOLUNTEER BC'S NATIONAL VOLUNTEER WEEK PHOTO CONTEST
- SAVE THE DATE! VOLUNTEER FUTURES 2016

Corporations Need to Avoid the Ethical Blindspots of Volunteerism

Employee volunteer programs supporting corporate social responsibility/sustainability (CSR/S) goals demonstrate authentic commitment and provide a platform for other benefits, as well. Organizations may involve employees as community caretakers and loan executives to nonprofits. CSR/S-linked volunteer programs have the potential to attract and retain employees and to enhance their job satisfaction. Moreover, corporations gain positive publicity when news and social media promote highly visual, branded community service performed by staff wearing colour-coordinated, company-logoed T-shirts and caps. Combined, this win-win-win provides a solid business case argument for employee volunteer programs. Right?

Maybe. An ethical quagmire awaits corporations who slip into volunteerism's dark side. However, as event organizer, employee recruiter, and CSR/S program evaluator, the public relations manager is perfectly positioned to ensure staff volunteer abuses never materialize. Even a taint of coercion, especially if volunteer projects are scheduled after work or weekends when people must take time from home-life commitments, contradicts the CSR/S spirit. For volunteer programs that are not on the clock, it is highly likely that female employees could feel abused since most work two shifts – paid work for organizations and non-paid work at home. Enabling staff to volunteer on company time demonstrates authentic CSR/S commitment. Some employees simply believe that volunteering is a private matter and/or may not embrace their employer's pet cause on moral grounds. Moreover, those who are left to hold down the fort while co-workers perform volunteer activities may feel pressured to step up their performance.

Read More

-Source: The London School of Economics & Political Science, 25 May 2016

Criminal Record Checks: A Valuable Screening Tool or a Barrier to Volunteering?

In 1994, the Government of Canada formally committed to address violence against women and children, releasing a report that called for, among other things, the development of guidelines and training programs for organizations within the voluntary sector. This recommendation was ultimately implemented by the sector as what is variously known as a criminal record check, police check, criminal review or criminal information check. These background checks are now often standard practice in volunteer screening, and are often required from those wishing to volunteer with nonprofits and charities.

In recent years, a number of jurisdictions across Canada have made changes to how this screening process is implemented. As such, we thought it was time to take a look at the police check as a screening tool, both to weigh its effectiveness and to consider whether it is a barrier to volunteering.

Read More

-Source: Newsletter, Village Vibes, Charity Village, 24 May 2016

Winners Announced in Volunteer BC's National Volunteer Week photo contest

Congratulations to the City of Kelowna and the Salvation Army! They placed in the top 5 with Volunteer BC's National Volunteer Week photo contest.

View the winning photos

-Source: Volunteer BC, May 2016

SAVE THE DATE! Volunteer Futures 2016

Dates: Thursday & Friday, September 29 – 30, 2016 **Location:** Executive Airport Plaza Hotel, Richmond, BC

Volunteer BC's Annual Event – VOLUNTEER FUTURES. Everyone from general public welcome to attend!

Find out what's happening around volunteerism across BC. Network, learn best practices, re-visit the basics and build new skills. Let's look forward by looking back.

More Information:

Lorelynn Hart, Program Director 604.379.2311, volunteerbc@gmail.com volunteerfutures.org

-Source: Newsletter, Volunteer BC, 18 May 2016

