



Kelowna  
Community  
Resources



## Community Information & Volunteer Centre



(To view the Archives, please visit: [KCR Monthly Bulletin Archives](#) and scroll down)

# Bulletin February 2011

## This Issue:

### AWARDS

- [CIVIC & COMMUNITY AWARDS](#)
- [CANADIAN CONFERENCE OF THE ARTS SEEKING AWARD NOMINATIONS](#)
- [2011 BURSARY APPLICATION](#)
- [ALAN THOMAS FELLOWSHIP](#)
- [PM ANNOUNCES NEW AWARDS PROGRAM TO RECOGNIZE CANADA'S VOLUNTEERS](#)
- [GERT BEADLE AWARD NOMINATIONS](#)

### FACTS AND TRENDS

- [INTERNET USERS MORE LIKELY TO BE MEMBER OF A VOLUNTARY GROUP](#)
- [GDP IN NONPROFIT SECTOR CONTINUES TO GROW](#)
- [CANADIANS STILL SHY TO DONATE THROUGH SOCIAL MEDIA, TEXTS](#)
- [ONLINE GIVING ECLIPSES DIRECT MAIL, MAINLY DUE TO YOUNGER DONORS](#)
- [HUNGER CHARITIES PERCEIVED BY DONORS TO HAVE GREATEST NEED](#)
- [FRASER INSTITUTE REPORT FINDS CANADA LAGS BEHIND US IN CHARITABLE GIVING](#)
- [CANADIANS GAVE THE SAME OR LESS TO CHARITY LAST YEAR](#)

### FINANCIAL

- [GRANT WRITING INFORMATION SESSION](#)
- [RBC AFTER-SCHOOL GRANTS PROJECT SEEKING FUNDING APPLICATIONS](#)
- [2011 ONE FOR ONE MATCH FOR NON PROFITS](#)
- [BC REHAB OFFERS COMMUNITY PARTNERSHIP GRANTS](#)
- [MUSEUMS INVITED TO SUBMIT PROPOSALS TO COMMUNITY MEMORIES PROJECT](#)
- [REPORT ON MARATHON FUNDRAISING SHOWS HOW TOP FUNDRAISERS FIND SUCCESS](#)
- [FRAUD PREVENTION PROJECT](#)

## KCR DATABASE

[2011 DIRECTORY OF COMMUNITY SERVICES](#)

## LOCAL

[COMMUNITY RESOURCE DISPLAY OPPORTUNITY](#)

[IMMIGRANT SERVICES IN WEST KELOWNA](#)

[UTILITY RELIEF PROJECT!](#)

[AN ANGER MANAGEMENT GROUP FOR MEN](#)

[MOMCAFE OKANAGAN....CONNECTING INSPIRED MOMS](#)

[OFFICE RENTAL SPACE AVAILABLE MARCH 1, 2011](#)

[LOCAL WEBSITE FOR PARENTS](#)

[NEW LOCATION: LIVING POSITIVE RESOURCE CENTRE](#)

[FREE VALENTINE'S DINNER](#)

[CATERING FOR BOARD MEETINGS AND VOLUNTEER RECOGNITION](#)

[YOUR ORGANIZATION CAN BECOME A SAFE HARBOUR](#)

[DIVERSITY HEALTH FAIR](#)

[TASTE OF HOME](#)

[ROYAL WINNIPEG BALLET IN KELOWNA](#)

## NATIONAL

[UPDATED SATELLITE ACCOUNT FIGURES RELEASED](#)

[SOCIAL FINANCE TASK FORCE RELEASES RECOMMENDATIONS IN NEW REPORT](#)

[2011 CANADIAN BUSINESS & COMMUNITY PARTNERSHIP FORUM](#)

[HOW TO APPLY STATISTICS FROM THE CANADA SURVEY OF GIVING, VOLUNTEERING AND PARTICIPATING](#)

[NATIONAL GOOD FOOD HERO COMIC CONTEST](#)

[CANADA SUMMER JOBS 2011](#)

[CENSUS JOBS](#)

## PROVINCIAL

[MEASURING CHILD HEALTH: BREAKING GROUND IN B.C.](#)

[SOCIAL ENTERPRISES A SIGNIFICANT CONTRIBUTOR TO ECONOMY](#)

[ECONOMIC IMPACT OF INCREASED ACCESSIBILITY](#)

[MOVING IN THE RIGHT DIRECTION: MORE BC YOUTH ARE PHYSICALLY ACTIVE THAN A DECADE AGO](#)

[HIGH SCHOOL DROP-OUT RATES FALLING](#)

[SOCIAL INNOVATION: A CLOSER LOOK BEYOND THE BUZZ](#)

[INTEGRATING GANG YOUTH BACK INTO COMMUNITY](#)

## RESEARCH

[STUDY FINDS INSTITUTIONAL PHILANTHROPY GROWING THROUGHOUT THE WORLD](#)

[SALARY SURVEY LAUNCHED FOR ENVIRONMENTAL NONPROFIT ORGANIZATIONS](#)

[FEDERAL PHYSICAL ACTIVITY SURVEY FOR CHILDREN AND YOUTH](#)

[PARTICIPATE IN A CANADA-WIDE SURVEY OF FATHER INVOLVEMENT PROGRAMS](#)

[VIOLENT MEDIA AND YOUNG PEOPLE](#)

[THE FATHERHOOD REPORT 2010-11: THE FAIRNESS IN FAMILIES INDEX](#)

## RESOURCES

[AN ANIMATED INTRODUCTION TO ASPERGER SYNDROME](#)

[HOW TO WELCOME PEOPLE WITH DISABILITIES](#)

[TOP 5 FREE ITEMS](#)

[MANAGING MY MONEY: BANKING AND BUDGETING BASICS](#)

[BROCHURE: SEX AND THE LAW](#)

[HOW TO TEACH LIFE SKILLS TO KIDS WITH AUTISM OR ASPERGER'S](#)

[MAMAZINE](#)

[TEN NONPROFIT MYTHS AND WAYS TO DEBUNK THEM](#)

[NEW AUTISM AWARENESS CENTRE WEBSITE](#)  
[CLOUD BASED DOCUMENT MANAGEMENT](#)  
[THE ROLE OF LOCAL GOVERNMENT IN PROMOTING WELLBEING \(EUROPEAN REPORT\)](#)  
[LIVING WAGE RESOURCES](#)  
[HEALING FROM SUICIDE LOSS: THE STORIES OF BC YOUTH](#)  
[MONITORING YOUR SUSTAINABILITY PLAN](#)  
[WEBSITE DESIGN](#)  
[EUROPEAN STATUS REPORT ON ALCOHOL AND HEALTH 2010 \(EUROPEAN REPORT\)](#)  
[LIVE RIGHT NOW](#)  
[TOP 5 BUDGETING MISTAKES](#)  
[REPORT PREDICTS NONPROFIT TECHNOLOGY TRENDS OF THE FUTURE](#)  
[BUILDING CHILD-FRIENDLY COMMUNITIES](#)

## **SOCIAL MEDIA**

[ASSESSING SOCIAL MEDIA PERFORMANCE](#)  
[REPORT FINDS FACEBOOK MOST POPULAR COMMUNICATION TOOL AFTER WEBSITE AND EMAIL](#)  
[CALLS TO ACTION ARE KEY FOR SOCIAL MEDIA SUCCESS](#)  
[NONPROFIT VIDEO CHANNEL LAUNCHED ON YOUTUBE](#)  
["MARKETING WISDOM FOR 2011" SPECIAL REPORT](#)  
[THE ROLE OF A SOCIAL MEDIA MANAGER](#)

## **TRAINING**

[CREATING SAFE SPACES](#)  
[BOTTOM LINE 2011 - THE PSYCHOLOGICALLY SAFE WORKPLACE](#)  
[CONNECT YOUR COMMUNITY SERVICE-LEARNING EXPERIENCE TO YOUR CAREER](#)  
[BRIGHT IDEAS FOR WINTER/SPRING](#)  
[LIVING A HEALTHY LIFE WITH CHRONIC CONDITIONS](#)  
[COGNITIVE BEHAVIOURAL THERAPY](#)  
[THE POWER OF STORIES](#)  
[AUTISM SPECTRUM CERTIFICATE](#)  
[BEYOND GRADUATION](#)  
[WOMEN: VOICES FOR ACTION](#)  
[PROVINCIAL SYMPOSIUM ON CULTURAL COMPETENCIES: WORKING WITH NEWCOMER CHILDREN](#)  
[IS YOUR ORGANIZATION IN COMPLIANCE WITH THE SOCIETY ACT?](#)  
[15 X 15: SMART FAMILY POLICY](#)  
[EMPLOYEE LEAVE ISSUES IN BC](#)  
[SPECIAL NEEDS LEARNING EVENTS](#)  
[CULTURAL COMPETENCIES](#)  
[FETAL ALCOHOL SPECTRUM DISORDER CONFERENCE](#)  
[SEXUAL ASSAULT RESPONSE TRAINING](#)  
[FASD, ATTACHMENT, SAFE DISCIPLINE](#)  
[ANXIETY AND YOUNG CHILDREN: SURPRISING SOLUTIONS TO A GROWING PROBLEM](#)  
[FRASER REGION EARLY CHILDHOOD AND C&Y WITH SPECIAL NEEDS CONFERENCE](#)  
[THE SPACE BETWEEN: WORKING BI-CULTURALLY](#)  
[SENIORS AND HOUSING: WHAT YOU NEED TO KNOW](#)

## **VOLUNTEERISM**

[RECRUITING YOUTH FOR INTERNATIONAL LEARNING](#)  
[2011 MAVA CONFERENCE](#)  
[PAVR-O 2011 CONFERENCE](#)  
[AVRBC & CAVR: 2011 NATIONAL CONFERENCE](#)  
[VOLUNTEER CANADA LAUNCHES NVW 2011 WEBSITE](#)  
[ECONOMIC VALUE OF VOLUNTEERING](#)  
[BC REPORT: CANADA SURVEY OF GIVING, VOLUNTEERING AND PARTICIPATING](#)  
[OVERVIEW OF VOLUNTEER MANAGEMENT](#)

# Awards

## CIVIC & COMMUNITY AWARDS

Reminder to submit your nomination. The deadline is 12 noon on Friday, February 18, 2011.

The opportunity starts with you. Take the initiative. Nominate a person, nonprofit organization or a business.

Ask someone to partner with you. Start now.

Who will you choose to honour with your nomination? It can be a person or an organization. Who made a real difference in our community during 2010?

Which award category best captures that person's or group's contribution?



For voluntary service to amateur sport, there are four possible awards for an outstanding individual, a man, a woman and a team.

Avid involvement in our cultural and or artistic community offers two awards. One is for a teen and the other for an adult.

Outstanding contributions to the well-being of the City of Kelowna is recognized for a female youth, a male youth as well as a man and a woman.

A Kelowna business noteworthy for employee volunteerism and the nonprofit organization that has provided outstanding community service are also eligible.

It is an honour to be nominated, to be selected as a finalist and to be awarded at the gala on April 27th. Do your part to begin the process. Get an application form from the City of Kelowna website at [www.kelowna.ca](http://www.kelowna.ca). Application deadline is February 11th

*SOURCE: City of Kelowna, Amber Gilbert*

[...back to top](#)

## CANADIAN CONFERENCE OF THE ARTS SEEKING AWARD NOMINATIONS

The Canadian Conference of the Arts (CCA) is seeking nominations for its 2010 national arts awards. The CCA awards are presented to members of Canada's cultural community who have made significant contributions to the spirit and vitality of the arts and culture in this country. The Diplôme d'honneur is presented to a Canadian who has made a sustained contribution to the cultural life of the country, whether through individual arts practice, volunteer activity, mentoring, patronage, or other recognized support. Awarded annually since 1998, the Keith Kelly Award for Cultural Leadership is given to a Canadian who has made an outstanding contribution to the arts through advocacy, public discourse, and leadership. The deadline for all nominations is February 14, 2011. For more information, and to make a nomination, visit: [www.ccarts.ca](http://www.ccarts.ca).

*SOURCE: CharityVillage.com, Village Vibes, January 11, 2011*



[...back to top](#)

## 2011 BURSARY APPLICATION



In 2010 our bursaries assisted 23 young people in and from care with the financial costs of tuition, books, and supplies for post-secondary academic, technical or vocational training or academic upgrading that will lead them into a career in the Social Service, Health or Education sectors. This post-secondary bursary has been increased and is now available to a maximum of \$2,000 per academic year (two semesters) and students may apply over multiple years.

Young people who applied last year are welcome to re-apply. The deadline for applications is

May 06, 2010. We are looking forward to encouraging more young people to enter into our field of work through the awarding of these bursaries.

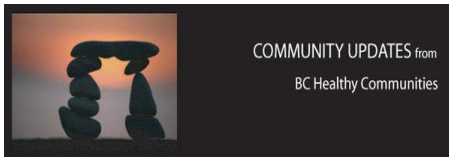
Bursary applications are on our website: at <http://www.fcssbc.ca/youth-in-care-scholarship.php>

*SOURCE: The Federation of Community Social Services of BC, Jennifer Charlesworth, Executive Director*

[...back to top](#)

### ALAN THOMAS FELLOWSHIP

The Carold Institute Alan Thomas Fellowship to Promote Civil Society and Voluntary Action has been established to promote greater public understanding of the significance of voluntary action and to strengthen leadership for civil society and democratic/voluntary action. The fellowship is intended to provide a sabbatical to a leader in the NGO/non-profit sector, who would not normally have access to a sabbatical leave. It is hoped that the award will free the recipient, at a transitional moment in his or her professional development, to make a significant contribution to the NGO/not-for-profit sector through research and possible publication or dissemination in the medium of the applicant's choice (e.g. film, exhibit, book, performance piece).



When: The application deadline is Monday, March 21, 2011. For more information click [here](#)

*SOURCE: BC Healthy Communities, Activity Ebrief #81 January 24, 2011*

[...back to top](#)

### PM ANNOUNCES NEW AWARDS PROGRAM TO RECOGNIZE CANADA'S VOLUNTEERS

The [Prime Minister's Volunteer Awards](#) have been created to recognize Canadians who devote their time, energy and resources to make a difference in the lives of others. A total of 17 Prime Minister's Volunteer Awards will be awarded across the country. Three awards will be available in each of the following five Canadian regions: Atlantic Canada, Québec, Ontario, the Prairies, British Columbia and Northern Canada. These will be presented in the following categories:

- Community Leader Award
- Business Leader Award
- Social Innovator Award



There will also be two national awards, one to recognize lifelong achievement and one for a young adult.

Regional award recipients will receive a \$5,000 grant for the not-for-profit organization of their choice, while national award recipients will receive \$10,000 for their organization of choice.

The first call for nominations for the awards will open in April 2011 during National Volunteer Week. Recipients will be recognized at an awards ceremony in December 2011.

*SOURCE: Volunteer Canada, evolution, January 10, 2011*

[...back to top](#)

### GERT BEADLE AWARD NOMINATIONS

The Gert Beadle Award recognizes the value of invisible work done at the community level to enhance women's equality.

The nominee can be a woman or a group demonstrating commitment to women's equality and social justice. To qualify, the woman must be a Kelowna resident and 18 years of age or older. The group must either originate in Kelowna or be a local chapter of a national or international group.

Criteria for this award are broad because the process of change towards women's equality is slow and requires perseverance, determination, commitment, and above all solidarity and teamwork.

A completed nomination package contains a narrative of no more than 500 words explaining how the nominee has contributed to the struggle for women's equality.

Submissions can be mailed, hand delivered or emailed to the Kelowna Women's Resource Centre at 1492 St. Paul Street, Kelowna, BC V1Y 2E6. Emailed submissions may be sent to [coordinator@kwrc.net](mailto:coordinator@kwrc.net).

The deadline for nominations, clearly marked Gert Beadle Award, is February 25, 2011.

The winner will be chosen by the Gert Beadle Nominations Committee. The award will be presented on International Women's Day, March 8, 2011.

Gert Beadle was in her sixties when she joined the struggle for women's equality. She received the "Person's Award" in recognition of improving status of women, as well as the "Order of Canada" in 1986.

Gert helped establish the Women's Crisis Homes Incorporated, which grew to include a women's centre, rape crisis line, women's health collective, a women's credit union, and a feminist newspaper.

Gert published three poetry books and donated proceeds to various women's centres, including the Kelowna Women's Resource Centre.

We urge you to nominate a woman or group for this award. Should you have any questions, please phone us at the Kelowna Women's Resource Centre 250-762-2355.

*SOURCE: Kelowna Women's Resource Centre, Micki Smith, Coordinator*

[...back to top](#)

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## Facts and Trends

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### **INTERNET USERS MORE LIKELY TO BE MEMBER OF A VOLUNTARY GROUP**

According to a recent US report, 75% of all American adults are active in some kind of voluntary group or organization and Internet users are more likely than others to be active: 80% of internet users participate in groups, compared with 56% of non-internet users. Moreover, social media users are even more likely to be active: 82% of social network users and 85% of Twitter users are group participants.

*SOURCE: CharityVillage.com, Village Vibes, January 25, 2011 (ew Internet & American Life Project)*

[...back to top](#)

### **GDP IN NONPROFIT SECTOR CONTINUES TO GROW**

According to a Canadian report, gross domestic product (GDP) in the core nonprofit sector grew 6.0% to \$35.4 billion in 2008. This accounted for 2.4% of Canada's GDP in 2008, up from 2.3% in 2007, a share that has remained stable since 2002. The rate of growth in the core nonprofit sector was faster than the 5.2% increase in GDP for the nation as a whole. In addition, GDP for hospitals, universities and colleges increased 8.8%. However, all sectors recorded slower growth in 2008 compared with 2007.

*SOURCE: CharityVillage.com, Village Vibes, January 25, 2011 (Statistics Canada)*

[...back to top](#)

### **CANADIANS STILL SHY TO DONATE THROUGH SOCIAL MEDIA, TEXTS**

A new survey found that, of those who donated to a nonprofit in 2010, 28% gave through a collection at their church, synagogue, mosque or other place of worship, while 23% donated through direct mail campaigns and 24% through website accounts (24%). New media approaches are not well-adopted, with only 4% donating via online ads, and a nominal percentage through social media, such as Facebook, and text messaging. Donating online is more popular in Canada at 24% than in the US at only 15%.

*SOURCE: CharityVillage.com, Village Vibes, January 11, 2011 (Angus Reid)*

[...back to top](#)

## ONLINE GIVING ECLIPSES DIRECT MAIL, MAINLY DUE TO YOUNGER DONORS

According to a recent survey, Canadian donors give through many different channels with online surpassing direct mail because of its dominance as a preferred channel for younger donors:

58.1% of donors have given a donation at a checkout within the past 12 months

41.3% gave at fundraising events

33.8% gave tribute gifts (that is, gifts in memory as a recognition of another person)

32.8% shop at charity gift shops

32.1% gave online via the charity website (41% for Gen Y and 37% for Gen X)

26.7% mailed a gift

SOURCE: CharityVillage.com, Village Vibes, January 4, 2011 (Convio)

[...back to top](#)

## HUNGER CHARITIES PERCEIVED BY DONORS TO HAVE GREATEST NEED

According to a recent Canadian survey, hunger and food charities are perceived as having the greatest need going into 2011, indicated by two thirds of respondents (61%), while healthcare organizations and housing and shelter charities are second in terms of where donors are planning to give money in 2011 (43% each). The arts and museums are the lowest priority for Canadians looking to donate to nonprofits at only 5%.

SOURCE: CharityVillage.com, Village Vibes, January 18, 2011 (Angus Reid)



[...back to top](#)

## FRASER INSTITUTE REPORT FINDS CANADA LAGS BEHIND US IN CHARITABLE GIVING

Manitoba ranks as Canada's most generous province, but once again Canadian charitable donations pale in comparison to those from Americans, according to a new report on private monetary generosity from the Fraser Institute. Manitoba topped all Canadian provinces for the 12th straight year in the Fraser Institute's annual report on charitable giving, Generosity in Canada and the United States: The 2010 Generosity Index. Among the provinces, Manitoba had the highest percentage of total income donated to registered charities (0.94%) and the second-highest percentage of tax filers donating to charity (26.7%). Ontario and Prince Edward Island tied as the second most generous Canadian provinces on the overall index. PEI had a higher percentage of tax filers donating to charity than Ontario (27.0% to 25.2%) while Ontario had a higher percentage of total income donated to charities (0.88% to 0.68%). For more information, visit: [www.fraserinstitute.org](http://www.fraserinstitute.org).

SOURCE: CharityVillage.com, Village Vibes, January 4, 2011

[...back to top](#)

## CANADIANS GAVE THE SAME OR LESS TO CHARITY LAST YEAR

Most Canadians gave the same or less to charitable causes in 2010 than they did in 2009, a new Angus Reid poll has found. In the online survey of a representative national sample of 1,000 Canadian adults, 71% of respondents reported making a donation to a nonprofit organization, whether in the form of cash, time, or goods. About three in five Canadians (57%) donated the same amount of money to charity as last year while one-third (34%) reduced their contribution. Only 8% increased their gifts in 2010. Canadians over the age of 55 were the most generous with their money in 2010 as 67% of them reported making a cash donation this year. Less than half (48%) of adults aged 18 to 34 chose to make a financial contribution to a nonprofit in 2010. For more information, visit: **Error! Hyperlink reference not valid..**



SOURCE: CharityVillage.com, Village Vibes, January 4, 2011 (Angus Reid)

[...back to top](#)

# Financial

## GRANT WRITING INFORMATION SESSION

To assist non-profits in applying for grants to the Central Okanagan Foundation they are offering an information session/ workshop on March 10, 2011 at 1:30pm at the Rotary Centre for the Arts. The information session will be focused on application for a Central Okanagan Foundation grant and how to write a Central Okanagan Foundation grant.

Eligibility criteria and application forms are available at [www.centralokanaganfoundation.org](http://www.centralokanaganfoundation.org). To register for the information session, contact Cheryl Miller, Grants Manager, at [cheryl@centralokanaganfoundation.org](mailto:cheryl@centralokanaganfoundation.org) or 250.861.6160

SOURCE: Central Okanagan Foundation, Cheryl Miller, Grants Manager



[...back to top](#)

## RBC AFTER-SCHOOL GRANTS PROJECT SEEKING FUNDING APPLICATIONS

The RBC After-School Grants Project announced its call for grant applications for the 2011-2012 school year. RBC is offering more than \$2 million in grants to fund first time and renewed grant recipients. The grants are awarded by regional community panels made up of experts in the fields of youth and education. Organizations should have a mandate to keep students in grades K-12 safe as well as positively engaged through an enriched curriculum after their classes end each day. Grants of up to \$40,000 are provided by the RBC Foundation to programs in at-risk or underserved communities. The deadline for funding applications is March 4, 2011, and grant recipients will be advised by June 2011. For more information, visit: [www.rbc.com](http://www.rbc.com).

SOURCE: CharityVillage.com, Village Vibes, February 1, 2011



[...back to top](#)

## 2011 ONE FOR ONE MATCH FOR NON PROFITS

For each dollar your non-profit spends on web design, programming, or other media related work, we will match that dollar with a dollar of our own.

In 2010 Elevation allocated approximately \$400,000 worth of assistance to 95 non-profit organizations. Our clients received the highest quality web design, programming, and other media solutions (some of which they would not have been able to attain without the match). In 2011 Elevation will match dollar for dollar up to \$600,000! Funds will be allocated on a first come, first served basis. Contact [Elevation](#) today to see what we can do for your organization.

SOURCE: Elevation Website



[...back to top](#)

## BC REHAB OFFERS COMMUNITY PARTNERSHIP GRANTS

BC Rehab launched its new Community Partnerships Initiative this month. The focus on this grant program is to provide funding to BC-based projects that will increase community accessibility and opportunities for people living with physical disabilities. This is a competitive grant program that offers five grants of \$10,000. The closing date for this funding opportunity is May 13th, 2011. For more information, including full eligibility requirements, visit: [www.bcrehab.com](http://www.bcrehab.com).

SOURCE: CharityVillage.com, Village Vibes, January 25, 2011

[...back to top](#)

## MUSEUMS INVITED TO SUBMIT PROPOSALS TO COMMUNITY MEMORIES PROJECT

The Canadian Heritage Information Network has issued a call for proposals for their Community Memories project. Institutions with no more than five full-time paid employees are invited to participate. The program helps local communities to develop online exhibits that offer insights into the events and the people that shaped the



area. Museums with approved proposals receive a standard investment of \$5,000, as well as a software package. CHIN will consider a further investment of \$2,500 for each additional exhibit selected for investment and up to \$2,500 for translation of an existing exhibit into the other official language. The call for proposals will be open as of February 1, 2011. For more information, including full eligibility requirements, visit: **Error! Hyperlink reference not valid..**

SOURCE: CharityVillage.com, Village Vibes, January 18, 2011

[...back to top](#)

## REPORT ON MARATHON FUNDRAISING SHOWS HOW TOP FUNDRAISERS FIND SUCCESS

FirstGiving has created the first-ever report and benchmarking guide for endurance event fundraising. The report, The Marathon Fundraising Success Guide for Nonprofit Organizations, offers analysis, insights, and key takeaways for nonprofit organizations based on fundraiser and donor behaviour. Some key findings of the report:

Online fundraising for endurance events as a percentage of total funds raised continues to grow.

The majority of donors contribute amounts of either \$25 — \$75 or \$100 — \$150.

To raise \$3,250, fundraisers need a minimum of 36 — 40 individual contributions on their fundraising page.

Top fundraisers were able to secure significantly more donations in the \$100 — \$125 range than the rest of the pack.

The majority of the donations arrive in the four months prior to the marathon, but donation amounts are highest seven to five months prior to the event. For more information, visit: [blog.firstgiving.com](http://blog.firstgiving.com).

SOURCE: CharityVillage.com, Village Vibes, January 25, 2011

[...back to top](#)

## FRAUD PREVENTION PROJECT

SIFE Okanagan has a new fraud prevention project. Paven Sekhon, is working with a SIFE Alumni, now a Senior Accountant at Grant Thornton, who is launching a service called fraudline. It is a confidential service to help non profits assess or provide education about potential fraud in their organization (how to identify it, what to look for, how to prevent it, what to do if they find it).

SIFE is looking for approximately 10 non profit organizations who would pilot this service on a free complimentary trial. (SIFE: Students In Free Enterprise)

Contact: Dr. Kyleen K Myrah, CMA, Okanagan School of Business, Okanagan College

EMAIL: [kmyrah@okanagan.bc.ca](mailto:kmyrah@okanagan.bc.ca)

PHONE: (250) 762-5445 local 4678

FAX: (250) 862-5432

WEBSITES: <http://www.okanagan.bc.ca/business> and [www.sifeokanagan.ca](http://www.sifeokanagan.ca)

SOURCE: Okanagan College, Dr. Kyleen K Myrah, CMA, Okanagan School of Business,



[...back to top](#)

## KCR Database

### 2011 DIRECTORY OF COMMUNITY SERVICES

The January edition of the Directory of Community Services is now available. Please email [dawn@kcr.ca](mailto:dawn@kcr.ca) or [charesa@kcr.ca](mailto:charesa@kcr.ca) to order your copy!

SOURCE: Kelowna Community Resources, Dawn Wilkinson, Coordinator Community Information and Volunteer Centre



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## Local

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### COMMUNITY RESOURCE DISPLAY OPPORTUNITY

The 8th Annual Parenting with Pizzazz Conference for Parents and Care Providers is coming up on February 19th, 2011. This event is an excellent opportunity for your agency to provide parents and care providers with information about your programs and services. No product or service sales permitted. You are welcome to leave your resources at the conference or attend and connect with the participants during breaks.

For resource displays please contact Olivia Sullivan: [olivia.steppingstones@gmail.com](mailto:olivia.steppingstones@gmail.com) , office phone: 250-763-7414, voice mail: 250-712-6352.



SOURCE: CATCH, Myrna Kalmakoff,

### IMMIGRANT SERVICES IN WEST KELOWNA

Kelowna Community Resources (KCR) has formed a partnership with the District of West Kelowna to host a weekly Immigrant Services office for residents who are newcomers to Canada.

The office will be open Tuesday mornings at the West Kelowna Visitors Centre, 2375 Pamela Road.

Immigrant Services has been a part of KCR's programs for nine years. They offer employment help, translations services, ESL referral and other opportunities to help landed immigrants adjust to life in Canada.

However, KCR found that transportation to their Kelowna office was sometimes a barrier and worked out an arrangement with the District of West Kelowna to have a satellite office open at the Visitor's Centre on Pamela Road every Tuesday morning.

Every Tuesday morning, newcomers to Canada can visit the office to speak with a KCR Settlement Worker for help with a variety of issues and learn about options.

For more information, contact: Doreen Rosvold, Settlement Services Worker, Kelowna Community Resources. Phone 250-763-8008 Ext. 29 or email [doreen@kcr.ca](mailto:doreen@kcr.ca).



SOURCE: Kelowna Community Resources, Doreen Rosvold, Settlement Services Worker

### UTILITY RELIEF PROJECT!

CMHA Kelowna has arranged to once again offer the Utility Relief Project!

We have partnered with the City of Kelowna and Corix Utilities to process Utility credits for referred clients. Last year we were able to offer a one-time winter relief cheque of \$200.00 to approximately 40 eligible individuals or households in need of assistance.

This year we have funds available on a short-term basis to be used until the end of March 2011. Persons meeting the criteria listed below will be eligible for a \$200.00 credit for their City of Kelowna utility bills, as a way to maintain housing, reduce debt and prevent evictions.

To access the utility relief program clients MUST:

- Be referred by a community agency
- Have their utilities serviced by The City of Kelowna
- Provide proof of income
- Have a financial need



Contact Kelly Hamilton at (250) 861 3644 ext 121 or [Kelly.hamilton@cmha.bc.ca](mailto:Kelly.hamilton@cmha.bc.ca) for utility relief requests or for further information.

Please note we are unable to process requests from individuals for this service. Individuals MUST partner with a community agency in order to access this funding. This will enable CMHA Kelowna to process referrals quickly and efficiently.

*SOURCE: Canadian Mental Health Association, Kelowna & District Branch, Kelly Hamilton*

[...back to top](#)

### **AN ANGER MANAGEMENT GROUP FOR MEN**

A counselling group for men who want to change their behaviors, reduce their stress (which can often lead to angry outbursts), and learn how to experience their anger in healthy ways.

Men facing relationship violence or assault charges are not eligible for this group.



#### **REGISTRATION PROCESS:**

Phone the Kelowna Family Centre @ 250-860-3181. You will be put on a wait-list for possible attendance in the group. A counsellor will phone you to determine if you are eligible for the group. Once 12 men are eligible to attend the group the waitlist will be closed.

*SOURCE: Kelowna Family Centre, Lynda Fillion, Administrator*

[...back to top](#)

### **MOMCAFE OKANAGAN....CONNECTING INSPIRED MOMS**

All moms across Canada are connecting with each other through momcafe. Okanagan moms can enjoy good conversation, wine & dessert while being inspired. Life is BUSY. As mompreneurs we face unique challenges made even more unique by our complex families and businesses. So many expectations from others and, even more powerful in our lives, so many expectations we put on ourselves. How does one balance our need to be MOMMY and maintain a sense of ME? Join Trisha Miltimore, National Speaker, Parent Educator and Radio Broadcaster for a candid conversation on the MOMMY vs ME internal battle. Insightful dialogue combined with real practical tips on how to achieve a greater sense of empowerment and success in all aspects of our busy, tiring and AMAZING lives! Wednesday, January 26th 7 pm to 10 pm (doors open at 6:45 pm) Fin'tastic's Cuts For Kids, Unit 102, 1865 Dilworth Drive, Kelowna, BC



Tickets: \$20.00 for members & \$25 for non-members (plus HST) Bring a baby basic (food, formula, diapers, wipes, toys) for donation to the Kelowna Community Foodbank's Tiny Bundles Program and receive a discount card for the next momcafe Okanagan event!

Ticket will include a dessert, wine sampling, networking, shopping, gift bag and some mid-week inspiration! Advance ticket purchase is required for this event. There will be no tickets at the door and seating is limited. All ticket purchases are non-refundable. \*\*There will be no formal child-minding services at this evening event. However, children 0-6 months (who are not crawling) are welcome to stay with their moms during the event. Register at [www.momcafenetwork.com](http://www.momcafenetwork.com) Feature Speaker: Trisha Miltimore, Contagious Leadership

*SOURCE: Community Action Toward Children's Health, CATCH Network Newsletter January 18, 2011*

[...back to top](#)

### **OFFICE RENTAL SPACE AVAILABLE MARCH 1, 2011**

In Springfield Centre (Springfield and Spall). 342 square feet, large surrounding windows, natural light . 2 separate offices, with door and window between. An additional adjoining office with its own separate entrance may also be available if desired. 2nd floor, next to the stairs and washrooms. Amazing views. Great central location, on bus routes. Bunches Restaurant downstairs.

\$550. per month, taxes included.



*SOURCE: Seniors Outreach and Resource Centre, Vi Sorenson, Executive Director*

[...back to top](#)

## LOCAL WEBSITE FOR PARENTS

Kelowna's Best Resource for all things Baby & Toddler

This great, easy to use FREE [website](#) offers new (and more experienced) parents information on activities available to participate in with their babies, toddlers or young children, playgroups to join, health resources (such as breastfeeding support, sleep consultants and immunization schedules), kid/baby-friendly dining and many other great local services/businesses that cater to babies/toddlers or young kids in Kelowna, West Kelowna or surrounding areas.



There is also information on local and online shops that specialize in baby/child related products, many of whom have offered special discounts to KelownaNewParent members. If you are a parent of a new baby, toddler or young child than you need to check out this wonderful website! And join them on Facebook to keep up to date on special playdates, local events or just to connect with other new parents. Then get out there and be active with your little ones while meeting other Moms!

*SOURCE: Community Action Toward Children's Health, CATCH Network Newsletter January 18, 2011*

[...back to top](#)

## NEW LOCATION: LIVING POSITIVE RESOURCE CENTRE

Living Positive Resource Centre has re-opened with a new look and expanded services. Our new location at 168 Asher Rd. in Rutland gives us the benefit of placement in the heart of an area that has long gone under-served.

Living Positive Resource Centre will continue to address the needs of those living with and at risk for HIV, hepatitis B, and hepatitis C in the Central Okanagan. Service expansion will be available to those who are experiencing problems relating to social determinants of health, including housing, income, nutrition, access to health care including addictions and mental health services, and connection with natural support systems. Target groups to be served include those within populations at higher risk for blood-borne infection transmission, including Aboriginal people, the homeless, sex workers, substance users, young gay males, and men who have sex with men.

Along with the change of location, we have also undergone staffing changes. Living Positive Resource Centre welcomes a new interim Executive Director, Bob Hughes, joining us from Kamloops. Carey Cook joins us as Client Support Worker, and Clare Overton is continues her role as Client Advocate/Support Worker. Kevin Saya-Moore continues to coordinate the Engaging Physicians Project, funded by the Public Health Agency of Canada, and Chris MacKenzie and Sheila Kerr remain at the office in a volunteer capacity.

We look to strengthen our community connections, and are eager to develop new relationships as we grow and expand. This is a vibrant, growing, and full-of-life community. We anticipate growing with it. We invite you to come and check out the new location. We look forward to working with you!

Living Positive Resource Centre, Okanagan  
168 Asher Rd., Kelowna, BC V1X 3H6  
Phone: (778) 753-5830  
Fax: (778) 753-5832  
Office Hours: Mon-Fri, 8:30am – 4:30pm



*SOURCE: Living Positive Resource Centre, Okanagan, Shiela Kerr*

[...back to top](#)

## FREE VALENTINE'S DINNER

The Okanagan Chefs Association invites you to a Free Valentine's Dinner at First United Church, corner of Richter & Bernard, on Saturday, February 12, 2011 from 5:00 to 7:00 pm.

*SOURCE: First United Church*

[...back to top](#)

## CATERING FOR BOARD MEETINGS AND VOLUNTEER RECOGNITION

Do you need catering for a board meeting or volunteer recognition event? Perhaps you want to grab a coffee and light lunch with a sweet treat while on your lunch break Think of us.

One Cup at a Time is a social enterprise cafe that provides marginalized individuals in the community with a safe and supportive environment where they are able to learn life skills and receive relevant training and work experience so that they are employable within the food service industry. For this population, employment is the means by which to escape poverty.

Hours: Monday - Friday, 8am–4pm  
Where: 1440 St. Paul Street, Kelowna  
Phone: 778.478.0497

Check us out on Facebook for daily specials and updates



*SOURCE: John Howard Society of the Central and South Okanagan, Shelley Cook, Executive Director*

[...back to top](#)

## YOUR ORGANIZATION CAN BECOME A SAFE HARBOUR



Respect. Equality. Diversity. Three fundamental Canadian values that we all strive to uphold. The Safe Harbour: Respect for All program recognizes the value of embracing diversity in business practices and provides a window to learn of ways to stand up against discrimination and to demonstrate respect for all forms of diversity in our community.

Your organization can become a designated Safe Harbour by participating in KCR's upcoming FREE Safe Harbour workshop. The two-hour Safe Harbour: Respect for All workshop covers interactive scenarios and lively discussion focused on welcoming everyone and treating them fairly so they feel safe.

Date: February 24, 2011

Time: 9:00 - 11:00 am

Place: Kelowna Community Resources, 120-1735 Dolphin Avenue, Kelowna.

To Register: Contact Andrew at 250.763.8008 ext 39 or [andrew@kcr.ca](mailto:andrew@kcr.ca) by February 17<sup>th</sup>.

Join the 900 Safe Harbour Locations in BC by attending this workshop sponsored by AMSSA, Welcome BC, and the Government of Canada

*SOURCE: Kelowna Community Resources, Andrew O'Brien, Settlement Services Worker / Translation*

[...back to top](#)

## DIVERSITY HEALTH FAIR

The Diversity Health Fair promotes physical and emotional well being across cultures. Come to experience: zumba, cooking demonstrations, martial arts for kids, health and fitness exhibitors, Chinese Tai Chi fan, music, and the family zone.

Date: Saturday, February 26, 2011

Time: 10 am - 2 pm

Place: Okanagan College, Centre for Learning, 1000 KLO Road, Kelowna

Cost: Free

Contact: Elizabeth or Doreen at 250.763.8008 or [doreen@kcr.ca](mailto:doreen@kcr.ca)

*SOURCE: Kelowna Community Resources, Doreen Rosvold, Settlement Services / Host Program Coordinator*

[...back to top](#)



## TASTE OF HOME

["Taste of Home"](#) is an evening of ethnic food and entertainment geared for the whole family.

Saturday, February 19 at 5:00 PM



New Life Church, 2041 Harvey Avenue, Kelowna

Admission to the event is free.  
Food Sampling Tickets are \$1 each.  
Save the planet - bring your own plate!

SOURCE: *Global Citizen Kelowna*

[...back to top](#)

## ROYAL WINNIPEG BALLET IN KELOWNA

Canada's Royal Winnipeg Ballet returns to Kelowna this March- the company that brought ballet-lovers to Paris with last year's Moulin Rouge, is back with a new work that takes audiences down the rabbit hole...

...Canada's Royal Winnipeg Ballet presents Wonderland, March 22, 2011 at 1:30pm and 7:30pm at the Kelowna Community Theatre.

A fantastical adventure based on Lewis Carroll's cherished Alice's Adventures in Wonderland, the topsy-turvy ballet is a perfect gift for the dance-lover, culture-vulture, or aspiring ballerina on your list.

Award-winning Canadian choreographer, Shawn Hounsell, puts a bizarre and surreal spin on the classic work, letting audiences see the beloved characters of Alice, the Queen of Hearts, the Mad Hatter, and others in a whole new way! Wonderland is an enthralling balance of fun quirks and beautiful imagery that is sure to win hearts both young and old. Place tickets under the Christmas tree this year and open a passage into this world of wonder. The Royal Winnipeg Ballet's Wonderland runs for two performances ONLY on March 22, 2011 at The Kelowna Community Theatre. Tickets start at just \$34, and can be purchased at [www.Ticketmaster.ca](http://www.Ticketmaster.ca).

SOURCE: *Curve Communications Group Ltd., Jenny Toulmin, Consultant*

[...back to top](#)

## National

### UPDATED SATELLITE ACCOUNT FIGURES RELEASED

Statistics Canada recently released figures for the most recent edition of the Satellite Account of Nonprofit Institutions and Volunteering in [The Daily](#), covering 2008. The Satellite Accounts team has been releasing information annually since 2004 and provides us with many key statistics about the charitable and nonprofit sector, including its contribution to the Canadian economy. Unfortunately, for this year no updated publication will be released though the CANSIM tables have been updated. However, on the [blog](#) we present a quick summary of some of the most important findings from this year's release as well as a brief introduction to this key information source. Although some members may be unfamiliar with the Satellite Accounts, we encourage them to use our blog post as a primer and dive in to this [great resource](#).



SOURCE: *Imagine Canada, Imagine Matters, January 18, 2011*

[...back to top](#)

### SOCIAL FINANCE TASK FORCE RELEASES RECOMMENDATIONS IN NEW REPORT

The Canadian Task Force on Social Finance released a new report, Mobilizing Private Capital for Public Good. It outlines seven actions they feel Canada needs to undertake to mobilize new sources of capital; create an enabling tax and regulatory environment; and build a pipeline of investment-ready social enterprises. A few of the recommendations made in the report are:

Canada's public and private foundations should invest at least 10% of their capital in mission-related investments (MRI) by 2020 and report annually to the public on their activity.



Investors, intermediaries, social enterprises and policy makers should work together to develop new bond and bond-like instruments.

Government sponsored business development programs should begin to assist social enterprises, in addition to standard businesses. For more information, and to read the full report, visit: [socialfinance.ca](http://socialfinance.ca).

SOURCE: *CharityVillage.com, Village Vibes, January 25, 2011*

[...back to top](#)

## 2011 CANADIAN BUSINESS & COMMUNITY PARTNERSHIP FORUM



[Imagine Canada](#) and [Volunteer Canada](#) will be partnering to bring you the 2011 Canadian Business & Community Partnership Forum. The 2011 Forum will take place June 7-9, 2011 at Fairmont's [Le Chateau Montebello](#) located halfway between Ottawa and Montreal.

We are developing a forum that brings together leaders in business and the charitable and nonprofit sector to discuss social initiatives and corporate community involvement. The focus of the forum will be on building and maintaining sustainable partnerships, promoting best practices and discussing how to implement programs that promote and foster positive change and impact across Canada. The Forum will have something for everyone! Please look for more information regarding the 2011 Business & Community Partnership Forum in the months ahead!

SOURCE: *Imagine Canada, Imagine Matters, January 11, 2011*

[...back to top](#)

## HOW TO APPLY STATISTICS FROM THE CANADA SURVEY OF GIVING, VOLUNTEERING AND PARTICIPATING

In conjunction with our previous release of regional reports summarizing findings from the most recent Canada Survey of Giving, Volunteering, and Participating (CSGVP) we have produced a [manual](#) to help you in applying survey findings to your work.

For each major section of the survey, the manual shows what is measured, how the available information products present the data, why the information is important and how it can be applied. This manual will be of considerable use to those seeking to move beyond the mass of raw data towards using CSGVP findings to inform their work and decision making.

We encourage you to use the manual as your guide in taking advantage of the [new regional reports and presentations](#) as well as the wealth of other information on the giving and volunteering [website](#).

SOURCE: *Imagine Canada, Imagine Matters, February 1, 2011*



[...back to top](#)

## NATIONAL GOOD FOOD HERO COMIC CONTEST

Students from across Canada are invited to create their own comic and enter it in the Canada's Good Food Hero Comic Contest. This is your chance to get creative and create awareness about food in Canada. The comic strip contest is open to students in K-12 and students can choose to focus on any of the 3 themes (healthy, sustainable or fair food). Deadline: March 1, 2011. Prizes included.

For more information click [here](#)

SOURCE: *BC Healthy Communities, Activity Ebrief #80 January 17, 2011*



[...back to top](#)

## CANADA SUMMER JOBS 2011

[Canada Summer Jobs](#) is a Government of Canada initiative that provides funding to help employers create summer job opportunities for students and is designed to focus on local priorities, while achieving tangible results for both students and their communities.



Canada Summer Jobs is about:

- providing work experiences for students;
- supporting organizations, including those that provide important community services; and
- recognizing that local circumstances, community needs, and priorities vary widely.

Canada Summer Jobs is focused on encouraging not-for-profit organizations, public sector employers and small businesses with 50 or fewer employees to create jobs that not only meet their needs, but also benefit students looking to gain work experiences.

The application period for Canada Summer Jobs 2011 will be from February 1 to February 28, 2011. Criteria to assess the proposals will focus on:

- service to local communities;
- jobs that support local priorities;
- jobs that provide career-related experience or early work experience;
- a salary that contributes to the student's income;
- an employer who provides supervision and mentoring;
- project activities that are directed toward members of, and support the vitality of, an official language minority community; and
- an employer who intends to hire priority students (students with disabilities, Aboriginal students, and students who are members of visible minority groups).

Locally defined priorities will be made available on February 1, 2011.

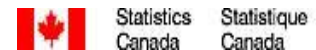
*SOURCE: Service Canada*

[...back to top](#)

## CENSUS JOBS

The 2011 Census is staffing 35,000 jobs across Canada. Learn more about census jobs from [Statistics Canada](#)

*SOURCE: Statistics Canada*



[...back to top](#)

## Provincial

### MEASURING CHILD HEALTH: BREAKING GROUND IN B.C.

A joint report from the B.C. Representative for Children and Youth and B.C.'s Provincial Health Officer, called Growing Up In B.C., seeks to establish a baseline of data to support policy change in child and youth health by using 30 indicators of well-being. The report addresses issues such as youth suicide, abuse and alcohol/drug use, volunteerism, high school graduation rates, and positive connections in communities and with caring adults. It highlights ways to better understand and monitor the health and well-being of children and youth, and notes unique challenges in addressing the health of the province's Aboriginal children. Visit the NCCAH [website](#) for more information.

*SOURCE: Community Action Toward Children's Health, CATCH Network Newsletter January 18, 2011*



[...back to top](#)

## **SOCIAL ENTERPRISES A SIGNIFICANT CONTRIBUTOR TO ECONOMY**

New research shows that social enterprises are both significant contributors to employment creation and economic generators in themselves. The report, *Strength, Size, Scope: A Survey of Social Enterprises in Alberta and British Columbia* also found that 60% of social enterprise employees were members of a designated target group such as members of a marginalized population. In addition, the social enterprises that responded to the survey were responsible for training 11,670 people and providing services to an additional 678,000 people. The sale of goods and services in the market generated \$78 million in revenue across the two provinces with an aggregate net profit of \$7.9 million, in the 2009 financial year. The study was authored by Peter R. Elson of Mount Royal University and Peter Hall of Simon Fraser University. For more information, and to view the full report, visit: [www.mtroyal.ca](http://www.mtroyal.ca).

SOURCE: *CharityVillage.com, Village Vibes, January 11, 2011*



[...back to top](#)

## **ECONOMIC IMPACT OF INCREASED ACCESSIBILITY**

In light of the Accessibility for Ontarians with Disabilities Act (2005), with which all nonprofits must comply by January 1, 2012, the Government of Ontario commissioned a study to explore the economic impact of reducing barriers and increasing accessibility to all people with disabilities living in Ontario.

The study, [Releasing Constraints: Projecting the Economic Impact of Increased Accessibility in Ontario](#), focuses on the impact of the new law on individuals and their support networks, on the markets, as well as the costs of exclusion.

The findings of the study are encouraging. Significant economic benefit can result from improved accessibility, particularly in educational institutions and the workplace. Increased access to schools will better serve people with disabilities, who experience a lower education rate than people without disabilities due to barriers such as getting to and into schools buildings, reading books and hearing what the teacher is saying. Similarly, people with disabilities also participate less in the workplace due to barriers getting to and into work, the need to take breaks or work shorter hours. Read [More](#)

SOURCE: *Ontario Nonprofit Network, EnAbling Nonprofits Ontario News, January 7, 2011*



[...back to top](#)

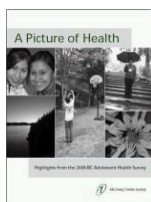
## **MOVING IN THE RIGHT DIRECTION: MORE BC YOUTH ARE PHYSICALLY ACTIVE THAN A DECADE AGO**

A new provincial report has just been released by the McCreary Centre Society on sports and exercise among BC youth. It shows that:

...between 1998 and 2008, participation in strenuous exercise among BC youth increased, as did weekly participation in sports and dance and aerobics classes. Nearly half of students took part in one or more types of physical activity at least 4 times a week.

A number of benefits were linked to increased activity. Using results from the 2008 BC Adolescent Health Survey, completed by 29,000 youth in grades 7-12, researchers at McCreary found that youth involved in physical activity were more likely to report positive mental health, good nutritional behaviours, feeling satisfied with their body image, and injury prevention behaviours, such as seatbelt and helmet use. They were also less likely to report risky behaviours such as smoking, using cocaine or ecstasy, or misusing prescription pills.

However, the results also show that there are some young people who are missing out on the benefits of being active, including new Canadians, those who identify as lesbian, gay or bisexual, youth who have to work in excess of 20 hours a week, and those living in poverty or with an unstable home life.



"I think the report spells out the many benefits of being active," said Annie Smith, Executive Director of the McCreary Centre Society "but it also shows we really need to provide more affordable and inclusive opportunities for young people who might not have the chance to get involved."

The full report is available [here](#).

[...back to top](#)

## HIGH SCHOOL DROP-OUT RATES FALLING

A new study released January 6 by the [CD Howe Institute](#) reports that high school drop-out rates in BC have dropped to 6.2%. Yet that figure masks some disturbing trends that still leaves many young people vulnerable to a life of underemployment and poverty.

From the report, [School Dropouts: Who Are They and What Can Be Done](#):



"One of the most robust predictions about any teenager's future is that dropping out of high school will increase the probability of a life marred by lengthy bouts of unemployment and poverty. Although a high-school certificate is a low rung on the education ladder, it is the crucial one if an individual is to have reasonable employment prospects. For Canadians without a high-school certificate, the average employment rate is under 40 percent."

We have made progress in the past two decades in terms of lowering high-school dropout rates, but as John Richards, the report's author, writes:

"if one digs into the data, it becomes clear that serious problems still exist: (i) among males, where the share of the dropout population continues to rise, with five males now dropping out for every three females and (ii) among particular groups that, in varying degrees, are marginal to mainstream society for reasons of poverty and cultural or ethnic differences".

According to the report, three groups in particular – some immigrant communities, those living in rural areas, and Aboriginals – "exhibit a worrisome lack of educational attainment compared with the Canadian average".

The study suggests a number of strategies that could help improve education outcomes among the more vulnerable groups of Canadians. See the report for full [details](#).

SOURCE: BC Council for Families, *HealthyFamilies*, January 10, 2011

[...back to top](#)

## SOCIAL INNOVATION: A CLOSER LOOK BEYOND THE BUZZ

Confused by all the talk about Community Interest Companies and social investment? You're not alone.

For the many people who had never heard of CICs up until the B.C. government launched public consultations in late October, the concept appeared to come out of nowhere.

But those in social-enterprise circles have in fact been talking for years about the need for a different kind of business model, says Stacey Corriveau, director of the B.C. Centre for Social Enterprise. Read more: The FCCS of BC's January 2011 Newsletter at [WhatsNewResources](#).

SOURCE: Federation of Community Social Services of BC, January 2011 Newsletter

[...back to top](#)

## INTEGRATING GANG YOUTH BACK INTO COMMUNITY

I held interviews with incarcerated Aboriginal youth gang members last April, for our new justice comic book, and learned a couple of things:

Most of the gang youth felt powerless to change their situation. They were in the system and felt that their future is pretty much laid out for them in and out of incarceration.

All of the gang youth I interviewed, except for one, felt that they were going to return to their old lifestyle and gang involvement. No one saw a life for themselves outside of the one they were living now.

Which means that if we want to change behavior and a youth's perception of the gang lifestyle, we'd better start teaching them the truth, exit strategies and offering alternatives. The final decision has to come from them.



Please consider reviewing our new draft story on integrating gang youth back into community. We are focus group testing it online at [www.youtube.com/user/healthyaboriginal](http://www.youtube.com/user/healthyaboriginal), or if YouTube is blocked at work, you can view on our website at [www.thehealthyaboriginal.net](http://www.thehealthyaboriginal.net). Feedback from youth and people working with gang youth can be emailed to [sean@thehealthyaboriginal.net](mailto:sean@thehealthyaboriginal.net).

We will be testing the story in person with youth in Manitoba the last week of January. If there is a youth facility in BC, Alberta, Saskatchewan or Ontario that has Aboriginal gang members in it, and we have workers that are willing to let us test the story with their youth, I would enjoy hearing from you as soon as possible at [sean@thehealthyaboriginal.net](mailto:sean@thehealthyaboriginal.net). The comic book is being evaluated by Justice Canada.

SOURCE: *The Healthy Aboriginal Network, Sean Muir,*

[...back to top](#)

## Research

### STUDY FINDS INSTITUTIONAL PHILANTHROPY GROWING THROUGHOUT THE WORLD

A new report has found that, although institutional philanthropy is growing throughout the world, many countries still have public policy and regulations that hinder its full potential. Global Institutional Philanthropy: A Preliminary Status Report studied how such things as religious and cultural beliefs, changes in politics, economic conditions, and international influences impact philanthropy. The study examines six regions throughout the world and explores institutional philanthropy in 24 countries. For more information, and to read the full [report](#), visit: [www.tpi.org](http://www.tpi.org).

SOURCE: *CharityVillage.com, Village Vibes, February 1, 2011*

[...back to top](#)

### SALARY SURVEY LAUNCHED FOR ENVIRONMENTAL NONPROFIT ORGANIZATIONS

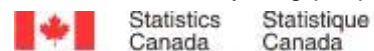


Training Resources for the Environmental Community (TREC) is currently conducting a North American salary survey specific to environmental organizations. Participation is open to all sizes and types of environmental nonprofits; however, to participate, organizations must have at least one employee who works 30 hours per week. Organizations that fill out both the salary and benefits sections of the survey by February 25th will receive a free report and executive summary. Results will be separated by country. For more information, and to participate in the survey, visit: [www.trec.org](http://www.trec.org).

[...back to top](#)

### FEDERAL PHYSICAL ACTIVITY SURVEY FOR CHILDREN AND YOUTH

The Canadian Health Measures Survey: Physical activity of youth and adults (2007-2009) used accelerometers to collect objective measures of physical activity and sedentary behaviour for a nationally representative sample of Canadians aged 6 to 79. The data show that the majority of waking hours of both adults and young people are sedentary.



For children and youth, 8.6 hours a day, or 62% of their waking hours, are sedentary. These averages increase with age; among teenagers aged 15 to 19, sedentary time surpasses 9 hours a day. Read the full report [here](#).

SOURCE: *BC Child and Youth Advocacy Coalition, First Call Weekly Announcements January 25, 2011*

[...back to top](#)

### PARTICIPATE IN A CANADA-WIDE SURVEY OF FATHER INVOLVEMENT PROGRAMS

Public Health Agency of Canada is working with John Hoffman ([jhoffman@cogeco.ca](mailto:jhoffman@cogeco.ca)) to conduct a Canada-wide survey of Father Involvement programs in order to get a snapshot of programming that is designed specifically for fathers, across the country. He has a short survey he is asking these programs to complete. Could you please

forward this request to organizations in BC? Many thanks.

Here's the link to the survey. It should take only about 15 minutes to complete.  
<http://www.surveymonkey.com/s/CanadianFathersPrograms>.

*SOURCE: The Federation of Community Social Services of BC*

[...back to top](#)

## **VIOLENT MEDIA AND YOUNG PEOPLE**

In a world where digital media is ubiquitous the debate still rages on about the effects of violent media on young people.

A 2010 study by Anderson et al.; Violent Video Game Effects on Aggression, Empathy, and Prosocial Behavior in Eastern and Western Countries: A Meta-Analytic Review published in the Psychological Bulletin disputes the findings of recent reviews which claim that there is little-to-no evidence of a violent video game effect on aggression. Anderson et al., (2010) findings clearly support the view that violent videogames increase aggression. They conducted a meta-analysis which analysed the results from numerous studies and found that the evidence strongly suggests that exposure to violent video games is a causal risk factor for increased aggressive behavior, aggressive cognition, and aggressive affect and for decreased empathy and prosocial behaviour.

Read the full paper [here](#).

If you are interested in reading a broader study of media violence on youth, Anderson et al. published a 2003 paper [The Influence of Media Violence on Youth](#) which states that:

Research on violent television and films, video games, and music reveals unequivocal evidence that media violence increases the likelihood of aggressive and violent behavior in both immediate and long-term contexts.

*SOURCE: First Call: BC Child and Youth Advocacy Coalition, January 14, 2011*

[...back to top](#)

## **THE FATHERHOOD REPORT 2010-11: THE FAIRNESS IN FAMILIES INDEX**

How good are we at creating an environment in which hands-on fathering can flourish? This report introduces the Fairness in Families Index. This is the first time an index has been constructed to measure the extent to which egalitarian parenting is possible cross-nationally. The Index consists of a compilation of research data relating to 21 industrialized countries, summarizing how well they are doing in promoting and sustaining greater equality in men's and women's division of labour at home and in the paid workforce.

They selected a range of measures – some assessing policy direction, some evaluating outcomes - which demonstrate at a glance how countries are faring. The indicators compiled demonstrate men's and women's positions relative to one another in the workplace and at home. They ranked the 21 countries on ten indicators of gender equality which affect fairness in families. These are:

1. Gender equality in parental leave
2. Gender pay gap
3. Percentage of men in the part-time workforce
4. Percentage of women sitting in parliament
5. Percentage of women in management positions
6. Percentage of children in lone parent families
7. Percentage of GDP spent on childcare and education of children under 5
8. Ratio of men's to women's time spent caring for children
9. Ratio of men's to women's time spent on unpaid work
10. Maximum full-time equivalent leave

Canada's highest ranking is on indicator 9 where it is ranked third. The evidence shows that for every hour that Canadian women spend on unpaid domestic work Canadian men spend 39 minutes. Canada fared much more poorly in relation to indicator 7. It was ranked 19 out of 21 countries in relation the percentage of GDP spent on childcare and education. Overall Canada ranked 15 out of 21 wealthy countries in the [study](#).

*SOURCE: BC Child and Youth Advocacy Coalition, First Call Weekly Announcements January 25, 2011*

[...back to top](#)

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## Resources

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### AN ANIMATED INTRODUCTION TO ASPERGER SYNDROME

Created by children in conjunction with professional animators, this highly entertaining [film](#) concisely summarises the basics of Asperger Syndrome, enabling viewers of all ages to gain a real insight into the condition in less than half an hour. Covering everything from common talents of those with AS to skills and activities they might find more difficult, the film looks at life as an Aspie from a variety of different perspectives. Using a winning combination of humour and frank discussion to explore AS, the DVD comprises a main feature film, which is complemented by an array of vox pops, interviews, slideshows, and other additional material, documenting how the film was made and further exploring what AS means to different people. By Biomation, Price: \$24.95

Read [more...](#)

SOURCE: *Families in Touch Services Ltd., Donna Long, Information Consultant*

[...back to top](#)

### HOW TO WELCOME PEOPLE WITH DISABILITIES

Here are some general tips to help you welcome people with disabilities:

- Don't make assumptions about what type of disability or disabilities a person has.
- Some disabilities are not visible. Be patient. People with some kinds of disabilities may take a little longer to understand and respond.
- If you're not sure what to do, ask, "Can I help?"
- If you can't understand what someone is saying, just politely ask again.
- Ask before you offer to help — don't just jump in. People with disabilities know if they need help and how you can provide it.
- Find a good way to communicate. A good start is to listen carefully.
- Look at the person, but don't stare. Speak directly to a person with a disability, not to their interpreter or someone who is with them.
- Use plain language and speak in short sentences.
- Don't touch or address service animals — they are working and have to pay attention at all times.
- Ask permission before touching a wheelchair or a piece of equipment.



Click [here](#) to learn more about how to welcome people with specific disabilities.

SOURCE: *Ontario Nonprofit Network, Enabling Nonprofits Ontario News, January 7, 2011*

[...back to top](#)

### TOP 5 FREE ITEMS

1. [Theory of Change: A planning and team building tool](#), Shared by BWB Solutions
2. [Nine Keys to Reinvigorating Board Leadership](#), Shared by TCC Group
3. [20 Tips Every Strategic Grantseeker Should Know](#), Shared by Internaut & Associates
4. [What Makes an Effective Advocacy Organization?](#), Shared by TCC Group
5. [Unified Chart of Accounts \(UCOA\)](#), Shared by The Urban Institute/NCCS

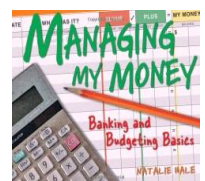


SOURCE: *IdeaEncore Network, e-newsletter, January 4, 2011*

[...back to top](#)

### MANAGING MY MONEY: BANKING AND BUDGETING BASICS

Learning to manage money is one of the most important skills needed to achieve independent living for teens and adults with Down syndrome, autism, and other intellectual disabilities. Managing My Money offers plenty of encouragement, clear instructions broken down into small steps, practice opportunities, color-coded forms, and large scale graphics to make abstract



money managing concepts concrete. By Natalie Hale; Price: \$43.95. Read [more...](#)

SOURCE: Families in Touch Services Ltd., Donna Long, Information Consultant

[...back to top](#)

### **BROCHURE: SEX AND THE LAW**

Options for Sexual Health, Canada's largest nonprofit provider of sexual health services, is proud to introduce a newly updated Sex and the Law: A review of your sexual rights and responsibilities in Canada pamphlet. Partially funded by the Law Foundation of BC, this resource contains information for the general public about their sexual health rights, and is currently available in English, Chinese (simplified), Punjabi, Persian and Spanish.

Copies are available at a cost of \$0.30 per pamphlet from <http://www.optionsforsexualhealth.org/catalog/26>.

Individuals and service providers seeking general information about sex and the law in Canada can call Options for Sexual Health's SEX-SENSE line at 1-800-739-7367 or 1-604-731-7803.

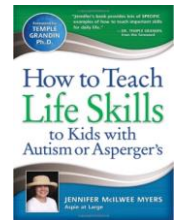


SOURCE: OPT, Options for Sexual Health, Stephanie Sersli, Communications, Governance & Applied Knowledge Co-Director

[...back to top](#)

### **HOW TO TEACH LIFE SKILLS TO KIDS WITH AUTISM OR ASPERGER'S**

In the real world, people on the autism spectrum need the same kinds of day-to-day skills everyone else needs to be functional. No matter how high-functioning children with autism or Asperger's may be or may become, they function better as adults if they've had the chance to learn basic skills such as being on time or good personal hygiene. Many reach adulthood without those skills. By Jennifer McIlwee Myers; Price: \$21.95



Read [more...](#)

SOURCE: Families in Touch Services Ltd., Donna Long, Information Consultant

[...back to top](#)

### **MAMAZINE**

Have you heard about this gem? [Mamazine](#) is a two- page monthly publication just for families created here in the Okanagan. Each issue includes articles to help families live well, upcoming events, opinion polls as well as coupons and advertisements from local businesses and service providers. Giving families a FREE resource with local health information is their way of helping create a healthy community for children.



Subscribe today by contacting Amanda Turner at [editor@mamazine.ca](mailto:editor@mamazine.ca) or call 250-300-5683.

SOURCE: Success by 6, CENTRAL OKANAGAN HIGHLIGHTS, November/December 2010

[...back to top](#)

### **TEN NONPROFIT MYTHS AND WAYS TO DEBUNK THEM**



First published in the September-October 2010 issue of NONPROFIT WORLD magazine, this article explains why many nonprofits underperform because they act on assumptions that are really myths. The myths and realities, if addressed, can help improve your organization's performance. Read [more...](#)

SOURCE: Volunteer BC, The Connector, January 2011

[...back to top](#)

### **NEW AUTISM AWARENESS CENTRE WEBSITE**

Autism Awareness Centre has a new website! Please visit us at [www.autismawarenesscentre.com](http://www.autismawarenesscentre.com) and view our conferences, bookstore, articles, blog, global links, and find services in your area.

[...back to top](#)

## CLOUD BASED DOCUMENT MANAGEMENT

### [Cloud Based Document Management](#)

Shared by Volunteers of America Chesapeake (\$4)

SOURCE: IdeaEncore Network, Update



[...back to top](#)

## THE ROLE OF LOCAL GOVERNMENT IN PROMOTING WELLBEING (EUROPEAN REPORT)

Jointly commissioned by Local Government Improvement and Development and the National Mental Health Development Unit and written by the New Economics Foundation, this report examines how local government can support a better life for its citizens to help build resilient communities, both now and in the long term. Many people have contributed to the production of this report through case studies, expert opinion pieces and attendance at the two roundtable events.



For more information click [here](#)

SOURCE: BC Healthy Communities, Activity Ebrief #80 January 17, 2011

[...back to top](#)

## LIVING WAGE RESOURCES

### 1. Living Wage Bylaw in Esquimalt

Last Monday Esquimalt moved a step closer to fully passing a Living Wage bylaw. See the following article: [http://www.bclocalnews.com/vancouver\\_island\\_south/victorianews/news/114286369.html](http://www.bclocalnews.com/vancouver_island_south/victorianews/news/114286369.html)

### 2. BC Business Online on the Living Wage

Read Peter Hall's recent article in BC Business Online where he asks is New Westminster's recent passing of the first Living Wage by-law in Canada setting a new standard and answers in the affirmative. <http://www.bcbusinessonline.ca/bcb/business-sense/2010/11/03/beyond-minimum-living-wage-bc>

### 3. Vancouver Courier Article on Economic Equality and the Living Wage

Local journalist Tom Sandborn comments on the evidence of the impacts of economic inequality on individual and social health brought to light in Wilkinson and Pickett's book *The Spirit Level*, and the implications for government policy and action at the local and provincial level in relation to child and family poverty and paying living wages. Read the [article](#)

### 4. Crying Wolf Over Higher Wages

Professor Stephanie Luce outlines recent research in the U.S. that shows that increasing the wages of the low paid doesn't result in job losses. Read [more...](#)

SOURCE: The Federation of Community Social Services of BC, Weekly News Items, January 28, 2011

[...back to top](#)

## HEALING FROM SUICIDE LOSS: THE STORIES OF BC YOUTH

A disturbing fact: Suicide is one of the leading causes of death among young people in Canada.

At the BC Council for Families, we collaborated with the University of Victoria's School of Child and Youth Care, we created [Left 2 Live](#), a documentary video which explores the unique grieving and healing process of young people.

Originally developed as a tool for practitioners working with youth, the film and its accompanying [Facilitator's Guide](#) may also benefit families recovering from suicide loss.



The film is available [online](#) for individual viewing, and copies of the DVD suitable for presentation to larger groups are available for order

through the [BC Council for Families' bookstore](#).

SOURCE: BC Council for Families, HealthyFamilies, January 24, 2011

[...back to top](#)

## MONITORING YOUR SUSTAINABILITY PLAN

In the fourth of a six-article series on making your organization more sustainable, expert contributor Alexis Morgan explains why monitoring your sustainability plan is so important. Find out how to set up an effective evaluation of your program, where to find key data, and how other organizations have carried out effective monitoring. [Read [more...](#)]

SOURCE: CharityVillage.com, Village Vibes, January 18, 2011



[...back to top](#)

## WEBSITE DESIGN

The top website design [assumptions](#) that will cost you.

As the website reaches top position as the your most critical marketing and business development tool, like many you may be considering a design update in 2010. This past month alone I've met dozens of nonprofit executives who had a negative web redesign experience to tell. As I listened to their stories, I discovered four common assumptions they made, which led to costly mistakes.

Shared by Numa Communications, LLC (\$5)



SOURCE: IdeaEncore Network, February 2, 2011

[...back to top](#)

## EUROPEAN STATUS REPORT ON ALCOHOL AND HEALTH 2010 (EUROPEAN REPORT)



This report presents the latest data from the WHO European Region on alcohol consumption and harm and the responses made to them in countries. It summarizes the situation in the Region as a whole and gives profiles of its 53 countries, presenting consolidated tables and graphs with data on some of the key indicators from the 2009 survey on alcohol and health. In addition, the report

describes the WHO instruments and activities that are available to support countries in building on the gains they have already made in this area. For more information click [here](#).

SOURCE: BC Healthy Communities, Activity Ebrief #80 January 17, 2011

[...back to top](#)

## LIVE RIGHT NOW

Live Right Now

Canadians can register at LiveRightNow.ca to join a dynamic and interactive community of people committed to making a positive change in their health – and the health of their country. The site offers tools and resources for healthy living including health and fitness challenges, blogs from health professionals, goal tracking, a body age calculator, recipes, videos, and a platform that will foster nationwide inspiration to ignite CBC's biggest social networking movement ever.

For more information: Karen Cameron - Manager of Resource Development & Communications, [karen.cameron@pgymca.com](mailto:karen.cameron@pgymca.com) and at [www.pgymca.com](http://www.pgymca.com). 250-562-9303 ext 211

SOURCE: BC Healthy Communities, Activity Ebrief #80 January 17, 2011

[...back to top](#)

## TOP 5 BUDGETING MISTAKES

Does your organization keep its budget in an Excel spreadsheet? Know how to properly account for variances and seasonal changes? Richard MacNeill identifies the top five budget errors made by organizations and shows you how to avoid them. Read [more...](#)



[...back to top](#)

## REPORT PREDICTS NONPROFIT TECHNOLOGY TRENDS OF THE FUTURE

Nonprofit organizations are turning to technology to aid them in the reinvention and evaluation of fundraising programs; a growing trend according to a report of Top Technology Trends released by Blackbaud. Some of the report's key conclusions are:

Nonprofits should expect mobile-powered major giving applications that provide constituent data on the go to become widely used in the coming years.



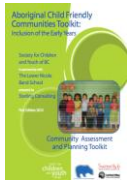
The best fundraisers are those who ask their personal network for support.

Social media remains an evolving medium and is best deployed as part of a comprehensive, mission-based strategy, although many organizations have found new constituencies who respond to this channel exclusively. For more information, and to view the white paper, visit: [www.blackbaud.com](http://www.blackbaud.com).

SOURCE: CharityVillage.com, Village Vibes, January 25, 2011

[...back to top](#)

## BUILDING CHILD-FRIENDLY COMMUNITIES



Looking for ways to strengthen supports for children and families in your community? Interested in bringing together local stakeholders to start making your community a better place for children to grow and develop? You're in luck. Check out the Aboriginal Child Friendly Communities Toolkit: Inclusion of the Early Years, a child-friendly assessment and planning resource released last week by the Society for Children and Youth.

Copies of the toolkit are available for [download](#), or through the [Society for Children and Youth](#).

SOURCE: BC Councilforfamilies, HealthyFamilies, January 31, 2011

[...back to top](#)

# Social Media

## ASSESSING SOCIAL MEDIA PERFORMANCE



Benchmarking: When assessing social media performance, many nonprofits want to benchmark their social media results against other similar nonprofits. Here are a couple of [nonprofit and social media benchmarking resources](#). I like to see a digital IQ study focused solely on nonprofits – one that analyzes it by budget size. In lieu of that report, here's a quick [list of nonprofit facebook pages](#) that rock (for example this shoutout landing page from GLIDE) identified by folks participating in the Zoetica Salon in response to a question posed by Holly Ross at NTEN and Kivi Leroux Miller's [Nonprofit Communications Trends e-book](#).

SOURCE: Beth's Blog by Email, January 12, 2011

[...back to top](#)

## REPORT FINDS FACEBOOK MOST POPULAR COMMUNICATION TOOL AFTER WEBSITE AND EMAIL

Nonprofit Marketing Guide.com released their 2011 Communications Trends Report last week. This 22-page report is the result of a survey of 780 nonprofits. Some of the reports statistics include:

75% of nonprofits say they'll email supporters at least monthly.  
Facebook comes after only websites and email as important communications tools for



nonprofits.

34% of nonprofits say Twitter is a very or somewhat important tool.

Facebook beats Twitter, 79% to 34% as important to nonprofit marketers.

For more information, visit: [2011 Nonprofit Communications Trends \(E-Book\) | Nonprofit Marketing Guide.](#)

SOURCE: *CharityVillage.com, Village Vibes, January 25, 2011*

[...back to top](#)

## CALLS TO ACTION ARE KEY FOR SOCIAL MEDIA SUCCESS

Email and social media play major roles in the engagement marketing effort. 2010 was the year that email went viral thanks to new integrations with social media, which enable recipients to more easily and quickly share interesting content with their circle of family, friends, and colleagues across Facebook, Twitter, LinkedIn, and countless other social networks. As 2011 unfolds in front of us, email and social media will be fully integrated into a larger engagement marketing strategy that fuels customer acquisition, growth, and, ultimately, sales through great content and social interaction with customers and members.

Read the [article](#).



SOURCE: *Constant Contact Hints and Tips, January 12, 2011*

[...back to top](#)

## NONPROFIT VIDEO CHANNEL LAUNCHED ON YOUTUBE

A new YouTube video channel called VISO Give and dedicated solely to nonprofits was launched last week by BroadbandTV. The channel shows video content created by nonprofits and sorts videos by both the organization name and the type of cause. It also allows viewers to search for a particular video. For every video viewed on the channel, a donation is made directly to that cause. For more information, visit: [www.youtube.com](http://www.youtube.com).

SOURCE: *CharityVillage.com, Village Vibes, January 11, 2011*



[...back to top](#)

## "MARKETING WISDOM FOR 2011" SPECIAL REPORT

SUMMARY: The MarketingSherpa "Marketing Wisdom for 2011" special report is now available as a complimentary PDF download for readers, and features a wealth of real-life stories of success and lessons learned from the MarketingSherpa community.

Download your complimentary [report](#)



SOURCE: *Marketing Sherpa, Best of Weekly, January 17, 2011*

[...back to top](#)

## THE ROLE OF A SOCIAL MEDIA MANAGER

Jobs for social media managers are on the rise. But what does a social manager actually do in this relatively new role and how could hiring one benefit your organization? Sondi Bruner talks to nonprofits from across the country who have created such a position within their organizations. [Read [more...](#)]

Also look for more information on how to become a social media manager in this Thursday's edition of Flow, our career management newsletter. Not a subscriber? Not a problem! Click [here](#) to sign up.

SOURCE: *CharityVillage.com, Village Vibes, January 18, 2011*



[...back to top](#)

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# Training

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## CREATING SAFE SPACES

Safe Spaces - March 10th-11th, 2011

The Institute for Sexual Minority Health Presents : Creating Safe Spaces: Affirming Lesbian, Gay and Bisexual Youth and Adults; Presenters : Bill Ryan, MEd, MSW Françoise Susset, MA Psychologist

Day 1 : Building The Foundation For Effective Intervention

Day 2 : The Arduous Journey to Self-acceptance. Please register in advance online : [registration](#)  
Safe Spaces - March 10th (Day 1 only)

Day 3 : Lesbian, Gay and Bisexual Lives Across the Lifespan ( prerequisite : day 1 and day 2). Date to be announced.

Please register in advance online : [registration](#)

Location: Royal Ann Hotel, 348 Bernard Avenue, Kelowna, BC

Registration Cost : \$210

Registration cost for Day 1 only : \$140

Send cheque or money order to :

Bill Ryan at 676 rue Querbes, Outremont, QC, H2V 3W7

[contact us](#) / [pay online](#)

SOURCE: Institute for Sexual Minority Health

[...back to top](#)

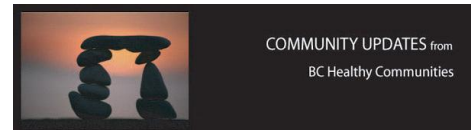
## BOTTOM LINE 2011 - THE PSYCHOLOGICALLY SAFE WORKPLACE

The Canadian Mental Health Association (CMHA), BC Division's annual Bottom Line Conference brings together business leaders, policy-makers, researchers, and workers to improve mental health in BC workplaces.

Where: Vancouver Convention Centre

When: March 2 and 3, 2011

For more information click [here](#)



SOURCE: BC Healthy Communities, Activity Ebrief #80 January 17, 2011

[...back to top](#)

## CONNECT YOUR COMMUNITY SERVICE-LEARNING EXPERIENCE TO YOUR CAREER



Mark your calendars: February is the month for you to take your community service-learning experience and learn how to apply what you've learned to build and advance your career. The Canadian Alliance for Community Service-Learning, the HR Council for the Nonprofit Sector, Memorial University, University of Victoria, and Carleton University are collaborating to present a series of four free webinars designed to help you connect your CSL experience to your career. Each of the [webinars](#) will cover a specific topic and will feature expert speakers that will share practical tips, information and advice. For more information, visit: [www.hrcouncil.ca](http://www.hrcouncil.ca).

SOURCE: CharityVillage.com, Village Vibes, January 25, 2011

[...back to top](#)

## BRIGHT IDEAS FOR WINTER/SPRING

Discover the many professional education opportunities from the BC Council for Families this



coming spring. You'll enhance your knowledge and develop your skills in strengthening families, children and communities. Our training sessions and workshops blend research and theory in child development and adult education with current best practices and standards.

Online registration is now open for all our upcoming trainings and professional development [events!](#)

*SOURCE: BC Council for Families, HealthyFamilies, January 4, 2011*

[...back to top](#)

## LIVING A HEALTHY LIFE WITH CHRONIC CONDITIONS

Do you or someone you know live with Chronic Disease or Chronic Pain? Would like to better manage your condition? If YES, the [University of Victoria, Centre on Aging](#) is please to offer their free 6-session Self-Management workshops to help participant better manage their chronic health condition.



H2O Adventure & Fitness Centre:

- Chronic Pain Workshop on Tuesdays, 2-4 pm, Feb 15 - Mar 22
- Chronic Disease Workshop on Thursdays, 2-4 pm, Feb 17 - Mar 24

Arthritis Society:

- Chronic Disease Workshop on Wednesdays, 9:30 am-12noon, Mar 9 - Apr 13

Peachland Wellness Centre:

- Chronic Disease Workshop on Tuesdays, 1:30-4 pm, Apr 5 - May 10

For information or to register:

- go to [www.selfmanagementbc.ca](http://www.selfmanagementbc.ca) or phone toll free 1.866.902.3767

*SOURCE: H2O Adventure and Fitness Centre*

[...back to top](#)

## COGNITIVE BEHAVIOURAL THERAPY

Attention parents, caregivers and teachers!

This free Feb. 22 noon hour session via phone in, is particularly important for those parenting or working with children & youth. CBT (Cognitive Behavioural Therapy) is the most effective treatment approach for anxiety which is the most prevalent mental disorder facing children and youth.

Date: Tuesday, February 22, 2011

Time: 12-1pm

Cost: Free

Register: Join us through the telephone by dialing 1-877-291-3022 and entering the access code 4611577#

For more information: visit the [events section](#) of our website for full details, any changes or cancellations

- Call: 604-875-2084 (Lower Mainland) or 1-800-665-1822 (elsewhere in BC)
- Email: [keltycentre@bcmhs.bc.ca](mailto:keltycentre@bcmhs.bc.ca)
- Visit: [www.keltymentalhealth.ca](http://www.keltymentalhealth.ca)

*SOURCE: Interior Health, Betty Brown*

[...back to top](#)

## THE POWER OF STORIES

Storytelling is recognized as one of the most powerful tools for capturing people's attention ... and their hearts. It is also the best way that nonprofits can illustrate the impact of their work.

This session will explore new research that is helping to define what makes a successful story and what inspires people to give to a cause. Besides helping participants to identify and frame their own organization's stories, the workshop will also examine inexpensive new ways to capture and distribute stories to a wide audience.

Topic: The Power of Stories

Date: Thursday, March 17, 2011



Kelowna  
Community  
Resources

Time: 1:00 - 400 pm  
Place: Okanagan Regional Library, large meeting room, 1380 Ellis Street, Kelowna  
Facilitator: Catherine Clement, Vice President Communications, Vancouver Foundation  
Cost: \$40  
Registration: [dawn@kcr.ca](mailto:dawn@kcr.ca) or 250.763.8008 ext 25

This workshop is sponsored by the Central Okanagan Foundation, City of Kelowna, Kelowna Community Resources and United Way of the Central & South Okanagan/Similkameen.

*SOURCE: Kelowna Community Resources, Dawn Wilkinson, Coordinator Community Information and Volunteer Centre*

[...back to top](#)

## **AUTISM SPECTRUM CERTIFICATE**

Enhance the quality of your interaction with persons with autism. If you work, interact and/or live with persons with autism, enhance the quality of these connections with them in their home, educational, health professional, daycare, social work or caregiver setting.

The program is taught in a multisensory format using current research, video clips, student discussion, and practical strategies. There is a unique combination of personal anecdotes, multi-professional resources and expert guest lecturers. The course presents a vast and broad array of references, programs and therapy options that can greatly enhance the quality of interactions with individuals with Autism.

Please note that the course is an acceptable expenditure for Autism Funding, so parents can take the courses using their funding

April 5 - June 28, 2011; Tuesdays and Thursdays; 6 - 9 p.m. plus some Saturdays.  
Tuition \$1579.50  
Material: \$150 + HST  
Location: Summerland

This program has a PAYMENT PLAN!

FOR MORE INFORMATION CONTACT CONTINUING STUDIES; Phone: 250-492-4305 or 1-866-510-8899  
TO APPLY: [www.okanagan.bc.ca/cs](http://www.okanagan.bc.ca/cs)

*SOURCE: Families in Touch Services Ltd., Donna Long, Information Consultant*

[...back to top](#)

## **BEYOND GRADUATION**

A workshop designed for both a student with a disability and his/her family to begin planning for a good life after high school. This workshop is presented by PLAN Okanagan and Plan Institute for Caring Citizenship.

Saturday, February 5th, 2011  
9:00 am - 4:30 pm  
Community Living BC (CLBC) Office  
Suite 140 – 1060 Manhattan Drive Kelowna, BC  
Lunch provided, Please register by January 28th (Spaces Limited)



For information and to register contact:  
Mary Bickert at PLAN Okanagan 250 860 2050 or by email at [info@planok.ca](mailto:info@planok.ca)  
PLAN Okanagan, 1650 Bernard Avenue, Kelowna, BC V1Y 6R9.  
We acknowledge the financial support of the Province of British Columbia.

What is Beyond Graduation?

This workshop is designed to help young people with disabilities and their families begin effective planning for the future.

In this workshop:

- Families will begin an exploration of what the student would like their future to look like and then start to develop an action plan;
- Families and the student will gain a deepened understanding of the young person's unique strengths and

gifts;

- Families will obtain information about community resources;
- Families will develop relationships with people facing similar challenges and benefit from their support and knowledge;
- Families will be able to ask questions of a panel of families who have experienced transition and young adults who are beyond graduation will share their experiences with the participating students.

Who should attend this workshop?

- Any student with a disability who will be finishing school in the next few years or who has recently left school, along with one to three family members or supportive friends.
- There will be flexibility of student/young adult's participation in workshops to accommodate all disabilities. Please feel free to bring your own support worker along.

Is there a cost?

- Yes, the cost is \$50 per family which includes all materials and lunch. There are a limited number of scholarships available to individuals supported by CLBC who may find the fee a barrier to attending

*SOURCE: PLAN Okanagan, Mary Bickert,*

[...back to top](#)

### **WOMEN: VOICES FOR ACTION**

Celebrate Canada's Volunteer Week. Learn more about volunteerism, newcomers to Kelowna, and leadership issues in our community.

Date: Friday, April 15, 2011

Time: 8:30 am - 4:00 pm, Lunch included

Place: Ramada Inn

Cost: Free

Registration: Kelowna Women's Resource Centre, 250.762.2355 or [volcoordinator@kwrc.net](mailto:volcoordinator@kwrc.net).

*SOURCE: Women's and Community Advisory Committee*

[...back to top](#)

### **PROVINCIAL SYMPOSIUM ON CULTURAL COMPETENCIES: WORKING WITH NEWCOMER CHILDREN**

The Affiliation of Multicultural Societies and Service Agencies (AMSSA) will be holding a provincial symposium on Cultural Competencies: Working with Newcomer Children on Friday, February 18, 2011 from 1:30-3:30. Speakers will discuss ways to incorporate culturally sensitive practices in classrooms, programming, and daily interactions when working with newcomer children and families. You are invited to participate in person at the SFU Harbour Centre in downtown Vancouver or online via live streaming video. Online participants will be able to email questions and comments to the speakers live. For more information please see below or the poster attached to this email. NOTE: This symposium is free of charge but participants must register in advance.

When: Friday February 18, 2011 1:30-3:30

Where: Online or in-person at the Fletcher Challenge Theatre (Room 1900, Main Floor), SFU Harbour Centre, 515 West Hastings Street, Vancouver

Presenters: Sylvia Helmer, UBC, ESL Consultant: Cultural Competency in the Classroom and Curriculum, Jim Anderson, UBC: Engaging Newcomer Children and Parents through Literacy, Deb Kohen & Amber Phillips, Ministry of Children and Family Development: "Positive Parenting Program:" Helping newcomer families understand Canadian laws and norms in discipline and parenting. Who should attend: Anyone interested in supporting the needs of newcomer (immigrant/refugee) students such as educators, service providers, support workers, child care workers.

To register please contact Rishima Bahadoorsingh at [newcomerchildren@amssa.org](mailto:newcomerchildren@amssa.org) or 604.718.2783.

Registration Deadline: Friday, February 11, 2011 [www.amssa.org](http://www.amssa.org)

For more information about our Newcomer Children's Advocate program please go to [www.amssa.org/ancie](http://www.amssa.org/ancie)

*SOURCE: Community Action Toward Children's Health, CATCH Network Newsletter January 18, 2011*

[...back to top](#)

## IS YOUR ORGANIZATION IN COMPLIANCE WITH THE SOCIETY ACT?

How does the Society Act affect the ongoing work of your board and organization? Join us on February 23 for "BC Society Act: What You don't Know CAN Hurt You" to better understand the Act from one of the top legal experts in this area. For more information or to register, click [here](#).

SOURCE: *Vantage Point, Fast Fact, February 2011*



[...back to top](#)

## 15 x 15: SMART FAMILY POLICY

The BC Government has committed to lowering the provincial rate of early vulnerability to 15% by 2015. Investing in early childhood development before the age of 5 will save the government millions of dollars. Join us for an impactful workshop focused on the importance of children's school readiness.

Dr. Paul Kershaw, one of Canada's leading thinkers and researchers in the field, will discuss the social and business implications of early childhood vulnerability and how your support can help change the future for our community's most at-risk children.

Date: March 4th from 1:30 - 3:00 p.m.

1:30 - Welcome

1:45 - Dr. Paul Kershaw Speaks

2:30 - Q & A

Location: Coast Capri Hotel Meeting Room

Register: Contact Carol Ellison,

Success By 6 Coordinator, at 250-718-4044 or email [carol.ellison@shaw.ca](mailto:carol.ellison@shaw.ca) by Feb 26, 2011.



SOURCE: *United Way of the Central Okanagan, Carol Ellison, Success By 6 Coordinator*

[...back to top](#)

## EMPLOYEE LEAVE ISSUES IN BC

When: February 22, 2011

Where: Royal Anne Hotel, 348 Bernard Avenue in Kelowna, BC

I am pleased to inform you of an upcoming seminar I will be speaking at. Because I am a faculty member, you can receive 20% off the fee. Please click on the link for more details: [www.lorman.com/359454](http://www.lorman.com/359454)

If you or any one of your colleagues wish to attend, there are several easy ways to register:

- Complete the registration form attached and fax or mail the form and payment to Lorman Education Services
- Register online at <http://www.lorman.com>
- Call 1-866-352-9539

When registering, use priority code 15800 and discount code F2716129.



SOURCE: *DOAK SHIRREFF LLP LAWYERS, Keri Grenier, Lawyer*

[...back to top](#)

## SPECIAL NEEDS LEARNING EVENTS

There are a range of conference and workshops coming up in various locations across BC over the next few months related to children and youth with special needs. For example: Sibshops, Practical Solutions: Supporting Children with Special Needs; The 4th Annual Conference on FASD.

Reach Child and Youth Development Society is putting on the first Sibshops for Delta and neighbouring communities in February 2011. Sibshops is a program just for brothers and sisters of kids with special needs. At a Sibshops, brothers and sisters will:

- Meet others who "get it" about the good (and sometimes not so good!) parts of having a sib with special needs
- Have fun
- Learn more about disabilities and the services that people with disabilities receive

Practical Solutions: Supporting Children with Special Needs

This two day event in Langley in February is an opportunity for both professionals and parents to learn more

about different therapies that are available for children with special needs. The tools learned are over the two days will provide you with practical skills and information that you can take back with you whether you work with a child or are the parent of one.

#### The 4th Annual Conference on FASD

This 4th International conference, in Vancouver in March, will provide an advanced forum for emerging and cutting edge research, policy and practice that will assist governments, service systems, service providers, parents and caregivers, as we strive to address the complex issues of FASD. This new knowledge will be an impetus for critical action in supporting women, individuals, families, and communities around the world.

For more information on these events and many others visit BCACL's events page on their [website](#).

*SOURCE: BC Child and Youth Advocacy Coalition, First Call Weekly Announcements January 25, 2011*

[...back to top](#)

## CULTURAL COMPETENCIES

The Affiliation of Multicultural Societies and Service Agencies (AMSSA) will be holding a provincial symposium on Cultural Competencies: Working with Newcomer Children on Friday, February 18, 2011 from 1:30-3:30.

Speakers will discuss ways to incorporate culturally sensitive practices in classrooms, programming, and daily interactions when working with newcomer children and families.

NOTE: This symposium is free of charge but participants must register in advance.

What: Provincial Symposium on Cultural Competencies: Working with Newcomer Children

When: Friday February 18, 2011 1:30-3:30

Where: Online or in-person at the Fletcher Challenge Theatre (Room 1900, Main Floor), SFU Harbour Centre, 515 West Hastings Street, Vancouver

#### Presenters:

Sylvia Helmer, UBC, ESL Consultant: Cultural Competency in the Classroom and Curriculum

Jim Anderson, UBC: Engaging Newcomer Children and Parents through Literacy

Deb Kohen & Amber Phillips, Ministry of Children and Family Development: "Positive Parenting Program:" Helping newcomer families understand Canadian laws and norms in discipline and parenting.

#### Who should attend:

Anyone interested in supporting the needs of newcomer (immigrant/refugee) students such as educators, service providers, support workers, child care workers.

Register for this Free Event

To register please contact Rishima Bahadoorsingh at [newcomerchildren@amssa.org](mailto:newcomerchildren@amssa.org) or 604.718.2783.

Registration Deadline: Friday, February 11, 2011 [www.amssa.org](http://www.amssa.org)

For more information about our Newcomer Children's Advocate program please go to [www.amssa.org/ancie](http://www.amssa.org/ancie)

*SOURCE: Affiliation of Multicultural Societies and Service Agencies of BC (AMSSA), Rishima Bahadoorsingh, Newcomer Children's Advocate*



[...back to top](#)

## FETAL ALCOHOL SPECTRUM DISORDER CONFERENCE

This conference will take place in Vancouver from March 2–5, 2011. Our understanding of FASD is entering a period of rapid expansion and change, dramatically increasing our comprehension of the breadth and depth of the global impact of this lifelong disability. This 4th International conference will provide an advanced forum for emerging and cutting edge research, policy and practice that will assist governments, service systems, service providers, parents and caregivers, as we strive to address the complex issues of FASD. This new knowledge will be an impetus for critical action in supporting women, individuals, families, and communities around the world.

View the conference brochure [here](#).



[...back to top](#)

## SEXUAL ASSAULT RESPONSE TRAINING

The Canadian Women's Foundation, the Ending Violence Association BC and the Central Okanagan Elizabeth Fry Society, present Shaping Tomorrow: Community Sexual Assault Response Training & Coordination, February 23-24 in Kelowna.

Understanding gender-based violence and the appropriate approach to the care and support of sexual assault survivors is vital for anyone working with and on behalf of women and teens.

When: February 23-24, 2011 8:30 to 4:30

Where: Holiday Inn Express Hotel Kelowna, 2429 Hwy 97 North

Who should attend: Community professionals who provide services to women and youth such as: Youth workers, teachers and school counsellors, drug and alcohol counsellors, victim service workers, shelter workers, employment counsellors, health care and mental health, outreach workers, social workers, community police, 911 operators, paramedics, community counsellors.

Cost: \$75.00 + HST. (Includes handbook, materials, and meals for the two days)



More information at [www.empoweringchange.net](http://www.empoweringchange.net) or click [here](#) to register for the event.

SOURCE: Central Okanagan Elizabeth Fry Society, Aimee Thompson,

[...back to top](#)

## FASD, ATTACHMENT, SAFE DISCIPLINE

Okanagan Foster Parents Association presents Dr. Vanessa Lapointe R.Psych. [www.tothemoonandback.ca](http://www.tothemoonandback.ca)

Dr. Lapointe uses a variety of therapeutic approaches in her counseling work to help families and children with issues concerning parent/child attachment, parent/family empowerment, as well as anxiety, behavioral and mood difficulties.

FASD and Attachment

9 AM - 2:30 PM, Thursday, March 3, 2011

Ramada Lodge Hotel, 2170 Harvey Ave. Kelowna

Attachment Safe Discipline

9 AM - 2:30 PM, Friday, March 4, 2011

Best Western Vernon Lodge & Conference Centre, 3914 – 32nd Street, Vernon

Early Bird rate per session: \$40 per person \$20 for Foster Parents & MCFD Staff

After Feb 25 per session: \$75 for all registrations

Space is limited so register early to avoid disappointment Lunch will be provided

Priority will be given to Foster Parents who register by Feb 11, 2011

Cheques payable to "Okanagan Foster Parents Association".

Okanagan Foster Parents Association, Central Okanagan

1503 MacLeay Court,, Kelowna, BC, V1Y 9L6

250-868-9285 [COKsupport@okfosterparents.ca](mailto:COKsupport@okfosterparents.ca)

Okanagan Foster Parents Association, North Okanagan

#301 3402 –27th Avenue, Vernon, BC, V1T 1S1

250-558-0939 [NOKsupport@okfosterparents.ca](mailto:NOKsupport@okfosterparents.ca)



SOURCE: Okanagan Foster Parents Association, Joan Kirkbride, Foster Parent Coordinator

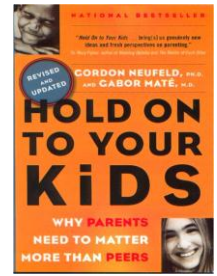
[...back to top](#)

## ANXIETY AND YOUNG CHILDREN: SURPRISING SOLUTIONS TO A GROWING PROBLEM

The escalating evidence of anxiety in our children begs for an explanation. Dr. Neufeld, internationally renowned clinical and developmental psychologist and bestselling author (*Hold On To Your Kids*), sheds fresh light on this age-old problem, paving the way for natural interventions that can get to the root causes as opposed to just managing the symptoms.

February 17, 2011, 7 - 9 pm, Hollywood Road Education Centre, 1040 Hollywood Road, Kelowna.

To register: [registration@catchcoalition.ca](mailto:registration@catchcoalition.ca).



SOURCE: *Families in Touch Services Ltd., Donna Long, Information Consultant*

[...back to top](#)

## FRASER REGION EARLY CHILDHOOD AND C&Y WITH SPECIAL NEEDS CONFERENCE

Fraser Valley Child Development Centre in partnership with the Ministry of Children and Family Development, Fraser Health, Public Health Agency of Canada and the United Way is organizing a free Early Childhood Conference:

“Put it Into Practice” – Evidence, Quality and Leadership

March 8 & 9, 2011 – Save the date!

Coast Hotel and Convention Centre, Langley

Fraser Valley Child Development Centre will be the host of this event and will provide registration details in the near future.

SOURCE: *First Call: BC Child and Youth Advocacy Coalition, January 14, 2011*

[...back to top](#)

## THE SPACE BETWEEN: WORKING BI-CULTURALLY



THE FEDERATION  
of COMMUNITY SOCIAL SERVICES of BC

Registration is now open for the Federation's Pre-Meeting Workshop Day being held at the Hotel Grand Pacific in Victoria. Please go to the link to [register](#) for this event.

The Space Between: Working Bi-Culturally is a day of inquiry, experience and courageous conversation as we look at what it takes to work bi-culturally and enhance practice with Aboriginal children, youth, families and communities.

Altogether better.

This workshop will be of interest to sector leaders, front-line service providers and sector allies curious about becoming more effective in serving the needs of Aboriginal children and their families.

When: 16 February 2011, 9:00am - 4:30pm

To read more: Go to event [homepage](#)

SOURCE: *The Federation of Community Social Services of BC, Susan Choo, Executive Coordinator, January 24, 2011*

[...back to top](#)

## SENIORS AND HOUSING: WHAT YOU NEED TO KNOW

Please phone Seniors Outreach and Resource Centre to register at 250.861.6180 or email [seniors2@telus.net](mailto:seniors2@telus.net). Funding is provided by the Law Foundation of BC.

Feb. 8 , 2011: 10:00am to Noon at Trinity Baptist Church

1905 Springfield Road

TOPIC: Representation Agreements, Powers of Attorney and

Committeeships: Who Will Act on Your Behalf?

Presenters: Stan Rule, Sabey Rule LLP



Feb. 15 , 2011: 10:00am to Noon at Trinity Baptist Church

1905 Springfield Road

TOPIC: Elder Abuse and Neglect: How are You Protected?

Presenters: Interior Health Public Guardian and Trustee

*SOURCE: Seniors Outreach and Resource Centre, Vi Sorenson, Executive Director*

[...back to top](#)

## Volunteerism

### RECRUITING YOUTH FOR INTERNATIONAL LEARNING

Canada World Youth is currently recruiting participants for its 2011-2012 projects. International educational programs are available to young people aged 17 to 29 in Canada, Africa, Asia, Ukraine and Latin America.

Global Learner programs are shorter international educational projects designed specifically for high schools, colleges, universities and youth groups.

For more information, please visit our website at [www.canadaworldyouth.org](http://www.canadaworldyouth.org), email us at [recruitment@cwj-jcm.org](mailto:recruitment@cwj-jcm.org) or phone 1-800-605-3526.

*SOURCE: Canada World Youth*

[...back to top](#)

### 2011 MAVA CONFERENCE

"Growing the Future" the 2011 MAVA Conference  
May 12 (reception) & 13, 2011  
Clarion Hotel, Winnipeg, Manitoba  
<http://www.mavamanitoba.ca>

Join us for a full day conference as we explore new approaches to managing diversity in the volunteer market, boomer volunteering, the latest trends and research out of Volunteer Canada and much more! MAVA is pleased to welcome Ruth McKenzie, President of Volunteer Canada and Senator Sharon Carstairs. Special guest, The Hon. Kerri Irvin-Ross, Minister of Housing and Community Development will join us for lunch to present MAVA's Outstanding Service Award for Leadership of Volunteers.

*SOURCE: Canadian Journal of Volunteer Resources Management, Issue 18.3, 2010*

[...back to top](#)

### PAVR-O 2011 CONFERENCE

"YOU: Inspired. Innovative. Incredible." - PAVR-O 2011 Conference  
June 1-3 in Mississauga, ON  
<http://www.pavro.on.ca/conference>



PAVR-O's annual conference for managers of volunteer resources is dedicated to excellence in professional development, where delegates have the opportunity for in-depth learning, networking and discussion of current issues. All conference delegates will receive a copy of *Leading the Way to Successful Volunteer Involvement: Practical Tools for Busy Executives* by Betty B. Stallings with Susan J. Ellis. Watch for a review of this book in the next issue of CJVRM.

*SOURCE: Canadian Journal of Volunteer Resources Management, Issue 18.3, 2010*

[...back to top](#)

### AVRBC & CAVR: 2011 NATIONAL CONFERENCE

2011 National Conference - Hosted by AVRBC & CAVR  
June 12-14, 2011  
Vancouver, British Columbia  
<http://www.cavrconference.ca>



Volunteer Management is a growing field and leaders in the non-profit sector are noticing its critical importance to their organization's success. This conference is for board members, executive directors, and coordinators of volunteers wanting to sink their roots into volunteer management and branch out into the private, government and business sectors to gain new insights and approaches in leading volunteer teams.

*SOURCE: Canadian Journal of Volunteer Resources Management, Issue 18.3, 2010*

[...back to top](#)

## **VOLUNTEER CANADA LAUNCHES NVW 2011 WEBSITE**

Volunteer Canada is pleased to announce the launch of this year's website for National Volunteer Week. Visit it now at [www.volunteer.ca/nvw](http://www.volunteer.ca/nvw). It's the place to access a variety of free downloadable resources and information to help celebrate and recognize volunteers across the country.



*SOURCE: Volunteer Canada, News Flash, January 25, 2011*

[...back to top](#)

## **ECONOMIC VALUE OF VOLUNTEERING**

Calculating the economic value of volunteering from a practical and philosophical perspective is an important issue. Volunteer Canada's board of directors has approved the policy statement below. The next step is to develop some new models and tools to calculate both the social and economic value of volunteering.

For more information about this work or about the policy statement, please contact Paula Speevak Sladowski at [PSpeevak-Sladowski@volunteer.ca](mailto:PSpeevak-Sladowski@volunteer.ca)

Policy Statement About the Economic Value of Volunteering.

Volunteer Canada recognizes the need to demonstrate the value and impact of volunteering through a clear measurement of volunteer time and volunteer programs and that in doing so, valuing volunteerism will take many forms.

Determining the impact of the contribution of volunteerism is complex and multifaceted, as there are benefits to people served, organizations, the community, and to the volunteer themselves. Volunteer Canada believes that any measurement on the value of volunteer involvement must consider the resources needed to support volunteering and the social and economic development volunteering generates, integrating qualitative and quantitative measurements. Both aspects of measurement must be considered equally valid and compelling and each measurement presented in isolation of the other presents an incomplete picture of the true value of the contribution of volunteers.



*SOURCE: Volunteer Canada, evolution, January 10, 2011*

[...back to top](#)

## **BC REPORT: CANADA SURVEY OF GIVING, VOLUNTEERING AND PARTICIPATING**

This web page hosts 2007 CSGVP resources, organized according to the geographical area they cover.

[British Columbia Reports: Giving and Volunteering in British Columbia](#)

Presentations: The 2007 Canada Survey of Giving, Volunteering, and Participating: British Columbia



*SOURCE: Imagine Canada, Imagine Matters, January 18, 2011*

## OVERVIEW OF VOLUNTEER MANAGEMENT

Recruiting and retaining volunteers is essential to nonprofit organizations. Learn about trends, gaps and challenges in dealing with volunteers. Meet other volunteer managers and receive ongoing support from the Volunteer Centre.

Four-days: April 4, 5, 11 & 12, 2011

Time: 9 :00 am - 4:00 pm daily

Cost: \$199

Registration: 250.763.8008 ext.25 or [dawn@kcr.ca](mailto:dawn@kcr.ca)



*SOURCE: Kelowna Community Resources, Dawn Wilkinson, Coordinator Community Information and Volunteer Centre*

[...back to top](#)

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Do you have news related to the non-profit / voluntary sector that you wish to share with your colleagues? Send Community Information and Volunteer Centre your information at [informkelowna@kcr.ca](mailto:informkelowna@kcr.ca) by the 20th of the month.

This Bulletin is a publication of Community Information and Volunteer Centre. To subscribe, please click [here](#).

Community Information and Volunteer Centre is a program of Kelowna Community Resources. Go to [www.kcr.ca](http://www.kcr.ca) for more information about Kelowna Community Resources and Community Information & Volunteer Centre. Be sure to add or update your volunteer and / or organization information.

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