



Central Okanagan Family Hub – Kelowna

Open Mon – Fri 10:00 am – 3:00 pm

Pearson Road Elementary (east side entrance) 700 Pearson Rd

www.facebook.com/COFHP for up to date info

April 2017

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|--|--|----------|
| | | | | | | 1 |
| 2 Everything is always free at the Family Hub | 3 Interactive Storytelling 1:00 – 2:00pm | 4 Aquabus is at PRE | 5 Lift the Lip and Pregnancy Dental Health 10:30 - Noon | 6 Parent-Child Mother Goose and Playtime 10:00 – Noon Kelowna Breast Feeding Café 10 - Noon Hub closed at 12:00 | 7 Tumble Bumble 10:30 - Noon | 8 |
| 9 Drop in anytime for information or book an appointment rich@cofh.ca 250-317-0143 | 10 Hippy Canada Bond to Literacy 10:30 – 1:00pm Interactive Storytelling 1:00 – 2:00pm | 11 | 12 | 13 Parent-Child Mother Goose and Playtime 10:00 – Noon Strong Start Closed | 14 Good Friday – Family Hub is Closed | 15 |
| 16 We have a great play area | 17 Easter Monday Family Hub is closed | 18 Peetigway Famii 11:00 – 2:00pm Strong Start Closed | 19 Hippy Canada Bond to Literacy 10:30 – 11:30am | 20 Parent-Child Mother Goose and Playtime 10:00 – Noon | 21 Tumble Bumble 10:30 - Noon | 22 |
| 23 You can reach Sarah at sarah@cofh.ca | 24 Hippy Canada Bond to Literacy 10:30 – 11:30am Interactive Storytelling 1:00 – 2:00pm | 25 Peetigway Famii 11:00 – 2:00pm | 26 | 27 Parent-Child Mother Goose and Playtime 10:00 – Noon | 28 Tumble Bumble 10:30 - Noon | 29 |

Interactive Storytelling – Ki-Low-Na Friendship Society – Drop in for stories and fun for parents and children – up to age 6 years – Everyone welcome
Parent-Child Mother Goose and Playtime – The Club House – rhymes, songs and stories – birth to 4 years – register in person – Everyone welcome
Peetigway Famii – Metis Community Services Society – Check with Michelle or Carmen 250-718-4568 for up to date programming and registration
Kelowna Breastfeeding Café – Breastfeeding Support and Resources – Drop in
Tumble Bumble – Ki-Low-Na Friendship Society – Active play for parents and children – up to 6 years – Everyone welcome. Drop in
Lift the Lip and Pregnancy Dental Health – Interior Health – Age 1-4 years – Dental Prevention Info – Fluoride varnish if applicable – Dental Info for Pregnant Mothers