



Community Information and Volunteer Centre



Bulletin February, 2013

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KCR Highlights



TRAINING: OVERVIEW OF VOLUNTEER MANAGEMENT

Recruiting and retaining volunteers is essential to non-profit organizations. Learn about trends, gaps and challenges in dealing with volunteers. Meet other volunteer managers and receive ongoing support.



Kelowna
Community
Resources

Next four-day session: April 8, 9, 15, & 16, 2013
Times: 9am - 4pm daily
Cost: \$199

Registration: [Kelowna Community Resources Workshops](#).

For additional information, please email Dawn at dawn@kcr.ca

--SOURCE: KCR, Dawn Wilkinson, Community Services Manager

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KCR HAS RECEIVED ITS CARF ACCREDITATION FOR 3 YEARS

The Commission on Accreditation for Rehabilitation Facilities, better known as CARF, has granted us accreditation for three years. We congratulate our staff for embracing this rigorous process.



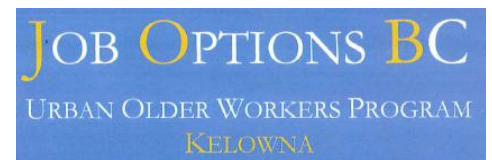
--SOURCE: KCR, Ellen Boelcke, Executive Director

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GREAT OPPORTUNITY NOW AVAILABLE FOR LOCAL EMPLOYERS!

JOB OPTIONS BC – Urban Older Workers Employment Program

Kelowna Community Resources (KCR) is pleased to introduce an innovative employment program that will connect employers with motivated and skilled workers through a subsidized work placement. The subsidy will provide a significant cost savings throughout the duration of the new employee's training period.



If you are interested in hiring a new employee, or offering a subsidized work experience placement, we are able to offer you:

- A wage subsidy that would cover 50% of the regular wage up to \$8.00 per hour of the employee's salary.
- A wage subsidy that is available for up to a 6 week period.
- The availability of program staff to support and foster long term sustainable employment.
- Potential employees who bring a wealth of skills and experience to your team.
- Some of the various types of Work Experience Placements include: Administration, Customer Service, Sales and Marketing, Production and Professional.

We would like to thank-you for taking the time to consider this great incentive. Employers have reported that the wage subsidized placements have greatly assisted them with filling their staffing requirements. If you would like more information or would like to take advantage of this work experience subsidized placement, please contact Luc Bergeron at 250-763-8008, ext. 22.

--SOURCE: Kelowna Community Resources, Luc Bergeron, Career Developer

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ADOPTIONS FROM HAITI

We are pleased to announce that our agency has received approval from IBESR in Haiti, to facilitate adoptions!!

This has felt like a long wait. Our agency has been in a waiting mode since the earthquake hoping we would soon be able to assist children orphaned and in need of permanent and loving adoptive families in Haiti. Needless to say we are ecstatic about being able to resume our long history of working with Haiti that existed prior to the earthquake. The orphanages that we are approved to work with are:



Kelowna
Community
Resources

1. God's Littlest Angels
2. Faith and Love in Action
3. Rivers of Hope

Please attend our information session on February 13, 2013, 7pm - 9pm to learn more about Haitian adoptions. Call 250-763-8002 or toll free 1-800-935-4237 to confirm a seat!

--SOURCE: The Adoption Centre of British Columbia, ADOPTION Newsletter, February 2013

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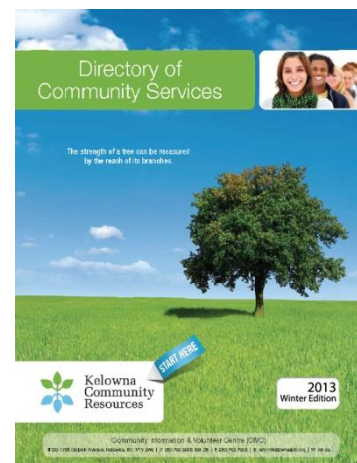
DIRECTORY OF COMMUNITY SERVICES

The Winter 2013 Edition of the print directory of community services for the Central Okanagan is available for \$30.

It provides detailed information on the programs and services of over 400 community, health and social service agencies, as well as federal, provincial and municipal government services.

To reserve your copy for pick-up at our office, please email info@kcr.ca.

--SOURCE: KCR, Dawn Anthony, Assistant Coordinator Community Information and Volunteer Centre



Awards

KRAFT 'HOCKEY GOES ON' NOW ACCEPTING NOMINATIONS FOR EXCEPTIONAL HOCKEY VOLUNTEERS

Starting today, Kraft Hockey Goes On is helping Canadians share their passion for the game by recognizing important local volunteers who make hockey happen in communities across Canada. Through the program, 25 individuals will be celebrated and \$1 million will be awarded to Hockey Canada-affiliated organizations. Kraft Hockey Goes On is celebrating the top five individuals who keep hockey going in communities by awarding their chosen local hockey associations each with \$100,000. An additional 20 individuals will be recognized and their chosen hockey associations will each receive \$20,000. The program will also donate \$100,000 to Hockey Canada to distribute to Learn to Skate programs at the local level.



Starting today through **March 8, 2013**, Canadians can nominate someone who dedicates their time and effort to ensure hockey goes on within their community by visiting the [Kraft Hockey Goes On website](#). A panel of judges will narrow the nominations down to the top 100 nominations and Canadians can then vote online for their top choice amongst the 100 nominees from March 23 - 24, 2013.

--SOURCE: *CharityVillage.com, Village Vibes, 2013 January 21*

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NATIONAL LEADERSHIP PROGRAM SEEKS OUTSTANDING YOUNG LEADERS

Action Canada is seeking nominations of emerging Canadian leaders for the 2013/14 fellowship year. Action Canada annually selects up to 20 outstanding young Canadians to participate in an 11-month leadership development program that enhances the fellows' leadership skills and broadens their understanding of Canada and its policy choices. The program revolves around five intensive, five-to-seven-day, working conferences (scheduled around weekends) held across Canada. If you are an emerging leader or you would like to nominate someone for the fellowship, visit [actioncanada.ca](#) for details on the 2013/14 Call for Nominations. The nomination deadline is February 8. The candidate is responsible for submitting, in one complete package, the remainder of the required documentation, as outlined on the website, by February 15.



--SOURCE: *CharityVillage.com, Village Vibes, 2013 January 10*

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NATURE'S BOUNTY® VITAMINS WANTS HEALTH AND WELLNESS CHARITIES TO SHARE THE BOUNTY

Nature's Bounty® Vitamins is pleased to announce its Share the Bounty \$50,000 Giveaway, designed to recognize the important work of Canadian charities that are dedicated to promoting health and wellness. From January 3rd through February 8th, 2013, Canadians can visit [www.sharethebounty.ca](#) to nominate their favorite, most inspirational charities for a chance to win one of the several cash prizes. A list of final nominees will be carefully compiled, based on all of the initial nominations. Beginning February 26th, 2013 through March 29th, Canadians are invited to return to the website every day to vote for their favorite charity from the list of final nominees. The three charities that garner the most votes will be awarded 1st (\$20,000), 2nd



(\$10,000) and 3rd (\$5,000) place prizes. The remainder of the nominated charities will be entered into a random draw for a chance to share a three-way split of the remaining \$15,000 in prize money.

--SOURCE: *CharityVillage.com, Village Vibes, 2013 January 7*

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NOMINATIONS SOUGHT FOR PRIME MINISTER'S VOLUNTEER AWARDS

Canadians across the country have an opportunity to show appreciation for extraordinary volunteers in their communities as the Honourable Diane Finley, Minister of Human Resources and Skills Development has announced a new call for nominations for the [Prime Minister's Volunteer Awards](#). The call for nominations is open between December 20, 2012, and **March 1, 2013**. The regional component recognizes individual volunteers or groups of volunteers, businesses and nonprofit organizations. The national component is divided into two categories: one for lifelong achievement and one for new volunteers. Award recipients will be recognized at an award ceremony and can identify an eligible nonprofit organization to receive a grant for \$5,000 (regional award) or \$10,000 (national award).



--SOURCE: *CharityVillage.com, Village Vibes, 2012 December 21*

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NOMINATIONS FOR THE GERT BEADLE AWARD

The Central Okanagan Women's Resource and Education Foundation is seeking nominations for The Gert Beadle Award.

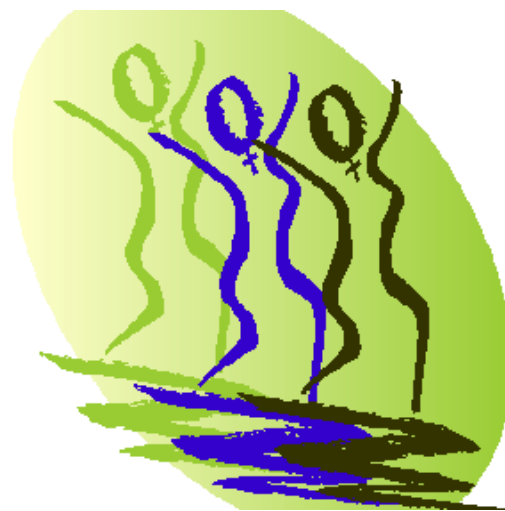
The nominee may be a woman over the age of 18 or a group in the Kelowna area, and Committed to advancing women's equality and social justice.

Nomination packages are available via e-mail at cowref@gmail.com, or on our facebook Page: Central Okanagan Women's Resource and Education Foundation. The Award will be presented at the International Women's Day Celebration on March 8, 2013

Completed Nomination packages must be submitted by February 25, 2013.

For more information [visit our FaceBook page](#), or to request a nomination package e-mail us at cowref@gmail.com.

--SOURCE: *The Central Okanagan Women's Resource and Education Foundation, Micki Smith*



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Facts and Trends

NEW STUDY ATTEMPTS TO UNDERSTAND NEXT GENERATION MAJOR DONORS

A new US study published by 21/64 and the Dorothy A. Johnson Center for Philanthropy, sheds light on the philanthropic motivations of next generation major donors, those who fit into “Gen X” (born 1964-1980) or “Gen Y/Millennial” (born 1981-2000) generational cohorts. The study, called [#NextGenDonors: Respecting Legacy, Revolutionizing Philanthropy](#), features the following highlights:

#NEXTGENDONORS

- Driven by values not valuables: Mindful of the privilege they have inherited, these donors seek a balance between honoring family legacy and assessing the needs and tools of the day. They will continue to fund causes supported by their families, but only if it fits with their personal values.
- Impact first: These next generation major donors highlight the importance of strategy for the future of the field. They see philanthropic “strategy” as the major distinguishing factor between themselves and previous generations.
- Time, talent, treasure, and ties: Once engaged, these donors want to go “all in.” Giving without significant, hands-on engagement feels to them like a hollow investment with little assurance of impact.
- Crafting their philanthropic identities: As much as they discuss what and how they think about philanthropy and what they definitely want to do when they take over, these major donors are still figuring out who they will be as donors.

--SOURCE: *CharityVillage.com, Village Vibes, 2013 January 28*

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NEXT-GENERATION LEADERS SAY ORGANIZATIONS NEED TO ENCOURAGE INNOVATION, SURVEY FINDS

While Millennials value innovation in an employer, only 26% of those surveyed believe their current organization's leaders encourage practices that foster innovation, according to the [Deloitte Touche Tohmatsu Limited \(DTTL\) Millennial Survey](#). Two-thirds of the Millennials surveyed say innovation is a key factor in making an organization an employer of choice. However, discrepancies were found when Millennials were asked about the requirements for innovation:

- 39% of respondents believe that encouragement and rewards for idea generation and creativity is a requirement for innovation to occur, whereas only 20% say their current organization operates in this way.
- 34% say providing employees with free time to dedicate to learning and creativity is key to an innovative environment, versus 17% who characterize their workplace that way.
- 32% consider openness and the freedom to challenge as key to innovation, versus 17% who say this is visible in their organizations.
- 42% believe in the importance of encouraging innovative thinking at all levels of the organization, versus 26% who describe their places of employment that way.

--SOURCE: *CharityVillage.com, Village Vibes, 2013 January 22*

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NEW REPORT SHOWS THE IMPACT OF ARTS AND CULTURE ON ONTARIO TOURISM

The economic impact of arts and culture tourism in Ontario is considerable according to a [new analysis](#) released today by the Ontario Arts Council (OAC). Ontario Arts and Culture Tourism Profile provides a comprehensive profile of Ontario's arts and culture tourists. Some of the report's highlights include:



- 9.5 million overnight tourists to Ontario participated in arts and culture activities during their trips in 2010 - representing 22% of all Ontario's overnight visitors.
- A high proportion of Ontario's foreign tourists engage in arts and cultural activities. American arts and culture tourists represent 39% of all American overnight visitors to Ontario in 2010. Sixty-three percent of Ontario's overseas visitors engaged in an arts or culture activity during their trip in 2010.
- 44% of North American tourists with Ontario travel experience said that arts and culture was their main reason for traveling for at least one of their trips.
- Some arts and culture activities are more likely to motivate trips than others. For example, 14% of these North American tourists were motivated to travel by music performances, 11% by theatre, and 8% by art festivals.

--SOURCE: *CharityVillage.com, Village Vibes, 2013 January 22*

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ARTEZ INTERACTIVE RELEASES NEW REPORT EXPLORING FUNDRAISING WITH FACEBOOK

Having noted that 90% of social network visitors to donation pages were coming from Facebook (Twitter was only at 5%), Artez Interactive explores this phenomenon further in a new report called [Fundraising with Facebook](#). The report is the result of data compiled from more than 645,000 donations, hundreds of campaigns, and millions of visitors to their North American platform. Some interesting things they learned:

- In an average peer-to-peer or "crowdsourced" campaign, 15-18% of donations are referred directly from Facebook.
- In a fundraising campaign allowing registrants to use social login, those who connect their accounts to Facebook will raise on average 40% more than those who do not (and earn 30% more individual donations).
- Fundraising event participants who use Facebook social login are more likely to raise at least one donation than registrants who choose to register with a username and password.
- Facebook converts visitors to online donation much better than other popular social networks like Twitter, but not as well as direct or email "asks".
- Peer-driven or crowdsourced pledges referred by Facebook are generally a lower gift amount than those referred by email or other online sources.
- Women are more likely than men to use a fundraising application ("app") inside Facebook.
- 12% of traffic to fundraising and donation pages comes from a mobile device.
- The most popular devices for mobile web donations in 2012 were the iPad and the iPhone.



--SOURCE: *CharityVillage.com, Village Vibes, 2013 January 14*

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NEW REPORT SHOWS MANY FUNDRAISERS UNHAPPY AT WORK, READY TO LEAVE THEIR JOBS

[A new US study](#) reveals that nonprofit organizations are stuck in a vicious cycle that threatens their ability to raise the resources they need to succeed. A joint project of CompassPoint and the Evelyn and Walter Haas Jr. Fund, the study found high levels of turnover and lengthy vacancies in development director positions throughout the sector. More significantly, the study points to deeper issues that contribute to instability in the development director role, including a lack of basic fundraising systems and inadequate attention to fund development among key board and staff leaders. Some of the report's key findings include:



- Half of development directors said they expect to leave their current jobs in two years or less; and the rate was even higher for smaller organizations.
- 40% of development directors aren't committed to careers in development.
- Nearly one in three executives are lukewarm about, or dissatisfied with, the performance of their current development directors. One in four reported that their previous development director was fired.
- Almost one in four nonprofits (23%) — and 31% of organizations with operating budgets of under \$1 million — have no fundraising plan in place. In addition, 21% of organizations overall — and 32% of organizations with operating budgets of under \$1 million — have no fundraising database.
- A majority of development directors reported only little or moderate influence on key activities such as getting other staff involved in fundraising or developing organizational budgets.
- Significant numbers of development directors questioned the effectiveness of their organizations' fundraising efforts.

--SOURCE: *CharityVillage.com, Village Vibes, 2013 January 14*

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CANADIANS OVERESTIMATE THEIR TECH SAVVINESS, BUT ARE EAGER TO LEARN MORE

Canadians are among the highest adopters of technology in the world, but [a recent survey](#) shows they vastly overestimate their tech savviness and are hungry to know more. According to a new survey, 60% of Canadians gave themselves a 'B' grade or higher for tech savviness. When put to the test, only 4% achieved a 'B' grade. The survey, conducted for Rogers Communications, finds that almost half couldn't answer questions about roaming and two out of three couldn't correctly answer questions about data usage or online security. The majority (87%) said they are eager to improve their technology knowledge.



--SOURCE: *CharityVillage.com, Village Vibes, 2013 January 14*

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SURVEY FINDS ARTS ORGANIZATIONS ARE INCREASINGLY EMBRACING TECHNOLOGY

[A new survey of US arts groups](#) by the Pew Internet and American Life Project has found that technology use permeates these organizations, their marketing and education efforts, and even their performance offerings. Tied to this embrace of technology is a widespread sense among arts group leaders that digital technologies are critical to the spread of the arts:



- 81% of the organizations in this survey say the internet and digital technologies are “very important” for promoting the arts.
- 78% say these technologies are “very important” for increasing audience engagement.
- 50% “strongly agree” with the statement that the internet “has increased engagement in the arts by providing a public platform through which more people can share their work.”
- 65% say digital technologies are “very important” for fundraising.
- A majority of these organizations also agree that the internet is “very important” in increasing organizational efficiency (63%), and for their engaging in arts advocacy (55%).

Most of the participating organizations strongly or somewhat agree with the statements that technology and social media have made art a more participatory experience (92%), and that they have helped make art audiences more diverse (83%).

--SOURCE: *CharityVillage.com, Village Vibes, 2013 January 7*

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Financial

CALL FOR APPLICATIONS FOR RBC AFTER SCHOOL PROJECT

RBC today announced its call for grant applications for the 2013-14 school year. The [RBC After School Project](#) is offering up to \$2.8 million in grants to fund first-time and renewed grant recipients. The grants are awarded by regional community panels made up of experts in the fields of youth and education. Each organization must offer structured, supervised activities in an environment that provides what RBC has termed the "3 S's": safety, social skills and self-esteem. RBC After School Project grants of up to \$40,000 are provided by the RBC Foundation to programs in at-risk or underserved communities. **The deadline for funding applications is Friday, March 15, 2013**, and grant recipients will be advised by Monday, June 3, 2013.



--SOURCE: *CharityVillage.com, Village Vibes, 2013 January 21*

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CENTRAL OKANAGAN FOUNDATION GRANT INFORMATION WORKSHOP

Date: Thursday March 14, 2013
 Location: Rotary Centre for the Arts - 2nd floor Boardroom
 Time: 1:30pm start

To assist non-profits in applying for grants to the Central Okanagan Foundation they are offering a Grant Informationworkshop. The information workshop will be focused on how to complete a Central Okanagan Foundation grant proposal, as well as eligibility and process of the grant program.

Eligibility criteria and grant application forms are available at centralokanaganfoundation.org . To register for the information session, contact Cheryl Miller, Grants Manager, at cheryl@centralokanaganfoundation.org.



--SOURCE: *Central Okanagan Foundation, Cheryl Miller, Grants Manager*

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ARTS AND CULTURE FUNDING PROGRAMS

The Ministry of Community, Sport and Cultural Development has developed two new funding programs: [BC Creative Communities Program \(BCCC\)](#) and [BC Creative Spaces Program \(BCCS\)](#), which provide a limited number of one-time-only grants to non-profit community and professional arts organizations. **Applications must be received by 1 p.m. Friday, February 15, 2013.** Information and applications are available through cscd.gov.bc.ca website.



--SOURCE: City of Kelowna, Arts and Culture e-Update, January 24, 2013

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CUSO INTERNATIONAL'S SECOND ANNUAL BOB WARD MEMORIAL FELLOWSHIP – CALL FOR APPLICATIONS

Cuso International has announced the call for applications for the Second Annual “Bob Ward Memorial Fellowship” to support outstanding research on the role and impact of volunteers in international development. Open to candidates globally, the Fellowship will be awarded to an individual who is or has been engaged in social change work in the NGO/non-profit sector. Valued at up to \$25,000 for up to one year, the award is to allow the recipient to make a significant contribution to the sector through research that demonstrates the impact of volunteering and advances our understanding of related issues of policy and practice.



[You can find full details here.](#) **Conceptual Notes must be submitted to Cuso International by February 15, 2013.**

--SOURCE: News Flash from Volunteer Canada, January 23, 2013

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BC MULTICULTURALISM GRANTS

Grants of up to \$5,000 are available for organizations to promote multiculturalism in British Columbia. Funding is available under two streams: Cultural Expression: Projects will be supported which raise awareness about British Columbia's rich multicultural identity through cultural events and/or resource tools. This could include festivals, community forums or cultural celebrations and materials that support positive expressions of culture and traditions in a community; and Capacity Building: Projects will be supported which strengthen the capacity of cultural organizations to participate in civil society and enhance the multicultural identity of the province through operational supports such as resource tools and materials. Applications are being accepted from November 1, 2012 - **February 15, 2013.** For more information, visit <http://www.pssg.gov.bc.ca/gaming/grants/multiculturalism.htm#two>



--SOURCE: BC Rural Network News, January 10, 2013

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INTER-ACTION MULTICULTURAL EVENTS FUNDING

The federal government's Inter-Action program provides funding to community based events that foster



intercultural/interfaith understanding, civic memory and pride, and respect for core democratic values. The primary intention is to create concrete opportunities for interaction among cultural and faith communities. Events should be intended for and open to all Canadians. Grants of up to \$15,000 per event are available. Applications are accepted year-round. For more information, visit <http://www.cic.gc.ca/english/multiculturalism/funding/events.asp>.

--SOURCE: BC Rural Network News, January 10, 2013

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MOUNTAIN EQUIPMENT CO-OP

MEC helps keep space for adventure by conserving ecologically and recreationally important places and by inspiring and enabling Canadians to be active outside. MEC's commitment to conserving ecologically and recreationally important places is reflected in the granting themes of: land acquisition, capacity building, advocacy and awareness, and access and activity. **The application deadline for the Spring Cycle is March 10, 2013.**



--SOURCE: BC Rural Network News, January 10, 2013

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CANADIAN SUBSIDY DIRECTORY

Canadian Publications is offering to the public a revised edition of the Canadian Subsidy Directory, a guide containing more than 3200 direct and indirect financial subsidies, grants and loans offered by government departments and agencies, foundations, associations and organizations. In this new 2013 edition all programs are well described.



The Canadian Subsidy Directory, for all of Canada, including federal, provincial, and foundation listings, is available in three different formats. A CD-rom, print copy, or a one-year, on-line subscription.

For additional information or to order, please call 1.866.322.3376.

--SOURCE: Canadian Publications, Michel Goyette, January 9, 2013

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DIVERSITY SCHOLARSHIP

The Overwaitea Food Group has partnered with UFCW Local 1518 to offer ten scholarships valued at \$1,000 each to individuals who have played a significant role in diversity initiatives in their school and/or community. For more information please visit us at <http://www.owfg.com/diversity>.

If you have any questions, please feel free to contact us at scholarships@owfg.com. **Please note that applications must be received by May 1, 2013.**

--SOURCE: Overwaitea Food Group, Ron Davidson, People Development



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Local

@THE TABLE

- Where Kelowna chefs share their favourite comfort food
- Silent auction
- Proceeds to The Bridge Youth and Family Services

Date: February 13, 2013
Time: 11:30am – 1:30pm
Place: Laurel Packinghouse
Tickets: \$30 or 4 for \$100, available at The Bridge 250.763.0456

--SOURCE: *The Bridge Youth and Family Services*



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1ST ANNUAL SKI-A-THON

We are celebrating our 25th Anniversary of promoting equality, inclusion and healthy active living by providing adaptive programs and services to children, youth and adults who have a physical or sensory disability.

We are very excited about bringing together our community supporters, volunteers, participants and Ski-A-Thon registrants to help promote and support inclusion for all persons in our communities.

All Downhill Skiers, Adaptive Skiers, Snow Boarders, Cross Country Skiers, and even Snow Shoe enthusiasts are invited to participate, because we believe in inclusion!!!

By becoming a registered Ski-A-Thon participant you will help raise funds for our adaptive recreational programs such as Adaptive skiing, Kids In Motion Family Fun Day, Wheelchair Basketball, Power Wheelchair Soccer, Adaptive Curling, our Adaptive Recreational Equipment Loans program, and our Adaptive Transportation program.

Sign up today with your team or as an individual to participate! Once registered, you can login to your account to customize your Personal and Team donation pages; send emails; manage offline pledges; and view the status of your Personal and Team fundraising efforts.

Are you a Corporate Group with multiple teams? To register your Corporate Group, please send an email to info@pimbc.ca or call Louise Abbott at (250) 861-3302 with your contact information. Once your group is registered, your team leaders will be able to select your Company's name when creating their teams.

Would you like to sponsor a friend or family member? Click "Sponsor a Participant" above to find the person and/or team you would like to support

For more information go to www.gifttool.com/athon/AthonDetails?ID=2091&AID=2262.

--SOURCE: *The Kelowna & District Society for People In Motion, Louise Abbott, Executive Director*

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BC FAMILY DAY: KELOWNA

This year British Columbians will celebrate our first official holiday dedicated to families – B.C. Family Day.



Kelowna throws its doors open to B.C. Family Day. Swimming at the Parkinson recreation centre is free to the public. Splash around at the pool or meet up with your friends at the activity zones. [For more>>>](#)

Location: Parkinson Recreation Centre 1800 Parkinson Way
Time: Monday, February 11th 10:00am- 3:00pm

--SOURCE: BC Family Day Celebrations, Posted by BC Family Day On January - 29 - 2013

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HANDFUL OF GROUPS BENEFIT FROM GRANTS

Eight Kelowna-area organizations are getting community gaming grants from the B.C. government, totalling \$260,700.



The Canadian Mental Health Association will get the biggest piece of the pie - a \$73,000 grant.

Nearly 120 recipients will share the \$4.8 million distributed across the province for human and social service programs. In 2011-12, the government distributed \$135 million in gaming grants for eligible community programs and services.

"These organizations deliver important community services to individuals and families within our community. I offer my gratitude to them for their community service and I'm glad our government was able to provide some financial assistance," said [Kelowna-Mission MLA Steve Thomson in a news release](#).

Organizations receiving grants:

- Lioness Club of Kelowna - \$15,000
- Order of Royal Purple #56 – Kelowna - \$20,000
- Westside Health Network Society - \$30,700
- Lions Club of Kelowna - Orchard City - \$35,000
- British Columbia Schizophrenia Society - Kelowna - \$25,000
- Canadian Mental Health Association - Kelowna and District Branch - \$73,000
- Kiwanis Club of Kelowna - Summit - \$28,000
- John Howard Society of the Central and South Okanagan - \$34,000

--SOURCE: Kelowna Daily Courier, 28 January 2013 02:00, Print PDF

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SPRING BREAK ART CLASSES AND WORKSHOPS

Children aged 5 to 8 can take part in our Art Break camps from Monday to Friday. For students 9 to 12 years old we are offering a special two-day cartooning camp with local artist Niina Teto.

Don't let your kids be bored over Spring Break – sign them up for Art Break, and let their creativity blossom! Register by calling 250-762-2226.

[View our schedule of classes for Spring Break 2013>>>](#)

--SOURCE: Kelowna Art Gallery February E-Newsletter



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THE FINAL CURTAIN CALL

After ten illustrious years of inspired dance, and the imminent retirement of Artistic Director David LaHay, Ballet Kelowna will take its final curtain call on March 16th.

Over the past decade, and in addition to performing frequently at the Kelowna Community Theatre, Ballet Kelowna has taken LaHay's inspired blend of classical and contemporary dance to more than 30 smaller communities throughout British Columbia and Alberta. Its starring role in The Nutcracker in Kelowna has long been a family favourite during the holiday season.

Throughout that time the company has managed to maintain balanced budgets with the assistance of grants, three major fundraising events and government and donor support. But across the board, non-profits, and especially arts organizations, have been experiencing dwindling audiences, sponsorship and fundraising event attendance.

Ballet Kelowna, with the financial assistance of the Thomas Alan Budd Foundation and a group of community business people, will continue its tour performances in March, culminating in 'Grand Finales' in Kelowna and Summerland on March 15th and 16th.

The Kelowna Ballet Society will continue to exist in shell form, in hopes that a new group of dance enthusiasts, with renewed energy and vision, will bring their own brand of dance to Kelowna, and build upon the creative legacy of David LaHay.

Ballet Kelowna invites the entire community to come out and support its 'Grand Finale' performances. Program and ticket information can be found at balletkelowna.ca

--SOURCE: Ballet Kelowna Newsletter, February 1, 2013



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WE ARE ALL GLOBAL CITIZENS!

The Intercultural Society of the Central Okanagan in association with Global Citizen Kelowna is inviting our local community to be global citizens by taking part in the exciting events showcased during Global Citizen Kelowna Week.

This year's GCK events will kick off with a media launch Friday, February 15, 11:00 AM - 1:00 PM, which will feature a small sampling of what the entire 'week' will offer. Kelowna - Lake Country MP Ron Cannan will be making a funding announcement.

Global Citizen Kelowna Week (GCK Week) is an annual initiative celebrating the role of Kelowna's citizens in international humanitarian efforts. Through a series of activities organized by a group of volunteers including individuals from local businesses, non-profit groups, civic organizations, representatives from School District 23, and college/university students, Global Citizen Kelowna Week 2013 will feature events to Entertain, Educate, and Inspire Change.

For More Information visit: globalcitizenkelowna.org

--SOURCE: Global Citizen Kelowna, February 1, 2013



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ROCK THE HOUSE

The John Howard Society presents the 3rd Annual ROCK THE HOUSE Curling, Dinner and Silent Auction

Where: Kelowna Curling Club
551 Recreation Avenue
When: Saturday, February 9, 2013
Times: Curling Registration and warm up - 2pm
Learn to curl and practice time - 2:30pm
Let the games begin!! - 3pm
Buffet dinner and Silent Auction – 5pm
Games and Spirit Award – 6pm

For more information, call Samantha at 250.763.1331.

--SOURCE: John Howard Society

John Howard Society
presents the 3rd Annual
“ROCK THE HOUSE”
Curling, Diner & Silent Auction



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KELOWNA'S LARGEST EGG HUNT

This is the 10th year; Victory Life Fellowship is hosting a FREE Easter event.

On Good Friday, March 29th from 10am to 1pm hundreds of kids will swarm the egg hunt areas at the Parkinson Recreation Centre to find their treasures among the 10,000 Easter eggs filled with candy.

Guests will enjoy a FREE pancake breakfast, ongoing Easter Egg Hunts, live entertainment, FREE clothing, games, children's activities and many fabulous door prizes!

Would you partner with us? Together we can build community!

- Pray for the Event
- Volunteer in Easter Egg Hunt, Children's Activities, Clothing, Food, Security, Host, Parking, or Other
- Supply a Door Prize
- Provide Good Clean New or Used Clothing (men's and children's needed specially)
- Donate Cash or Online Gifts

You can contact us by email vf@shaw.ca, phone 250-862-3044, or visit our website at victorylifefellowship.net. To view a clip of our previous event, please check our website under 'VLF Special Events'.

--SOURCE: Victory Life Fellowship, February 1, 2013

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CALLING ALL SUSTAINABLE WOMEN!

Join us for our second Women 4 SustainAbility gathering and connect with others, like you, who are passionate about community sustainability. The event takes place on Monday, February 25th and is hosted by Bean Scene HQ on Dickson Avenue in Kelowna. Networking runs from 6pm-7pm; the program follows from 7pm-9pm. The \$20 drop-in fee includes appies and dessert. You'll be responsible for buying your own drinks. Please confirm your attendance with me at jo@freshoutlookfoundation.org by February 15th.

--SOURCE: Fresh Outlook Foundation, Joanne de Vries, Founder and CEO, January 31, 2013

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ENERGY ON A PLATE?

Contribute to conversations about sustainable business at this year's first Breakfast of Champions Wednesday, February 27th from 7am-9am at Kelowna's Best Western Plus. Sponsored by FortisBC's PowerSense, the event features a hot "green" breakfast prepared by ORA Kitchen and Bar. Also on the menu are stories about progressive business practices that save notable amounts of energy and money! The cost is \$10/person. [Please register here before February 22nd](#).

--SOURCE: Fresh Outlook Foundation, Joanne de Vries, Founder and CEO, January 31, 2013

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SUMMER CAMP WITH A DIFFERENCE

We need your help to host the ECO-BLAST Kids' Camp and Concert August 13th-17th in Kelowna. Co-hosted by the [Okanagan Boys & Girls Club](#), this amazing event will engage more than 100 children ages 5-12 in ecological song, dance, art, and multi-media, along with hands-on nature and urban agriculture experiences. The week culminates in a concert at Stuart Park showcasing what the kids have learned and created. For more information, or if you're interested in supporting this great event through scholarships and/or financial or in-kind sponsorships, please contact me at jo@freshoutlookfoundation.org. Donations are also greatly appreciated! We can issue tax receipts for donations of \$10 and more.

--SOURCE: [Fresh Outlook Foundation](#), Joanne de Vries, Founder and CEO, January 31, 2013



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STUDIO ART PROGRAM OFFERED TO ADULTS WITH DEVELOPMENTAL DISABILITIES

The Kelowna Art Gallery is excited to announce a new series of six-week CONNECT classes beginning in February. CONNECT is an art program developed by the Kelowna Art Gallery for adults with developmental disabilities (AWDD), which is funded by Community Living British Columbia. It provides an opportunity for individuals to view and discuss works of art at the Gallery, and spend time making art in the Gallery's studio space. Classes are taught by local artists, and each class focuses on a different theme or medium.



On Thursdays, for six weeks beginning February 7, from 1 to 2:30 pm, Exploring Landscape Painting will be offered with instructor Leanne Spanza. Students will draw inspiration from photographs, sketches and bold colours to create two acrylic paintings on canvas using Leanne's unique style of capturing BC's mountains, lakes, and coastlines.

On Tuesdays, for six weeks beginning March 5, from 1 to 2:30 pm, Printmaking will be offered with instructor Trina Ganson. Students will explore the world of printmaking, and create one-of-a-kind prints. Watercolour paints will then be added to enhance the works of art. This is a great class for beginner students.

On Thursdays, for six weeks beginning April 18, from 1 to 2:30 pm, Fun with Oil Pastels will be offered with instructor Marlene McPherson. Students will discover the medium of oil pastels to produce art inspired by nature. Colour blending, techniques such as sgraffito, in which you scratch back into the surface of the work of art, and pointillism will all be considered.

If you are eligible for Community Living BC services, please retain a referral from a facilitator at your local CLBC office. The contact number in Kelowna is 250-712-3610. The cost per six-week session is \$10.00, and includes all supplies. Once a referral is obtained, please call Renee Burgess at the Kelowna Art Gallery at 250-762-2226, ext. 310 to register for these classes.

The Kelowna Art Gallery is located at 1315 Water Street in downtown Kelowna. For more information about current exhibitions, public programming or special events, please visit the Kelowna Art Gallery online at kelownaartgallery.com.

--SOURCE: Kelowna Art Gallery, Joshua Desnoyers, Marketing and Events Coordinator

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EUROPE TRAVEL EXPO

See how easy it is to plan your European holiday from YLW. Visit information booths and view slide presentations. Park for free in the long-term lot.

Bring your old eye glasses or donate for a chance to win tickets for two to London, England on Air Canada, a \$500 travel voucher with Transat Holidays and \$200 travel voucher with Air Canada Vacations! Proceeds go to The Gift of Vision.

Date: February 23, 2013

Time: 11 am – 3 pm

For more information ylw.kelowna.ca and click on Contests

--SOURCE: Total Events, Gayle Voyer



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SEMINAR: GOT HEALTH? A STUDENT-LED INQUIRY YOUTH ENGAGEMENT PROJECT

This UBCO Partnership in Research Seminar Series with Dr. Stephen Berg and Ms. Tricia Labrie discuss the youth engagement initiative that embraces student input to support their health. To attend in person or via teleconference, please RSVP: <http://gothealth.eventbrite.ca>



WHEN: Thursday, February 14, 12:00 – 1:00 pm

WHERE: Room 334, University Centre, UBC's Okanagan Campus

COST: FREE and open to the public - everyone is welcome!!!

--SOURCE: Community Action Toward Children's Health, CATCH Network Newsletter January 28, 2013

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APPETITE FOR ART FUNDRAISER AND ART AUCTION

The must-attend culture and culinary event of the year happens at the Kelowna Art Gallery Saturday, March 23, 2013 at 7 to 10 pm. Proceeds from this fundraising event will support ongoing educational and children's programming at the Gallery.

Your ticket includes:

- 15 culinary offerings from 5 of the region's finest chefs
- paired drinks from participating beverage sponsors
- complimentary glass of BC sparkling wine upon arrival
- admission to the Appetite for Art Fundraiser and Art Auction at 9pm



How to attend: Tickets for [Appetite for Art](#) are priced at \$100 for Gallery members and \$120 for non-members. They are available in person at the Gallery, by phone, or for purchase online.

--SOURCE: Kelowna Art Gallery, Newsletter, January 25, 2013

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KELOWNA LOSES ONLY COMMUNITY BASED ADDICTION TREATMENT FACILITY

After 37 years offering addiction treatment in Kelowna, Crossroads, a 46-bed facility is shutting down because the non-profit society that operates the centre could not reach a funding agreement with Interior Health and high level of debt. The union that represents most of the workers says the closure of the centre, planned over the next three to six months will leave an “unacceptable” gap in detox and addiction treatment services in the Okanagan. The Crossroads was in high demand in Okanagan for people seeking treatment outside of hospital. About 3 years ago the only drop-in centre for homeless people in Kelowna was also closed due to a lack of funding. [Read more>>>](#)



--SOURCE: *Raising the Roof, Housing Again Bulletin #158 February 2013*

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COLDEST NIGHT OF THE YEAR

On February 23rd, the 30K Club is hosting the [Coldest Night of the Year](#), a 5 and 10 km winter walk hosted in 35+ cities across Canada in support of our work here in Kelowna with the hungry, homeless and hurting. Walk with 30K Club on February 23rd and you will be part of the solution for homelessness in our city. You'll have fun, you'll be cold, but you will be helping those in our community who will not have a nice warm bed to go home to.



Date: February 23, 2013,
Time: 4:30pm – 8pm
Cost: \$25 Registration
Place: First United Church, 721 Bernard Ave, Kelowna

For more information contact Jessica Samuels, jessica@kelownagospelmission.ca, or call 250-763-3737.

--SOURCE: *Kelowna's Gospel Mission, Jessica Samuels*

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KIDS SAY THINGS MORE BETTER

The Kids Say Things More Better events will take on a format similar to the Art Linkletter and Bill Cosby shows called “Kids Say the Darndest Things” years ago. Children ages four to six years old will be interviewed as a fun light hearted form of entertainment. We will discover the pure, innocent opinions, perspectives and young but wise words of six children each event evening on various topics.

Kids Say Things More Better is a community event that is appropriate for ALL ages and is alignment and reinforcing the healthy living that so many corporations encourage, which is to LAUGH more!!

Come out and laugh and share in the FUN!!

THEME: LOVE and Valentine's Day
HOST: Beth Hanishewski
REGISTER: on line at TicketWeb.ca or call 1-888-222-6608 ask for Prestige Hotel events.



--SOURCE: *BC Children's Hospital Foundation, Linda Abbott-Simons, January 30, 2013*

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ST. VALENTINE'S DAY GALA DINNER AND DANCE

Date: February 9, 2013
Time: Cocktails at 5:30pm
Dinner at 6:30pm
Dance at 9pm
Place: Parkinson Rec Centre,
1800 Parkinson Way, Kelowna
Cost: \$40 for tickets
Tickets at: Pharmasave, 105 - 437 Glenmore Rd
Zia's Fine Italian Foods, 1913 Kent Rd
Valoroso Foods, 1467 Sutherland Ave
Mediterranean Market, 1570 Gordon Dr
www.kelownaitalianclub.com or
kcic@shaw.ca



--SOURCE: Kelowna Canadian Italian Club, Joe lafrancesco

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NEADS' KELOWNA STRATEGIES TO EMPLOYMENT FORUM

A Forum for Post-Secondary Students and Recent Graduates with Disabilities. Employers, service providers, and other professionals are welcome. **Deadline for registration March 3, 2013.**

- Plan an effective job search
- Gain insight into disclosing a disability in the workplace
- Get tips for arranging job accommodations
- Find a networking style that works for you
- Learn how to prepare for interviews
- Discover what employers are looking for



Date: March 8, 2013
Time: 9am – 4pm
Place: Ramada Hotel and Conference Center, 2170 Harvey Ave, Kelowna
Cost: FREE for Students
\$45 for Professionals
Lunch and refreshments will be served!
Registration: Email - forum@neads.ca
Telephone - 1-877-670-1256

If you require disability-related accommodations or have dietary restrictions, please provide details when you register.

--SOURCE: The National Educational Association of Disabled Students

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54TH ANNUAL MAY DAYS

It is my privilege to invite you to be part of Kelowna's longest running festival, the 54th annual May Days. We are for the 5th year in a row inviting community groups, at no cost, to set up a display (preferably inter-active) letting the public know what things are available in the community. This year the Community Awareness will only operate on Sunday only. Groups that would like to set up for other days will be allowed if space is available.



For more information contact Chris Brown, 2013 May Days Coordinator, at maydays2013@live.com, or visit [Rutland May Days on FaceBook](#).

--SOURCE: Chris Brown, 2013 May Days Coordinator

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SYILX LANGUAGE AND TRADITIONAL PRACTICES

Date: Monday, February 4, 2013
Time: 5pm - 7:30pm
Location: WFN Health Bldg. siya Room
Topic: Dip Net Tying with a Needle

Date: Monday, February 18, 2013
Time: 5pm - 7:30pm
Location: WFN Health Bldg. siya Room
Topic: Dip Net Tying with a Needle

Date: Monday, February 25, 2013
Time: 5pm - 7:30pm
Location: WFN Health Bldg. siya Room
Topic: Identification of Rocks/ Minerals used for tools and technology



Each session will include a meal, language instruction and traditional practice activities. Pre-registration is required.

Please contact Pamela or Grouse at (250) 768-7051 pbarnes@shaw.ca

--SOURCE: Pamela Barnes

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WELCOME TO KELOWNA'S KOOL CLUB

Brief History: A few parents have approached me to help them connect with other interested families to start a parent and youth driven Social Recreation Club. In October we gathered together for a Pumpkin Carving Contest and lots of fun was had by all. In December we gathered again for a Christmas Cookie/Gingerbread House Decorating Gala. We had an excellent turnout—and many yummy Christmas decorations were created!

We are looking for new members and new ideas for fun things to do. Please call Diane Serres 250-712-3653 for more information.



--SOURCE: Diane Serres, CYSN Social Worker, At Home Regional Contact, Ministry of Children and Families

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OKANAGAN PRIDE SOCIETY EVENTS

VALENTINE THEMED SATURDAY SOCIAL

Who is your Valentine? We are having a Valentine themed social at the Okanagan Pride Centre on Saturday, February 16th. Come dressed in your finest Valentine apparel! There will be more info coming soon on Facebook.

BACK TO THE BARN - WHO KNEW?

We are heading back to the "Barn" for our next dance - at the [Okanagan Mission Community Hall](#). The dance will be held on Saturday, February 23, 2013. More details will be announced on Facebook in the near future.

OUT WITH FRIENDS AND NO MINORS AT SATURDAY SOCIALS

The Out With Friends group has been reactivated with activities at the Okanagan Pride Centre every second Friday. See the calendar at www.okanaganpride.com for dates. This group is geared for youth - ages 15 to 25.

DAYTIME DROP IN

The Okanagan Pride Centre will be open on Wednesdays from 1 pm to 5 pm for a drop in starting February 6.

--SOURCE: Okanagan Pride, January 23, 2013



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DANCING WITH THE STARS

Central Okanagan Hospice Association announces local celebrities in Kelowna's version of "Dancing with the Stars" and Tickets Now on Sale.

Cha-cha, jiving, and even the hip-hop is literally hitting the streets once again with local celebrities gearing up for Kelowna's 5th Annual "Swinging with the Stars" event. This successful event presented is slated for Saturday, March 2, 2013 at the Coast Capri Hotel Ballroom. The event based on the popular television show "Dancing with the Stars" pairs professional dance instructors with local celebrities in a fund raising event to support the Central Okanagan Hospice Association (COHA). Due to popular demand, more seating is available this year to offer more tickets to the public than in the past. Tickets went on sale Friday, January 18, 2013.

The event has become the 'talk of the town' in its popularity explained Swinging with the Stars coordinator, Jan Woolsey. "We had no idea this event would have such longevity. We are heading into our 5th year and already have dancing stars lined up for 2014. Interested dancers are approaching us so we know there is still life in this event," said Woolsey.

Local celebrities for 2013 who will 'strut their stuff' include General Manager at the Delta Grand Okanagan Resort, Daniel Bibby and his wife Christy, a Certified Education Assistant; youth motivational speaker Chantelle Adams; Jane Hoffman – Coldwell Banker Realtor; Lyle Isenor – Employee Benefits Consultant, Encompass Benefit and HR Solutions; Lane Shupe – Professional Meeting Coordinator and community fundraiser; and Toby Tannas – CHBC News Anchor.

For more information contact Tel: 250-763-5511.

--SOURCE: Central Okanagan Hospice Association, Susan Steen, Executive Director



RETURN OF THE ZAMBONI BROTHERS

Kelowna Family Centre's 6th Annual Fundraising Dance

Date: Saturday March 9, 2013
Location: "New" Seniors Activity Centre
Parkinson Recreation Facility
Time: Doors Open 7:30pm
Tickets: \$25.00

Please call 250-860-3181 for tickets. For more information go to kfcs.com

--SOURCE: Kelowna Family Centre, Lynda Fillion, Administrator



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FREE VALENTINE'S DINNER

Presented by the Okanagan Chefs Association and Okanagan College

Date: February 17, 2013
Time: 5pm - 7pm
Place: First United Church, corner of Richter St and Bernard Ave, Kelowna

--SOURCE: First United Church



National

NATIONAL STANDARD OF CANADA FOR PSYCHOLOGICAL WORKPLACE HEALTH & SAFETY RELEASED

The Mental Health Commission of Canada (MHCC), the Bureau de normalisation du Québec (BNQ), and CSA Group have officially released Canada's first national standard designed to help organizations and their employees improve workplace psychological health and safety. The National Standard of Canada titled Psychological Health and Safety in the Workplace - Prevention, promotion and guidance to staged implementation is a voluntary standard focused on promoting employees' psychological health and preventing psychological harm due to workplace factors. The standard provides a systematic approach to develop and sustain a psychologically healthy and safe workplace, including:



- The identification of psychological hazards in the workplace;
- The assessment and control of the risks in the workplace associated with hazards that cannot be eliminated (e.g. stressors due to organizational change or reasonable job demands);
- The implementation of practices that support and promote psychological health and safety in the workplace;
- The growth of a culture that promotes psychological health and safety in the workplace;
- The implementation of measurement and review systems to ensure sustainability.

The voluntary standard is not intended to be adopted into federal, provincial, or territorial legislation. It can be used differently by businesses and organizations of all sizes depending upon their needs. Some may use the standard as a starting point and focus on creating policies and processes to promote mental health, while others may determine that several aspects of the standard are already in place and use the standard to build upon their existing efforts.

--SOURCE: *CharityVillage.com, Village Vibes, 2013 January 17*

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HINTERLAND WHO'S WHO CELEBRATES 50TH ANNIVERSARY

Most Canadians who had television in the 1960s or 1970s will remember it — the haunting strains of a lone flute, the trademark theme of [Hinterland Who's Who \(HWW\)](#). It all started in 1963, with black-and-white vignettes about the loon, the moose, the gannet and the beaver.



There are many initiatives planned for 2013 to celebrate HWW's 50th Anniversary. Information about the festivities will be posted on the [Canadian Wildlife Federation](#) and HWW websites and on the [HWW Facebook page](#). The public will have a chance to participate in HWW's 50th anniversary in many ways, including the opportunity to vote for their favourite HWW theme (the winning themes will get a fact sheet makeover) or creating their own HWW video showing a Canadian species or ecosystem for a chance to win an exciting prize. Everyone is also invited to pay tribute to the programme by making a spoof of one of the HWW videos or writing a note on the tribute board starting this February.



--SOURCE: *CharityVillage.com, Village Vibes, 2013 January 14*

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REPORT ON CULTURALLY SAFE HEALTH CARE FOR FIRST NATIONS

A new report from the Health Council of Canada highlights the barriers faced by Aboriginal people seeking health services and provides information about key practices that are contributing to positive change. The report, [Empathy, dignity, and respect: Creating cultural safety for Aboriginal people in urban health care](#) consists of two parts: commentary from the Health Council of Canada and a summary report on regional discussions about cultural competency and safety for Aboriginal people in Canada. It defines cultural competency and safety in the context of Aboriginal populations in Canada, explores racism and the current health system in creating barriers. Download a copy of "Empathy, dignity, and respect: Creating cultural safety for Aboriginal people in urban health care", (December 2012) from the [Health Council of Canada](#) website.



--SOURCE: *Canadian Mental Health Association's BC Division, Mind Matters Vol. 109 January 2013*

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CMHA BC SUPPORTS RELEASE OF NEW WORKPLACE STANDARD

January 16 marked the release of the New Standard for Psychological Health and Safety in the Workplace. The standard created by the Mental Health Commission of Canada, Canadian Standards Association and the Bureau de normalisation du Quebec which aims to reduce risks to psychological health and safety as well as improve mental health in the workplace. CMHA applauded the release of the standard, which defines and sets a higher standard for workplace mental health. To help move the standard from theory to implementation, CMHA BC is hosting the Bottom Line Conference, February 27 + 28 in Vancouver. The theme of this year's conference is Celebrating a New Era in Workplace Mental Health: Putting the National Standards into Practice. Read the press release at www.cmha.ca



**Canadian Mental
Health Association**
Mental health for all

--SOURCE: Canadian Mental Health Association's BC Division, *Mind Matters* Vol.109 January 2013

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NEW GUIDANCE ON CONSEQUENCES OF RETURNING DONATED PROPERTY

On October 19, 2012, Canada Revenue Agency released a new guidance, titled CG-016 Consequences of Returning Donated Property (the "Guidance"), concerning the return of a gift to a donor. The Guidance relates to new provisions of the Income Tax Act (Canada) which were introduced with the 2011 federal budget on March 22, 2011 and reintroduced on June 6, 2011. The provisions came into effect on the date of the budget. Read more at [Hilborn Charity eNEWS](#).



--SOURCE: Nonprofit Newswire by Imagine Canada

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STATISTICS CANADA: NEWSLETTER FOR COMMUNITIES

[The January 2013 edition of the Newsletter for Communities is now online.](#) Inside you will find the following articles:

- Quarterly Demographic Estimates, July to September 2012
- Education Indicators in Canada: Report of the Pan-Canadian Education Indicators Program, December 2012
- Seniors' use of and unmet needs for home care, 2009
- How many years to retirement?
- The Canadian Immigrant Labour Market

--SOURCE: Statistics Canada, Ashok Mathur, Communications Officer



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HEALTH CARE BARRIERS FOR ABORIGINAL PEOPLE IN CANADA

Statistically, Aboriginal people across Canada have shorter life expectancies and poorer health than the broader population. Part of the problem is that many Aboriginal people have a distrust of our health care system, or have experienced stereotyping or racism within it. This can lead to Aboriginal people not accessing services when they could be beneficial, or not following the advice of health practitioners because it doesn't complement their traditional beliefs or values.



Many underlying factors negatively effect the health of Aboriginal people, including poverty and the intergenerational effects of colonization and residential schools. But the barriers preventing people from accessing health services are sometimes ones that, as family serving professionals, we can each address and help to overcome in our own practice. The Canadian health care system can be intimidating to navigate for anyone, but for clients who are already wary of being stereotyped, or with whom we need to spend more time building relationships, it may result in a lack of preventative care, earlier diagnoses, and timely treatment. Exploring and confronting our preconceptions and the ways our services may not address Aboriginal concerns or values is the first step toward providing better health care for all Canadians.

A report presented at a community event in Winnipeg, Empathy, dignity, and respect: Creating cultural safety for Aboriginal people in urban health care, defines culturally safe care as:

- Building trust with Aboriginal patients and recognizing the role of socioeconomic conditions, history, and politics in health;
- Requires communicating respect for a patient's beliefs, behaviours, and values;
- Ensures the client or patient is a partner in decision making

The report attempts to formalize safe health care environments for Aboriginal people in urban settings in Canada. As stated in the report, the single most important factor for Aboriginal people in creating cultural safety was the attitude and behaviour of the health care providers. [Read more>>>](#)

--SOURCE: BC Council for Families, *HealthyFamilies*, January 28, 2013

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REGISTERED CHARITIES WITH FISCAL YEAR ENDS AFTER JAN. 1, 2013: CRA RELEASES NEW T3010 (13)

The Charities Directorate has released a new T3010 (13) Registered Charity Information Return for Canadian registered charities with fiscal year ends after January 1, 2013. The changes on the T3010 (13) are basically more questions about the political activities of Canadian charities as a result of the 2012 Federal Budget. They include more questions on political activities in Section C5; and charities who conduct political activities must complete a new Schedule 7, Political Activities. If your fiscal year end is in 2012 then use the old T3010-1 - otherwise, for those with fiscal year ends after January 1, 2013 use the new T3010 (13). There are also other changes as discussed in this note. [Read more>>>](#)



--SOURCE: *Blumbers' Canadian Charity Law List - January 2013*

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CRA UPDATES GUIDANCE ON POLITICAL ACTIVITIES FOR CANADIAN REGISTERED CHARITIES (CPS-022)

CRA's Guidance on political activities was updated in December 2012. There are some minor changes to reflect changes to the disbursement quota and recent budgets, including the 2012 Federal Budget, dealing with political activities and Canadian charities. The CRA noted at the Blumbergs Canadian Charity Law Institute on November 28, 2012 that CPS-022 was in the process of revision. These revisions took place on December 11, 2012. It is not clear whether there will be further revisions, although it appears that there is nothing immediately on the horizon in terms of further changes to CPS-022. [Read more>>>](#)

globalphilanthropy.ca

--SOURCE: Blumbergs' Canadian Charity Law List - January 2013

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Provincial

OPINION: COMMUNITY SERVICES NEED STABLE FUNDING TO HELP VULNERABLE

By Tim Agg, Special to the Sun January 30, 2013

Victoria must recognize their importance to the province's social and financial well-being

We can predict some things that will be in the Throne Speech on Feb. 12. It will praise the government's job plan, and talk about balancing the budget. Education and health care will receive at least passing mentions.

THE VANCOUVER SUN

But those of us in the community services sector are going to be listening for long-overdue commitments to action on the critical issues undermining our work.

We need — desperately — to hear that the government is prepared to invest in support that builds better lives for individuals, families and communities. [Read more>>>](#)

--SOURCE: The Federation of Community Social Services of BC, Doug Hayman, Director of Strategic Development

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PROGRESSIVE TAX OPTIONS FOR BC

BC has the lowest taxes in Canada, and it's not a good thing. We don't have the money we need for important public services, and at the same time, we haven't seen any economic benefit from a decade of tax cuts. But it doesn't have to be this way. Progressive Tax Options for BC, released today, outlines a number of different possible scenarios for tax reform. [To find out more>>>](#)



--SOURCE: The Federation of Community Social Services of BC, Federation Weekly News Items - February 1st, 2013

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RESEARCH GROUP SAYS B.C. SHOULD SCRAP MEDICAL BILLING AND RAISE TAXES

B.C.'s Medical Services Plan premiums are "grossly regressive" in the way they penalize lower-income British Columbians and should be scrapped in favour of higher taxes for all, says the B.C. director of the Canadian Centre for Policy Alternatives.



B.C. is the only Canadian province that bills people directly for universal health coverage, said Seth Klein, calling MSP payments a tax because they are mandatory and levied by government.

In a report released Tuesday, Klein and economist Iglia Ivanova outline a "revenue-neutral way" to scrap MSP premiums. They suggest increasing tax rates in all five provincial tax brackets by 20 per cent, as well as adding two new brackets, with rates of 20 and 22 per cent for those earning \$150,000 and \$200,000, respectively. [Read more>>>](#)

--SOURCE: *The Federation of Community Social Services of BC, Federation News Clippings, January 30th, 2013*

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NOVA SCOTIA INTRODUCES THE COMMUNITY INTEREST COMPANY

The Nova Scotia Legislative Assembly has recently passed the Community Interest Companies Act. This Act allows for a new category of share capital company known as a "Community Interest Company" or "CIC". Earlier this year, British Columbia passed similar legislation which created a new category of share capital company known as a "Community Contribution Company" or "CCC". [Read more at Miller Thomson's Charities and Not-for-profit Newsletter>>>](#)



--SOURCE: *Nonprofit Newswire by Imagine Canada< January 7, 2013*

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## Research

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HELP SEE3 CONDUCT BENCHMARK STUDY FOR ONLINE VIDEO USAGE BY NONPROFITS

Each week, 100 million people take a social action on YouTube through likes, shares, comments, etc. For many of these engaged viewers, their action is in support of a cause or nonprofit organization. [See3 Communications, YouTube, and Edelman are conducting the first study of the North American nonprofit community to gauge the effectiveness of video content.](#) The data and responses acquired will be used to create a benchmark report about the use and impact of video in the nonprofit sector. The survey takes 15-20 minutes and should be filled out by a member of the communications, marketing, or development departments. Each participant will be given a sneak peak to pre-released data along with exclusive access to webinars explaining essential takeaways with See3's CEO, Michael Hoffman. In addition, each participant will have the chance to win a \$400 donation to their organization or one of ten Starbucks gift cards.



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ECONOMIC BURDEN OF CHILD MALTREATMENT: PREVENTIVE MEASURES COULD YIELD HUGE SAVINGS

Child maltreatment (CM) is a serious and prevalent public health problem, which can result in both individual trauma and also huge financial costs for society. This article estimates the economic burden in the U.S., and suggests the possible benefits of preventive measures.



The best available secondary data were used to estimate costs per case. Whenever possible, studies based on quasi-experimental longitudinal prospective designs were used; no relevant studies could be found that were based on experimental designs. The authors argue that these estimates are significant new contributions that use a consistent robust approach in incidence-based costing methods; this directly facilitates comparison with other health conditions.

The following are the estimated social costs of CM (in 2010 dollars)...[Read more>>>](#)

--SOURCE: *The Federation of Community Social Services of BC, Federation Weekly News Items - February 1st, 2013*

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Resources

A PICTURE IS WORTH A THOUSAND WORDS

[Citizens for Public Justice \(CPJ\)](#) has created an infographic on affordable housing in Canada to illustrate the need. CPJ will be celebrating 50 years of working for public justice this year.

--SOURCE: *Raising the Roof, Housing Again Bulletin #158 February 2013*



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LAUNCH OF THE NEW AND IMPROVED HERETOHELP WEBSITE

HeretoHelp is a nationally-acclaimed website on mental health and substance use in BC. Since 2004, it has been a trusted resource of the BC Partners for Mental Health and Addictions Information, a group of leading provincial mental health and addictions non-profit agencies working together to help individuals and families better prevent and manage mental health and substance use problems.

HeretoHelp has recently re-launched their new and improved website that features hundreds of personal stories, tip sheets, fact sheets, workbooks, discussion forums, event listings, screening self-tests and materials in other languages. All resources are free, made in BC and based on good evidence. Check out the new website at heretohelp.bc.ca and follow HeretoHelp on twitter [@HeretoHelpBC](https://twitter.com/HeretoHelpBC).



--SOURCE: *Canadian Mental Health Association's BC Division, Mind Matters Vol. 109 January 2013*

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TREASURERS, TRAINED, SEEKING CHARITIES TO SERVE

Does your board of directors need an accounting professional? Every board should have one, whether in the role of treasurer or as a source of expertise on accounting practices, governance, and using financial information for management decisions. [Read more at Hilborn Charity eNEWS>>>](#)



--SOURCE: Nonprofit Newswire by Imagine Canada, January 24, 2013

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CHARITYFOCUS TIP OF THE WEEK: SAVE TIME USING T3010 QUICKPREP!

The [T3010 QuickPrep](#), a key feature of [CharityFocus](#), allows charities to check for mistakes and inconsistencies in their T3010 before submitting it to the CRA. This tool is so sophisticated that it's nearly impossible to make a mistake in your return, or omit required information. QuickPrep is secure and confidential. Once you've completed the form, simply print the PDF file and send it to CRA. It's that easy! Max Ward agrees: "The T3010 forms print wonderfully. Thanks. This is a great service!"



--SOURCE: Imagine Canada, Imagine Matters, January 22, 2013

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COEDC NEW WEBSITE

The [Central Okanagan Economic Development Commission](#) (COEDC) through support of the Department of Foreign Affairs and International Trade Canada has launched a newly designed and optimized website enabling the Central Okanagan to better provide and respond to inquiries about the region, as well as market the communities in the Central Okanagan to potential investors.



www.investkelowna.com

--SOURCE: Central Okanagan Economic Development Commission, January 2, 2013

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ARTICLE: DIVERSITY IN FAMILIES TODAY

ExchangeEveryDay - Kirsten Haugen and Lisa King take a close look at the many ways families are diverse and what this means for early childhood programs: "Today's families are more diverse than ever, and early childhood programs may be the first place a child or family will share who they are with the wider world. This puts early educators in a unique position to engage our growing diversity in ways that positively impact young children's sense of self and sense of belonging.... [Read more>>>](#)



--SOURCE: Community Action Toward Children's Health, CATCH Network Newsletter January 28, 2013

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FAMILIES, TOGETHER CROSS-CULTURAL VIDEO AND DISCUSSION GUIDE NOW AVAILABLE IN 7 LANGUAGES!

I am happy to share that the new cross-cultural video Families, Together: Supporting the Mental Well-being of ... [Read more>>>](#)

--SOURCE: *Kelty Mental Health Newsletter January 2013*



BEYOND HOUSING: AT HOME/CHEZ SOI EARLY FINDINGS REPORT

These two significant reports showcase what we have learned so far about the Housing First approach, one of the recommendations for action featured in Changing Directions-Changing Lives: The Mental Health Strategy for Canada. As we continue to provide housing and services for nearly one thousand homeless people living with mental health issues in five cities across Canada, we are gathering significant evidence about what works and what does not.



Through our Interim Report, you will learn more about housing outcomes, service use and costing. You will find evidence for the following main findings:

- Housing First improves the lives of those who are homeless and have a mental illness
- Housing First makes better use of public dollars, especially for those who are high service users
- Housing First can be implemented across Canada
- A cross ministry approach that combines health, housing, social services with non profit and private sector partners is required to solve chronic homelessness.
- Solving chronic homelessness can create dramatic improvements for Canadian communities

Read more at [Homeless Hub>>>](#)

--SOURCE: *The Homeless Hub, January 29, 2013*

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THE CHILDREN'S MENTAL HEALTH RESEARCH QUARTERLY

Our theme for this issue is: Promoting Healthy Dating Relationships. Articles include:

- Intimacy shouldn't lead to injury
- Helping youth build healthy relationships

--SOURCE: *The Children's Health Policy Centre*



PARENTING RESOURCES

Active Play Games: Communities for Kids -ParticipACTION, in partnership with Active Healthy Kids Canada, has created a [web-based app](#) full of classic, active games. These games include running games such as "What Time is it Mr. Wolf?", ball games such as "Spud" and team games such as "Capture the Flag". The app can be accessed from any device that has an internet connection and browser. With web browser access, no download is necessary. Simply visit www.bringbackplay.ca.



Wee Wigglers Programs by MusiGo: There are four different fitness classes included in Wee Wigglers: Angels, Buds, Characters and Dynamos. The classes were designed by Keri-Ellen Walcer who is the founder of MusiGo Inc one of Canada's leading edge of children's fitness programming. Keri-Ellen Walcer holds her degree in Community Health and is Sinking Ship Entertainment's children's fitness consultant for Roll Play as seen on Treehouse Television. Wii Wigglers has partnered with Today I Ate a Rainbow to bring nutritional awareness to each of the classes. The focus is on eating a variety of colored fruits and vegetables and will help to give young children and families the knowledge and experiences that will lay a strong foundation for a healthy life. For more information: Sheri-lee Newcombe PHAT Fitness 778-363-2668 getphatfitness@gmail.com .

--SOURCE: Community Action Toward Children's Health, CATCH Network Newsletter January 28, 2013

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2012 EDMONTON HOMELESS COUNT

Edmonton's 10th Homeless Count sees continued decrease in the homeless population. From 1999 to 2008, the Count had shown a steady increase until 2010 when we saw the first decrease since the count began.

Conducted on October 16, the 2012 Homeless Count found 2,174 homeless Edmontonians. This is a decrease from 2,421 found in 2010 and the lowest number since 2002 when 1,915 individuals were counted. This is a 30 percent decrease since 2008, which was the last count done before the inception of the 10 year plans. [Continue reading article at the Homeless Hub>>>](#)



--SOURCE: The Homeless Hub, January 29, 2013

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MAYTREE'S FIVE GOOD IDEAS ABOUT REGISTERED CHARITIES AND POLITICAL ACTIVITIES

On February 12, 2013, Mark Blumberg will be making a presentation as part of The Maytree Foundation's Five Good Ideas series on "Five Good Ideas about Registered Charities and Political Activities". [Read more>>>](#)

globalphilanthropy.ca

--SOURCE: Blumbergs' Canadian Charity Law List - January 2013

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BEST PRACTICES: SERVICES AND SUPPORTS FOR STREET INVOLVED PREGNANT AND PARENTING WOMEN

by Krista Brower

As a component of the Healthy, Empowered, Resilient (H.E.R.) Pregnancy Program Year One process evaluation, a literature review was conducted. The purpose was to identify elements of successful programming and models similar to the work of the H.E.R. Program. The review was designed to capture information on what similar programs are operating both in Canada and internationally to support street-involved pregnant women and youth. The review provides information on key questions and information sought about service delivery models for street-involved pregnant women. It summarizes and provides details on similar programming offered for street-involved pregnant women that align with the H.E.R. Program goals and principles. The search strategy components include questions, scope, search strategy and reporting details as outlined, below. This information is followed by the results from the literature review, presented in narrative form. Read the Alberta Centre for Child, Family and Community Research [report here>>>](#)



--SOURCE: *The Homeless Hub*, January 29, 2013

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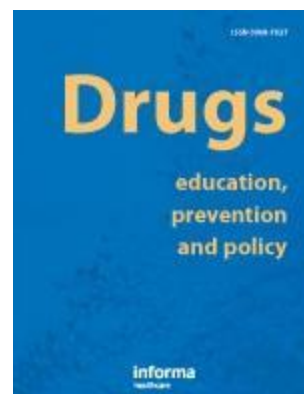
LESSONS FROM INSITE, VANCOUVER'S SUPERVISED INJECTION FACILITY: 2003–2012

by Boyd, Neil

This paper focuses on the evolution of INSITE, North America's first supervised injection site, first opened in 2003, and subjected to continuous empirical and political scrutiny from that date to the present. This analysis considers the relevant global history of supervised injection sites, and key events in the Canadian timeline. The article canvasses the origins of INSITE and its support by the Liberal government of Canada from 2003 to 2006, the change of federal government in 2006 and the decision of the Harper Conservatives to refuse to grant a continuing exemption to INSITE.

The paper considers three court decisions, one by the B.C. Supreme Court in 2008, followed by a B.C. Court of Appeal decision in 2010, and, ultimately, the Supreme Court of Canada's decision in the fall of 2011, a decision that ordered the federal government to grant an operating exemption to INSITE. The paper examines how empirical evidence was presented to governments and to the courts, and how both governments and the judiciary interpreted the relevance of empirical evidence in the formulation of law and policy. The paper concludes by comparing the parallel experiences of Vancouver's INSITE with the MSIC in Sydney, Australia. [Read the paper here>>>](#)

--SOURCE: *The Homeless Hub*, January 29, 2013



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REPORT: EARLY CHILDHOOD EXPERT PANEL

The Royal Society of Canada and the Canadian Academy of Health Sciences have convened an expert panel to investigate the complex interaction of biological, social, and environmental factors in early childhood and how this affects adolescent and adult mental health. The expert panel's report asserts that developmental periods are linked together such that success in one phase of child development can have a significant influence on success or difficulty in later development. The focus of the report is on what we know and what we should be doing in earlier stages of development prior to those stages when behaviour and mental health problems manifest themselves. [You can download a copy of the report here>>>](#)



--SOURCE: *Community Action Toward Children's Health, CATCH Network Newsletter* January 14, 2013

TOP TEN FREE ITEMS IN 2012: SCOTT BECHTLER-LEVIN, IDEAENCORE

[IdeaEncore shares their top ten items of 2012 here>>>](#)

10. Fundraising Appeals Speech:
Nonprofit Board Members Can Be Ready Anywhere, Anytime
Shared by BoardsThatExcel.com (283 downloads)
9. 20 Tips Every Strategic Grantseeker Should Know
Shared by Internaut and Associates, Inc. (290 downloads)
8. Board Self-Assessment Questionnaire
Shared by Alison Brewin Consulting (317 downloads)
7. Financial Scorecard / Dashboard for Non-profit Senior Management
Shared by LifePoint Solutions (318 downloads)
6. Board Agenda
Shared by Nonprofit Management Services, LLC (365 downloads)
5. Business Planning for Nonprofits: What It Is and Why It Matters
Shared by The Bridgespan Group (372 downloads)
4. Elevator Speech – 4 East Steps to Promoting Your Organization
Shared by BoardsThatExcel.com (423 downloads)
3. The Executive Director Report
Shared by Nonprofit Management Services, LLC (606 downloads)
2. Nonprofit Center Board Member Expectation Statement
Shared by Nonprofit Center of Northeast Florida (624 downloads)
1. Board-Staff Roles and Responsibilities and Lines of Authority
Shared by Nonprofit Management Services, LLC (634 downloads)

--SOURCE: Scott Bechtler-Levin, IdeaEncore Network, January 11, 2013

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NEW INTERACTIVE WEBSITE LINKS YOUNG PEOPLE TO SOURCES OF HELP

The mindcheck.ca website was created in order to assist young people to identify and understand mental distress they may be experiencing and to link them to sources of help that will enable them to learn skills and strategies to manage these problems. The website uses a series of straightforward online quizzes, such as the [Stress Check Quiz](#), that help youth identify problems, experiences, thoughts or feelings that are associated with topics such as substance abuse, anxiety, stress or psychosis.

--SOURCE: First Call: BC Child and Youth Advocacy Coalition, The Child and Youth Advocate Newsletter, January 16, 2013

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FAMILY CONNECTIONS WINTER 2013

I am pleased to share with you the latest issue of [Family Connections, the BC Council for Families' quarterly magazine](#) for practitioners across the province working in family support and education.

--SOURCE: BC Council for Families, Family Connections Winter 2013



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CITY OF KELOWNA: SERVICE REQUEST SYSTEM HAS GONE MOBILE

The City of Kelowna Service Request system has gone mobile. The Service Request system, previously available on the City website, is now available for smartphones at kelowna.ca/mobileSR.

--SOURCE: City of Kelowna, News Releases, January 15, 2013



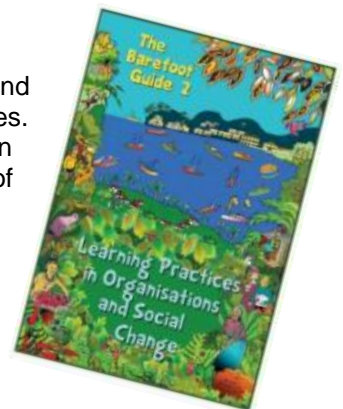
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THE BAREFOOT GUIDE 2: LEARNING PRACTICES IN ORGANIZATIONS AND SOCIAL CHANGE

The Barefoot Guide 2 is a free, downloadable and practical resource for leaders, facilitators and practitioners involved in social change who want to improve and enrich their learning processes. But this is not just another book on organizational learning and social change. It is different in many ways. It is different in that it was not written by one person. Neither is it a collection of essays written by different people. This book is the joint effort of a group of development practitioners from across the globe. The writers are all passionate about learning and have brought their different experience and expertise to the book. It includes topics as diverse as community mobilising and development, adult learning, funding, evaluation, facilitation, and creative writing.

To find out more or to download the guide [click here>>>](#)

--SOURCE: BCHC Newsletter - January 2013



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CITY OF KELOWNA, 2012 YEAR IN REVIEW

From new playgrounds, to utility upgrades, to plans for new commercial development downtown, the City of Kelowna engaged in a wide variety of initiatives in 2012. Browse through some of last year's major accomplishments. [Read the review here>>>](#)

--SOURCE: City of Kelowna, e-Update, January 24, 2013



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3 THINGS THAT WILL GET YOUR RESUME THROWN IN THE TRASH

You know all about getting your resume noticed. (Clean layout! Accomplishments, not duties!) But do you know what's on the flipside? What you might be doing that could cause recruiters to overlook your resume—or worse, toss it in the trash? [Read more>>>](#)



Follow us: @dailymuse on Twitter | thedailymuse on Facebook

--SOURCE: LinkedIn, Top News, January 24, 2013

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KIDS: THE HEART OF CO-PARENTING

With the support of the Department of Justice Canada, the BC Council for Families is pleased to introduce [Kids: The Heart of Co-Parenting](#), a collection of



resources developed for divorced or separating parents and the professionals that help them to navigate the challenges of co-parenting. When a couple is going through a divorce, their child's well-being and healthy development can be jeopardized. However, when the child's emotional response to the separation is addressed and their adjustment becomes a parents' number one priority, divorce does not need to have long-term negative effects on the child.

The project consists of videos, podcasts, a user-friendly guide for broadening professionals' knowledge of issues faced by divorcing families, and tip sheets for professionals to share with the families they are helping.

--SOURCE: BC Council for Families, Newsletter January 2013

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PARENTING WITH PIZZAZZ ONLINE NEWSLETTER

There's a brand new way to stay in touch with the all Parenting Education resources available in the Central Okanagan.

Parenting with Pizzazz Online has been created to be a one-stop shop for all Parenting Education resources in the Central Okanagan. On the website you'll find a calendar of regular drop-in programs, a diary of scheduled events, links to other useful websites with parenting information, and a complete list of all the Central Okanagan agencies and business that offer parenting education – be it one-day workshops, a 10 week course or even a conference or webinar!



We'll be producing a quarterly newsletter with feature articles, event calendar and spotlights on some of the agencies and businesses in our area that do such a fabulous job at educating our parents. The first issue is due out next month so be sure to sign up to the mailing list now so you don't miss out on your copy!

[Sign up here to receive your newsletter>>>](#)

Social Media

ARADIUM

[Aradium](#) is a new service that enables nonprofits and small businesses to create and host online stores inside of their Facebook Pages. Responsively designed for both desktop and mobile devices, customers can buy, share, like, comment and checkout all from your nonprofit's Facebook Page. For nonprofits that sell products online, Aradium offers their service to legal 501c3 organizations for [free](#).



--SOURCE: Heather @ DIOSA Communications and Nonprofit Tech 2.0, 2013 January 14

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TAPFUNDER

[TapFunder](#) is a simple, yet innovative new approach to text-to-give fundraising. Rather than a donor texting a keyword to a shortcode to donate and having the donation processed through [the donor's mobile phone bill, with TapFunder the donor is sent a link to a mobile-optimized payment site](#) where the donor can make the donation with a credit card. When [mobile wallets](#) go mainstream, this simple tweak in text-to-give fundraising will be a game changer. Donations could be made simply with two taps on your smartphone and processed without having to through the mobile carriers.



--SOURCE: Heather @ DIOSA Communications and Nonprofit Tech 2.0, 2013 January 7

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FLIPAGRAM

[Flipagram](#) is an iPhone app that enables users to convert their Instagram photos into video slideshows that can then be shared on other social media and uploaded to YouTube. At a cost of only \$.99, the app is a must-download for mobile social media managers.



--SOURCE: Heather @ DIOSA Communications and Nonprofit Tech 2.0, 2013 January 28

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NP CLOUD

[npCloud](#) provides cloud-based technology products and services to nonprofits. A service of [Tech Impact](#), npCloud is a nonprofit whose mission is to ensure all nonprofits can use cloud-based technology to better serve their communities.



--SOURCE: Heather @ DIOSA Communications and Nonprofit Tech 2.0, 2013 January 22

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WHY I USE PEN AND PAPER NOTEBOOKS AND DIGITAL TOOLS TO TAKE NOTES

My colleague, Alexandra Samuel, wrote a provocative post on the HBR blog titled, "[Dear Colleague, Put Down Your Notebook](#)" where she makes an argument for switching to digital note taking tools like Evernote is more efficient than taking notes on paper. (She recently authored an excellent e-book on [how to use Evernote](#)).

I agree with Alexandra's point about efficiency, but I don't always think that digital note taking is always effective for certain situations. I tend to use both. For example, I like digital note taking tools when I'm capturing the "to dos" from meetings to make decisions and when I'm doing research online for a blog post or prepare curriculum. I will sometimes take notes on my laptop during a conference session or webinar if I am planning to do a write up. Since I can type 120 words per minutes, I can capture complete quotes and summarize key points very quickly. [Read the article here>>>](#)

--SOURCE: Beth's Blog by Email, January 30, 2013



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HOW TO MAKE CONTENT CREATION MORE EFFICIENT: USE AN IDEA DASHBOARD

Been thinking a lot about of the work processes around creating content and measuring its against outcomes this week. One idea that came up in my post earlier this week about [creating and measuring content](#), was the concept of an idea dashboard. This post takes it a bit deeper.

Sustaining a content strategy requires establishing a good pipeline of content and engagement across channels. It starts, of course, with identifying your audience and objectives and gets [better with measurement](#). But your content pipeline needs more than an editorial calendar. You need a pipeline which includes ideas for themes or topics you want to create content around. It isn't just a laundry list of ideas or titles that you might brainstorm during a regular editorial meeting, but it is a place to capture and flesh out the ideas that makes it easy for all those working on content to collaborate. And to ensure that you don't have to start with scariest thing ever: a blank slate. [Read more >>>](#)

--SOURCE: Beth's Blog by Email, January 29, 2013



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6 WAYS NONPROFITS LEARN FROM AFFORDABLE LOSSES OR LITTLE BETS TO IMPROVE IMPACT

Last Friday, Media Impact Funders brought together technologists, journalists, philanthropists and innovators for a day-long conversation on the future of media and tech innovation. I had the honor facilitating a session on measuring impact with Greg Baldwin and Jay Backstrand from VolunteerMatch discussing how their approach to measuring impact over the past decade. Later in the morning, Laura Efurd of ZeroDivide, myself, and Greg Baldwin hosted an hour discussion on measuring impact with participants. I have an in-depth blog post about that coming up, but I wanted to touch on a theme that came up: "Fail early and often. Don't be afraid of failure because it often helps uncover a better idea or approach." [Read more at Beth's Blog>>>](#)

--SOURCE: Beth's Blog by Email, January 28, 2013



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HOW TO USE NEGATIVE FEEDBACK ON FACEBOOK TO IMPROVE YOUR CONTENT STRATEGY

Facebook recently made a change to the EdgeRank Algorithm that increased the importance of Negative Feedback.

Negative feedback on Facebook is when a user will hide, hide-all or unlike your content. Hiding content is like deleting an email without reading it or hitting the spam button.. Hiding-all is the equivalent of unsubscribing, and unliking closes the relationship entirely. In Facebook's reconfigured algorithm, content that has negative feedback from some users can cause it to be minimized or pulled from all news feeds. [Read the article here>>>](#)



--SOURCE: Beth's Blog by Email, January 10, 2013

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Training

WEBINAR: THE PARENT SURVEY

Webinar Presentation by Dr. Carl Dunst Friday March 1st, 2013 Hollywood Road Education Services Center – Rm 2 (1040 Hollywood Road)



British Columbia
Early Childhood Development
Evaluation Project

For Managers/Coordinators of programs that support families with children 0-6 in BC For Community funders of programs that support families with children 0-6 in BC

Times: 1pm - 1:30pm - Networking and Refreshments
1:30pm – 3:00pm - Webinar

Topics:

- The main elements of the ECD Evaluation Project Parent Survey (family centred practice and parenting ability) and how these can help you to assess the impact of your programs
- How program staff can interpret and use their evaluation results for program improvement
- How evaluation results can provide evidence of impact for external sources, such as funders

Register by February 14 by emailing: Amanda Turner at successby6centralok@gmail.com. Please include your name, organization, community and contact information.

Sponsored by: The ECD Evaluation Project, BC Association of Family Resource Programs and Success By 6

--SOURCE: Success by 6, Amanda Turner

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CALL FOR PROPOSALS - CONFERENCE EDUCATION SESSIONS

The BC Non-Profit Housing Association's 20th Annual Conference and Tradeshow, to be held at the Sheraton Vancouver Airport Hotel in Richmond from November 19-21, 2012, will be a very special event to celebrate this landmark anniversary.



In order to deliver high-quality sessions that meet the needs of our diverse audience, we are inviting interested participants to submit proposals for various sessions in the following formats: Presentations, Workshops, Forums and Panel Discussions.

We invite you to take advantage of the opportunity to participate in our 2012 Conference, influence the educational curriculum offered to attendees, present new and relevant housing research, and address the latest challenges, practices and trends in the non-profit housing sector.

HOW TO SUBMIT A PROPOSAL: Download the Conference Session Proposal and email Kate Nielsen, BCNPHA Education Program Coordinator, admin@bcnpha.ca or call 604-291-2600 Ext. 224 or toll free 1-800-494-8859 ext.224.

SUBMISSION DEADLINE: **Deadline for proposals is March 15, 2012.**

--SOURCE: BC Non-Profit Housing Association, January 29, 2013

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CMHA EVENTS

1. Thursday, February 7, 2013 Synergetic: Disordered Eating and Athleticism with Dr. Ron Manley, Psychologist and Specialist in Disordered Eating. Event is free. At the Laurel Packing House, 1304 Ellis St. 6 – 7:30 pm;
2. Living Life to the Full Course (LLTTF) Starts Feb 18, 2013 and goes each Monday until April 15, 2013; will be held at CMHA, 504 Sutherland Ave. Cost is \$185 + HST. This course has been designed to help adults tackle the everyday problems that everyone faces from time to time. It teaches key life skills that will help you feel better, happier and more in control of your life. To register call 250-861-3644. Contact person is Ashley Sherbino – ashley.sherbino@cmha.bc.ca
3. The 2nd Tuesday of the month from 10:30 – 11:30 am the Peers for Mental Wellness Advocacy Group will meet at CMHA – 504 Sutherland Ave. The group discusses issues that affect people with lived experience of mental health issues such as poverty reduction, employment and housing.



--SOURCE: CMHA, Kelowna and District Branch, Charly Sinclair, Coordinator of Education and Services for Consumers and Families

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4TH BRAIN DEVELOPMENT AND LEARNING: MAKING SENSE OF THE SCIENCE CONFERENCE

A conference for all those trying to do their best in working with children, wishing they had more guidance, wishing they knew more about what the research says are best practices.

- Learn about innovative programs shown to work and
- cutting-edge discoveries in neuroscience, mental health, and child development
- presented by the famous people who made these advances (not second-hand)
- in clear, non-technical terms that you can understand,



Date: July 24-28, 2013
Location: Vancouver, BC
More info: www.braindevelopmentandlearning.com

Register before Feb. 15 to take advantage of Early Bird Discounts

--SOURCE: *Developmental Cognitive Neuroscience Lab, January 29, 2013*

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NATIONAL BOTTOM LINE CONFERENCE 2013 – FEB 27-28

CMHA's National Bottom Line Conference 2013 addresses what you need to know about protecting psychologically safe and healthy workplaces. The theme for the 2013 conference is Celebrating a New Era in Workplace Mental Health: Putting National Standards into Practice. The 10th annual conference at the Vancouver Convention Centre on February 27-28, 2013, will have three guest speakers for the plenary – Professor Dame Carol Black, Mary Ann Baynton, and Michael Landsberg plus engaging panels and practical workshops. Registration ends February 13. For more information about the conference and to register visit www.bottomlineconference.ca

National
Bottom Line 2013

--SOURCE: *Canadian Mental Health Association's BC Division, Mind Matters Vol.109 January 2013*

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LIVING LIFE TO THE FULL COURSES

The Living Life to the Full course is a series of eight, enjoyable 90-minute sessions – one per week – that helps people to make a difference to their lives. Each session is expertly moderated and includes a booklet. Participants are taught how to deal with their feelings when fed up, worried, or hopeless, and learn skills that help them tackle life's problems. Register for one of the following courses or learn more about the program at www.lttf.ca.



Date: Kelowna: February 18 – April 15, 6:30-8pm

--SOURCE: *Canadian Mental Health Association's BC Division, Mind Matters Vol.109 January 2013*

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EIGHT MONTHS AND COUNTING

Please save room in your calendar and your budget for the foundation's 6th Building SustainAble Communities conference at the Delta Grand in Kelowna from November 25th to 28th. Program and registration information, and a call for panelists and issue experts, will be posted on the website by mid-February. Just so you know, we're partnering with the leadership experts at [FranklinCovey](#) to introduce new ways of thinking and to help accelerate action toward community sustainability. Curious? Join us on [Facebook](#) and [Twitter](#) to receive regular conference updates.



--SOURCE: Fresh Outlook Foundation, Joanne de Vries, Founder and CEO, January 31, 2013

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CANADIAN INSTITUTE FOR THE RELIEF OF PAIN AND DISABILITY

We have a variety of [upcoming FREE webinars](#) on topics from pain medications, mental health in the workplace, the brain's transition from acute to chronic pain, lower back pain and returning to work, and bullying in the workplace.

LOWER BACK PAIN AND PROGNOSIS FOR RETURN-TO-WORK

February 22, 2013 at 11am PST (2pm EST)

Dr. Steenstra will walk participants through current research on lower back pain and how best to get people back to work with this condition.

HUMAN RIGHTS, DUTY TO ACCOMMODATE AND BULLYING IN THE WORKPLACE

March 7, 2013 at 11am PST (2pm EST)

Dr. Wagner will talk about the legal requirements around human rights and accommodation in relationship to workplace bullying and mental health issues.

DEEPENING THE SKILL-SET FOR RETURN TO WORK: PSYCHOSOCIAL INTERVENTION MADE PRACTICAL

March 7, 2013 at 11am PST (2pm EST)

Dr. Graham will walk participants through some practical psychological intervention strategies as well as how to introduce and support people transitioning from acute to chronic pain in the context of return to work.

CHRONIC PAIN: IS IT ALL IN THE BRAIN?

April 16, 2013 at 11am PDT (2pm EDT)

Dr. Cervero will help us identify the brain mechanisms that generate the transition from acute to chronic pain and that contribute to pain hypersensitivity. He will also discuss therapies that address this enhanced pain sensitivity caused by the brain.

--SOURCE: Canadian Institute for the Relief of Pain and Disability, January 16, 2013

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KEEPING KIDS SAFE AND CONNECTED

A National Conference on Keeping Kids Safe and Connected:

Topic: Champions for Children and Youth 2013 BC Summit
Date: April 24-25, 2013
Location: Sheraton Wall Centre
Vancouver, British Columbia.
Registration: www.rcy2013summit.com

Register early for this important event!

--SOURCE: Office of the Representative For Children and Youth



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UNDERSTANDING MENTAL ILLNESS

The Crisis and Trauma Resource Institute Inc. is offering the following workshops this Winter/Spring in British Columbia.

Topic: Understanding Mental Illness
Date: February 26, 2013
Times: 9am – 4pm
Early Deadline Date: February 5
Location: Best Western Hotel
2402 Hwy. 97 N



This workshop is designed for managers, human resource professionals, social service providers and anyone seeking a better understanding of the complexities that surround mental illness. Participants will learn about common adult mental illnesses and their symptoms, causes and treatment

Early rate deadline next week for workshops coming to BC. [Please click here](#) for information on this and other workshops in BC.

--SOURCE: Crisis and Trauma Resource Institute Inc., January 29, 2013

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DEMENTIA CONFERENCE IN KELOWNA: SAVE THE DATE

Mark your calendars! We are holding a one-day workshop in Kelowna called "The *ME* in *Dementia*: Living a Person-Centred Journey" [Check our website for more details.](#) [Coming soon!](#)

THE *ME* IN DEMENTIA:
Living a Person-Centred Journey

Date: March 20, 2013
Time: 8:30am – 4pm
Location: Holiday Inn
2429 Hwy 97

--SOURCE: Jan Robson, Provincial Coordinator, Programs and Services, Alzheimer Society of B.C.

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SOUND ADVICE!

Upcoming Informational Session Topics:

- UNDERSTANDING HEARING LOSS, Feb 20, 2013
- HEARING AIDS, March 20, 2013
- COPING WITH HEARING LOSS, April 17, 2013
- WHAT IS SPEECH READING, May 15, 2013

Times: All sessions –7pm - 9pm
Location: Kelowna Community Resources
120 – 1735 Dolphin Ave, Kelowna
Registration: Email Leslee Scott at lscott@widhh.com or phone 250 763-3562 and leave a message.
Limited seating so register early



Western Institute for
THE DEAF AND HARD OF HEARING
“We’re Non profit. We Understand”

Assistive listening devices available. Program made possible through Central Okanagan Foundation.

For more information contact Leslee Scott at 250 763-3562 or email lscott@widhh.com.

--SOURCE: Leslee Scott, Rehabilitation Counselor, WIDHH Okanagan

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Volunteerism

UNITED WAY DAYS OF CARING PROGRAM

The United Way Days of Caring Program matches teams of volunteers to community service projects.

If your organization needs help with painting, sorting/organizing, cleaning, minor repairs, yard work or other projects, you can be matched to a team from a local business or student group!

Contact Avril Paice at avril@unitedwaycso.com or 250-860-2356 for more information.

--SOURCE: United Way of the Central and South Okanagan Similkameen, Avril Paice, Director of Community Investment – Central Okanagan

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POKE, PIN AND TAG: USING SOCIAL MEDIA TO ENGAGE VOLUNTEERS

If volunteers mobilized through social media can make a difference in who gets elected as president of the United States, surely any nonprofit organization looking to be effective has to look at all the ways social media can be used to engage volunteers.

Some charities and nonprofit organizations in Canada are now at least [somewhat active in social media](#). Most of these have a Facebook page or a Twitter feed, as well as a website. (Check out [this infographic](#) to see how the top charities in Canada use social media).



However, as social media specialist [John Matthews](#) says, "Social media communication seems to be a lower priority for nonprofits which are typically late adopters of new trends." **Keenan Wellar**, co-leader of Ottawa-based [LiveWorkPlay](#) adds, "Most organizations take their existing communications strategy and keep doing same thing but tweet a link to it. This isn't a bad thing but it's a limited use of the potential of social media and people often tune it out."

It is unfortunate that few organizations fully use the potential of social media because, as **Janice Babineau**, community manager with the [Canadian Red Cross](#) says, "It's the new way that people communicate, socialize, network and interact." Babineau adds that social media can "bridge the gap between someone being interested and someone actually getting involved." [Read more >>>](#)

--SOURCE: *CharityVillage.com, Village Vibes, 2013 January 28*

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"WON'T SOMEBODY PLEASE THINK OF THE CHILDREN?" HOW – AND WHY – NONPROFITS CAN ENGAGE THE YOUNGEST VOLUNTEERS

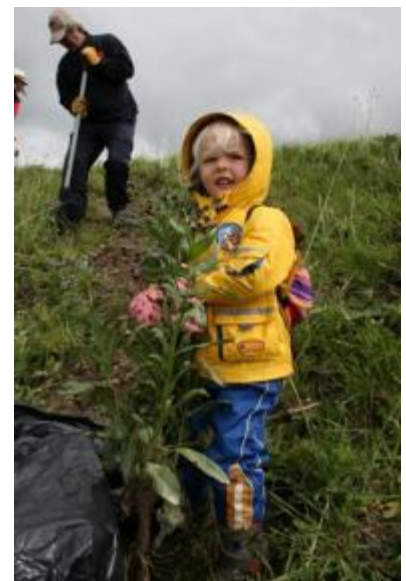
For Nicola Kastner, it started with an epiphany at a corporate event one evening in February 2012. An event planner in King City, Ontario, she was listening to Spencer West talk about his goal to climb Mount Kilimanjaro to raise \$750,000 for Free The Children's sustainable water programs in drought-stricken areas of Africa. West has been a double-amputee since the age of five and would be making his climb of Africa's highest peak that June on his hands. West's commitment and passion had a powerful effect on her.

It was the beginning of a profound life change for Kastner and her family, prompting her to eventually quit her job and look at the impact she could have on a global level, not just in her career. She told her two kids, Max (aged 8) and Samantha (aged 7) about West and took them to his book signing and they were moved to collect pennies for Free The Children's We Create Change campaign. Within a few short months, the two kids had collected 22 bags of pennies, became star fundraisers for We Create Change and developed an appetite for doing more good.

And that's where it all stopped.

"We wanted to keep the giving-back going," says Kastner. But when she started looking for other volunteer opportunities for her family at other nonprofits, she found that, while kids under 16 were occasionally welcomed as adorable fundraisers, most charities didn't want them as working volunteers. [Read more >>>](#)

--SOURCE: *CharityVillage.com, Village Vibes, 2013 January 28*



PLAYING FOR KEEPS: RECRUITING & RETAINING VOLUNTEER STAFF IN VOLUNTEER-RUN ORGANIZATIONS

Volunteers face many challenges in organizing a successful nonprofit group. Balancing the growth and demands of an organization with family, career, and a personal life can be incredibly difficult. According to Tina Patterson, president of the Fraser Valley FiT Network, "It's a reality that people need to make an income so that they can survive from day to day. Even in attempt to meet their greater emotional needs, Maslow's hierarchy comes to mind, the basic need of a salary is always a determinant in a person's decisions about their volunteer work and is a reality faced by our volunteers."



Finding skilled volunteers is absolutely crucial for a nonprofit organization without paid staff, and this can also be a major obstacle in an organization's success. Tarik Kadri, president, board chair and founder of Paper Kite Foundation, describes this challenge: "The majority of the people who apply to volunteer with our organization are looking to gain skills in a certain area. It is more difficult to get a candidate with a solid skill set looking to contribute their skills and experience to our organization." [Read more >>>](#)

--SOURCE: *CharityVillage.com, Village Vibes, 2013 January 28*

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INTERVIEWS WITH RUTH MACKENZIE AND PAULA SPEEVAK SLADOWSKI

On Wednesday, January 2, 2013, CBC Radio's national bureau facilitated interviews with Volunteer Canada's Ruth MacKenzie and Paula Speevak Sladowski for 25 local/regional stations. The focus of these interviews was how Canadians can get involved in their communities in 2013, as many Canadians include volunteering on their list of New Year's resolutions. A full listing of all 25 stations that participated in the interviews is included below. For an audio sample, click here to listen to CBC Calgary's [David Gray interviewing Ruth](#), or click here to listen to CBC Ottawa's [Robyn Bresnahan interviewing Paula](#).



--SOURCE: *Volunteer Canada Media Monitoring, January 11, 2013*

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NATIONAL VOLUNTEER WEEK 2013 CAMPAIGN KIT NOW AVAILABLE

National Volunteer Week (NVW) 2013 takes place April 21 to 27, and Volunteer Canada wants to support organizations in their celebrations and efforts to thank volunteers. For starters, there is an extensive suite of tools available to support your NVW campaign planning in our brand new Campaign Kit. From our comprehensive Campaign Planner to a variety of general communications templates, video seminars, and other more specific resources on event planning, media relations, social media and government relations, the [Campaign Kit](#) is the place to start planning your NVW 2013 activities!



We'd love to hear about your NVW campaign plans and stories, so share them with us on [Facebook](#) or [Twitter](#).

--SOURCE: *News Flash from Volunteer Canada, January 23, 2013*

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FREE SUBSCRIPTION TO THE CANADIAN JOURNAL OF VOLUNTEER RESOURCES MANAGEMENT FOR VOLUNTEER CANADA MEMBERS

2012 marked the first year that Volunteer Canada offered its members a complimentary subscription to the Canadian Journal of Volunteer Resources Management (CJVRM). Due to your positive feedback, we are pleased to announce that we will continue to offer this subscription to our members in 2013 at no cost.

CJVRM is a non-profit publication focused on issues and best practices related to volunteer management. Several Volunteer Canada staff members are among the past contributors to this publication. The most recent issue, the "20th Anniversary Issue," is now available. Members have already received an email with the necessary access information.



Not yet a member? Consider becoming one today and receiving this great benefit, among many others! Contact membership@volunteer.ca today to learn how simple and affordable it is to become a [Volunteer Canada member](#).

--SOURCE: News Flash from Volunteer Canada, January 23, 2013

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NEW ONLINE CERTIFICATION STUDY GROUP

The [Canadian Administrators of Volunteer Resources](#) is excited to launch its online Certification Study Group for members working on the new Council for Certification in Volunteer Administration program! Join other CAVR members who are working on their designation. Share your ideas, post questions, access resources and cases studies [on our FaceBook page](#).

CAVR members and recertifying members receive a special discount rate, for more information go to <http://www.cavrcanada.org/certification.html>. **Registration deadline for the year is March 1, 2013.**

--SOURCE: Canadian Administrators of Volunteer Resources, January 6, 2013



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AVRBC 2013 CONFERENCE

We look forward to welcoming leaders in volunteer management to our bi-annual Administrators of Volunteer Resources British Columbia (BC) Conference in Victoria, British Columbia from Wednesday, May 22, 2013 to Friday, May 24, 2013.

Budgets are tight - consider writing to your supervisor to highlight the value of this professional development opportunity and to request their financial support.

This year's theme is professionalizing the face of volunteer leadership and our keynote speaker is the internationally acclaimed expert on volunteer engagement Susan Ellis. Susan is President of Energize, Inc., an international training, consulting, and publishing firm that specializes in volunteerism. Susan is also the author or co-author of twelve books. This is truly a rare opportunity for volunteer managers and leaders on the west coast. Conference registration is now open. [Register here>>>](#)

--SOURCE: AVRBC Weekly Digest, January 27, 2013



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Do you have news related to the non-profit / voluntary sector that you wish to share with your colleagues? Send Community Information and Volunteer Centre your information at [informkelowna@kcr.ca](mailto:informkelowna@kcr.ca) by the 20th of the month.

This Bulletin is a publication of Community Information and Volunteer Centre. To subscribe, please click [here](#).

Community Information and Volunteer Centre is a program of Kelowna Community Resources. Go to [www.kcr.ca](http://www.kcr.ca) for more information about Kelowna Community Resources and Community Information and Volunteer Centre. Be sure to add or update your volunteer and / or organization information.

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