



KCR

Monthly Bulletin July 2013

- [Monthly Bulletin – KCR Highlights](#)
- Monthly Bulletin – AGMs
- [Monthly Bulletin – Awards](#)
- Monthly Bulletin – Employment
- [Monthly Bulletin – Facts & Trends](#)
- [Monthly Bulletin – Financial](#)
- [Monthly Bulletin – Fund Development](#)
- [Monthly Bulletin – Housing](#)
- [Monthly Bulletin – Local](#)
- [Monthly Bulletin – National](#)
- [Monthly Bulletin – Provincial](#)
- [Monthly Bulletin – Research](#)
- [Monthly Bulletin – Resources](#)
- [Monthly Bulletin – Social Media](#)
- [Monthly Bulletin – Training](#)
- [Monthly Bulletin – Volunteerism](#)

[*Read the KCR Monthly Bulletin in Web Format Here*](#)

KCR Highlights

- [SAVE THE DATE: KCR'S 30TH BIRTHDAY CELEBRATION](#)
- [ADOPTION INFORMATION SESSION](#)
- [SUMMER CAMPS](#)

Save the Date: KCR's 30th Birthday Celebration

Date: September 27, 11:00-3:00

Where: #120-1735 Dolphin Avenue

- BBQ and Open House
- Information on services provided
- Meet the staff and board

Rsvp required: info@kcr.ca

-Source: Dawn Wilkinson, Community Services Manager, KCR

Adoption Information Session

Please call to confirm a seat! 250.763.8002 or toll free 1.800.935.4237

If you live outside of the Okanagan and would like to request an information session in your community, please contact our office!

We have recently finalized a working agreement with the Alberta Central Government for prospective adoptive parents who are residents of Alberta and who wish to adopt from HAITI.

-Source: Jenn Wall, Administrator of The Adoption Centre of British Columbia, KCR

Summer Camps

We currently have 38 listings of summer camps. Is your organization's information current? Check them out for your children. Go to www.kcr.ca, [Community Information Search Central Okanagan](#).

-Source: Dawn Anthony, Information Development, Community Services, KCR

[To Top](#)

Awards

- [RCY AWARDS OF EXCELLENCE](#)
- [ASHOKA CANADA IS ACCEPTING NOMINATIONS FOR FELLOWS](#)
- [CANADA'S COMMUNITY FOUNDATIONS ARE LAUNCHING A NATIONWIDE TALENT SEARCH](#)
- [CALL FOR YOUTH LEADERS – APPLY FOR 2013'S GET OUTSIDE BC PROJECT](#)
- [CASSIES AWARDS FOR COMMUNICATIONS NOW ACCEPTING APPLICATIONS](#)
- [CANADAHELPS WANTS YOUR FEEDBACK ABOUT THEIR WEBSITE](#)

RCY Awards of Excellence

DEADLINE FOR NOMINATIONS: July 31, 2013 at 4:00pm

The Representative for Children and Youth's sixth annual awards recognize and encourage excellence in British Columbia's child and youth serving system, and reflect the established goals of the Representative's Office; specifically those that:

- Profile and recognize best practices in program and service delivery to children and youth, and by youth
- Support initiatives to improve outcomes for all children with respect for their place, culture and community
- Draw on lessons learned to promote prevention initiatives and best practices

These awards recognize and honour people and organizations whose work with children and youth exemplify innovation, respect, and a commitment to improving outcomes and professional excellence.



A panel of qualified individuals will assist the Representative in selecting the winners. Winners will be recognized and honoured at award ceremonies in fall 2013.

To nominate an individual, office or organization for a Representative for Children and Youth Award of Excellence, follow the links to the awards categories below:

- [The Advocacy Award of Excellence](#)
- [The Cultural Heritage and Diversity Award of Excellence](#)
- [The Innovative Services Award of Excellence](#)
- [The Service Provider Award of Excellence](#)
- [The Youth Leadership Award of Excellence](#)
- [The Mentoring Award of Excellence](#)
- [The Lifetime Achievement Award of Excellence](#)

-Source: Federation of BC Youth in Care Networks Newsletter, 28 June 2013

Ashoka Canada is Accepting Nominations for Fellows

Ashoka Canada is accepting nominations for Fellows. Ashoka Fellows are practical visionaries who introduce, and fully commit themselves to realizing, an important, new idea. They bring to bear on the social problem a fresh analysis and insight about how to fix it. They get systems unstuck and open new opportunities for citizens to be changemakers. With creativity and entrepreneurial skill, they push ahead their idea until it changes a pattern through wide adoption, often over many years.

Ashoka teams use a standard selection criteria to gauge a candidate's fit with Ashoka as an Ashoka Fellow. Drawing on national and global perspectives, our interview sequence explores a candidate's life history of entrepreneurship and the idea's emergence and likelihood for systemic impact.

[Selection Criteria](#)

[Nominate a Candidate](#)

-Source: CharityVillage.com, 26 June 2013

Canada's Community Foundations are Launching a Nationwide Talent Search

Canada's community foundations are launching a nationwide talent search for local champions to star in the movement's first advertising campaign.



For more than 90 years, community foundations have been supporting communities large and small, from coast to coast. Together, Canada's 191 community foundations hold more than \$3.5 billion in assets, serve more than 80 per cent of the nation's population and play a crucial role in how people give back to their communities. [Read more...](#)

-Source: CharityVillage.com, 19 June 2013

Call for Youth Leaders – Apply for 2013's Get Outside BC Project

Youth, ages 13-18, are invited to apply for the Get Outside BC Project, an exciting leadership program and learning opportunity for youth who have a passion for getting more youth out in nature. To find out more about the program read the Champion piece in this month's newsletter or visit www.getoutsidebc.ca for more details or to [download the application form](#).



-Source: BC Healthy Communities Newsletter, June 2013

Cassies Awards for Communications now Accepting Applications

The [CASSIES Awards](http://www.cassies.ca) are a chance for communications professionals across all disciplines who produce paid client work, including advertising, public relations, social media, mobile and shopper marketing to be recognized for their work. Eligible CASSIES entries must demonstrate impressive business results and prove convincingly that these results are a direct output of the campaign. Details on how to enter, including a step-by-step video tutorial, can be found at www.cassies.ca/howtoenter. There are a variety of award categories, including not-for-profit. The deadline for submissions is August 1, 2013.

-Source: CharityVillage.com, Village Vibes, 4 July 2013

CanadaHelps Wants your Feedback About Their Website

We are interested to know how well our current website meets your needs. Your responses will help us shape the future of the CanadaHelps website. Your input is

valued and greatly appreciated. All information collected will be kept in strict confidence for statistical purpose only.

The survey should take less than 10 minutes to complete.

At the end of the survey, you can enter your contact information for a chance to win 1 of 10 \$100.00 CanadaHelps Charity Gift Cards, which can be donated to any registered charity in Canada.

Thank you in advance for your participation.

[CLICK HERE TO START THE SURVEY](#)

For more information, please contact: communications@canadahelps.org.

-Source: CanadaHelps, 2 July 2013

[To Top](#)

Facts & Trends

- [WORKING CANADIANS GIVE COMPANIES MEDIOCRE MARKS FOR COMMUNITY SERVICE](#)
- [NEW REPORT SHOWS HOW CANADIANS ARE FINDING NEW WAYS TO ADVANCE SOCIAL GOOD](#)
- [MORE CANADIANS WOULD PAY EXTRA FOR PRODUCTS FREE OF CHILD LABOUR, POLL SHOWS](#)
- [CANADIAN EMPLOYEES WANT MORE RECOGNITION FROM THEIR LEADERS](#)
- [SOME COMPANIES LET EMPLOYEES BUY EXTRA TIME OFF OR SELL UNUSED VACATION TIME FOR CASH](#)
- [NONPROFIT VIDEOS: BEST PRACTICES AND BENCHMARKS](#)
- [NEW REPORT FINDS TRADITIONAL LIBRARIES OFFER VALUED SERVICES TO YOUNG PEOPLE](#)

Working Canadians Give Companies Mediocre Marks for Community Service

Two thirds of working Canadians (67 per cent) believe their companies should be doing more to support communities, according to a new national survey commissioned by Big Brothers Big Sisters of Canada.



The study, conducted by Ipsos Reid, found that 43 per cent of employees rate their company as not being committed to community service. In addition, nearly eight in ten surveyed (87 per cent) agreed that business leaders should be more proactive in promoting civic engagement.

Among those polled, only 23 per cent had participated in a company-sponsored community event or project, yet 77 per cent said they would participate if their workplace provided time off to volunteer. Nearly eight in ten (77 per cent) also want their workplace to offer formal time-release programs and other incentives to volunteer. [Read More...](#)

-Source: CharityVillage.com Newsletter, 20 June 2013

New Report Shows how Canadians are Finding new ways to Advance Social Good

A new report published by 27 Shift and commissioned by Human Resources Skills Development Canada offers new research on how Canadians are finding new ways to advance social good. Beyond giving and volunteering: How and why individuals are exploring new ways to advance social good looks at how individuals are using consumerism, technology and data, investing, and business practices to support vulnerable populations in Canada. As a result of the research, the report highlights 42 overarching recommendations for both government as well as business and community. [Read More...](#)

-Source: CharityVillage.com Newsletter, 10 June 2013

More Canadians Would Pay Extra for Products Free of Child Labour, Poll Shows

Growing numbers of Canadians are willing to pay more for products that are free of child labour, according to a poll released just prior to the World Day Against Child Labour (June 12). Eighty-nine percent of Canadians said they would pay more, up from 68% last year. Canadians said they would pay on average 23% more to guarantee a purchase is child-labour free—this is double the amount they said a year ago. Additionally, 89% believe companies should be legally obligated to provide information about working conditions in factories, workers' wages and commit to not using child labour and 95% believe national governments in developing countries aren't doing enough to protect children from labour exploitation. Another 77% believe that the Canadian government and Canadians are not doing enough to advocate on behalf of children who are exploited. [Read More...](#)



-Source: CharityVillage.com Newsletter, 10 June 2013

Canadian Employees Want More Recognition From Their Leaders

Gratitude can go a long way toward building positive working relationships, and executives might have room for improvement in this area, suggests new research by Accountemps. Among businesses of all sizes, 85% of chief financial officers (CFOs) surveyed said they feel they do an adequate job of recognizing their employees. However, 41% of office workers interviewed in a separate survey said they don't receive enough thanks for doing a great job. Looking at regional differences, office workers from Quebec (70%) topped the list of respondents who reported receiving enough appreciation from their manager. The survey also revealed that in the United States, workers (76%) feel more appreciated than their Canadian colleagues and a majority of executives (65%) reported thanking their employees often enough. [Read More...](#)

-Source: CharityVillage.com Newsletter, 6 June 2013

Some Companies let Employees buy Extra Time Off or Sell Unused Vacation Time for Cash

Want more time off work to hang out at the beach? Need a little cash and have vacation days to spare? Some companies allow their employees to buy and sell vacation time, a perk that gives workers more flexibility in managing their time off. [Read More...](#)

-Source: CharityVillage.com Newsletter, 16 June 2013

Nonprofit Videos: Best Practices and Benchmarks

See3, YouTube and Edelman recently released Into Focus, a benchmark report and guide for nonprofits using video. This first-of-its-kind report provides both detailed close-ups of video best practices, and a broad look at the future of video communications on the nonprofit sector.

Key Takeaways

- 80% of respondents said video is important to their organization today
- 91% believe video will become more important in the next 3 years
- 92% value the investment they have made in video

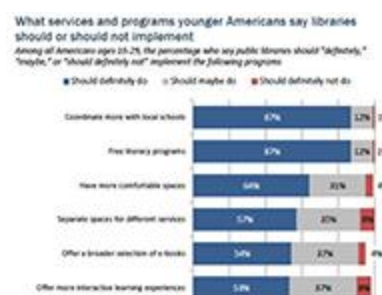
- When it comes to analyzing the impact of their videos, 76% of the respondents either don't know how it's measured or they only track it anecdotally

[Read More...](#)

-Source: *Volunteer Canada Media Monitoring, 21 June 2013*

New Report Finds Traditional Libraries Offer Valued Services to Young People

According to a new report by the Pew Internet & American Life Project, younger Americans — those ages 16-29 — exhibit a fascinating mix of habits and preferences when it comes to reading, libraries, and technology. Almost all Americans under age 30 are online, and they are more likely than older patrons to use libraries' computer and internet connections; however, they are also still closely bound to print, as three-quarters (75%) of younger Americans say they have read at least one book in print in the past year, compared with 64% of adults ages 30 and older. Americans under age 30 are just as likely as older adults to visit the library, and once there they borrow print books and browse the shelves at similar rates. Large majorities of those under age 30 say it is “very important” for libraries to have librarians as well as books for borrowing, and relatively few think that libraries should automate most library services, move most services online, or move print books out of public areas. [Read More...](#)



-Source: *CharityVillage.com, Village Vibes, 3 July 2013*

[To Top](#)

Financial

- [IT'S DREAM FUND TIME AGAIN](#)
- [2013 CALL FOR APPLICATIONS FOR CODE FOR CHANGE PROGRAM](#)
- [TD FINANCIAL LITERACY GRANT FUND](#)
- [MUNICIPAL ALCOHOL POLICY – NEW ROUND OF FUNDING ANNOUNCEMENT](#)
- [DEALS 4 DOGOODERS.COM](#)

It's Dream Fund Time Again

Application Deadline: July 12 at 4:30pm

The Federation of BC Youth in Care Networks (FBCYICN) Dream Fund Bursaries offer financial support to young people interested in career training and/or education opportunities. The FBCYICN distribute the Dream Fund to successful applicants three times a year.

The Education Achievement Bursary provides young people with up to \$2500 in funding for post-secondary school per academic year. What makes this bursary unique is young people can use this for all accredited schools, not just the usual designated post-secondary schools.

The Reach for Success Bursary is \$500 per year and can be used for a variety of workshops, courses and other skill building activities. Examples of this include driver's lessons, music lessons, food safe, fork lift certificate, sports and recreation fees etc. This bursary is not for post-secondary courses or programs.

[You can get your applications here](#)

-Source: Federation of BC Youth in Care Networks Newsletter, 28 June 2013

2013 Call for Applications for Code for Change Program

Code for Change is a unique in-kind donation program to support select charitable organizations. Every year, business Pixel Sweatshop sets aside 10% of their profits to put towards the Code for Change program. As part of the program, the company will



match an organization dollar-for-dollar, up to a maximum of \$10,000 of in-kind support to help increase your reach through web, social and print media.

Any nonprofit, charitable or community organization within Canada may be eligible for the program. International organizations are also encouraged to apply. [Read More...](#)

-Source: CharityVillage.com Newsletter, 26 June 2013

TD Financial Literacy Grant Fund

The deadline for the next round of applications will be September 19, 2013. For more information please visit: www.sedi.org/grantfund.

Social and Enterprise Development Innovations (SEDI) has announced that the TD Financial Literacy Grant Fund has awarded over \$1.8 million in grants to 23 community organizations in support of financial literacy projects. The Fund supports organizations that deliver financial literacy programming to low-income and economically disadvantaged people across the country.

To date, the TD Financial Literacy Grant Fund has awarded approximately \$7 million to 90 community organizations across Canada. Grants are awarded for innovation, research and development, and strategic program development in the area of community-based financial literacy. A further \$4 million will be allocated over the four remaining rounds of the Fund to financial literacy projects proposed by charitable and community organizations from across Canada. [Read More...](#)

-Source: CharityVillage.com Newsletter, 20 June 2013

Municipal Alcohol Policy – New Round of Funding Announcement

BC Healthy Communities (BCHC) is pleased to announce the second round of funding for the Municipal Alcohol Policy (MAP) program for local governments in BC.



BCHC is accepting expressions of interest from all local governments for seed grants of up to \$7,000 to develop a Municipal Alcohol Policy for their communities.

A Municipal Alcohol Policy helps support healthy communities by providing clear guidelines for alcohol use in municipal settings, reducing liability and contributing to a culture of moderation regarding alcohol use. For more information about the MAP program and the benefits for your community contact Krissi Spinoza at hccordinator@bchealthycommunities.ca or 250 952 9177 or [visit our website here](#).

-Source: BC Healthy Communities Newsletter, June 2013

Deals 4 DoGooders.com

[Deals 4 DoGooders](#) is a new Okanagan based fundraising service that provides money to local charities, non-profits and community groups from the sale of unique or hard to find discounted products (underway) and local merchant discount deals (coming soon). Our services are FREE for Businesses, Fundraisers and Consumers. Our business is a WIN3 proposition.



WIN: It provides an easy new way for local community fundraiser's to raise money. They receive 20% of the gross sale proceeds from a Local Merchant Deal promotion or our DoGooder Discount Deal* program.

WIN: It provides Merchants with the opportunity to expand their customer base and brand, with the bonus of supporting local fundraisers; without taking money out of their pocket.

WIN: It provides consumers with an opportunity to purchase discounted products and services while supporting local causes.

I would encourage you to visit Deals 4 DoGooders to learn more and to sign up or call Don at 250.462.9492.

[Fundraisers can register a profile here](#) to gain valuable exposure and earn money in two ways.

[Merchants can register a profile here](#) and partner with a local fundraiser of their choice to promote their business and support a good cause in their community.

[Consumers can sign up here](#) to receive a daily email that highlights the deal of the day for the city of their choosing. Of course, please tell all your friends and associates.

Thanks for your support.

The Deals 4 DoGooder Team

* DoGooder Discount Deals are different from Local Merchant Deals. DDDs are specific products that are sourced by us from a variety of wholesalers beyond the local market. These deals will also appear on our site in the future whenever there is an empty slot in our schedule of Local Merchant Deals. We've added this feature to our site for the benefit of fundraisers that are registered with us, but haven't lined up a deal with a local merchant yet.

-Source: DoGooders.com, Don H. DeGagne, CEO & Founding Partner

[To Top](#)

Fund Development

- [THE BLACKBAUD INDEX DEBUTS FUNDRAISING BENCHMARK CALCULATOR](#)
- [22 MAJOR DONORS SHARE THEIR GIVING MOTIVES AND VALUES](#)
- [WHAT ONLINE DONORS WANT TO SEE ON YOUR WEBSITE](#)
- [SIX TIPS FOR A SOLID GRANT BUDGET](#)
- [IT'S TIME FOR REAL TALK ABOUT REAL NONPROFIT OVERHEAD COSTS](#)
- [COLLABORATIVE DISRUPTION IN THE NONPROFIT WORLD](#)
- [THE PICKLE: LONG TERM FUNDRAISING GOALS, SHORT TERM FUNDRAISING STAFF](#)
- [LOOKING FOR FUNDRAISING RESOURCES? CHECK OUT SECTOR SOURCE!](#)

The Blackbaud Index Debuts Fundraising Benchmark Calculator

Blackbaud, Inc. has announced the launch of new features and specialty indices in The Blackbaud Index, a free charitable giving index, to make it easier for nonprofits to benchmark their fundraising results. The Index now features a fundraising benchmark calculator that will allow users to easily chart their own results against the Index, historical data to provide a fuller view of charitable giving, and new specialty indices focused on healthcare and medical research organizations. According to The Blackbaud Index, overall charitable revenue grew .4% for the three months ending April 2013 as compared to the same period in 2012 and online revenue grew 10.2%. [Read More...](#)

-Source: CharityVillage.com Newsletter, 4 June 2013

22 Major Donors Share Their Giving Motives and Values

The Institute for Philanthropy has published details of the values and beliefs which motivate 22 major donors to give to charity. The donors come from the UK, the US, Brazil, Canada, Lebanon and Mexico. Their foundations have an average endowment of \$79 million and they give away each year an average of \$2.1m. [Read More...](#)

-Source: CharityVillage.com Newsletter, 16 June 2013

What Online Donors Want to See on Your Website

It is tempting to think that websites are less important in this age of social media. But, as a recent report on young people revealed, the website may be more important than ever. [Read More...](#)

-Source: CharityVillage.com Newsletter, 16 June 2013

Six Tips for a Solid Grant Budget

The budget is the translation of your story into the language of numbers. It is the backbone of any grant application. Many funders consider the budget the best way to get a feel for your project and it is often the first section they read in your proposal.

But few fundraisers are trained accountants. Odds are that you cringe at the thought of spending time with spreadsheets. Hopefully some of these tips will get you through the process unscathed and with a budget you can be proud of. [Read More...](#)

-Source: Imagine Canada, Imagine Matters, 25 June 2013

It's Time for Real Talk About Real Nonprofit Overhead Costs

Instead of “do more with less,” we ought to be asking — and providing — what nonprofits need in order to be successful. The balance sheet doesn't begin to tell the whole story. [Read More...](#)

-Source: Imagine Canada Group Members, 21 June 2013

Collaborative Disruption in the Nonprofit World

Changing the world is a complicated business. You need a powerful mission that will inspire and motivate people; you need a problem that needs solving and an effective way to solve it. But you also need funding. It's critical, but rarely the part that inspires people. The fundraising teams of most nonprofits work behind the scenes, searching

(and competing) for donations and grants to fund the organization. That's the traditional approach, and while it has been effective in some cases, it's not the way forward. [Read More...](#)

-Source: Nonprofit Newswire by Imagine Canada, 21 June 2013

The Pickle: Long Term Fundraising Goals, Short Term Fundraising Staff

For many charities the senior fundraiser role has become a revolving door. And according to the recent CompassPoint report UnderDeveloped: A National Study of Challenges Facing Nonprofit Fundraising, the trend shows no sign of dissipating.

CompassPoint revealed that half of Development Directors anticipate leaving their position within two years or less. And the study is not alone in its findings. In a separate report, Penelope Burke found the average time fundraisers stay at a job is 16 months. [Read More...](#)

-Source: Imagine Canada, Grantseeker Monthly, 4 July 2013

Looking for Fundraising Resources? Check out Sector Source!

[Sector Source](#) connects charities and nonprofits with resources and information. Take a look at the [fundraising topic guide](#) or try a [library search](#) to find relevant resources from across the sector.



-Source: Imagine Canada, Grantseeker Monthly, 4 July 2013

[To Top](#)

Housing

- [THE STATE OF HOMELESSNESS IN CANADA 2013](#)
- [HOUSING FIRST IMPROVES SUBJECTIVE QUALITY OF LIFE AMONG HOMELESS ADULTS WITH MENTAL ILLNESS](#)
- [HOMELESS SEXUAL MINORITY YOUTH: AN OVERVIEW FOR THE NURSE PRACTITIONER](#)
- [ATTITUDES TOWARD MENTAL HEALTH SERVICES AMONG HOMELESS, RUNAWAY AND HOUSED YOUTH](#)
- [DELIVERING INTEGRATED SERVICE RESPONSES TO HOMELESSNESS](#)
- [CANADA'S FIRST NATIONAL CONFERENCE ON ENDING HOMELESSNESS, OCTOBER 28-OCTOBER 30, 2013](#)
- [ROOFS FOR YOUTH: DISCHARGE PLANNING AND SUPPORT FOR YOUNG PEOPLE LEAVING DETENTION—PILOT PROJECT](#)

The State of Homelessness in Canada 2013

The State of Homelessness in Canada: 2013 is the first extensive Canadian report card on homelessness. This report examines what we know about homelessness, the historical, social and economic context in which it has emerged, demographic features of the problem, and potential solutions. The State of Homelessness provides a starting point to inform the development of a consistent, evidence-based approach towards ending homelessness.

Our goal in developing this report was to both assess the breadth of the problem and to develop a methodology for national measurement. We believe that homelessness is not a given and that not just reducing, but ending, the crisis is achievable.



Highlights of the report include:

- 200,000 different Canadians experience homelessness each year, with as many as 1.3 million experiencing homelessness in the last five years;
- 30,000 Canadians are homeless on any given night;
 - 2,880 unsheltered (outside in cars, parks, on the street)
 - 14,400 staying in Emergency Homelessness Shelters
 - 7,350 staying in Violence Against Women Shelters
 - 4,464 provisionally accommodated (homeless but in hospitals, prison or interim housing)

[Read the Report](#)

-Source: Homeless Hub Newsletter, 19 June 2013

Housing First Improves Subjective Quality of Life Among Homeless Adults with Mental Illness

This study used an experimental design to examine longitudinal changes in subjective quality of life (QoL) among homeless adults with mental illness after assignment to different types of supported housing or to treatment as usual (TAU, no housing or supports through the study). We hypothesized that subjective QoL would improve over time among participants assigned to supported housing as compared to TAU, regardless of the type of supported housing received or participants' level of need. [Read More...](#)



-Source: Homeless Hub Newsletter, 26 June 2013

Homeless Sexual Minority Youth: An Overview for the Nurse Practitioner

Homeless sexual minority youth are overrepresented among homeless youth and experience more negative health outcomes than their heterosexual peers. Barriers to access and ethical challenges contribute to make this population one of the most underserved in the United States.

The aim of this article is to provide an overview of the evidence related to the health of homeless sexual minority youth and to identify a theoretical model of care for the nurse practitioner. A systematic literature review was used to determine the state of the evidence related to the health and health needs of homeless youth who identify as lesbian, gay, bisexual, or transgender and to search for a theory-based model of care.

[Read the Article](#)

-Source: Homeless Hub Newsletter, 11 June 2013

Attitudes Toward Mental Health Services Among Homeless, Runaway and Housed Youth

Youth homelessness is a serious concern in the United States that is commonly influenced by family conflict and parental maltreatment leading youth to flee their homes. Early traumatic experiences, combined with high rates of victimization, contribute to elevated levels of depression, post-traumatic stress disorder, substance abuse, and suicidality among homeless and runaway youth. A small number of studies have been conducted on mental health service use among homeless and runaway youth, with the majority of those studies reporting an under-utilization of services.

The current study provides an analysis of homeless and runaway youths' attitudes towards mental health services in order to identify possible factors that can assist service providers with understanding and increasing service engagement. Variables examined included help seeking propensity, psychological openness, concern for mental health stigma, parental maltreatment, street victimization and services needs assessment. The current study also examines the relationship between social support and attitudes toward mental health services. A comparison sample of housed youth was obtained in order to determine if mental health attitudes are unique to homeless youth. [Read More...](#)

-Source: Homeless Hub Newsletter, 11 June 2013

Delivering Integrated Service Responses to Homelessness

The report describes the results of an examination of available research on homelessness, approaches, plans and practices as they relate to ending homelessness and interviews with key stakeholders conducted in the Comox Valley and leading communities in BC and Alberta; Victoria, Calgary, Nanaimo, Red deer, Port Alberni, and Grand Prairie.



The report includes key sections:

- Understanding Homelessness
- Lessons Learned
- Best Practice Reviews
- Next Steps

[Read More...](#)

-Source: Homeless Hub Newsletter, 11 June 2013

Canada's First National Conference on Ending Homelessness, October 28-October 30, 2013

The Canadian Alliance to End Homelessness is pleased to present Canada's first National Conference on Ending Homelessness, October 28 to October 30, 2013 at the Delta Ottawa City Centre.



Whether you are a policy maker, funder, researcher, advocate, community leader or a front line worker our jam packed conference program will arm you with the inspiration, information, tools and training you need to begin ending homelessness in your community.

[Registration is now open!](#)

-Source: Canadian Alliance to End Homelessness, 19 June 2013

Roofs for Youth: Discharge Planning and Support for Young People Leaving Detention—Pilot Project

The Roofs for Youth Program (Roofs) is a partnership between Wood's Homes and the Calgary John Howard Society. Roofs provides reintegration support for chronically disengaged and homeless youth aged 15-18 years who are being released from the justice system without stable



housing and support services. Roof's provides a continuum of services from discharge planning to housing placement and then continuous case management supports to help the youth stay out of jail, remain housed and successfully transition to adulthood. [Read More...](#)

-Source: Homeless Hub Newsletter, 3 July 2013

[To Top](#)

Local

- [FREE FISHING DAY FOR THOSE WITH DISABILITIES IN PEACHLAND](#)
- [CREATOR'S ARTS CENTRE – FREE TUITION FOR SUMMER ARTS CAMP](#)
- [PARK & PLAY IS COMING TO A PARK NEAR YOU](#)
- [BC TRANSIT NEWS RELEASE](#)
- [BE AN ECO-BLAST BOOSTER](#)
- [WOMEN 4 SUSTAINABILITY](#)
- [SAVE THE DATE: CATCH FALL NETWORK GATHERING](#)
- [IH WITHDRAWAL MANAGEMENT AND INTENSIVE RESIDENTIAL SERVICES](#)
- [HEALTHY WEIGHTS](#)
- [WAIT LISTS: CENTRAL OKANAGAN CHILD DEVELOPMENT ASSOCIATION](#)
- [OKANAGAN CHARITIES REACHING THEIR GOALS](#)
- [FOUNDATIONS OF KELOWNA: A WALKING TOUR \(ALL AGES\)](#)
- [DROP IN FRIDAY AT KELOWNA MUSEUMS \(ALL AGES\)](#)
- [CENTRAL OKANAGAN – DRAFT REGIONAL GROWTH STRATEGY](#)
- [SENIORS' HOUSING INFORMATION SESSIONS](#)
- [WINNERS ANNOUNCED IN BEST OF KELOWNA](#)
- [COMMUNITY ACTION ON ABUSE FOR OLDER ADULTS](#)
- [DANCING IN THE PARK](#)
- [WOOLY WEDNESDAYS & FIBRE FRIDAYS](#)

FREE Fishing Day for those with Disabilities in Peachland

The Peachland Sportsmen welcomes all persons with disabilities to a day of fishing in Peachland.

Date: Saturday, July 20th 2013, 11:00am-2:00pm

Location: Peachland Heritage Park

- FREE BBQ Lunch from the Lions Club
- Prizes, Trophies, free bait and tackle supplied
- Come and bring your friends

Please let them know who and how many will be attending.

For more info call: Al Springer, 250.767.2287

-Source: Peachland Sportsmen Association, 24 June 2013

Creator's Arts Centre – Free Tuition for Summer Arts Camp

Creator's Arts Centre is a non-profit dance and drama school here in Kelowna and has been serving the community for over 18 years. The Telus Foundation and the Lohn Foundation have partnered with them again this year to create affordable arts opportunities for children ages 4-12yrs by donating to the Summer Arts Camp program. Creator's Arts Centre would like to offer children free tuition to the Summer Arts Camps this July and August. The dates of the camps are:

July 8th-12th

July 15th-19th

August 12-16th



Each week is a different theme so children can come to 1, 2 or all 3! Participants will explore dance, drama, visual arts and meet new friends. Contact the office if you have questions/to register visit www.creatorsarts.com, email Lauara at laura@creatorsarts.com or call 250.860.6616.

-Source: Laura Elliott, Artistic Director, Creator's Arts Centre, 27 June 2013

Park & Play is Coming to a Park Near you

Park & Play, a free family-fun night taking place at parks around Kelowna, is kicking off its fifth season at Curlew Park in the Mission on Tuesday, July 2. From 5:00pm-8:00pm, the City's Park & Play crew will fill the park with fun games and activities for children and parents/guardians such as relay races, bouncy castles and sports.



Park & Play will visit many Kelowna parks throughout July and August. Check the schedule, bring the kids and get to know your neighbours at a Park & Play near you.

- Loseth Park (Rutland/Black Mountain) – Monday, July 8, 15, 22, 29
- Curlew Park (Kettle Valley) – Tuesday, July 2, 9, 16, 23
- Matera Glen Park (Glenmore) – Wednesday, July 3, 10, 17, 24
- Kinsmen Park (Central) – Thursday, July 4, 11, 18, 25

- Mugford Park (Rutland) – Friday, July 5, 12, 19, 26
- South Kelowna Centennial Park (South East Kelowna) – Monday, August 5, 12, 19, 26
- Sumac Park (Rutland) – Tuesday, July 30, August 6, 13, 20
- Golfview Park (Glenmore) – Wednesday, July 31, August 7, 14, 21
- Gerstmar Park (Rutland) – Thursday, August 1, 8, 15, 22
- Jack Robertson Park (Glenmore) – Friday, August 2, 9, 16, 23

Parents and guardians are reminded that they are responsible for the care and supervision of their children. They are also encouraged to use active transportation such as walking or biking and to bring their own reusable water bottles.

For more information about Park & Play, call the Parkinson Recreation Centre at 250.469.8800 or visit kelowna.ca/recreation or facebook.com/cityofkelowna under events.

-Source: City of Kelowna, News Releases, 28 June 2013

BC Transit News Release

BC Transit and its local government partners in the Kelowna region are working together to match service levels with customer demand.



During the slower, summer season transit service hours are reduced so that added service hours are available during peak ridership from September to June. Effective June 30, 2013 Route #4 Pandosy/UBCO Express, Route #88 Special and other school-related trips are being seasonally discontinued for two months. Full service on all routes resumes on September 3, 2013. For more information on transit in the Kelowna regions please call 250.860.8121 or consult bctransit.com.

-Source: City of Kelowna, News Releases, 24 June 2013

Be an ECO-BLAST Booster

[Click here](#) to learn how you can join the ECO-BLAST Booster Club! Meet camp ambassador Eli Ord as he sings about an incredible experience that, with your help, will connect kids with nature through song, dance, art, and urban gardening from August 13th to 17th in Kelowna. Also see how you can help us meet our goal of sending 40 kids to camp who might not otherwise be able to attend! Camp and registration information are available on our [website](#).



-Source: Fresh Outlook Foundation, 18 June 2013

Women 4 Sustainability

Please note that we've changed the date of the Women 4 Sustainability gathering to Tuesday, July 9th from 6-9pm at the Benvoulin Heritage Church. The facility, the food, and the conversation will be scrumptious!

The drop-in fee is \$20, which includes locally grown and/or organic appies, dessert, coffee, tea, and juice. Local wine will be sold by the glass. Although you will pay at the door, we ask that you confirm your attendance by visiting our [EventBrite site](#).

Our agenda includes the following documentary movie reviews and topic discussion leaders:

- DIRT: Juanita Yuill (Interior Health)
- David Versus Monsanto: Heidi Osterman (True Food Foundation)
- The Garden: Christine Walsh (Regional District of Central Okanagan)
- Queen of the Sun: Toni Boot (Grassland Nursery)
- Forks Over Knives: Grace Edison (Natural Food Activist)

We're looking for a movie reviewer for the film Cafeteria Man, which chronicles the efforts of one chef to improve school nutrition in an American city. Interested?

You'll also enjoy food-related and agricultural success stories from the likes of Lisa McIntosh (Urban Harvest), Cathryn Wellner (BC Food Security Gateway), Diane Lees (Tower Garden), Helen Kennedy (Arlos Honey Farm), Ruth Mellor (Central Okanagan

Community Garden Society), Elena Westers (Growing Inspired), and Sue Lawrence (Avid Gardener).

-Source: Fresh Outlook Foundation, 12 June 2013

Save the Date: CATCH Fall Network Gathering

CATCH is planning a network lunch and presentation on Tuesday, Sept 24, 11:30 a.m. – 2 p.m. Watch this space for your invitation and registration information. Guest Speakers will include Joanne Schroeder, Deputy Director of HELP – UBC’s Human Early Learning Partnership speaking about some new initiatives at HELP and the recent, more positive results of the EDI – Early Development Instrument in Central Okanagan. Also speaking will be Menno Salverda, researcher for CATCH’s Engaging Hard to Reach and Vulnerable Families Research Project.

-Source: CATCH Network Newsletter, 26 June 2013

IH Withdrawal Management and Intensive Residential Services

The Bridge Youth & Family Services is proud to announce that we were the successful proponents for the Interior Health Withdrawal Management and Intensive Residential Services contracts. The Bridge will be providing 10 Withdrawal Management beds on the lower floor of 760 Highway 33 (where it is currently located) and 20 Intensive Residential Treatment beds at 265 Gray Road.

The remainder of the Bridge Youth & Family Services programs will transition to the top floor of 760 Highway 33 beginning in July; fulfilling a long term goal of having all employees under one roof!

-Source: The Bridge Youth & Family Services, Innovations, 26 June 2013

Healthy Weights

The Honourable Leona Aglukkaq, Minister of Health and Ron Cannon, Member of Parliament for Kelowna

Lake Country announced funding for nine innovative projects that will help children, youth and their families achieve and maintain healthier weights and healthier lifestyles in their communities. One of the nine projects announced is the Healthy Weights for Children, led by The Bridge Youth & Family Services.

This Project promotes achievement and maintenance of healthier weights in children and youth under 19, and their families, particularly those from underserved populations, including Aboriginal and minority groups and rural and northern communities across five regions of Canada.

Funding for this project through Public Health Agency of Canada's Innovative Strategy supports innovative programs across Canada to address complex public health issues and underlying environmental, social, demographic and economic factors that affect healthier weights among children, youth and families in Canadian rural, remote, northern and underserved communities.

-Source: The Bridge Youth & Family Services, Innovations, 26 June 2013

Wait Lists: Central Okanagan Child Development Association

I thought I would pass along some information about our waitlists to our families. When we did our final analysis for our 2012-13 year the numbers are astounding. For all services, COCDA received over 1,000 referrals, we currently have 733 on open caseload and our waitlist has by-passed our caseload and stands at 825. This means that some children may wait up to 18 months to 2 years for services and if that is the case they may reach school age before we can give services.

The COCDA has not received an increase in Ministry contracts for 5 years.

Your child may be waiting for services.

I have written to the premier to explain our plight but you may wish to contact your government officials as well about this matter so we have included some emails for you.

If you chose to write the Premier, The MCFD Minister or your MLAs we ask that you do not send on our email but create your own and tell your own story. Perhaps we can make a difference.

Thank you for all the patience and support that you give us.

Premier Christy Clark: christy@christyclark.ca

Minister Cadieux, Ministry of Children & Families: MCF.Minister@gov.bc.ca

Thank you for all the patience and support that you give us.

-Source: Wendy Falkowski ,Executive Director, Central Okanagan Child Development Association

Okanagan Charities Reaching their Goals

Numerous charitable causes in the Central Okanagan are closer now to realizing their unique goals. Last week, the Central Okanagan Foundation distributed \$160,417 to 22 local charities that “provide a diverse range of services and opportunities,” according to grants manager Cheryl Miller.

The recipient charities include: Arts Council of the Central Okanagan, Children’s Theatre, Community Recreational Initiatives Society, Creator’s Arts Centre Society, District of West Kelowna, Ecole KLO Middle School, Fresh Outlook Foundation, Friends of the South Slopes, Inn From The Cold, Kelowna Art Gallery, Kelowna Summer Theatre Festival Society, Kelowna Visual and Performing Arts Centre, Lake Country Art Gallery, Lake Country Heritage and Cultural Society, NOW Canada, Okanagan Boys and Girls Clubs, Okanagan Car Share Co-Op, Okanagan Chinese Canadian Association, Resurrection Recovery Resources Society, The Responsible Animal Care Society, The South Okanagan Rehabilitation Centre for Owls YMCA of the Okanagan.

The Central Okanagan Foundation pools charitable gifts of donors to create endowment funds and then uses the investment income to make grants.

The charities who benefit are located in Lake Country, Winfield, Oyama, Kelowna, West Kelowna and Peachland.

The foundation accepts grant applications twice yearly, May and October.

It is overseen by foundation staff and a volunteer committee of local residents. [Read More...](#)

-Source: Kelowna Daily Courier – Mailing List, 22 June 2013

Foundations of Kelowna: A Walking Tour (All Ages)

Downtown Kelowna: Alive with History! – Discover downtown Kelowna from its beginnings as a mud road to the newly completed revitalization project. This tour will include stories of all the people and businesses that have brought the downtown alive over the years. Tour Dates: June 29, July 13, July 27, August 10, and August 24. History on Bernard! – Discover the stories about the people who built Kelowna and the homes that stand in their memory. Tour Dates: July 6, July 20, August 3, August 17, and August 31. Tours begin at 10:00 am sharp. Be sure to meet at the Okanagan Heritage Museum 5 to 10 minutes before the tour begins. A \$2 donation is greatly appreciated and will go towards supporting our education and public programming here at the Kelowna Museums!

-Source: Kelowna Museums, 2013 Summer Programs

Drop in Friday at Kelowna Museums (All Ages)

Every Friday at 11:00am we are offering fun drop-in programs & tours at one of our engaging museums. All programs start at the Okanagan Heritage Museum. Please visit our website to see the full list of programmes being offered or give us a ring at 250.763.2417. A \$2 donation is appreciated.

-Source: Kelowna Museums, 2013 Summer Programs

Central Okanagan – Draft Regional Growth Strategy

In 2009, discussions began regarding the need to review and update the Regional Growth Strategy (RGS) to reflect several key changes that have occurred in the region

since 2000. On October 25, 2010, the Regional Board authorized a work plan to review the RGS and the work plan was to include an assessment of the emerging trends and changes that have occurred in the region since 2000. The review of the RGS is a collaborative effort to review and assess regional issues and update the RGS goals and policies that allow the region to manage population growth while preserving the region's unique lifestyle. The authorized work plan was to include the following:

- Identify, assess and evaluate current and emerging issues that affect or may affect the growth pattern and sustainability of the community
- Define a common vision for the desired regional future
- Guide the pattern of regional development and investment decisions
- Enhance communication, coordination and collaboration among regional partners and senior levels of government

The update to the RGS is to provide a coordinated and consistent approach for growth management across the region by establishing economic, environmental and social objectives to guide local governments in decisions to create a healthy and sustainable place to live, work and play.

The following is a link to the [draft RGS](#) that was presented to the Regional Board on June 13, 2013. (www.futureok.ca)

Now with the draft RGS being available for comment.

Please submit the comments by Wednesday, July 10th, 2013. If you have any questions, please do not hesitate to contact us at the Regional District offices.

-Source: Regional District of Central Okanagan, David Widdis, Regional Growth Strategy Coordinator

Seniors' Housing Information Sessions

This free information session will cover the various housing options available to seniors, including Subsidized Housing, Supportive Living, Assisted Living, and Residential Care. An Interior Health nurse will also be present to help answer housing questions.

Next sessions will be:

Dates: July 11, August 8, September 12, 10:00am – 11:30am

Location: Seniors Outreach & Resource Centre, #102 – 2055 Benvoulin Court, Kelowna, BC

To register for this free event please call 250.861.6180 or email senior@telus.net.

-Source: Seniors Outreach & Resource Centre, Kathryn McLean, Housing Outreach Social Worker & Volunteer Coordinator

Winners Announced in Best of Kelowna

Thank you, Kelowna! More than 76,000 ballots were cast in the first annual Best of Kelowna 2013 competition and the Winners are out now!

Visit Bestof.WelcometoKelowna.com and see if your favourites made the cut. Thanks to marketing and digital agency, [Csek Creative](#), the site offers more info on all of the nominees and winners and even allows you to map categories, so you can find the best near you! The clever Csek team are behind this whole promotion and the site that handled the mass of voting, so our sincerest thanks to them for all of their hard work in helping to promote our awesome city.

You can also pick up your copy of the 'Best of Kelowna 2013 Magazine' produced and distributed by Kelowna Capital News!

-Source: WelcometoKelowna.com, 12 June 2013

Community Action on Abuse for Older Adults

The YWCA invites you to attend a two-day FREE train-the-trainer course in your community on taking action against abuse of older adults. This introductory course is to teach basic awareness of abuse of older adults to your front-line staff/volunteers.

Date: August 20 & 21, 2013 (9:00am–4:00pm on both days)

Venue: Seniors Outreach & Resources, 102-2055 Benvoulin Court, Kelowna

Through this awareness course, you will increase your knowledge and response skills on the issue of abuse of older adults and be trained to facilitate a four-hour workshop to front-line staff in your organization.

Prerequisites

- You work or volunteer with an organization where older adults access your services (e.g. senior centres, community centres, faith groups, grocery stores, hospitality services, banks,

neighbourhood houses, medical centres, transportation services, health and fitness centres, employment centres, care facilities, home support services, libraries)

- You are committed to pre-reading in preparation for attending the two full days of training
- You will bring your skills back to your organization by facilitating a four-hour workshop to 10 to 15 front-line staff
- Use the link below to complete the prerequisite form (#4 on the list)

http://ywcavan.org/content/Train_the_Trainer_Course/1700

For more information contact the Project Coordinator – Renu Chaudhry at rchaudhry@ywcavan.org or 604.895.5790.

-Source: YWCA Metro Vancouver, Jemma Templeton, Manager, Community Action on Elder Abuse

Dancing in the Park

Summer is here and the time is right for Dancing in the Park. Friends, families, couples and individuals, including those with two left feet, are invited to Stuart Park for an evening of Dancing in the Park.



This free, family-fun event will be held every Wednesday night from 7-8:30 p.m., July 3 to Aug. 21. Qualified dance instructors will teach different dance styles including swing, hip hop and ballroom.

Dancing in the Park Weekly Themes:

- July 3 – Zumba
- July 10 – Ballroom Dancing
- July 17 – Hot Latin Nights
- July 24 – Swing
- July 31 – Line Dancing & Two-Step
- August 7 – Hip Hop
- August 14 – Groove Method
- August 21 – Grand finale dance party

The City of Kelowna encourages Dancing in the Park participants to go green; use active transportation such as walking or biking and bring your own reusable water bottle.

For more information about Dancing in the Park, call the Parkinson Recreation Centre at 250.469.8800 or visit kelowna.ca/recreation or facebook.com/cityofkelowna under events.

-Source: City of Kelowna, News Releases, 2 July 2013

Wooly Wednesdays & Fibre Fridays

Cool Arts invites you to Wooly Wednesdays & Fibre Fridays

Prepare colourful creations for YarnBombing at Culture Days! Join Lucie Parent, board member and knitter extraordinaire, from 1-3 PM on Wed and Fridays until Sept 28 in Alternator Studio 111. [Read More...](#)

-Source: Rotary Centre for the Arts, Monthly News #100, July 2013

[To Top](#)

National

- [24 MORE ORGANIZATIONS ACCREDITED BY IMAGINE CANADA STANDARDS PROGRAM](#)
- [CANADA LAUNCHES NEXT GENERATION OPEN DATA PORTAL](#)
- [WHAT YOU NEED TO KNOW ABOUT THE NEW VOLUNTARY WORKPLACE MENTAL HEALTH STANDARD](#)
- [THE FIRST-TIME DONOR'S SUPER CREDIT](#)
- [NARRATIVE UPDATE – A NEW CONVERSATION ABOUT THE SECTOR](#)
- [ANNOUNCING THE RELEASE OF THE EARNED INCOME FRAMEWORK](#)
- [EARLY ALERTS: AN IMPORTANT NEW SERVICE, AND YOUR WINDOW ON PARLIAMENT HILL](#)
- [SEEKING YOUR INPUT: CHANGES TO ACCOUNTING STANDARDS FOR NONPROFITS](#)
- [2014 FEDERAL BUDGET SUBMISSIONS](#)
- [INDIGENOUS CHILDREN FACE DEPLORABLE POVERTY](#)
- [NEW CRA APPLICATION FOR “MUNICIPAL OR PUBLIC BODIES PERFORMING A FUNCTION OF GOVERNMENT IN CANADA”](#)

24 More Organizations Accredited by Imagine Canada Standards Program

Imagine Canada, the national umbrella for Canada's charities and nonprofits has announced the latest group of 24 organizations to be accredited under its national Standards Program. This program now boasts a total of 45 organizations that have achieved the distinction of accreditation.

[The Standards Program](#) is a Canada-wide set of shared standards for charities and nonprofits designed to demonstrate their compliance in five fundamental areas: board governance; financial accountability and transparency; fundraising; staff management; and volunteer involvement. It helps organizations mitigate risk by ensuring that staff and volunteers understand and meet their legal, financial and fiduciary responsibilities. [Read More...](#)



-Source: [CharityVillage.com](#), 20 June 2013

Canada Launches Next Generation Open Data Portal

Jason Kenney, Minister of Citizenship, Immigration and Multiculturalism, participated in today's launch of the Government of Canada's much-anticipated next-generation Open Data Portal (data.gc.ca), which will provide unprecedented access to government data and information.

Data.gc.ca contains datasets compiled by over 20 departments and agencies, covering a broad range of topics, from housing, to health and environmental data.

The data.gc.ca site features new interactive capabilities and Web 2.0 features, including a new targeted search capabilities and a Developers Corner, where Open Data developers can access specific technical information to assist them in creating user-friendly applications. The Portal also features the new Open Government Licence, which offers unrestricted re-use of government data and information. [Read More...](#)

-Source: CharityVillage.com, 19 June 2013

What you Need to Know About the New Voluntary Workplace Mental Health Standard

The Psychological Health and Safety in the Workplace – Prevention, promotion and guidance to staged implementation was released by the Mental Health Commission of Canada, the Bureau de Normalization du Québec and the Canadian Standards Association on January 16, 2013. [Read More...](#)

-Source: CharityVillage.com, 9 June 2013

The First-Time Donor's Super Credit

On March 21, the 2013 federal budget announced the establishment of a new tax incentive for charitable giving. The First-Time Donor's Super Credit will be available to people who have never claimed the federal charitable tax credit, or whose most recent claim of the existing credit was in 2007 or earlier. The Super Credit will add 25

percentage points to the federal charitable tax credit the first time these individuals claim charitable donations made between March 21, 2013, and the end of 2017.

Imagine Canada's President, Marcel Lauzière, recently published a [blog post \("Super Credit, Super Opportunity"\)](#) exploring the background and motivation behind the Super Credit, and why we see it as a positive step for charities. The Super Credit is an important step on the road to achieving the full [Stretch Tax Credit for Charitable Giving](#) that charities across the country have asked the federal government to implement. The Stretch has two goals: to get Canadians who do give, to stretch their giving, and to get those who have yet to give, to give for the first time. The Super Credit responds directly to this second objective.

How the Super Credit works

The Canada Revenue Agency has produced a [technical overview of the Super Credit](#).

-Source: Imagine Canada, Issue Alert, 13 June 2013

Narrative Update – a new Conversation About the Sector

As we've mentioned before, Imagine Canada is working with a broad coalition of organizations to create a new narrative for the charitable and nonprofit sector. This is about creating a new conversation with Canadians about the role and contributions of the sector. With the help of a 30-member steering committee, we have created the first iteration of a Core Resource – from which all of our key messages and campaigns will flow. Imagine Canada has made more than a dozen presentations across the country to solicit feedback and is working closely with those creating a narrative specific to their region or subsector. We are currently creating a narrative tool kit for roll out later this year. Please contact [Stephen Faul](#) if you would like additional information.

We are grateful for the support of the Agora Foundation, the J.W. McConnell Family Foundation and the Ontario Trillium Foundation, an agency of the Government of Ontario.

-Source: Imagine Canada, Imagine Matters, 25 June 2013

Announcing the release of the Earned Income Framework

In response to what we heard through the National Engagement Strategy and at the National Summit, Imagine Canada has produced an [Earned Income Framework](#) to mainstream some of the key ideas about earned income for charities and nonprofits. The Framework includes an overview of earned income activities, raises issues that organizations should consider when launching or expanding these efforts, and points to a number of helpful resources. It provides an integrated way to think about earned income for charities and nonprofits, their staff and volunteers, as well as their partners in business and government.

We welcome your feedback! To share your insights or to contribute to the resources contained in the Framework, please contact [Brittany Fritsch](#).

-Source: Imagine Canada, Imagine Matters, 25 June 2013

Early Alerts: an Important new Service, and Your Window on Parliament Hill

After a successful pilot, we're launching a [new Early Alert System](#) in September as an important new member benefit. Federal laws, regulations, and administrative decisions all have a day-to-day impact on your operations. By signing up to receive Early Alerts, you'll get breaking news and summaries of hot issues delivered straight to your inbox. In recent years, we have seen a number of cross-cutting federal policy issues arise affecting a wide array of charities and nonprofits. We need to know about these issues so that we can engage collectively in federal public policy in an informed, timely, proactive and credible way. To do so, however, we need to understand what these issues mean and how they will affect us. The goal is to strengthen the voice of the sector and maximize our impact with cabinet ministers, MPs, and officials, the media and the public.

Subscribe to the Early Alert – after answering a few short questions to help us measure the effectiveness of this new service going forward, you'll be signed up. For more information, contact our Public Policy team.

-Source: Imagine Canada, Imagine Matters, 18 June 2013

Seeking your Input: Changes to Accounting Standards for Nonprofits

In the coming years we will see some important changes to the accounting standards that relate to the work of Canadian nonprofits. The proposed changes, released by the Accounting Standards Board and the Public Sector Accounting Standards Board, are outlined in their Statement of Principles. At this time, and until September 15, 2013, input from the nonprofit sector is being sought regarding these changes. Accounting Standards have an important impact on how charities and nonprofits report back on their financial situation. Individuals who have responsibility for finances in your organization should take the time to [review the Statement of Principles](#) and complete the [response form](#) or [send a Word document by email with comments](#).

-Source: Imagine Canada, Imagine Matters, 18 June 2013

2014 Federal Budget Submissions

Last Friday, June 7th, the House of Commons Standing Committee on Finance launched its annual pre-budget consultation process. Individuals or organizations may submit up to three recommendations using the [template](#) provided by Finance. The submission deadline is August 5, 2013. More information including the news release, an example of a completed template, and a list of priority areas can be [found here](#). Over the next several weeks, Imagine Canada will be drafting a submission. If you would like more information please contact Bill Schaper at bschaper@imaginecanada.ca.

-Source: Imagine Canada, Imagine Matters, 11 June 2013

Indigenous Children Face Deplorable Poverty

A new study, released today by the CCPA and Save the Children Canada, finds that 40% of Indigenous children in Canada are living in poverty. The report, authored by CCPA Senior Economist David Macdonald and Indigenous rights advocate Daniel Wilson, finds that Indigenous children in Canada are over two and a half times more likely to live in poverty than non-Indigenous children—and that they trail the rest of Canada’s children on practically every measure of well-being, including: family income, educational attainment, water quality, infant mortality, health, suicide, crowding and homelessness.



Regionally, the situation is even worse in Manitoba and Saskatchewan, where two out of three status First Nations children live in poverty. [Take a look at our infographic for child poverty rates across Canada.](#)

Read more in the full report, [Poverty or Prosperity: Indigenous children in Canada.](#)

Watch an interview with the study’s co-author David Macdonald on CTV News, [here.](#)

-Source: Canadian Centre for Policy Alternatives, National Update, 19 June 2013

New CRA Application for “Municipal or Public Bodies Performing a Function of Government in Canada”

The CRA has just released its new process for recognizing “municipal or public bodies performing a function of government in Canada”. This will be of particular interest to Aboriginal bands, school boards and others who may wish to obtain this recognition as it makes them a qualified donee and therefore able to issue official donation receipts and also more easily receive funds from other Canadian charities. [Read More...](#)

-Source: Mark Blumberg, Blumberg Segal LLP, Blumbergs’ Canadian Charity Law List, June 2013

[To Top](#)

Provincial

- [OVERVIEW OF THE ABORIGINAL HEALTHY LIVING BRANCH](#)
- [REGIONAL HEALTH PARTNERSHIP ACCORDS – SIMILARITIES WITHIN UNIQUE PARTNERSHIPS](#)
- [CONGRATULATIONS TO ALL \(RE\)ELECTED MLAS AND MINISTERS](#)

Overview of the Aboriginal Healthy Living Branch

The Aboriginal Healthy Living Branch:

- Applies an “Aboriginal lens” to health policy development and program implementation for the Ministry of Health (MoH);
- Helps implement government’s key strategic directions for Aboriginal health;
- Provides guidance and support on Aboriginal health issues to other ministries;
- Collaborates with key Aboriginal stakeholders and political organizations; and
- Works with health authorities to integrate Aboriginal interests into their services

[Read More...](#)

-Source: BC Ministry of Health, Aboriginal Healthy Living News, Summer 2013

Regional Health Partnership Accords – Similarities Within Unique Partnerships

On December 12, 2011 , the Fraser Partnership Accord was signed making it the first Health Partnership Accord between a BC health authority, a regional caucus of the First Nations Health Council (FNHC) and the First Nations Health Authority (FNHA). The purpose of this first Health Partnership Accord has been to “increase the influence of First Nations in decisions relating to health services delivered to First Nations and other Aboriginal people in the Fraser region” as well as “to achieve greater service integration through sharing decisions in planning, management, service delivery and evaluation of culturally appropriate, safe and effective services”. [Read More...](#)



-Source: BC Ministry of Health, Aboriginal Healthy Living News, Summer 2013

Congratulations to all (re)elected MLAs and Ministers

First Call sent letters of congratulations to all (re)elected [MLAs](#) and Ministers, inviting them to learn more about our coalition and read our research reports; to take advantage of the collective knowledge of our coalition; and to attend coalition meetings.

You can find a list of all the [Cabinet Ministers here](#) (includes links to the mandate letters they received from Premier Clark)

You can find a list of all the [Opposition Critics here](#)

You can find a list of all the [Cabinet Committees here](#)

You can find a list of all the [Deputy Ministers here](#)

-Source: First Call: BC Child and Youth Advocacy Coalition, The Child and Youth Advocate Newsletter, 27 June 2013

[**To Top**](#)

Research

- [CANADIAN YOUTH FACE 'SUICIDE CONTAGION'](#)
- [RISE IN BC PRESCRIPTIONS OF ANTIPSYCHOTIC DRUGS FOR CHILDREN](#)
- [WHAT HAS CHANGED FOR YOUNG PEOPLE IN CANADA?](#)
- ['WORST CHARITIES' REPORT PROMPTS CALLS FOR CHARITIES TO RESPOND \(US\)](#)

Canadian Youth Face 'Suicide Contagion'

When stories of youth who die by suicide are highly publicized and talked about extensively in the media, it can create many negative consequences for both those who knew the individual and those who didn't. Similarly, when a schoolmate of a young person dies by suicide, the ripple effect of 'suicide contagion' can and does occur in schools and communities. Suicide contagion is when youth lose a schoolmate to suicide and then contemplate, attempt, or die by suicide themselves.

A new study published in the Canadian Medical Association Journal has determined that Canadian youth who have experienced the death of a schoolmate by suicide are more likely to experience suicide contagion and subsequently consider suicide or attempt it. The researchers used survey data on 22,064 children aged 12 to 17 from across Canada. The students were asked whether any of their schoolmates had died by suicide, and whether they personally knew anyone who had died by suicide. Additionally, they were asked whether they'd considered attempting suicide in the past year.

The results indicate that a schoolmate's death by suicide or knowing someone who died by suicide is associated with an increased risk of suicidality. The association was stronger between the death of a youth's schoolmate and resultant suicidal thoughts. This risk for increased suicidality was independent of any depression or anxiety that was previously experienced by the youth. It was also independent of the amount of social support the youth had and their personal relationship with the schoolmate who had died by suicide.

The survey indicated that by age 16 or 17, 24% of teens had a schoolmate who died by suicide, and 20% personally knew someone who died by suicide. The effect of suicide contagion was not as strong in older children. Those aged 16 and 17 who experienced an exposure to suicide were twice as likely to have suicidal thoughts whereas those

aged 14 and 15 were three times as likely, and worryingly, those aged 12 and 13 were five times as likely to have suicidal thoughts. [Read More...](#)

-Source: BC Council for Families, Healthy Families, 11 June 2013

Rise in BC Prescriptions of Antipsychotic Drugs for Children

First Call – [Canadian researchers are warning of an alarming and “exponential” rise in prescribing antipsychotic drugs to children](#). The results of a new study A Population-Based Study of Antipsychotic Prescription Trends in Children and Adolescents in British Columbia, From 1996 to 2011, show that prescriptions for “second-generation” antipsychotics (which are some of the most powerful psychiatric drugs on the market), to youth aged 18 and under increased 18-fold in British Columbia alone between 1996 and 2011.

For more information see two news articles about the study: Researchers warn of ‘exponential’ rise in prescribing antipsychotic drugs to children. By Sharon Kirkey, Postmedia News, June 10, 2013. [Use of antipsychotic drugs among youth alarms doctor](#) By Cindy E. Harnett, Times Colonist, June 12, 2013. You can read the abstract in the [Canadian Journal of Psychiatry here](#), however the full study requires a subscription.

-Source: CATCH Network Newsletter, 26 June 2013

What has Changed for Young People in Canada?

The social and economic well-being of young people currently generates a lot of interest. Are young people different from previous generations? Do they experience more difficulties in the labour market? Are some doing better than others?

Labour Force Survey: no. 3701

Census of Population: no. 3901

National Household Survey: no. 5178

Survey of Labour and Income Dynamics: no. 3889



Survey of Work History: no. 3804
Survey of Union Membership: no. 3830
Labour Market Activity Survey: no. 3853

Children and youth > General
Children and youth > Labour market activities
Labour > Employment and unemployment
Labour > Wages, salaries and other earnings

Spokespersons: René Morissette (613.951.3608) and Diane Galarneau (613.951.4626)

[Read More...](#)

-Source: Statistics Canada Product Notifications, 4 July 2013

‘Worst Charities’ Report Prompts Calls for Charities to Respond (US)

A yearlong investigation by three news outlets that identified America’s “50 worst charities” has revived the perennial question of what the nonprofit world should do to drum out unscrupulous nonprofits and fundraisers. ([Chronicle of Philanthropy](#))

-Source: Nonprofit Newswire by Imagine Canada, 3 July 2013

[To Top](#)

Resources

- [CANADIAN INSTITUTE FOR THE RELIEF OF PAIN AND DISABILITY RESOURCES](#)
- [\(ME\)VOLUTION NOW AVAILABLE](#)
- [FREE SUNDANCE CEREMONY TRIP FOR YOUTH IN/FROM CARE WITH THE FEDERATION OF ABORIGINAL FOSTER PARENTS](#)
- [ALL ABOUT MENTORING: NONPROFIT MENTORING PROGRAMS ARE TAKING OFF ALL ACROSS THE COUNTRY](#)
- [WHY LAUGHTER IS GOOD FOR US](#)
- [MEASURING WHAT MATTERS](#)
- [WHAT CFOS NEED TO KNOW](#)
- [BOARD RECRUITMENT](#)
- [REPORT CARD ON PHYSICAL ACTIVITY FOR CHILDREN AND YOUTH](#)
- [OPENING MINDS \(OM\) ANTI-STIGMA INITIATIVE OF THE MHCC](#)
- [INTRODUCING HEALTH, CRIME AND DOING TIME – AN IMPORTANT NEW REPORT](#)
- [NEW APP HELPS YOUTH MANAGE ANXIETY](#)
- [LIVING SAFELY WITH DEMENTIA](#)
- [CALGARY ENDORSES POVERTY REDUCTION STRATEGY](#)
- [CHARITIES MEDIA KIT NOW AVAILABLE ON CRA WEBSITE](#)
- [CRA RELEASES NEW GUIDANCE ON “CHARITABLE PURPOSES AND ACTIVITIES THAT BENEFIT YOUTH”](#)
- [SOCIAL WORK DEGREES: A LOOK AT ONLINE PROGRAMS](#)
- [HEAT ILLNESS – DO YOU KNOW WHAT TO DO?](#)
- [MATRIX MAP PART II: THE STRATEGIC IMPERATIVES](#)
- [SUPPORTING YOUTH WITH BULIMIA NERVOSA VIDEO: HELPFUL APPROACHES FOR FAMILIES](#)
- [HEALTHY LIVING...IT'S IN EVERYONE – NOW AVAILABLE IN 5 ADDITIONAL LANGUAGES](#)

Canadian Institute for the Relief of Pain and Disability Resources

Here are some resources from the Canadian Institute for the Relief of Pain and Disability to help you through the summer months.

- [Visit our Webinar Library](#) (watch any of them at your convenience)
- Watch our [Yoga for People in Pain Webinar Series](#) and download the audio practice files for everyday use
- [Find a Chronic Pain Support Group](#) through People in Pain Network in BC and soon Alberta
- Flip through the [Conquering Pain for Canadians Booklet](#) from the Canadian Pain Coalition
- Watch videos and read through stories from people with pain and health professionals on the [Transitions: Live Well with Chronic Pain](#) site



- If you have Neck Pain, you can contribute to current research about [Neck Difficulty by taking a survey through McMaster University](#)

-Source: Tonya Hyde, CIRPD, 6 June 2013

(me)volution now Available

Dr. Tony Myers and Jon Duschinsky co-authored the book with other major, international philanthropists. The book is a message of philanthropy; the love of humankind. The book takes the reader through 7 different journeys of regular people making big changes. (me)volution stories presented us with a model to lead. This model can be used locally, nationally and globally.

(Me)volution is more than a book. A movement and a call to action, it confirms that each of us has both the ability and the tools to bring about the change we want to see in the world.

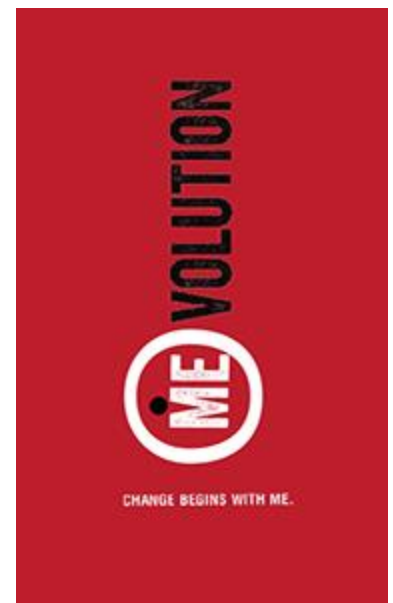
It illustrates, through the experience of others, how to begin a conversation for good that ignites passions and sets the world on fire.

(Me)volution maps out the journey that every great leader has taken, and that we too can follow. And it explains how the journey changes us, just as we change the world, becoming great ourselves in the process. The book is \$20.00 and [can be bought here](#).

-Source: Christina Hemens, *The Conversation Farm*, 19 June 2013

Free Sundance Ceremony Trip for Youth in/from Care with the Federation of Aboriginal Foster Parents

We have an opportunity to take 10 youth in or from Foster Care to the Sundance Ceremony in Merritt BC for six days. The youth will be required to attend four workshops in July to guarantee their spot for the six day trip in August. Please phone or



email the program coordinator to register for the workshops in July and the trip to the Sundance Ceremony. All workshops and the trip is FREE!!!

Eligibility:

- Aboriginal youth
- Ages 10-24
- In or from the foster care system

Contact Our Spirits Are Strong InSide Youth Program – Federation of Aboriginal Foster Parents at 604.291.7091 Ext.224, email sade@fafp.ca.

-Source: Federation of BC Youth in Care Networks Newsletter, 28 June 2013

All About Mentoring: Nonprofit Mentoring Programs Are Taking Off All Across The Country

Want to enhance your HR department's status, save on budget and simultaneously create happy staff? The answer may lie in one concept: Mentoring.

With the advent of new software technologies as well as a philosophical shift in how employees can be valued for their long-term contributions, the idea of mentoring is gaining traction in both the for-profit and nonprofit worlds.

It's an idea whose time may have come, in a big way.

[Follow the leader](#)

-Source: CharityVillage.com, 26 June 2013

Why Laughter is Good for Us

Children laugh 150 times a day; adults, only 6. The joke's on us.

The high that we gain when we laugh until we hold our sides, roll about on the floor and feel the tears streaming down our cheeks is addicting. So, what protects us from such loosey-goosey, nonsensical fun? Only our own serious, controlled approach to life, from sex to the family vacation. [Read More...](#)

-Source: Okanagan Media Alliance, Freshsheet, 24 June 2013

Measuring What Matters

In his 2012 annual letter to grantees, Bill Gates stressed the value of measurement as a critical tool for delivering social impact – in classrooms, clinics and cities. “Setting clear goals and finding measures that will mark progress toward them can improve the human condition,” he said. ([Philanthropy Journal](#))

-Source: Nonprofit Newswire by Imagine Canada, 18 June 2013

What CFOs Need to Know

Is your organization preparing your annual T3010 Public Information Return? Let our free, first-of-its-kind T3010 QuickPrep save you time and frustration. This bilingual, interactive self-assessment tool allows you to enter your T3010 information and then checks for inconsistencies and common errors.

[Sign up for CharityFocus](#) to take advantage of this efficient – and fully confidential – tool today!

-Source: Imagine Canada, Imagine Matters, 11 June 2013

Board Recruitment

Board of Directors – Recruiting Matrix

Shared by Olive Grove Consulting (Free)

Sample board recruiting matrix for nonprofits to track current and prospective board member profiles. Easily adjustable to fit individual needs and goals of nonprofits.

How to Bring on the Right Board: Recruitment Toolkit

Shared by Vantage Point (Free)

Great boards don't just happen. This toolkit outlines processes to recruit the right people

onto your board, sample terms of reference for your board development committee and a sample matrix that can be used to take stock of current skills and attributes, and to determine what experience and abilities are still required.

-Source: 4Good Events, 21 June 2013

Report Card on Physical Activity for Children and Youth

[Active Healthy Kids Canada](#) recently presented the 2013 Active Healthy Kids Canada Report Card on Physical Activity for Children and Youth. This year's Report Card focuses on the decline in active transportation and the implications of this issue on overall physical activity levels of children and youth.

[Read the full Report Card](#), including the assigned grades on 17 different indicators of how we measure up as nation with respect to childhood physical activity and see why this year we received a D- for physical activity levels.

[Active Healthy Kids Canada](#) strives to arm influential individuals and organizations with the most up-to-date evidence and information in order to support and advocate for physical activity for Canadian children and youth.

-Source: BC Healthy Communities, BCHC Newsletter, June 2013

Opening Minds (OM) Anti-Stigma Initiative of the MHCC

The Healthy Aboriginal Network has a partnership with the Opening Minds (OM) anti-stigma initiative of the MHCC. OM would like to evaluate their "Just a Story" comic book to see if it's successful in dispelling the stigma of mental health with pre-teens. OM's goal is to provide information to organizations (schools, First Nations, youth and parent groups) across the country as to what programs and materials are effective and beneficial to youth.

Opening Minds is looking for programs that have Aboriginal kids, located on or off-reserve and are interested in participating in the evaluation. The study will work best

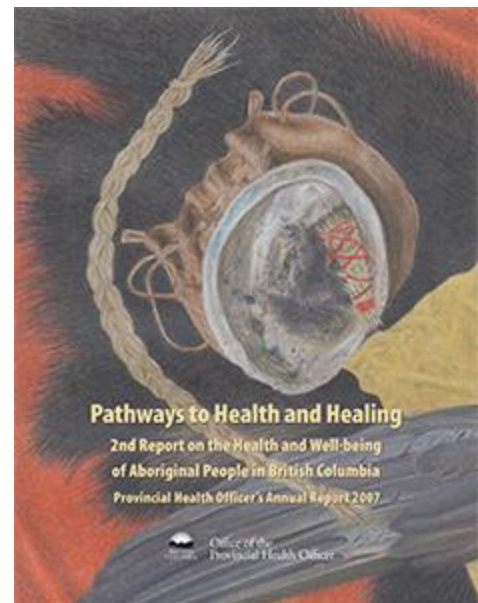
with groups that have a strong rapport with their youth, as the organization will be expected to oversee pre and post-tests without the aid of a researcher.

If you are part of an organization interested in helping to evaluate our comic book, this work could be done in August or September 2013. For more information, please contact Romie Christie, Manager of Opening Minds at rchristie@mentalhealthcommission.ca or 403.385.4034. Or contact sean@thehealthyaboriginal.net.

-Source: First Call: BC Child and Youth Advocacy Coalition, The Child and Youth Advocate Newsletter, 27 June 2013

Introducing Health, Crime and Doing Time – an Important New Report

In March, 2013, Dr. Perry Kendall, BC's Provincial Health Officer, released his new report Health, Crime, and Doing Time : Potential Impacts of the Safe Streets and Communities Act (Former Bill C – 10) on the Health and Well-being of Aboriginal People in British Columbia. Previous reports by Dr. Kendall, such as the comprehensive 2009 report [Pathways to Health and Healing: 2nd Report on the Health and Well-being of Aboriginal People in British Columbia](#) , have found that, while many health outcomes are slowly improving, overall, Aboriginal people continue to face challenges and vulnerabilities related to adverse socio-economic factors and other health determinants when compared to other British Columbians. In this new report, Dr. Kendall points out that many of these same factors can influence the likelihood of an individual's involvement in crime. The report argues that amendments introduced in the Act create legislative circumstances that will likely result in more Aboriginal youth and adults in prisons, and lower health status for Aboriginal populations in correctional facilities, and for their families and communities. [Read More...](#)



-Source: BC Ministry of Health, Aboriginal Healthy Living News, Summer 2013

New App Helps Youth Manage Anxiety

Do you work with or know a young person who is struggling with anxiety? Are they tired of missing out? There are things youth can do to stop anxiety and fear from taking over. MindShift is an app designed to help teens and young adults cope with anxiety. The app helps them change how they think about anxiety so that rather than trying to avoid it, they can make an important shift and face it.

MindShift will help youth learn how to relax, develop more helpful ways of thinking, and identify active steps that will help them take charge of their anxiety. This app includes strategies to deal with everyday anxiety, as well as specific tools to tackle:

- Test Anxiety
- Perfectionism
- Social Anxiety
- Performance Anxiety
- Worry
- Panic
- Conflict

Think of MindShift as a portable coach, helping youth face challenging situations and take charge of their lives.

The app is available for free from both the App Store and Google Play. For more information about the app, visit: www.anxietybc.com/mobile-app

MindShift is the work of a joint collaboration between AnxietyBC, a non-profit organization devoted to increasing the public's awareness and access to evidence-based resources on anxiety disorders, and BC Mental Health & Addiction Services, an agency of the Provincial Health Services Authority.

-Source: Kelty Centre, Kelty Updates, 18 June 2013

Living Safely with Dementia

Services and Helpful links:

For more information on household safety and useful home adaptations for people with dementia, you can refer to the [At Home for Alzheimer's Disease booklet](#). For a copy of this booklet, please contact your local resource centre at 250.860.0750.

The Alzheimer Society of B.C. can also assist people with dementia and their families to explore a variety of practical strategies to minimize the risk of wandering and to be prepared if wandering does occur. The [Wandering Package Tools](#) is also available through your local resource centre. This may be a good place to start learning about wandering.

To learn more about Living Safely with Dementia, join us for our Tele-Workshop on August 29th at 7:00pm: No registration necessary.

How to Connect:

Phone:1.866.994.7745

Participant pass code: 1122333

Online: Enter as a guest <http://momentum.adobeconnect.com/alzheimerbc>

-Source: Alzheimer Society of BC, First Link Bulletin, July-August 2013



Calgary Endorses Poverty Reduction Strategy

On May 27, Calgary City Council unanimously endorsed a poverty reduction strategic plan that aims to reduce the number of people living in poverty in Calgary by half, to a poverty rate of 5%, in 10 years.

The Calgary Poverty Reduction Initiative “hope to meet their goals by acknowledging that everyone is vulnerable to poverty and by reducing that vulnerability by supporting strong and inclusive communities, raising the quality of employment, and ensuring basic needs are met.” [More from PovNet](#), including media coverage.

Thanks to the BC Poverty Reduction Coalition for bringing this to our attention

-Source: First Call: BC Child and Youth Advocacy Coalition, Calgary Endorses Poverty Reduction Strategy

Charities Media Kit now available on CRA website

CRA has released a 'Charities Media Kit' which is now available on its website at the CRA Newsroom Page at <http://www.cra-arc.gc.ca/chrts-gvng/md-kt/menu-eng.html>. [Read More...](#)

-Source: Mark Blumberg, Blumberg Segal LLP, Blumbergs' Canadian Charity Law List, June 2013

CRA Releases New Guidance on “Charitable Purposes and Activities that Benefit Youth”

This new CRA guidance will be of interest to organizations that deal with youth and are interested in charitable status or are currently registered charities. [Read More...](#)

-Source: Mark Blumberg, Blumberg Segal LLP, Blumbergs' Canadian Charity Law List, June 2013

Social Work Degrees: a Look at Online Programs

I created and write for my site dedicated to social work and workers called <http://www.socialworkdegree.net> . It focuses on careers in helping people and what it takes to get further education in the field as a social worker. I have spent many years working for non-profit organizations, and love my field of work

There are so many issues with family, world tragedies, and people with disabilities, and seeing how many people need aid really inspired me to make a website for those who have a passion for helping others.

It is certainly a competitive field and that's why I tried to lay out all the info anyone needs to know in one place. I created the site to help lay out all the most FAQ's that I have come across that students would need to know.

-Source: Carolyn Porter, collegesoptout.com, 19 June 2013

Heat Illness – Do you Know What to do?

Most of us can hardly wait to start enjoying spring and summer weather in Canada, especially after a long, cold winter. By all means, enjoy the warmer temperatures. Remember, though, that extreme heat (or heat waves) can affect your health, especially for people who have existing medical conditions, are taking certain medications, or have mobility challenges.

Older adults and those involved with their care should make sure they recognize the symptoms of heat-related illnesses such as dizziness, nausea, or rapid breathing or heartbeat. Heat stroke is a medical emergency and requires immediate attention.

The good news is that heat-related illnesses and death can be prevented. That's why Health Canada has attached an electronic version of a brochure entitled "[It's way too hot! Protect Yourself from Extreme Heat](#)". Targeted to older adults, the brochure clarifies knowing your risks, and how to protect against heat/health impacts.

Hard copies of It's way too hot! are available online free of charge, or by calling 1.866.225.0709.

For more information on how to protect health from extreme heat, visit Extreme Heat on the Healthy Canadians site at healthycanadians.gc.ca/Heat.

-Source: Health Canada, Jim Frehs Manager, Climate Change and Health Office, Safe Environments Program, Environmental Health Bureau



Matrix Map Part II: The Strategic Imperatives

In this article, Steve Zimmerman continues presentation of the Matrix Map model from the book *Nonprofit Sustainability: Making Strategic Decisions for Financial Viability*.

In our last Blue Avocado column, we introduced the Matrix Map, which you can use to create a visual representation of your organization's business model. Comprised of all your organization's business lines (activities), the Matrix Map illustrates how your activities work together towards both programmatic impact and financial viability. For many board members, the Matrix Map provides sudden clarity on how the organization's different activities inter-relate. But beyond helping them understand the business model, the Matrix Map can help nonprofit leaders strengthen it.

You'll recall that putting together a Matrix Map calls for plotting your organization's business lines according to their mission impact and financial profitability. Depending on where an activity is placed on the map, a strategic imperative emerges. These strategic imperatives are the actions. [Read More...](#)

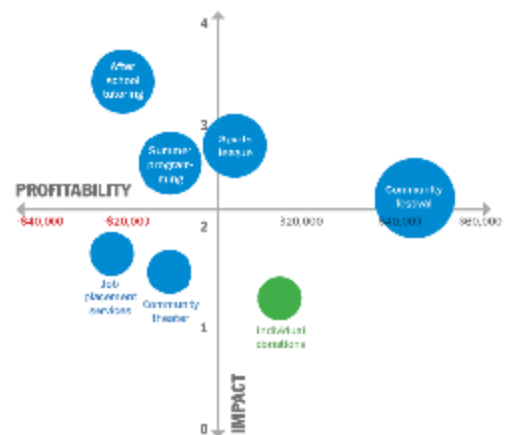
-Source: Board Cafe – Blue Avocado nonprofit magazine, 12 June 2013

Supporting Youth with Bulimia Nervosa Video: Helpful Approaches for Families

We are happy to announce our new video *Supporting Youth with Bulimia Nervosa: Helpful Approaches for Families* is now available! [Read More...](#)

-Source: Kelty Centre, Kelty Newsletter, June 2013

Matrix Map for a Community Center



Healthy Living...It's in Everyone – Now Available in 5 Additional Languages

I am excited to share that the Healthy Living Toolkit for Families is now available in 5 additional languages: Korean, Farsi, Punjabi, Simplified and Traditional Chinese. [Read More...](#)

-Source: Kelty Centre, Kelty Newsletter, June 2013



Social Media

- [FACEBOOK LAUNCHES CLICKABLE HASHTAGS #FINALLY](#)
- [7 SOCIAL MEDIA TIPS FOR NONPROFITS \(+ WE TRY THEM OUT!\)](#)
- [FOUR FACEBOOK STATUS FUNCTIONS YOUR NONPROFIT MAY NOT KNOW ABOUT](#)

Facebook Launches Clickable Hashtags #Finally

File this one under “It’s About Time.” Today, in a post on its news blog, Facebook announced it would finally be rolling out functional, clickable hashtags. Hallelujah (#NoSarcasm). Facebook indicates the update is in response to the fact that until now, “there has not been a simple way to see the larger view of what’s happening or what people are talking about.” We couldn’t agree more. Content discovery has definitely been a major weakness of Facebook — especially for marketers — so it’s encouraging to see the social network making changes to improve. Facebook also hints that hashtags are just the first of many features to come (such as trending hashtags and deeper insights) that aim to help users discover interesting discussions around public events, people, and topics on Facebook. [Read More...](#)

-Source: Heather Mansfield, DIOSA Communications & Nonprofit Tech 2.0, 17 June 2013

7 Social Media Tips for Nonprofits (+ We try them out!)

Recently I attended a Donate & Learn event on social media and search engine marketing. (Side note: it’s an interesting model; by asking for a minimum \$20 donation rather than a ticket fee they were able to raise over \$8,000 for the YWCA Toronto Girl’s Centre). I’ve made a list of my favourite tips.

To prove that these are doable I’ve tried each of them out myself and shared the results where possible:

1. Create List Blog Posts With Odd (Or Prime) Numbers Of Items I’ve heard before that list posts are a great way to get traffic to your blog. For example “10 foods that prevent heart disease” or “15 ways to upcycle old tshirts” or “the 13 cutest puppies from our shelter this year” (I’ll leave it to you to think of something relevant to your cause).

What I didn't know, is that apparently our brains respond better to lists with an odd number of items – or better yet, a prime number of items. It seems that it makes the list appear more legit. I'm not an expert on how our brains work, so I'll take a more experimental approach – this post has 7 items, we'll see if it attracts more attention as a result. *(Update (1 week later): based on the views & sharing of this post we're seeing, it's working!)* [Read More...](#)

-Source: TechSoup Canada Newsletter, 20 June 2013

Four Facebook Status Functions your Nonprofit may not Know About

Some of your best learning on social media occurs when you just start clicking around and see what happens. That's how I discovered three of the four functions below and when I give in-person trainings on Facebook and demonstrate these functions (with the exception of hashtags since the functionality was just launched last week), there are usually quite a few oohs, ahhs, and "I didn't know that" in the room. So, just in case you may not be aware either, below are four Facebook Status functions that can help your nonprofit increase engagement and reach out to fans on a 24-hour basis. [Read More...](#)

-Source: Heather Mansfield, DIOSA Communications & Nonprofit Tech 2.0, 24 June 2013

[To Top](#)

Training

- [NEW FORMAT FOR PROFESSIONAL CERTIFICATE IN PUBLIC SECTOR & NON-PROFIT MARKETING](#)
- [A FUNDRAISER'S GUIDE TO THE APP STORE](#)
- [DESIGNING EFFECTIVE STRATEGIC PLANNING RETREATS](#)
- [CONFERENCE: BUILDING SUSTAINABLE COMMUNITIES](#)
- [LGBTQ FAMILIES: NEW RESOURCES & TRAINING](#)
- [2013 SMCC WESTERN SPONSORSHIP CONGRESS](#)
- [HONEST TALK ABOUT PROGRAM EVALUATION/PERFORMANCE MEASUREMENT](#)
- [PRESENTERS' BUREAU](#)
- [TRANSITION TO AND LIFE IN RESIDENTIAL CARE](#)
- [BC ALLIANCE FOR YOUNG PARENTS' CONFERENCE](#)

New format for Professional Certificate in Public Sector & Non-Profit Marketing

The Sprott School of Business' [Professional Certificate in Public Sector and Non-Profit Marketing](#), which is now in its 9th year, is uniquely designed to equip participants with the information, tools and solutions necessary to skillfully and mindfully navigate their way through the fascinating and complex world of marketing. This program engages participants in a rich learning environment that reinforces theory with practical, real-life examples based upon the extensive experience of the instructors.

A new format has the program run over a period of six days rather than 5 months which serves to reduce travel expenses for those participants from outside the National Capital.

-Source: CharityVillage.com, 26 June 2013

A Fundraiser's Guide to the App Store

Harvey Simmons of EverTrue

Tuesday, July 23, 2013 – 3:00 pm ET

In this [interactive webinar](#), get a taste of these tools and see how mobile is re-imagining the way we fundraise for important causes.

-Source: 4Good Events, 28 June 2013

Designing Effective Strategic Planning Retreats

Rick Lent of Meeting for Results and Sam Frank of Synthesis Partnership
Wednesday, August 7, 2013 – 1:00 pm ET

[Rick and Sam](#) will share examples and tools for working on strategic planning with groups from 12 to 200 in size.

-Source: 4Good Events, 28 June 2013

Conference: Building Sustainable Communities

Where: Kelowna

When: November 25-28, 2013

What: This year's event features a half-day workshop hosted by BC Healthy Communities, entitled Building Healthy Communities Through Multi-Stakeholder Engagement & Partnerships. For information [visit the conference website here](#).



-Source: BC Healthy Communities, BCHC Newsletter, June 2013

LGBTQ Families: New Resources & Training

Over the past decade LGBTQ families in Canada have made significant progress in getting more legal rights and gaining social acceptance. But with a myriad of misconceptions floating around it is important that we, as professionals, know the facts and take steps to ensure that our organizations, programs, and events are LGBTQ friendly and inclusive. For the past year, with funding from the Vancouver Foundation, the BC Council for Families has been developing a set of resources for professionals to help them make their programs both welcoming and inclusive. These resources will be released mid-July 2013.

The Council has also been working with LGBTQ parenting author Rachel Epstein to bring a unique training to BC. This training is entitled, [Welcoming & Celebrating Sexual Orientation and Gender Diversity in Families: From Preconception to Preschool](#). It's an in-depth, one-day training for professionals who are working with LGBTQ families or who want to ensure that their programs and agencies are receptive to LGBTQ families. Welcoming LGBTQ people and families into programs and services can mean taking practical steps such as re-designing intake forms, putting up posters, or incorporating books that reflect diversity. It can also mean deepening your understanding of how assumptions about gender, sexuality, and family composition shape your everyday practice.

In this workshop, Rachel Epstein will explore what it means to work effectively with LGBTQ families, and to support a broad range of gender expression in children. This workshop will address issues for those working with families from preconception to preschool. In this training you will:

- Increase understanding of the social and historical context within which LGBTQ people create families and raise children
- Reflect on common barriers to effective work with LGBTQ families
- Clarify commonly-used terms, definitions, and language related to LGBTQ identities and communities
- Develop awareness of particular challenges facing LGBTQ parents and their children, including commonly-held negative misconceptions about the impact on children of having LGBTQ parents
- Explore some practical suggestions for making programs and services more accessible and welcoming to LGBTQ people

This workshop will be offered twice this Fall:

Vancouver, Van Dusen Botanical Gardens

September 23 2013

[Register today](#)

Victoria, University of Victoria

September 25 2013

[Register today](#)

-Source: BC Council for Families, Healthy Families, 17 June 2013

2013 SMCC Western Sponsorship Congress

This is the year to [GET in the GAME at the 2013 SMCC Western Sponsorship Congress™](#). With a roster full of inspirational speakers and interactive discussions, players from both the sponsorship and property teams will be walking away with a win! October 22 & 23, Calgary 2013

Get In on the Early Bird Rate until July 31!

-Source: SMCC Western Sponsorship Congress, 13 June 2013

Honest Talk About Program Evaluation/Performance Measurement

Mr. Mike Eagen, CMC and Dr. Sandra Sellick invite Board Members, Executive Directors, and Program Staff of local non-profit organizations to an important forum about the evaluation of programs in the non-profit sector. The forum facilitators will engage participants in the discussion of what is working well for you. What are your key challenges in program evaluation? Is there a need for local workshops or training sessions to support you in ensuring your program(s) meet the goals of your organization and your program funders?

Date: Tuesday September 10, 2013

Time: 9:00am–11:00am

Location: Kelowna Community Resources 120-1735 Dolphin Ave., Kelowna
Light refreshments will be provided.

Cost: None but seating is limited and pre-registration is required.

To register or request more information, visit sandrasellick.vpweb.ca.

-Source: Sandra Sellick & Associates, Program Evaluation, 4 July 2013

Presenters' Bureau

Does your organization make a social investment? Mr. Mike Eagen, CMC and Dr. Sandra Sellick are available as speakers for local non-profit organizations on the important topic of program evaluation/performance measurement. Three topics are

available. There would be no cost to the organization for one of these presentations. For more information, please contact the speakers at www.sandrasellick.vpweb.ca.

1. Government Funding for Non-Profit Organizations – An evaluator with many years of experience nationally and internationally, Mr. Mike Eagen, CMC offers an informed perspective on accessing government funding. Question and answer format (30 minutes).
2. The Canadian Evaluation Society (CES) – The mission of this national organization is to advance evaluation theory, knowledge, and practice through leadership, advocacy, and professional development for members and non-members. Are you designing a new program? Do you evaluate one or more ongoing programs? Have you have external requirements to meet for program funding? The CES and its BC and Yukon Chapter may be a valuable link for you in developing your evaluation skills. Topics to be covered in the presentation include the national profile of the organization, benefits of membership, professional development opportunities, and resources followed by Q & A (30 minutes).
3. Internet Resources for Program Evaluation – There are many useful tools available to program evaluators at no charge on the Internet. This presentation by Dr. Sandra Sellick will introduce you to some of these tools with time for Q & A (30 minutes).

For more information, visit sandrasellick.vpweb.ca.

-Source: Sandra Sellick & Associates, Program Evaluation, 4 July 2013

Transition to and Life in Residential Care

The Alzheimer Society of B.C. will be hosting education sessions in Kelowna for family members who are caring for a person with dementia:

KELOWNA: Transition to and Life in Residential Care

Family caregivers will gain information on:

- Decision-making and strategies for easing the transition of a family member to a residential care facility
- The role of the health authority and their case managers
- Assessing long-term care facilities for placement
- Working effectively with a care team and enhancing your visits

Date: Wednesday, July 17, 2013

Time: 1:00pm-4:00pm

Location: Alzheimer Society Resource Centre, 307 – 1664 Richter Street, Kelowna

To register for this session, please call Lila Sofonoff at 250-860-0750 or e-mail:

Isofonoff@alzheimerbc.org

-Source: Alzheimer Society of BC, 2 July 2013

BC Alliance for Young Parents' Conference

Join us on October 25, 2013 for the BC Alliance for Young Parents' annual provincial conference at the Executive Plaza Hotel in Coquitlam.

The conference is the only professional development event in BC focusing specifically on the needs of workers in young parent programs — don't miss it! This year's conference brings together an inspiring, educational and entertaining group of speakers and experts in family services.

This year we will welcome JP Boyd, litigator, mediator and family law expert as our keynote speaker. John-Paul is a frequent speaker on family law topics for the National Judicial Institute and the Provincial and Superior Courts of British Columbia. Together we will explore how the New Family Law Act impacts the young families we are working with.

Other conference highlights will include Merlyn Horton, Executive Director of SOLOS Society. She will equip youth-focused professionals with the tools to cope with the complications that technology can create for youth and their families. The conference will include workshops on workplace violence prevention, supporting families with mental health issues, and more! Full workshop details and conference registration information will be coming soon.

Questions? Comments? Contact Coordinator Pilar Onatra at 604.678.8884 ext. 222 or by email at pilaro@bccf.ca.

-Source: BC Council for Families, HealthyFamilies, 2 July 2013

[To Top](#)

Volunteerism

- [WORKPLACE PROGRAMS WOULD ENCOURAGE MORE CANADIANS TO VOLUNTEER, STUDY FINDS](#)
- [UNLOCKING THE MYSTERY OF VOLUNTEER RETENTION](#)
- [NEW GROUP VOLUNTEERING HANDBOOKS AVAILABLE ON VOLUNTEER.CA](#)
- [A RESPONSE TO THE VOLUNTEERING AND OLDER ADULTS REPORT ON THE EVOLUTION BLOG](#)
- [SURVEY: VOLUNTEER RECOGNITION AND APPRECIATION IN CANADA](#)
- [VOLUNTEER FUTURES 2013 CONFERENCE](#)
- [BREAKING THROUGH THE GLASS CEILING FOR VOLUNTEERS](#)

Workplace Programs Would Encourage More Canadians to Volunteer, Study Finds

[According to a new study](#), there is a relationship between volunteering and the workplace. An overwhelming 90% of Canadians feel it is important that their place of work encourages a culture of “community giveback” among its employees, yet only 35% of those in a workplace report that their employer has a program motivating them to volunteer. Furthermore, almost a quarter (23%) say they would be more likely to volunteer if their company did more to encourage it.

The study found that the top reason Canadians volunteer is a desire to give back to the community (68%). Other reasons for volunteering include:

- A sense of duty (38%)
- It is a good way to meet people (35%)
- It reduces stress (33%)
- It is a good professional experience (24%)

When asked about the causes they support by volunteering, the top categories included:

- Local community programs (27%)
- Children’s charities (19%)
- Health programs and disease research (17%)
- Poverty (11%)

-Source: CharityVillage.com, 4 June 2013

Unlocking the Mystery of Volunteer Retention

Stanford Social Innovation Review; PeiYao Chen, Shawna Murphy, David Schwartz & Heather Vilhauer (June 14, 2013)

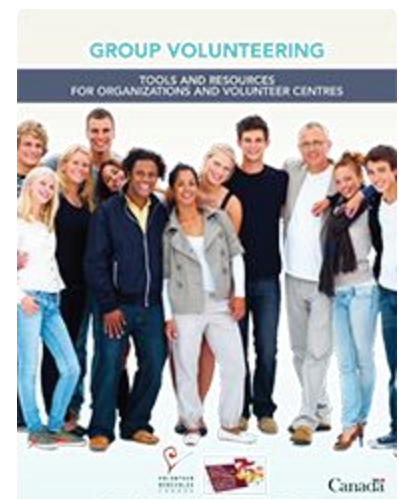
Like many nonprofits that depend on volunteers to fulfill their mission, Girls Scouts of Northern California (GSNorCal) faces a growing challenge. As the number of girls involved in the program grows, so too does the need to retain volunteers year after year. With support from the Thrive Foundation for Youth, GSNorCal partnered with TCC Group to conduct a study using both predictive analytics and focus groups to answer the question, “What are the predictors of volunteer retention?”

With only 150 paid staff members, GSNorCal is dependent on volunteers to provide high-quality leadership programs to more than 50,000 girls in 19 counties. In 2012, approximately 8,000 adults lead Girl Scout troops and an additional 22,000 volunteers served in a variety of other capacities. Volunteer troop leaders contribute an average of 30 hours per month, while other volunteers work approximately 8 hours for the organization. Taking into account the average school year, during which most troops are active, this translates to \$59.4 million for leaders and \$43.56 million for volunteers per year (based on the [2011 value of volunteer time](#) estimated by Independent Sector). [Read More...](#)

-Source: Volunteer Canada Media Monitoring, 21 June 2013

New Group Volunteering Handbooks Available on Volunteer.ca

Volunteer Canada’s landmark [Bridging the Gap study](#) found that, while many volunteers are interested in volunteering in groups, most organizations are not equipped to offer such opportunities. Produced in partnership with the Volunteer Bureau of Montreal, [Group Volunteering Handbook: Tools and Resources for Organizations and Volunteer Centres](#), shows organizations how to create group volunteering opportunities, and provides best practices for group volunteer engagement, such as employee volunteers, service clubs, youth groups, classes and more. [Group Volunteering: Key Resources for](#)



[Groups Wanting to Volunteer](#) is a tool for volunteers that outlines the basics of group volunteering, and offers tips for finding fulfilling group volunteering opportunities. Both handbooks include a list of helpful resources for more in-depth learning.

-Source: Volunteer Canada, News from VC, 26 June 2013

A Response to the Volunteering and Older Adults Report on the eVOLution Blog

Canadian seniors collectively volunteered more than 372 million hours in 2010 alone. Many organizations rely heavily on older adult volunteers to provide continuity and leadership. Donna Lockhart of [The RETHINK Group](#) shares her thoughts about Volunteer Canada's [Volunteering and Older Adults Report](#) on the eVOLution blog.

-Source: Volunteer Canada, News from VC, 26 June 2013

Survey: Volunteer Recognition and Appreciation in Canada

Volunteer Canada is conducting research on the current state of volunteer recognition and appreciation in Canada. You may have seen us tweet or post or talk about our two surveys.

We've had a fantastic response – to date, nearly 500 people have responded to the surveys and have provided us with some incredibly valuable insight into how organizations are recognizing their volunteers for the work they do and the types of challenges some organizations are facing. The tools and findings that will come out of this research will help organizations and volunteer centres all over the country integrate volunteers into their teams, make them feel appreciated and needed, and retain committed, talented volunteers.

Here are a couple of ways that you can help us with this research :

- Tweet a link to the surveys. There are two surveys, one for volunteers (<https://www.surveymonkey.com/s/2013Motivation>) and one for non-profit organizations (<https://www.surveymonkey.com/s/2013recognitionVC>).



- Send a message to your member organizations via an e-newsletter telling them about the surveys and asking them to help out.
- 'Like' or 'share' one of Volunteer Canada's posts about the survey on Facebook – or post about it on your own!

We'd love to hear from your community. Many of our responses to date have come from Ontario, and we're very interested in hearing from communities all over Canada. We will be closing the surveys on July 12th, so it's important for us to get the message out to as many people as possible this week.

If you have any questions about the research, don't hesitate to get in touch with Andrea Dixon at adixon@volunteer.ca

-Source: Volunteer Canada, Jeff Bond, Manager, Knowledge and Training Programs, 2 July 2013

Volunteer Futures 2013 Conference

Date: October 3 & 4, 2013

Early Bird Registration by Sept 16, 2013 at \$150

Keynote Speaker: Marther Parker, former Executive Director of Volunteer Calgary

For more information: volbcsupport@outlook.com or 1.604.873.5877 or <http://volunteerfutures2013.wordpress.com>

-Source: Volunteer BC, 3 July 2013

Breaking Through the Glass Ceiling for Volunteers

All too often, volunteers are assigned to staff at the lowest rungs of an organization's hierarchy while senior and middle managers never partner with them at all. Let's change the status quo. [Read this month's Hot Topic](#) or listen to the [audio version](#).

-Source: Energize, Inc., Energize Volunteer Management Update, July 2013

[To Top](#)