



**HEART &  
STROKE  
FOUNDATION**

**250.860.6275**

## **BECOME A GOLD HEART CANVASSER**

### ***What is a Gold Heart Canvasser?***

- *A canvasser that raises \$500 or more during their February Canvass*
- *Fundraising can be done door-to-door, online or both*

**It's easy.**

**Find out how at [www.heartmonth.heartandstroke.ca](http://www.heartmonth.heartandstroke.ca)**



*See our Calendar of  
Community Events at  
[www.kcr.ca](http://www.kcr.ca) under  
Community Services*



**Kelowna  
Community  
Resources**