

Community Information & Volunteer Centre CIVC Bulletin Board

February 2009



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Local News

2009 Community Sport Hero Awards Reception

The 6th annual Sport Hero Awards Reception is taking place on Thursday, February 12, 2009 at the Ramada Conference Centre. Please plan to attend this special event to honor sport excellence in our community/region. The reception will recognize several sport volunteers/coaches for their outstanding contribution to local sport development, and ten Okanagan athletes will be awarded with the Top Athletic Achievement award for 2008!



RSVP to okanagan@pacificsport.com or 250-469-8852 by February 9th if you can join the celebration.

Heart Month – Kelowna

Come out to Heart and Stroke Foundation's 30th Annual Celebrity Breakfast. It's a great networking event, and this year Bobby Wood, CEO of Heart and Stroke Foundation of BC & the Yukon will be speaking.



Date: February 3, 2009
Location: Coast Capri Hotel
Contact: Lindsay at 250.860.6275 for additional information or to confirm your reservation
Cost: \$30 per person or \$300 for table (10 people)

Escape Pollution - Kelowna

The Escape Pollution project is a local online resource for residents of Kelowna who are becoming environmentally conscious and are looking for information on the eco-options that are available throughout the city.

For more information, please visit: <http://www.escapepollution.com>

Managing for Success

Managing for Success is jointly sponsored by the Canadian Evaluation Society (CES) and the Canadian Association of Management Consultants Interior Chapter and the Project Management Professionals of the BC Interior Society.

This event will feature a presentation by the Project Director for the new William R. Bennett Bridge in Kelowna, Tom Tasaka from SNC-Lavalin as well as opportunities to learn about these three professional organizations within our community.

Date: Thursday, February 12, 2009-01-28
Time: 5-7 pm
Location: Rotary Centre for the Arts in Kelowna and will include wine and cheese.

For additional information:

Phone: 250.764.9499 or
Email: Erica_Bell-Lowther@telus.net

John Howard Society

After winning a Silver Tommie (from Canadian Home Builder's Association Central Okanagan) for Cardington Apartments in November 2008, John Howard Society of the Central and South Okanagan with BC Housing won the Gold Tommie for 'Excellence in Creating Affordable Housing' on January 17th, 2009. In attendance for the presentation was BC Housing, Meiklejohn Architects Inc., the architects for the project and John Howard Society. This is the first time a social housing project has won a Gold Tommie. This is a notable and significant accomplishment for John Howard Society and BC Housing who were honoured and thrilled to win the award, which was very appropriately presented by Mayor Sharon Shepherd. Absent at the presentation was the contractor for the project, Ledcor, and the Housing Consultants for John Howard Society, Terra Housing Consultants from Vancouver. The same team will design and build John Howard Society's next building, New Gate Apartments, a 50 unit apartment building for men and women located on Rutland Road North.

34th Annual Civic & Community Awards

It's Civic Awards time once again, and time to nominate someone that has had an outstanding contribution to our city in the last year. Nomination forms including all category details are available at Kelowna City Hall Reception Desk, Parkinson Recreation Centre, Sport Kelowna office, Okanagan Regional Libraries (all Kelowna locations), or accessed through the city's website at www.kelowna.ca Click on Residents>Community Info.

The deadline for the return of nominations to Parkinson Recreation Centre is 12:00 p.m. NOON, Friday, February 13, 2009. The finalists and award recipients will be honoured during the gala dinner at the Grand Okanagan Resort on Thursday, April 30, 2009. If you have any questions please call Amber Gilbert at 250.469.8967 or e-mail: agilbert@kelowna.ca

Provincial News

Appreciation of the Arts is not Affected by Where You Live

According to new research conducted by **Alex Michalos** of the **University of Northern British Columbia**, where Canadians live has little effect on whether or not they enjoy various cultural pursuits, reports the *Victoria Times Colonist*. The study, funded by the **Social Sciences and Humanities Research Council**, found that urban and rural dwellers scored almost the same on their favourite activities, favourite arts-related pastimes, and how they view the arts overall. Small differences were apparent, with urbanites slightly more drawn to the theatre and people from smaller communities preferring museums with a historical, technological or scientific focus.

For more information, please visit:

<http://www.timescolonist.com/Technology/Urban+rural+divide+wide+study/1154686/story.html>

National News

Impact of Federal Budget on Canada's Charities and Nonprofits – Imagine Canada's Response

OTTAWA, Tuesday, January 27, 2009, 8:30pm EST – This Budget made very little mention of Canada's charities and nonprofit organizations as they enter a period of increasing economic difficulty in meeting their mandates to serve vulnerable Canadians – despite the fact that Canada has 161,000 registered charities and nonprofits. These organizations marshal more than 12 million volunteers and 2 billion hours of volunteer time. They employ a workforce of 2 million full-time equivalent workers – 11% of the economically active population. Together, this activity accounts for 8.5% of Canada's GDP.

Imagine Canada, a national charitable organization that looks *into* and *out for* Canada's charities and nonprofits, had brought forward three recommendations to the Finance Minister following a consultation process with organizations across the sector. The resulting Brief to the Finance Minister proposed measures that would have contributed to the capacity of these organizations to maintain mission-critical services to our most vulnerable citizens and communities as these organizations face new demands for services and declining resources.

To read the full article, please visit:

http://www.imaginecanada.ca/files/en/publicaffairs/budget_2009_response_release_20090127.pdf

HR Council for the Voluntary & Non-profit Sector

The *Canadian Non-Profit Workplace Summit* recently released by the HR Council for the Voluntary & Non-profit Sector, is a summary report from the organization's event held last year in Ottawa. This summary report tracks the progress of the two-day event, directs readers to resources made available through the summit, and also outlines collaborative ideas that came from sessions.

For more information and to download the full summary, please visit:

http://www.hrcouncil.ca/about/documents/NWS_ES1.pdf

Degree-holding Immigrants Finding it Harder to Land a Career Position

A new report indicates that a national recession may directly affect the ability of degree-holding immigrants to find a career position in their field. The report compared the working situation of immigrants in 1991, prior to the recession of the early 1990s, and in 2006. It showed that the number of male immigrants with a university degree working in low-education jobs rose from 12% in 1991 to 21% in 2006. For female immigrants, the rate rose from 24% in 1991 to 29% in 2006. The report also indicated that it is much harder for established immigrants who have lived in Canada for 11 to 15 years to find work in their field in 2006, as compared with 1991. -- *Statistics Canada*

Looking at the Year Ahead

You might be surprised to hear that many nonprofits in Canada are guardedly optimistic about the year ahead, regardless of reports of a recession hitting the country. Find out what these nonprofits are doing to stay on top of things, as well as strategies to keep your organization afloat during these challenging times, in this week's cover story.

To read the article, please visit: <http://www.charityvillage.com/cv/archive/acov/acov09/acov0902.asp>

Time to Stay Connected

When it comes to communicating, the key is to stay close, says **Betty Ferreira** of *ReStructure Non-Profit Consulting*. "This is a time to stay connected and seek strong personal connections with your funders and your donors." **Donna Lockhart** of *The Rethink Group* would concur. "Knowledge and information is power and when you let people know what is happening, they feel connected."

More tips from Ferreira and Lockhart:

- Avoid cutting staff by reducing the work week or adopting job sharing.
- Find creative ways to reduce spending while at the same time continuing to increase your income stream.
- Track the budget more often than quarterly during the next year so you can meet your targets or adjust your strategy if targets are not met.
- Consider outsourcing.
- Carefully assess the efficiency of the finance function: sometimes a job that is assigned as a five-day position can actually be completed in two.

- Shorten the accounts receivable cycle or lengthen the accounts payable cycle so you have more money coming in and you can pay it over a longer period of time.
- Sign up for newsletters, blogs, read the business section of newspapers; do whatever you can to stay on top of the situation.

National Op/Ed Piece Encourages Investment in Volunteerism

Last week, newspapers across Canada featured an article written by **Ruth MacKenzie**, president of **Volunteer Canada**. Entitled, *An Investment in Volunteerism Makes Good Economic Sense*, the opinion piece argues for a better investment by the federal government in the nonprofit sector, and volunteerism specifically.

To find out what Ruth had to say, visit: <http://www.charityvillage.com/cv/speak/speak88.html>

Funding & Resources

Service Canada – Summer Student Application

Canada Summer Jobs is a Government of Canada Initiative. It provides funding for not-for-profit organizations, public-sector employers, and small businesses with 50 or fewer employees to create work experiences for students between the ages of 15 and 30.

If you are an eligible employer, we invite you to submit your application between February 2 and February 27, 2009. Application forms will be available online or at any Service Canada Centre. Applications can be submitted online, by mail, by fax, or in person at any Service Canada Centre.

In Early February, Service Canada will be hosting information sessions on Canada Summer Jobs 2009. This will be your opportunity to learn more about the initiative and the application process.

For more information:

Visit www.servicecanada.ca

Phone 1.800.935.5555 (TTY: 1.800.926.9105) or

Visit a Service Canada Centre

Best Buy Supports Communities Across Canada

Supporting communities across Canada through various initiatives, including the Best in Class fund which provides technology to schools in need. Local Best Buy stores also have individual giving budgets, with the mandate to donate the funds to local, nonprofit, youth-oriented organizations. They also offer a Community Partner Award program which encourages staff to volunteer time to local nonprofit agencies.

For additional information, please visit:

http://www.bestbuy.ca/companyinfo/EN/community_relations.asp?logon=&langid=EN&test%5Fcookie=1

BMO Employee Charitable Foundation Kids 'N Motion Grant Program

BMO Employee Charitable Foundation is a non-profit charitable organization, established and maintained by the employees and pensioned employees of BMO Financial Group for the purpose of collecting and distributing employee and pensioned employee donations to registered charity. These contributions are not related to any corporate donations made by the bank. Among the criteria is: local program involving children and youth between the ages of 3 and 18 in sports and activities with a focus on physical participation.

In 2004, the Employee Foundation introduced Kids 'n Motion, an endowment fund dedicated to addressing the health risks associated with physical inactivity and obesity among children and youth, including those who are physically or mentally challenged, or financially disadvantaged. Working together with Community Foundations of Canada, the Kids 'n Motion program supports charities across Canada that focus on keeping children healthy and active. This new program is BMO Employee Charitable Foundation's permanent endowment fund.

For additional information or to download the grant application form, please visit:

<http://www.bmoemployeecharitablefoundation.ca/kids-motion.html>

Disability Savings Plan Deadline Extended

The **Government of Canada** has extended the application period for the 2008 RDSP Grant and Bond through March 2, 2009 to provide people with disabilities and their families more time to access the 2008 matching grant and income-tested bond. Contributions made on or before March 2, 2009 will be considered for 2008 grants and these grants will not be included in 2009 grant limits. Bond applications made on or before March 2, 2009 will be considered for bonds in 2008, 2009, and in future years.

For additional information, please visit: www.hrsdc.gc.ca

RBC After-School Grants Program Calls for Grant Applications

The RBC After-School Grants Program is offering more than \$2 million in grants to fund first-time and renewed grant recipients. The grants of up to \$40,000 are awarded by regional panels made up of youth and education experts to a limited number of community-based charitable organizations. Each organization should have a mandate to keep students in grades K-12 safe, as well as positively engaged through an enriched curriculum after their classes end each day. The deadline for funding applications is March 2, 2009 and grant recipients will be advised by June 2009. To qualify for a grant, after-school programs should offer structured, supervised activities in an environment that provides what RBC calls the "3Ss": safety, social skills and self-esteem. Other activities that programs should also offer include computer instruction, sports, literacy tutoring, music and art lessons, nutrition guidance, and help with homework.

For additional information, please visit: www.rbc.com

Troubled Teens Struggle as Adults

University of Alberta

Published 8 January 2009, doi:10.1136/bmj.a2981

Cite this as: BMJ 2009; 338:a2981

Research: Outcomes of conduct problems in adolescence: 40 year follow-up of national cohort

Objective To describe long term outcomes associated with externalising behaviour in adolescence, defined in this study as conduct problems reported by a teacher, in a population based sample.

Design Longitudinal study from age 13-53.

Participants 3652 survey members assessed by their teachers for symptoms of externalising behaviour at age 13 and 15.

Main outcome measures Mental disorder, alcohol abuse, relationship difficulties, highest level of education, social class, unemployment, and financial difficulties at ages 36-53.

To read the article, please visit http://www.bmj.com/cgi/content/abstract/338/jan08_2/a2981

100 free ".TEL" Names to Canadian Charities

Webnames.ca will be giving away 100 free ".TEL" names to Canadian charities to help them stay connected with those that matter the most - the people they help and the people who support them through donations or volunteering.

The first 100 registered Canadian charities to contact Webnames.ca (**There are still quite a few available—Jan 29/09) will be offered a pre-booking for a .TEL. Registered Canadian charities should contact Webnames.ca quoting promotion "**Santa-dot-tel**", indicating the .TEL they wish to receive and the primary contact at the organization.

Phone: 1-604-633-1142
Toll Free: 1-866-221-7878
Email: support@webnames.ca

For additional information, please visit:

http://www.webnames.ca/about/press_releases/press_release.aspx?wsID=ee52fcfa61954b8aa392248d5f38ea55&prID=20081218a

Current BC Legislation Now Available Online for Free

In the past, current BC laws and regulations were not available online unless you were able to pay for them. As the result of a partnership between the Ministry of Attorney General, the Queen's Printer, the Law Society of British Columbia, and the Law Foundation of British Columbia, this is no longer the case.

Starting January 1, 2009, current provincial legislation and regulations are available to everyone on a new [website](#) managed by the Queen's Printer. This means that community workers and the general public can now get free, accessible up-to-date legal information 24 hours a day.

Legislation will also be available through the [CanLII website](#) starting in March 2009. When combined with the CanLII search engine, this will provide an important new legal information research tool.

This new service is a significant step towards access to justice for all.

New Online Tool Helps Canadians Answer Work and Finance Questions

A recently released poll shows that most Canadians feel ill-equipped to make many of the economic and financial decisions that they face in today's volatile economic climate. This led the **Canadian Foundation for Economic Education (CFEE)** to produce the Virtual Adviser, an online tool for Canadians.

The Virtual Adviser provides answers to about 80 of the most common questions that Canadians ask about money and about 60 of the most common questions that Canadians ask about work. The answers provided are objective and written in plain language. The web site also provides links to many other helpful resources and online calculators.

For more information, please visit: www.virtualadviser.ca.

The Nonprofit Strategy Revolution by David La Piana

It has often been said that a failure to plan is like planning to fail. As such, most nonprofits dutifully perform their strategic planning exercises on a regular basis, perhaps every three to five years. They have their plan reviewed and approved by stakeholders, and then place it on a shelf, where it sits for the next few years collecting dust. Well-known author and consultant, David La Piana has seen this familiar scenario all too often, ultimately leading him and his colleagues on a four-year research and development project to find a better way. La Piana asserts that traditional strategic planning methods are static, when what is really needed is an organizational plan that is both strategic *and* fluid. The strategy revolution he proposes is "an altogether different way of thinking about strategy."

To read this article, please visit: <http://www.charityvillage.com/cv/books/bkrev168.html>

HEALTHY FAMILIES - Serving Newcomers: The BC Picture

What services and supports do immigrant families across BC need?

What exists for these families?

How can governments and community agencies work together to provide innovative programs and services?

A recent research project set out to examine the full range of BC's immigrant settlement and integration frontline services. With an all-time high demand for services for newcomers, immigration-focused research is needed to help policy-makers and service developers better understand the unique dynamics and needs of diverse immigrant groups.

Released in November 2008, the [Inventory and Analysis of Community Services for Immigrants and Refugees in British Columbia](#) provides a snapshot of the services provided in communities throughout BC. Among the report's key findings:

- 49% of family services in BC are immigrant family support services, aside from those already under the BC Settlement and Adaptation Program, suggesting increased funding for immigrant family services is needed
- Metro Vancouver offers the highest number and broadest range of immigrant family support services and receives the bulk of federal and provincial funding for these services in BC
- The North lacks services funded outside of core BC Settlement and Adaptation Program contracts

The report, a collaborative effort of the Affiliation of Multicultural Societies BC ([AMSSA](#)) and UBC School of Social Work, illustrates the vital role that immigrant service agencies play in providing community-based settlement programs and specialized services geared to local conditions.

CharityVillage Creates New Tough Times Survival Guide

Over the past few weeks, CharityVillage has featured a number of articles and resources geared toward helping your organization get through the current economic downturn relatively unscathed. Since the issue is still a hot topic for the nonprofit sector, they have decided to compile these resources in one place—their *Tough Times Essentials*.

There you'll find articles related to how all aspects of nonprofits may be affected, from fundraising to volunteering, as well as many other issues. You'll also find links to other survival guides and helpful resources where you can do further research. They will be adding to the guide over the next few weeks, so check their site often for updates, and please send any comments or suggestions to Nicole at editor@charityvillage.com.

To read our *Tough Times Essentials*, please visit: www.charityvillage.com/cv/guides/guide9.asp.

Education and Training

Grant Writing Like a Pro

In this workshop, you will learn what it takes to complete grants successfully for your nonprofit organization. The facilitator Andrea Seale, CFRE, is principal of Blueprint Fundraising and Communications, a highly respected Vancouver-based consultancy. She has helped some of BC's leading nonprofits raise millions, build smarter fundraising programs and create lasting relationships with donors. For more information or to register please visit www.kcr.ca and click on *Education and Training*.

Date: March 12, 2009
Time: 9:00am – 1:00 pm
Location: Okanagan Regional Library Boardroom, 1380 Ellis Street
Cost: \$40.00 per person

Overview of Volunteer Management

Volunteers are vital to the success of organizations in healthcare, social welfare, arts and culture, religion, sports and recreation, environment, and many other community associations. It is no surprise that these challenging economic times have created an urgent need for talented volunteers and for individuals (Mangers and Coordinators of Volunteers) who can effectively recruit, retain, manage and develop these important human resources. This role requires working with both staff and volunteers to help achieve organizational goals as well as the personal aims of the volunteer. In this Certificate Program, you can learn the fundamental skills needed to be more successful. For more information or to register please visit www.kcr.ca and click on *Education and Training*.

OVM enables participants to:

1. Master the volunteer retention cycle;
2. Develop the tools to respond effectively to current and emerging issues;
3. Understand the complexities of leadership, influence, and organizational relationships and structures;
4. Learn to create and market successful volunteer programs.

Dates: April 20, 21, 27, 28
 Time: 9am – 4:00pm each day
 Location: Kelowna Community Resources, 120-1735 Dolphin Avenue
 Cost: \$175.00 per person (includes materials and light refreshments)

New Hope Annual Retreat

The 12th Annual retreat will offer a refreshing time of comfort, support and encouragement for women and men who have been widowed. To welcome grieving families, we also offer a separate program for a limited number of children ages 5-10 to run at the same time as the adult retreat. Having experienced the death of a spouse, we understand the need for a safe place for widow/ers to rest and be cared for, to share common stories and learn together. Our workshops provide practical insight specific to the needs of the bereaved. You will connect with other grievors and know that you are not alone! Space is limited, so register early.

Date: April 17-19, 2009
 Place: Lions Easter Seal Camp, Winfield, BC
 Cost: Early registration \$130 (\$145 after March 15).
 Deposit of \$30 to reserve your place; balance to be paid on arrival.

For more information, phone 250.545.6004

Parenting with Pizzazz 6th Annual Conference for Parents and Care Providers

This day is for you if you ever wanted to:

- Guide children to develop inner discipline
- Improve your family's health and well being
- Enhance communication with your parenting partner and children
- Build self esteem and self motivation
- Meet and connect with other parents and care providers

Conference Highlights include:

- Keynote speaker, Maggie Reigh, a Kelowna based international speaker, storyteller, popular TV and radio guest, and author of **9 Ways to Bring out the Best in You and Your Child**
- Exciting workshops to choose from such as Effective Discipline; Solo Parenting, Blended Families; Couples Communication; Children's Health; and many others. To view the workshops, please visit: <http://www.boysandgirlsclubs.ca/images/downloads/PwithPizzazzBrochure.pdf>

Registration starts Friday, February 2nd—first come, first served. Conference fee includes keynote address, 3 workshops, lunch, refreshments and door prizes. Free on-site child minding provided (in person registration required). Limited space, so register early to help ensure your preference.

Date: Saturday, February 28, 2009
 Time: 8:30am – 3:30pm
 Location: Martin Avenue Community Centre
 1434 Graham St., Kelowna
 Cost: \$30.00 per person; \$50/couple (limited subsidies available upon request)

For registration, call The Okanagan Boys & Girls Clubs, 250.762.3989 ext. 102, or visit the Martin Avenue Community Centre at the above address.

Okanagan Education & Career Fair

This year, we are pleased to have over 10 employers exhibiting at the Okanagan Education & Career Fair! Please tell your students or clients to come prepared by dressing appropriately, bringing resumes, and researching the companies in advance. Below is a list of the employers exhibiting at the Okanagan Education & Career Fair. For a complete list of all of the exhibitors and the seminar schedule, please visit our website at www.educationcareerfairs.com.

- Canada Border Services Agency
- Canada West Ski Association
- Canadian Forces Recruiting Centre
- Correctional Service of Canada - RHQ (Pac)
- Factors Group of Nutritional Companies
- Insite Housing, Hospitality and Health Services Inc.
- RCMP - Recruiting Unit
- Sandman Hotel Group
- Sun Life Financial
- Terus Construction Ltd

Secondary School teachers, students, and parents will be arriving and departing according to their pre-registered scheduled times.

Date: Friday, February 6, 2009
Time: 9:30 am to 4:00 pm
Location: Delta Grand Okanagan Resort & Conference Centre
Address: 1310 Water Street, Kelowna, BC

Organizations and their clients are welcome to attend anytime after 12:00 noon.

Free Online Parenting Program

This 15 week, 15 minutes a day, on-line parenting program is now available without any cost to parents. The author, Wouter van der Hall, is based in Salmon Arm but this on-line program can be accessed by parents anywhere.

For more information, including direct access to a few of the weekly lessons visit the website. As it is a step by step process, after sign-up, parents receive 15 weekly emails linking them with content, exercises and audio. A month after the program, participants start receiving a series of short refresher emails every 3 days.

For more information:

Web: www.theparentprogram.com
Email: wouter@theparentprogram.com
Phone: 1.888.379.4222

Art of Storytelling: Engaging the Public in your Cause

communicating about a key environmental or social issue, it is critical that we find ways to engage and motivate people to action. Many of us are experts at communicating the data and statistics concerning the issues we care about so deeply. We answer our audiences' intellectual questions exceptionally well, but often forget that real engagement also requires developing an emotional connection. Storytelling is a time-tested way to reach the hearts and souls of the people whose support you want and need. Facilitators: Donna Barker & Rhian Walker.

Date: March 27, 2009
Time: 9:00am to 5:00pm
Location: The Tides Renewal Centre, Hollyhock Room, 3rd Floor, 163 W Hastings St., Vancouver
Phone: 1.604.669.4802
Cost: \$150 for non-profits; \$200 for for-profits
Email: info@hollyhockleadership.org
Registration: <http://www.gifttool.com/registrar/ShowEventDetails?ID=1150&EID=3971>

Celebrate the Arts - Celebrate Volunteerism Conference

The 5th Annual Conference for volunteers at the Vancouver Museum has a line-up this year of inspiring, experienced and exciting speakers, round table hosts and panelists.

The theme this year (Arts and Health - Volunteering for the Health of It) looks at the connection between the arts and health. We have an inclusive perspective on art - music, opera, theatre, visual - and embrace the World Health Definition of Health - physical, mental and social well-being and not merely the absence of disease or infirmity.



Nancy Cooley, in her keynote address, will give us an overview of some of the research findings, latest developments and scope of arts, health and healing. She is continuing the work she started in 2004, updating research findings and establishing a network.

Date: February 21, 2009
Location: The Vancouver Museum, 100 Chestnut Street, Vancouver
Email: vog@shaw.ca (for registration information)

For additional information, please visit: www.vanmuseum.bc.ca

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Do you have news related to volunteer management, volunteerism, or the voluntary sector that you wish to share with your colleagues? Send Community Information and Volunteer Centre (CIVC) your information at [informkelowna@kcr.ca](mailto:informkelowna@kcr.ca) by the 20th of the month.

This Bulletin is a publication of Community Information and Volunteer Centre (CIVC). To subscribe or unsubscribe, send an email to [informkelowna@kcr.ca](mailto:informkelowna@kcr.ca)

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Community Information and Volunteer Centre (CIVC) is a program of Kelowna Community Resources. Go to www.kcr.ca for more information about KCR and CIVC. Be sure to add or update- your volunteer and/ or organization information.