



Central Okanagan Family Hub – Kelowna

Open Monday – Friday, 10:00 am – 3:00 pm

Pearson Road Elementary (East side entrance), 700 Pearson Road

www.facebook.com/COFHP for up to date information

JULY 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Everything is always FREE at the Family Hub</i></p>	<p>3</p> <p>Stat Holiday HUB CLOSED</p>	<p>4</p> <p>Mamas 4 Mamas 10 – 2pm</p>	<p>5</p>	<p>6</p> <p>Kelowna Breast Feeding Café 10 - Noon Hippy Canada Bond to Literacy 10:30 – 1pm Mamas 4 Mamas 10 – 2pm</p>	<p>7</p> <p>Tumble Bumble 10:30 - Noon</p>	
<p>Drop in anytime for information or book an appointment rich@cofh.ca 250-317-0143</p>	<p>10</p> <p>Hippy Canada Bond to Literacy 10:30 – 1pm Interactive Storytelling 1:00 – 2:00pm</p>	<p>11</p> <p>Mamas 4 Mamas 10 – 2pm</p>	<p>12</p> <p>Outa to Ohahashi 10am – 2pm (Japanese Storytelling)</p>	<p>13</p> <p>Mamas 4 Mamas 10 – 2pm</p>	<p>14</p> <p>Tumble Bumble 10:30 - Noon</p>	
<p>We have a great play area</p>	<p>17</p> <p>Hippy Canada Bond to Literacy 10:30 – 1pm Interactive Storytelling 1:00 – 2:00pm</p>	<p>18</p> <p>Mamas 4 Mamas 10 – 2pm</p>	<p>19</p>	<p>20</p> <p>Mamas 4 Mamas 10 – 2pm</p>	<p>21</p> <p>Tumble Bumble 10:30 - Noon</p>	
<p>New to the Hub Outa to Ohahashi Japanese Storytelling</p>	<p>24 / 31</p> <p>Hippy Canada Bond to Literacy 10:30 – 1pm Interactive Storytelling 1:00 – 2:00pm</p>	<p>25</p> <p>Hub Advisory Meeting Mamas 4 Mamas 10 – 2pm</p>	<p>26</p> <p>Outa to Ohahashi 10am – 2pm (Japanese Storytelling)</p>	<p>27</p> <p>Mamas 4 Mamas 10 – 2pm</p>	<p>28</p> <p>Tumble Bumble 10:30 - Noon</p>	

Interactive Storytelling – Ki-Low-Na Friendship Society: Drop-in for stories and fun for parents & children – Up to aged 6 – Everyone welcome.

Parent-Child Mother Goose & Playtime – The Club House: Rhymes, songs and stories – Ages birth to 4 years – Register in person – Everyone welcome.

Peetigway Famil – Metis Community Services Society: Check with Michelle or Carmen 250.718.4568 for up-to-date programming and registration.

Tumble Bumble – Ki-Low-Na Friendship Society: Active play for parents and children – Up to aged 6 – Everyone welcome. Drop-in.

Kelowna Breastfeeding Café: Breastfeeding support and resources drop-in.

Life the Lip and Pregnancy Dental Health – Interior Health: Ages 1-4 – Dental prevention information – Fluoride varnish if applicable – Dental information for pregnant mothers.