

# Community Information & Volunteer Centre



(To view the Archives, please visit: KCR Monthly Bulletin Archives and scroll down)

# Bulletin July 2011

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# Awards

#### NOMINATIONS OPEN FOR NEW HEALTH LEADERSHIP AWARD

Nominations are now open for the new 3M Health Leadership Award presented by Health Nexus. The annual award will celebrate an individual who has demonstrated outstanding community leadership leading to the improved health of local residents. The award highlights work being done to improve the health of Canadians through addressing social concerns such as housing, income, education, food security, and inclusion. Nominations are being accepted until September 15, 2011.





For more information, and to submit a nomination, visit: volunteer.ca.

--SOURCE: CharityVillage.com, Village Vibes, 2011 July 4

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#### WINNERS OF THE BUSINESS AND COMMUNITY PARTNERSHIP AWARDS ANNOUNCED

Imagine Canada and Volunteer Canada announced the winners of The Canadian Business & Community Partnership Awards, which recognize innovative collaborations between leading businesses and their nonprofit partners. These partnerships involve more than just financial support and demonstrate the leadership and commitment of everyone involved.



Here are their winners:

- •Large Business Award: Manulife Financial and St. James Town
- Small Business Award: Remax Harbourside and Boys and Girls Club of Summerside
- •Corporate Community Involvement Award: Investors Group
- •Investing in Youth Initiative, Honourable Mention: TD Waterhouse and The Duke of Edinburgh's Award

For more information, visit: <u>nonprofitnewswire.wordpress.com</u>.

--SOURCE: CharityVillage.com, Village Vibes, 2011 June 14

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#### AWARDS RECOGNIZE PSYCHOLOGICALLY HEATHY WORK ENVIRONMENTS IN BC

The British Columbia Psychologically Healthy Workplace Awards Committee, a standing committee of the British Columbia Psychological Association, is awarding organizations that excel in ensuring a healthy workplace for their employees with the 2012 Psychologically Healthy Workplace Awards. The award is open to all BC organizations that demonstrate excellence in the following five criteria for a psychologically healthy workplace: employee involvement; work-life balance; employee recognition; employee growth and development; and health and safety. The deadline for nominations is October 14, 2011 and winners will be recognized at an awards event on February 16, 2012.



For more information, visit: phwa.ca.

--SOURCE: CharityVillage.com, Village Vibes, 2011 June 7

#### REPRESENTATIVE'S AWARDS OF EXCELLENCE

Nominations for the Representative for Children and Youth's fourth annual Awards of Excellence are now being accepted. These awards recognize excellence in British Columbia's child- and youth-serving system. Individuals and organizations whose work contributes to improving the lives of children and youth in B.C. are honoured and acknowledged.



The deadline for nominations is 4:00 PM PST, August 31, 2011.

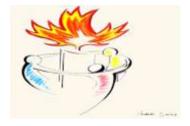
For nomination forms and more info, please visit rcybc.ca.

--SOURCE: BC Council for Families, HealthyFamilies, June 20, 2011

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# SPIRIT OF HOPE AWARD - DEADLINE SEPTEMBER 1

The Cross-Cultural Mental Health Conference is holding its 7th annual Sprit of Hope Awards. The Spirit of Hope awards is to recognize an individual, program, non-for-profit agency or public intuition within BC that has made a significant impact on improving the mental health conditions of immigrants and refugees. The Selection Committee will consider applicants who have demonstrated innovative approaches that have led to the improvement and positive impact of mental health of immigrants and refugees.



Deadline for nomination submissions is on September 1.

To apply or nominate an applicant, please visit <a href="http://www.ccmhs.ca/spirit-of-hope-award">http://www.ccmhs.ca/spirit-of-hope-award</a>

--SOURCE: Canadian Mental Health Association BC Division, Mind Matters BC's Mental Health e news, Volume 95: June 2011

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# **Facts and Trends**

#### ALMOST HALF OF NEWCOMERS TO CANADA FEEL UNDEREMPLOYED

A new poll found that 49% of newcomers who have been in Canada less than a year feel they are underemployed.

Additionally, 12% felt stuck in a job that would not eventually lead to their desired occupation. Only 42% of those polled had researched labour market conditions before coming to Canada, while just 24% had researched whether they would need to be recertified in order to continue working in their field.



--SOURCE: CharityVillage.com, Village Vibes, 2011 July 4 (Environics Research Group)

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## **FUNDRAISERS' MOST ANXIOUS MOMENTS**

A new US poll found that 26% of fundraisers are most nervous about asking board members to take part in fundraising campaigns. Additionally, 25% indicated that cold calling prospective donors was the most stressful part of their job, while 18% had anxiety related to making a major gift ask. Grant writing was lower on the list, with just 12% identifying it as a cause of anxiety.



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# UK POLL FINDS DOOR-TO-DOOR FUNDRAISING VIEWED AS MOST AGGRESSIVE

A new UK poll found that 39.7% of respondents had stopped supporting a particular charity because of its fundraising practices. The fundraising practices perceived as the most aggressive were door-to-door (54%), face-to-face street campaigners (44%), and telefundraising (43%).



--SOURCE: CharityVillage.com, Village Vibes, 2011 June 14 (Easy Fundraising UK)

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# Nonprofits slow to find fundraising success on Facebook

A new US survey found that only 29% of responding organizations had seen an increase in donations because of their use of Facebook. The survey also found that 36% had set goals for their Facebook activities and of these, 40% were achieving at least some of those goals. These more successful organizations spent an average of 2.6 hours per week on the site. Additionally, 40% said they'd been able to turn some Facebook fans into either donors or volunteers.



--SOURCE: CharityVillage.com, Village Vibes, 2011 June 14 (Idealware)

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# MORE US COMPANIES GAVE TO CHARITY LAST YEAR THAN IN 2009

A US report found that 65% of companies gave more in 2010 than they did in 2009, with 40% of companies increasing giving by 10% or more. However, median total giving remained largely unchanged at \$24.88 million. Aggregate total giving surpassed 2009 levels by almost 18%, driven by increases from a handful of companies



--SOURCE: CharityVillage.com, Village Vibes, 2011 June 14 (Committee Encouraging Corporate Philanthropy)

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# MANY ORGANIZATIONS SEEING AN INCREASE IN CHARITABLE BEQUESTS

A new international survey found that 36% of organizations had seen an increase in the number of charitable bequests received since 2005. Additionally, 36% said their average bequest is greater than \$50,000, while 23% said their average bequest is less than \$50,000. Of the organizations surveyed, 45% had a planned giving budget of \$5,000 or more, while 22% had no budget at all. For more information, read this week's Cover Story.



--SOURCE: CharityVillage.com, Village Vibes, 2011 June 7 (CharityVillage ® and Give Green Canada)

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#### THE RIGHT TO HEALTH: ALCOHOL USE AND CANADIAN ADOLESCENT GIRLS

Recent studies have revealed 53% of Canadian girls have their first drink between 12 and 14 years-old and nearly 30% of Grade 9 girls report having being "really drunk" at least twice in their lifetime. By Grade 10, this number increases to 40%. Further, alcohol use and depression are more strongly related for adolescent girls than any other population. For many women, this



association persists into adulthood and predicts other co-morbid disorders.

Click here to read more about alcohol use among Canadian adolescent girls and how to promote their right to health.

--SOURCE: The Federation of Community Social Services of BC, Weekly News Items - June 30, 2011

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# Financial

# **AVIVA COMMUNITY FUND SET TO KICK OFF ITS THIRD YEAR OF COMPETITION**

Aviva Canada has announced that the Aviva Community Fund competition will return in the fall of 2011 and the company will once again offer \$1 million to encourage Canadians to lead, empower, and support community initiatives across the country. Canadians are encouraged to submit their project ideas on the competition's website. Visitors to the site are asked to vote for their favourite ideas so they can advance through to the competition's final round, at which point they will be evaluated by an independent panel of judges. The competition will officially kick off on September 26, 2011.



For more information, visit: avivacommunityfund.org.

--SOURCE: CharityVillage.com, Village Vibes, 2011 June 28

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# **BC** NONPROFITS ENCOURAGED TO APPLY FOR EMPLOYEE TRAINING FUNDING

The new Targeted Skills Shortage Pilot program has now begun in BC. The program is designed to assist low-skilled employees in accessing training opportunities. Funding is available to help workers who do not possess a high school diploma or who have a high school diploma but do not have any recognized certification.



Each eligible employee is able to participate in the program only once, however more than one employee from your organization can take part in the program at the same time. Only organizations with less than 100 staff are eligible to apply, and all training must be completed by March 31, 2012.

For more information, visit: aspect.bc.ca.

--SOURCE: CharityVillage.com, Village Vibes, 2011 June 28

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# GRANTS AVAILABLE TO ORGANIZATIONS FIGHTING DOMESTIC VIOLENCE

The Muriel McQueen Fergusson Foundation is accepting proposals for funding from registered charities helping to end family violence. Activities can include research into the causes, incidences, and forms of family violence; the promotion of effective intervention; and support for educational programs that increase public awareness. The selected recipients will be awarded a grant to a maximum of \$3,000 per organization.

The deadline for applications is Friday, August 12, 2011.

For more information, and to submit an application, visit: mmff.ca.

#### **AWARDS RECOGNIZE NONPROFITS RUNNING SOCIAL ENTERPRISES**

The Trico Charitable Foundation is now accepting applications for their four Social Enterprize awards. Two organizational awards will be given to entrepreneurial nonprofit organizations who have demonstrated exceptional leadership and innovation. The award amount is \$60,000 over three years. Two individual awards will be given to people who hold full-time positions as social entrepreneurs within the nonprofit sector, and who intend to provide leadership in an effort to innovate and build capacity. The amount for these awards is a one-time grant of \$10,000.



The deadline for applications is September 15, 2011.

For more information, and to submit an application, visit: tricofoundation.ca.

--SOURCE: CharityVillage.com, Village Vibes, 2011 June 21

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# NONPROFIT FILM SCHOOL LOOKING TO PARTNER WITH SOCIAL JUSTICE ORGANIZATIONS

Pull Focus Film School, a nonprofit film school in Vancouver's Downtown Eastside, offers low-cost filmmaking courses, while also contributing media support to nonprofit organizations with social justice campaigns. They are currently looking to partner with nonprofit agencies in need of media exposure, and have a variety of ways for organizations to get involved.



For more information, visit: pullfocus.org.

--SOURCE: CharityVillage.com, Village Vibes, 2011 June 21

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# SMALL CHANGE FUND ALLOWS CANADIANS TO SUPPORT SMALL, LOCAL PROJECTS

Canadians have the opportunity to contribute to seven small, grassroots projects in communities across the country through Small Change Fund, Canada's first charitable micro-funding organization created to support small but locally significant projects. Following an eight-week search, Small Change Fund selected seven community-based projects to receive national attention and support.

These organizations were chosen based on their ability to tangibly address a range of issues facing Canadian communities and range from supporting cultural retention among the Inuit in Nunavut to learning to preserve fresh seasonal foods in Toronto's Parkdale neighbourhood.



Canadians who donate to any of the projects will receive a tax receipt and a personal update from the project organizers showing where the donated funds were spent and how they helped the community.

For more information, visit: <a href="mailto:smallchangefund.org">smallchangefund.org</a>.

--SOURCE: CharityVillage.com, Village Vibes, 2011 June 7

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# SPONSORSHIP AVAILABLE FOR KIDS' NUTRITION PROGRAM

BCHC - Choices Markets is seeking to sponsor a program that helps children receive and/or learn about nutritious foods. They are



specifically looking for a program that operates in Vancouver, Burnaby, White Rock/South Surrey and Kelowna. If you are aware of an underfunded children's nutrition program that meets these criteria, please send program information and contact details to Lauri at: <a href="mailto:ldonald@choicesmarkets.com">ldonald@choicesmarkets.com</a>

--SOURCE: Community Action Towards Children's Health, CATCH Network Newsletter July 5, 2011

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# **CELEBRATING SUCCESS - \$5M TO SUPPORT ABORIGINAL CHILDREN**

VICTORIA - The Province is investing \$5 million in 2011 to continue to support programs aimed at supporting the health and well-being of Aboriginal children.



#### Read more...

--SOURCE: The Federation of Community Social Services of BC, News Clipping HEADINGS, 30 Jun - 4 Jul 2011

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## CHILDREN AND YOUTH WITH SPECIAL NEEDS FUND

With continued financial support from the Ministry of Children and Family Development (MCFD) and Vancouver Foundation, the Giving in Action Society is now accepting applications for the Children and Youth with Special Needs Fund. The Fund offers one-time grants to help families renovate their homes and/or purchase wheelchair accessible vehicles, enhancing their children's ability to participate in daily activities at home, in school and in their communities.



## Read more...

--SOURCE: BC Healthy Communities, Activity E-Brief Issue # 96, July 4, 2011

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#### **New Horizons for Seniors Program**

The New Horizons for Seniors Program (NHSP) is a federal Grants and Contributions program that supports projects led or inspired by seniors who make a difference in their communities and in the lives of others. The NHSP supports projects that aim to address one or more of the following five program objectives:



- promoting volunteerism among seniors and other generations;
- engaging seniors in the community through the mentoring of others:
- expanding awareness of elder abuse, including financial abuse;
- supporting the social participation and inclusion of seniors; and
- providing capital assistance for new and existing community projects and/or programs for seniors.

Read more...

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# ABORIGINAL EARLY CHILDHOOD REINVESTMENT INITIATIVE

The First Nations and Urban Aboriginal Early Childhood Development Steering Committee is pleased to announce its Call for Applications for our 2011-12 Aboriginal Early Childhood Development Reinvestment Initiative Grant Programs.

As with last year, there are 4 grant programs available:



- Capital Grants (up to \$10,000)
- Language and Culture (up to \$20,000)
- Service Planning/Capacity Building (up to \$15,000)
- Program Enhancements (up to \$15,000)

Find out more about this grant here

--SOURCE: BC Healthy Communities, Activity E-Brief Issue # 96, July 4, 2011

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## YOUTH IMPACT GRANTS ARE COMING BACK!

Watch for the return of our TELUS Youth Grants Program in August 2011! We'll be offering grants of \$500-1500 to teams of youth ages 11-25 who want to do projects to create social change in their communities. This program is available to youth in the Central and South Okanagan Similkameen and is a joint project of the Kelowna and Penticton United Way - GenNext Young Professionals Leadership Councils.



For more information contact avril@unitedwaycso.com or call 250-860-2356.KLO

Middle School students restore a creek and build fencing for a sand pit, to save the habitat for the turtles that are nesting near Fascieux Creek on their school grounds. This team received a grant of \$1200 from TELUS and United Way. Image provided by Michael Breakey.

--SOURCE: United Way CSO, Summer Newsletter

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# KCR Highlights

# FREE FAX MACHINE

Free fax machine. Works well and comes with 2 refill fax ribbons. It is a Brother, Intellifax 1270 Machine, non secure. Available until July 18th.

Contact Charesa at 250.763.8008 Ext 21 or email charesa@kcr.ca.

--SOURCE: Kelowna Community Resources, Charesa Colbow

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# **WOOGIWORLD: ONLINE ENGLISH PROGRAM**

WOOGIWORLD FRIDAYS: Cutting-edge curriculum teaches kids English using the most modern and accepted practices for English curriculum and teaching methodology. Your child gets a top-rate introduction to the English language within a virtual world that they enjoy and to which they can't wait to return every day.

Every Monday and after the Woogiworld program on Fridays, children will have an opportunity to engage in FUN, INTERESTING and ADVENTUROUS activities. Examples include: dance/Wii, bowling, water park, and laser tag.

For more information, or to register, contact Josephine Schrott at Kelowna

Community Resources: Phone: 250.763.8008 or email: volunteer@kcr.ca. FIRSTCOME, FIRST SERVED!

--SOURCE: Kelowna Community Resources, Josephine Schrott

# Local

# 2ND ANNUAL CLASSIC CAR SHOW & OUTDOOR MOVIE NIGHT

Saturday, August 13th, 2011 Rutland Centennial Park - 180 Rutland Rd. North, Kelowna, BC Car Show - 9 AM to 3 PM Movie starts at dusk

Free Admission for the Public!

For more info contact: Joe lafrancesco (250) 878-3619 or Dan Van Norman (250) 575-7956 or Email volunteer@kcr.ca

To register, visit Classic Car Show Online Registration

--SOURCE: News from Uptown Rutland Business Association, April 27, 2011



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## PALLIATIVE VOLUNTEER CONFERENCE

The Central Okanagan Hospice Association (COHA) is committed to community outreach and to meeting the needs of the terminally ill and their families by providing compassionate care and supportive assistance through resources, trained volunteers and professional counselling.



We are pleased to offer our 2011 list of events and community information workshops: Further information on all these events and activities can be found on the COHA website: <a href="https://hospicecoha.org">hospicecoha.org</a> or by phoning the office at 250-763-5511.

August 17 – 18: Palliative Volunteer Conference providing "Tools of the Trade" to those in the field of Palliative Care (Ramada Hotel and Conference Centre)

August 19: Dr. Nancy Reeves, speaks on the subject of bereavement as a post conference workshop (Ramada Hotel and Conference Centre)

--SOURCE: Central Okanagan Hospice Association, Susan Steen,

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#### VITAL SIGNS 2011 SURVEY

Vital Signsis a semi - annual report being undertaken by the Central Okanagan Foundation that will review the vitality of our region. The report will present data and perceptions on 11 key areas of community life – areas that are critical to quality of life and well-being in the Central Okanagan.

The report will contain research taken from scientifically valid and credible data, as well as community members perceptions and opinions about the region in which we live, work, learn and play.

Please click on the link below to complete the opinionnaire created to

CENTRAL OKANAGAN'S



assist us in gathering your perceptions and opinions. This is an important part of our reporting on the Central Okanagan for Vital Signs 2011; it's only 15 questions and won't take long to complete.

Central Okanagan's Vital Signs 2011 Survey. Please complete by July 31, 2011.

The Central Okanagan Vital Signs 2011 report will be released on October 4, 2011 and will be available on the Central Okanagan Foundation website at www.centralokanaganfoundation.org or by calling 250.861.6160.

If you have any questions regarding the opinionnaire or for more information about the 2011Central Okanagan Vital Signs report please contact Cheryl Miller of the Central Okanagan Foundation (COF) at <a href="mailto:cheryl@centralokanaganfoundation.org">cheryl@centralokanaganfoundation.org</a>.

We are hoping to have a wide distribution; please forward this email to your contacts and networks.

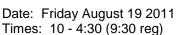
Thank-you for sharing your views!

--SOURCE: Central Okanagan Foundation, Cheryl Miller, Grants Manager

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# **HELPING ADULTS AND**

"A loss is any experience that restricts us - from the concrete bereavement and chronic illness, to the nebulous shattering of a dream." In this we will explore a range of grieving issues and experiences for adults and children, and learn a number of helping strategies. This workshop is appropriate for psychologists, counsellors, spiritualdirectors, chaplains, volunteers and other helpers. Professional and lay helpers will be separated for small group exercises & discussions to honour their different needs.



Cost: \$40. (discount for 3 or more from same agency)

Location: Ramada Lodge Hotel, Kelowna

For info or to register Dr. Nancy Reeves nancy@islandnet.com 250.592.1493

--SOURCE: Island Loss Clinic, Dr. Nancy Reeves

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# PLEASE TOUCH THE ART: ART IN THE PUBLIC SPACE

Public art is any work of art that is created by an artist for a specific public space. The Kelowna Art Gallery is pleased to collaborate with the City of Kelowna's Public Art Committee on Please Touch the Art: Art in the Public Space.

## **OPEN HOUSE**

Saturday, July 23, 1:00-3:00 pm.

Join us for light food and refreshments. Members of the City of Kelowna's Public Art Committee will be available for discussion.

# PANEL DISCUSSION

Thursday, August 11, 7:00 pm

Join us for a stimulating and provocative discussion about public art and the role it plays in creating a vibrant community. Artist Brower Hatcher will be here to speak about his Bear, which is installed in Kelowna's Stuart Park.

He will also talk about his career as an artist working extensively in the realm of public art. Additional panelists will



speak from the perspectives of artists and community members.

--SOURCE: Kelowna Art Gallery E-Newsletter July 2011 (Image: Brower Hatcher, Bear, 2010, commissioned by the City of Kelowna. Photograph by Adrian Photography)

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## **ART ADVENTURES: CAMPS BEGIN JULY 4**

Join us for a exciting summer filled with art and creativity! Participants will be introduced to a variety of themes, and methods of art-making while using gallery exhibitions as inspiration. Preschool camps, mini camps, and full day camps available, including the always popular Art and Grind skateboard deck design camp.

For a full list of camps available, click here.

For more information or to register, call 250-762-2226



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# **ELEGANCE OF EVERYDAY KELOWNA: PHOTOGRAPHY CONTEST FINALISTS' EXHIBITION**

Come into the Kelowna Art Gallery between July 4 and July 17 to view The Elegance of Everyday Kelowna Photography Contest Finalists' Exhibition, and cast your vote!

Our five finalists were announced on Monday, July 4. It's up to you to decide who places fifth, fourth, third, second ... and who wins the Grand Prize!

Each visitor to the Gallery will receive one ballot; an additional ballot is offered with Gallery admission. This contest is inspired by the exhibition Gabor Szilasi: The Eloquence of the Everyday -- so it may be an idea to check out the show while you're here before you cast your vote.



The order in which the finalists are placed, and the announcement of the Grand Prize winner, will be revealed on Monday, July 18.

For complete information, click here or call 250-762-2226.

Contest generously supported by Lens & Shutter Cameras, Nikon, Opus Framing & Art Supplies, and Meiklejohn Architects Inc

--SOURCE: Kelowna Art Gallery E-Newsletter July 2011

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# **VENUE TO RENT: KELOWNA ART GALLERY**

Holding your event at the Gallery supports continued access to the visual arts in our community. The Kelowna Art Gallery is an ideal venue for groups from 25-200 people. Full information about renting the Gallery for your event is available for download on our website.

For more information gallery rental, please contact: Kris Johnson, Marketing and Events Coordinator 250-762-2226 ext. 305 or email <a href="mailto:kris@kelownaartgallery.com">kris@kelownaartgallery.com</a>



# KIDS SUMMER CAMPS AT THE RCA

Summer ArtsBlast for Kids Ages 5-11; July 18-22; 9:00 AM - 4:00 PM; \$230

Circus Yoga & Theatre Camp Ages 5-13; August 2 - 5, 9:00 AM - 1:00 PM; \$100

Kids Yoga Kamp Ages 6-11; August 15-19 (Mon-Fri) 1:00 - 2:30 PM; \$40

Mural Painting Project for YOUTH; Ages 12-16; July 9, 10, 16 & 17, 4:00 - 8:00 PM; \$95

Piano Camps: Introductory Preparation Piano Camp Ages 4-5; July 25-29, 8:30 - 9:45 AM; \$55

Introductory Level Piano Camp Ages 5-6, 6-8 or no experience; August 8-12, 12:30 - 2:30PM; \$75

Potters Addict: Summer Clay & Craft Camps Various dates from Jul 4th to Sept 2nd; 10:30 AM - 1:00 PM; \$8

For more info, visit rotarycentreforthearts.com

--SOURCE: Rotary Centre for the Arts, July 2011 Newsletter



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# SASFY SUMMER ARTS SCHOOL AUGUST 8-13, 2011

The SASFY summer arts school workshops program "Ignite the Passion in the Arts" August 8-13, 2011 at George Elliot Secondary School and Creekside Theatre in Lake Country is fast approaching.

The Okanagan faculty team is comprised of 14 professional artists, teachers and performers many with national and some with international experience. Students have the opportunity to choose 1 favorite workshop from each of

the 3 segments: 1) animation, mixed media, wood working, piano; 2) creative dance, guitar, photography, fashion design; 3) voice/musical theatre, painting, hip hop, culinary arts.



The base tuition fee of \$150 includes shuttle bus service from Springvalley Elementary and Mt. Boucherie Secondary School, all snacks and lunches along with 6 hrs. of professional instruction Monday-Friday and a culminating Saturday afternoon Arts Gala Extravaganza exhibition/concert on this year's theme "Kaleidoscope". Financial assistance of \$100 is also available.

For more information, see sasfy.ca, email info@sasfy.ca or call 250-768-1404.

--SOURCE: Summer Arts Scene For Youth in Central Okanagan -SASFY, Claudia Kargl, President & Artistic Director

#### INTERIOR SAVINGS CFO TO LEAD...

Kathy Stevenson, Senior Vice President and Chief Financial Officer of Interior Savings Credit Union will take on a new role for our community by chairing the 2011 Central Okanagan United Way Campaign.

"The United Way is a leader in community support and collaboration, two principles that I am strongly aligned with." says Stevenson. "I'm very excited about this opportunity to work closely with the United Way of the Central and South Okanagan for our upcoming campaign. I too believe that by "Living United" we can create a better tomorrow."

--SOURCE: United Way CSO, Summer Newsletter



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## UNITED WAY CENTRAL OKANAGAN CAMPAIGN KICKOFF

The Central Okanagan Campaign Kickoff will be held at the Coast Capri Hotel on September 13, 2011. To book seats contact <a href="mailto:karen@unitedwaycso.com">karen@unitedwaycso.com</a> or call 250-860-2356.



--SOURCE: United Way CSO, Summer Newsletter

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# **2011 CANADIAN NATIONAL TRIATHLON CHAMPIONSHIPS**

"We are proud to announce that the 2011 Canadian National Triathlon Championships will again be hosted by the 29th Annual Pushor Mitchell Apple Triathlon in the beautiful city of Kelowna, British Columbia from August 19-21," said Richard Montgomery, president of the Kelowna Apple Triathlon Society (KATS), organizers of the event.

In addition to the Canadian National Triathlon Championships, the Pushor Mitchell Apple Triathlon also hosts the ITU Triathlon Pan American Cup, the Western Canadian Kids of Steel (KOS) Youth Championships for athletes aged 12 to 15 and FINA Open Water Swims.



This year's International Triathlon Union (ITU) Age Group World Championships will take place in Beijing on September 11-12. The Apple Triathlon offers an opportunity for Canada's leading triathletes to prepare for Beijing. Age groupers also have an opportunity to secure one of ten spots for the ITU Age Group Triathlon World Championships in Auckland, New Zealand 2012.

The Pushor Mitchell Apple Triathlon caters for all ages and stages. Triathlon novices can participate in the Try-a-Tri, organizations can challenge each other in the Business Challenge Sprint Relay and swimmers have the opportunity to participate in the FINA 1.5km and 5km Open Water Swims.

The 2010 Apple Triathlon established a record 1600 local, national and international entries. This required the support of approximately 900 volunteers to fill all the positions for the race weekend. A variety of volunteer positions are available for 2011 including bike and run course marshals, set-up and take-down, security, body-marking, finish line duties and assistance to paratriathletes. Volunteers can contact the Volunteer Director via e-mail at volunteer@appletriathlon.com

There are also opportunities for Kelowna residents to host an elite athlete through our Homestay Program. For more details on participating, volunteering, hosting an elite athlete or being a sponsor please visit our website at appletriathlon.com

Triathlon Canada is the governing body for triathlon in Canada. Recognized as an Olympic medal sport since 2000, Triathlon Canada's mandate is to promote, foster, organize and develop the sport of triathlon, and its related disciplines, in Canada. For more information on Triathlon Canada, please visit <u>triathloncanada.com</u>.

# CMHA NATIONAL CONFERENCE ON MENTAL HEALTH - SEPT 14-16

CMHA BC Division and CMHA Kelowna Branch are hosting Movement Building: National Conference on Mental Health. Outstanding keynotes include Lieutenant Colonel Stéphane Grenier, Mental Health Commission of Canada and Dr. Mike DeGagne, Aboriginal Healing Foundation. Breakout sessions will explore themes including emerging excellent practices, embracing diversity, tapping technology, empowering young people. Rates are \$495 for full-conference and \$195 for one day.



Learn more and register at <u>cmhanationalconference.com</u>.

--SOURCE: Canadian Mental Health Association BC Division, Mind Matters BC's Mental Health e news, Volume 95: June 2011

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# **National**

# **NEW CAREER EXPLORER ON HRCOUNCIL.CA**

Online tool guides job seekers to work in nonprofits

Today we're pleased to announce the launch of a new tool on hrcouncil.ca that isn't designed for managers, executive directors or board members who are already in the sector (although they may find it useful). It's a Career Explorer for people who are considering making their first (or next) career move in the nonprofit sector.



The Career Explorer highlights how the nonprofit sector is uniquely positioned to offer a range of careers that are dynamic, engaging and rewarding. Whether in the fields of social services, health care, community housing, the environment, sports, recreation, arts or culture, there are countless career paths for people who share the sector's common vision: to make a difference.

#### Learn more...

--SOURCE: The Federation of Community Social Services of BC, Weekly News Items: June 03, 2011

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# THE CANADA REVENUE AGENCY REMINDS CANADIANS TO BEWARE OF PHISHING SCHEMES

The Canada Revenue Agency (CRA) warns all Canadians to beware of telephone calls, mail, or email that claim to be from the CRA but are not. These are phishing scams that could result in identity thefts.



Canada Reversia Agence du reversi Agency du Canada

The CRA has well-established practices to protect the confidentiality of taxpayer information. For more information about security of taxpayer information and examples of fraudulent communications, go to cra-

#### arc.gc.ca/security

Anyone who receives a suspicious communication should immediately report it to info@antifraudcentre.ca or to the institution that it appears to be from.For information on scams, to report deceptive telemarketing, and if personal or financial information has been unwittingly provided, go to the Royal Canadian Mounted Police Web page at: <a href="www.rcmp-grc.gc.ca/scams-fraudes/phishing-eng.htm">www.rcmp-grc.gc.ca/scams-fraudes/phishing-eng.htm</a>.

--SOURCE: The Federation of Community Social Services of BC, Weekly News Items: June 16, 2011

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#### MENTAL HEALTH STIGMA STILL PERVADES CANADIAN WORKPLACES

The Conference Board of Canada has released a new report, Building Mentally Healthy Workplaces: Perspectives of Canadian Workers and Front-Line Managers, that provides a national perspective on Canadians' work environment and the degree to which it supports their mental well-being. The study



identified four areas for organizational action: education and communication, workplace culture, leadership, and managerial skills and capacity. The survey saw 44% of respondents reporting that they were either currently experiencing (12%) or had previously personally experienced (32%) a mental health issue. For this study, the definition of a mental health issue was very broad and included excessive stress, anxiety, depression, burnout, addictions and substance abuse, mania, bipolar disorder, and schizophrenia, among others.

For more information, visit: conferenceboard.ca.

--SOURCE: CharityVillage.com, Village Vibes, 2011 June 28

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# HR COUNCIL LAUNCHES NEW TOOL TO HELP NONPROFIT JOB SEEKERS

The HR Council for the Nonprofit Sector launched a new career tool for people who are considering making their first (or next) career move in the nonprofit sector. The Career Explorer highlights how the nonprofit sector is uniquely positioned to offer a range of careers that are dynamic, engaging, and rewarding. By highlighting the types of jobs commonly available, the education and experience required for those jobs, and the availability of work across the sector, the HR Council hopes to show job seekers that the sector is an exciting and vibrant place to work.



For more information, visit: hrcouncil.ca.

--SOURCE: CharityVillage.com, Village Vibes, 2011 June 7

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#### ABORIGINAL KIDS TWICE AS LIKELY TO SMOKE, FINDS STUDY

Off-reserve aboriginal kids are more than twice as likely to smoke than non-aboriginals, finds a new study. Tara Elton-Marshall, a PhD student at the University of Waterloo, published a study in the Canadian Medical Association Journal Monday on smoking rates in off-reserve aboriginal



youth. Previous studies had found aboriginals were more likely to smoke or drink than non-aboriginals, says Elton-Marshall, but focused on people living on reserves instead of the off-reserve residents that make up most of the aboriginal population.

# Read more

#### CHRA DISAPPOINTED

The <u>Canadian Housing and Renewal Association</u> issued a statement expressing disappointment by the lack of a federal commitment to affordable housing in the 2011 federal budget. Information on the Affordable Housing Initiative and CMHC's renovation programs (RRAP) was "notably absent." The Homelessness Partnering Strategy (HPS) was not mentioned in the budget, but is slated to receive funding through Human Resources and Skills Development Canada (HRSDC) at \$134.8 million per year for three years from 2011 - 2014.



--SOURCE: Raising the Roof, Housing Again Bulletin #143 July 2011

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# HABITAT FOR HUMANITY CANADA LAUNCHES NEW PROGRAM

Habitat for Humanity Canada recently launched a new program to address the affordable housing crisis and change the face of communities across Canada. Beyond funding affordable home building, the <u>360 Built Smart Partnership</u> will take a conscious and holistic approach to addressing the issue by driving funds to support all aspects of the need for affordable housing in local communities. It was made possible through the generous support of Holcim (Canada) Inc. and The Home Depot® Canada Foundation.

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# **OUR DREAMS MATTER TOO: FIRST NATIONS CHILDREN'S REPORT TO THE UNITED NATIONS**

This amazing report was written by First Nations children and supported with letters by non-Aboriginal children too.

The 38 letters written by children in this report talk about the inequities in First Nations education and how these impact their futures. The report asks the UN to study the inequities and urge Canada to take immediate action.

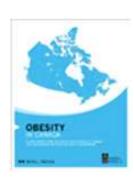
French, Cree and Oji-Cree versions of the report are coming soon. Copies of the report and more information about Shannen's Dream are available at shannensdream.ca.

--SOURCE: First Call: BC Child and Youth Advocacy Coalition, The Child and Youth Advocate Newsletter, June 30, 2011

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# **New Report on Obesity in Canada**

Obesity in Canadais a joint report from the Canadian Population Health Initiative of the Canadian Institute for Health Information and the Public Health Agency of Canada. The report examines the prevalence of obesity among adults, children, youth and Aboriginal Peoples, presents new analyses of the determinants of obesity using innovative measures, and reports on the impact of obesity in Canada. In addition, Canadian and international lessons learned in obesity prevention and reduction are highlighted.



# Excerpts:

- •The prevalence of measured obesity was 2.5 times higher in 2004 than 1978/79 among children and youth aged 2 to 17. In particular, among youth aged 12 to 17 obesity tripled from 3% to 9.4%.
- •Measured obesity is 8.6% among children and youth aged 6 to 17, and earlier estimates suggest that 6.3% of children aged 2 to 5 are obese.
- •In most age groups of children and youth, according to self-reported and measured data, obesity is more prevalent among boys than girls.
- •There are a number of research gaps and methodological challenges in studying obesity in this population, including different systems for defining overweight and obesity at different ages and the study of

prevalence among very young children.

•The development of improved measurement, ongoing surveillance and longitudinal studies could help to enhance the understanding of obesity in children and youth.

Read the report here.

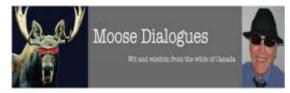
--SOURCE: First Call: BC Child and Youth Advocacy Coalition, The Child and Youth Advocate Newsletter, June 30, 2011

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## O CANADA - LEAN AND MEAN: COMMENTARY ON POVERTY

This commentary from Clive Cocking, a correspondent for The Economist, on his blog gives an overview of the causes and consequences of growing poverty in Canada:

It's been nauseating during the recent global financial crisis to see our politicos wallowing in self-praise about Canada's



financial rectitude compared to the profligacy of many other nations. Particularly when you know that all the puffery about our supposed financial soundness hides a nasty secret about the unnecessary suffering of Canadians.

One of the keenest slashers was rich, thriving British Columbia, where welfare rates remain suppressed, and which has the highest child poverty rate in the country, a sorry record it has held for eight years in a row.

Read more.

--SOURCE: First Call: BC Child and Youth Advocacy Coalition, The Child and Youth Advocate Newsletter, June 30, 2011

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#### IMAGINE CANADA TO LAUNCH A STANDARDS PROGRAM IN 2011

By the end of 2011, Imagine Canada will be launching its <u>Standards Program</u>, which will provide a nation-wide guideline to charities and nonprofit organizations in the areas of fundamental governance, paid-staff management, financial accountability, fundraising and volunteer involvement.



--SOURCE: Imagine Canada

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#### **ANTI-BULLYING LEGISLATION IN CANADA**

Last month, the <u>B.C. Human Rights Coalition</u> focused on the issue of workplace bullying in their <u>newsletter</u>. Workplace bullying is a great concern to employers and employees alike. Typical workplace bullying - also known as psychological harassment - is not based on any protected characteristic of the target and is therefore not covered in the Canadian Human Rights Legislation. Most bullying often has no physical component and is subtle in nature, such as isolating or ignoring a target. Due to this, victims of workplace bullying have few legal



options available to them. Since February 2011, four Canadian provinces have passed anti-workplace bullying legislation. The BCHRC has been working with BullyFreeBC to highlight the need for legislation in BC.

--SOURCE: Canadian Mental Health Association BC Division, Mind Matters BC's Mental Health e news, Volume 95: June 2011

# **Provincial**

#### **B.C.** POSTS WORST RECORD AGAIN ON GAUGE OF CHILDREN IN POVERTY

Lindsay Kines, Times Colonist

For the eighth straight year, B.C. has a greater percentage of children living in low-income families than any other province in the country, Statistics Canada says. The figures, which many advocates consider a measure of child poverty, prompted renewed calls for a plan to tackle the problem.

Statistics Canada says 12 per cent of B.C. children under 18 were living in low-income families in 2009, up from 10.4 per cent the previous year and above Canada's level of 9.5 per cent.

Indeed, B.C. has posted the worst record in the country every year since the Liberal government took power in 2001.

Representative for Children and Youth Mary Ellen Turpel-Lafond said the situation is even worse than the figures indicate, because Statistics Canada does not capture the children living in deep poverty on First Nations reserves. "The message again today is: 'We've got to get on this,' " Turpel-Lafond said.

The Liberal government has consistently rebuffed calls for a poverty reduction plan, saying that best way to deal with the problem is to build the economy and create jobs.

Children's Minister Mary McNeil sounded that theme again Wednesday, saying government is making progress. She noted the low-income rate has fallen by nearly 38 per cent since 2003, and that 2009 figures do not reflect the recent decision to increase the minimum wage.

But Turpel-Lafond said that while she welcomes the wage hike, government ministries still fail to work effectively together to help impoverished children.

She also disputed government's argument that economic growth and job creation can fix inequality. "That has been proven to be inaccurate," she said. "The market doesn't correct this."

First Call B.C., a coalition of child advocacy groups, wants both the B.C. and federal government to enact anti-poverty legislation with specific targets and timelines for reducing poverty. It also called for an increase in welfare rates, more affordable child care, social housing and improved access to dental care and prescription drugs.

"Those are all the pieces that we'd like government to be looking at in a plan," said Adrienne Montani, First Call's provincial co-ordinator. "We want a plan with some teeth in it that says, "We recognize there's a problem. We're out of denial.' "Ikines@timescolonist.com@ Copyright (c) The Victoria Times Colonist

--SOURCE: The Federation of Community Social Services of BC, DAILY News Clippings, 16 June 2011

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#### GOV'T PROMISES TO IMPROVE DISABILITY SERVICES

After hearing several <u>heartbreaking stories from people with disabilities</u> and their families, the B.C. government says it is taking action to improve funding.

Helen Creamore has had to quit her job to take care of her 26-year-old son, Jake. June 2, 2011. (CTV)



--SOURCE: ctvbc.ca, Friday Jun. 3, 2011 7:50 AM PT

#### **ONTARIO NONPROFIT NETWORK RELEASES NEW LABOUR MARKET REPORT**

The Ontario Nonprofit Network and the Toronto Workforce Innovation Group have prepared a new report on Toronto's nonprofit labour market. Not Working For Profit: A Labour Market Description of the Nonprofit Sector in Toronto examines available data to draw a better picture of the sector's labour market. Some of the report's findings include:



- •Social workers have experienced modest increases in employment income.
- Family, marriage, and other related counsellors, as well as community and social service workers, have experienced essentially flat-lined employment incomes over a ten-year period.
- Early childhood educators have seen their employment incomes drop substantially.

For more information, and to view the full report, visit: ontariononprofitnetwork.onefireplace.org. (PDF)

--SOURCE: CharityVillage.com, Village Vibes, 2011 June 14

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# **CALGARY FOOD BANK RELEASES DATA FROM NEW RESEARCH REPORT**

The Calgary Food Bank recently completed a first-of-its-kind research project examining client and service data from September 2000 to August 2009, providing a comprehensive analysis of the men, women, and children who use the food bank. Here are some of their findings:

- •More than 165,000 individuals (representing 81,319 individual households) used the Emergency Food Hamper Program at least once in the research period.
- •These individual Calgarians accessed the Emergency Food Hamper Program almost one million times during this period.
- •81% of clients used the program less than ten times between 2000 and 2009.
- •44% of Emergency Food Hamper Program clients live in households with wage-related income.
- •Children and youth are the largest group who benefit from the Emergency Food Hamper Program: 63,079 children and youth were helped a total of more than 400,000 times and approximately 40% of these children are under 5 years of age.

For more information, visit: www.calgaryfoodbank.com. (PDF)

--SOURCE: CharityVillage.com, Village Vibes, 2011 June 14

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# **ALBERTA SURVEY OF NONPROFITS FINDS SECTOR IS STILL STRUGGLING FINANCIALLY**

The Calgary Chamber of Voluntary Organizations released its newest report, Points of Light: The State of the Alberta Nonprofit Sector Report. The report presents the findings of one of the largest online surveys of Alberta nonprofits, with almost 1,000 organizations participating. It shows a sector that is chronically low on financial resources, facing rising demands for services without equivalent increases in resources, and struggling to pay enough to attract and retain the skilled workers that it needs.



For more information, and to read the full report, visit: <a href="mailto:calgarycvo.org">calgarycvo.org</a>. (PDF)

--SOURCE: CharityVillage.com, Village Vibes, 2011 June 7

#### BIRTHDATE AND STUDENT ACHIEVEMENT

The effects of school grouping practices in British Columbia. This report examines the effects of single cut-off date for kindergarten admission and one-year age grouping practices onstudent learning in British Columbia schools. For more information and links to the report click here.



--SOURCE: Community Action Towards Children's Health, CATCH Network Newsletter July 5, 2011

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## CANADA'S FIRST BIKEABILITY INDEX SCORES VANCOUVER NEIGHBOURHOODS ON BIKE-FRIENDLINESS

A team of University of British Columbia researchers, funded by the Heart and Stroke Foundation and the Canadian Institutes for Health Research, have created Canada's first Bikeability Index, a unique tool which scores neighbourhoods on how bike friendly they are.



#### Read more

--SOURCE: BC Healthy Communities, Activity E-Brief Issue # 96, July 4, 2011

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# **DISRUPTIONS OF SERVICE - WHAT IS YOUR PLAN B?**

EnAbling Nonprofits Ontario is a province-wide education initiative of the Ontario Nonprofit Network supporting nonprofits and charities in understanding and complying with the Accessibility Standards for Customer Service Act (AODA, 2005). Compliance Standards: Let the public know when facilities or services that people with disabilities use are temporarily unavailable.



People with disabilities may go to a lot of trouble to access your goods and services, such as hiring a driver or arranging for accessible public transit. People with disabilities may need to research or learn new routes, or engage the help of support persons. So when facilities or services that they rely on to access services are temporarily disrupted, it is only right to let everyone know. And now it's the law. When a needed facility or service is unavailable -- whether planned or unplanned -- you must now let the public know, in advance, or as soon as possible.

# Read more

The Disruption of Service requirements of the Customer Service Standard focus on the external communication strategy of notifying clients when a facility or service they rely on to access your services is not available. But before any external strategy can work properly, NPOs need to develop their internal strategy of relaying information, and identifying who in the organization does what and when.

Read more

Additional Resources

Royal Ontario Museum: <u>Accessibility Strategy for Service Disruptions</u> Sample policy and public notices for temporary disruptions of service

University of Western Ontario: Accessibility at Western portal site Announces any disruption to services that affect people with disability.

Ministry of Community and Social Services: Accessibility Standards for Customer Service Compliance Manual, Appendix C Sample public notices for a temporary disruption of service

--SOURCE: EnAbling Nonprofits Ontario, ENO Enews: Notice of Interruption, June 29, 2011

# ISOLATED AND INVISIBLE: WHEN CHILDREN WITH SPECIAL NEEDS ARE SEEN

The Representative for Children and Youth released the report, Isolated and Invisible: When Children with Special Needs are Seen but Not Seen which examines the services and supports provided to a 15-year-old girl with Down syndrome, who was found in September 2010 alone with the body of her deceased mother. The report examines whether the services were appropriate and responsive to the child's situation.



To view a copy of this report and the news release, visit the RCY website at rcybc.ca.

--SOURCE: The Federation of Community Social Services of BC,

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# UNIVERSITY PRESIDENTS AND CFS CALL FOR RELIEF ON STUDENT DEBT

BC's University Presidents have stated their concern about interest rates on student loans, and are calling on the provincial government to improve financial assistance to post-secondary students. The interest rates on BC student loans are the highest in Canada (2.5% above prime). The Ministry of Advanced Education is reviewing recommendations from the Research Universities' Council of British Columbia. Read more about this in the <a href="Vancouver Sun">Vancouver Sun</a>.



The Canadian Federation of Students-BC has a campaign called Education Shouldn't be a Debt Sentence, with the following goals:

- Restoration of the BC student grant program that was eliminated in 2004.
- Reduced tuition fees.
- An increase to core funding.
- Elimination of interest on BC student loans.

We encourage you to sign on in support of this campaign as an organization or individual, and to <u>use the tools on the CFS website</u> to send a letter to your MLA.

--SOURCE: First Call: BC Child and Youth Advocacy Coalition, The Child and Youth Advocate Newsletter, June 22, 2011

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# BC POVERTY RATES THE WORST ONCE AGAIN; TIME FOR LIBERALS AND NDP TO WORK TOGETHER

Last week, Statistics Canada released new data on incomes in Canada. Here is First Call's news release:

British Columbia's child poverty rate rose to 12 percent in 2009 in the wake of the international economic downturn, Statistics Canada reported today. It was the highest child poverty rate of any province for the eighth year in a row. The BC rate also remained higher than the national child poverty rate of 9.5 percent in 2009, and has been higher than the national rate for a decade.



Meanwhile, the poverty rate for persons of all ages in BC also rose to 12 percent. It was the highest overall poverty rate of any province for the 11th consecutive year.

An analysis by First Call: the BC Child and Youth Advocacy Coalition showed an increase in the child poverty rate from 10.4 percent in 2008 to 12 percent in 2009. The number of poor BC children rose from 87,000 in 2008 to 100,000 in 2009.

For all persons, the BC poverty rate rose from 11.4 percent in 2008 to 12 percent in 2009, and the number of poor persons rose from 494,000 to 528,000.

## Read more.

Here is some of the media coverage generated by our news release:

Vancouver Sun: BC Still Worst in Country on Child Poverty: Report

Victoria Times Colonist: BC Posts Worst Record Again on Gauge of Children in Poverty

Check out First Call's Twitter page for more media coverage.

--SOURCE: First Call: BC Child and Youth Advocacy Coalition, The Child and Youth Advocate Newsletter, June 22, 2011

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#### MOVING FROM TALK TO ACTION: YOUTH IN BC

Thanks to everyone who attended our forum, Moving from Talk to Action: Youth in BC! It was a successful event with about 100 participants from a variety of sectors and a large number of youth.



Contact information for the Innovative Advocacy Practices presenters is now available on <u>First Call's Facebook page</u> if you would like to learn more about their inspiring initiatives. We also invite you to use this page to share your thoughts on the forum and any resources that may be of interest to First Call's audience. Additional materials and resources from Moving from Talk to Action will be posted to the Facebook page in the future.

--SOURCE: First Call: BC Child and Youth Advocacy Coalition, The Child and Youth Advocate Newsletter, June 22, 2011

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## PERSONALIZED LEARNING IN THE BC EDUCATION SYSTEM

The Ministry of Education has released a new interactive discussion guide on personalized learning. The guide is intended to provide information and give an overview of personalized learning and an opportunity to submit your feedback and questions to the Ministry of Education. Follow the link to view the interactive guide:



http://www.personalizedlearningbc.ca/#/1\_ A PDF version is also available (but will not allow for feedback) http://www.personalizedlearningbc.ca/book\_image/PersonalizedLearningBC.pdf

--SOURCE: Community Action Towards Children's Health, CATCH Network Newsletter June 22, 2011

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## **UPDATED BC DISABILITY BENEFITS HELP SHEETS**

The BC Coalition of People with Disabilities (BCCPD) mission is to support people, regardless of their disability, as equal and full participants in society through their services, advocacy, research, and publications. People with mental illness may find benefit in viewing the BC Disability Benefits Help Sheets since they may be eligible for disability benefits. The series of 15 Help Sheets describes the main disability programs and benefits in BC, including a Person with Disabilities Benefit application form and information on employment and people with disabilities. The Help Sheets comes in several different languages, including English, Chinese and Punjabi.



View the help sheets at <u>bccpd.bc.ca/helpsheets.htm</u>.

# Research

# MANY US NONPROFIT EXECUTIVES PLAN TO LEAVE THEIR JOBS WITHIN FIVE YEARS

Daring to Lead 2011, a new US study of nonprofit executive directors, reports that a significant number of executives plan to leave their jobs within the next five years, citing frustration with their organizations' shaky finances, under-performing boards of directors, and the difficulty of maintaining healthy work-life balance in their demanding roles. Key highlights include:



- •45% said their boards had not reviewed their performance within the past year, and only 18% said that their performance review was useful.
- •84% reported negative organizational impact from the recession, with one in five reporting significant negative impact.
- •46% said their organizations had operating reserves of less than three months of expenses, even though three months is the minimum level of reserves suggested by most experts. The study was conducted by CompassPoint Nonprofit Services and the Meyer Foundation.

For more information, and to read the full report, visit: meyerfoundation.org.

--SOURCE: CharityVillage.com, Village Vibes, 2011 July 4

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# Resources

#### **OLDER WOMEN AND FINANCIAL LITERACY PROJECT**

The National Initiative for the Care of the Elderly (NICE) has launched its groundbreaking resource of national financial and legal tools designed to improve financial literacy among low-income single and /or immigrant women aged 55+.

For more information about this groundbreaking project and to learn more about how your organization can help to improve the financial literacy of Canadian older women, please contact the National Project Coordinator at NICE directly at alexandra.wilson@nicenet.ca.



--SOURCE: The Federation of Community Social Services of BC, Weekly News Items: June 03, 2011

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#### LIVING WITH FASD DVD

We turned our living with FASD comic book into an animatic on DVD. You can preview one of the five stories at <a href="mailto:youtube.com/user/healthyaboriginal.net">youtube.com/user/healthyaboriginal.net</a>. It's called Enough Silence. The DVD, which contains all five stories from the comic book, may be ordered by sending an email with your billing address to <a href="mailto:sean@thehealthyaboriginal.net">sean@thehealthyaboriginal.net</a>. The DVDs cost \$15 each and include shipping in Canada.



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# **BUDGET FRIENDLY VIDEOS**

It used to be that creating a video PSA was an expensive proposition, sometimes costing hundreds of thousands of dollars. While this may still be true of some TV-quality PSAs, we spoke to nonprofits who are getting creative about making affordable videos. Whether it's involving film students, hosting a contest, or recruiting celebrity volunteers, these nonprofits are finding ways to get their videos made. [Read more...]



--SOURCE: CharityVillage.com, Village Vibes, 2011 July 4

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# FIVE WAYS TO IMPROVE INTERNAL COMMUNICATIONS AT YOUR NONPROFIT

While your organization focuses its communications efforts on donors, outside media, and funders, you may be forgetting a particularly important group of people: your employees. Check out these tips to learn how to easily and effectively improve your internal communications. [Read more...]



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#### PAYING FOR BOARD SERVICE?

Each month, ethics practitioner Jane Garthson addresses ethical dilemmas within the nonprofit sector that are posed by readers like you. This month, Jane discusses whether it is ethical to to pay board members for their service. [Read more...]



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## **COUNTERING WORKPLACE CONFLICT**

Workplace conflict is inevitable, since people have different perspectives on situations. When emotions and perceptions are left unchecked or steer the conversation, these different perspectives can easily turn personal.



[Read more...]

--SOURCE: CharityVillage.com, Village Vibes, 2011 June 14

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#### SHOULD FAMILY MEMBERS SERVE ON THE SAME BOARD?

My organization just elected a married couple to its board. Is this ethical? In most circumstances it is ethical, but often unwise. I usually advise against it but I sit on a board myself that has not one but three married couples! My spouse chooses not to join but would be welcome if he changed his mind.



[Read more...]

#### TOOLKIT AVAILABLE FOR ORGANIZATIONS WORKING WITH ISOLATED SENIORS

The Nelson Allan Project Toolkit, a resource for those providing support services to socially isolated seniors, is set to launch on June 23, 2011. The toolkit offers information on how to link the most vulnerable and isolated seniors with recreational programming of their choice, and is targeted toward community groups or individuals who are interested in establishing a program for isolated seniors.



For more information, visit: burlingtonfoundation.org.

--SOURCE: CharityVillage.com, Village Vibes, 2011 June 21

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# REPORT FINDS INTEGRATED DIRECT MARKETING ESSENTIAL FOR ONLINE-ACQUIRED DONORS

Blackbaud announced the publication of the 2011 donorCentrics Internet and Multichannel Giving Benchmarking Report, which features research on online giving in the context of an integrated direct marketing program. The report found that although multichannel giving has become a popular objective of nonprofits as a way to build constituent support, it is not widely practiced. The large majority of donors give through only one channel and use only direct mail as their vehicle for donations. According to the report, the only donors who do significant multichannel giving are new donors acquired online.



For more information, and to read the full report, visit: blackbaud.com.

--SOURCE: CharityVillage.com, Village Vibes, 2011 June 7

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## **BOOSTER SEATS FOR KIDS UP TO 9 YEARS OLD**

All drivers must ensure all children over 18 kg (40 lb) use a booster seat until they are 9 years of age unless they have reached the height of 145cm (4'9") tall.

- •Look for a label that says the booster safety seat complies with Canadian Motor Vehicle Safety Standards (CMVSS). Insert graphic of label.
- Seat belts are designed to fit adults.
- •Children under 9 who are using a seat belt without an appropriate booster seat are at increased risk of serious injury and/or death in the event of a crash.
- •If your child is over 18kg (40 lb.)a booster seat will correctly position the vehicle seat belt over your child's shoulders and across the hips, significantly reducing the risk of injury and/or death.
- •Keep your child in a booster seat until their 9th birthday unless they have reached the height of 145cm (4'9") tall.



For more information, click here.

#### HOT OFF THE PRESS FROM LSS

- Replacement Letter of Authority inserted into How to Appeal Your Conviction and How to Appeal Your Sentence.
- New! Live Safe End Abuse Fact Sheet Series.
- Seventh edition of Parents' Rights, Kids' Rights.
- New! Gladue Primer for Aboriginal people.
- Information update insert for Can't Pay Your Mortgage? What

You Can Do If You're Facing Foreclosure.

- Traditional Chinese and Spanish versions of Surviving Relationship Violence and Abuse.
- Updated 5th edition of the English Benefits and Services for Seniors.
- French online-only version of Your Guide to the Refugee Claim Process.
- Living Together or Living Apart: Common-Law Relationships, Marriage, Separation, and Divorce now available

in Arabic, traditional Chinese, Farsi, French, Korean, Spanish, and Vietnamese in print and online!

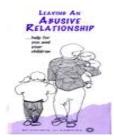
- For Your Protection: Peace Bonds and Restraining Orders back in print in Punjabi.
- Legal Aid Can Help You now available in traditional and simplified Chinese, English, French, Punjabi, and Spanish.

# [Read more...]

--SOURCE: Legal Services Society, June 10, 2011 Elan blog

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# **LEAVING AN ABUSIVE RELATIONSHIP**



Practical suggestions to support women in regaining control of their lives and parenting effectively. Ideal for victim support, crisis services.

# **Buy It Online**

--SOURCE: BC Council for Families, HealthyFamilies, July 5, 2011

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## MAKING SPACE FOR CHILDREN: RE-THINKING AND RE-CREATING CHILDREN'S PLAY ENVIRONMENTS

Do you look after children or have a role in creating their environment? Then this book is for you.

Making Space for Children reminds us of the importance of children's play, the right to play, the nature of play, and our crucial role in providing opportunities for play. It will be particularly useful for those who are thinking about creating or improving a child's play environment.

#### Our aims are:

- •To promote the child's right to play
- •To inspire, motivate ... create a mind frame from which good decisions will be made about play spaces
- •To provide some practical guidance on how to move from inspiration to action—that is, some steps to take when planning play environments.





--SOURCE: The Federation of Community Social Services of BC, Weekly News Items - June 30, 2011

#### **NEW PORTAL FROM THE BUSINESS AND HUMAN RIGHTS RESOURCE CENTRE**

The Business and Human Rights Resource Centre has launched an online portal on "Business & Children". The portal provides up-to-date information on the many ways that companies impact children's rights. Issues covered range from child labour to workplace parental leave; from sexual exploitation to education. Each topic includes a concise introduction followed by examples of positive initiatives companies are taking, allegations of abuses, and company responses.



Issues: Brief introductions to subjects such as child labour, dangerous products, education, forced labour, pollution damaging health, pregnancy discrimination, sexual exploitation and trafficking, followed by links to relevant news and reports are included.

The portal also provides a prominent platform for the Children's Rights & Business Principles Initiative. This joint initiative by UNICEF, UN Global Compact and Save the Children aims to develop a set of principles to help companies manage their impact on children. The draft principles are open for comment until June 30.

--SOURCE: First Call: BC Child and Youth Advocacy Coalition, The Child and Youth Advocate Newsletter, June 22, 2011

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#### 4 THINGS EVERY NONPROFIT NEEDS

If the leaders of a nonprofit organization are really serious about creating change, there are some things they must have in place. I spend my days talking with a variety of nonprofit organizations, and the problems that bring them to Social Velocity all fall into these broad categories:

- · An inability to raise enough money
- A lack of strategic direction
- An inability to "move the needle" on a social problem
- A disconnected, disengaged, ineffective board of directors
- · Lack of sufficient organization infrastructure



In my mind, the solution is so simple. If every nonprofit had 4 key things in place, those problems would go away. Here's what I think every nonprofit has to put in place.

--SOURCE: Imagine Canada, Linkedin Group, June 22, 2011

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#### INTERACTIVE DISNEY EBOOKS DOWNLOADS FREE AT THE ORL

Browse an interactive Disney eBook with your child for free! Now ORL customers <u>can download</u> <u>Disney Digital books</u> through its Library to Go service. Click, search "Disney" and download to your PC or Mac (these don't work on eReaders).



--SOURCE: Community Action Towards Children's Health, CATCH Network Newsletter June 22, 2011

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# BUILDING MENTALLY HEALTHY WORKPLACES: PERSPECTIVES OF CANADIAN WORKERS & FRONT-LINE MANAGERS

The Conference Board of Canada has just released a new report that highlights the workplace challenges faced by employees with mental health issues.

This report, based on a national survey, will provide managers and executives with the information that will assist them to more effectively manage employee mental health and wellness. Topics covered in this report include: •

Prevalence and disclosure of mental health issues

- The role of different stakeholders in supporting mental health
- The role of managers and supervisors in supporting mental health
- Accommodation and return to work
- The impact on corporate culture
- What other employees need to know about mental health
- Creating positive change in your organization

Take Advantage of our Special Offer: Order your copy of Building Mentally Health Workplaces and Future Trends – Wellness, Mental Health and Emerging Media for only \$250. In this recorded e-Presentation, Mile Komlen, Director of Human Rights and Equity Services at McMaster University, shares his thoughts on what employers can do to address the emerging challenges related to benefits and mental health and wellness. He also reflects on the use of social media in the workplace as employees use them to connect with and support each other. To place your order, please call 1-866-711-2262 or email <a href="mailto:publications@conferenceboard.ca">publications@conferenceboard.ca</a>. Please quote campaign code BUILD to receive the preferred price of \$250 for both products. Order online and save an additional \$15.

Order directly on our website for only \$235.

--SOURCE: The Conference Board of Canada, Kristal Kennedy

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## **HEALTHCARE PAPERS: MENTAL HEALTH IN THE WORKPLACE**

In this special issue of Healthcare Papers, Guest Editor Dr. Carolyn Dewa explains the need for collaboration among researchers, employers, labour unions, and policy makers in order to transform the way we view mental health in the workplace. This issue addresses the theme of workplace mental health, and articles that range from the biological and psychological markers of workplace stress, to the leading role of businesses in promoting workplace mental health, to a personal essay on the experience of living with attention deficit hyperactivity disorder.



>> Interested in workplace mental health?

Read our issue of Vision's magazine on workplaces at heretohelp.bc.ca/publications/visions/workplaces

--SOURCE: Canadian Mental Health Association BC Division, Mind Matters BC's Mental Health e news, Volume 95: June 2011

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## MANAGING SUBSTANCE USE: YOU AND SUBSTANCE USE WORKBOOK

You and Substance Use (2011), developed by the Centre for Addictions Research of BC, replaces the Problem Substance Use Workbook from 2004. This resource uses the best information from research and acts as a guide through the process of understanding more about the role of alcohol or other drugs that can affect one's life. View the free resource at <a href="https://example.com/here/bc.ca">heretohelp.bc.ca</a>.

--SOURCE: Canadian Mental Health Association BC Division, Mind Matters BC's Mental Health e news, Volume 95: June 2011

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#### COPING WITH DEPRESSION DURING PREGNANCY

BC Reproductive Mental Health has published several documents to educate women, their families and caregivers about mental health across the reproductive cycle. The latest publication is a <u>guide</u> on coping with depression during pregnancy and after the birth for women and their health care providers. View the guide as well as other publications regarding reproductive and mental health.



# THE PREVENTION INSTITUTE FACT SHEETS: LINKS BETWEEN VIOLENCE, CHRONIC DISEASES, MENTAL ILLNESS AND POOR LEARNING

The Prevention Institute is a national non-profit organization located in Oakland, California and is committed to preventing illness and injury, to fostering health and social equity, and to building momentum for community prevention as an integral component of a quality health system. View the Institute's <u>new fact sheets</u> regarding violence, learning, chronic illness, and mental health at <u>preventioninstitute.org</u>.

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# **HEALTHY LIVING TOOLKITS**

Toolkit for Health Professionals: The Healthy Living, Healthy Minds: A Toolkit for Health Professionals provides information and resources for health professionals across B.C. to discuss healthy living specific to child and youth mental health. The toolkit contains information on the unique obstacles children and youth with mental health challenges may face to healthy living, assessment tools, key messages for families, and handouts that can be easily photocopied and given to children and youth within a visit.

To view or download the PDF, click here.

Toolkit for Families: The Healthy Living ... It's in Everyone toolkit for families was developed with the F.O.R.C.E. Society for Kids' Mental Health. The toolkit includes information on healthy living for families who have a child or youth with mental health challenges, worksheets and tools, and tips from families across B.C.Toll Free: 1-800-665-1822 Or via email: toolkits@keltymentalhealth.ca.

For more info, click here.

--SOURCE: Interior Health, Betty Brown, Regional Facilitator: Mental Health Promotion, Promotion & Prevention

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# THE 7 x 7 BOARD MEMBER BRIEFING

Very often the only time a board member is given the "microphone" at a board meeting is when he or she is making a committee report. But wait a minute! Why do we ask people onto boards because of their knowledge and perspectives, but never give them a chance to share their knowledge or persepctives with us?Instead, at each board meeting schedule a 7x7 ("seven by seven") Board Briefing: a board member makes a 7 minute presentation, followed by 7 minutes of questions/answers/responses. Friendly-but-fierce timekeeping is required to keep to the 7 minutes each and the whole thing takes 15 minutes. An example that will spark ideas for your organization is a list of 7x7 Board Briefings given at one AIDS organization, each by a board member:



- A marketing executive at a bank gave a presentation on marketing principles that the board and staff should be know when planning awareness campaigns.
- A doctor told the moving story of working with his first AIDS patient.
- A pharmaceuticals manager presented (with powerpoint!) on trends in the drug industry and what impacts they might have on patients
- A client told about her experiences using the services of the organization, with both praise and problems
- A major donor (to this organization and to others) talked about how he and other wealthy individuals have similar -- and different -- preferences on how they like to be approached and recognizedSeveral problems get

solved in one fell swoop with the 7 x 7 ("seven by seven") Board . . .

## [Read more...]

This article is reprinted with permission from Blue Avocado, a free bite-sized magazine by and for nonprofit people. Subscribe free and see archives at http://www.blueavocado.org

--SOURCE: Board Cafe, Blue Avocado magazine for nonprofits, issue #67, June 7, 2011

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#### **UK RESEARCH PAPER: CHILDREN'S RIGHT TO PLAY**

CRRU - In this working paper, Wendy Russell and Stuart Lester of the UK's University of Gloucestershire discuss why play is fundamental to the health and well-being of children. They argue that both state signatories to the United Nations Convention on the Rights of the Child (Article 31 of which enshrines the right to play) and adults generally should take seriously the importance of providing suitable conditions for children to play. In the words of Gordon Burghardt, quoted in the working paper, "The problem of defining play and its role is one of the greatest challenges facing neuroscience, behavioural biology, psychology, education and the social sciences generally... only when we understand the nature of play will we be able to understand how to better shape the destinies of human societies in a mutually dependent world, the future of our species, and perhaps even the fate of the biosphere itself."



--SOURCE: Community Action Towards Children's Health, CATCH Network Newsletter June 6, 2011

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## VANCOUVERBLOG SPREADS HOMELESSNESS MESSAGES

The Greater Vancouver Regional Steering Committee's (RSCH) has launched a new blog to demonstrate its commitment to transparency, inclusion and dialogue. The <u>Stophomelessness blog</u> features the work of RSCH on topics such as the Homelessness Partnering Strategy (HPS) program updates, new strategic planning initiatives, the 2011 Homeless Count updates and information on HomelessAction Week 2011.



--SOURCE: Raising the Roof, Housing Again Bulletin #142 June 2011

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# Social Media

# **NEW SOCIAL MEDIA TOOLS AVAILABLE FOR HEALTH ORGANIZATIONS**

The Change Foundation, in partnership with the Health Strategy Innovation Cell at Massey College, released a suite of interactive resources for healthcare organizations to help them better understand the potential and limitations of social media. It also encourages these organizations to use social media to capture and



improve the patient experience. The resources include case studies, an exploration of key issues, and an e-toolkit that hosts real-time updates on what's trending in discussions in the field. It also includes Canada's first open and user-editable directory of healthcare organizations using social media.

For more information, visit: changefoundation.ca.

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#### **AVERAGE AGE OF SOCIAL NETWORK USERS INCREASES**

A new US survey found that 47% of the adult population is now using social networking sites such as Facebook, compared with 26% that was measured in a similar 2008 survey. The average age of adult social networking site users has shifted from 33 in 2008 to 38 in 2010. More than half of all adult social networking site users are now over the age of 35.



--SOURCE: CharityVillage.com, Village Vibes, 2011 June 28 (Pew Internet & American Life Project)

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#### **TWITTER SEES INCREASES IN NUMBER OF USERS**

According to a recent US report, 13% of online adults use the status update service Twitter, a significant increase from the 8% of online adults who identified themselves as Twitter users in November 2010. Additionally, Twitter use by Internet users ages 25-34 has doubled since late 2010 (from 9% to 19%) and usage by those ages 35-44 has also grown significantly (from 8% to 14%).



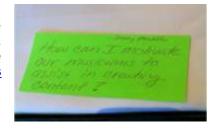
--SOURCE: CharityVillage.com, Village Vibes, 2011 June 21 (Pew Internet & American Life Project)

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# ORCHESTRAS, MUSICIANS, THE CONCERT EXPERIENCE, AND SOCIAL MEDIA

I've been at the League of American Orchestras Conference. Yesterday, I had the pleasure of co-facilitating a half-day "Digital Strategies" seminar with Vince Ford, Director of Digital Media from the New York Philharmonic and leading a peer session for major orchestra marketing staff and youth orchestra executive directors with Makala Johnson who does Social Media for the Mayo Clinic. This post shares a few insights.

--SOURCE: Beth's Blog by Email, June 9, 2011



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# **ONLINE FUNDRAISING TIP OF THE WEEK:**

Before you think about social networks, you should have:

- A well-branded, easy-to-use website
- The ability to process secure donations
- An email campaign tool that complies with federal anti-spam laws
- A website analytics tool (like Google Analytics)
- A listening tool (so you can monitor online conversations)
- Great follow-up for online donors and supporters
- Smooth integration between online and offline efforts
- Regular reporting on all of your efforts so you can learn and correct as you go

As always, I am here to talk with you and help you get more information that would be helpful to you in developing your online fundraising strategy. Feel free to <a href="mailto:emai



--SOURCE: Network for Good, Weekly Check In, 2011 July 5, Benesha Bobo, Fundraising Specialist

# GOOGLE +: THE TRADE OFF BETWEEN PRIVACY NEEDS, COMMUNITY, AND SOCIAL CONTEXT

On Friday, I tripped down the rabbit hole of <u>Google + field test</u> with many other social media early adopters and nonprofit technology (#nptech folks) who were kicking the tires. Google + is Google's new social sharing platform. (Here's the official announcement on the Google Blog and review in the New York Times. You won't be able to play with until Google does the full roll out, you'll have to click the keep me posted button: here). Google + was just one of a series of new releases and changes as part of leveraging Google's communications products.



--SOURCE: Beth's Blog by Email, July 5, 2011

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# **Training**

#### FREE NONPROFIT WEBINARS

I have come across a website that I thought you might be interested to pass along.



It provides free professional development webinars for non profit leaders. nonprofitwebinars.com

--SOURCE: UBC Okanagan Learning Exchange, Phil Bond, Manager

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#### CITIES FIT FOR CHILDREN PROVINCIAL SUMMIT: CALL FOR PAPERS AND WORKSHOPS

The 3rd Annual Cities Fit for Children Provincial Summit is dedicated to the sustainable development of our cities and urban and rural areas. Building on the success of the first two summits in Kelowna in 2007 and Langley in 2009, we are anticipating 300 delegates from across the province. The event will bring together local, municipal, and regional leaders involved in policy decisions and designing and building safe, healthy communities for children and families.



The summit will take place May 10 and 11, 2012 in Kamloops.

The goals and objectives of the summit are to emphasize the role of local partnerships, strategies, and successes, including business engagement strategies, that contribute to livable and healthy cities for children and youth. This is an opportunity to network and learn about how leaders at any level can make a difference, and highlight effective policies and practices that demonstrate visionary municipal, regional, and provincial initiatives that contribute to the health and well-being of the community.

Proposals will be accepted until September 30, 2011. Please submit your proposal by email to Nicole Beauregard, Conference Chair, at <a href="mailto:nbeauregard@kamloops.ca">nbeauregard@kamloops.ca</a>.

--SOURCE: First Call: BC Child and Youth Advocacy Coalition, The Child and Youth Advocate Newsletter, June 30, 2011

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# JUSTICE INSTITUTE GRADUATE CERTIFICATE IN COMPLEX TRAUMA

The JIBC is launching the Graduate Certificate in Complex Trauma & Child Sexual Abuse starting on September 19, 2011 with the first course (online).



The program takes an integrative approach to the assessment and treatment of complex trauma and child sexual abuse, drawing on the most current clinical and evidence-based material on effective complex trauma intervention, as well as the most recent research on attachment, neurobiology, memory and dissociation. This 30-day (15 credit) program is situated within an understanding of culturally relevant practice and how multiple identities, social locations and historical contexts inform theory and practice. Learn more about the program here.

Candidates for this program may be eligible for JIBC awards and bursaries. For more information, please contact the Student Services Centre directly at financialaid@iibc.ca or call 604.528.5762.

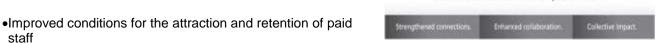
--SOURCE: First Call: BC Child and Youth Advocacy Coalition, The Child and Youth Advocate Newsletter, June 30, 2011

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for the Charitable and Nonprofit Sector

# **NATIONAL SUMMIT FOR THE CHARITABLE AND** NONPROFIT SECTOR

The National Summit for the Charitable and Nonprofit Sector is bringing together leaders from across sub-sectors and from across the country. We're moving on the top four priorities for action identified nationally:



- •More diversified and sustainable financing
- •Better understanding of our work and our impact
- •Enhanced support for the engagement of volunteers/external talent

November 28 to 30, 2011 Delta Ottawa City Centre Hotel

There are only 400 spots available, and we've reserved 80 of these for young and emerging leaders to ensure a truly intergenerational Summit. Visit nationalsummit.ca to register today.

--SOURCE: Imagine Canada

staff

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# CONFERENCE: SEXUAL VIOLENCE IN MARGINALIZED COMMUNITIES

The Sexual Assault Centre of Edmonton is hosting a conference on Sexual Violence in Marginalized Communities to be held October 17-18, 2011 at the Chateau Louis Hotel & Conference Centre in Edmonton, Alberta.

Three keynote speakers and numerous concurrent sessions over the two days of our conference will provide a learning and networking opportunity for anyone who works for and with marginalized communities affected by sexual violence. This may include (but is not limited to) social workers, mental health professionals, law enforcement, health care professionals, educators, support workers, advocates, students, and other professionals working in areas related to sexual violence.

Registration Fees: Early Bird: \$159 + GST = \$166.95

Deadline: August 15, 2011

Student: \$179 + GST = \$187.95 Deadline: September 30, 2011 Regular: \$249 + GST = \$261.45 Deadline: September 30, 2011

For more information contact Terra Irvine, phone 780 423-4102, T.T.Y. line: 780 420-1482, or terrai@sace.ab.ca.

--SOURCE: Sexual Assault Centre of Edmonton, Terra Irvine, Office Administrator

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# ACCOMMODATING MENTAL HEALTH ISSUES IN THE WORKPLACE - SEPTEMBER 21

'Accomodating Mental Health Issues in the Workplace: Facilitating Stay at Work and Developing Successful Return To Work plans' is



a Full-day workshop designed for managers and union leaders who have already taken Mental Health Works training or equivalent. This interactive workshop focuses on solutions to better manage Stay at Work and Return To Work, and techniques to help you address workplace conflict, performance and behaviour issues. The emphasis is on effective communication and problem solving with employees who may be emotionally distressed. Case studies and simulations help you work through more complex situations. For Managers, Supervisors, HR and Union Representatives. Limited to 25 participants. 9am-4:30 pm at Canadian Mental Health Association, BC Division, 1200-1111 Melville Street Vancouver, BC. \$295 (+HST) Includes refreshments and lunch. Register by September 7 online at <a href="mailto:cmha.bc.ca/workshops">cmha.bc.ca/workshops</a> or call 1-800-555-8222 or 604.688.3234 ext 248 or email rose.chen@cmha.bc.ca

--SOURCE: Canadian Mental Health Association BC Division, Mind Matters BC's Mental Health e news, Volume 95: June 2011

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# New Conversations on Suicidality – October 3 – 5, 2011

The 2011 Canadian Association of Suicide Prevention Conference (CASP) New Conversations on Suicidality hopes to create dialogue and generate conversation on all aspects of suicidality. Hosted by the Vancouver CASP Conference Planning Committee, this conference, located in Vancouver, will explore topics regarding cultural issues related to suicidality, innovative approaches and practices in workplace and community settings, and the impacts of various provincial strategies on suicide prevention. Early bird rate is \$212 and ends August 15. Regular rate is \$245; student/survivor rate is \$123.



For more details about the conference or how to apply, please visit <u>casp2011.ca</u>.

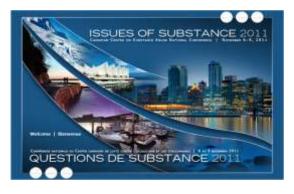
Alan Berman, President of the International Association for Suicide Prevention and Executive Director of the American Association of Suicidology.

--SOURCE: Canadian Mental Health Association BC Division, Mind Matters BC's Mental Health e news, Volume 95: June 2011

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#### ISSUES OF SUBSTANCE NATIONAL CONFERENCE - Nov 6-9

Issues of Substance (IOS) is Canada's premier national conference on alcohol, drugs and other substances. Hosted by the Canadian Centre on Substance Abuse, IOS is held every two years to complement National Drug and Addictions Awareness Week. This year's theme is Diversifying Our Investments: Capitalizing on Advances in Health Promotion, Prevention and Treatment and will focus on research and new practices in health promotion and prevention in order to invest limited funds to maximize positive outcomes for Canadians. Early bird registration is \$625 and ends September 15. Regular registration is \$725. Student registration can be subsidized to \$300.



For more information please visit <u>issuesofsubstance.ca</u>

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# **ROOTS OF EMPATHY TRAINERS WANTED - NO COST TO VOLUNTEERS!!**

The Roots of Empathy program, offered in several SD23 schools, has a no-cost-to-you training opportunity coming this fall. Volunteer trainers are being recruited now.

Roots of Empathy is an evidence-based program that has shown dramatic effects in reducing levels of aggression among school children while increasing pro-social



behaviour. The program reaches elementary children from Kindergarten to Grade 8.

At the heart of the program is a neighbourhood infant and parent who visit the class every three weeks, for the Family Visit. The Instructor visits the week before and the week after each Family Visit to prepare and reinforce teachings using a specialized lesson plan for each visit.

Becoming a Roots of Empathy Instructor requires a commitment to deliver 27 classroom lessons of 30 - 40 minutes and to participate in four days of training. Throughout the first year, Instructors are supported by a mentor through phone calls, email messages and a classroom visit.

As a Roots of Empathy Instructor, you require patience, empathy, flexibility and energy. You must be able to teach a group of children in their usual classroom setting with the added dynamic of a parent and infant.

Becoming a certified Roots of Empathy Instructor, involves submitting an application form, being accepted for training, completing training, receiving 75% or higher on a written, open book certification test, and clearing a Police Record and Position of Trust Disclosure check.

Still interested? Watch the video and download the first chapter at <a href="mail@rootsofempathy.org">rootsofempathy.org</a>. You can email <a href="mail@rootsofempathy.org">mail@rootsofempathy.org</a> or phone 416-944-3001.

--SOURCE: Interior Health, Betty Brown, Regional Facilitator: Mental Health Promotion, Promotion & Prevention

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# Volunteerism

#### **VOLUNTEERISM**

Volunteer Canada and Manulife Financial have developed a new tool, Skills Plus, designed to help employees give back to their community while developing essential skills to advance their careers. Skills Plus identifies hard skills required for certain occupations as well as the core competencies that enable people to be highly effective employees. It matches the experience gained



from a variety of volunteer opportunities with key competencies required for a range of occupations. Employees and managers can use the tool to assess the career-development benefits of volunteering, while voluntary organizations can use it to design volunteer opportunities through the lens of skill development.

For more information, visit: volunteer.ca.

--SOURCE: CharityVillage.com, Village Vibes, 2011 June 28

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## **VOLUNTEER CANADA LAUNCHES NEW PODCAST SERIES**

Volunteer Canada has launched a new series of podcasts exploring emerging trends in volunteering. The first podcast, Global Companies Executing Locally, provides insight into the motivations, challenges, and benefits of applying a global framework to local community investment and involvement activities.

For more information, and to listen to the podcast, visit: volunteercanadaannualreport.ca.

--SOURCE: CharityVillage.com, Village Vibes, 2011 June 21



Volunteer holidays are becoming more popular every year. A study done in 2008 by Conde Nast and msnbc.com found that more than half of the 1,600 people they surveyed said they'd like to volunteer during a vacation.

The trend, known as voluntourism, is popular among all age groups, and encompasses everything from helping at wildlife refuge centres to building schools or homes in impoverished places. But anyone considering a volunteering holiday should heed some advice. Here's a list of 10 tips from biosphere-expeditions.org, an organization that focuses on ecological conservation.



--SOURCE: Volunteer Alberta, Sector Connector June 23, 2011

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## **VOLUNTEER BC CONFERENCE WEBSITE**

Register for Volunteer BC's annual training conference: Volunteer Futures. The theme: New Faces, New Opportunities will focus on how to engage the new wave of volunteer talent emerging in the province. This is a great, cost-effective training for anyone involved in non-profits whether as staff or volunteers.



Date: September 29 & 30, 2011, Richmond, BC

Fee \$100 - Members' Fee / Early Bird Registration (Ends September 16)

Fee \$125 - Regular Registration (After September 16)

Check out our <u>conference website</u> for more details. More workshops/speakers to be announced soon! Spread the word about this great event for the volunteer sector and we look forward to seeing you in September!

--SOURCE: Volunteer BC, June Connector 2011

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## **VULNERABLE SECTOR CRIMINAL CHECK UPDATE**

Since changes were implemented to the vulnerable sector check process in August 2010, Volunteer Canada has endeavoured to provide accurate and up to date information on these changes and their impact on volunteer-involving organizations. While criminal record checks or vulnerable sector checks are just one of the Ten Steps of Screening, like you, we recognize that screening involves much more than that.

The RCMP has just released a communication tool to help volunteers and volunteer-involving organizations understand the purpose, process and requirements when requesting a vulnerable sector check. Volunteer Canada is pleased to be able to provide you with a link to the <a href="PDF version of this pamphlet">PDF version of this pamphlet</a>. Hard copies are available from Volunteer Canada upon request to Christina Dupuy at cdupuy@volunteer.ca or 1-800-670-0401 ext. 221.

Vulnerable sector checks must be completed by the local police service or local detachment of the RCMP. Processing times vary. Those locations which have the equipment to submit fingerprints electronically to the Real Time Identification (RTID) system can expect a much quicker turnaround when there is no match to the RCMP fingerprint database. Click here for a recently posted list of jurisdictions where electronic processing is available as of June 2011. Applicants in these cities may benefit from a turnaround time as short as two to three business days.

Previous webinars presented by Volunteer Canada in collaboration with the Canadian Criminal Real Time Identification Services Division of the RCMP, FAQs and a list of useful links from these webinars can be found here on volunteer.ca.

--SOURCE: Volunteer Canada, Don Lapierre, Director, Programs and Voluntary Sector Relations

Imagine Canada is looking to profile your good work in photos. If your organization or company has photos that convey the essence of your work and/or its impact in your community, we'd love to see them and show them to everyone else! Photos help explain ideas, concepts and convey stories. As we all know -- a picture is worth a thousand words.



If we use your photos in our publications or on our web properties, we'll give credit to the organization or company. Your photos may be used in general Imagine Canada materials or for other Imagine Canada products and programs.

Submission instructions and guidelines.

--SOURCE: Imagine Canada, Imagine Matters, June 2, 2011

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## THE DAYS OF CARING PROGRAM IS MAKING A DIFFERENCE!

Days of Caring matches teams of volunteers to projects at non-profit organizations. If you have a team that would like to volunteer, or a non-profit that could use some assistance, please contact avril@unitedwaycso.com or call 250-860-2356.

RBC Employees help out Reachout Youth Counselling

--SOURCE: United Way CSO, Summer Newsletter



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Do you have news related to the non-profit / voluntary sector that you wish to share with your colleagues? Send Community Information and Volunteer Centre your information at informkelowna@kcr.ca by the 20th of the month.

This Bulletin is a publication of Community Information and Volunteer Centre. To subscribe, please click here.

Community Information and Volunteer Centre is a program of Kelowna Community Resources. Go to <a href="https://www.kcr.ca">www.kcr.ca</a> for more information about Kelowna Community Resources and Community Information & Volunteer Centre. Be sure to add or update your volunteer and / or organization information.

#### **DISCLAIMER**

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