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# KCR Highlights

- FREE FURNITURE
- SUMMER CAMPS
- GREY POWER PROGRAM
- 2013 OKANAGAN VOLUNTEER OPPORTUNITIES FAIR
- WORKSHOP: RESILIENCE WHAT IT TAKES FOR CHILDREN AND YOUTH TO THRIVE

### **Free Furniture**

Konrad Pimiskern, Financial Advisor with Edward Jones, is moving to a new office location and has free furniture to donate on a first come first served basis. Phone (250) 765-8550 to reserve the pieces you want. All furniture must be moved on July 8th.

Dimensions are: width, depth, height

- 1X cherry bookcase with 5 shelves: 31½" X 14" X 71"
- 1X u-shaped desk: 73" (left) X 1101/2" (middle) X 72" (right)
- 1X cherry (stand along or U-shaped desk extension) 2 drawer file cabinet: 48" X 24"
- 2X cherry cupboards: 24" X 20" 34"
- 2X reception desks (desk with upper piece): 72" X 35 1/2" X 46"
- 6 green chairs
- 1X grey metal storage rack with 4 shelves: 49" X 27" X 72"
- 1X White Bookcase with 5 shelves: 32 1/2" X 11" X 60"
- 1 set: 4 white wall shelves with brackets screwed directly into the wall: 97" X 12"
- 2 grey 2 drawer lateral file cabinets

Please contact Dawn Wilkinson at 250.763.8008 x24.

-Source: Konrad Pimiskern, Financial Advisor with Edward Jones, 28 May 2013

# **Summer Camps**

We currently have 38 listings of summer camps. Is your organization's information current? Check them out for your children.

Go to www.kcr.ca, Community Information Search Central Okanagan.

-Source: KCR, Community Services, Dawn Anthony, Information Development

## **Grey Power Program**

If you live in the Central Okanagan and are 55 years of age or over, not EI eligible and looking to enter or re-enter the workforce then this may be the program for you. Grey Power will provide job search

assistance to eligible Participants that includes 6 weeks of classroom training followed by a 6 week subsidized work experience.

In-class training includes: career exploration, basic computer training, resumes, cover letters, interview preparation, networking and certification in short term training such as First Aid, Food Safe, WHMIS, World Host Certificates. There is no cost to Participants and a training allowance is provided during the classroom training. Supports also include weekly job club and 6 month follow-up.



The next classroom session begins on Monday, June 17th.

If you are interested in attending please contact Christine at 250.763.8008, ext.34 for further information, or email <a href="mailto:greypower@kcr.ca">greypower@kcr.ca</a>.

-Source: KCR, Christine Hawkins, Employment Services Manager

# 2013 Okanagan Volunteer Opportunities Fair

There are a very limited number of display spaces available. \$50 includes a table at the Fair, participation at the Lunch and Learn, and a 1/6 page ad in the Get Involved magazine that is used by KCR all year long to promote volunteerism.

To register, contact: <u>dawn@kcr.ca</u> or phone 250.763.8008 ext.25.

-Source: KCR, Community Services, Dawn Anthony, Assistant Coordinator



# Workshop: Resilience - What it Takes for Children and Youth to Thrive

An interactive educational workshop for parents, students and service providers

In his engaging, story-filled presentation, Dr. Michael Ungar will show how a child's resilience depends on more than a child's individual capacity to overcome challenges. Resilience is also the ability of young people's parents and other caregivers to successfully help children navigate and negotiate for the supports they need to thrive. Troubling behaviors like violence and bullying, stealing, social withdrawal, avoiding responsibility for one's self and others, internet addictions, drug abuse, truancy and early sexual activity can be addressed by providing young people with nine sources of resilience.

These nine sources include: structure, consequences, parent-child connections, strong relationships with peers and adults, a powerful identity, a sense of control, a sense of belonging, spirituality and life purpose, rights and responsibilities, and the safety and support children need to cope when problems arise. In this presentation Michael will share what he has learned from parents and helping professionals who have found inspiring ways to help children become competent, caring contributors to their families, schools, and communities no matter the challenges they face

#### **About the Presenter:**

Michael Ungar, Ph.D. is both a family therapist and a Killam Professor of Social Work at Dalhousie University in Halifax, Nova Scotia, where he co-directs the Resilience Research Centre which coordinates more than five million dollars in funded research in a dozen countries.

**Date:** Thursday, June 13th **Time:** 2:30pm-4:30pm

Location: Kelowna Library,1380 Ellis Street, Kelowna

Cost: \$20 Register

Co-sponsored by Braintrust Canada and KCR

-Source: BRAINTRUST Canada Association, Maribeth Friesen, CEO

# **AGMs**

- KELOWNA CHILD CARE SOCIETY
- CENTRAL OKANAGAN CHILD DEVELOPMENT ASSOCIATION
- THEATRE KELOWNA ELECTIONS
- KELOWNA SOUTH-CENTRAL ASSOCIATION OF NEIGHBOURHOODS
- KELOWNA FAMILY CENTRE

# **Kelowna Child Care Society**

Please come join us & invite others who may be interested: Thursday, June 20, 6:00pm-7:30pm at Young Parents Education Centre, 1079A Raymer Avenue, Kelowna.

#### Agenda

6:00-7:00 Dinner 7:00-7:30 AGM



We will also be providing child minding again to make it easier for members to attend our AGM.

Your attendance at the KCCS AGM is not only appreciated, but important. We need 10% of our members in attendance to constitute a quorum according to our Society By-Laws. This is your Society and as a member we need your input to insure the Society's continued growth and sustainability in our community.

-Source: Michelle Dickie, Executive Director, Kelowna Child Care Society

## **Central Okanagan Child Development Association**

Annual General Meeting Will be held June 17, 2013 at 5:00pm at The Central Okanagan Child Development Association, 1546 Bernard Ave., Kelowna

Please R.S.V.P. 250.763.5100 before June 15, 2013 "NO Changes to Constitution and Bylaws"

-Source: Sue Gee, Administration, Central Okanagan Child Development Association, 4 June 2013

### **Theatre Kelowna Elections**

<u>Theatre Kelowna Society's</u> monthly meeting is Tuesday, June 11th at 7:30pm at our office upstairs at the Rotary Centre for the Arts: 421 Cawston Ave.

ELECTIONS for our new board and news of plans for our 2013/2014 season. Everyone who loves "putting on plays" is welcome! Refreshments and laughs! Theatre Kelowna is Kelowna's oldest community theatre group established in 1949 and still going strong!

Come play with us!

-Source: Theatre Kelowna Society, Debby Helf, 22 May 2013

# **Kelowna South-Central Association of Neighbourhoods**

KSAN (Kelowna South-Central Association of Neighbourhoods) is holding our AGM at 1PM at the Knowles House 865 Bernard Ave. on Sunday, June 9th. Featured guest speaker will be Sharron Simpson discussing her book, ""The Kelowna Story: An Okanagan History"". Refreshments will be served and books available for sale.

Like us on Facebook and/or visit our website at www.ksan-kelowna.ca.

-Source: Debby Helf, 15 May 2013

# **Kelowna Family Centre**

ANNUAL GENERAL MEETING and STRATEGIC PLANNING Will be held June 17, 2013 at 4:30pm. Held at our office 204 - 347 Leon Ave.

Please R.S.V.P. 250.860.3181 before June 15, 2013.

Members are welcome and refreshments provided

-Source: Kelowna Family Centre, Lynda Fillion, Office Manager

# **Awards**

- NOMINATIONS OPEN FOR GOVERNOR GENERAL'S AWARDS IN COMMEMORATION OF THE PERSON'S CASE
- 3M HEALTH LEADERSHP AWARD NOW ACCEPTING NOMINATIONS
- CANADA'S TOP 100 EMPLOYERS RELEASES 2014 APPLICATION
- AWARDS OF EXCELLENCE IN SERVING CHILDREN AND YOUTH

# Nominations open for Governor General's Awards in Commemoration of the Person's Case

Status of Women Canada is pleased to launch the call for nominations for the <u>34th Annual Governor General's Awards in Commemoration of the Persons Case</u>. Each year, these awards recognize five individuals, including two from the youth category, who have made outstanding contributions to the goal of equality for girls and women in Canada. Candidates and recipients come from all across Canada and from all walks of life, and Status of Women Canada encourages Canadians to put forward nominations. Past candidates have been academics, CEOs, volunteers, advocates and artists. While nominations are accepted all year, the deadline for the <u>2013</u> awards is June <u>14</u>.

-Source: CharityVillage.com, VillageVibes, 14 May 2013

# 3M Health Leadershp Award now Accepting Nominations

Health Nexus and 3M Canada are pleased to announce the 2013 3M Health Leadership Award call for nominations. The national award celebrates leaders who have a positive impact on the health and well-being of their community. The 3M Health Leadership Award provides a platform from which community leaders can be recognized as well as share their experiences to encourage others to nurture their own leadership. Nominated leaders must make a difference in a Canadian community; recogne that health is more than access to health care and starts where we live, learn, work and play; demonstrate leadership beyond job expectations; and inspire others to work together for change. The deadline for nominations is June 28.

-Source: CharityVillage.com, VillageVibes, 1 May 2013

# Canada's Top 100 Employers Releases 2014 Application

The editors of the Canada's Top 100 Employers project have released their 2014 application, which will determine the winners of the national project as well as 20 other popular regional and special-interest

"top employer" competitions. Winners of the national project will be announced this fall in The Globe and Mail. Now entering its 14th year, the Canada's Top 100 Employers project recognizes the companies and organizations across Canada that lead their industries in providing exceptional places to work. Employers complete a detailed application to be considered for the national competition, 11 regional awards and nine special-interest competitions. The application deadline is June 13.

-Source: CharityVillage.com, VillageVibes, 1 May 2013

## Awards of Excellence in Serving Children and Youth

First Call -Nominations for the Representative for Children and Youth's sixth annual Awards of Excellence are now being accepted. These awards recognize excellence in British Columbia's child- and youth-serving system. Individuals and organizations whose work contributes to improving the lives of children and youth in B.C. are honoured and acknowledged. There are seven Awards of Excellence categories presented by the Representative for Children and Youth Mary Ellen Turpel-Lafond: advocacy, cultural heritage and diversity, innovative services, service provision, mentoring, and youth leadership. As well, a lifetime achievement award is given to a seasoned individual who has made significant and lasting positive change in the lives of vulnerable children and youth, and is both an advocate and a leader.

Winners will be recognized and honoured at an awards ceremony in the fall of 2013. The deadline for nominations is July 31, 2013, at 4 p.m. Pacific Standard Time. For nomination forms and more information on the Representative's Awards of Excellence, please visit <a href="https://www.rcybc.ca">www.rcybc.ca</a>.

-Source: CATCH Network Newsletter, 21 May 2013

# **Employment**

ALZHEIMER SOCIETY OF BC HIRING FIRST LINK COORDINATOR

## **Alzheimer Society of BC hiring First Link Coordinator**

The Alzheimer Society of B.C. North and Central Okanagan Resource Centre is currently recruiting for the following position. The closing date for the posting is 9:00am Friday, June 21, 2013.

If you have any questions about these postings, please contact: Jo-Anne Teal, Human Resources, Alzheimer Society of BC, <u>jteal@alzheimerbc.org</u>

#### FIRST LINK COORDINATOR - NORTH AND CENTRAL OKANAGAN

Full Time

This position is full time and dependent on project funding, which is confirmed until March 31, 2014 with anticipated continuation.

First Link® receives formal referrals from physicians and health professionals of individuals who have received a diagnosis of a dementia. First Link® makes initial outreach calls and follow up calls at regular intervals to these individuals and/or their family to offer support and the opportunity to be connected with information, education and support services at the Alzheimer Society or in the community. The purpose behind connecting people with resources is to assist them with coping more effectively in living with dementia.

Based in Kelowna, the First Link Coordinator will connect, primarily by phone, with families affected by Alzheimer's disease or another dementia, to provide information and support, and link them to education and services.

To view the entire posting, click here.

-Source: Alzheimer Society of BC

# **Facts & Trends**

- CANADIAN EMPLOYEES WANT MORE RECOGNITION FROM THEIR LEADERS
- TEENS, SOCIAL MEDIA AND PRIVACY
- SURVEY FINDS HALF OF CANADIANS ADMIT TO PLAYING HOOKY FROM WORK
- CANADIAN EMPLOYERS STILL HESITANT ABOUT TELECOMMUTING
- EMPLOYERS INCREASINGLY OFFER NUTRITION PROGRAMS TO STAFF
- CONFIDENCE LEADS EMPLOYEES TO SEEK OUT GREENER PASTURES
- <u>NEW SURVEY FINDS CANADIAN BUSINESS EXECUTIVES OPTIMISTIC ABOUT ECONOMY</u>
- SURVEY FINDS QUALITY TRUMPS QUANTITY WHEN NETWORKING
- JOB SATISFACTION REMAINS HIGH FOR ADMINISTRATIVE PROFESSIONALS

# **Canadian Employees Want More Recognition From Their Leaders**

Gratitude can go a long way toward building positive working relationships, and executives might have room for improvement in this area, <u>suggests new research by Accountemps</u>. Among businesses of all sizes, 85% of chief financial officers (CFOs) surveyed said they feel they do an adequate job of recognizing their employees. However, 41% of office workers interviewed in a separate survey said they don't receive enough thanks for doing a great job.

Looking at regional differences, office workers from Quebec (70%) topped the list of respondents who reported receiving enough appreciation from their manager. The survey also revealed that in the United States, workers (76%) feel more appreciated than their Canadian colleagues and a majority of executives (65%) reported thanking their employees often enough.

-Source: CharityVillage.com, VillageVibes, 6 June 2013

# Teens, Social Media and Privacy

According to a recent US study, teen Twitter use has grown significantly in recent years: One in four (24%) online teens uses Twitter, up from 16% in 2011. But even as nearly eight in ten online teens have Facebook profiles, teen users report mixed feelings about it. The typical (median) teen Facebook user has 300 friends, while the typical teen Twitter user has 79 followers. And 64% of teens with Twitter accounts say that their tweets are public, while 24% say their tweets are private.

"Our focus group findings revealed complex and often negative feelings about Facebook interactions," said Sandra Cortesi, director of the Youth and Media Project at the Berkman Center and a contributor to the report. "Many teens longed for some online place that was free of 'drama,' and complex audience management requirements. Instead, some are turning to Instagram, Twitter and Snapchat to avoid these difficult peer dynamics."

## Survey Finds Half of Canadians Admit to Playing Hooky From Work

A new survey titled Sick or Tired? found that 54% of employed Canadians readily admit that they have called into work sick when they were not. And of those who said that they have faked being under the weather to avoid working, the majority (65%) stated that they have done so because they felt stressed or burned out. Other leading reasons that working Canadians cited for calling in sick when they actually were not include: needing to care for a sick child (35%); a workload that is too heavy (13%); and insufficient paid vacation days (12%).

-Source: CharityVillage.com, VillageVibes, 15 May 2013

# Canadian Employers Still Hesitant About Telecommuting

According to a <u>BMO Bank of Montreal poll of Canadian business owners</u>, there is a significant difference of opinion on whether telecommuting supports employee morale and productivity. Among Canadian businesses who offer telecommuting - the ability to work remotely from outside the office - to their employees, 65% report it had a positive impact on employee productivity and 58% report it improved the quality of work produced by those employees who telecommute. However, the report also indicates a number of Canadian businesses are hesitant to offer telecommuting, with 61% citing concerns about the possibility of lower morale and 53% troubled by the prospect of a loss of productivity.

-Source: CharityVillage.com, VillageVibes, 14 May 2013

# **Employers Increasingly Offer Nutrition Programs to Staff**

Two-thirds of Canadian organizations responding to a <u>Conference Board of Canada survey</u> offer nutrition programs, but less than half measure the impact of their programs on employees and few organizations are aware of what their initiatives eat up in costs. Almost two-thirds (65%) of employers that responded to the survey reported that their organization actively supports healthy nutrition in the workplace and ensures that healthy food options are available to employees. Most of these programs had been implemented within the last five years. The most common initiatives were healthy selections for the onsite cafeteria (52%) and healthy options for on-site catered meetings (50%). Yet, only 41% of organizations with nutrition-related initiatives in their workplaces measure the impact. These initiatives typically

accounted for 10 to 30% of an organization's overall wellness budget. Most commonly, organizations spent \$5,000 annually, but the expenditures ranged from zero to \$50,000 per year.

-Source: CharityVillage.com, VillageVibes, 14 May 2013

## **Confidence Leads Employees to Seek out Greener Pastures**

Nearly one-third (31.8%) of Canadian employees have indicated they are likely to leave their current job in the next two years, according to the <u>2013 Randstad Award study</u>. Additionally, more than half (54.4%) have indicated that the desire for more money and better benefits will influence their decision to look for a new employer. The study also notes that Canadians place high value on "a pleasant work atmosphere." Close to a third of respondents indicated that a pleasant work atmosphere is one of the most important factors that would motivate them to stay with their current employer.

Additionally, the study asked Canadian employees to define what a pleasant work atmosphere means to them. The factor "I am recognized when I do good work" made it to the top of the list (58%), followed by "Respect from colleagues" (55%), and "Feel part of a team" (51%). More than half of respondents also defined "an interesting job" as one that that make good use of their skills.

-Source: CharityVillage.com, VillageVibes, 9 May 2013

# **New Survey Finds Canadian Business Executives Optimistic About Economy**

Optimism in the Canadian economy has spiked significantly over the last six months, according to <a href="Ernst & Young's latest Canadian Capital Confidence Barometer">Ernst & Young's latest Canadian Capital Confidence Barometer</a>. Fifty-six percent of Canadian executives believe the country's economy is improving, up from only 29% in October, with access to capital, employment growth and corporate earnings all showing positive gains. A supplemental survey shows 67% of Canadian respondents report that they're worried about the effect of continuing uncertainty in the global economy on their business. However, while they plan to exercise caution over the next 12 months, they're optimistic about the longer term.

-Source: CharityVillage.com, VillageVibes, 8 May 2013

# **Survey Finds Quality Trumps Quantity When Networking**

The more business acquaintances you have, the merrier you might be. But the quality of those contacts has a bigger impact on your career success, a new <u>Robert Half Technology survey of information technology (IT) professionals</u> suggests. Sixty-three percent of IT workers polled recently rated the quality of their professional network as "very important" to their overall career success, compared to 46% who felt the same way about the size of their network. When it comes to making new connections, 44% of IT professionals surveyed prefer to network online and 22% favor doing it in person.

-Source: CharityVillage.com, VillageVibes, 25 April 2013

# **Job Satisfaction Remains High for Administrative Professionals**

<u>Purolator Inc. today released a survey</u> that found job satisfaction among Canadian administrative professionals to be high at 83.5 per cent. Of the HR professionals surveyed, 79.9% believe administrative professionals are taking on more responsibilities in their organizations. Administrative professionals surveyed agree - 63.2% have seen an increase in their workload in the past three years. HR and administrative professionals polled agree the top three most important skills for an administrative professional are:

- An ability to multi-task (62.6 per cent and 68.1 per cent respectively)
- Organizational skills (67.7 per cent and 58 per cent respectively)
- Computer skills (57.9 per cent and 50 per cent respectively)

-Source: CharityVillage.com, VillageVibes, 23 April 2013

# **Financial**

- CALL FOR APPLICATIONS FOR THE INSPIRIT FOUNDATION PLURALISM GRANTS
- THE ONTARIO CATAPULT MICROLOAN FUND FOR SOCIAL ENTERPRISES NOW ACCEPTING APPLICATIONS
- APPLY NOW FOR AFP'S NATIONAL SCHOLARSHIP PROGRAM
- MANAGEMENT CONSULTING AVAILABLE FOR NONPROFITS
- CALL FOR APPLICATIONS FOR THE INSPIRIT FOUNDATION PLURALISM GRANTS
- FUNDING AVAILABLE FOR PROJECTS LED AND INSPIRED BY SENIORS
- APPLY NOW FOR YOUTH PROJECT FUNDING
- TAKE A TOUR. RECEIVE A \$25 CHARITY GIFT CARD
- CODE FOR CHANGE 2013: UP TO \$10,000 OF IN-KIND SUPPORT FOR CHARITIES
- GRANTS OFFERED TO FILMMAKERS IN BC, ALBERTA

## **Call for Applications for the Inspirit Foundation Pluralism Grants**

Grants of up to \$25,000 will be awarded to projects that help young Canadians of different beliefs make a difference in their communities. Application deadline: July 16.

The Inspirit Foundation today announced its call for applications for the Pluralism Grants - Community Impact program. Formerly known as the Inspirit Bridge Building Grants, this pilot program supports projects that bring together young adults (aged 18-30) of different spiritual, religious and secular beliefs to work toward common goals that make our communities better places to live.

"Issues related to the intersection of culture, beliefs and youth engagement have recently been at the forefront of public debate," said Andrea Nemtin, President and CEO, Inspirit Foundation. "We believe that by collaborating with others of different backgrounds and beliefs to create positive change, young people will build relationships and feel more connected to our communities."

Proposed projects should address three areas: learning, collaboration and youth leadership. Examples of eligible initiatives include: arts, culture and media projects; community development and civic engagement programs; local environmental initiatives; youth leadership initiatives; and knowledge and skills development programs.

Grants of up to \$25,000 will be provided to registered charitable organizations and First Nations bands across Canada. To apply, please visit: <a href="http://www.inspiritfoundation.org/pluralism-grants/community-impact">http://www.inspiritfoundation.org/pluralism-grants/community-impact</a>.

#### **Applicant contact:**

Gwen Joy - gjoy@inspiritfoundation.org - 416.644.3600 ext. 4

#### **Media contact:**

Luciana Tuzino - ltuzino@inspiritfoundation.org - 416.644.3600 ext. 5 - Mobile: 647.802.1296

# The Ontario Catapult Microloan Fund for Social Enterprises now Accepting Applications

The application process for the \$600k Ontario Catapult Microloan Fund is now open. The four-in-one application allows you to apply to the Ontario Catapult Microloan Fund as well as three other acceleration opportunities. The Centre for Social Innovation (CSI), in partnership with the Province of Ontario, TD Bank, Microsoft Canada, Alterna Savings, KPMG and Social Capital Partners, is proud to announce a new social finance initiative for social entrepreneurs. The Ontario Catapult Microloan Fund will make between 15 and 25 investments in early stage social enterprises (nonprofit and for-profit) that are tenants or Community Members of CSI; will provide low interest loans of \$5,000 - \$25,000 to eligible social enterprises; and will provide a range of support to enable the social enterprises to succeed. Applications are due by Friday, July 12, 2013.

-Source: CharityVillage.com, VillageVibes, 6 June 2013

# Apply now for AFP's National Scholarship Program

The AFP Foundation for Philanthropy — Canada and Mackenzie Investments are teaming up to offer Canadian nonprofit professionals the opportunity to further develop their knowledge and skills in fundraising. Financial scholarships, up to a maximum of \$1,000, are being offered to cover registration and travel costs for educational programs at the local, national and/or international level. Applicants to the scholarship program are accepted twice a year. The next deadline for applications is June 15, 2013.

-Source: CharityVillage.com, VillageVibes, 6 June 2013

## **Management Consulting Available for Nonprofits**

Endeavour Volunteer Consulting for Non-profits has recruited and managed more than 300 volunteers to provide management advice to more than 55 nonprofit organizations in Ontario over the past five years. Key services include strategic, business, and marketing plans, communication and outreach campaigns, volunteer management and others. They are currently accepting applications from interested nonprofits with a deadline of July 7, 2013.

-Source: CharityVillage.com, VillageVibes, 29 May 2013

# **Call for Applications for the Inspirit Foundation Pluralism Grants**

The Inspirit Foundation today announced its call for applications for the <u>Pluralism Grants - Community Impact program</u>. Formerly known as the Inspirit Bridge Building Grants, this pilot program supports projects that bring together young adults (aged 18-30) of different spiritual, religious and secular beliefs to work toward common goals that make our communities better places to live.

Proposed projects should address three areas: learning, collaboration and youth leadership. Examples of eligible initiatives include: arts, culture and media projects; community development and civic engagement programs; local environmental initiatives; youth leadership initiatives; and knowledge and skills development programs. Grants of up to \$25,000 will be provided to registered charitable organizations and First Nations bands across Canada. The deadline for applications is July 16, 2013.

-Source: CharityVillage.com, VillageVibes, 28 May 2013

# Funding Available for Projects Led and Inspired by Senior's

The federal government is seeking applications for projects that will help seniors use their leadership abilities, energy and skills to continue to make a difference in their communities through the <a href="New Horizons for Seniors Program">NHSP</a> community-based project funding enables seniors to share their knowledge, skills and experiences with others and helps communities increase their capacity to address local issues.

Organizations may receive up to \$25,000 in grant funding per year and must address one or more of the program's five objectives: volunteering, mentoring, expanding awareness of elder abuse, social participation and capital assistance. The application deadline is July 5, 2013, in all provinces and territories except Quebec, which will close on September 6, 2013, to coincide with a provincial call for proposals.

-Source: CharityVillage.com, VillageVibes, 22 May 2013

## **Apply Now for Youth Project Funding**

National Bank is inviting nonprofit organizations from all over Quebec and Canada who want to initiate youth projects to apply for funding. Organizations are invited to submit inspiring youth initiatives that focus on three pillars of the <a href="National Bank's One for Youth program">National Bank's One for Youth program</a> such as health, well-being, and education and involvement, in order to receive financial support of up to \$25,000. In 2013, \$1 million will be donated in total. The deadline for applications is June 14.

-Source: CharityVillage.com, VillageVibes, 1 May 2013

## Take a Tour. Receive a \$25 Charity Gift Card

For a limited time only! Register for a 30 minute demonstration of Grant Connect and receive a \$25 CanadaHelps Charity Gift Card. Learn about a fantastic new fundraising tool while supporting your favourite cause. Hurry as quantities are limited.

Organizations that hold a subscription to <u>Grant Connect</u> or which are not registered Canadian charities are not eligible for this promotion. Love Grant Connect but not eligible for this deal? Pass the word on to your friends!

-Source: Imagine Canada, Imagine Matters, 14 May 2013

# Code for Change 2013: Up to \$10,000 of In-Kind Support for Charities

We are pleased to announce the 2013 call for applications for our <u>Code for Change</u>. This is the fourth year of the the program and we are excited to make an impact again.

Code for Change is a unique in-kind donation program to support select charitable organizations. Every year, we set aside 10% of our profits to put towards the Code for Change program. As part of the program, we will match your organization dollar-for-dollar, up to a maximum of \$10,000 of in-kind support to help increase your reach through web, social and print media.

-Source: pixel sweatshop, 17 May 2013

# **Grants Offered to Filmmakers in BC, Alberta**

Public Records, supported by Telus, is offering musicians and filmmakers across B.C. and Alberta up to \$5,000 in grants to produce music videos this summer.

Cities qualifying include Kelowna.

The Summer 2013 Music Video Fund will also include a Telus-funded production education component that teaches artists the craft of music video production. The final music videos will appear on Telus Optik

Local through Optik's TV on demand and online at Telus .com/optiklocal. Artists will retain full rights to their content.

"We want to support and give exposure to emerging Canadian musicians and filmmakers," said Public Records co-founder Tony Yacowar. "Through these grants we hope to find and champion undiscovered talent in B.C."

To be eligible for a grant, participants musts be musicians (artist or band) or filmmakers (individual or crew). Emerging artists and filmmakers from the following communities are eligible to apply: Metro Vancouver, Victoria, Nanaimo, Prince George, Kelowna, Vernon, Calgary, Edmonton, Red Deer, Lethbridge, Medicine Hat, Fort McMurray, Grande Prairie, Penticton and Kamloops.

Interested candidates can register at <u>publicrecords.org</u>. Official grant submissions take place to June 14.

-Source: pixel sweatshop, 17 May 2013

# **Fund Development**

- ASSOCIATION OF FUNDRAISING PROFESSIONALS
- THE BLACKBAUD INDEX DEBUTS FUNDRAISING BENCHMARK CALCULATOR
- CASH DONATIONS MOST COMMON WAY FOR COMPANIES TO GIVE BACK, REPORT FINDS
- UK NONPROFITS FACING GENERATION GAP IN FUNDRAISING, REPORT FINDS
- WHAT DO 77% OF PHILANTHROPISTS HAVE IN COMMON? (INTERNATIONAL)
- ONLINE GIVING SEEN AS A WAY TO ENGAGE YOUNG, CROSS-PLATFORM TECHNOLOGY USERS
- WHO SHOULD SET FUNDRAISING TARGETS?

## **Association of Fundraising Professionals**

Be a charter member of the new Okanagan AFP Chapter forming in Kelowna.

AFP offers networking opportunities, an unwavering commitment to the highest ethical standards and professional advancement opportunities for those in fundraising professions.

If you are interested in being a part of AFP and the new chapter, please contact Chantelle Funk at <a href="mailto:chantelle.funk@bccancer.bc.ca">chantelle.funk@bccancer.bc.ca</a>

Also, please visit www.afpnet.org for more information.

-Source: Chantelle Funk, Development Officer - Special Events, BC Cancer Foundation

# The Blackbaud Index Debuts Fundraising Benchmark Calculator

Blackbaud, Inc. has announced the launch of new features and specialty indices in <u>The Blackbaud Index</u>, a free charitable giving index, to make it easier for nonprofits to benchmark their fundraising results. The Index now features a fundraising benchmark calculator that will allow users to easily chart their own results against the Index, historical data to provide a fuller view of charitable giving, and new specialty indices focused on healthcare and medical research organizations. According to The Blackbaud Index, overall charitable revenue grew .4% for the three months ending April 2013 as compared to the same period in 2012 and online revenue grew 10.2%.

-Source: CharityVillage.com, VillageVibes, 4 June 2013

# **Cash Donations Most Common Way for Companies to Give Back, Report Finds**

According to the Canadian Conference Board's recent <u>Canadian Corporate Community Investment</u> <u>Benchmarking Report</u>, making direct monetary contributions to community organizations is the most common way for firms to give to communities. Providing corporate sponsorship or marketing expenses, comes a close second with almost 81% of the companies participating in the study making contributions this way. This form of corporate giving represents 18% of total corporate community investment (\$132 million).

It is least common for companies to engage in international community investment, which equals only 5% of the total value of contributions of surveyed companies. In-kind (non-cash) contributions are the third-most popular form of contribution, followed by employee volunteering programs and employee matching donation programs.

-Source: CharityVillage.com, VillageVibes, 8 May 2013

# **UK Nonprofits Facing Generation Gap In Fundraising, Report Finds**

UK nonprofits are facing a generation gap in fundraising, according to a <a href="new report launched today by software and services firm Blackbaud and consultancies Xtraordinary Fundraising and Stratcom">new report launched today by software and services firm Blackbaud and consultancies Xtraordinary Fundraising and Stratcom</a>. The study found that Mature donors are giving, on average, 27% more each year than Generation X and 38% more than Baby Boomers. The report also revealed that Mature donors are also more loyal to those causes they support, with almost 30% having donated to their causes for between 10 and 15 years and 16% for more than 20 years. While the Gen Y age group donates the least, they are the age group most likely to volunteer for a cause (29%) and to attend and organize events (16%). They are also the most engaged in participating online and sharing actions with others online, with 27% following a cause on a social network to stay informed and 25% sharing a cause's online content with others.

-Source: CharityVillage.com, VillageVibes, 29 April 2013

# What Do 77% of Philanthropists Have in Common? (International)

What 77% of philanthropists have in common is that they would rather not publicize their giving, according to a recent report by Forbes Insights, "BNP Paribas Individual Philanthropy Index: Measuring Commitment in Europe, Asia, Middle East."

-Source: Nonprofit Newswire by Imagine Canada, 30 May 2013

# Online Giving Seen as a Way to Engage Young, Cross-platform Technology Users

There's a new and fast-growing demographic that software developers are targeting for nonprofit clients and donors. Read More...

-Source: Nonprofit Newswire by Imagine Canada, 29 May 2013

# **Who Should Set Fundraising Targets?**

Faithful Agitator reader Reinier Spruit at Greenpeace International and 101fundraising blog has shared the results of his interesting survey on setting fundraising targets ... We are going down ... We have no target! Read More...

-Source: Imagine Canada, LinkedIn Discussion, 17 May 2013

# Housing

 HOMELESSNESS PARTNERING STRATEGY WEBINAR: PROMISING PRACTICES IN PREVENTING & REDUCING HOMELESSNESS

# Homelessness Partnering Strategy Webinar: Promising Practices In Preventing & Reducing Homelessness

Wednesday June 12, 2013, from 1:00pm-2:30pm Eastern Daylight Time (EDT)

This FREE Webinar opportunity combines web-based viewing of PowerPoint presentations with audio via a teleconference.

Presented in English with French simultaneous translation available.

Register now for this event at: <a href="http://event.networktelsys.com/HPS-SPLI">http://event.networktelsys.com/HPS-SPLI</a>

The Canadian Homelessness Research Network (CHRN), supported by the Homelessness Partnering Secretariat, has developed a framework to identify and share promising practices to support communities in the development of effective solutions to preventing and reducing homelessness. This webinar will provide an overview of the framework, as well as highlights from two promising practice case studies. The Victoria Cool Aid Society will present their holistic approach to providing housing and support services geared for specific needs. The Boys and Girls Club of Calgary will present an innovative housing-first program for youth.

-Source: Homelessness Partnering Secretariat

# Local

- 4TH ANNUAL LILLE GARD MUSIC AND ARTS FESTIVAL 28TH-30TH JUNE 2013
- 9TH ANNUAL SENIORS SAFETY FAIR
- FLOWER POWER GARDENS & PETS
- ART ADVENTURES RETURNS TO THE KELOWNA ART GALLERY
- SUMMER DAY CAMPS
- ARTS CAMPS FOR KIDS JULY-AUGUST
- KELOWNA MUSEUMS SUMMER CAMPS
- COOL ARTS 4TH ANNUAL FUNDRAISER 'HOT NIGHT FOR A COOL CAUSE'
- THE PARTY AQUATIC A GO PARTY!
- UNDERSTANDING DEMENTIA, COMMUNICATION & BEHAVIOUR
- OKANAGAN PRIDE EVENTS
- POSTPARTUM DEPRESSION AWARENESS 5KM WALK
- OPERATING GRANT TO BALLET KELOWNA
- ENJOY A HEALTHY SERVING OF SOCIAL ENTERPRISE!
- WOMEN 4 SUSTAINABILITY
- SENIORS' HOUSING INFORMATION SESSIONS
- CELEBRATE CANADA DAY WITH ANNUAL APPLE BIN PAINT-IN AT THE KELOWNA ART GALLERY
- UBCO HUMAN KINETICS STUDENTS
- ETCETERA KELOWNA YOUTH DIVERSITY PROM
- KELOWNA'S GOSPEL MISSION CELEBRATING MILESTONE 35TH ANNIVERSARY
- NATIONAL ABORIGINAL DAY
- HOT NIGHT FOR A COOL CAUSE
- INVITATION: PARTICIPATE IN KIDS ZONE AREA CANADA DAY
- CMHA KELOWNA ANNUAL COMMUNITY FORUM JUNE 13

### 4th Annual Lille Gard Music and Arts Festival 28th-30th June 2013

Caroline Mackay will be performing as part of the 4th Annual Lille Gard Music and Arts Festival 28th - 30th June 2013.

The event will take place at Bottega Farm Inn, 4485 Sallows Road, Kelowna. Her performance will be on the opening night of the festival as part of a unique event called Ten Ten (Friday 28th at 7:00pm.) Ten diverse and eclectic performers will each sing/play instruments/ dance/spoken word/poetry for ten minutes and the evening costs just \$10 to attend.

The festival then continues with many more visual artists, dancers and musical acts for the next two days.

Tickets together with the full schedule are available from www.lillegardfestival.com



in tribe house

-Source: Shahnaz

## 9th Annual Seniors Safety Fair

Explore over 50 different exhibits focused on the well being of seniors. Public Guardian & Trustee, Service Canada, Nexgen Hearing, The Arthritis Society, Okanagan Naturopathic Healthcare, Home Care providers, Victim Services, The Friendly Bus and many more.

9:30am Doors Open!

10:00am—11:00am Presentation "Be Fraud Aware", Malki Haer from BC Securities Commission

11:00am-11:30am Refreshments

11:30am—12:30pm Presentation "Representation Agreements, Power of Attorney, & Estate Planning"

**Door Prizes** 

Free Hearing, Cholesterol, and A1C1 Glucose Tests

Location: Trinity Baptist Church, 1905 Springfield Road, Corner of Spall and Springfield

Date: Wednesday June 12, 9:30am—1:00pm

-Source: Vi Sorenson, Executive Director, Seniors Outreach & Resource Centre, 28 May, 2013

### Flower Power Gardens & Pets

Don't miss the 16th Annual Kelowna Garden Tour Saturday, June 15th from 9:00am-4:00pm.

A self-guided tour of beautiful, unique, private gardens including a modern country garden featuring architectural finds and beautiful outdoor living spaces, a garden in the heart of the city with both formal and eclectic elements, a serene oasis in a park-like backyard complete with babbling brook, a stunning xeriscape garden, and a farm-style garden and greenhouse overflowing with fresh produce.

Get the answers to all your questions from the experts on site: Ken Salvail of AM1150 'The Garden Show' fame, Xeriscape Guru Gwen Steele and the Okanagan Master Gardeners.

Artists, food and wine tastings, and demonstrations complete this visual, cultural and culinary feast.

Tickets for Flower Power – Cool Digs & Groovy Gardens on Saturday, June 15th are on sale now for \$35. You can order online at <a href="https://www.flowerpowerylw.ca">www.flowerpowerylw.ca</a> or pick them up at Art Knapp, Bylands, Dogwood Nursery, Green & Bear It, The Greenery, and Rick's Garden World.

Flower Power – Cool Digs & Groovy Gardens is sponsored by Chris Sorensen of National Bank Financial Wealth Management and proceeds will help keep Ballet Kelowna on their toes.

### **Art Adventures Returns to the Kelowna Art Gallery**

The Kelowna Art Gallery is now accepting registrations for this summer's day camps for children. Art Adventures camps are available for pre-school children ages 3-5, and two separate camps are offered for children ages 6-8, and ages 9-11. Full-day camps and morning-only "mini camps" are offered, with activities running Monday through Friday.

Art Adventures begins July 8, and the daily or weekly camp programs run until August 23, 2013. Many of the Art Adventures camps include off-site trips to artist's studios, City Park, Waterfront Park, and Kasugai Gardens. During the camps, children can expect to develop skills in drawing, painting, printmaking, mixed media, and sculpture, while being inspired by the current exhibitions on view at the Gallery. Guest artists play a pivotal role at each of the camps, as they share their expertise with the children to help them develop a better understanding of art. New this year is a special series of workshops offered Fridays which are geared for teens aged 12-18.

Jim Elwood, an accomplished local artist comfortable working in several media, including drawing, watercolour, and block printing, will lead the workshops, which will explore artistic themes that range from "Street Art" to "Beach Sculpture."

Class sizes for all camps are limited, allowing formore one-on-one instruction to enrich the experience. All programs highlight skill-building and self-expression, as well as the introduction of new ideas and artistic techniques. "Art Adventures is primarily about creating a fun, and interactive experience for engaging children with art," says Renée Burgess, Head of Public Programming at the Kelowna Art Gallery. "It's important that we offer programs that allow kids to develop new skills, perspectives, and instill confidence in their own creative abilities. Art Adventures is a rewarding experience where the children have so much fun, they often forget they are learning." In addition to creative exploration for participants, Art Adventures can offer parents peace of mind that their children will be spending their summer days with their peers in a nurturing and creative environment.

For more information, or to register your child, please contact the Gallery at 250.762.2226 or online at <a href="https://www.kelownaartgallery.com">www.kelownaartgallery.com</a>

-Source: Joshua Desnoyers, Marketing and Events Coordinator, Kelowna Art Gallery, 6 May 2013

## **Summer Day Camps**

Stepping Stones is offering week long day camps for children diagnosed with high functioning Autism, PPD-NOS, Asperger's Syndrome and/or other developmental disabilities starting July 22 to August 29. Please see the attached poster for more information.

August 5-9: Sibling Summer Camp is a week long day camp for children who have a sibling diagnosed with Autism Spectrum Disorder or other developmental disabilities.

Our camps include a variety of arts, educational activities, physical activities, outdoor fun and community outings.

Registration is on a week by week basis. Ages, activities and fees vary from week to week.

#### August 5 – 9th, 2013

Stepping Stones is offering a week long day camp for children who have a sibling diagnosed with Autism Spectrum Disorder or other developmental disabilities. Day camps offer a variety of ways to engage your child in fun activities that facilitate social learning, build confidence, independence, and communication skills. Our camps include a variety of arts, educational activities, physical activities, outdoor fun and community outings.

Space is limited! Please contact Erin Rodier by email <u>erin.steppingstones@gmail.com</u> or phone 250.763.7414 to register or for more information.

-Source: Kyla LaFleur, Stepping Stones, 28 May 2013

# **Arts Camps for Kids July-August**

This year we have more camps than ever! Arts Blast, Mini Arts Blast, Summer Clay & Craft Camps, Pottery Camps, CAMP CREATE and theatre and acting for all ages. <u>Visit our website for details.</u>

-Source: Rotary Centre for the Arts, RCA Monthly News - Events, 2 June 2013

# **Kelowna Museums - Summer Camps**

Join us for a fun filled week of culture and learning!

July 29 - August 2, 2013: 9:00am-3:00pm \$165 for non members / \$120 for members Mapping Your Story: ages 6 to 9 Art Installation: ages 9 to 12

For more information, visit kelownamuseums.ca or phone 778.478.9767.

-Source: Kelowna Museums Society, Kelowna Museums Newsletter - April/May

# Cool Arts 4th Annual Fundraiser 'Hot Night for a Cool Cause'

Please help us celebrate 10 years of bringing accessible arts opportunities to adults with developmental disabilities in the Central Okanagan.

Cool Arts is hosting their 4th annual fundraiser complete with BBQ, dessert, silent auction and live music by the Malarkeys.

Imagine a lush orchard setting by the pool, live music, view of the city and lake.... awesome people, great art, good food and super music! All for a cool, cool cause.

Date: Saturday, July 27 2013, 6:00pm-10:00pm

**Cost:** \$35

For tickets visit Studio 111 at the Rotary Centre for the Arts, contact one of our board members or email <a href="mailto:info@coolarts.ca">info@coolarts.ca</a>.

-Source: Cool Arts Newsletter, 28 May 2013

# The Party Aquatic a GO Party!

Join us as we celebrate the opening of Douglas Walker: Other Worlds in nautical fashion!

Join us for this nautical-themed evening of art, music, performances, socializing, and libations, celebrating the opening of Douglas Walker: Other Worlds.

Picture sailors & mermaids, sirens & monsters of the deep, brightly coloured fish & sun-bleached driftwood. Come dressed in your finest blue-and-white nautical or ocean-inspired outfit as we take the festivities under the sea!

- Entertainment with Live DJ
- Special Performances

• Appetizers & Refreshments

• Two FREE aquatic-themed Beverages

• Admission to the Gallery Exhibitions

Silent Auction

• Chance to Win great Door Prizes

Date: July 5, 2013, 7:00pm-10:00pm

**Cost:** \$30 / \$20 members

Location: Kelowna Art Gallery, 1315 Water Street

Note: Tickets will not be available at the door. This event is ages 19+

-Source: Kelowna Art Gallery Newsletter, 24 May 2013

# **Understanding Dementia, Communication & Behaviour**

The Alzheimer Society of B.C. will be hosting an education session in Kelowna for family members who

are caring for a person with dementia.

#### Learn about:

• Dementia: types of dementia and practical coping strategies

• Tools for effective, meaningful communication with the person with Alzheimer's disease or another dementia

 Behaviour as a form of communication, tips for understanding what the person with dementia might be trying to communicate

**Date:** Friday, June 21, 2013 **Time:** 1:00pm-4:00pm

Location: Westbank Community Centre, 2466 Main Street, West Kelowna

To register for this session, please call Lila Sofonoff at 250.860.0750 or email lsofonoff@alzheimerbc.org

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The session is free to attend, donations are appreciated.

-Source: Rachel Chan, Regional Services Assistant, Alzheimer Society of BC, 24 May 2013

### Okanagan Pride Festival - It's a Splash!, August 11-17

Are you ready for Vegas baby? The Viva Las Pride wine tasting event is going to be absolutely splash spectacular! This event will be held early in the evening at The Laurel Packinghouse on Friday, August 16th in partnership with the fabulous people of the Okanagan Wine Festivals. Watch for details regarding ticket sales.

The evening continues with the 2nd Annual Drag Competition at Kelowna Actors Studio. This is an awesome venue - you'll feel like you're on Broadway! And there will be some great drag entertainment at the show - in addition to the competitors!

Want to show your pride? We're planning a Pride March on Saturday, August 17th starting from the Safeway parking lot and then heading down along Bernard Street to City Park. More details will be available as we get closer to the date. Get your rainbow gear ready!

Once at City Park, we will be showcasing some great entertainment during the Festival in the Park. This year the event will be held beach side, basking in the sun, with a BBQ hosted by Safeway and a beer garden. Look for Pooches on Parade to return as well!

Taste the Rainbow at The Level nightclub, late night, August 17th. We're very excited to have the infamous Drag Queen and actor Willam headlining at the dance this year! Are you as stoked as we are? Keep watching for updates as to when tickets will be on sale.

Come out to the Town Hall meeting on Monday, June 10th at 7:00 pm for a complete update on this year's Pride Festival and what volunteer opportunities are available.

-Source: Okanagan Pride Society, 5 June 2013

## **Postpartum Depression Awareness 5km Walk**

Date: Saturday, June 22nd

Schedule: Registration 12:00pm-1:00pm, Walk 1:00pm-3:00pm, Rally 3:00pm-4:00pm

Location: H2O Fitness Centre, Kelowna

All are Welcome: Families, Expecting Moms, Babies in Carriers & Strollers! Help to increase Awareness and Resources for Perinatal Mood Disorders by supporting and participating in this 5km Walk. For more information, Or to register and get your pledge sheet visit: <a href="www.PPDA.CA">www.PPDA.CA</a>

-Source: CATCH Network Newsletter, 4 June 2013

## **Operating Grant to Ballet Kelowna**

Ballet Kelowna receives grant Council approved the presentation of a \$30,000 Professional Operating Grant to Ballet Kelowna. Read More...

-Source: City of Kelowna, Council Highlights, 15 May 2013

# **Enjoy A Healthy Serving Of Social Enterprise!**

Join the Fresh Outlook Foundation at Metro Community in Kelowna on Wednesday, June 26th from 7-9am at its next Breakfast of Champions as we explore 'social enterprise' in the Central Okanagan. A model that allows a non-profit to operate a for-profit company to support its charitable activities, social enterprise ensures a business-like approach to community sustainability. Learn how it works and who's stepping up to the plate. Also hear how sponsor FortisBC is helping Metro Community identify opportunities for saving energy and money.

The cost is \$10/person. Please register here before June 21st

-Source: Joanne de Vries, Founder & CEO, Fresh Outlook Foundation, SustainAbility Support Services Inc.

# Women 4 SustainAbility

Just a note to confirm that our next Women 4 SustainAbility gathering will be held Wednesday, June 19th from 6-9pm. Please mark it on your calendar now! The focus is food security and agriculture, so we're exploring potential Central Okanagan venues to find one that best supports that theme.

For more information, contact Joanne de Vries, 250.766.1777(w), 250.300.8797(c)

-Source: Joanne de Vries, Founder & CEO, <u>Fresh Outlook Foundation</u>, SustainAbility Support Services Inc.

# **Seniors' Housing Information Sessions**

This free information session will cover the various housing options available to seniors, including Subsidized Housing, Supportive Living, Assisted Living, and Residential Care. An Interior Health nurse will also be present to help answer housing questions.

Sessions are held the second Thursday of every month.
The next sessions will be: June 13, July 11, August 8, 10:00am-11:30am

Seniors Outreach & Resource Centre, #102 - 2055 Benvoulin Court, Kelowna

To register for this free event please call 250.861.6180 or email <a href="mailto:senior@telus.net">senior@telus.net</a>

-Source: Seniors Outreach & Resource Centre, Kathryn McLean, Housing Outreach Social Worker & Volunteer Coordinator

# Celebrate Canada Day with annual Apple Bin Paint-In at the Kelowna Art Gallery

The Kelowna Art Gallery will once again celebrate Canada Day by hosting a much-loved family art activity. The Apple Bin Paint-In will take place on Monday, July 1 between 10 am and noon, outdoors at the Kelowna Art Gallery, where community members of all ages will be invited to paint their artistic visions on a side of an apple bin.

Twenty-five apple bins will be delivered to the Gallery by BC Tree Fruits for the event. After they are painted, these colourful bins will be kept on display to the public until the end of August. Then they will be picked up and delivered to local orchards to be filled with this year's apple crop.

New this year is the addition of wildlife-based organization Get to Know, who will be on site with a burrowing owl. In recognition of this, participants will be asked to consider incorporating an environmental take into their work of art. The gallery's website, <a href="www.kelownaartgallery.com">www.kelownaartgallery.com</a>, will feature a number of ideas and inspirations to assist participants in planning their creations.

-Source: Kelowna Art Gallery, Joshua Desnoyers, Marketing and Events Coordinator

#### **UBCO Human Kinetics Students**

I am the Practicum Coordinator at UBC Okanagan for the School of Health and Exercise Sciences. Each year, I place over 200 fourth year Human Kinetics students in the community for their volunteer work

experiences. Our students have been placed with several organizations including, but not limited to, those that focus on health promotion, rehabilitation, health and fitness, recreation and sport. Our placements also involve working with all populations across all age groups.

If you have any organizations looking for volunteers in the above-mentioned areas (usually over a 3 month period), please contact: <u>Rebecca Frechette</u> 250.807.9565.

-Source: UBCO, Rebecca Frechette, Practicum Coordinator/Instructor, School of Health and Exercise Sciences

# **Etcetera Kelowna - Youth Diversity Prom**

Date: Saturday, June 15, 2013, 7:00pm-11:30pm

All youth ages 15-25 are encouraged to come out and participate.

Games, music, DJ, mock-tails, and prizes for the best dressed! Plan your costumes and outfits (Fit the theme - be a princess, prince, a dragon, jester, evil witch, knight, etc.)

TICKETS: \$2 available at the door / FREE to those who volunteer with set up and running the event. All food and drinks will be no charge thanks to our event sponsors.

This is an alcohol and drug free event.

Contact <u>president@okanaganpride.com</u> for further information.

-Source: Okanagan Pride Society, Okanagan Pride June Newsletter

## **Kelowna's Gospel Mission Celebrating Milestone 35th Anniversary**

<u>Kelowna's Gospel Mission</u> is very proud to be celebrating its 35th Anniversary, along with the 5th Anniversary of our 30K Club.

To celebrate this milestone Kelowna's Gospel Mission is inviting everyone to their anniversary party - a fun, family BBQ in City Park with all-day entertainment and kids acitivities on Saturday June 22, from 10:00am-3:00pm.

-Source: Kelowna's Gospel Mission, Ami Catriona, 5 June 2013

# **National Aboriginal Day**

June 21, 2013

The day will be filled with fun events for the whole family and is open to public and any nationality to come celebrate Aboriginal Heritage and Culture.

- 10:00am—12noon: Activities with School District #23
- 10:00am-2:00pm: Entertainment by: Floyde Vedan
- 12noon—1:00pm: Lunch by Donation
- 4:30pm—6:00pm: Traditional Feast
- 6:00pm—8:00pm: Mini Powwow; Drummers & Singers: Little Hawk and Iron Mountain

We incorporate all elements into the day, Traditional food, Drumming, Singing and Dancing, and showcasing local talent!

-Source: Ki-Low-Na Friendship Society, Dorothy Spahan, Events and Volunteer Coordinator

# **Hot Night for a Cool Cause**

Saturday, July 27, 2013 / 6:00pm-10:00pm

Please help us celebrate 10 years of bringing accessible arts pportunities to adults with developmental disabilities in the Central Okanagan

BBQ, dessert, silent auction and live music by the Malarkeys.

Imagine a lush orchard setting by the pool, live music, view of the city and lake.... awesome people, great art, good food and super music! All for a cool, cool cause.

Tickets are \$35 each.

Address disclosed with ticket purchase.

For tickets visit Studio 111 at the Rotary Centre for the Arts, contact one of our board members or email <a href="mailto:info@coolarts.ca">info@coolarts.ca</a>

-Source: Cool Arts, 28 May 2013

## **Invitation: Participate in Kids Zone Area - Canada Day**

Here at Festivals Kelowna we are getting ready for our largest event, Celebrate Canada Day - Kelowna.

As part of our Celebrate Canada Day, Festivals Kelowna welcomes a variety of drop-in activities for children of all ages. In the "Kids Zone" we aim to create a dynamic and memorable experience for children of all ages through interactive stations, visual displays, or performances. The Kids Zone runs from 10:00am-4:00pm on July 1st.

We wanted to take a moment today to invite your organization to apply to help us enhance our "Kids Zone" by providing a free on site activity for children.

There is no cost to be in our "Kids Zone" area and with over 65,000 in attendance last year it's a great way to connect your organizations brand with our community.

I look forward to talking to any groups interested in helping us animate our Kids Zone area.

Ryan Donn, Program Coordinator, Festivals Kelowna, 250.868.3307, www.festivalskelowna.com

-Source: Festivals Kelowna, Ryan Donn, Program Coordinator

# CMHA Kelowna Annual Community Forum – June 13

Let your voice be heard at the Annual Community Forum held by CMHA Kelowna during an open discussion about mental illness and substance use issues. Those with personal experience with a mental illness or substance abuse issue, family members who have walked beside someone who has dealt with these experiences, and service providers in Central Okanagan are all invited to contribute to a discussion that will be considered when future plans are shaped.

Held at 504 Sutherland Avenue in Kelowna from 5:30pm-7:30pm. RSVP to this free forum by contacting Charly Sinclair at 250.861.3644 or email <a href="mailto:charly.sinclair@cmha.bc.ca">charly.sinclair@cmha.bc.ca</a>.

-Source: CMHA BC Division, Mind Matters, May 2013

# **National**

- THE 2013 CANADIAN NONPROFIT SECTOR SALARY AND BENEFITS REPORT IS NOW AVAILABLE!
- STATISTICS CANADA RELEASES TWO NEW NATIONAL HOUSEHOLD SURVEY REPORTS
- WHAT YOU NEED TO KNOW ABOUT THE NEW VOLUNTARY WORKPLACE MENTAL HEALTH STANDARD
- SAVE THE DATE FOR IMAGINE CANADA'S FREE WEBINAR ON THE STANDARDS PROGRAM
- SUPER CREDIT, SUPER OPPORTUNITY
- WITHOUT CHANGE IN PUBLIC POLICY, CANADA'S GENDER GAP WILL PERSIST
- HENNESSY'S INDEX: THE HIGH COST OF AUSTERITY

# The 2013 Canadian Nonprofit Sector Salary and Benefits Report is now available!

The only Canadian report to provide a detailed picture of salary and benefits packages exclusively in the nonprofit sector is now fully updated for 2013.

In this brand new report, you'll find comprehensive data, including a wide variety of tables, charts and graphs, in the Canadian nonprofit sector. The practical analysis allows you to quickly translate the data into important takeaways to immediately benefit your organization.

CharityVillage's Canadian Nonprofit Sector Salary and Benefits Study is the only one of its kind in Canada, offering a complete and exhaustive survey of the Canadian nonprofit compensation landscape.

Find out key metrics relating to:

- Annual cash compensation
- Regional cash compensation differences
- Cash compensation by organizational type, size and focus
- · Compensation by profession
- Performance incentive plans
- Non-cash benefit packages

Click here to learn more about the study and what it can do for your organization, and to preview the Table of Contents

-Source: CharityVillage.com, VillageVibes, 26 May 2013

# Statistics Canada Releases Two New National Household Survey Reports

Statistics Canada has released two new reports related to the National Household Survey (NHS) conducted in 2011.

The first report shows that Canada was home to about 6,775,800 foreign-born individuals in 2011. They represented 20.6% of the total population, compared with 19.8% in the 2006 Census. The country's immigrant population, the ethnic backgrounds of its people, its visible minority population, and its linguistic and religious diversity showed that Canada is an ethnocultural mosaic. In 2011, nearly 6,264,800 people identified themselves as a member of the visible minority population. They represented 19.1% of Canada's total population, compared with 16.2% in the 2006 Census.

The second report is focused on Aboriginal peoples in Canada and found that 1,400,685 people reported an Aboriginal identity in 2011, representing 4.3% of the total Canadian population. Aboriginal people accounted for 3.8% of the population in the 2006 Census. The Aboriginal population is younger than the non-Aboriginal population. Children aged 14 and under accounted for more than one-quarter (28.0%) of the Aboriginal population, compared with 16.5% among the non-Aboriginal population. Additionally, Aboriginal youth aged 15 to 24 comprised 18.2% of the Aboriginal population, compared with 12.9% of the non-Aboriginal population.

-Source: CharityVillage.com, VillageVibes, 8 May 2013

# What You Need to Know About the New Voluntary Workplace Mental Health Standard

The Psychological Health and Safety in the Workplace – Prevention, promotion and guidance to staged implementation (the "Standard") was released by the Mental Health Commission of Canada, the Bureau de Normalization du Québec and the Canadian Standards Association ("CSA") on January 16, 2013. (First Reference)

#### Read More...

-Source: Nonprofit Newswire by Imagine Canada, 5 June 2013

# Save the Date for Imagine Canada's Free Webinar on the Standards Program

On Thursday, June 20th, Imagine Canada is offering a free webinar session for organizations interested in learning about the Standards Program. An information webinar in French will be offered from 12:00pm-1:00pm Eastern followed by a session in English from 2:00pm-3:00pm Eastern. More details on registration will be provided soon.

The Standards Program is designed to assist organizations to strengthen their organizational practices and enhance public confidence in Canada's charitable and nonprofit sector through an accreditation process. More than 30 organizations are now accredited and many more are working towards it.

For additional information on the Standards Program visit the <u>Imagine Canada website</u> or <u>email standards@imaginecanada.ca</u>.

-Source: Imagine Canada, Imagine Matters, 28 May 2013

# **Super Credit, Super Opportunity**

"Much has been said and written about the new First-Time Donor's Super Credit announced in the recent federal budget. Like with anything else, there have been, and will continue to be, differing opinions on its intent and value. Views have ranged from the very positive to the very negative. My own reaction is certainly on the positive side of things." - Marcel Lauzière, President & CEO, Imagine Canada

Read more for Marcel's full perspective on the Super Credit

-Source: Imagine Canada, Imagine Matters, 23 April 2013

# Without Change in Public Policy, Canada's Gender Gap Will Persist

The coming weeks will see women and men graduating in nearly equal numbers from schools across Canada. By the time those women and men reach their 30s, they will see the gap between their incomes and their share of paid work widen. This pattern will continue throughout their working lives. The women of the class of 2013 can look forward to lower rates of promotion at work, less stable work, and diminished retirement security. They will occupy less than a quarter of the senior leadership positions in the public and political sectors.

A recent study, by CCPA research associate Kate McInturff, finds that Canada's progress in closing the gap between women and men in the areas of political and economic empowerment has slowed nearly to a standstill. Unless we do something differently, we won't be able to promise equality to the class of 2013 or any other graduating class for the next 228 years.

Read more about Canada's gender gap—and how we can close it—in the full report: <u>Closing Canada's Gender Gap: Year 2240 Here We Come!</u>

-Source: Canadian Centre for Policy Alternatives, 3 May 2013

# **Hennessy's Index: The High Cost of Austerity**

Hennessy's Index is a monthly listing of numbers, written by the CCPA's Trish Hennessy, about Canada and its place in the world. This month's edition of the index finds that government austerity comes at a high price.

Read the latest Hennessy's Index, What Price, Austerity?

-Source: Canadian Centre for Policy Alternatives, 3 May 2013

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# **Provincial**

- CANADIAN CENTRE FOR POLICY ALTERNATIVES BC UPDATE: LESSONS FROM THE 2013 BC ELECTION
- KEEPING DEMOCRACY ALIVE: ENGAGING IN POLITICAL PROCESS BETWEEN ELECTIONS
- NEW REPORT REVEALS SIGNIFICANT DAILY DEMAND UNABLE TO BE MET BY CURRENT PROGRAMS FOR VIOLENCE AGAINST WOMEN IN BC
- WHAT KIDS THINK ABOUT THE ELECTION MAY SURPRISE YOU

# Canadian Centre for Policy Alternatives BC Update: Lessons from the 2013 BC Election

As I write, it has been just a few days since the provincial election. As was the case for most of you, the result was unexpected. We are still processing what it means for our work and rethinking some of our research plans.

For those of us who engage in deep thinking about policy ideas, this election felt very shallow. It makes us question the value of careful and thoughtful policy development. Does the work of a research institute like ours even matter when so many political debates seem to unfold "fact-free"?

Many of you are no doubt disappointed about a host of lost opportunities – you hoped for more action on poverty reduction, the restoration of some funding for key public services, the first steps towards a child care plan, a clear "no" to tar sands pipelines, etc. Nevertheless, it's time to re-group, re-focus, and turn our attention back to the longer-term struggles ahead.

Here are a few of the initial lessons I draw from the election, and what it means for a progressive research institute like the CCPA — because I do think our work matters, more than ever. Read More...

-Source: FCSSBC Weekly News Items, 24 May 2013

# **Keeping Democracy Alive: Engaging in Political Process Between Elections**

Last week, Seth Klein reflected on some lessons from the 2013 BC election. Among the many important lessons he noted was the fact that "we need to better understand why so many people feel disengaged from politics and key policy debates." Indeed. Now that the election is over, those of us who are passionate about civic engagement need to do what we can to understand this trend and hopefully alter its course. Read More...

# New Report Reveals Significant Daily Demand Unable to be Met by Current Programs for Violence Against Women in BC

First Call Partner BC Society of Transition Houses (BCSTH) released a report this week based on data collected from the 24 Hour Census. It shows that only 64.6% per cent of women, youth and children from BC who attempted to get help from programs for violence against women were able to be helped.

Shabna Ali, Executive Director of BCSTH says that the 24 Hour Census shows that "there is a high demand for services and supports for women who have experienced violence and children who have seen violence directed towards their mothers. Programs do whatever they can to support the safety of every woman, youth or child who contacts them, but these programs are not always a funding priority - solutions are needed to ensure that every person who needs it is able to get help immediately."

BC Society of Transition Houses is a non-profit society representing Transition Housing, Children Who Witness Abuse, and other programs for women, youth and children who have experienced violence in BC.

Read the full press release here Read the report here

-Source: First Call: BC Child and Youth Advocacy Coalition, The Child and Youth Advocate Newsletter, 17 May 2013

# What Kids Think About the Election May Surprise You

Carolyn Tuckwell, the president and CEO of First Call partner The Boys and Girls Clubs of South Coast BC, asked boys and girls club members what things they thought our new government should focus on to make this the best place on Earth. ""Or, in other words, what you would fix if you were in charge?". Their responses showed a "stunning" depth of understanding of the current issues facing British Columbians, as well as an incredible amount of empathy.

#### Read the full article here

-Source: First Call: BC Child and Youth Advocacy Coalition, The Child and Youth Advocate Newsletter, 23 May 2013

# Research

- ONLY 22% OF ORGANIZATIONS FEEL THEY DELIVER ADEQUATE WELLNESS PROGRAMMING
- IS SUICIDE CONTAGIOUS AMONG TEENS?

# Only 22% of Organizations Feel They Deliver Adequate Wellness Programming

A recent Ceridian Canada survey reveals that more than 90% of Canadian organizations regard mental health as an important part of an overall health and wellness strategy. Yet only 22% of respondents say they believe the services they have in place to support employee mental wellness are adequate. Key findings from the study, Workplace Wellness: A Proactive Stance on Mental Health, are:

- 85% of respondents state that employee mental health is either an important component or is under consideration to becoming an important component of their organization's formal wellness strategy
- More than 88% of respondents cited 'addressing stress' as their organization's most significant mental health concern

Respondents' top three priorities for mental health program development are:

- 1. Employee effectiveness training (50%) on topics such as stress management, resilience-building and conflict resolution
- 2. A wellness program (42.8%) to promote self-care including activities such as yoga, meditation and walking clubs
- 3. Specialized consultations (43%) to support people managers in understanding mental health issues and effectively addressing potential mental health problems

Also uncovered in the study was that more than 40% of Canadian organizations have reviewed the <u>CSAs</u> <u>national standard on Psychological Health & Safety in the Workplace</u>, released January 2013. Among those who reported having reviewed the standard, more than 60% were actively reviewing their policies and procedures to assess for compliance.

- Source: CharityVillage.com, VillageVibes, 4 June 2013

# **Is Suicide Contagious Among Teens?**

A recent study has found that youth exposed to suicides among their peers are at greater risk of suicide themselves. Known as "suicide contagion," findings show exposure to the suicide of classmates increased

the probability of suicide ideation among other students, even more than personally knowing an adult who had taken their own life. Of over 20,000 youth ages 12 to 17, 15.3% of respondents aged 12 to 13 exposed to suicide in the past year reported suicide ideation, with the pattern persisting up to age 17. The study also found that knowing someone who died by suicide has lasting effects, as long as two years, that take the form of suicidal thoughts or actions. About 25% of adolescents are exposed to suicide before they turn 16 years old. Findings will contribute to helping to prevent adolescent suicidal behaviours. To read the entire study, visit <a href="https://www.cmaj.ca">www.cmaj.ca</a>.

- Source: CMHA BC Division, Mind Matters, May 2013

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- CHARITIES PROGRAM UPDATE FROM CATHY HAWARA, DIRECTOR GENERAL OF THE CHARITIES DIRECTORATE
- PLAINER LANGUAGE FACT SHEET SERIES

### **Human Resources Q&A: Termination - Plan for it!**

We've had several readers ask recently about termination: when it is appropriate, how to plan for it, how to handle it with the utmost compassion, etc. As such, Veronica will be addressing the issue in a new three-part series. This is the first article in that series.

Termination: The act of dismissing one from employment. A topic that is rarely talked about, and when it is, it's faintly whispered, behind closed doors in coded language like "we need to release Jane" or "reorganize John's role."

Read More...

-Source: CharityVillage.com, VillageVibes, 20 May 2013

## **Employee Health is Organizational Wealth**

In today's workforce, employees must keep up with a fast pace, a high level of stress and the juggling of multiple demands. Employees working in these types of environments can be left with jaded feelings, particularly of being overwhelmed, overworked and unappreciated. Perhaps as a repercussion for the work environments they create, organizations are left absorbing associated health costs such as employee attendance management (absenteeism), as well as disengagement and reduced productivity (presenteeism).

#### Read More...

-Source: CharityVillage.com, VillageVibes, 26 May 2013

# Recession Lingers as Demand Increases for Salvation Army Youth Programs

A new report from The Salvation Army, released as part of Dignity Month, reveals that despite a rebounding economy, many Canadian families and young people are still struggling to make ends meet. Youth in Need: The Economic Challenges revealed that since the recession began in 2008, 55 percent of Salvation Army youth programs in Canada saw an increase in demand for low-fee or free extracurricular programs and meals during those difficult times. One-third of programs reported to be full or at capacity.

#### Read More...

-Source: CharityVillage.com, VillageVibes, 21 May 2013

# **New Online Tool Helps Organizations Asses Workplace Mental Health**

Morneau Shepell has released a new online tool designed to help organizations respond to the new national standard for workplace mental health. The Mental Health Pulse Check involves a brief online questionnaire for employers. Results provide a high-level look that allows an organization to gauge its workplace mental health readiness against their industry average. By identifying areas of concern, employers can use this information to assess mental health performance relative to their peers, and decide if they need guidance and support.

-Source: CharityVillage.com, VillageVibes, 13 May 2013

# **New Campaign Encourages Better Workplace Mental Health**

According to a <u>recent study conducted by Ipsos Reid</u> on behalf of Partners for Mental Health, nearly half of working Canadians agree that work and place of work is the most stressful part of their lives. The survey also revealed that 16% of Canadians feel that work is a frequent or ongoing source of feelings of depression, anxiety or other mental health symptoms. Yet, these employees are often keeping these feelings and issues secret rather than confiding in their employers, colleagues or friends due to the possibility of stigma, discrimination and lack of support in the workplace. In fact, the same study indicated that two in three Canadians would not have an open discussion with their boss about their mental illness.

In order to help drive change, Partners for Mental Health has launched the Not Myself Today campaign. This campaign is designed to educate and engage Canadians on the issues of mental health in the workplace. It encourages businesses to step up and invest in mentally healthy workplaces. A key component of the program involves participating in a Not Myself Day @ Work, where businesses shine a spotlight on workplace mental health and engage individuals in meaningful ways to facilitate improvement.

-Source: CharityVillage.com, VillageVibes, 9 May 2013

# Want Charities to be Evaluated Based on Impact? Be Careful What You Wish For

In the nonprofit sector, disdain for accounting-based measures of overhead as a means of evaluating charitable activities now appears to be universal. At the same time, though, donors continue to rely

heavily on those measures, which only amplifies the frustration for those who dislike accounting-based evaluation. (Nonprofit Quarterly) Read More...

-Source: Nonprofit Newswire by Imagine Canada, 6 June 2013

# **Sparking Innovation in Your Organization With Professional Development**

In early March, my executive director invited my colleagues and I to take part in our organization's first ever professional development day. Each staff member was to follow a day-long program of their own design made up of any task they believed would help them in their staff role, even if it was not directly related to their job description. (CharityVillage)

#### Read More...

-Source: Nonprofit Newswire by Imagine Canada, 5 June 2013

# Three Critical Skills for Your Nonprofit's Content Marketing Team

The job of a nonprofit communications and marketing team is evolving fast. I'm often asked what skills a nonprofit marketer needs as a professional, and what skills need to be present on a team as a whole. I've answered it

#### Read More...

-Source: Imagine Canada, LinkedIn Discussions, 31 May 2013

# Video Example of a Charity Taking Advantage of the First-Time Donor's Super Credit. Do you Have an Example to Share?

We recently teamed up with Operation Smile to create a video that promotes the new super tax credit for first time donors. If you're a first time donor to a charitable organization, or have not donated since 2007, then you are... Read More...

-Source: Imagine Canada, LinkedIn Discussions, 31 May 2013

# Good Charities Spend More on Admin but it is not Money Wasted (UK)

Donors should not favour charities that have low administration costs as they are likely to be low performers, new evidence has suggested. The research, conducted by Giving Evidence and Givewell, is the first empirical data to be published about what administration costs indicate about charities' performance. Read More...

-Source: Nonprofit Newswire by Imagine Canada, 9 May 2013

# Why Charities Must be Open to Mergers and Collaboration

Companies merge to make more profit and public sector bodies are reorganised to provide better services – charities should do the same. Read More...

-Source: Imagine Canada, Imagine Matters, guardian.co.uk, 3 May 2013

# Landmark Study Sheds Light on Profound Benefits of the Performing Arts

Performing arts presenting generates a wide range of benefits for Canadians, the communities they live in and society at large, according to a report prepared by Strategic Moves and released today by the Canadian Arts Presenting Association (CAPACOA). Read More...

-Source: Nonprofit Newswire by Imagine Canada, 29 April 2013

# **Interested in Corporate Community Investment and CSR?**

Caring Company: Community Investment Professionals linkedin.com
Imagine Canada's Caring Company program was founded over 20 years ago by visionary corporate
leaders who recognized that creating a better country required enlightened partnerships between business
and community. Read More...

-Source: Imagine Canada, LinkedIn Discussions, 26 April 2013

# **Strengthening Neighbourhood Resilience**

Strengthening Neighbourhood Resilience: Opportunities for Communities and Local Governments" - Through partnership with Fraser Basin Council's Smart Planning for Communities program, The Building Resilient Neighbourhoods Project has just released a final report covering some of the research and lessons learned from the first phase of the project. To read the full report and learn more about strengthening neighbourhood resilience visit: <a href="http://www.fraserbasin.bc.ca/spc\_home.html">http://www.fraserbasin.bc.ca/spc\_home.html</a> This topic relates to building connected neighbourhoods which is vital for the healthy development of young children, the more you know your neighbours the more resources your children have to thrive.

-Source: CATCH Network Newsletter, 4 June 2013

# Audiobooks for Kids at the Library

ORL - Summer is coming, want something free to amuse your kids? How about a story or two? Okanagan Regional Library in partnership with RBdigital from Recorded Books (Prince Frederick, MD), is pleased to announce the launch of OneClickdigital, an online service that allows patrons to download a wide range of digital audiobooks, including best-sellers, Recorded Books exclusives, classics, selections for children and young adults, and much more. ORL customers have free access to the OneClickdigital collection at home, in the library, or on the go. OneClickdigital is compatible with all popular listening devices, and mobile apps are available for iOS and Android devices.

OneClickdigital features an easy-to-use interface with streamlined navigation, fast downloads, and automatic software updates. All you need is a library card and pin number to get started! "There's a great variety of titles, something for everybody, and no waiting lists for most of them!" says Fern Teleglow, Branch Head at the Kelowna Branch of the Okanagan Regional Library. Try out the OneClickdigital collection today at <a href="https://www.orl.bc.ca">www.orl.bc.ca</a>, or visit your local branch. With over 400 titles available you won't be disappointed. For further information on this new digital resource, please contact Chantelle McGee at <a href="mailto:cmcgee@orl.bc.ca">cmcgee@orl.bc.ca</a>.

-Source: CATCH Network Newsletter, 21 May 2013

#### From Seed to Cedar

A Campaign to support aboriginal early childhood development and care. To celebrate Childcare awareness month the BC Aboriginal Child Care Society (BC ACCS) launched the From Seed to Cedar campaign. The goal is to raise awareness about the crucial role of quality Aboriginal Early Childhood Development and Care (ECDC) programs in our communities, and recognize the work of dedicated early

childhood educators. We want to create a network of Aboriginal ECDC champions across BC. <u>Learn more</u> here

-Source: CATCH Network Newsletter, 6 May 2013

### The Philanthropist: New Issue

The Philanthropist has posted the full issue of The Philanthropist , Vol. 25, No. 2 online at <a href="http://www.thephilanthropist.ca/index.php/phil">http://www.thephilanthropist.ca/index.php/phil</a>.

The theme for this issue is Youth and Philanthrophy.

-Source: The Philanthropist, Marilyn Bittman, Managing Editor

## **How to Gain And Retain Top Performers**

Finding and keeping top performers for your organization can be tough. Making sure you hire the best person for the job is now more important than ever to help minimize turnover costs and boost organizational success. Here are some specific tactics that you can use to gain and retain top performers.

Step 1: Hiring the right people
1. Offer a fair salary that works. What's the better scenario
Read More...

-Source: CharityVillage.com, VillageVibes, 6 May 2013

# How a Simple Storyboard Helps Command Attention & Get Results - Virtually

Practical approaches for presenting important content that grab and keep peoples' attention, wherever they are. Help ensure that people stay focused and engaged on what you have to say. Read More...

-Source: IdeaEncore, 4Good Resources, 14 May 2013

## **Introducing Mindfulness: Youth Voices**

Mindfulness means "paying attention in a particular way: On purpose, in the present moment, and without judgment" (Jon Kabat-Zinn). Much of our stress, pain, and suffering comes from being pulled away from the present moment, with regrets about the past, worries about the future, and judgments about the present. Mindfulness can help give us resilience to rise above challenges and live life more fully.

We are excited to share that the Kelty Mental Health Resource Centre has developed a video on mindfulness for youth! The video features youth practicing mindfulness and discussing how the practice has benefited different aspects of their lives. It also includes insights from a health professional and mindfulness teacher. The video is available in English and also with subtitles in French, Korean, Punjabi, Farsi, Simplified Chinese and Traditional Chinese. You can view all videos here.

The Kelty Centre also has free downloadable mindfulness audio recordings and resources on mindfulness. For a full listing visit: <u>keltymentalhealth.ca/mindfulness</u>.

-Source: Kelty Centre, Kelty Updates, 21 May 2013

# Income Inequality Through the Lens of Families with Children in Canada

First Call ally, Campaign 2000, is a non-partisan, cross-Canada network of over 120 national, provincial, territorial and community organizations. Campaign 2000 submitted a Brief on Income Inequality to the federal Finance Committee studying income inequality in Canada. They highlight the continued high levels of child poverty in Canada and provide recommendations to address income inequality and poverty eradication.

#### You can read their full submission here

-Source: First Call: BC Child and Youth Advocacy Coalition, The Child and Youth Advocate Newsletter, 23 May 2013

#### **Reconciliation Canada**

Reconciliation Canada is a charitable project established as a collaboration between the Indian Residential School

Survivor's Society (IRSSS) and Tides Canada Initiatives Society (TCI).

Reconciliation Canada is building new relationships between Aboriginal peoples and all Canadians — relationships built on a foundation of openness, dignity, understanding and hope. Our initiatives engage people from every part of Canadian society in an open and honest conversation about our diverse histories and experiences in order to build resilient and sustainable communities.

#### **Events and Initiatives**

- Community Engagement: Reconciliation Canada is conducting a series of Reconciliation Dialogue Workshops across the province that create a safe place to engage Canadians in dialogue that revitalizes relationships, increases understanding of our shared history, and explores reconciliation.
- All Nations Canoe Gathering: Tuesday, September 17th, 2013
- Walk for Reconciliation: Sunday, September 22nd, 2013

For more information, please visit our website at: www.reconciliationcanada.ca.

-Source: Reconciliation Canada, May 2013

### **Hope Air**

Hope Air is there, every day, in your community, providing free flights to help individuals and families get to the specialized healthcare they need, but which isn't available to them locally. Last year, we did more free flights than ever before - 6,091 - and we are on target to exceed that this year!

Flights are completely free: healthcare must be covered by the provincial health plan to qualify. We fly out-of-province and out-of-country when required. It's easy to request a flight: when the patient has their appointment, go online to complete a flight request form at <a href="https://www.hopeair.ca">www.hopeair.ca</a> or call 1.877.346.4673.

Anyone can do it: a healthcare provider, social worker, a family member or the client/patient.

-Source: Hope Air, CK DesGrosseilliers, Communications Manager, 22 May 2013

# The Children's Mental Health Research Quarterly

Here is the latest edition of The Children's Mental Health Research Quarterly, Spring 2013, Vol. 7 No. 2.

Articles include:

- Paying attention to attention problems
- Treating ADHD: What works best?

• Keeping youth safe in cyberspace

-Source: The Children's Mental Health Research Quarterly, Charlotte Waddell

# Child Labour is No Accident: The Experience of BC's Working Children

This report brings together original research through interviews and focus groups, with existing studies to examine the consequences of child labour laws in BC. The study focused on three areas of potential impact: health and safety, wages and working conditions, and education. It also contrasts BC's law with employment standards in other jurisdictions.

Some key findings from this study include:

- Forty-three per cent of youth study participants reported sustaining workplace injuries
- Lack of pay for training is a common experience among working children and youth
- Sixty per cent of young people who participated in this study started work at age 14 or under, but only 24 per cent reported a parent had given written permission for them to start work, as required by the current legislation
- Sixteen per cent of participants reported having dropped out of school due to their work schedule and/or financial need and forty-six per cent reported being too tired and/or not having enough time to complete their homework or participate appropriately at school as a result of working too much
- About half of study participants reported they did not receive adequate (or in some cases any) training at their jobs

You will find a copy of the report and media release on our website

-Source: First Call: BC Child and Youth Advocacy Coalition, Newsletter, 10 May 2013

# **Programming for Aboriginal Dads is Rare but Valuable**

Parenting programs for Aboriginal dads are few and far between in Canada. Although they have proven to be a valuable tool, and can result in positive outcomes for Aboriginal families, a new study, Aboriginal Father Involvement Programs: A National Scan, by Jessica Ball MPH, PhD. & Sarah Moselle, BA from the University of Victoria, found just 35 programs across the country that serve Aboriginal fathers. The researchers inventoried these programs to discover what works, what their challenges are, and what resources are available for programs and professionals to use.

The study also found that there are certain factors that when added to Aboriginal father's programs, create better and lasting positive outcomes.

Some of the key components of successful programs that the report found are:

- A cultural component -- including having an elder involved in sessions, and having culture-based activities, such as crafts or outdoor activities
- Offering a meal during the program
- Having a male facilitator, ideally Aboriginal
- Being flexible -- welcoming dads whether they come sporadically or regularly

Challenges for many programs included lack of funding, keeping participants attending regularly, and the long-held belief in many cultures that men shouldn't show vulnerability or share their emotions. One program that has chosen to confront this stereotype works to help men understand that owning up to their feelings and sharing them takes courage.

You can read the full report on our website's resources section

-Source: BC Council on Families, Healthy Families, 4 June 2013

## **World-wide Elder Abuse Awareness Day**

World-wide Elder Abuse Awareness Day is on Saturday, June 15, 2013.

According to Ministry of Health documents, between 4 and 10 percent of seniors will experience some form of physical, emotional, financial or sexual abuse. It is also believed that abuse of seniors is significantly under reported.

While the Kelowna CRN does not directly offer services, it supports a coordinated approach to help abused, and neglected adults get the support and assistance they need.

For more information, on World Elder Abuse Awareness Day: <a href="www.bccrns.ca/resources/weaad.php">www.bccrns.ca/resources/weaad.php</a> Kelowna CRN Contacts are: Coordinator: Sheri Wood: 250.860.2040 (messages): email: <a href="mailto:sheridaine@shaw.ca">sheridaine@shaw.ca</a>

-Source: BC Assoc of Community Response Networks, Micki Smith: Regional Mentor

# Charities Program Update from Cathy Hawara, Director General of the Charities Directorate

The Charities Directorate is launching a new Charities Program Update bulletin. It will be sent to the 23,000 subscribers to the Charities Directorate email list. Lots of interesting information and statistics are contained in the Update. Read More...

-Source: Blumbergs' Canadian Charity Law List, May 2013

# **Plainer Language Fact Sheet Series**

A new series of booklets discussing mental health and illness in plain and clear language have been released by CMHA BC on behalf of HeretoHelp for lower literacy readers. Written at approximately a Grade 4 level, each booklet is recorded and could be a useful tool for people whose first language is not English. Providing background information, practical tips, and strategies to try at home, and key resources in BC, the six booklets are: Tips for Good Mental Health, What is Anger, What is Anxiety, What is Mental Illness, What is Depression, and What is Suicide. To learn more or download the booklets, visit <a href="https://www.heretohelp.bc.ca">www.heretohelp.bc.ca</a>.

-Source: CMHA BC Division, Mind Matters, May 2013

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# Social Media

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- A 34 POINT CHECKLIST FOR LAUNCHING A NEW WEBSITE FOR YOUR NONPROFIT
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- OPTIMIZING EMAIL MARKETING FOR SMARTPHONES & MOBILE
- BENCHMARKS AND BEST PRACTICES FOR NONPROFITS AND VIDEO
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- ARE YOUR SOCIAL MEDIA AND OTHER ACCOUNTS SECURE?
- HOW DO I SAY IT WITH CHARTS?
- DOES EXTREME CONTENT DELIVERY = LEARNING?
- SIX STEPS TO GREAT GRAPHS AND CHARTS

### Online Fundraising is the Future

Fundraising online isn't a channel that exists in isolation from direct mail, word of mouth and event-based fundraising: it makes each of them stronger! The web makes connecting easier—before and after events, in addition to receiving a newsletter and as a way to retain those who are already donors. Read More...

-Source: Heather Mansfield, DIOSA Communications & Nonprofit Tech 2.0, 3 June 2013

# 2013 Online Marketing Benchmark Study for Nonprofits

What does online fundraising success look like? Exceeding your annual campaign by 20%, demonstrating to donors exactly how their gifts were used, or knowing how and when to talk to supporters?

To get where you want to be, you need to know where you are today. The 2013 Online Marketing Benchmark Study for Nonprofits can tell you where you are in relation to your peers, what you can be doing better to speed your journey, and provide you with new fundraising ideas for the online space. <u>Read More...</u>



-Source: Heather Mansfield, DIOSA Communications & Nonprofit Tech 2.0, 3 June 2013

## Top 10 Resources if You're New to Nonprofits

If you're new to nonprofit communications, fundraising or technology, here are 10 top resources you should know about:

- Nonprofit Technology Network (NTen) As a long term member, I've learned through webinars, local 501 tech meetings, attending the annual conference and participating in a wonderful, supportive community
- 2. Idealware Wondering what software is best for your needs? Laura Quinn's Idealware offers impartial reports and low priced webinars to help you decide.
- 3. Beth's Blog Beth Kanter taught us how important social media was before it became mainstream. Her insights are always insightful.

#### Read More...

-Source: Heather Mansfield, DIOSA Communications & Nonprofit Tech 2.0, 3 June 2013

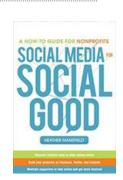
## Social Media and Mobile Media Webinars for Nonprofits

To accommodate nonprofit staff and volunteers and interns that can not attend my live webinars due to scheduling restraints or time zone incompatibilities, I recently launched a new Vimeo On Demand channel where all my live webinars are now archived and available for purchase for \$40 each (compared to a \$50 registration fee for a live webinar). This allows for flexibility in staff schedules and also provides a simple way to train new volunteers and interns at any time. Read More...

-Source: Heather Mansfield, DIOSA Communications & Nonprofit Tech 2.0, 3 June 2013

# 33 Must-Read Updates to Social Media for Social Good: A How-To Guide for Nonprofits

Social Media for Social Good: A How-To Guide for Nonprofits was released in August 2011 and despite the rapid change occurring on the Social and Mobile Web, 90% of the content still rings true. The functionality of the tools discussedhave changed slightly (see the Table of Contents for a compete list), dimensions have been tweaked, and Google+Pages, Pinterest and Instagram have since become relevant when launching a successful social media campaign for your nonprofit, but the vast majority of the best practices in the book have stood the test of time.



1. Introduction :: Integrating Web 1.0, Web 2.0, and Web 3.0 - Replace the

#### "Web 1.0: The Static Web" with "Web 1.0: The Broadcast Web."

Social Media for Social Good is written as a how-to, step-by-step strategic plan for nonprofits in three parts: Web 1.0: The Static Web, Web 2.0: The Social Web, and Web 3.0: The Mobile Web. Readers understand that one era compliments and empowers the previous one and that the set of tools associated with each era are not meant to be replaced by the tools indicative of the the era that follows. However, defining Web 1.0 and its tools – websites, e-newsletters and "Donate Now" buttons – are much better summarized as the Web 1.0: The Broadcast Web i.e., one-to-many communications defined as broadcasting outward with complete control of the message and no public interaction or feedback.

# 2. Chapter 1:: The Importance of Selecting the Right Donate Now Vendor - Add Google Wallet to the list.

At the time the book was written, mobile wallets hadn't been launched yet. They are mentioned in the book as a possible means to raise money in the future, but the concept of using them to donate online didn't even exist yet. Well, as of October 2012, Google Wallet is the first wallet service to launch the ability to donate online via a Google Wallet "Donate" button.

#### Read More...

-Source: Heather Mansfield, DIOSA Communications & Nonprofit Tech 2.0, 3 June 2013

# 5 Experts Share Top Social Media Advice for Nonprofits

As a follow-up to my recent post: 8 Tips for Effectively Using Social Media for Social Change, I asked leading nonprofit and communications experts for their best social media advice for nonprofits to get a well-rounded view of the topic from a variety of perspectives. You will hear from noted nonprofit authors, social media and video strategists, and experts who have dedicated their work to helping nonprofits communicate effectively and intelligently.

After their expert advice, be sure to join the conversation in the comments. Read More...

-Source: Heather Mansfield, DIOSA Communications & Nonprofit Tech 2.0, 28 May 2013

#### The Best & Worst Times to Post on Social Media

When is the best time to post on social media?

Well, as luck would have it, some enterprising minds in the business dedicated their time and resources to finding an answer. And the outcome is a new infographic (courtesy of Social Caffeine) that sheds light on this must-know information for social mobile marketers. View the Infographic...

# A 34 Point Checklist for Launching a New Website for Your Nonprofit

Don't start your nonprofit website without me, a checklist of functionality, features & third-party services

for nonprofit websites. If you're currently starting, or considering, a website redesign for your nonprofit organization, this guide's for you. From basic functionality to specific needs, this checklist will provide you with 34 ideas to consider, including:

- Responsive websites & email templates
- Social media integration
- Video & event-based analytics
- Maps & interactive charts
- And many more!



-Source: Heather Mansfield, DIOSA Communications & Nonprofit Tech 2.0, 28 May 2013

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How to Get More Engagement On Your Facebook Page

Many brands and organizations have a big problem on Facebook – getting engagement on their posts.

Engagement is absolutely critical to Facebook's EdgeRank algorithm - the equation that determines what your fans see in their News Feeds.

When I say "engagement", I don't mean numbers of fans, reach or number of posts on the Page. Engagement measures real time reactions to your Facebook activity – whether or not your fans Like, comment on and/or share your posts.

It begs the question: Do our Facebook fans care about what we are posting?

If you are in the same boat as most business Facebook pages, the answer is a resounding NO (most of the time).



This doesn't mean that you should resort to posting inauthentic, fake and pandering content just to get a few Likes. There is help. Take a look at this great infographic from American Express OPEN Forum on ways to improve engagement. <u>View the Infographic...</u>

-Source: Heather Mansfield, DIOSA Communications & Nonprofit Tech 2.0, 6 May 2013

## **Optimizing Email Marketing For Smartphones & Mobile**

Email isn't dead. In fact, it's one of the most popular activities people do on their smartphones and tablets. So are your email messages designed for this on-the-move audience?

The folks at GetResponse have created an infographic designed to help you get your email marketing into shape for mobile viewing. <u>View the Infographic...</u>

-Source: Heather Mansfield, DIOSA Communications & Nonprofit Tech 2.0, 6 May 2013

# **Benchmarks and Best Practices for Nonprofits and Video**

See3, YouTube and Edelman have released a new report and guide for nonprofits about using video. The report, "Into Focus: Benchmarks for Video and A Guide for Creators," is based on a survey of 500 nonprofits and interviews with experts (including me). The report describes current nonprofit use, adoption challenges, and best practices. Free webinars are being offered to share the report. You can download the report here (with email registration) or sign up for one of the free webinars here.

#### The big takeaway:

Nonprofits overwhelmingly agree that video is crucial to their communications, but many feel they do not know how to use it effectively or measure its impact – yet.

Some more detailed findings from the survey:

- 1. Video is important, and getting more important
  - 80% of respondents said video is important to their origination today
  - 91% believe video will become more important in the next 3 years
  - 92% value the investment they have made in video

#### Read More...

-Source: Beth's Blog, 3 June 2013

### **How To Make Sense of Your Social Media Metrics**

I've been facilitating a peer learning group with Packard Foundation grantees during the past year with a goal of improving measurement practice for social media and based on my book, "Measuring the Networked Nonprofit." Each organization is working on an action learning project that is a small, doable measurement project that applies the frameworks and steps in the book. Each month, we go deep into a practice step – both on the individual practitioner level as well as the organizational practice level. As the facilitator and SME, I provide some content, but participants do a lot of sharing and presenting as well. This helps spread good practices.

This group started the process with doing the hard work of identifying success and key performance indicators, but applying a organizational process to get everyone on the same page and reporting back. Once settled, we took deep dives into understanding how to collect, analyze, and visualize data to apply to better decision-making. The spreadsheet above is from the Community Foundation of Santa Cruz County for an action learning project that focused on measuring the results of the recently launched blog. Read More...

-Source: Beth's Blog, 31 May 2013

### **Are Your Social Media and Other Accounts Secure?**

A few days ago, I noticed that my long-time nonprofit technology colleague, Ruby Sinreich, had her digital life hacked and stolen from her. The hacker accessed many of her accounts and locked her out, and took over her Twitter, deleting her followers and changing the profile. Chronicled on her tumblr blog, it took her days to reach humans at different platforms to get help, faced many challenges, and all the while the hacker teased her and tried to sell her Twitter account on a hackers forum. She was able to finally take back control of her accounts after a very stressful ordeal.

This could happen to any of us. So, how can you make your social media and other account more secure? Read More...

-Source: Beth's Blog, 30 May 2013

# **How Do I Say It With Charts?**

Last month, Stephanie Evergreen wrote an awesome guest post called "Six Steps to Great Charts" with lots of practical tips for using the Excel chart feature to visualize your social media measurement data. The six steps:

Step 1: Which Chart is Best?

Step 2: Use Color To Emphasize

Step 3: Delete Data You Don't Need

Step 4: Directly Label

Step 5: Save As A Template

Step 6: Annotate

#### Read More...

-Source: Beth's Blog, 29 May 2013

# **Does Extreme Content Delivery = Learning?**

How do you learn? When you want to acquire a new skill or apply some new knowledge, do you learn by passively sitting and listening to an expert lecture for 90 minutes without a break and 150 PPT slides? What do you actually retain? And, what do you actually apply? Or do you learn better when you get a chance to process the content every 15 minutes by thinking about it quietly or talking with a peer? Do you concentrate better when you move around versus sitting for too long?

I know for myself that I don't learn, retain, or apply when content is endlessly shared – even from expert – without a break. If I can't process what I hear by asking questions of the expert or checking in with another participate or sitting quietly and just thinking about what was shared, there is a point that I reach after about 15 minutes – it's call "My Brain Is Full Up." I wondered whether or not I was just weird, so I have been looking to some of the literature that looks at learning design from the perspective of cognitive neuroscience.

#### Read More...

-Source: Beth's Blog, 23 May 2013

## **Six Steps to Great Graphs and Charts**

Low budget? No programming skills? Me, too! Great data visualizations don't necessarily require an expensive software package or a programmer on staff. Here is how you can work with what you already own, Excel, to increase the impact of your data visualizations. Let's start with one basic dataset – a count of the number of followers, advocates, and donors for a non-profit over the last 6 years – and rock the graph so it is clear and compelling.

Step 1: Which Chart is Best?

Excel provides all sorts of default chart types to choose from, but the truth is, keep it as simple as possible. If your data adds up to 100%, you might choose a pie chart. It's difficult to interpret area, so if you use a pie, restrict the number of wedges to 4 or fewer. People are better at judging length, so bar charts are a decent option also useful for comparisons. People are even better at judging points on a line, but box plots aren't yet a default option in Word (here's a tutorial on how to force one out of Excel, though

#### Read More...

-Source: Beth's Blog, 10 May 2013

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# **Training**

- TRAINER'S NOTEBOOK: THE ART OF GOOD OPENINGS AND CLOSINGS
- UNIVERSITY OF FREDERICTON LAUNCHES MBA IN SOCIAL ENTREPRENEURSHIP
- 2013 ARTS & CULTURE SUMMIT
- SAVE THE DATE: EARLY YEARS CONFERENCE 2014
- WEBINAR: NAVIGATING ONLINE MENTAL HEALTH RESOURCES
- STRATEGIC PLANNING FOR NONPROFIT
- UNDERSTANDING DEMENTIA, COMMUNICATION & BEHAVIOUR
- COMMUNITY AN INTRODUCTION TO HOME SHARING
- ENJOY A HEALTHY SERVING OF SOCIAL ENTERPRISE!
- COMMUNITY ACTION ON ABUSE FOR OLDER ADULTS
- PROVINCIAL CONFERENCE: CHILD AND YOUTH CARE ASSOCIATION OF BC

## **Trainer's Notebook: The Art of Good Openings and Closings**

I've just returned from an amazing trip of facilitating workshops, discussions and master classes as well as a keynoting a conference on "Measuring the Networked Nonprofit" in Australia and New Zealand. It made me very happy to be teaching non-stop for almost two weeks. I'm always learning as I help others learn. Here's a couple of reflections from my "trainer's notebook."

I started with a full-day workshop outside of Auckland called "The Networked NGO in New Zealand," this workshop was for activist organizations and focused on strategy, measurement, and best practices for managing and implementing social media as a network. Stephen Blyth, a nonprofit capacity builder who I met when I keynoted Connecting Up in 2008, hosted my trip to NZ and arranged for this workshop to take place on Makaurau Marae which is the land of Maori.

#### Read More...

-Source: Beth's Blog, 20 May 2013

# University of Fredericton launches MBA in Social Entrepreneurship

The Sandermoen School of Business at the University of Fredericton is now the first business school in Canada to offer an MBA and Executive MBA focused on Social Enterprise Leadership. The surge of recent announcements, political attention and media coverage pertaining to Social Enterprise is a testament to the rapid growth of this key sector in the Canadian economy. Responding to the growing need for leaders in this sector all across Canada, Sandermoen's new program has been developed with the assistance of some of Canada's foremost practitioners in the field; and to enhance its accessibility, it will be offered in a fully-online format. Industry advisor to the Social Enterprise program is David LePage, who has been a strong advocate and educator of enterprising nonprofits for many years.

#### Read More...

-Source: CharityVillage.com, VillageVibes, 22 May 2013

#### 2013 Arts & Culture Summit

#### From Volume to Value - Building Engagement, Capacity & Resilience

This year's summit will be held at the Rotary Centre for the Arts (421 Cawston Ave.) and is designed to get organizations and artists thinking about how they can expand their reach into the community and become stronger partners with their funders, supporters and audiences.

- Hear from our keynote speaker Howard Jang, a member of the Board of Directors of the Canada Council for the Arts, as he shares his insights on how Canadians can become actively involved in the arts and how the arts can become more engaged with Canadians.
- Explore how the concept of public engagement as it applies to your organization and learn how to plan for it as an outcome of what you do.
- Listen in as federal, provincial and municipal funders share information about new or changing programs and answer your questions during a Regional Funders Roundtable.

This year, Business for the Arts, a national organization that strengthens arts and culture in Canada by building partnerships between the private and cultural sectors, will introduce artsVest<sup>™</sup>, to Kelowna on the last day of the summit. artsVest<sup>™</sup> builds skills for organizations and provides an incentive through matching grants to create sponsorship relationships with the business community.

#### Download and complete the Arts & Culture Summit registration form

-Source: City of Kelowna, Recreation & Cultural Services, May 2013

## Save the Date: Early Years Conference 2014

**Shaping Childhood: Factors that Matter** 

**Date:** January 30 – February 1, 2014 **Location:** The Hyatt Regency Vancouver

Please <u>visit conference website to</u>: View advance notice, Book your accommodations, View conference committee, Learn about conference updates

-Source: CATCH Network Newsletter, 4 June 2013

# **Webinar: Navigating Online Mental Health Resources**

E-mental health services for children, youth and young adults: An interactive dialogue

With the overabundance of e-Mental Health tools available how can we narrow down the most appropriate options for use in our practice? How will we know if they are acceptable, effective, and equitable? A CIHR funded knowledge synthesis led by a team from the Winnipeg Regional Health Authority Research and Evaluation Unit and including members from the Manitoba Adolescent Treatment Centre (MATC) and the Addictions Foundation of Manitoba (AFM) explored the evidence for using e-Mental Health tools with children and youth up to age 25. In this Fireside Chat we discuss the findings of the Knowledge Synthesis and create a space for service providers and receivers to dialogue on their experience using e-mental Health tools and invite questions or thoughts on the appropriate use of e-Mental Health tools in practice.

-Source: CATCH Network Newsletter, 4 June 2013

# **Strategic Planning for Nonprofit**

Continuing in the Stevenson, Inc. tradition, Jossey Bass now offers webinars for nonprofit professionals.

Your Presenter: Michel Hudson, CFRE,, Chief Strategist and Founder, 501(c) onsulting

The strategic planning process gives nonprofit organizations the perfect opportunity to set goals, plan future activities, and measure outcomes. It can help you define specific goals and determine the actions you'll need to achieve them. No matter what size your nonprofit is, it's critical that you invest the time and resources into creating a strategic plan for your organization.

While annual planning sets your organizational goals for the year, it's strategic planning that provides a clear path to fulfilling those goals. More than just long-range planning, it helps you identify what's important to your group and allows you to respond quickly to a changing environment.

Date: Tuesday, June 11, 2013

Time: 2:00pm EDT; 1:00pm CDT; 12:00pm MDT; 11:00am PDT

Place: Your computer

Cost: \$119 per dial-in site (unlimited attendance per site) through 5/31/13; \$179 thereafter

To Register: Click here or call 866.872.5840

-Source: Jossey Bass Nonprofit Webinars, 21 May 2013

# **Understanding Dementia, Communication & Behaviour**

#### Learn about:

- Dementia: types of dementia and practical coping strategies
- Tools for effective, meaningful communication with the person with Alzheimer's disease or another dementia
- Behaviour as a form of communication, tips for understanding what the person with dementia might be trying to communicate

**Date:** Friday, June 21, 2013 **Time:** 1:00pm-4:00pm

Location: Westbank Community Centre, 2466 Main St., West Kelowna

To register for this session, please call Lila Sofonoff at 250.860.0750 or e-

mail: lsofonoff@alzheimerbc.org

The session is free to attend, donations are appreciated.

-Source: Alzheimer Society of BC, Rachel Chan, Regional Services Assistant

# **COMMUNITY - An Introduction to Home Sharing**

WJS Training Division is excited to bring you this course designed specifically for persons wishing to care for individuals in their own home!

"COMMUNITY" is a certificate course that will help prepare you to share your home, and life with an individual in care.

This Certificate Course provides an understanding of:

- The responsibilities and liabilities of a home share provider
- Building community, personalized planning and enhancing the quality of life of a person
- Reporting requirements
- Contractual relationships and responsibilities
- Accessing supports and services in the community

For More Information Contact the WJS Canada Training Division  $604.465.5515 \times 116$ 

-Source: WJS Canada Training Division, 24 May 2013

## **Enjoy a Healthy Serving of Social Enterprise!**

Join the Fresh Outlook Foundation at Metro Community in Kelowna on Wednesday, June 26th from 7-9am at its next Breakfast of Champions as we explore 'social enterprise' in the Central Okanagan. A model that allows a non-profit to operate a for-profit company to support its charitable activities, social enterprise ensures a business-like approach to community sustainability. Learn how it works and who's stepping up to the plate. Also hear how sponsor FortisBC is helping Metro Community identify opportunities for saving energy and money. The cost is \$10/person. Please register here before June 21st.

-Source: Joanne de Vries, Founder & CEO, Fresh Outlook Foundation, SustainAbility Support Services Inc.

# **Community Action on Abuse for Older Adults**

The YWCA invites you to attend a two-day FREE train-the-trainer course in your community on taking action against abuse of older adults. This introductory course is to teach basic awareness of abuse of older adults to your front-line staff/volunteers.

**Date:** August 20 & 21, 2013 (9:00am-4:00pm on both days)

Venue: Seniors Outreach & Resources, 102-2055 Benvoulin Court, Kelowna

Through this awareness course, you will increase your knowledge and response skills on the issue of abuse of older adults and be trained to facilitate a four-hour workshop to front-line staff in your organization.

#### **Prerequisites**

- You work or volunteer with an organization where older adults access your services (e.g. senior centres, community centres, faith groups, grocery stores, hospitality services, banks, neighbourhood houses, medical centres, transportation services, health and fitness centres, employment centres, care facilities, home support services, libraries).
- 2. You are committed to pre-reading in preparation for attending the two full days of training.
- 3. You will bring your skills back to your organization by facilitating a four-hour workshop to 10 to 15 front-line staff.
- 4. Use the link below to complete the prerequisite form (#4 on the list).

#### http://ywcavan.org/content/Train the Trainer Course/1700

For more information contact the Project Coordinator - Renu Chaudhry at <u>rchaudhry@ywcavan.org</u> or 604.895.5790.

-Source: YWCA Metro Vancouver, Jemma Templeton, Manager, Community Action on Elder Abuse

### Provincial Conference: Child and Youth Care Association of BC

On August 12th join The Child and Youth Care Association of BC for our first Provincial conference since 1989. The theme is revitalizing community with a specific focus on leadership, wellness, resiliency and frontline work of CYC practice. We have booked presentations that are fun, informative and interactive that will help build the capacity of child and youth care professionals in our province!

Date: Monday August 12th, 2013

**Place:** Vancouver BC **Time:** 9:30am-5:00pm

#### For more information

-Source: FCSSBC Weekly News Items, 7 June 2013

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# Volunteerism

- VOLUNTEER CANADA LAUNCHES SURVEY ON VOLUNTEER RECOGNITION
- STUDY FINDS 70% OF CANADIANS REPORT VOLUNTEERING FOR A CHARITY IN PAST YEAR
- HOW CAN VOLUNTEER CENTRES BECOME MORE SUSTAINABLE? (UK)
- 7 TRAITS OF AMAZING VOLUNTEERS
- STOP VOLUNTEERS FROM BEING THEIR OWN WORST ENEMIES
- VOLUNTEER FUTURES CONFERENCE
- BUSINESS CASE FOR EMPLOYEE MICROVOLUNTEERING
- 4 TIPS FOR A GREAT EMPLOYEE VOLUNTEER CAMPAIGN
- HEAR HOW VOLUNTEER CANADA MEMBERSHIP PAYS FOR ITSELF

# Volunteer Canada Launches Survey on Volunteer Recognition

Volunteer recognition is crucial to keeping Canada's volunteers feeling appreciated and engaged in their volunteer work. As part of the work around National Volunteer Week 2014, Volunteer Canada has begun developing new tools and resources exploring best practices and innovative strategies in volunteer recognition in Canada. To this end, they want to learn about your experiences, challenges and perceptions with volunteer recognition. They have developed two short surveys (one for volunteers and one for organizations), which will take no more than 10 minutes each to complete. Please submit your responses by June 27 and tell them what ways of saying "thanks" work for you.

If you are an organization/are involved in volunteer engagement, <u>please click here</u>. If you are a volunteer, <u>please click here</u>.

-Source: CharityVillage.com, VillageVibes, 5 June 2013

# Study Finds 70% of Canadians Report Volunteering for a Charity in Past Year

In the past year, Canadians have been a generous group with their time. According to a <u>study issued today</u> <u>by BMO Financial Group</u>, 70% of Canadians report that they volunteered for a charitable organization in the past year. The study found that the top reason Canadians volunteer is a desire to give back to the community (68%). Other reasons for volunteering include:

- A sense of duty (38%)
- It is a good way to meet people (35%)
- It reduces stress (33%)
- It is a good professional experience (24%)

When asked about the causes they support by volunteering, the top categories included:

- Local community programs (27%)
- Children's charities (19%)
- Health programs and disease research (17%)
- Poverty (11%)

-Source: CharityVillage.com, VillageVibes, 4 June 2013

# How Can Volunteer Centres Become More Sustainable? (UK)

A new smartcard designed to make volunteering easier and potentially bring in extra revenue for volunteer centres is being launched by Staffordshire Moorland Community and Voluntary Services (SMCVS). Read More...

-Source: Nonprofit Newswire by Imagine Canada, 6 June 2013

# 7 Traits Of Amazing Volunteers

If you and your organization want to take on the biggest challenges facing humanity you will need an amazing tribe of volunteers. The key word here is amazing. <u>Read More...</u>

-Source: Nonprofit Newswire by Imagine Canada, 5 June 2013

# **Stop Volunteers From Being Their Own Worst Enemies**

How can you challenge and educate volunteers who themselves perpetuate negative thinking about volunteering? Read this month's Hot Topic or listen to the audio version.

-Source: Nonprofit Newswire by Imagine Canada, 5 June 2013

#### **Volunteer Futures Conference**

<u>Volunteer Futures</u> - is Volunteer BC's annual training event for volunteer and non profit sector leaders from around the province. The event is October 3 & 4 in Richmond, BC at the Four Points by Sheraton Vancouver Airport Hotel.

Our theme RE: THINK VOLUNTEERISM will explore the different ways in which the non profit sector does, can, and should engage communities and volunteers.

Martha Parker - the keynote speaker for our conference will kick off the event by challenging us - to look at the big picture and to come to some conclusion around how we might choose to impact the future of volunteerism.

Volunteer Futures is a great, cost-effective training for anyone involved in non-profits whether as staff or volunteers. Volunteer BC will host two substance-packed days of workshops, panel discussions and networking sessions.

#### **Conference Website**

The conference website is now up. We are still finalizing our workshop schedule and will update this information soon.

Early bird registration/payment ends September 16.

-Source: Volunteer BC, 5 May 2013

# **Business Case for Employee Microvolunteering**

The vast majority of companies do not have employee volunteering programmes and of those that do, we believe these programs are underutilised. Given the advantages of the microvolunteering concept within a workplace environment, this guide is intended to provide a number of compelling reasons why your business could embrace microvolunteering if you do or don't run an employee volunteering scheme.

-Source: <u>IdeaEncore</u>, 4Good Resources, 14 May 2013

# 4 Tips for a Great Employee Volunteer Campaign

A question commonly posed to Realized Worth is, "Can you give me an example of a company that has a great corporate citizenship program?" If we're being honest (and we usually are), the answer is an

unequivocal "No." There is not one company that has every aspect of their corporate citizenship program figured out. Read More...

-Source: Realized Worth, Newsletter, 13 May 2013

# **Hear How Volunteer Canada Membership Pays for Itself**

Volunteer Canada provides its members with a robust suite of tangible benefits. What do our members think about the benefits offered to them? <u>Take a look</u> at what some of our members have to say about the return on investment Volunteer Canada membership provides them.

-Source: News from Volunteer Canada, 22 May 2013

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